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28天搞定 托福长难句

新东方考试研究中心◎编著

难句+语法+词汇

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精选托福长难句560例，28天有效复习

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梳理重点词汇和短语，提升应用能力

 浙江教育出版社
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前言

托福考试是大学水平的英语使用及理解能力测试，评估考生在英语听、说、读、写技能方面的综合能力。托福考试是全球最为广泛也最受重视的英语语言考试，它获得了130多个国家（包括澳大利亚、加拿大及美国）逾9,000所学院、大学和机构的普遍认可。全球有超过2,700万人通过参加托福考试来证明其英语语言能力。随着留学热的升温，中国参加托福考试的人数也在逐年增加。

目前的托福考试以互联网为依托，称为“iBT”（Internet-Based Test），即托福网考，满分120分，阅读、听力、口语、写作每部分各30分。TPO是英文TOEFL Practice Online的缩写，即托福在线考试练习，是托福考试主办方ETS提供的托福官方网考练习平台，其中题目均为之前考过的托福原题，极具参考价值。精研TPO题目是考生取得高分的不二之选。

很多托福考生对词汇和长难句的掌握往往不够，常常是单词记得不少，却不熟悉高频核心词汇，碰到长难句时更是束手无策。针对以上问题，本书精心挑选了托福考题和TPO中的560例经典难句，给出精准中文翻译，拆分复杂句型，补充相应的语法知识，精讲重点、难点单词和短语，帮助考生深入分析、透彻理解句子。通过对每一个难句的分析与讲解，考生可以提升句子分析能力，加快阅读速度，从容应对考试。通过学习本书精选的难句，考生还可以进一步充实相关的语法和词汇知识，掌握有效的复习思路，在了解托福试题特点的基础上，提升自身英语水平。

本书设置如下：

本书主要收录560个托福难句，拆分为28天进行训练，每篇包含20个句子。另外，扫描**封底二维码**还可查阅更多托福经典长难句。

佳句妙译 给出句子的精准翻译，体现原句特色，帮助考生深入理解，并在翻译上给考生以启发。

句法精析 拆分句子结构，用通用的句子成分分析法进行句法剖析，清晰简单，一目了然。

知识拓展 提炼句子中的关键语法点，讲解相关语法知识，帮助考生搭建语法体系。

词汇拓展 梳理重点单词，提供经典实用例句与用法解析，帮助考生通过句子识记单词。

短语搭配 摘录句中重点短语和搭配，并配以实用例句，帮助考生理解和运用。

备考托福，不可一蹴而就。往往在历经千辛万苦，突破每一个难点之后，才能达到最终的目标。编者衷心希望本书能够助怀抱“留学梦”的学子们一臂之力。

编者

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①

For years historians have sought to identify crucial elements in the eighteenth-century rise

并列主句 1

in industry, technology, and economic power known as the Industrial Revolution, **and** many give prominence to the problem of energy.

并列主句 2

佳句妙译 多年来，历史学家们一直在寻找能够证明十八世纪工业革命中工业、技术和经济实力发展的重要证据，许多人都聚焦于能源问题。

句法精析 这句话是并列句，整个句子的结构是并列主句 1 + 并列主句 2，如英文句下标注所示。

词汇拓展 identify [aɪ'dentɪfaɪ] v. 辨认；发现；找到

例 They are trying to identify what is wrong with the present system. 他们正在尝试找出目前系统有问题的地方。

prominence ['prɔːmɪnəns] n. 重要；突出；卓越

例 The issue was given great prominence in the press. 媒体对这个话题高度关注。

②

A rotary engine attached to the steam engine enabled shafts to be turned and machines

主语

谓语

to be driven, resulting in mills using steam power to spin and weave cotton.

分词短语作状语

佳句妙译 附属蒸汽机引擎上的旋转引擎可以使轴转动并带动机器运转，使纺织机得以利用蒸汽旋转并编织棉布。

句法精析 这句话是简单句，整个句子的结构是主语 + 谓语 + 宾语 + 补语 + 状语，如下：

主语：A rotary engine attached to the steam engine

谓语：enabled shafts to be turned and machines to be driven

状语：resulting in mills using steam power to spin and weave cotton

词汇拓展 attach [ə'tætʃ] v. 把…附着；缠着；与…有关联

例 I attach a copy of my notes for your information. 我附了一份我的笔记供你参考。

搭配 attach to 附于…

spin [spɪn] v. 快速旋转

例 The plane was spinning out of control. 飞机失去控制，不停地旋转。

weave [wi:v] v. 编织；编排；迂回行进

例 She is skilled at spinning and weaving. 她是纺织能手。

3

Greater productivity and rising demands provided entrepreneurs with profits that could be
 主语 谓语 宾语 补语 定语从句
reinvested to take advantage of new technologies to further expand capacity, or to seek
alternative investment opportunities.

佳句妙译 更强的生产力和不断增长的需求给企业家们提供了再投资的机会；他们可以利用新技术获利，从而扩大产量或者寻找其他投资机会。

句法精析 这句话是复合句。整个句子的结构是主语 + 谓语 + 宾语 + 补语 + 定语从句，如下：

主语：Greater productivity and rising demands

谓语：provided

宾语：entrepreneurs

补语：with profits

定语从句：that could be reinvested to take advantage of new technologies to further expand capacity, or to seek alternative investment opportunities

词汇拓展 **entrepreneur** [ˌɑːntrəprəʊˈnɜːr] *n.* 创业者；企业家

例 Jack Ma is an entrepreneur that attracts world attention. 马云是一位倍受世界瞩目的创业者。

派 entrepreneurship (*n.* 企业家精神)

advantage [ədˈvæntɪdʒ] *n.* 优势；优点

例 You will be at an advantage if you have thought about the interview questions in advance. 如果你预先考虑过面试中提出的问题，就会处于优势。

搭 take advantage of 利用 at advantage 处于优势

capacity [kəˈpæsəti] *n.* 容器；能力；职责；生产量；功率

例 The factory is working at full capacity. 这家工厂在开足马力生产。

4

They possess drought-resisting adaptations: loss of water through the leaves is reduced by
 主语 谓语 宾语 同位语从句
means of dense hairs covering waxy leaf surfaces, by the closure of pores during the hottest
times to reduce water loss, and by the rolling up or shedding of leaves at the beginning of
the dry season.

佳句妙译 它们拥有抗干旱的适应能力：为减少水分流失，蜡质的叶面长满密集的绒毛，在极度炎热的时期关闭毛孔，以及在旱季初期卷曲或掉落叶子。

句法精析 这句话是复合句，整个句子的结构是主语 + 谓语 + 宾语，如下：

主语：They

谓语：possess

宾语：drought-resisting adaptations

冒号后面的句子为同位语，包含三个 by 引导的短语，对前面的 adaptation 进行进一步解释说明。

词汇拓展 possess [pə'zes] v. 拥有；具有；支配

例 He was charged with possessing a shotgun without a licence. 他被控无照拥有猎枪。

派 possession (n. 所有物；私人物品)

resist [rɪ'zɪst] v. 抵挡；阻挡；回击

例 The bank strongly resisted cutting interest rates. 这家银行坚决抵制降低利率。

派 resistance (n. 抵制；反抗)

adaptation [ˌædæp'teɪʃn] n. 适应；改编本

例 Desert species have high adaptation to hot conditions.

沙漠物种对于炎热的环境有很强的适应力。

5

Escape involves such actions as aestivation, a condition of prolonged dormancy, or torpor,

主语 谓语 宾语 同位语

during which animals reduce their metabolic rate and body temperature during the hot

定语从句

season or during very dry spells.

佳句妙译 逃避行为包括诸如夏眠的这类行为，夏眠是一种长时间休眠或者迟缓的状态，发生在炎热季节或者干旱期，在此期间动物会降低代谢速度和身体温度。

句法精析 这句话是复合句，整个句子的结构是主语 + 谓语 + 宾语 + 同位语 + 定语从句，如下：

主语: Escape

谓语: involves

宾语: such actions as aestivation

同位语: a condition of prolonged dormancy, or torpor

定语从句: during which animals reduce their metabolic rate and body temperature during the hot season or during very dry spells

词汇拓展 aestivation [ˌestrɪ'veɪʃn] n. 【动】夏蛰，夏眠

播 aestivation period 夏眠期

condition [kən'dɪʃn] n. 状态；环境；条款；前提

例 The motorcyclist was in a critical condition in hospital last night. 那位摩托车手昨晚在医院生命垂危。

prolong [prə'lɔ:ŋ] v. 延长

例 The operation could prolong his life by two or three years. 这次手术可使他多活两到三年的时间。

派 prolongation (n. 延长；延伸)

6

The sparse distribution of the feathers, however, also allows considerable lateral air

主语 插入语 谓语 宾语

movement over the skin surface, thereby permitting further heat loss by convection.

状语 1

分词作状语 2

佳句妙译 然而，稀疏分布的羽毛使得大量的侧面风吹过皮肤表面，由此通过对流带走更多热量。

句法精析 这句话是简单句，整个句子的结构是主语 + 插入语 + 谓语 + 宾语 + 状语 1 + 状语 2，如下：

主语：The sparse distribution of the feathers

插入语：however

谓语：also allows

宾语：considerable lateral air movement

状语 1：over the skin surface

状语 2：thereby permitting further heat loss by convection

词汇拓展 **distribution** [ˌdɪstrɪˈbjʊ:ʃn] *n.* 分配；分发；分销

例 The map shows the distribution of this species across the world. 地图上标明了这一生物在全世界的分布情况。

considerable [kənˈsɪdərəbl] *adj.* 相当多（或大、重要等）的

例 The project wasted a considerable amount of time and money. 这项工程耗费了相当多的时间和资金。

派 considerably (*adv.* 相当多地)

7

A major development was the discovery, again about 3000 B.C.E., that if copper, which had

主语 系动词 表语 状语

been known in Mesopotamia since about 3500 B.C.E., was mixed with tin, a much harder

同位语从句

metal, bronze, would result.

佳句妙译 一项重大进步同样发生在公元前 3000 年，人们发现如果在自公元前 3500 年就流传于美索不达米亚的铜中混合锡这种更坚硬的金属，就能生产出青铜。

句法精析 这句话是复合句，整个句子的结构是主语 + 系动词 + 表语 + 状语 + 同位语从句，如下：

主语：A major development

系语：was

表语：the discovery

状语：again about 3000 B.C.E.

表语从句：that if copper, which had been known in Mesopotamia since about 3500 B.C.E., was mixed with tin, a much harder metal, bronze, would result

词汇拓展 **discovery** [dɪˈskʌvəri] *n.* 发现；发觉

例 She was shocked by the discovery that he had been unfaithful. 她发现他不忠时感到非常震惊。

8

An increasingly sophisticated system of administration led in about 3300 B.C.E. to the

并列主句 1

appearance of writing, and the earliest script was based on logograms, with a symbol

并列主句 2

being used to express a whole word.

佳句妙译 一个逐渐复杂的管理体系大约在公元前 3300 年促使了写作的诞生，最早的手稿以速记符号为基础，使用一个符号表达整个单词。

句法精析 这句话是并列句，整个句子的结构是并列主句 1 + 并列主句 2，如下：
 并列主句 1: An increasingly sophisticated system of administration led in about 3300 B.C.E. to the appearance of writing
 并列主句 2: and the earliest script was based on logograms, with a symbol being used to express a whole word

词汇拓展 **sophisticated** [sə'fɪstɪkeɪtɪd] *adj.* 老练的；精密的；水平高的
 例 Mark is a smart and sophisticated young man. Mark 是一个聪明老成的年轻人。
appearance [ə'pɪərəns] *n.* 外貌；起源；公开露面
 例 She had never been greatly concerned about her appearance. 她从来不怎么注意外貌。

9

While population estimates are notoriously unreliable, scholars assume that Uruk inhabitants

让步状语

主语 谓语

were able to support themselves from the agricultural production of the field surrounding the

宾语从句

city, which could be reached with a daily commute.

定语从句

佳句妙译 众所周知人口估计的数据是不可靠的，但是学者们认为乌鲁克居民可以通过日常与周围地区的通勤，得到周围地区出产的农产品以实现自给自足。

句法精析 这句话是复合句，整个句子的结构是让步状语从句 + 主语 + 谓语 + 宾语从句 + 定语从句，如下：

让步状语从句: While population estimates are notoriously unreliable

主语: scholars

谓语: assume

宾语从句: that Uruk inhabitants were able to support themselves from the agricultural production of the field surrounding the city

定语从句: which could be reached with a daily commute

词汇拓展 **notoriously** [nou'tɔ:riəsli] *adv.* 众所周知地；臭名昭著地

例 Mountain weather is notoriously difficult to predict. 山地天气难以预料是人所共知的。

inhabitant [ɪn'hæbɪtənt] *n.* 居民；栖息动物

例 Mike is the oldest inhabitant of the village. Mike 是这个村庄最老的居民。

派 inhabit (v. 居住于)

commute [kə'mju:t] *n.* 通勤 *v.* 上下班往返；经常往返（于两地）

例 She commutes from Oxford to London every day. 她每天往返于牛津与伦敦之间。

10

A glance at a map of the Pacific Ocean reveals that there are many islands far out at sea
 主语 谓语 宾语从句
that are actually volcanoes—many no longer active, some overgrown with coral—that
 插入语
originated from activity at points in the interior of the Pacific Plate that forms the Pacific
 定语从句 1 定语从句 2
seafloor.

佳句妙译 扫一眼太平洋的地图就能知道，处于海洋深处的众多岛屿其实都是火山——其中有很多已经不活动了，有一些长满了珊瑚——这些火山都起源于当时太平洋板块内部一些部位在形成太平洋海底时的地质活动。

句法精析 这句话是复合句，整个句子的结构是主语 + 谓语 + 宾语从句 + 插入语 + 定语从句 1 + 定语从句 2，如下：

主语：A glance at a map of the Pacific Ocean

谓语：reveals

宾语从句：that there are many islands far out at sea that are actually volcanoes

插入语：many no longer active, some overgrown with coral

定语从句 1：that originated from activity at points in the interior of the Pacific Plate

定语从句 2：that forms the Pacific seafloor

词汇拓展 **originate** [ə'ri:dʒɪneɪt] v. 起源；创立

例 The disease is thought to have originated in the tropics. 人们认为这种疾病起源于热带地区。

interior [ɪn'tɪriər] n. 内部；内陆；内政

例 The original interior of the hotel has been replaced. 酒店原来内部的装潢都被替换了。

反 exterior

11

Most volcanoes that occur in the interiors of plates are believed to be produced by mantle
 主语 谓语 宾语
plumes, columns of molten rock that rise from deep within the mantle.
 同位语

佳句妙译 大多数发生在板块内部的火山爆发都被认为是由地幔柱引发的，地幔柱即从地幔深处涌出的熔岩形成的柱体。

句法精析 这句话是复合句，整个句子的结构是主语 + 定语从句 + 谓语 + 宾语 + 同位语 + 定语从句，如下：

主语：Most volcanoes that occur in the interiors of plates，其中包含 that 引导的定语从句

谓语：are believed

宾语：to be produced by mantle plumes

同位语：columns of molten rock that rise from deep within the mantle，其中包含 that 引导的定语从句，进一步说明 mantle plumes

12

Low prey population levels then provide inadequate food for the predators, causing the

并列主句 1

predator population to decrease, and when this occurs, the prey population can rebound.

伴随状语

时间状语从句

并列主句 2

佳句妙译 被捕食动物数量的不足造成了捕食者食物的缺乏，使捕食者数量下降；当这个情况发生时，被捕食动物的数量会反弹。

句法精析 这句话是并列复合句，整个句子的结构是并列主句 1 + 伴随状语 + 时间状语从句 + 并列主句 2，如下：

并列主句 1: Low prey population levels then provide inadequate food for the predators

伴随状语: causing the predator population to decrease

时间状语从句: when this occurs

并列主句 2: and...the prey population can rebound

词汇拓展 **predator** ['predətər] *n.* 捕食性动物；剥削者

例 Some animals have no natural predators. 有些动物没有天敌。

rebound [rɪ'baʊnd] *v.* 反弹；反作用于；回升

例 The ball rebounded from the goalpost and Owen headed it in. 球从门柱弹回，Owen 头球将球攻进。

13

Do increasing numbers of hares lead to overharvesting of plants, which in turn results in

并列主句 1

定语从句

reduced hare populations, or do increasing numbers of lynx lead to overharvesting hares?

并列主句 2

佳句妙译 是野兔数量的增长使得植物被过度破坏，随之导致了野兔的减少？还是山猫的增加导致了野兔被过度捕捉？

句法精析 这句话是并列复合句，整个句子的结构是并列主句 1 + 定语从句 + 并列主句 2，如下：

并列主句 1: Do increasing numbers of hares lead to overharvesting of plants

定语从句: which in turn results in reduced hare populations

并列主句 2: or do increasing numbers of lynx lead to overharvesting hares

词汇拓展 **hare** [her] *n.* 野兔

lynx [lɪŋks] *n.* 山猫

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If the water table intersects the land surface, groundwater will flow out onto the surface at

条件状语从句

主句

springs, whether to be collected there or to subsequently flow farther along drainage.

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South African farmers who maintain herds of wild eland (large African antelopes with short, twisted horns) report that the offspring soon diminish in size, unless wild bulls are introduced constantly from outside.

主 语

谓 语

宾 语 从 句

佳句妙译 饲养野生大羚羊群（非洲一种螺旋状短角大羚羊）的南非农民报告称，除非不断引入外来的野牛，否则大羚羊群的后代将很快减少。

句法精析 这句话是复合句，整个句子的结构是主语 + 定语从句 + 谓语 + 宾语从句 + 条件状语从句，如下：

主 语：South African farmers who maintain herds of wild eland (large African antelopes with short, twisted horns)，其中还包含一个由 who 引导的定语从句

谓 语：report

宾 语 从 句：that the offspring soon diminish in size, unless wild bulls are introduced constantly from outside，其中还包含一个由 unless 引导的条件状语从句

词汇拓展 **maintain** [meɪn'teɪn] v. 维持；维修；抚养；饲养

例 The two countries have always maintained close relations. 这两个国家一直保持着密切关系。

diminish [dɪ'mɪnɪʃ] v. 减少；减弱；贬低

例 The world's resources are rapidly diminishing. 世界资源正在迅速减少。

同 decrease, belittle

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Whatever the source of the original tamed herds might have been, it seems entirely likely that much the same process of juxtaposition (living side by side) and control occurred in both southwest Asia and northern Africa, and even in Europe, among peoples who had an intimate knowledge of the behavior of wild cattle.

状 语 从 句

主 句

表 语 从 句

佳句妙译 不管最初被驯服的畜群来自哪里，很可能西南亚和北非都经历了毗邻（一起生活）与控制的过程，甚至在欧洲这个人们熟识野牛行为的地方也是如此。

句法精析 这句话是复合句，整个句子的结构是状语从句 + 主句 + 表语从句，如下：

状 语 从 句：Whatever the source of the original tamed herds might have been

主 句：it seems entirely likely

表 语 从 句：that much the same process of juxtaposition (living side by side) and control occurred in both southwest Asia and northern Africa, and even in Europe, among peoples who had an intimate knowledge of the behavior of wild cattle

词汇拓展 **juxtaposition** [ˌdʒʌkstəpə'zɪʃn] n. 并置；毗邻

intimate ['ɪntɪmət] adj. 亲密的；密切的；精通的

例 He has an intimate knowledge of the English countryside. 他对英格兰乡村了解得非常透彻。

① The importance of olfactory communication (using odors to communicate) in the way of
 主语
life of deer was documented by a study of captive adult male deer a few decades ago,
 谓语 方式状语 时间状语
which noted that males rubbed their foreheads on branches and twigs, especially as
 定语从句
autumn approached.

佳句妙译 气味交流（用气味沟通）在鹿群生活中的重要性在几十年前就已被一个与被捕获成年雄鹿有关的学术研究证实；研究指出，雄鹿会用前额摩擦树杈和树枝，在秋天临近的时候尤甚。

句法精析 这句话是复合句，整个句子的结构是主语 + 谓语 + 方式状语 + 时间状语 + 定语从句 + 宾语从句 + 状语从句，如下：

主语：The importance of olfactory communication (using odors to communicate) in the way of life of deer

谓语：was documented

方式状语：by a study of captive adult male deer

时间状语：a few decades ago

定语从句：which noted that males rubbed their foreheads on branches and twigs, especially as autumn approached，其中又包含了 that 引导的宾语从句和 as 引导的状语从句

词汇拓展 approach [ə'prəʊtʃ] v. 接近；建议；处理

例 As you approach the town, you'll see the college on the left. 快到市镇时就可以看见左边的学院。

② Scrapes consist of a clearing (about 0.5 meter in diameter) and shallow depression made
 并列主句 1
by pushing aside the leaves covering the ground; after making the scrape, the deer typically
 时间状语 并列主句 2
urinates in the depression.

佳句妙译 刮擦（动作）包括清空地面（大概是以 0.5 米为直径的范围），并将地面上的叶子推到旁边弄出一个浅坑；之后，鹿一般会在坑处小便。

句法精析 这句话是并列复合句，整个句子的结构是并列主句 1 + 时间状语 + 并列主句 2，如下：
 并列主句 1: Scrapes consist of a clearing (about 0.5 meter in diameter) and shallow depression made by pushing aside the leaves covering the ground

