

慎小嶷

十天突破 雅思口语



附赠光盘

慎小嶷◎编著



A flawed perfection strategy
Blended with a realistic goal
The chaos theory will come in handy
If you try to figure out how ideas were conceived
Rather than how they were presented

环球雅思金牌讲师多年教学经验提炼
数万学生考场实战检验

A Ten-Day Step-by-Step Guide to the IELTS Speaking Test

新英语十日谈丛书

New English Ten-Day Series



To use English freely in the IELTS speaking test has been an aspiration for all of you, but how to fulfill this dream probably is a puzzle for many. In my estimation, overall the Chinese candidates' poor performance has been due to their "overpreparation" or "mispreparation", so to speak, for the IELTS speaking test than to the lack of lexical resources to draw on. The intense cramming and the chunky, indigestible masses that are brutally crammed into their brains render the entire preparation process a strategic failure. And the accompanying psychological insecurity and resistance further aggravate everything...

A Message from the Author



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本书是雅思口语应试技巧大全，包括三个部分：正文、附赠手册和光盘。

正文部分按照天数划分，在十天内分别讲述雅思口语测试要点和应试策略。根据不同的测试内容，提供了百宝箱、素材库等多种应试工具。考生可以根据自己的实际情况，有选择性地使用，不仅方便，而且突出个性。

在讲解真题时，作者总结了历届雅思口语话题，进行了归纳讲解，尽量减少考生的复习量。

除了正常的复习计划之外，作者还安排了三次中场休息，解决语音和特殊话题。

在附赠手册部分，汇集了口语常用表达法的精华，考生可以随身携带。

光盘部分的录音紧随教材和附赠手册，英音朗读，便于考生学习和训练。

本书作者系环球雅思学校金牌写作、口语主讲，培训经验丰富，著有《十天突破雅思写作》。

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风起云扬（三）

这已经是给慎小嶷老师第三次写序言了。第一次写序言是《十天突破雅思写作》第一版。那是一本多么畅销的书啊，在那个雪灾的月份，它像一把火燃烧了整个雅思图书市场。而之后的屡次更新，更是不断加强了这本书的实用性和时效性。特别值得一提的是2009年2月底最新发行的“庆祝《十天突破雅思写作》销售突破五万册精装珍藏版”，不仅添加了精美的腰封，而且内容也全面升级，作为雅思写作备考用书已臻完美。那本书的序言，是我第二次为慎老师写序。

《十天突破雅思写作》之所以受到欢迎是因为它源自实际教学，深厚的学术沉淀和简约的表现力使得这本书成为新的雅思写作标志性产品。在过去的一段时间里，我听到了无数人对它的赞美。作为一名出版人，每当我听到这些赞美，所有的辛苦和疲惫都烟消云散。

之所以写了这么多关于写作的故事，是因为这本口语比写作更为艰巨。

慎小嶷一直努力，希望《十天突破雅思口语》能够继承写作的优点，同时实现新的突破。他希望不仅仅能够提高雅思成绩，而且能够确实帮助读者提高口语水平。他希望雅思口语不仅仅是一种测试，更是激励或者说吸引学生喜欢英语的一种工具。

所以在章节设置上，我们先读到的是“导读”，它类似于留学生在国外大学上课前要听的“介绍”。在“导读”里，他讲述了雅思口语的基本常识，以及他对雅思口语的本质性理解。在此后的十天复习过程中，我们能够体会到，这种理解的魔力。

在整个十天的复习过程中，慎小嶷老师把所有的雅思口语话题，经过详细分类，根据不同的题目难度和风格进行讲解。雅思口语强调的是交流和互动，因此全书也贯穿了互动的形式。亲切的语言风格让读者能够感到慎小嶷正在授课，能够体会到他的关心和细致。

除了正常的复习计划，本书还专门设置了“中场休息”环节，用一种休闲的风格来讲述语音。他希望语音能够帮助考生锦上添花，但是又不希望过多的规则成为学生的负担。所以，这些语音知识都简洁、易懂，而且能够迅速见效。

书中配了很多图片，让读者能够尽快进入话题所描述的状态，全情投入。只有你真心在跟考官交流的时候，考官才会有耐心与你沟通，才能了解你的实力和潜质；只有你真正喜欢雅思口语的时候，复习过程才能成为一种享受，才能够实现口语的飞跃。

整个编写过程耗时一年。慎小嶷老师几易其稿，字斟句酌。而整本书的排版也便不断调整，力图使全书的风格与文字相匹配。

最难的是录音。不仅是专业人士用英音朗读，而且对表现力的要求也很高。录音的划分要让学生能够很容易与书对应，方便学习。要让学生听着轻松、听着专心。仔细听吧，你能领会到的不仅仅是跟考官一样的思维方式，而且能够听出慎小嶷老师的良苦用心！

本书附赠的词汇手册，亦为精挑细选之作，皆为书中所有的词汇经过提炼后整理而成。不仅方便平日学习时背诵，而且还可以让考生在进入考场之前能再快速浏览。

我实在想不出更好的形式来表达我内心的感受。我们应该感谢慎小嶷老师。他不仅给大家奉献了一本好书，而且给学生们树立了良好的做事风格。我的办公室曾经一度成为“十天”系列图书的热线，学生们不断追问后面的书何时出版，我只能说，努力！

吕蕾

Preface

To use English freely in the IELTS speaking test has been an aspiration for all of you, but how to fulfill this dream probably is a puzzle for many.

This book has been conceptualized and devised as a self-study aid, intended for learners who will take the IELTS test within a couple of weeks.

In all honesty, this target audience is best characterized by their taxing anxiety, or even desperation, and the frantic all-nighters when note cards are splayed all over the floor in messy piles. They are so worked up because they are afraid they will end up being unprepared or underprepared for the test. Eventually, most of them step into the test room with their brains jam-packed with rigid templates and corny bromides, many of which are antiquated English. Then, when actually striking up a conversation with the examiner, they find themselves hopelessly tongue-tied and dumbfounded.

Mean band score by most frequent countries or regions of origin (Academic)

Source: www.ielts.org

NATIONALITY	SPEAKING
Bangladesh	5.59
China	5.26
Germany	7.20
China's Hong Kong	5.99
India	5.93
Indonesia	5.82
Iran	6.21
Japan	5.76
Malaysia	6.43
Nepal	5.74
Pakistan	5.72
Philippines	6.76
Russia	6.69
Saudi Arabia	5.89
South Korea	5.61
Sri Lanka	6.31
China's Taiwan	5.64

Thailand	5.66
United Arab Emirates	5.42
Vietnam	5.64

In my estimation, overall the Chinese candidates' poor performance has been due to their "overpreparation" or "mispreparation", if you will, for the IELTS speaking test than to the lack of lexical resources to draw on. The intense cramming and the chunky, indigestible masses that are brutally crammed into their brains render the entire preparation process a strategic failure. And the accompanying psychological insecurity and resistance further aggravate everything.

My four years of experience as an IELTS teacher in China informs me students get most amazing results when they learn with a happy mood. Learning with fun has been a firmly-entrenched pedagogical principle in many Western countries, just as indiscriminate rote learning has been institutionalized in a host of Chinese schools. Now that the readers of this book are about to be tested in a Western language by a Westerner with typically Western thought, it only makes sense the author's best bet would be to shun the awe-inspiring words, the formidably intricate sentences and the baffling grammatical points and just settle for something more approachable, accessible and easier to be transferred to long-term memory.

You must be frowning. Yes, I contradict myself with all the high-sounding, stilted stuff in this foreword. As a matter of fact, no matter who you are and where you are from, one thing's for sure: You are not taking the IELTS test anytime soon. Candidates-to-be don't have time for this particular segment of any publications in the first place. Even if they didn't leap right to the first chapter, they couldn't possibly have trudged this far in this section, for it is swamped with words that are unfamiliar to them. Only goes to show how essential it is for me to come up with something less intimidating in the main body of this book.

Given the painstaking efforts Chinese candidates make prior to the IELTS speaking test, on average their scores are deplorably low. I am convinced this far-from-satisfying situation can be largely attributed to the general misunderstanding, or "myth" that only pompous and well-regurgitated wording and phrasing can guarantee good scores in the test. This assumption is dubious on two accounts:

☆ What is a good score anyway? (My understanding of this is the best possible score a candidate can potentially get, so it has more to do with realistic potential than with arbitrary conjecture.)

☆ Do students have to get the examiner completely daunted to get a satisfactory score in a test specifically devised for non-native English speakers? I just wonder.

English-as-a-second-language tests, by definition, do not require the candidates to speak “perfect” English. The ability to express themselves comfortably and to get their messages across effectively are much more desirable than showy bravura. And considering the time constraints candidates are confronted with before the test, principled compromises in expectations would be very much in order.

This book gives its readers access to a wealth of words, phrases, sentences, paragraphs and passages organized by commonly-tested topics. Still, it is advised readers focus more on how the author uses these elements to construct ideas. The primary purpose of this book is not to drill the readers in reciting memorized pieces verbatim, but to coax the readers into orally producing their own ideas about recurrent topics in the IELTS speaking test. With this book, readers will come to the realization speaking English isn't so hard, after all, and they can talk in English too. The conventional wisdom of “Don't speak just to hear yourself talk.” doesn't apply here. I will constantly conjure my readers into “just talking” or even rambling a bit with their flawed but far more laid-back and effectual English. Also, the author will share with you many carefully-crafted, tried-and-true techniques for you to ace this test. Additionally, every now and then, you'll stumble across a variety of things about the English-speaking cultures.

As it turns out, this book is more than a survival kit for IELTS-takers. It winds up more like an escape fiction book more concerned with a distinct escapism from the pedagogical tyranny and archaisms that are dominating the IELTS speaking preparation in China. Such a book will deserve a corner on the market, I'm positive, not just because it's unique, but because of its substantial utility as an alternative genre. The reader will discover his/her own worth and potential and walk away with what the author has put in this publication — self-assurance and strength.

David
2009

From the Author to the Reader

本书的策划

本书的策划从这本书的姐妹篇《十天突破雅思写作》第一版完稿时就开始了。这个策划过程，整整花了将近一年。

也许是因为那本写作书真的太畅销了吧，这一年里，我承受着来自读者、学生和出版公司的巨大压力。当然，他们/她们是希望我把压力转化成动力。They just breathed down my neck, hoping the relentless coercion will turn into motivation. Fair enough.

关于口语书唯一没有给我施加压力的是我的家人。父母跟我通电话的时候，说得最多的一句话是“一定别累着，课多的时候就别写书了。” Hmm, I guess giving reassurance in times of trouble is what parents are for. Chinese parents are totally incredible!

整整一年，我在想些什么呢？

本书的特色

回头看看这12个月里，写这本口语书的过程中我面对最多的问题其实是怎样才能打破雅思口语教学中长期存在的一些思维定势（to think out of the box）。

The unique features of this book include (but are not confined to):

① 对口语考试的三个sections分别给出了有针对性（section-specific）的解决方法。我坚信，如果考生不能区分Part 1的chat本质、Part 2的description本质和Part 3的discussion本质，就不可能在用词、语气、句式等方面给出最合适该部分风格的答案。所以，本书在每个部分的处理上都力求凸显该部分的风格，而不是mix them all up.

② 对于Part 1，本书打破了以往的一问一答式教学法，而是编写了覆盖全部常见topics的素材百宝箱，目的是迫使考生打破长期以来一个答案准备一个题目的备考模式，灵活地运用手头的素材，避免过重的背诵痕迹。

③ 对于Part 2，本书给出的是口语化的答案并且密切联系西方文化背景。在美国，youth culture已经成为一股不可忽视的社会力量，所以在编写Part 2话题解决方法的时候，我强迫自己回到21岁，设想一个位于平均年龄（the median age）的雅思考生会给出什么样的答案。要强调的是，西方人虽然长得比较成熟（They don't age well, you know.），但是心理年龄却相对年轻（They always have a child at heart.），所以如果您是位32岁的读者，请放心掌握本书中模仿21岁读者的心态想出的素材吧。而“口语十大弱智卡片”（Ten Cue Card Answers for the Dummies）这一章，更是凸现了（highlights）口语备考心态年轻化的重要性。

④ 本书的Part 3，强调的是逻辑关系（logical reasoning），这恰恰是很多同学在回答Part 3这样的深入讨论话题时没有能够体现出的能力。Then that would be like totally beside the point.

⑤ 本书对正确口语风格的不懈追求 (a relentless pursuit) 还集中体现在很多章节中出现的口语和书面语对比内容。很多考生的失败原因是该说口语词汇的时候却背出了超难的写作大词, 导致心理承受能力差的考官经受“电击”。还有些考生正好相反, wanna, gonna, dude这样连普通美国人都不会整天说的词说一大堆, 缺乏对有一定难度的口语实词的积累。本书的内容就是要好好搞一个口语的“整风运动”, 让大家了解什么时候该“板”(stuffy), 什么时候该“痞”(funky)。

⑥ 从2008年下半年开始雅思口语正式实行发音量化表打分。虽然我可以打赌 (I'll bet) 口语发音的打分绝对不可能完全量化 (not entirely quantifiable), 但是剑桥既然推出了这个表咱们毕竟要重视。本书的前两次中场休息, 是几年的口语教学经历告诉我中国学生口语发音所有问题的集中展示。我的目标很明确: 通过这两章的学习, 让每个读者的发音达到fairly good (还算不错)的水平。

⑦ 过去四年的教学实践告诉我, 口语考试中考生过于熟练的“超常发挥”带来的往往是考官突然“变脸”, 甚至直接导致考官改换题目, 给自己造成不必要的麻烦。因此, 本书的内容虽然会很有诱惑力 (tempting), 但我要求各位, “对本书全部的内容请你只掌握50%”。(Do stick to our flawed-perfection policy.) 听起来不可理解 (senseless), 但是说口语真的不应该那么天衣无缝 (flawless) 不是吗? 即使使用自己的母语说话, 难道可以做到每句话都不用思考? (Do all the answers just roll off your tongue?) 难道可以做到每个问题都有长篇大论? (Do you feel at home with all the possible topics?) 事实上, 不仅仅是本书, 我要求各位读者一定要用轻松的心态来看待任何一本口语书中的内容, 请牢记: 100%地掌握一本口语书和从没看过任何口语书的人得分可能会是一样的!

如何使用本书

This book is more than a mere collection of possible answers. It is intended to stimulate your thoughts and inspire you to conceive answers of your own. Eventually, you'll realize devising your own answers can be a really fun and gratifying endeavor.

如何使用本书收效最大

本书将提供最新IELTS口语真题的参考答案, 并且将在今后每个印刷版本中保持“与时俱进”(keep up with the times)。但是我并不希望各位只是机械地在考试时背诵本书的内容 (recite the stuff verbatim)。

一个经常被雅思口语考生们忽视的事实是:

IELTS口试是一个时间非常短的考试。Keep in mind that the average duration of this test is 12'.

而且，在这个过程中，全体考生平均考试时间只有10分钟多一点，考官会用其中接近1/3的时间来问你问题。再扣掉Part 2卡片题的1分钟思考时间，如果你的math足够好，请精确计算一下你的真实发言时间将会是多久。很自然的，很多同学考完试之后才发现原来自己对这个平均长度只有12分钟的考试准备得“过好”（over-equipped）。

考前背诵的东西太多，结果是所有的答案在人的头脑中处在一种平均分布的平面状态，没有所谓的重点，也没有所谓的次要，每个词、每个句子都是亮点（highlights），也就都是盲点（blind spots）。

Accordingly, 特别建议考生把这本书读三遍，这样你的收效将会非常明显：

第一遍： Get your feet wet. 试试水有多深。读第一遍的时候你的心态可以是很放松的（laid-back）。先很快地用1~2个小时把本书从头至尾browse一遍，主要是看三个部分考题的topics分类，体会雅思口语用词造句的风格，并且大致确定出本书中的哪些部分是自己下一阶段需要重点花时间精读的。

第二遍： Get a handle on it. 全面了解your mission。这一步我们不再阅读，而是“听读”。请专门拿出一个整天的时间，中间设计4~5个休息时段，认真地把CD中的内容全部听一遍。中间会有很多生词听不懂，没关系，Just stick it out. 需要注意的是：你的心态绝不能像听Eminem的Superman那样放松，也不能在公车或者light rail上很酷地听，同时摆出各种pose。咱们这是在学习，听的时候就集中精力，iPhone, blackberry, PSP全关掉，尽量去模仿CD里的音调，并且努力去多听懂一些。

第三遍： Get it down pat. 这个pat是小写的，是个idiom，意思是去准确了解重点内容。口语考试中大家都背相同的答案是可怕的。我在编写参考答案的时候，自己给自己设定了一个挑战：力争让本书的每个答案都把内容铺得开一些，给读者想象的空间，并且尽可能多地覆盖同类话题的常见词汇和句型。这样，各位读者掌握的时候，只要从参考答案中挑出一部分适合自己水平的词句，就已经可以编出有一定深度并且适合自己的答案了。

在Day 4~Day 9的每天最后，本书还提供了非常实用的online resources, 对于“骨灰级”玩家来说，这部分内容将可以让你的答案做到完全个性化（personalized）。

最后，在读书和“听书”的同时，拜托各位还要经常练习。最好的练习素材，就是口语真题。毕竟这是一本应试的书，要是能帮你把雅思口试过了比什么都强。每个月考前的最新预测题我都会在自己的博客blog.sina.com.cn/ieltspat中贴出来，每次考试后我也会把自己的学生们考试归来收集到的最新真题汇报给大家。你就当是模拟考试了，并且用digital recorder或者MP3 player给自己录音，对比本书CD里面讲发音的两个“中场休息”的内容，这样你的发音在考试之前至少能达到reasonably good的程度。

如果还有什么客套话（pleasantries）要说，我想，就是鼓励朋友们不要紧张吧。雅思口语考试真的是一个超短的考试。It's almost like it ends within a nanosecond. 多数人的感觉是，还没来得及紧张，考试已经结束了。（It's over before you know it.）☺

致谢

Deepest appreciation goes to my parents and my sister, without whom I would not have embarked upon this "cottage industry". Your loving support definitely means a lot to me.

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And most of all, I wish to dedicate this book to the students who have made up my classes in the Global IELTS Institute (Beijing). Their example has continually spurred me to keep working on this book. I hope it will be a nice reminder of our delightful time together.

*Dai
Jun*

*Shoot for the sky,
'cause even if you miss,
you'll still land among the stars.*

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Your Orientation Day

导读

*I'm just another writer
Still trapped within my truth
A hesitant prize fighter
Still trapped within my youth
Sometimes when we touch
The honesty's too much
And I have to close my eyes and hide*

