

全国职称英语等级考试网校专用教材
(2009版 得分技巧与实战训练分册)



职称英语

得分技巧

与

实战训练

张可华 张占杰 主编

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本书作者——北京京华学校职称英语首席主讲张可华、张占杰老师高举职称英语技巧与能力两面大旗，以自己最敏锐的智慧之光，照亮职称英语培训之路。他们最了解职称英语考试及其题型的内在规律，也最能体谅那些人到中年、事务繁忙的职称英语学员从零开始学习英语的艰辛！在职称英语的教研生涯里，他们善于化繁为简，化难为易，寻求比照出最本质、最有效的职称英语解题方法，并在教学中精彩地归纳出了49种职称英语得分方法和技巧，演绎成职称英语视觉与听觉的盛宴；将技巧秘笈与能力实战的奏鸣，奉献给职称英语学员。

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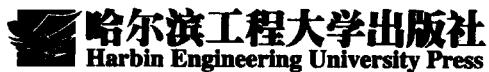
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张可华 张占杰 主编



内容简介

本书专门针对全国专业技术职称英语等级考试中的各种题型编写而成,通过分析其解题思路,总结出了多种极具特色且行之有效的解题方法与技巧,并分类安排了大量模拟题供考生实战训练使用,能够帮助考生在短时间内提升应试能力。

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前　　言

有没有最本质、最有效的解题方法可以使职称英语考试化难为易？

本书作者——京华学校张可华、张占杰老师高举技巧与能力两面大旗，以自己最敏锐的智慧之光，照亮了职称英语培训之路。他们能深刻地理解这种考试及其题型的自身规律，也最能体谅那些人到中年、事务繁忙的学员学习英语的艰辛。十余年来，他们致力于职称英语考试教学研究；十余年来，他们与成千上万的学员共度培训岁月。在职称英语的教研生涯里，他们善于化繁为简，化难为易，寻求比照出最本质、最有效的解题方法，并在教学中精彩地演绎成视觉与听觉的盛宴、技巧秘笈与能力实战的奏鸣，并将其奉献给人们。他们将把最本色的职称英语实战技巧推演到极致。但是他们又绝不哗众取宠，把技巧建立在空中楼阁之上，而是以最经济、最迅捷的方法培养学员必备的知识能力。

什么样的老师擅长将职称英语问题简单化？

职称英语教材内容选自西方书刊各领域的文章，内容难免艰涩，而学员中基础薄弱甚至零基础的大有人在，所以这样的内容对他们来说难度更大。如何将艰涩难懂的问题变得使人容易接受？如何才能让没有任何英语基础的学员也能轻轻松松地通过考试？作者在教学实践中始终面临这些问题，并且一直在丰富完善着解决的办法。实践证明：化繁为简、将复杂问题简单化的技巧、方法对解决上述问题神奇有效。在本书中，作者把其中的技巧思路的轮廓以及必备的知识最经济、最合理地展现出来，通过使用本教材，您将会发现，原来以前视为畏途的内容却是如此简单！

为什么京华学校的职称英语专家在技巧的运用上那么令人难忘？

京华学校张可华、张占杰老师讲技巧方法，令人听过之后难以忘记。因为洞悉职称英语培训，两位老师把方法与技巧结合得相得益彰，一种方法不能适用之处，必有另外的方法去弥补，从而形成完美无缺的方法技巧体系，而且，这种方法技巧体系可以在有限的时间内，使学员最大化地实现语言能力的突破。

这本书实质上是北京京华学校的面授班、网校班所用教材，因为它融进了职称英语教学最前沿、最富才华的老师的全部心血，因而就有了普遍的指导意义与不可多得的价值。希望您在本书的帮助下顺利通过职称英语考试！

由于时间与精力有限，书中难免有纰漏之处，真诚期待朋友们不吝赐教。为取得良好的学习效果，建议学员在学习或考试过程中，参考使用本社出版的《精编英汉汉英词典》。若您在使用本书的过程中有任何疑问，请与作者联系(E-mail: zhangjie8011@yahoo.com.cn)，我们将尽快回复。

使用说明

本书收录了 2009 年全国职称英语等级考试综合类、卫生类和理工类全新的教材内容，囊括了历届考试中出现的题型，并详解了其解题规律，适用于报考综合类、理工类和卫生类三个类别的学员选用。

一、本书内容分类介绍

本书由北京京华学校职称英语首席主讲张可华、张占杰老师依据多年教学心得与实践经验精心编写而成。在内容的选取上做到了重点突出、详略得当。需繁复处（阅读理解、完形填空），不吝容量，全面覆盖国家指定教材三个类别的内容；需简约处（阅读判断、补全短文、概括大意与完成句子），选材典型而精当，把三个类别的内容融合为一体，从编排上引导读者合理分配有限的时间与精力。

“词汇选项” 六大题型中“词汇选项”实际考查的是同义词辨析，所以我们选择了 5 套练习内容作为热身之用，并把最经常考到的同义词以“词对”形式罗列，以备学员们在考前速记，其中每年都会考查到七八道。我们推荐大家使用含有大量同义词的词典来更好地攻克该题型，如张可华主编的《新编英汉汉英词典》，张占杰、张可华主编的《黑白英语记忆活词典》。在本书中我们专门介绍了词典的查找方法，以求迅捷、准确，用最短时间完成该题型。

“阅读判断” “阅读判断”一般按照行文顺序设置 7 道题目，第 1 题往往在第一段甚至第一行就可以寻找到相对应的原句，第 2、3、4 题紧随其后，与第 5、6 小题相照应的句子则常在文章的后半部分出现，第 7 题往往在最后一段甚至最后一句可以找到答案。这是一般规律，当然也会有例外发生。

一篇阅读判断与一篇阅读理解的阅读量相当，但分值仅为 7 分，不足阅读理解分值 15 分的一半，我们鼓励学员们在充分解决阅读理解等题型之后再做它，并且以找关键词方式解决问题，而不必通读全文。找关键词以数字、专有名词为最佳，其次为有特色的、在短文中并未多次出现的语言片段。

该题型历年不考教材中的原题，所以我们选择了 15 篇典型的文章，不区分综合、理工和卫生的类别，因为三个类别的解题方法与思路完全一样。

“补全短文” 该题型不考教材中的原题，教材所选内容仅供练习用，故此，我们选择了几篇典型文章，作为综合类、理工类和卫生类三个类别通用的内容来实践我们的做题方法与技巧。

“补全短文”在这六大题型中应属于最难的一个题型，因为它对人们掌握整篇文章的内在逻辑有着很高的要求，且不考教材中的原题。一般是从一篇短文中抽出 5 句话或片断，混在其他干扰项内，构成 A、B、C、D、E、F 六个选项，让考生依据前后文逻辑合理地选出正确选项。

对这一题型，我们建议采用“话题一致原则”解题。我们知道，一段文字总是围绕一个话题展开，比如这段谈金融，那么该段无论有几个句子都得围绕着金融这个话题展开；还有另一种“话题一致”，如“一个人走过来”、“进了教室”、“坐下来听课”……后面的每个句子都延续前面的

话题,不能凭空跳跃到别的方面去。因此,我们可以依据这两种情况的话题一致,在清楚了空格前一句的话题或后面一句的话题之后,基本上就可以肯定空格处要填的话题是相同的话题还是其话题的延续。

有的时候,空格前的句子特别长,修饰关系复杂,我们只需要弄清哪个是主语、谓语和宾语(或表语),就可以清楚其话题是什么了。

另外,还可以采用分析“照应点”方法做题。比如,空格后句主语是“the+名词”,该名词一定不是在这儿第一次出现,它一定在前面的空格句子中。

“概括大意与完成句子” 该题型共 8 个小题,前 4 个小题是给定 4 个段落及 A、B、C、D、E、F 六个选项,从选项中选取最能体现该段主旨大意的项填入。做这类题时主要阅读该段的第一句,如果读过第一句还是无法做题,就再阅读该段最后一句,就基本上可以解决该题了。原理在于:西方人写文章,每段总是围绕着一个中心话题铺排,且多数情况下,段中心主旨以段首句的形式出现。如果没有段首句,则可以读最后一句,这时信息量基本上就比较充分了,这种方法也可以帮助我们做对题。

该题型后四道小题为“完成句子”。我们可以采用三种方法,即语法做题法、选项入句比对法(或称语义替换法)、关键词原文定位法来完美地完成该题型。

“阅读理解” 阅读理解分值占了整个试卷的 45%,且历年绝大多数情况下会有一篇文章源自教材上的原题,为此,我们将综合类、理工类、卫生类三类别的文章全部收录进来,在收录时点明了我们所认为的篇章重点,即标题带★号的篇章。同时把某类与其他类别共有的篇章划归“第六章 阅读理解跨类篇”,以示重要。

阅读理解的解题方法技巧是我校职称英语专家们研究探索最深广的领域之一。有的时候通过仔细研究标题、文中汉语注释,在大致了解文章大意的基础上,运用常识即能答对题。题干关键词到原文中定位,经常会有形式的转换,比如,在题干中 traditional 一词,在原文中可能以副词 traditionally 形式或者名词 tradition 形式出现。对于阅读理解技巧方法的运用,将翔实地体现在视频教学中。

“完形填空” 该题型提供一篇短文,在其中有 15 处空白,要求根据空格前后文,符合前后逻辑地填写合适选项。该题型难度较大,对文字的功底要求很高,但又相对简单:因为这个类别共 15 篇文章,其中一篇应该会作为考题考到,精读这十几篇文章即可。

本书收录了综合类、理工类和卫生类三个类别的所有“完形填空”的文章,并将北京京华学校所认定的重点篇章以★号形式标记在相关标题上。

二、与本书相关的超值优惠

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第一章 职称英语“词汇选项”实训

1.1 词汇选项汇编

下面共有五组词汇学习，每一组词汇学习均有 15 道小题。在每道题的句子里都有一个加底线的词或短语，请在四个选项中找出与加底线的词或短语意义最相近的一项。

词汇学习 1：

1. Will you please call my husband as soon as possible?
 A. contact B. consult C. phone D. visit
2. We'll give every teacher space to develop.
 A. chance B. employment C. room D. opportunity
3. I have to go at once.
 A. soon B. immediately C. now D. early
4. The policeman asked him to identify the thief.
 A. name B. distinguish C. capture D. separate
5. We were all there when the accident occurred.
 A. happened B. broke C. spread D. appeared
6. It took me exactly a week to complete the work.
 A. do B. achieve C. improve D. finish
7. The herb medicine eventually cured her disease.
 A. nicely B. apparently C. finally D. naturally
8. We had a long conversation about her parents.
 A. talk B. speech C. debate D. discussion
9. Please let me know if you are unable to attend the meeting.
 A. go to B. prepare for C. speak to D. do to
10. They have made up their mind to give up smoking.
 A. tried B. attempted C. agreed D. decided
11. Your teacher will take your illness into account when marking your exams.
 A. calculation B. computation C. consideration D. assessment
12. We have to put up with her behavior.
 A. tolerate B. accept C. swallow D. take
13. They have given up the hope to save their friend from drowning.
 A. ended B. abandoned C. built D. strengthen
14. I seldom watch TV.
 A. rarely B. frequently C. normally D. occasionally
15. The dentist has decided to take out the girl's bad tooth.
 A. dig B. draw C. pull D. extract

词汇学习 2：

1. America's emphasis on the importance of education for everyone has spurred(激励) scientific

- research.
- encouraged
 - endangered
 - endorsed
 - enlarged
2. Photojournalist(摄影记者) Margaret White became famous for her coverage of significant events, during the Second World War.
- baggage
 - orphanage
 - reportage
 - usage
3. Below 600 feet ocean waters range from dimly lit to completely dark.
- inadequately
 - hardly
 - faintly
 - sufficiently
4. "I'm not meddling." Mary said mildly. "I'm just curious."
- gently
 - shyly
 - weakly
 - sweetly
5. In 1861 it seemed inevitable that the Southern states would break away from the Union.
- strange
 - certain
 - inconsistent
 - proper
6. Many of novelist Carson McCullers' characters are isolated, disappointed people.
- solitary
 - gloomy
 - feeble
 - frugal
7. The workers finally called off the strike.
- put off
 - ended
 - cancelled
 - participated in
8. John has made up his mind not to go to the meeting.
- wanted
 - promised
 - decided
 - agreed
9. I catch cold now and then.
- always
 - occasionally
 - constantly
 - regularly
10. He often finds fault with my work.
- criticizes
 - praises
 - evaluates
 - talks about
11. The little girl grasped her mother's arm as she crossed the street.
- understood
 - had a hold over
 - took hold of
 - left hold of
12. In judging our work you should take into consideration the fact that we have been very busy recently.
- thought
 - mind
 - account
 - memory
13. I can no longer tolerate his actions.
- put up with
 - accept
 - take
 - suffer from
14. The doctors have abandoned the hope to rescue the old man.
- left
 - given up
 - turned down
 - refused
15. Have you talked to her lately?
- lastly
 - shortly
 - recently
 - immediately

词汇学习 3:

1. Even in a highly modernized country, manual work is still needed.
- expressive
 - physical(体力的)
 - exaggerated(夸大的)
 - dubious
2. Techniques to harness the energy of the sun are being developed.
- convert
 - store
 - utilize
 - receive
3. Many residents of apartment complexes object to noisy neighbors.
- managers
 - occupants
 - landlords
 - caretakers
4. The steadily rising cost of labor on the waterfront has greatly increased the cost of shipping cargo by water.

- A. continuously B. quickly C. excessively D. exceptionally
 5. Hundreds of years ago cloves were used to remedy headaches.
 A. disrupt B. diagnose C. evaporate D. cure
 6. John Hanson helped draft instructions for Maryland's delegates to the Stamp Act Congress.
 A. clarify B. formulate(制定) C. revise D. contribute
 7. Practically all species of animals communicate either through sounds or through a large repository of soundless codes.
 A. Simultaneously B. Almost C. Absolutely D. Basically
 8. Sulphur has occasionally been found in the earth in an almost pure state.
 A. regularly B. accidentally C. sometimes D. successfully
 9. When doves are about two weeks old, they are covered with grey feathers and are ready to try their wings.
 A. grow B. wrap C. hide D. test
 10. I rarely wear a raincoat because I spend most of my time in a car.
 A. normally B. seldom C. continuously D. usually
 11. When she was invited to the party, she readily accepted.
 A. willingly B. suddenly C. firmly D. quickly
 12. The dentist has decided to extract her bad tooth.
 A. take out B. repair C. pull D. dig
 13. You must shine your shoes.
 A. lighten B. clean C. wash D. polish
 14. The majority of people around here are decent people.
 A. honest B. rich C. good-looking D. high-ranking
 15. A deadly disease has affected these animals.
 A. contagious B. serious C. fatal D. worrying

词汇学习 4:

1. Many fine cooks insist on ingredients of the highest quality.
 A. demand B. rely on C. prepare for D. create
 2. Since the Great Depression, the United States government has protected farmers from damaging drops in grain prices.
 A. slight B. surprising C. sudden D. harmful
 3. Cement was seldom used in building during the Middle Ages.
 A. crudely B. rarely C. originally D. symbolically
 4. Nerve signals may travel through nerve or muscle fibers at speeds as high as two hundred miles per hour.
 A. velocities B. impulses C. ratios D. atrocities
 5. The poet William Carlos Williams was a New Jersey physician.
 A. doctor B. professor C. physicist D. resident
 6. Medicine depends on other fields for basic information, particularly some of their specialized branches.
 A. conventionally B. obviously C. especially D. inevitably
 7. We shall take the treasure away to a safe place.