主编 张 霞 魏长青



大学英语课外素养阅读系列

心路之史

The One of Soul History





大学英语课外素养阅读系列

心路多

字 话 篇

主编:张霞巍。副主编:夏元生 刘 存



图书在版编目(CIP)数据

大学英语课外素养阅读系列. 心路之史话篇/张霞, 魏长青上编.一天津:天津大学出版社,2009.3 ISBN 978-7-5618-2913-4

I. 大··· II. ①张··· ②魏··· III. 英语一语言读物 IV. H319. 4

中国版本图书馆 CIP 数据核字 (2009) 第 020260 号

出版发行 天津大学出版社

出版人 杨欢

地 址 天津市卫津路 92 号天津大学内(邮编:300072)

电 话 发行部:022-27403647 邮购部:022-27402742

印 刷 河北省昌黎县第一印刷厂

经 销 全国各地新华书店

开 本 148mm×210mm

印 张 11.25

字 数 410千

版 次 2009年3月第1版

印 次 2009年3月第1次

印 数 1-3 000

定 价 60.00 元 (共三册)

凡购本书如有缺页、倒页、脱页等质量问题,烦请向我社发行部门联系调换

版权所有 侵权必究

前言



全书所涉及的内容范围较广,涵盖了读者所关注的身边事物,具有可读性和趣味性的特点。全套书均配有合适的插图、参考译文,并在相应之处做了注释,以帮助读者阅读。

由于编者水平有限,编写过程中出现的疏漏和不当之处,恳请有关专家和学习者提出批评指正。

编者

Unit One 日久特深

	1. Supermarkets	5 M. T.
	超级市场	(3)
	2. Spectacles	
	眼镜	(7)
	3. Perfume	
	香水	(10)
	4. Goose-quill	
		(13)
	5. A Universal Cleanser	
		(16)
		* * * * * * * * * * * * * * * * * * *
	· 领带	
	7. Handkerchief	
2		(24)
	8. Collar	• • •
	衣领	
	9. Shoes	· · · · · · · · · · · · · · · · · · ·
		(31)
	10. Stove	er a Pr
		(35)
	·	erge of the first
	台灯	(39)
	12. Chairs and Stools 椅子和凳子	. Y. Z
		(42)
	13. Umbrella	*, *
	平	(46)



录



Unit Two 节日瀬景

14. Bierborse (Beer Festival)	
啤酒节	(53)
15. Coming-of-age Day (Japan)	* *
日本的成人礼	(57)
16. International Women's Day	•1
国际三八妇女节	(60)
17. The Story of Silent Night	
平安夜的故事	(66)
18. Qingming Festival	
。清明节(
19. Double Seventh Festival	2
七夕节	(74)
20. Thanksgiving Day	
湿感恩节	(78)
21. The First of May	5
5月的第一天	(82)
22. Merry Christmas	
- 圣诞快乐((87)
23. Valentine's Day	
情人节	(94)
24. New Year's Day in America	4 16
美国新年	(98)
Unit Three 习俗之榜	
25. Etiquette	
英国酒巴礼仪(1	03)
26. The Origin of Kiss	•
建吻的由来 (1	06)



录



27. Social Customs in America	
美国的社会习俗(10	19)
28. Marriage Celebrants	
婚礼主持人(11	3)
29. Americans' Hobbies	
美国人的业余爱好(12	20)
30. Men's Etiquette	
男人的礼节(12	(5)
31. The Engagement Party and Engageme	nt
Ring	
订婚仪式和订婚戒指(13	2)
32. Wedding Invitations and Announcemen	
结婚请柬 (13	6)
33. American Food Habits	
美国人的饮食习惯(14	10)
34. Handshaking	54
握手(14	6)
35. Wedding Customs and Traditions	
婚礼的习俗与传统(15	0)
36. The History of Knitting	
编织(15	5)
37. Tip in the West	
"小费"在西方(15	8)
38. Weekend in America	
美国的周末(16	2)
39. Dress in the Office	
办公室里的穿着打扮(16	6)
40. About School Manners	
学校礼节(17	2)







41. About Telephone Manners
打电话礼仪(179)
42. Western Manners
西方礼节(191)
43. Enjoying the Great Outdoors
享受美妙的野外乐趣(198)
44. About Manners
礼仪规矩(204)
45. About Paying the Check
结账(211)
46. American Dinning Etiquette
美国人进餐的礼节 (218)
47. Dinner in Britain
英国的晚餐(222)
Unit Four 文体之韵
Unit Four 文体之韵
Unit Four 文体之韵 48. Bathing Suit
Unit Four 文体之韵 48. Bathing Suit 游泳衣(229)
Unit Four 文体之韵 48. Bathing Suit 游泳衣
Unit Four 文体之韵 48. Bathing Suit 游泳衣
Unit Four 文体之韵 48. Bathing Suit 游泳衣
Unit Four 文体之韵 48. Bathing Suit 游泳衣
Unit Four 文体之韵 48. Bathing Suit 游泳衣
Unit Four 文体之韵 48. Bathing Suit 游泳衣
Unit Four 文体之韵 48. Bathing Suit 游泳衣





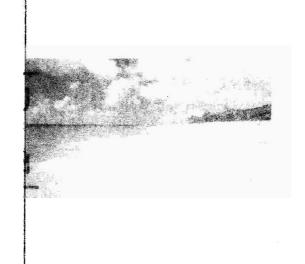


		the figure of a final section of	4
	Unit Five	饮食之"迷"	
	54. The History 咖啡史话		. (249)
	77兄万义话。	of Chocolate	. (253)
	56. Instant Food	ds Soybean	
H .		Soybean	
	58. The Culture	of Tea	* 1 . u
来	59. Porridge		
	60. The Buffet		
To 5		Dining Experiences d States	. (275)
The state of the s	美国餐饮		. (281)
	其他		
	62. Stocks and l 股票与债券。	3onds 	. (287)
	63. Bathrooms in		
	64. El Niño		
	厄尔尼诺现象 65. The Nationa	I Guard	. (302)
	美国国民警卫	P.L.	(305)

66. The Origin of Dollar	
美元史话(308)	
67. The History of the Christmas Tree	
圣诞树史话(312)	
68. Hotels in America	
美国的旅馆(315)	
69. Hand-made Objects in America	
美国的手工艺品(324)	
70. Spinning Yarns	-
纺纱(328)	E
Appendix(331)	=
V .	



Unit One 日久情深



ŀ

customers 24 hours a day, seven days a weeks Regularly, they sent day, or they sent day, they sent day, they sent self them what great things they can buy from the absolute analysis. Paultaina Alberta is parking lot, where customers can bark their cars free of charee. Usually, supermarkers locally their markers locally their markers free of charee.

The supermarket emerged in the and 1950s, when more and more American women wert, and ork they wanted to buy their specestries at one po. As a strong dival of grocery stores, suggestions at one po.

commodities, but also reasoned to prices, sond service and convenience. The prices are about 1% to 5% lower than gruces, stored can offer Every clerk is politic and enthusiastic. They serve unconvenient

venient to drive for shopping and too mediate

Supermarkets are now popular in Western countries. In a large building, bright and spacious, clean and comfortable, hundreds of customers, each pulling a cart, walk slowly through aisles and pick up whatever they like from the shelves and put them in the carts. Countless foods, daily necessities, utensils, detergents, cigarettes, grass-seeds, and even planting soil—whatever you can imagine—are neatly placed on shelves within customers' reach. On each, there is a price tag. At counters near the exit, several girls in uniforms count the prices with computers. After the customer pays for the things, a boy helps him / her pack

The supermarket is a big business. Some of the greatest supermarkets are interstate corporations. They have their own warehouses, farms, orchards, dairies, ranches, food-processing plants, trucks and computer networks. They have widespread contacts with food producers and manufacturers of the items. The supermarket provides consumers not only with diversified

them into paper bags. If you buy many things, he will help you

carry them to your car.

commodities, but also reasonable prices, good service and convenience. The prices are about 1% to 5% lower than grocery stores can offer. Every clerk is polite and enthusiastic. They serve the customers 24 hours a day, seven days a week. Regularly, they send coupons to their customers and tell them what great things they can buy from their supermarket. Outside the building, there is a parking lot, where customers can park their cars free of charge. Usually, supermarkets locate near main highways. It is very convenient to drive for shopping in supermarkets.

The supermarket emerged in the mid-1950s, when more and more American women went to work. They wanted to buy their necessities at one go. As a strong rival of grocery stores, supermarkets could provide housewives with almost anything they needed and the price was a vital factor that could attract customers. Soon after supermarkets appeared, many grocery stores went bankrupt. Now supermarkets have become a dominator over retail markets and grocery stores can be found only at some small town's distant corners far away from commercial districts.

Interestingly, supermarkets sustain losses from their dishonest customers, who pick up "small things" from the shelves and hide them under their coats, and walk away with them. The boss doesn't intend to hire more clerks as watchdogs, since he can't afford the salary, besides, he doesn't like to have his neighbors punished by the police only for stealing things from his supermarkets.

Notes:

- 1. aisle n. 通道, 过道
- 2. detergent n. 洗涤剂
- 3. within one's reach 伸手可以够得着的地方

- 4. tag n. 标签
- 5. counter n. 柜台, 收银台
- 6. warehouse n. 仓库
- 7. diversified commodities 多样化的商品
- 8. coupon n. 礼券, 优待券
- 9. free of charge 免费
- 10. emerge v. 出现
- 11. at one go 一次
- 12. commercial district 商业区
- 13. sustain v. 遭受、忍受
- 14. watchdog n. 监视者

Translation:

超级市场

目前, 超级市场在西方国家颇受欢迎。在宽敞、明亮、清洁、舒

适的大型建筑中,众多顾客的手中都推着一辆手推车,在通道中慢慢地走着,同时从货架上取下各自想要的货物放入车内。数不胜数的食物、日用必需品、器皿、洗涤剂、香烟、草籽以及栽种植物的土,所有你能想到的东西都应有尽有,整齐地摆放在顾客伸手可及的货架上。每件商品上都有价格标签。在出口处,几位穿着制服的姑娘站在收银台前,用电脑计算价钱。等顾客付完钱后,就会有男服务员帮助顾客把货物装入纸袋。如果你买



的东西多, 他还会帮你把东西送到你的汽车里。

超级市场是一项大产业。一些规模最大的超级市场都是洲际公

6.心路之史话篇

司。它们有自己的仓库、农场、果园、牛奶场、牧场、食品加工厂、运输车队和计算机网.并广泛地联络食品生产商和其他商品制造商。超级市场向消费者提供的不光是多样化的商品,而且还有合理的价格、周到的服务和提供的各种便利.价格比杂货商店的低1%~5%。每名职工都很热情,又有礼貌。他们每周7天、每天24小时为顾客服务。超级市场定期向顾客发放购物优惠券,告诉他们在这家超级市场能买到哪些便宜东西。超级市场外面有停车场。顾客不用付费就可以在那里停车。超级市场一般都位于主要公路附近,这对开车到超级市场购物是非常方便的。

超级市场出现于20世纪50年代中期,那时越来越多的美国妇女参加了工作,她们想出去一次就能买到所要的全部物品。作为杂货店的强劲对手——超级市场,几乎可以提供家庭主妇们所需的全部货品,而且价格是吸引顾客非常重要的因素,超级市场一出现,许多杂货店就破产了。现在超级市场在零售市场中占据着统治地位、杂货店只是在一些小城镇中远离商业区的偏僻角落才能见到。

有趣的是,超级市场却蒙受着一些手脚不老实的顾客给它带来的损失。某些人从货架上取下"小东西"藏在大衣内,"顺手牵羊"地离开超级市场。而老板并不打算用太多的职工做监视员,因为他负担不起这笔工资;另外,他也不希望使他的邻居仅仅因为从他的超级市场中偷了点东西就受到警察的处罚。

possible to use the tame pair for reading and for daily wear.

Classes are not the ideal solution for improving vision and we already have the next step—contact lenses of glass or plastic, placed in the fluid over the cornea of the eye. That has been the redox

2. Spectacles

Nobody knows who invented spectacles and when, but the oldest were found in the tomb of Tutankhamen. The article consisted of two brown-coloured pieces of glass with bronze wire smelted in to serve as a frame.

In ancient Greece a polished rock crystal was used for the purpose of magnification. Six big and 40 small crystal hemispheres as well as a magnificent plano-convex lens some 5cm in diameter were discovered during excavations at Troy.

The first confirmed reports about the use of eyeglasses date back to the 13th century. In his writings, the British scientist Bacon set forth the idea of constructing spectacle lenses and described their effect. Russia started using spectacles at the end of the 15th century.

New designs are forever appearing these days, such as glasses with a changeable focal distance consisting of double lenses with a transparent liquid between them. A mechanism built into the frame regulates the liquid's pressure enabling the wearer to change the focal distance within three diopters. This makes it