

英语阅读 JONGUER I

清晨篇 III FOR THE MORNING

主编 张 倩







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阅读之于一个人有多么重要,我想这无需赘言。对于英语学习者而言,阅读的重要性则尤为突现。因为,要想熟悉这门语言,掌握并运用这门语言,突破之处就是阅读。这一点可以联系我们自己的母语——汉语的习得过程。

阅读可以帮助我们识文断字,增加知识。小时候开始学习语文,其实也就是开始了我们母语习得过程中的原始阅读。渐渐地,我们识字多了,知道的成语、名言佳句也多了,突然发现自己不仅语言质量提高了,更重要的是知识面拓宽了,思想变得深刻了。我们上小学、中学时,都要写作文,老师会评出优秀的文章在班上阅读赏析。大家会发现那些经常被表扬的同学,往往是看书看得多的同学。因为这个同学认识的字多、知道的词句多、懂得多,思路自然开阔,写出的文章就言之有物,值得一读。同样地,大家可以对比一下自己的文字水平随着自身阅读量的增加所产生的变化:读一读自己早前时候写的文章,和阅读量加大后写的文章,水平自然不同。

我们的母语是汉语,对于我上面讲到的简单道理,大家肯定早有感受。而英语的习得跟汉语是一个道理,它十分得益于阅读。

然而,对于英语学习而言,仅凭教科书上的阅读内容还远远不够。而且学习教科书其实无形中带有一种学习的义务性,这样有时反倒会扼杀兴趣,让学习者产生逆反心理,影响学习效果。

正是因为上面提到的这些原因,我们认为:对于英语阅读图书而言,其很重要的目标应该是帮助读者扩大词汇量,拓宽知识面;帮助读者用英语去了解人生,体会情感,增强英语语感;更重要的是,阅读应该是主机、积极的,更应该是一种持久的、循序渐进的过程。为此,我们编了这套《读霸天下英语阅读》系列丛书,期望能够实现这些目标,帮助读者建立起主动阅读的良好习惯,从而受益终身。

查书分三册,每一册又分为晨、夜两个板块。晨读系列中,每 富文。包括"单点点点通"、"文章诵读"、"语音提示"这三大部分,一 此文章还有"知道点"小栏目。其中"语音提示"是一个特色。英语毕 竟是一门语言,"读"是一个输入的过程,而这门语言的输出除了 "写",还应包括"说"。对于英语学习者而言,很多时候他可以读懂, 却很难读准。因此,不同于其他阅读类书籍,我们在晨读中加入了 "语音提示"这一板块,提供给读者一些发音规律,如省读、连读,弱读 等,培养读者正确发音的能力,这样,"读"就可以为"说"服务了。在 夜读系列中,每篇文章包括三大部分:导读、单词注释、文章正文。主 要是为了给读者创造一个没有压力的阅读氛围,让读者可以自由地 体验英语,用英语去感悟,在这种轻松阅读的氛围下,逐渐建立英语 思维。这套书在选材上涵盖了诸多领域,包括文学、文化、历史、人 文、科学等等;书中的文章均摘自名家名作或网络流行的经典美文。 为了便于读者更好地学习,我们邀请外籍专家对文章做了一些局部 修改。晨读宜于诵读,而夜读则更适合普通的阅读。各册在自成体 系的同时,又注重了循序渐进的原则,帮助读者在不知不觉中培养起 阅读的良好习惯。

书中的一些文章摘自网络,多为匿名发表。在此,我们对于作者及网站一并表示感谢。

正如培根所说,"读书足以怡情,足以博彩,足以长才"。的确如此,然而要想在阅读中得到这样的收益,就要养成长期阅读的好习惯。我们编这套书,更重要的是在于让读者明白,阅读本身就是一种习惯,一旦养成,将受益无穷。抛开其他,如果这套书能达到这样的效果,已经足以让编者欢欣鼓舞了。由于水平有限,书中难免有不妥之处,敬请读者批评指正,以便日后改进。

编 者 2009年3月于西安

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单词点点诵

- 1. in alignment [əˈlainmənt] with 排成直线
- 2. target ['ta:git] vt. 把·····定为目标
- 3. arm oneself with 用 ······ 武装自己
- 4. recruitment [ri'kru:tmənt] n. 吸收新成员
- 5. highlight ['hailait] vt. 强调、突出 1907 Janua
- 7. redundant [ridʌndənt] adj. 多余的 Olas soloman and adj. in the control of the co

Six Ways to Find the PERFECT Job (1)

Sunder Ramachandran

Every professional dreams of landing that perfect job where the roles and responsibilities are in alignment with1 an individual's career aspirations and interests.

By starting early, planning intelligently, and making good use of * your good 与 use 连读, broad-based skills, especially those re- use 与 of 连读,形 lated to research, analysis and commu- 成类似如下的发 nication, it shouldn't be too hard to 音['gudju;zəf]。

meet the challenges of choosing a career and be successful in the job search process.

Here are some tips on how to go about the process:

Do some research

During the job hunt, the first thing
you want to do is research a particular
industry to get an idea as to what type
of job search will be most effective.

Targeting² your efforts and job search
approach is an important first step for
all job seekers.

For instance, if the retail industry interests you, you should arm yourself with information like what skills and education are required for a job in the industry and how employers like to receive resumes and applications will give you an edge in your search. This kind of information can be obtained from the career section of any company's website or by observing the recruitment⁴

advertisements in the daily newspapers.

Prepare a professional resume and cover many letter

Be honest but present your accomplishments in the most positive way in
your resume. Do highlight⁵ your most
recent accomplishments and qualifications that you may have gained. Make
sure that the key skills that prospective
employers are seeking are clearly highlighted.

If you don't have any experience in the prospective field that does not mean that you don't have the skills to do the job. Avoid redundant details like hobbies and personal interests unless they are directly linked to the job applied for.

Most employers prefer to receive a control of the resumes either by fax or email. Customise your resume along with a clear cover letter, outlining your interest in the field and that particular company. It is always worth mentioning in your discounted to the field and that particular company.

清

cover letter that you would like the opportunity to come down for a one-toone interaction. Meeting in person is a very effective way to ensure that you are remembered, and thus improves your chances of being hired.

Keep your eyes and ears open

Closely follow both the advertised and unadvertised job postings. Keep an eye on * job supplements like Times Ascent, Power Jobs etc and employment journals and websites like Naukri. com, Timesjobs. com, Monster. com etc. Explore the unadvertised job market as well.

Keep searching jobs through friends and contacts before they are posted. Tap into the alumni of your institution who may be working in the leading organisations.

Remember, your network determines your net-worth, so talk to as many people as possible who are in the

keep an eye on^{*}; keep 与 an 连读, an 与 eye 连读,形 成类似如下的发 音 ['ki:pænaion]。

omiss when resume slong with a clear

jobs that you would like to be in, as these discussions often lead to valuable job leads and contacts.

知道点

Sunder Ramachandran 是 W. C. H. (We Creat Headstarts)公司的创始人,同时作为 Economic Times 和 Times of India 两本杂志的专栏商业作家。他的成功有目共睹,因而被公认是贸易、出版及媒体行业的领军人物。



单词点点通

- recruiter [rikru:tə(r)] n. 征兵人员;招聘 人员
- 2. consultant [kənˈsʌltənt] n. 顾问
- 3. internship ['intə:nʃip] n. 实习
- 4. self-promotion n. 自我提升
- 5. portfolio [pɔːtˈfəuljəu] n. 文件夹

Six Ways to Find the PERFECT Job (II)

Sunder Ramachandran

resemble of prolings and a market state of

Work with a recruiter or job consultant 2

Using a specialised recruiter can ease the pressure and help you target your efforts to only the best opportunities. Recruitment consultants would often be willing to help you for a fee.

Give your consultant as much information as possible like your background, experience and career aspirations. Are you interested in a large or a small company, are you open to relocation etc. A skilled consultant can help

速缩天

you find a good job faster and also open and also open doors to new opportunities.

Consider project work or internships³

In any career, the best way to establish yourself is to gain some experience. Seek out training, do some project-based work and find a company that will be interested in that project. Most employers will respect your efforts, and you'll also gain confidence in your abilities.

Apply for an internship in the same and a way you would apply for a job, send a cover letter and resume and clearly mention that you are looking at an internship.

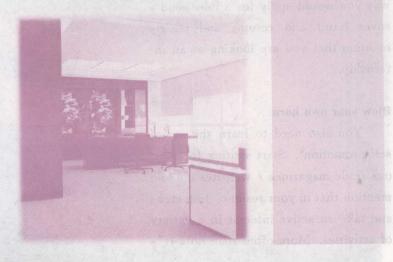
Blow your own horn

You also need to learn the art of self-promotion⁴. Start writing for various trade magazines / websites etc and mention that in your resume. Join clubs and take an active interest in a variety of activities. More often than not, it's

seek out*:seek 中 辅音[k]与 out 中 元音[au]连读,形 成类似如下的发 音['si:kaut]。 **建**霸天下

the active and visible professionals who get the maximum opportunities from prospective employers.

If you have worked on some interesting projects in your career, put a small portfolio⁵ together. Treat every project as a portfolio piece and use it to showcase your knowledge and exposure. Research, knowledge, skills and a focused job search approach will increase your success rate and give you a head start in your career. Best of luck for finding that "perfect job"!



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单词点点通

- 1. hassle [ˈhæsəl] n. 争论,麻烦 llestnov eorol has all betasitymbo
- 2. cultivate [ˈkʌltiveit] vt. 培养 Tay Vd [lama 1998] 118 [18] 119
- 3. savor ['seivə] vt. 尽情享受 TL YBD THOY TO SANSTER TO Abrashi
- 4. azalea [əˈzeiljə] n. 杜鹃花 oiber edi not gni na a la bastani a la
- 5. contemplative [kən'templətiv] adj. 沉思的 grand and sales and sales and sales are sales and sales are sales and sales are sales and sales are sal
- 6. nudge [nʌdʒ] v. 用肘轻推以引起注意 nuov on noch out ture

What's Your Spiritual 10 ? sold good wat a select against a

Dianne Hales

It's the secret weapon that will help you cope with the hassles of life. Here's how to put spiritual intelligence to work for you.

While we're all born with SQ, most of us aren't even aware that we have it. Here are some simple steps that can lead you * to this new level of understanding:

Sit Quietly. The process of cultivating² spiritual intelligence begins in solitude and silence. Most spiritual traditions involve an inner wisdom. To tune

中辅音[d]与 you 中元音[iu:]连读, 形成类似如下的 发音「'li:diu:]。

清晨篇 3

in to its whisper, you have to turn down the volume in your busy, noisy, complicated life and force yourself to do nothing at all. Start small by creating islands of silence in your day. In the car, instead of reaching for the radio dial, use the time to reflect. At work, shut the door to your office between meetings, take a few deep breaths and let them out very, very slowly. Savor the stillness in your home after the kids are finally in bed.

Step Outside. For many people, nature sets their spirit free. It puts the hassles of daily living into perspective.

Go outside to watch a beautiful sunset. If you're walking the dog, take the time to admire an azalea⁴ bush in bloom. Follow the flight of a bird; watch clouds float overhead. Gaze into the night sky * and think of the stars as holes in the darkness letting heaven shine through. Find an activity you enjoy. It's important to find a hobby that helps you tune into your spirit. Gar-

night sky*: night 中辅音[t]后跟辅 音[s]开头的词 sky,[t]音经常被 省,保留发音节拍 即可。