

游泳规则 双语教程

温宇红 主编



北京体育大学出版社

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编写说明

随着我国综合国力的不断增强,我国的体育竞赛水平也日益提高,我国与世界运动组织之间的交流也越来越多,在我国举行的国际体育赛事也越来越频繁。2008年奥运会在北京举办,是北京和全中国向世界展示自己五千年文明古国的独特魅力和改革开放伟大成果的大舞台。奥林匹克精神的核心就是重在参与,而体育比赛最显著的特征之一就是遵循特定的规则。体育竞赛的组织是奥运会成功举办的关键,对国际单项组织竞赛规则的把握和熟练运用是竞赛组织成功的基础。

游泳是奥运会上的金牌大户,由于2008年奥运会增加了男女公开水域马拉松游泳比赛,使得游泳比赛的金牌数增加到了34枚,是奥运会上影响很大的项目之一。游泳也是人们十分喜爱的体育项目之一,由于各种泳姿风格各异,竞争激烈,其独特的魅力格也使得游泳成为最受欢迎的竞赛项目之一。

国际业余游泳联合会(简称国际泳联)是在全世界范围内领导和组织游泳运动开展的国际单项体育组织,目前世界最高水平的游泳赛事,包括奥运会游泳比赛、世界游泳锦标赛等,都必须遵守国际泳联的有关章程和规则。本教程以国际泳联的游泳竞赛规则为基础,以英汉双语的形式对国际泳联的游泳竞赛规则、成人游泳竞赛规则、公开水域游泳竞赛规则进行介绍。为便于读者理解和运用规则,特增加了重点词汇解释以及练习题,帮助读者自学和

自我检测学习效果。

本教程不仅适合于体育院校游泳项目的本科、专科和研究生使用,还适合于游泳竞赛组织者和裁判员、教练员进行自学。

本教程部分译文由河北工作大学吴静祎老师协助翻译。在本书编写过程中还得到了北京奥组委游泳竞赛主任袁昊然先生的指导和帮助,在此表示诚挚的感谢。

由于编写者水平有限,不足之处在所难免,敬请各位读者不吝赐教。

编者简介

温宇红,1990年毕业于北京体育学院运动系,1993年毕业于北京体育大学研究生部,获得教育学硕士学位,2006年毕业于北京体育大学研究生院,获教育学博士学位。北京体育大学游泳教研室副教授,全国游泳高级教员、中国游泳协会国家级游泳裁判。目前担任北京奥组委游泳项目竞赛团队三级项目专家。多年从事游泳技术分析、教学和训练方面的研究,参加编写出版《全国体育院校通用教材——游泳运动》、《跟专家练游泳》,参加编写《社会体育指导员培训教材——游泳》、《全国游泳教员培训教材》、《全国水中健身教员培训教材》等多部教材;编写《游泳竞赛工作指南》、《游泳技术图解丛书》、《休闲潜水》;翻译出版《运动医学与科学手册——游泳》、《健身游泳》、《游泳技法练习》等译著。

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Chapter 1 FINA SWIMMING RULES 2005 – 2009

第一章 国际泳联游泳竞赛规则 2005 – 2009

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SW 1 MANAGEMENT OF COMPETITIONS

Part One Rules in English(规则原文)

The Management Committee appointed by the governing body shall have jurisdiction over all matters not assigned by the rules to the referee, judges or other officials and shall have power to postpone events and give directions consistent with rules adopted for conducting any event.

SW 1.2 At the Olympic Games and World Championships the FINA Bureau shall appoint the following minimum numbers of officials for the control of the competitions:

- referee (1)
- control – room supervisor(1)
- judges of stroke (4)
- starters (2)
- chief inspectors of turns (2, 1 at each end of the pool)

- inspectors of turns (1 at each end of each lane)
- chief recorder (1)
- clerks of course (2)
- false start rope personnel (1)
- announcer (1)

SW 1.2.2 For all other international competitions, the governing body shall appoint the same or fewer number of officials, subject to the approval of the respective regional or international authority where appropriate.

SW 1.2.3 Where Automatic Officiating Equipment is not available, such equipment must be replaced by chief timekeeper, three (3) timekeepers per lane and two (2) additional timekeepers.

SW 1.2.4 A chief finish judge and finish judges are required when Automatic Equipment and/or three (3) digital watches per lane are not used.

SW 1.3 The swimming pool and the technical equipment for Olympic Games and World Championships shall be inspected and approved in due course prior to the Swimming competitions by the FINA Delegate together with a member of the Technical Swimming Committee.

SW 1.4 Where underwater video equipment is used by television, the equipment must be operated by remote control and shall not obstruct the vision or path of swimmers and must not change the configuration of the pool or obscure the required FINA markings.

Part Two Rules in Chinese(规则中文译文)

SW 1 竞赛组织

SW 1.1 游泳竞赛大会成立组织委员会,全面负责管理总裁判、裁判员及其他工作人员,对规则中未明文规定的事项有权做出决定,并有权利推迟比赛项目,根据规则精神执行所有比赛项目的管理。

SW 1.2 在奥林匹克运动会以及世界锦标赛中,国际泳联执委会将至少指定以下数目的裁判员:

- 总裁判(1)人
- 控制室监察员(1)人
- 技术检查员(4)人
- 发令员(2)人
- 转身检查长(2)人(终点端和转身端各1人)
- 转身检查员(每条泳道两端各1人)
- 编排记录长(1)人
- 检录员(2)人
- 司线员(1)人
- 宣告员(1)人

SW 1.2.2 对于其他国际比赛,各管理委员会应该依照各地区或国际职能机构的同意,任命同样或较少数量的裁判人员。

SW 1.2.3 在不具备自动计时装置而由人工计时替代时,应配备计时长1人,计时员每条泳道3人,以及2名额外的计时员。

SW 1.2.4 当未采用自动计时装置且(或)每条泳道未配备3块数字式计时秒表时,必须配备终点裁判长1人和终点裁判员若干人。

SW 1.3 在奥运会游泳比赛和世界锦标赛之前,国际泳联代表及一名游泳技术委员会成员应及时检查并核准游泳池场地和技术设施是否符合规则规定。

SW 1.4 如果采用水下录像装置进行电视转播,必须通过遥控操作,不能妨碍运动员的视线和路线,也不能改变游泳池的配置