

ENGLISH

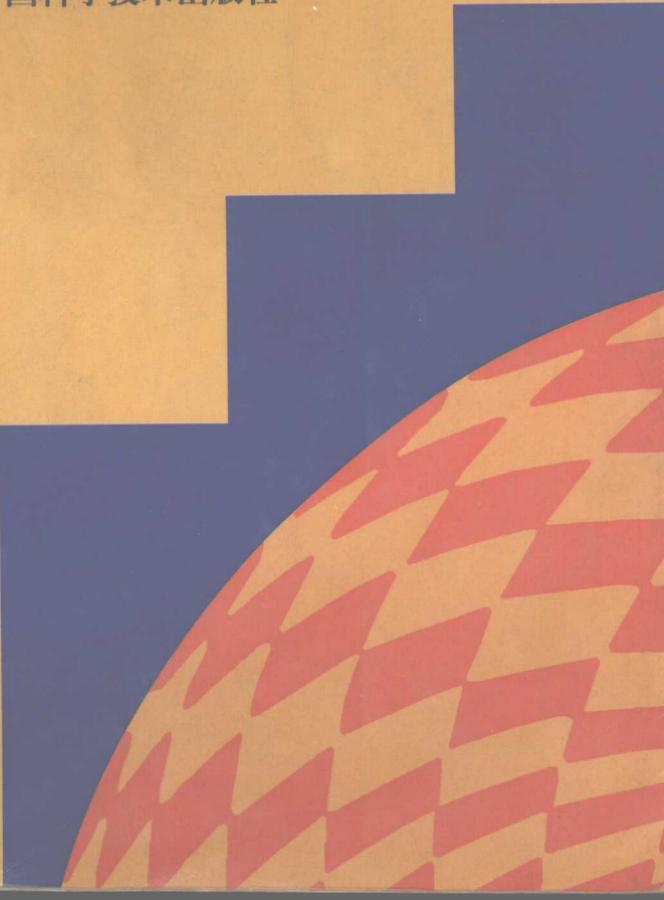
大学英语 学习手册

主编 王洁华

主审 吕长发

中国科学技术出版社

A Handbook of College English Learning



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内容提要

本书根据大学英语学习中的重点、难点，分类总结了大学生应掌握的主要知识，内容包括短语表达、句型结构、词语辨异、成活动词、构词法及写作等六大部分，并附有大量例句和练习，可供非英语专业大学生课后及大学英语四、六级考试前复习使用。

9.24

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前　　言

《大学英语学习手册》是非英语专业大学生学习英语的辅导及参考用书。

编者在多年大学英语教学实践中，深感学生非常需要一本综合性的参考书，其内容应基本包括大学英语学习所要掌握的主要知识，以备学生课后及大学英语四、六级考试前复习使用。本书编写的目的正基于此。

本书总结了学生在学习英语过程中必须掌握的词组、语法结构、成语动词、写作的基本要素及构词法，突出了大学英语学习中的重点和难点，较全面地总结了大学生在大学英语学习中必须掌握的全部内容。

全书共分六个部分。第一部分为短语与表达方式，汇编了《大学英语》各册各课要求掌握的主要词组与惯用短语，并增加了部分联想词汇。第二部分为结构，以分类句型的形式提炼和总结了大部分语法结构，以便于学生归类记忆。第三部分为同义词、形近词辨异，主要根据《大学英语》精读教材各册总词汇表，并参考大学英语试题中常见的词语多项选择题，归纳而成。第四部分为成语动词，根据《大学英语教学大纲通用词汇表1~4级》所列词汇，总结了常用成语动词的用法。第五部分为构词法，介绍了英语常见的构词方法，期望学生能据此迅速扩大词汇量。第六部分为写作，介绍了写作的基本类型，并按交通、通讯、学习、体育与健康、科学技术、自然等分类，在类首提供了段首句、段首句扩展提示写作、写作参考题目以及分类作文常用的词语。此外，在第二部分及第四部分后增加了多项选择题练习；在第三部分和第四部分每组词后，设有填空题练习。

全书意在全而实用，提纲挈领。因此使用本书时，建议读者由点及面，由此及彼，灵活应用，指导万千。衷心希望本书能成为同学们学习的好帮手。

河南大学吕长发教授在百忙之中审校本书，在此表示深深的谢意。

由于成书仓促及水平有限，讹误之处一定不少，诚恳地希望读者不吝指正。

编　者
1995年7月

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Part One Phrases and Expressions

(第一部分 短语与表达方式)

一、Book One

Unit One How to Improve Your Study Habits?

be the case	to be true; be the actual condition 事实或情况如此
make a list of	将……列表, 造册
fill in	to write in; put in 填好, 填充, 填满
be sure to do (sth.)	not to fail (to do something) 一定要……, 千万要……
decide on	to think about and come to a conclusion; to make up one's mind (to do sth.) 下决心, 决定
set aside	to save for a special purpose; put to one side 留出, 拨出; 放在一边
be aware of/that…	to have knowledge of; realize 意识到, 知道, 觉察到
enable... to do (sth.)	to make... able to do something 使……有能力做……; 使能
concentrate on	to focus one's attention on 集中注意力于, 专心于

注:

v-ed 动词的过去分词形式。

v-ing 动词的 ing 形式(包括动名词和现在分词)。

that...后为省略的从句。

look over	to examine; inspect 检查; 查阅
make good /full/the best use of	很好/充分/尽量使用, 利用
go over	to read again; review; examine 复习, 温习; 仔细检查
as well	also; too 也, 又, 同样
as well as	in addition to (除……之外) 又……; 既……又……
lead to	to be a way to; have as a result 通, 达; 导致
meet with	to experience; come upon by chance 遭遇, 偶遇, 碰到
to a certain /large /great extent	在某种/很大程度上
send off	to see someone off; dispatch 送别, 送行; 寄出, 发送
participate in	to take part in; have a share 参与; 分享
keep up with	to progress at the same rate (as someone/something) 跟上, 赶上; 不落后于
set up	to establish; build, raise (something) into a fixed position 建立(机构); 设置; 竖立; 树立; 设立
fly into (a rage /temper/passion)	to become angry suddenly 勃然大怒
get along	to make progress 进展
get along (with sb.)	to be friendly (with someone) 和

.....相处融洽

Unit Two Sailing Round the World

set out	to begin (a journey) 出发, 启程
fail in/to do (sth.)	to be unsuccessful in (doing something) 失败
give up	to abandon the attempt (to do something), to stop having or doing 放弃
come back (to)	to return; return to the memory 回来; 记起
carry out	to do as required; fulfil, perform 实行, 完成, 贯彻
so... that...	to such a degree that... 如此以致.....
(all) by oneself	completely alone; without any help 独自地, 单独地
set off	to start (a journey, race, etc.) 动身, 出发
in spite of	not caring about; notwithstanding 尽管, 虽然
dissuade sb. from doing	to advise against; (try to) turn someone away 劝阻某人不做某事
plenty of	a large quantity (or number) of 大量, 充足
turn over	to (cause to) fall over; upset 打翻, 倾覆

wake up	to stop sleeping; stir up 醒; 唤醒, 激发
can not help v-ing	can not keep oneself from doing 禁不住
succeed in	to gain one's purpose 成功, 完成
depend on	to rely on 依赖, 依靠

Unit Three The Present

make an effort/efforts	to try hard to do something 努力, 尽力
to do (sth.)	
be/feel sure of	to know and believe as a fact, have confidence 确信, 确定
/that...	
be proud of	to show a pride 感到骄傲
be/seem content with	to be/seem satisfied with 满足, 满意
be content to do (sth.)	to be willing or satisfied to do something 愿意做.....
even if/though	though 纵然, 即使
round the corner	very near in distance or time 在附近; 即将来临
arrange for	to make preparations for 安排, 准备
put on	to clothe oneself with; increase; pretend to 穿, 戴; 增加; 假装
after all	... when everything has been considered, nevertheless 毕竟; 尽管

choose to do (sth.)	to decide to do something; prefer to do something 决定做……，愿意做……
lots of/a lot of	a great amount or number of 很多,许多
tear...into pieces /little bits	to...pull apart into pieces 把……撕成小片,碎片
(the woman) in white	穿白衣服的(女子)

Unit Four Turning Off T. V. : A Quiet Hour

turn off	to stop the flow of (water, gas etc.); to stop (a radio, light etc.); to stop employing (someone); change direction 关上(自来水,煤气,收音机,电灯等);辞退;转弯
turn down	to reduce in quantity or force; refuse 转小,扭小(炉火,油灯等);拒绝
and so on	等等;诸如此类
spend time doing sth.	花时间做……
be forced to do (sth.)	to be compelled to do 被迫做……
one another	彼此,相互(多指三者以上)
each other	互相(指两者)
in part	partly; to some degree 部分地;在某种程度上
get to do (sth.)	to begin to... 对……逐渐……

	起来
(be) free from	without 无……的; 摆脱……
grow up	束缚 to become adult; become mature 长大; 成熟; 发展
come up with	to produce; think of; draw level with 产生; 想出; 与……并行; 赶上
at first glance	at first sight乍一看
take a ride	to make a trip on an animal or vehicle 骑马, 乘车
at all	完全, 全然(只用于否定句或条件句)
It has been/is + 数词 + years/months since...	自从……以来, 已有……时间
come to	to reach a condition; grow to 共计; 达到……
come to do sth. (sth./doing sth./to do sth.)	to grow to 终于……, 开始…… to have as a necessary consequence (……; 做……) 包含; 含有; 牵涉
involves (sth.)	
be/become/get involved...	to be concerned with 与……有关; 卷入
bring together	to (cause to) meet 聚集一起
more often than not	very frequently 常常, 屡次

Unit Five A Miserable, Merry Christmas

make sure that... to act so as to be certain 确信, 肯定; 弄清楚

nothing/no one/none but	merely; only 仅仅; 只有; 除……外什么也没有
stick to	to be faithful to; continue (one's effort) at 坚持; 继续
ought to do (sth.)	应该做……(表示责任或义务)
ought not to do (sth.)	不应该做……
ought to + have + v-ed	本应该做(但实际没做)
fill with	to make or become full 装满, 充塞
hang up	to place on a hook or hanger 挂起
hang limp	软绵绵地挂着(类似的词组如 sit still, stand motionless, lie idle, rise red 等)
help some	somewhat help to relieve... 多少缓解
go on doing/with	to continue with 继续
go on to do (sth.)	to proceed to do (something) 接着做……
or something	or something similar 诸如此类的; ……什么的
catch sight of	to see (especially suddenly) 看见, 发现
out of sight	invisible, (of the viewer) where something cannot be seen 看不见
in sight	visible, (of the viewer) where something can be seen 可以看见