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中学英语 阅读训练与测试

(初 一)

张建伟 主编



安徽科学技术出版社

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图书在版编目(CIP)数据

中学英语阅读训练与测试. 初一/张建伟主编;苏冬
誉,刘丽编. —合肥:安徽科学技术出版社,2001
ISBN 7-5337-2360-0

I. 中… II. ①张…②苏…③刘… III. 英语—
阅读教学—初中—教学参考资料 IV. G634.413

中国版本图书馆 CIP 数据核字(2001)第 073400 号

*

安徽科学技术出版社出版

(合肥市跃进路 1 号新闻出版大厦)

邮政编码:230063

电话号码:(0551)2825419

新华书店经销 合肥中德印刷培训中心印刷厂印刷

*

开本:787×1092 1/16 印张:8.25 字数:190 千

2002 年 2 月第 1 版 2002 年 2 月第 1 次印刷

印数:10 000

ISBN 7-5337-2360 0/G·509 定价:8.80 元

(本书如有倒装、缺页等问题,请向本社发行科调换)

前 言

中学英语教学的一个主要目的是培养学生的阅读能力。阅读能力不仅是学生在校期间,而且是他们走上社会后应用最广泛的一种技能。阅读是吸收书面语的手段,它有利于扩大词汇量,丰富语言知识,开阔视野,培养语感,了解外国文化背景等。

阅读能力的培养单靠教科书是远远不够的,还需要有一定量的课外阅读材料。只有通过广泛、大量和快速的阅读,才能获得较高的阅读能力。教育部最新颁布的《全日制义务教育普通高级中学英语课程标准》明确规定初中毕业生除教材外,课外阅读量应累计达到 15 万词以上;普通高中毕业生除教材外,课外阅读量应累计达到 36 万词以上。为满足中学生的课外阅读需求,我们组织了一批有多年教学经验、全面熟悉教材、深刻了解学生学习状况、通晓各级各类考试水平和要求的中学知名教师,精心编写了这套《中学英语阅读训练与测试》。它具有以下特点:

一、选材精细

1. 题材广泛,体裁多样。题材内容涉及政治、经济、文化、艺术、科学技术、历史、教育、名人传记、环境保护等各个方面;体裁既有记叙文又有说明文,既有议论文又有应用文,其中应用文包括信函、通知、便条和图表说明等。

2. 知识性强,趣味性更强。充分考虑不同年龄段学生的兴趣、爱好、愿望等学习需求和心理需求选择不同的阅读材料,以激发学生的学习兴趣。

3. 语言真实、地道、具有时代气息。

4. 重要语言现象再现率较高。

二、编排精心

1. 由易到难,循序渐进。本套书共 6 本,分别供初一至高三学生使用,因此选材上严格按中学生各年级的实际水平把握难易梯度。每册书内容也从简单到复杂逐步过渡。

2. 生词双解,难点注释。每篇阅读材料的生词除第一册外均给出双解,难点则配有注释与讲解,并给出例句,从而便于学生整体理解、快速阅读。

3. 巧设练习,自测自评。每篇阅读材料后精心编写了有关词汇的练习以供学生落实对词汇的理解和掌握。为了检测学生对阅读材料的理解程度,又编写了一定数量的判断正误题和单项选择题。

只要循序渐进地坚持阅读,阅读能力定会大大提高。

编 者

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Unit One

Passage 1

My name is Jim. There are four people in my family, my mother, my father, my grandma and I. My grandma is sixty-two now. She looks very fine. She likes rice and bread. She likes to eat meat and eggs, too. But she doesn't like cakes. She likes drinking tea very much. After supper she often drinks a cup of tea. But she doesn't drink cold water and milk. My grandma is so kind. My grandma loves me very much. She often gives me something to eat.

Notes

grandma *n.* 奶奶, 外婆

e.g. My grandma is so kind. 我的外婆很和蔼。

Exercises

1. Spelling.

- 1) My g _____ loves me very much.
- 2) She likes d _____ tea.
- 3) There are four people in my f _____.
- 4) She often gives me s _____ to eat.

2. Decide whether the following statements are true (T) or false (F).

- 1) There are three people in Jim's family.
- 2) His grandma is 62.
- 3) She likes rice, but she doesn't like eggs.
- 4) She likes drinking milk.
- 5) She often gives Jim something to eat.

3. Choose the best answer.

- 1) There are _____ people in my family.
A. three B. four C. five D. six
- 2) How old is her grandma? She is _____.
A. sixty-two B. sixty-three C. seventy-two D. seventy-three

- 3) She likes _____.
 A. bread and apple B. cake and rice C. bread and rice D. tea and milk
- 4) After supper she often drinks a cup of _____.
 A. water B. milk C. orange D. tea
- 5) Does her grandma love her very much? _____.
 A. Yes, she does B. No, she doesn't C. Yes, she is D. No, she isn't

Passage 2

I have one brother, one sister, and my mum and dad. My parents look quite young, but in fact they're over sixty. My father is usually in his old bad coat, but he gets angry when I say he is a gardener! My mother is very beautiful. My brother has very short hair and looks like a bad boy. Everyone thinks my sister is like my father, but I think she is like my mother. She's quite tall and beautiful.

Notes

1. **garden** *n.* 花园, 庭院 **gardener** *n.* 园丁
e.g. We have a small garden. 我们有一个小花园。
2. **beautiful** *adj.* 漂亮的, 美丽的
e.g. a beautiful flower 一朵美丽的花
 Look at that beautiful girl. 看那个漂亮的女孩。

Exercises

1. **Spelling.**
 - 1) My p _____ look quite young.
 - 2) My father is u _____ in the old bad coat.
 - 3) My mother is very b _____.
 - 4) E _____ thinks my sister is like my father.
2. **Decide whether the following statements are true (T) or false (F).**
 - 1) There are four people in the family.
 - 2) His parents are over sixty.
 - 3) His father likes wearing old coat.
 - 4) His mother is very beautiful, but his sister doesn't.
 - 5) His brother's hair is long.
3. **Choose the best answer.**

- 1) My mother is _____ now.
A. fifty B. about eighty C. over sixty D. We don't know
- 2) My father's clothes are usually _____.
A. very nice B. funny C. not very good D. We don't know
- 3) People think my sister _____.
A. is beautiful B. looks like my father
C. looks like my mother D. is very tall

Passage 3

My name is Mike Smith. Mike is my first name and Smith is my family name. I'm twelve. I'm an English boy.

I have a sister. Her name is Carol. She's only four. She's a nice little girl.

Both my father and mother are teachers. They love their work. They love their students, too. They work very hard.

We have a house with a garden. The house is big and nice. The garden is small and beautiful. There are some flowers and small trees in it. We often play there. We all like our house and garden.

Notes

1. **first** *adj.* 第一的

I'm in the first row. 我在第一排。

This is my first lesson. 这是我的第一节课。

2. **family** *n.* 家,家庭 **family name** 姓 **first name** 名

e.g. My name is Li Lei. Li is my family name, Lei is my first name. 我叫李雷。我姓李, 名雷。

My name is Jim Green. Green is my family name, Jim is my first name. 我的名字是吉姆·格林。格林是姓, 吉姆是名。

3. **both** *adj.* 两者都……

e.g. They are both students. 他们俩都是学生。

We both like English. 我们俩都喜欢英语。

Exercises

1. **Spelling.**

1) I'd like to have a big house with a beautiful g _____.

- 2) We l _____ our teachers because they are kind.
- 3) We all work h _____ at our studies.
- 4) There are many f _____ and t _____ in our school.

2. Decide whether the following statements are true (T) or false (F).

- 1) Mike's parents love their work and their students.
- 2) There are some flowers and big trees in the garden.
- 3) There are four people in Mike's family.

3. Choose the best answer.

- 1) Mike is from _____.
A. America B. Canada C. England D. Australia
- 2) Mr and Mrs Smith have _____ children.
A. four B. one C. three D. two
- 3) Mike's sister's full name is _____.
A. Smith Carol B. Carol Smith C. Carol D. Smith
- 4) What does Mrs Smith do? She is _____.
A. a worker B. a teacher C. a student D. a doctor
- 5) How is Mike Smith's house? _____.
A. The house is big B. The house is nice
C. The house has a garden D. A, B and C

Passage 4

Charlie and his family don't always live in their house. Sometimes they live in a houseboat. There are 4 rooms in the bottom of the boat. One of them is his parent's bedroom. Another one is his bedroom. Then there is a kitchen and a bathroom. Charlie's bedroom is small, but he likes it very much. There is a small window. It doesn't open because it's under the water. When the boat is in the water, Charlie can look out of his window and see many fish under the water. One time, he saw an old car under the water. He thought it was funny to see the fish swim through the car windows.

In the school year, Charlie's family keeps their boat on the bank of the lake. In summer, Charlie and his family often take their boat out in the middle of the lake. They stay on the lake for a few weeks. Then they go fishing for their food. Charlie's mother grows vegetables in pots on the boat, so they also have vegetables to eat. When it is very hot, they jump into the water and go swimming. Charlie thinks a houseboat is the best place to live in.

Notes

1. bottom *n.* 底部,底面

e.g. There is some tea at the bottom of the cup. 杯子底部有些茶叶。

2. funny *adj.* 滑稽,有趣

e.g. a funny story 一个有趣的故事

3. bank *n.* 堤,岸

e.g. on both banks of a river 在河的两岸

4. pot *n.* 罐,壶,花盆

e.g. a tea pot 茶壶 a flower pot 花盆

Exercises

1. Spelling.

- 1) He s _____ goes to see his parents in Beijing.
- 2) A k _____ is a room where meals are cooking.
- 3) He speaks English and a _____ a little French.
- 4) Charlie's bedroom is under the w _____.
- 5) He told us a f _____ story, we all laughed.

2. Decide whether the following statements are true (T) or false (F).

- 1) Charlie and his family always live in a houseboat.
- 2) Charlie can see many fish out of his bedroom window.
- 3) Charlie's mother can cook and grow vegetables on the boat.
- 4) Charlie and his family stay on the lake for a few days in summer.

3. Choose the best answer.

- 1) Charlie thinks _____ is the best place to live in.
A. their house B. his family C. a houseboat D. his school
- 2) Charlie's family keeps their boat _____ in the school year.
A. in the middle of the lake B. behind their house
C. on the bank of the lake D. in the river
- 3) On the boat, there are _____ bedrooms.
A. four B. two C. one D. three
- 4) Charlie can see many fish _____.
A. in the car B. in the kitchen C. in his bedroom D. on the lake
- 5) When it is hot, Charlie and his family _____.
A. grow vegetables B. swim in the water
C. go fishing D. stay in the rooms

Unit Two

Passage 1

Dear Tom,
Thank you for your postcard. I show it to some of my friends at school. Three other students in my class have friends in other countries, too. They also get postcards in England from their friends. One of the cards is from Australia, another is from America, and the other is from China. Now I want to tell you something about my family. My father and mother are farmers. I have a brother and a sister. My sister works in a middle school and my brother is studying in a university.

Could you give me a few photos of yours? I want to know what you look like.

Yours,
Hu Yang

Notes

1. **study** *vt.* 学习, 研究

e.g. I am studying English. 我正在学英语。

He always studies hard to be a teacher. 他总是为了当教师而努力学习。

2. **university** *n.* 大学

e.g. a university student 一个大学生 go to the university 上大学

Exercises

1. **Spelling.**

- 1) Thank you for your p _____.
- 2) She has many friends in other c _____.
- 3) A card is from A _____.
- 4) My brother is studying in a u _____.

2. **Decide whether the following statements are true (T) or false (F).**

- 1) I show your postcard to my family.
- 2) Postcards are from different countries.
- 3) There are five people in "my" family.

4) "My" brother is working in a university.

3. Choose the best answer.

- 1) How many students in her class have friends in other countries? . _____.
A. Three B. Four C. Two D. Five
- 2) There are _____ children in "my" family.
A. one B. two C. three D. four
- 3) This text is a _____ from Hu Yang to Tom.
A. letter B. card C. photo D. postcard
- 4) Hu Yang wants to see Tom's _____.
A. letters B. cards C. photos D. postcards

Passage 2

David: Stand up, please.

Rose: Good morning, class.

Students: Good morning, Miss Rose.

Rose: Sit down, please. Are all the students here today, Lucy?

Lucy: Yes.

Rose: Oh, Lily. How are you today?

Lily: I'm all right, thank you.

Rose: That's good. Harry, what day is it today?

Harry: Today is Monday.

Rose: How many days are there in this month, Helen?

Helen: There are thirty-one.

Rose: That's right. Come to the blackboard, Mike. Write "Monday" on it, please.

Rose: Good. Now, go back to your seat. Boys and girls, open your books and look at Lesson 80.

Notes

1. Are all the students here today? 大家都来了吗? 相当于 Is everyone here today?

2. Go back to your seat. 回到你的坐位上去。

seat 与 sit 读音易混。seat *n.* 坐位 sit *v.* 坐

e.g. Can I sit here? 我能坐在这儿吗?

Can I take this seat? 我能坐这个坐位吗?

Exercises

1. Spelling.

- 1) I want to be a good s _____ so I must study very hard.
- 2) There is a b _____ in the front of the classroom.
- 3) M _____ is the second day of a week.
- 4) Can I take that s _____, please?
- 5) Lesson one is the first l _____.

2. Decide whether the following statements are true (T) or false (F).

- 1) All the students are here today.
- 2) It's Wednesday today.
- 3) There are thirty days in this month.
- 4) Lucy can write "Monday" on the blackboard.
- 5) They are going to study Lesson 80 today.

3. Choose the best answer.

- 1) Rose works in a _____.
A. factory B. hospital C. school D. classroom
- 2) What month do you think it is this month? It's _____.
A. June B. April C. February D. March
- 3) What day is it tomorrow? It's _____.
A. Tuesday B. Monday C. Wednesday D. Saturday
- 4) Who comes to the blackboard? _____ does.
A. Mike B. Helen C. Lucy D. Rose

Passage 3

Tim Hunt is telling his Chinese classmates about his school day back home in London.

"My school day in London is different from my school day here in China. School starts at nine o'clock. I get up at 7:00 on weekdays. I go to school by underground. It takes about forty-five minutes. I have lunch at school. Classes are over at 3:15. It is early, so I stay at school and play games with my friends. I am in the basketball team. We practise on Monday and Wednesday. We have a match on Friday afternoon.

On Saturday morning I get up late. Then I help my parents tidy the house and the garden. In the evening I often go to a film or to a club. On Sunday I have a good rest and of course, I do my homework!"

Notes

1. different *adj.* 不同的

e.g. We are in different classes. 我们在不同的班。

English is different from Chinese. 英语和中文不同。

2. underground *n.* 地铁

e.g. I go to work by underground. 我乘地铁上班。

3. practise *v.* 练习

e.g. practise the piano 练习弹钢琴

4. match *n.* 比赛

e.g. a football match 足球比赛

Exercises

1. Spelling.

- 1) After school I usually s _____ at school and play with my classmates.
- 2) I'm sorry I can't go with you. I must help Mum t _____ the house and the garden.
- 3) There are sixty m _____ in an hour.
- 4) We often p _____ English in the morning.
- 5) The students often go to a f _____ or a club on Saturday.

2. Decide whether the following statements are true (T) or false (F).

- 1) Tim is in London now.
- 2) Tim goes to school by bus.
- 3) After school, Tim goes home with his friends.
- 4) Tim gets up late on Saturday.

3. Choose the best answer.

- 1) Tim Hunt's first class begins at _____.
A. 7:00 B. 9:00 C. 7:45 D. 3:15
- 2) Tim and his friends practise _____ on Monday and Wednesday.
A. football B. basketball C. volleyball D. pingpong
- 3) On Sunday Tim _____.
A. goes to a film B. plays basketball C. goes to school D. has a rest
- 4) Tim and his friends have a match on _____.
A. Monday B. Wednesday C. Saturday D. Friday
- 5) Tim's school is _____ his house.
A. far from B. near C. beside D. behind

Passage 4

Wang Li and Wang Yan are sisters. They're studying in the same middle school. One is in Grade 8 and the other is in Grade 7.

They both work hard at their lessons. And they both like reading storybooks. Every Friday afternoon, one of them goes to the library to borrow a book.

It is Friday again. School is over. The students in the No. 40 Middle School are coming out of the school gate. Wang Yan is coming to her sister with a book under her arm. They are talking about the book.

Wang Li: What book do you have?

Wang Yan: The Youth Song (青春之歌).

Wang Li: Oh, I know. It was written by Yang Mo, a woman writer. How long can you keep it?

Wang Yan: Seven days.

Wang Li: Can you keep it a little longer?

Wang Yan: Why?

Wang Li: Because I want to read it, too.

Wang Yan: Of course I can keep it a little longer. But I must go and renew it.

Wang Li: Must you take the book back when you go to renew it?

Wang Yan: Yes, I must.

Wang Li: Then when are you going to lend it to me?

Wang Yan: I'm good at reading you know? I can read it a whole day tomorrow, and finish it next morning. You can read it after Sunday. But you mustn't lend it to others.

Wang Li: OK. Let's go home.

Notes

1. be written by 由……写的

e.g. This book was written by a young writer. 这本书是一位年轻作家写的。

2. renew v. 续借; 更新

e.g. You must renew your license. 你必须给你的执照续期。

Exercises

1. Spelling.

- 1) She works h _____ at her lessons.
- 2) We can borrow books from the l _____.
- 3) You can use it, but you can't l _____ it to others.
- 4) They are t _____ about the moon and the stars.
- 5) She got on the bus with a baby in her a _____.

2. Decide whether the following statements are true (T) or false (F).

- 1) Wang Li and Wang Yan are twin sisters.
- 2) They both like reading storybooks.
- 3) Wang Yan needn't take the book back when she goes to renew it.
- 4) Wang Yan mustn't keep the book a little longer before she renew it.
- 5) Wang Li can read the book after Sunday.

3. Choose the best answer.

- 1) After school the two sisters meet _____.
A. in the school B. at the school gate
C. on the way home D. in the classroom
- 2) Wang Yan has a book _____.
A. in her hand B. in her bag C. under her arm D. on her head
- 3) Wang Li wants her sister to keep the book _____.
A. for seven days B. at home C. a long time D. a little longer

Unit Three

Passage 1

Mr Williams lives in a nice house in the country with his wife. From Monday to Friday each week he works in an office in a big town but he is free on Saturdays and Sundays. He has a nice garden round his house, and he often works in it on Saturdays and Sundays, because he likes flowers and enjoys working with his hands. A lot of Englishmen work in their gardens on Saturdays and Sundays, and during their holidays.

Notes

1. **office** *n.* 办公室, 公司

e. g. a doctor's office 诊所

She works in an office. 她在一个公司上班。

2. **during** *prep.* 在……期间, 在……的整个时间

e. g. It often rains during the day here. 这里经常白天下雨。

Exercises

1. Spelling.

- 1) He is free on S _____ and Sundays.
- 2) He likes flowers and e _____ working with his hands.
- 3) A lot of Englishmen work in their g _____ on Saturdays and Sundays d _____ their holidays.

2. Decide whether the following statements are true (T) or false (F).

- 1) Mr Williams lives in the town with his wife.
- 2) From Monday to Friday he works in an office in a big town.
- 3) He is not free on Saturdays and Sundays.
- 4) He likes working in his garden on Saturdays and Sundays.

3. Choose the best answer.

- 1) Mr Williams lives in country with his _____.

A. wife

B. daughter

C. son

D. parents