



泰迪英语
TIDE ENGLISH

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Writing

按照新课程标准

选择泰迪英语的理由

- 对各种常见话题的词汇、句型、段落进行详细归纳和总结，给出经典的模板，并附之以名师的点评及方法指导，达到快速掌握写作技巧和方法的效果。
- 对各版本教材及历年写作考试试题按照话题进行分类总结并加以训练，可以直接瞄准考试，提升效率。
- 以「周」为时间单位对写作的各环节进行系统训练，通过练词、练句到最后的谋篇、循序渐进，让写作变得更有规律更为简单。

按照新课程标准的要求，侧重在过程中总结学习方法，充分体现了循序渐进的精神。

英语写作

倍速专练

八年级上

南方出版社



◎使用说明◎

本书特色

精选此类话题的经典范文,引领您去欣赏其亮点,从而得到启发,明白写作的方向。

收录了此类话题涉及的好词、好句、好段,帮您达到妙语连珠的境界,让您的作文脱颖而出,给阅卷老师留下深刻的印象。

针对每周的好词设置题型多样的练习题,从而达到巩固记忆的效果,为后面独立成文打下基础。

针对每周的好句、好段设置题型多样的练习题,从而达到巩固记忆的效果,为后面独立成文打下基础。

帮您理清写作思路,教您如何审题,让您不但知道写什么,而且知道如何写得更好。

根据学生的写作现状,精心设计了简洁而又易于套用的模板,让您能够写得更好。

保证同类话题的前提下,打造出体裁多样,与学生密切相关的作文题,让您在写作时有可写而且文思泉涌。

本书每周呈现一篇小短文,或传递文化知识,或折射社会热点,或反映新闻时事,或蕴含生活哲理,让您不仅增长知识,也增长见识。

◆ 体例新颖

以历年中考及主流版本教材常出现的话题范围作为本书的横向成书主线,极其精到的词、句、段落、篇章设置作为本书的纵向主线,纵横交织,井然有序,构织出英语写作必得高分的精密网络。

◆ 方法独特

针对必考话题的词汇、句型、段落、篇章进行精妙的归纳与练习,注重基础训练,积累与实战操练相得益彰,英语写作能力获得空前提高。是最适合学生的英语写作书!

◆ 实用性强

本书与学生所学教材内容紧密联系,因此它不仅可用于写作训练,还可用于对教材内容的巩固与拓展训练,且本书几乎包括了近年来全国各地中考书面表达所涉及的所有话题的作文。因此,它能有效提高学生的写作应试能力。

第一周 人物介绍 Introducing People Monday 开卷有益

【精彩美文】

I have a new friend. She comes from Changsha. Her name is Li Fang. She has two big bright eyes and a round face. She likes singing, dancing and swimming.

【词汇吧】

come/be from 来自……

like doing sth. 喜欢干某事

two big bright eyes 一双明亮的大眼睛

a round face 一张圆脸

【句子探吧】

She likes singing/dancing/swimming ... 她喜欢唱歌/跳舞/游泳……

She always has a smile on her face. 她的脸上总是洋溢着笑容。

She looks very nice/beautiful. 她看上去很漂亮。

With her help, I begin to enjoy English. 在她的帮助下,我开始喜欢英语了。

All of us get on well with her. 大家都与她相处得很融洽。

【段落喜吧】

This is Mary. She is from America. Her family name is Cooper. She is thirteen. She likes to eat different kinds of foods. She likes rice, noodles, hamburgers and meat very much, but she doesn't like dumplings or porridge. She loves her classmates. And she is always ready to help others. All of us get on well with her.

Tuesday 振振有词

一、我是小小翻译家。

1. 去上学_____

2. 来自_____

Wednesday 句句是道

二、实战翻译我第一。将下列句子翻译成英语。

1. 我哥哥帮助我学游泳。_____

Thursday 有模有样

【写作要领】

一、审题要点:

1. 体裁:记叙文; 2. 时态:一般现在时; 3. 人称:第三人称,如 She/He is ...

二、内容要点:

1. 外貌特征的描写:如高、矮、胖、瘦等;

2. 个人喜好的描写:如擅长的学科,喜欢吃的食物,爱好的运动等;

3. 人物品质的描写:如是否爱助人为乐,与大家的关系怎样等。

【全文模板】

A New Friend

I have _____. Her name is _____. She _____ Beijing.

She has _____. She is _____. She looks _____. She _____ English.

Friday 小巧玲珑

【大显身手】

在我们的日常学习与生活中,老师的教导就像丝丝春雨时刻滋润着我们的心田。他们不仅仅是老师,有时更像我们的父母与朋友。现在,请你以“My Teacher”为题写一篇60词左右的短文,描述一下你心目中最喜欢的老师的形象。

Weekend 语文阅读

My Friend

I have a little friend. She is only one. 我有一位小朋友,她只有一岁。

前言

英语写作是一种创作性的学习过程。在国际交往中,我们经常需要用书面的语言来表达思想、传递信息。因此具有一定的英语写作能力是我们学习英语的重要任务之一。

本书正是这样一套与八年级课标要求、教材进度完全同步的写作手册。它按照英语课程标准对八年级写作技能训练的要求,以周为单位科学设置相应话题,将写作策略与实践巧妙地结合。

本书的主要特点为:

写作同步——本书涉及的写作话题、文章体裁、技能要求完全与课程标准对八年级英语教学的要求吻合。设计作文所需的词汇、短语、句型和语法等项目,全都体现了其“源于教材,学以致用”的编写理念。

话题全面——本书包含新课标要求的八年级应涉及的所有话题项目,精确点拨每个话题,结合教材内容,选取贴近学生生活的话题进行强化训练,使话题和各版本教材紧密联系,让学生心有灵犀,有话可说。

全新体例——星期一通过一篇精彩范文引出与本周话题相关的好词好句好段,供学生背诵;星期二对本话题的好词进行练习;星期三对本话题的好句进行练习;星期四通过一篇典型的本话题写作给出写作提纲和模板,再给出满分范文并对范文加以点评;星期五给出写作题目进行练习,列出写作提纲或给出写作指导并介绍与本话题相应的写作体裁,知识性强。周末安排时尚经典的英语趣闻,寓学于乐,使学生在写作之余,放松心情。

循序渐进——针对初中学生英语学习的特点,本着由浅入深、循序渐进的原则,每周的话题写作从周一到周五按要求布置相应的内容,让学生写作时水到渠成。

别出心裁——周二【振振有词】和周三【句句是道】为传统的习题训练,习题内容却是围绕本周话题进行多样化设置,使学生在不经意中已掌握好词好段,为周四、周五写作厚积薄发。你想改变英语学习时间与英语写作水平不相称的状况吗?你想走出英语写作无从下手的困惑吗?打开这本书吧,她将助你提高英语写作能力,让你体验轻松写作的快乐。

总之,本书内容紧贴教材及社会热点,形式新颖又极具科学性与实效性。训练步骤环环相扣,循序渐进;各种练习平淡中见真实,朴实中藏奥妙。相信只要你坚持按要求认真使用此书,你的写作水平将有明显提高。同时,你的词汇知识与语法运用能力也会有所突破;此外,你会吃惊地发现自己的阅读能力也在不知不觉中得到提升。

衷心希望此书能在你成功的道路上助你一臂之力。



一 读写系列

- (1) 《英语读写周计划》(七年级上)
- (2) 《英语读写周计划》(八年级上)
- (3) 《中考英语读写周计划》
- (4) 《英语读写周计划》(高一上)
- (5) 《英语读写周计划》(高二上)
- (6) 《高考英语读写周计划》

二 写作系列

- (1) 《英语写作倍速专练》(七年级上)
- (2) 《英语写作倍速专练》(八年级上)
- (3) 《中考英语写作倍速专练》
- (4) 《英语写作倍速专练》(高一上)
- (5) 《英语写作倍速专练》(高二上)
- (6) 《高考英语写作倍速专练》

三 词汇系列

- (1) 《中考词汇巅峰集训》
- (2) 《高考词汇巅峰集训》
- (3) 《初中必备词汇完全攻略》
- (4) 《高中必备词汇完全攻略》
- (5) 《中考考点词汇一点通》
- (6) 《高考考点词汇一点通》
- (7) 《中考词汇分阶规范释析》
- (8) 《高考词汇分阶规范释析》

四 随身行系列

- (1) 《中考英语知识清单随身行》
- (2) 《高考英语知识清单随身行》

五 专项突破系列

- (1) 《专项突破系列—中考听力终极揭秘》
- (2) 《专项突破系列—高考听力终极揭秘》
- (3) 《专项突破系列—中考听力终极冲刺》
- (4) 《专项突破系列—高考听力终极冲刺》
- (5) 《专项突破系列—中考语法终极揭秘》
- (6) 《专项突破系列—高考语法终极揭秘》
- (7) 《专项突破系列—中考语法终极冲刺》
- (8) 《专项突破系列—高考语法终极冲刺》
- (9) 《专项突破系列—中考写作终极揭秘》
- (10) 《专项突破系列—高考写作终极揭秘》
- (11) 《专项突破系列—中考阅读理解终极揭秘》
- (12) 《专项突破系列—高考阅读理解终极揭秘》
- (13) 《专项突破系列—中考阅读理解终极冲刺》
- (14) 《专项突破系列—高考阅读理解终极冲刺》
- (15) 《专项突破系列—中考完形填空终极揭秘》
- (16) 《专项突破系列—高考完形填空终极揭秘》
- (17) 《专项突破系列—中考完形填空终极冲刺》
- (18) 《专项突破系列—高考完形填空终极冲刺》

六 限时阅读系列

- (1) 《英语限时阅读随堂练》(七年级上)
- (2) 《英语限时阅读随堂练》(八年级上)
- (3) 《英语限时阅读随堂练》(九年级)
- (4) 《英语限时阅读随堂练》(高一上)
- (5) 《英语限时阅读随堂练》(高二上)
- (6) 《英语限时阅读随堂练》(高三)

七 语法工具书系列

- (1) 《初中教材语法精解随身备》
- (2) 《高中教材语法精解随身备》

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有意合作的老师请和我们联系,我们期待与您的合作。

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Topic 健康 Health

Monday 开卷有益

【精彩美文】

Smoking and Health

Smoking is bad for health. Every year many people get ill because of it. Ninety percent of people who have lung cancer are smokers.

Smoking is harmful to the health of the people around, too. So few people like staying together with smokers in our daily life. And smoking can cost you much money every year. If you are a smoker, you should try to give up smoking little by little. When you want to smoke, you can eat some nuts or sugars.

Do you want to be in good health? Please stop smoking now!

吸烟与健康

吸烟有害健康。每年很多人因为吸烟而得病。肺癌患者中90%的人是烟民。

吸烟对于周围人的健康同样有害。所以日常生活中很少有人愿意和抽烟的人待在一起。再说,抽烟每年会花掉你大量的钱财。如果你是一个烟民的话,就应该逐步戒烟。真到了想抽一口的时候,可以吃点坚果或者糖。

你想拥有好的身体吗?那现在就戒烟吧!

【词汇吧】

keep fit/stay healthy 保持健康

get old 衰老

exercise a lot 多锻炼

early rising 早起

get ill 生病

have a balanced diet 平衡饮食

go to bed early 早睡

a good habit of sleeping 好的睡眠习惯

worry about one's health 担心某人的健康

a healthy lifestyle 健康的生活方式

be harmful to health/be bad for health 对健康有害

be in good health 身体健康

never stay up late 从不熬夜

be good for health 有益于健康

be stressed out 压抑的,精神紧张的.

be weak 虚弱

eat and drink too much 暴饮暴食

live healthily 健康地生活

【句子探吧】

Exercise is good for your health. 锻炼有益于身体健康。

It is good to run every day. 每天跑步有好处。

We should exercise often to stay healthy. 我们应该经常锻炼以保持身体健康。

A little labor brings much health. 适量劳动对健康大有益处。

Health is more important than wealth. 健康比财富更重要。

To keep healthy, we should eat healthy food. 要保持健康,我们应该吃健康的食品。

Health is very important to every one of us. 健康对于我们每个人都很重要。

To exercise every day is very necessary. 每天锻炼很有必要。

We should sleep well. 我们应该有好的睡眠。

Please wash your hands before you eat. 吃饭前请洗手。

【段落赏吧】

★ Exercise is good for our bodies. If we play sports every day, we will benefit a lot. If we play sports more, we will eat well, and then we will be more healthy! So everyday exercise is necessary!

运动对我们的身体有好处。如果我们天天参加体育锻炼,就会受益匪浅。运动多了,胃口就好,然后身体就棒。所以日常锻炼很有必要。

★ If you want to be healthy, you must pay attention to the following. Firstly, you should get enough sleep, and do morning exercises every day. Secondly, you should have meals at regular time and do not hurry when you eat. Thirdly, when you come back from school, go out into the open air and play for an hour or so. 如果你想有健康的身体,必须注意以下几点:第一,要有充足的睡眠,每天都要做早操;第二,吃饭要定时,吃饭时不要太匆忙;第三,每天放学回家后,到户外玩耍一个小时候左右。

★ I'm tired and I'm stressed out. I can't sleep very well at night because I worry about my lessons. And I sometimes get headache ... In China, you talk about *yin* food and *yang* food. Should I eat more *yin* food or more *yang* food? 我很累,而且感到精神紧张。因为担心功课,晚上总是睡不好。并且有时候头疼……在中国,你们常谈起阴性食物和阳性食物,我是该多吃一些阴性食物还是阳性食物呢?

★ Health is happiness. Only when we are healthy, can we study and work happily. How can we keep healthy? I think we should exercise every day. 健康就是幸福。只有拥有了健康,我们才能快乐地学习和工作。我们怎样才能保持健康呢?我认为我们应该每天坚持体育锻炼。

Tuesday 振振有词

一、你能为左栏短语选择恰当的解释或意义相近的词吗?

- | | |
|------------------------|-------------------------|
| 1. be helpful | a. be stressed out |
| 2. keep fit | b. be harmful to |
| 3. a healthy lifestyle | c. be pleased with |
| 4. be bad for | d. be of help |
| 5. be not relaxed | e. a good way of living |
| 6. feel happy | f. stay healthy |

二、你能根据句意及首字母提示补全单词,完成句子吗?

- I don't f _____ well, so I want to see a doctor.
- Everyone lives his own l _____.

3. Don't w _____ about your lessons and just stay at home for a good rest.

4. —What's the matter with you? ()

—I am a bit s _____ out.

5. Stop working and go out into the open a _____ for a rest.

三、你能用括号中单词的适当形式填空,完成句子吗?

1. The old man has a serious _____ (ill).

2. You should exercise often to keep _____ (strongly).

3. It is important to have the good habit of _____ (get) up early.

4. Do you have any problems in _____ (stay) fit?

5. Here I have some _____ (advice) for you.

6. Early rising is good for us in many _____ (way).

四、你能从方框中选择合适的单词填入横线,使句子通顺吗?

weak thirsty balanced important unhealthy stressed

1. If you eat bad food or drink cold water, you will be _____.

2. Tony is ill. So he is very _____.

3. It is very _____ to have a good lifestyle.

4. I'm very _____, and I want to drink some water.

5. He is _____ out before the football match.

6. Do you have a _____ diet?

Wednesday 句句是道

一、你能根据所积累的短语完成下列句子吗?

1. 你知道李老师的健康情况吗?

Do you know _____ Mr. Li's _____?

2. 我们都应该有健康的生活方式。

We all should have _____.

3. 我没有时间锻炼身体和放松。

I have no time _____.

4. 当你感到很累时,就应该好好休息。

When you _____, you should _____.

5. 我夜里睡不好觉。

I _____ at night.

6. 记住读书和写字时要坐直。

_____ sit straight when you read and write.

7. 对于我们来说,吸烟是很不好的。

It's bad _____.

8. 学生们应得到足够的睡眠。

Students should get _____.

二、你能按要求改写下列句子吗?

1. I do a lot of exercise every morning. (改为同义句)
I _____ a lot every morning.
2. Many people get ill because they smoke. (对画线部分提问)
_____ many people get ill?
3. We must wash our hands before we eat dinner. (对画线部分提问)
_____ before we eat dinner?
4. I should eat yang food. (用 yin food 改为选择疑问句)
_____?
5. I am feeling very well today. (对画线部分提问)
_____ today?

三、你能把下列打乱的单词重新排列,并组成通顺的句子吗?

1. often, you, tired, are
_____?
2. with, should, sugar, you, drink, tea
_____.
3. eat, diet, you, balanced, do, a
_____?
4. thirsty, I, hungry, and, am
_____.
5. believes, John, important, healthy, have, it's, to, a, lifestyle
_____.
6. should, a, you, doctor, maybe, see
_____.
7. nice, to, how, from, hear, again, you
_____.
8. can, nobody, happily, live, health, without
_____.
9. to, should, try, we, healthy, keep
_____.
10. did, also, I, some, homework, night, at
_____.

四、善始善终。

1. 阅读下面的段落,你能选择一个合适的结尾句,使短文完整吗?

You should do morning exercises every day. Do not have meals hurriedly. Remember to sit straight when you read and write. Breathe in as much fresh air as you can. Have a cold shower every morning. Wash your hands before meals. _____

- A. Of course, there are some other things you shouldn't do.
- B. If you do all these above, you will be strong and healthy.
- C. I think you can do these well.

D. Do you remember? Come and try, please.

2. 你能从方框中选择恰当的连接词填入横线上,使短文通顺吗?

now, in order to, and, as, so, only, because, but

Health is the foundation of one's life. No one can live well without it. It is the most important of all. ① _____ we can say health is wealth. ② _____ we know, ③ _____ when you are healthy, can you work happily ④ _____ live happily. Health can bring wealth. ⑤ _____ keep us healthy, we should exercise every day. Sports are good for our body, and if we play sports every day, we can be energetic(精力充沛的). And we should have a nice sleeping habit. The English saying goes well, "Early to bed, early to rise, makes a man healthy, wealthy and wise." Do you think so?

Thursday 有模有样

一个人的健康状况与饮食、体育锻炼、睡眠以及心情等都有着很大的关系。请结合你所了解的健康知识,以“The Ways to Stay Healthy”为题,写一篇 70 词左右的短文,谈论你对保健的看法。

【写作要领】

一、审题要点:

1. 体裁: 事理说明文;
2. 时态: 一般现在时;
3. 人称: 人称为泛指,因此可以用第一人称 we,也可以用第二人称 you。

二、内容要点:

1. 合理的饮食对于健康很重要;
2. 每天坚持体育锻炼,可以使人身体健壮;
3. 足够的睡眠是健康的保障。

【参考词汇】

be important 重要的

stay healthy 保持健康

be good for ... 对……有好处

work hard 努力工作

be necessary to do ... 做……很必要

a balanced diet 平衡的饮食

exercise a lot 多锻炼

【金点模板】

The Ways to Stay Healthy

_____ very important. It is necessary to know _____.

Firstly, we should _____. Fruits are _____. Don't forget to eat an apple every day! Eat plenty of foods high in protein.

Secondly, we should _____ a lot every day to keep our bodies strong.

Finally, we should sleep _____ each night, and never _____.

Doing so, we can stay healthy.

【样本析】

The Ways to Stay Healthy

范文	点评
<p>① Health is very important. ② It is necessary to know the ways to stay healthy.</p> <p>③ Firstly, we should have a balanced diet. ④ Fruits are good for health. Don't forget to eat an apple every day! Eat plenty of foods high in protein.</p> <p>Secondly, we should ⑤ exercise a lot every day to keep our bodies strong.</p> <p>Finally, we should sleep for about 8 hours each night, and never overwork.</p> <p>⑥ Doing so, we can stay healthy.</p>	<p>①语言简练,抛砖引玉,引出主题句②。</p> <p>②常用句型 It is ... to do ...用得妙!</p> <p>③用 firstly, secondly ... 列举,使得文章思路清晰。</p> <p>④fruit 用复数形式,表示“各种水果”。</p> <p>⑤exercise a lot 多锻炼,比 do a lot of exercise 针对性强,语言表达更简洁有力。</p> <p>⑥总结,使得文章结构严谨。</p>

保持健康的方法

健康非常重要。很有必要知道保持健康的方法。

首先,我们应该注意饮食平衡。水果对健康有好处。不要忘了每天吃一个苹果!多吃富含蛋白质的食物。

其次,我们应该坚持每天锻炼身体,来保持体格健壮。

最后,每晚要保障8小时睡眠,并且不要过分辛苦地工作。

做到以上这些,我们就会保持健康。

Friday 小题大做

【大显身手】

如今,很多人都有睡懒觉的习惯。你觉得早起对于人的健康、工作和学习有好处吗? 请以“Early Rising”为题,写一篇80词左右的短文,谈谈你的看法。

写作要领

一、审题要点:

1. 体裁: 议论文;
2. 时态: 一般现在时;
3. 人称: 用第一人称,如 we。

二、内容要点:

1. 早起对健康有很大的好处,如早晨空气清新;
2. 早起对我们的学习有帮助;
3. 早起对工作有好处: 可以有充足的时间安排一天的事情。

well at work. It also says that the idea that we need less sleep as we get older is wrong. "The older you are, the more important sleep is to your health," the Thomas Report states in its findings. "But not too much of it," says Professor Harrison. "Sleep is like food and drink. The balance between them should be a kind of people who could spend as many hours as they wanted in bed. After ten hours the body finds it very hard to get up in the morning. And people who sleep too much, then nine hours a night is unrealistic than people who usually go to bed at night."

参考范文

Early Rising

Early rising is good for us in many ways.

Firstly, it helps us to keep fit. We all need fresh air, and the air in the morning is fresh. And we can keep healthy by doing morning exercises.

Secondly, it is helpful for our study. We can learn quickly in the morning.

Finally, it can help us plan our work for the new day well. It can give us enough time to get ready for our work.

So I think it is important for people to get up early.

【一文三省】

1. 请你对照范文,耐心寻找自己所写作文的不足之处,并简要地写在下面的横线上。

2. 请你朗读并体悟范文三遍以上,画出范文中你感觉最有用的词组与句型,并写在下面的横线上。

3. 请你使用自己找出来的有用词组与句型造句,并将所造句子写在下面的横线上。

Weekend 时尚看点

Sleep and Health

Babies sleep for up to eighteen hours a day. No one can live healthily without it. Research (研究) by the National Sleep Foundation in Washington says that we all need eight hours' sleep every night. Scientists have found that people who sleep for less than six and a half hours a night are more often ill than people who sleep for eight hours. "Workaholics" (工作狂) who sleep for less than five hours often die young, and do less



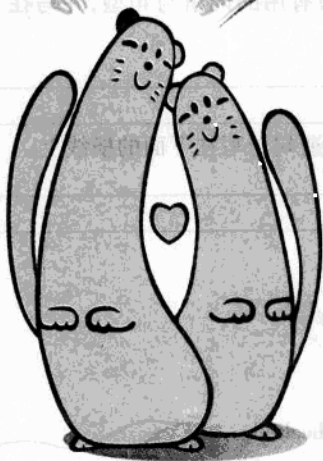
well at work.

It also says that the idea that we need less sleep as we get older is untrue. "People have no idea how important sleep is to their lives," Dr. Thomas Roth, director of the Foundation says. "But not too much of it," says Professor Jim Home. "Sleep is like food and drink". He believes, Professor Home studied a group of people who could spend as many hours as they wanted in bed; after ten hours they didn't find it any easier to get up in the morning. And people who sleep for more than nine hours a night is healthier than people who usually sleep for seven or eight.

睡眠和健康

婴幼儿一天的睡眠时间可达十八个小时。一个人没有睡眠就没有健康生命的存在。在华盛顿的“全美睡眠研究机构”调查表明：人正常的睡眠时间为一天八小时。科学家们还发现：每天睡眠低于六个半小时的人比每天睡眠在八小时的人容易生病。每天睡眠不到五个小时的“工作狂”工作效率很低，并且容易夭亡。

调查结果表明，那种认为上了年纪而睡眠就少的观点是不正确的。托马斯·罗斯医生说：“人们不知道睡眠对于生命的意义有多大。”吉姆·赫姆教授说：“有的人睡眠太少了，睡眠就像食品和饮料。”他还对那些想睡多久就睡多久的人做过研究，那些人即使睡眠超过十个小时，可是第二天仍然不愿意起床，这部分每晚睡眠超过九小时的人明显不如睡眠在七八个小时的人健康。



睡神哲学

- 第一节 精神不佳，小睡片刻
- 第二节 本来要醒了，看到老师，再睡
- 第三节 睡得太累，小歇片刻，睡
- 第四节 古有明训：饭前睡，最高贵；饭后睡，最祥瑞，再睡
- 第五节 同第四节理由，睡
- 第六节 培养下节上课情绪，睡
- 第七节 前面六节都睡了，再睡
- 第八节 晚上回去还要睡，不睡饱点，哪有力气明天再睡，万睡万睡万睡

Topic 假日 Holiday

Monday 开卷有益

【精彩美文】

My Enjoyable Summer Vacation

My summer vacation this year was very enjoyable. I went to the countryside to spend my summer vacation. It was very beautiful there. There were green plants, clear rivers, lovely animals and kind people. I spent two weeks helping my grandfather do some farm work there. I swam in the river near my grandfather's home. I also helped the children there with their lessons. I helped them learn English. Their parents were very thankful.

愉快的暑假

我今年的暑假生活非常愉快。我去农村过的暑假。那儿非常美丽。有绿色的植物,清澈的小河,可爱的动物和善良的人们。在那里的两周中我帮爷爷干了些农活。我在爷爷家附近的小河里游泳,还帮助那儿的孩子们做功课,帮他们学英语。他们的父母很感激我。

【词汇吧】

summer/winter holiday/vacation 暑假/寒假

stay at home 待在家里

do (one's) homework 做作业

do some reading 读书

a place of interest 一处名胜

have a good time 玩得高兴

make friends with ... 与……交朋友

spend one's holiday 度假

go out for a trip 出游

teach oneself at home 在家自学

go swimming/shopping 去游泳/购物

play sports 做运动

read newspaper 看报纸

a nice summer/winter holiday/vacation 一个愉快的暑/寒假



【句子探吧】

The winter holiday this year was really unforgettable. 今年的寒假真令人难忘。

I had an enjoyable/a nice summer holiday this year. 今年暑假我过得很开心。

Wish you a happy holiday. 祝你假日愉快。

What a nice holiday I had! 多么愉快的假期啊!

A new summer holiday is coming. 又一个暑假即将来临。

I plan to play football with my friends every afternoon. 我打算每天下午和朋友们一起踢足球。

I want to have a busy but unforgettable winter holiday. 我想度过一个忙碌而难忘的寒假。

Jim spent his holiday very happily. 吉姆假期过得很愉快。

During the coming summer holiday, I am going to go on with my study. 在即将到来的暑假里,我打算继续学习。

I can have enough time to relax myself. 我有足够的时间来放松自己。

It took us three hours to get there by train. 我们坐了三个小时火车到达那里。

On fine summer mornings, we often get up very early to see the sunrise. 在晴朗的夏日清晨,我们经常起得很早去看日出。

I am going to exercise a lot every day during the winter holiday. 寒假期间我打算每天的锻炼身体。

On May Day, he went to see his grandparents with his father and mother. “五一”那天,他和父母一起去看望了爷爷奶奶。

He spent the whole holiday together with his grandparents. 他和爷爷奶奶一起度过了整个假期。

【段落赏吧】

★ There I made some good friends during the whole holiday. On fine summer mornings, we often got up very early to see the sunrise. We watched the sun rising. It was like a red ball of fire and it made everything around us look very beautiful. 整个假期我在那儿交了很多好朋友。在晴朗的夏日清晨,我们经常早早地起床去看日出,我们看到太阳冉冉升起,就像是一个火球,使得我们周围的景色都美丽起来。

★ Usually I spend most of my winter holiday in watching TV, or reading novels. This year I want to have a different one. My math and physics are weak, so I want to work very hard on them every night, doing lots of exercise. 通常在以往的寒假里,我的大部分时间都花在看电视、读小说中。今年,我想过一个不同寻常的假期。我的数学和物理很薄弱,所以我想利用假期每天晚上用功补习,多做一些习题。

★ I was always busy with my lessons. Luckily, last summer my family went to my uncle's farm. We enjoyed a really interesting holiday. During the holiday, I rode the horse in the fields and milked the cows on the farm. I was happy then! 平时我总是忙于功课。幸运的是,去年夏天我们全家去了叔叔家的农场,过了一个有意义的暑假。整个暑假,我在田野里骑马,在农场里挤牛奶。那个时候我真开心!

★ I had a special winter holiday this year. I spent a lot of time learning computer. At the beginning of the winter holiday, I went to a computer school for a week's study. I would live and study there. It was great, because I could get more knowledge about computer and learn how to look after myself at the same time. 今年我度过了一个特别的寒假。我的很多时间用在了电脑学习上。假期一开始,我就到一家电脑学校进行了为期一周的电脑学习。我在那儿学习和生活。真是太棒了,因为在学习电脑知识的同时,我还学会了如何照顾自己。

Tuesday 振振有词

一、你能为左栏单词选择恰当的解释或意义相近的词吗？

- | | |
|--------------|------------------|
| 1. holiday | a. pleasant |
| 2. enjoyable | b. pleased; glad |
| 3. wish | c. nothing but |
| 4. free | d. not busy |
| 5. take | e. spend |
| 6. excited | f. vacation |
| 7. fresh | g. new |
| 8. only | h. hope |

二、你能用括号中的词的适当形式填空,完成下列句子吗？

- There are many places of _____ (interesting) in the city.
- He made a few friends during his _____ (stay) in the village.
- Is your life _____ (enjoy)?
- Both of his _____ (grandparent) were teachers before.
- Did she _____ (real) say so?
- I was very _____ (exciting) at the good news.
- I spent my whole summer holiday _____ (learn) computer.
- It took us 10 hours _____ (get) to Beijing by air.

三、你的眼光犀利吗？(下列各句中均有一处错误,请找出并改正)

- We made friend with each other during the holiday. _____
- I am always busy in my lessons. _____
- The rising sun in summer like a red ball of fire. _____
- The summer holidays is coming. _____
- The holiday in this year is fun and unforgettable. _____

四、慧眼识才。(请用方框中单词的适当形式填空)。

finish find like last play do travel rise

- The summer holiday _____ from July to August.
- It's a long time for me _____ reading the novel during the holiday.
- I like _____ around the world during summer holidays.
- We should help our parents _____ some housework.
- I _____ it useful to read English loudly every day.
- Can you tell me how _____ computer games?
- We watch the sun _____ on the horizon far away.
- The setting sun (夕阳) is _____ a red ball of fire.

Wednesday 句句是道

一、你能根据所积累的短语完成下列句子吗?

1. 他们决定去北京度假。

They decided to _____ in Beijing.

2. 你假期打算干什么?

_____ for vacation?

3. 你将在那儿呆多久?

_____ will you stay there?

4. 祝你假期玩得愉快!

Wish you _____!

5. 那听起来太有趣了!

That _____!

6. 这个寒假真是令人难忘。

The winter holiday _____.

7. 我经常在假期里帮妈妈做家务。

I often help my mother _____ during the holidays.

8. 我不喜欢在假期里天天做作业。

I don't like _____ every day during the holidays.

二、你能按要求改写句子吗?

A. 改写同义句

1. Sometimes I help my parents with some housework.

Sometimes I help my parents _____ some housework.

2. We can have a good time on the farm.

We can _____ on the farm.

3. My parents and I went to the countryside last week.

I went to the countryside _____ my parents last week.

4. I spent three hours reading the book.

It _____ me three hours _____ the book.

5. We went to Hainan Island for a holiday by air.

We _____ to Hainan Island for a holiday.

B. 按照要求写句子

6. The summer holiday lasts
- from July to August
- . (对画线部分提问)

_____?

7. It took us
- three hours
- to get there by train. (对画线部分提问)

_____?