

中文翻译版
原书第5版

BRADDOM'S 物理医学与康复医学

BRADDOM'S
PHYSICAL MEDICINE
& REHABILITATION



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Braddom's Physical Medicine & Rehabilitation

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内 容 简 介

本书从评估、治疗技术及特殊设备、常见的临床问题、特定问题的诊断四个方面进行了系统介绍。内容涵盖康复医学历史及物理检查、评估，矫形器、轮椅及座椅系统使用，治疗性运动，物理因子治疗，康复医学一体化治疗，吞咽障碍患者的康复，膀胱功能障碍的处理，神经源性肠道功能障碍及康复，痉挛处理，心脏康复，肺康复及风湿性疾病、神经性疾病、创伤、烧伤、肿瘤等疾病的治疗与康复等内容。

本书可供康复医学专业医务人员参考使用。

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献词

这本书是为了纪念我的父母约翰和罗莎，他们成就了今天的我，和我的孩子布里和贝尔的理想，他们让我变得更好。

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*5 Practical Aspects of Impairment Rating and Disability
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原著前言

《Braddom's 物理医学与康复医学》一书整合了 75 年来美国物理医学与康复医学的所有研究和全世界近 10 年来的研究贡献。本书作者、编辑和支持者用了近 2 年的时间对第 5 版进行了更新，包括目前最新进展的技术内容链接、易于使用的表格和视频、临床诊治实践和循证医学证据及基于核心理论的实践应用。物理医学与康复医学历史悠久，早在 19 世纪美国内战时和内战后的战乱阶段就已粗具雏形，后来于 20 世纪世界大战时本学科正式成立。虽然针对急、慢性期功能障碍的多学科团队合作是物理医学与康复医学的核心，但近年来，在神经、肌肉骨骼和软组织损伤的诊断、监测、治疗和照护的核心技术与介入手段也正在逐渐推动本领域的进步。正如战争对物理医学与康复医学起源的影响，21 世纪波斯湾战争对本领域的最新进展有着重要影响。本书作为连接物理医学与康复医学基本核心原理和方法之间的重要桥梁，目的是让康复成为神经和骨关节功能障碍患者的主要医疗内容，让前沿研究和创新技术扩充本领域现有的评估和治疗手段，以及为临床医师提供新且有效的实践工具。本书也希望能够提供以共识为基础的物理医学与康复医学模型，以提高广大功能障碍者的生存能力和生活水平，同时通过文献发表的循证医学研究结果和全新或改进的治疗方法，将数十年的临床经验和新兴的卓越方法结合在一起。考虑到知识翻译和传播，第 5 版提供了电子版本以便读者阅读，并在电子版本中附加了自我评估问题和视频、互联网链接资源和其他内容。物理医学与康复医学领域正在急速地扩大和进步，所以本书也在与时俱进。本书为物理医学与康复医学的临床实践者提供了最关键和最重要的资源，因为本书的作者是国内长期从事该领域的学术带头人和卓越的教育工作者。本书的每个主题内容都经过精心组织，既能反映该领域的基本理念，也能提供其未来发展的新兴趋势。希望读者能充分利用本书所提供的内容，延续该学科卓越的传统，让物理医学与康复医学成为 21 世纪最具有价值的医疗健康学科。

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