ENGLISH IDIOMS THROUGH LISTENING & SPEAKING

周淑杰 编著



英语成语听说教程

English Idioms Through Listening & Speaking

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南开大学出版社



本书是一本实用英语成语听说教程,共收入常用成语约 600 条。编写过程中参考了近几年英美流行的听力和口语教材及 TOEFL、EPT 等各类试题。内容新颖、精练、实用,成语含量大,练习用时短、见效快。它既适合做统一教材,也适合自学;既适合一般英语会话、听力爱好者使用,也是准备应试 TOEFL、EPT、大学英语四、六级、专业英语四、八级的广大考生,攻克听力成语、习语关必备的训练资料。

本书是:了解英美语言文化的窗口; 与英美人直接交流的桥梁; 突破英语听说关的通行证!

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前 言

成语是民族智慧的结晶,是语言中的瑰宝和重要组成部分。它们不仅大量出现在书面语言中,而且广泛应用于口语中,使人际间的交流更加准确、形象、生动和多姿多彩。

要想真正学好某种语言,就必须熟练掌握其成语。学习英语也不例外。英语成语大多由常用词组成,但单从字面却很难推断出其真正含义,切勿望文生义。要真正大量掌握成语就必须多读、多听,并且在准确把握意思,了解使用场合的基础上多记。因为对意思理解准确无误,记忆才有实际意义,使用起来才能得心应用:信手拈来,妙笔生花;信口博引,凭添妙趣;了解使用场合,运用才能恰到好处,避免弄巧成拙,贻笑大方。

为了便于广大英语爱好者集中学习和掌握成语,在本书编写过程中,力求将英语成语知识融入各种练习中,因为练习不仅是检测手段,也是提供语言环境的途径。这也算是一次将英语教学由应试转为素质教育的尝试吧。

全书共分十四个单元。每个单元由三部分组成:第一部分含两个实用练习,Ex. A 中是 10 ~15 个单句,每句中至少有一个成语,Ex.B 中是 12~15 个简短对话,每个对话中至少有一个 成语,要求边听边做选择题,以检验理解情况。第二部分1~12单元的为一个段落,12个段子 由短到长,内容由易到难,练习形式各不相同,有的要求听后以不同方式回答问题,有的要求边 听边填空,有的要求判断正、误,每篇短文中都含有不同数量的成语和短语;13~14单元为成 语填空。第三部分是一个较长对话。对话以现实生活为基础,选材内容广泛,对话环境自然轻 松,语言幽默,趣味盎然。每个对话中至少有5个成语。每一单元后附成语英文释义。释义并 非直接给出,而是以练习形式出现,即读者要根据所给例句的意思和上下文自己判断,然后将 各成语写在其英文释义之前,以达到深入理解,增加印象、强化记忆之目的。成语是根据在单元 中出现先后,按1、2、3·····顺序排列的,英文释义则是按A、B、C····顺序混排的。考虑到各部 分出现的成语数量,成语英文释义练习分为三节:第一部分的 Ex. A 为一节,Ex. B 为一节,第 二、第三部分合为一节,中间用※※※※隔开,但英文释义仍混排在一起。建议读者先听录音 做选择练习,然后做成语英文释义练习,以便自测对所出现成语的掌握情况,确定记忆重点。如 果认为有必要,可将录音多听几遍,并跟读。每一节练习做完后应总结收获,可笔写,但最好是 用英语口述,将学到的新成语及其定义说一遍,并举例说明使用场合。记成语、练口语,一举两 得。

书后的 Additional Exercises For Idioms Review 是为帮助读者选择和掌握各单元出现的重点成语设计的,从每一单元中精选出重点、难点成语 15 个。读者在熟悉各单元出现的全部成语的基础上通过做这一练习,定会增强对这些难度较大的重要成语的理解,加深记忆,并经过反复接触,达到逐渐学会应用的目的。这部分练习可在学完每一单元后马上就做,也可在学完全书后,总复习时使用。Glossary of Idioms 是按第一个单词的首字母顺序排列的,并附英文释义。

书中共收人成语约 600 条,均为日常对话中的常用语,所以都在必须掌握之列。这既是提高口头表达能力的需要,也是提高听力水平和应试能力的需要,因为包括 TOEFI、EPT、大学

英语四、六级、专业英语四、八级在内的各种考试的听力部分都有大量成语出现。相信本书定会成为广大英语口语、听力爱好者和应试者的良师益友。

本书稿曾在南开大学 97 级已通过大学英语六级的硕士生英语提高班上使用,受到普遍欢迎,他们认为书中内容新颖、精练、实用,成语含量大,句句、节节有收获;练习用时短,见效快。在此正式出版之际我对他们的热情支持深表谢意,同时感谢南开大学研究生院、公英教学部有关领导的大力支持。感谢参加磁带录音的外籍教师 Martin Fromm, Melissa Chua 和南开大学外语学院外文系语音室杨克恩主任的辛勤劳动。

书中不妥之处恳请广大读者批评指正。

本书配录音磁带 3 盘。购买录音带,请与南开大学出版社发行科联系。

编者

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Address of Welcome

WELCOME TO ENGLISH IDIOMS THROUGH LISTENING AND SPEAKING

The following passage will lead you to English Idioms Through Listening & Speaking. Listen to it and see whether you can understand it or not, then study the idioms listed here.

to be a (real) cool cat to be a really calm person

to blow one's stack to lose control over oneself, to become mad

to fly off the handle to become excessively angry

what's more furthermore, beside, additionally

to get away with sth to perpetrate an illegitimate or tricky act without repercus-

sion or harm

of course naturally

to be getting on to age, to get older

pepper and salt black or dark hair mixed with streaks of gray

to make up for sth to compensate for sth.

lost time times wasted, time spent at fruitless labor

to take it easy to relax, to rest, not to worry

to get up to rise from bed in the morning or at other times

to work out to exercise, to do gymnastics

to turn in to go to bed at night

like a breeze without effort, elegantly, easily

time off period in one's job or place of employment during which

one is not performing one's services

to have got it made to be successful, to have arrived

this is it to be in a position or in a place, or to have possession of

an object, beyond which more of the same is unnecessary

Unit One

Part 1: Practice exercises

Ex. A: Listen. You will hear 10 statements. Do the multiple-choice questions after you've heard each of them.

- 1. A. Ann wants us to meet her.
 - B. We met Ann at the bus station.
 - C. Ann wants to meet us at the bus station.
 - D. Ann met us at the bus station.
- 2. A. We did not send a telegram because we did not need to get in touch with them.
 - B. We could not send a telegram although we needed to get in touch with them.
 - C. We sent a telegram to get in touch with them.
 - D. Since they needed to get in touch with us, they sent us a telegram.
- 3. A. We made the invitations.

- B. We could not go to the party.
- C. We were not invited to the party.
- D. We did not believe them.

4. A. Both of my children came.

B. Only my son came.

C. Only my daughter came.

- D. Neither of my children came.
- 5. A. James was injured in the big game last Saturday.
 - B. James was able to play in the big game last Saturday even though he was injured.
 - C. James was not able to play in the big game last Saturday because of his injury.
 - D. Jame's injury prevented his playing football.
- 6. A. Doug made up the solution for us.
 - B. Doug came with us so he wouldn't have any trouble.
 - C. We came to Doug with our problems.
 - D. We decided what Doug could do about his problem.
- 7. A. Not many people enjoy that kind of music.
 - B. It took a while for that kind of music to become popular.
 - C. The public's first reaction to that music was positive.
 - D. You'd never catch me listening to that kind of music.
- 8. A. Lynn is publishing a paper on geology.
 - B. Lynn left after she turned in her research.
 - C. Lynn did very thorough research for her paper.
 - D. Lynn studied some excellent rock samples.
- 9. A. She will ask you what happened the last time.
 - B. She will schedule one last meeting for you.
 - C. She will give you some forms to complete.
 - D. She will give you the information you missed.
- 10. A. I thought you wanted to take five courses.
 - B. To think I ate all five courses.
 - C. I couldn't have managed five courses.
 - D. I didn't think I could graduate in five terms.

Ex. B: Listen. You will hear 15 short conversations. Do the multiple-choice questions after

you've heard each of them.

- 1. A. He is too busy to go along.
 - B. He must hand in a full report on the museum.
 - C. He has to wash his hands first.
 - D. He has already seen the whole museum.
- 2. A. That they step outside the room.
 - B. That they work on calculus another time.
 - C. That the proof should be written on one page.
 - D. That the proof will be easier to do in stages.
- 3. A. His teeth hurt him very much,
 - B. He finds the work harder than he expected.
 - C. He decided to take the course next semester instead.
 - D. He has no time for meals.
- 4. A. She just wrote a book on cloud formation.
 - B. She's pleased because her paper will be published.
 - C. She started working for a publishing firm.
 - D. She has everything done except her last paper.
- 5. A. Visit the circus.

B. Accept unsatisfactory working conditions.

C. Save more money.

- D. Demand more than the bare necessities.
- 6. A. It's a very long one.
- B. It should take place as planned.
- C. It was canceled on Friday.
- D. The arrangements are uncertain so far.
- 7. A. She doesn't feel that now is the right time.
 - B. She wonders if they really need to do it.
 - C. She's writing her seminar presentation now.
 - D. She's suggesting that they talk immediately.
- A. The man shouldn't expect her to go along.
 - B. She doesn't think she has enough money.
 - C. She'll go even though the movie is bad.
 - D. The man should count the number of the people going.
- 9. A. He will contact Peter directly.
 - B. He already knows about Peter's grades.
 - C. He and Peter are not interested in grades.
 - D. He doesn't believe Peter will attend school this semester.
- 10. A. She would rather draw the room than clean it.
 - B. She would divide the room in half.
 - C. She would line up for some help.
 - D. She would refuse to do the cleaning all the time.
- 11. A. It's interesting.

B. It's easier than he expected.

C. It's too crowded.

D. It's quite difficult.

- 12. A. The train is always late.
 - B. She needs to check the train schedule.
 - C. They are going to be delayed again.
 - D. They need to decide on a schedule.
- 13. A. Stay home to prepare for his exams.
 - B. Attend the concert after his exams are finished.
 - C. Ask the woman to study with him.
 - D. Go to the concert with the woman.
- 14. A. He would send a postcard if he went away.
 - B. He wouldn't be able to take a vacation.
 - C. He had already moved to Florida.
 - D. He didn't want to go to Florida.

Part 2: Listen to this

Listen to a talk and do the following exercises.

Roller Skating

Vocabulary:

roller skating

take to

hazard

dilemma

issue

violator

citation

disregard

ordinance

Ex. A: Answer the following questions by choosing the right choices.

- 1. A. the high cost of gasoline
 - B. overcongestion of university areas
 - C. roller skating in the streets.
 - D. police roadblocks
- 2. A. state law only
 - B. city law only
 - C. natural law
 - D. city and state law

- 3. A. Roller skating in the streets is only a local problem.
 - B. Skaters are creating problems for motorists.
 - C. Police will ticket violators.
 - D. The problem is most common in college and university areas.

Ex.	В:	Answer	the	following	auestion	in	VOILT	own	words.
	_,				dacottott		3001	O 11 11	AL OT OR

Q; What do you think about roller skating as a means of t	ransportation?

Part 3: A conversation

Meanings of the Idioms

In each of the following examples, there's an idiom used either in Address of Welcome (those listed in the book are excluded) or in Unit One. Read the example carefully to find the meaning of the idiom. Then look at the definitions that follow the examples. Write the idiom next to its definition.

	aress or wercome:	
1.	chances are	You've got a fever. Take two aspirin(s) and go to bed early.
_	II	Chancesare you'll feel better tomorrow.
2.	Needless to say	He got a scholarship last semester. Needless to say, he is one of
		the top students in his grade.
3.	strike a chord	What she said struck a chord of feeling in the heart of her part-
		ner. He agreed to promote their cooperation.
4.	at ease	He didn't feel completely at (his) ease in the strange surround-
		ings.
5.	first of all	First of all I must return these books to the library. Then I'll go
	*** ••••	_
		to play tennis with you.
Α.		as the first or most important thing
В.		of course
С.		it is likely
D.		remind sb of sth, esp. because of similarity
Ξ.		
		in a state of being comfortable and without worries

P

Ex. A:

1. pick sb/sth up I don't know the way to the hotel. Come and pick me up at the airport, please.

2.	get in touch with	I'm trying to get in touch with my brother; he emigrated to the U-
3.	make it	nited States 40 years ago, and I lost touch with him.
٥.	make it	There was a lot of traffic. We barely made it to the station in time
	-1	for Bob to catch the train.
4.	show up	We had agreed to meet at the school gate, but Mr. Li didn't show
_		up.
5.	in spite of	They went out in spite of the rain.
6.	big (game)	It is a big game. All the top players of our team will join in.
7.	come up with	The teacher asked Ted a very difficult question, but finally he came up with a good answer.
8.	catch on	It took months for the song to catch on; then it was sung and
		played everywhere.
9.	leave no stone	Don't worry. The police will leave no stone unturned in their
	unturned	search for the murderer.
10.	hand in	He handed in a poor piece of work, so the teacher asked him to do
		it again.
11.	fill sb in (on)	Susan has already filled me in on what happened yesterday. So you
		don't have to tell me now.
12.	to think	A: So it takes us an hour to come here by bus.
		B: Yes. To think at first you wanted to come here on foot!
A.		
_		
C.		important important
		inform sb. give sb the latest information
E.		
F.		use every possible effort to find out, employ every pos-
		sible enquiry
G.		become popular
H.		How surprising/absurd etc. it is to think
		think of (a plan/reply, an idea)
-		arrange to go and get
**		arrive in time
_		taking no notice of
_	_	

Ex. B:

have one's hands With two small children to take care of, she has her hands full full already. I don't think she can help us. work out

So you've got the answer, but I haven't work it out yet.

take one step at If you want to work out the sum, you must take one step at a 6

	a time	time.
4.	How's it going?	A: You're learning Taiji. How's it going?
		B: Everything is going nicely at the moment.
5.	bite off more	I told him he would be biting off more than he could chew if he
	than one can chew	tried to repair the car himself.
6.	on cloud nine	We were on cloud nine when our school team won the state
		championship.
7.	not any longer	You can't find him here, because he doesn't live here any longer.
8.	grin and bear it	I hate having my wife's parents to live with us, but I suppose I'll
		have to grin and bear it.
9.	as far as	A: How are they coming?
		B: As far as I know, they are coming by car.
10.	get together	Guys, come to my apartment on Saturday evening. Let's get to-
		gether for a drink?
11.	right now	We can't go without him. Wait a minute! He's coming right
		now.
12.	count sb out	If you're going skiing in this kind of weather, count me out. I'd
		rather stay at home and watch TV.
13.	straight As	You have to study very hard to get straight As in our school.
14.	draw the line	Of course I want to help you, but I draw the line at lying.
15.	turn out	At first we all believed what he said, but his statement turned
		out to be false.
16.	boil down(to)	Have you realized that the report boils down to a demand for
		higher safety standards?
17.	do sb/sth good	I want to stay here for a while. It does my heart good to see
		those children play.
18.	time off	I had a toothache that day; my boss gave me time off to go to
		the dentist.
	•	to the degree that
_		be good for sb
D.		to be or mean
_		be found to be
		have a meeting or party
H.		
I.		
J.		do (sth) step by step

K.		attempt more than one can deal with	
I		find by reasoning or calculating	
M.		suffer sth unpleasant without complaint	
		a period of release from work	
		not any more	
		Is everything happening satisfactorily?	
		set a limit as to what one will do or not do	
		the highest grades in all courses	
Pa	rts 28-3	•	
1.	take to	He took to repairing watches in his spare time.	
2.	as well as	He was my friend as well as my doctor.	
3.	. insist on He insisted on going there by plane although his wife prefer to the train.		
4.	on the grounds (of/that) * * * * *	He left on the grounds that he was not feeling well.	
5	see about	If you're too heave. I'll one shout the alarm dishare	
	all along	If you're too busy, I'll see about the plane tickets.	
٠.	an atong	Our team has won the game. I knew all along that we would win.	
7.	to be blame (for)	The teacher tried to find out who was to blame in the fight.	
8.	to say the least	They'll be pleased with their new house, to say the least. It's much bigger than this one.	
9.	be up to one's ears	They are up to their ears in business before the Spring Festival.	
Α.		comment as little as possible about sth	
В.		for the reason, because	
C.		make a habit of	
D.		be very busy, have a lot to do	
Ε.		be at fault, be responsible for (sth bad)	
		attend to, arrange for	
G.		declare sth firmly, esp. in the face of opposition	
Η.		and also, in addition to	
ī.		all the time, during the whole time	

Unit Two

Part 1: Practice exercises

- Ex. A: Listen. You will hear 10 statements. Do the multiple-choice questions after you've heard each of them.
- 1. A. You can fill in the spaces under the questions.
 - B. I have three questions to ask you.
 - C. You may ask questions if you want.
 - D. Please tell me when you are free.
- 2. A We should each go on a different day.
 - B. We could have gone to a nicer beach.
 - C. This weather is just right for being at the beach.
 - D. There is some question about when we should go.
- 3. A. I hope I receive some letters.
 - B. I wish I still had the letters.
 - C. I wish I hadn't read those letters.
 - D. I hope I don't get any more of those letters.
- 4. A. Kate has already disposed of the chemicals.
 - B. Kate didn't do the last assignment in chemistry.
 - C. Kate was unhappy about the newest assignment.
 - D. Kate was excited about the chemistry assignment.
- A. Let the driver get off at the intersection.
 - B. Has the bus driver reached the intersection yet?
 - C. Have you ever gotten off at this intersection?
 - D. Tell the driver you will get out at the intersection.
- 6. A. Please get your things out of my way.
 - B. You never listen to what I say.
 - C. You should do what someone else wants sometimes.
 - D. Don't be so possessive all the time.
- 7. A. Margret's headache kept her out of class.
 - B. Margret is by far the best writer in her class.
 - C. Margret finds writing a restful activity.
 - D. Margret is taller than all the others at school.
- 8. A. The school sent pictures to all of the teachers.
 - B. Mary thanked Bob for taking the picture.
 - C. The envelope contained two letters and a picture.

- D. Bob opened the envelope containing the letter and picture.
- 9. A. George helped prepared the pass.
 - B. George served him another slice.
 - C. George took another serving of pie.
 - D. George served everyone the pizza.
- 10. A. Does everyone have a copy of the assignment?
 - B. Can you turn the sheet around?
 - C. Is there enough time for the assignment?
 - D. Do the sheets have enough information?
- Ex. B: Listen. You will hear 15 short conversations. Do the multiple-choice questions after you've heard each of them.
- A. Try harder to locate work.
- B. Giving up looking for a job.
- C. Ask his stepfather for a job.
- D. Travel instead of working this summer.
- 2. A. She took ancient histroy last semester.
 - B. She did extremely well on the test.
 - C. She passed out during the exam.
 - D. She wrote very colorful essays.
- 3. A. She's been upstairs in the business office.
 - B. She's been catching up on her projects.
 - C. She's doing the least amount of work possible.
 - D. She's setting up a date to present her result.
- 4. A. Revise the report.

- B. Do all his work by himself.
- C. Leave the politics class.
- D. Submit the report as it is.
- 5. A. Exchanging furnaces.
- B. How to turn the furnace.
- C. How to play a trick.
- D. Repairing a switch.
- 6. A. West Virginia has many unexplored areas.
 - B. Andy would probably be a good person to ask.
 - C. The campers should try to get a lot of information.
 - D. Andy will help if he's there this summer.
- 7. A. He wants part of each piece of cloth.
 - B. He can't tear either piece of cloth.
 - C. The pieces of cloth seem identical to him.
 - D. The pieces of cloth are made by a secret process.
- 8. A. The situation looks better than it is.
 - B. The phone connection was bad.
 - C. The women ought to speak to each other in person.
 - D. It's better to be courageous.
- 9. A. His car is in quite good condition.

- B. He's willing to lend them the car.
- C. He would prefer to go to the game on foot.
- D. He will take them if he can.
- 10. A. She constructed a proper container.
 - B. She thought it was hard to do the grading.
 - C. She pretended she was happy.
 - D. She was extremely pleased,
- 11. A. Their appointment is not until tomorrow.
 - B. The professor is waiting for their call.
 - C. They should call the professor after the meeting.
 - D. They should wait until the next day.
- 12. A. She's too busy to help the man today.
 - B. The proposal is already late.
 - C. She'll have time later on in the day.
 - D. She'll finish the proposal by noon.
- 13. A. He's feeling better.
 - B. He thought last week's seminar was easy.
 - C. He needs to get more rest.
 - D. He was surprised that the woman missed the seminar.
- 14. A. They shouldn't make too many requests.
 - B. They should ask for another extension.
 - C. They shouldn't worry about the project.
 - D. They should wish the professor good luck.
- 15. A. His doctor told him not to drink tea.
 - B. He'll bring some tea to the doctor.
 - C. He would really like some tea.
 - D. Tea tastes too much like medicine.

Part 2: Listen to this

Listen to a news story and do the following exercises.

People Rescued

Vocabulary:

rescue

Gulf of Mexico

adrift

Coast Guard

frantically

drift