

杨智敏 主编

超凡  
英语

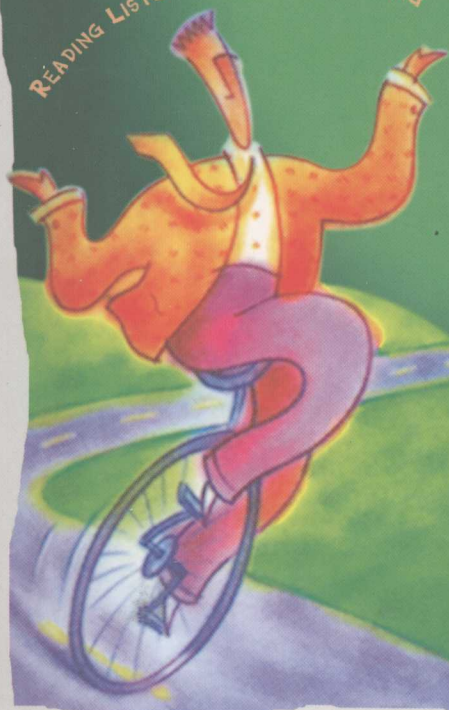
# 掌握英语技能

## 听说读写循环升级

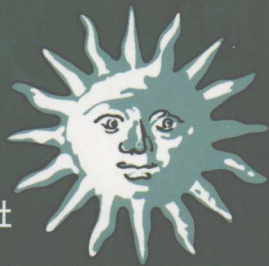
提高篇

Reading  
Listening  
Speaking  
Writing

READING LISTENING SPEAKING WRITING



大连理工大学出版社



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LISTENING SPEAKING WRITING

# 掌握英语技能

## 听说读写循环升级

### 提高篇

杨智敏 主编

杨晓华 陈红锐 副主编



大连理工大学出版社

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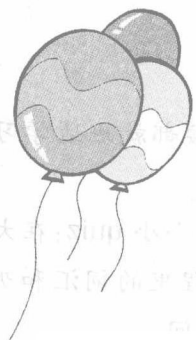
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# 前言

大家好！我是 QQ 小精灵，你的英文小导游。我将带领大家去漫游精彩无限的英语大世界。

**题材：**我 QQ 为大家挑选了奇妙的语言·文化景观；妙趣横生的风土·人情；硝烟无声的经济·商业战场；喜怒哀乐文学·艺术体验；道是无情却有情的法律·体育对抗；玄机难猜的科技·自然风光。文章一般为 350 字左右，难度和词汇主要为大学英语四、六级程度。

**内容：**大家要有充足的心理准备，我们这次漫游是互动性的。我这个小导游呢，只负责将大家带到目的地。在每一个目的地，各位要做的可多了：首先开眼(Reading)，然后练耳(Listening)；随后畅所欲言(Speaking)——我要跟大家聊聊你们所看到和听到的内容；看过、听过、说过，大家会体会多多，所以就要写下来让 QQ 也体会体会。当然，我会助你们一臂之力的，所以最后，直抒己见(Writing)吧。每一个单元后，我们都有参考答案帮大家答疑解惑。

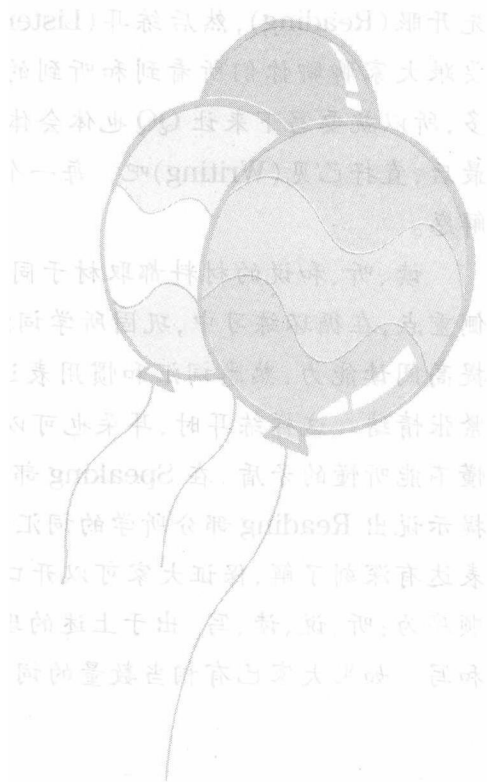
读、听、和说的材料都取材于同一个阅读材料，通过不同的练习方式和侧重点，在循环练习中，巩固所学词汇和语言点。首先，通过阅读，大家可以提高阅读能力，熟悉词汇和惯用表达，为听力做准备，减轻听音时的压力和紧张情绪。这样练耳时，耳朵也可以听懂这些词汇和惯用表达，突破只能看懂不能听懂的矛盾。在 Speaking 部分，大家又亲自参与到练习中，利用汉语提示说出 Reading 部分所学的词汇和表达，从而在读音方面对词汇和惯用表达有深刻了解，保证大家可以开口讲英语。我们一般认为英语学习方法的顺序为：听、说、读、写。出于上述的理由，我们在组织材料的顺序为读、听、说和写。如果大家已有相当数量的词汇，可以先从练耳开始，不必拘泥我们这

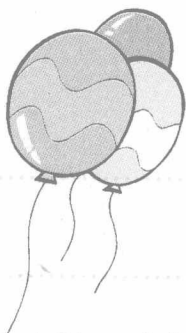
里的顺序。如果大家对自己的词汇没有把握，还是跟我们按部就班地学习吧！

最后，QQ 还给大家设计了闯关的考验。不要怕，只是一个小 quiz：在大家完成了五个目的地的行程后，我要考考大家在这五个行程里的词汇和听力的收获。这样大家可以对自己做到心中有数，重点分配时间。

**时间分配：**由于我们选材一般在 350 字左右，这样可以不需花太多的时间就可以做完听、说、读、写的训练。QQ 建议大家先用一个晚上完成阅读的功课，然后第二天完成写作，第三个晚上完成听和说的功课。在每个新的开始时，希望大家都要认真地朗读阅读材料，做到读音准确。另外，在开始下一个循环之初，QQ 希望大家能够背诵上一篇短文。

在此，我还要感谢我的朋友 Kerry Shaw，感谢她的建议和地为本书所写的优美文章。这就是关于本书和其学习方法的介绍。怎么样？我 QQ 就要起程了，无限风光在险峰，跟我来吧！





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## The First Step

# The College Experience



**QQ:** 上大学是多么令人激动的事情! 大学的经历犹如一次旅游, 途中会经历许多极具魅力的东西, 该怎样度过这段美好的时光呢? 希望你从下面的文章中得到一些有益的启迪。

## Reading

### The College Experience

Today's world is full of precious knowledge, whether it is in the arts, literature, a profession<sup>①</sup>, or a vocational<sup>②</sup> skill. College is your chance of a lifetime to explore these areas. Each facet<sup>③</sup> can be as exciting when discovered by you as it was when discovered by the original<sup>④</sup> author or explorer. Let yourself explore beyond your immediate career objectives. A student in auto mechanics<sup>⑤</sup> in most schools also can take courses in history, philosophy, music, or art. There is no reason a craftsman can't also be a great thinker, or an explorer in the vast areas of unlimited knowledge. For a rich full life he or she should make the most of<sup>⑥</sup> the opportunities at hand<sup>⑦</sup>.

Going college means a lot more than earning a grade. To limit your college experience will be a waste to you and to all of the people, past and present, who

① profession [prə'feʃən]

n. 职业, 专业

② vocational [vəu'keɪʃən]

a. 职业的

③ facet ['fæsit]

n. (多面体的)面, 方面

④ original [ə'ridʒənəl]

a. 最初的, 原版的, 独创的

an ~ edition 原版

an ~ painting 原画

~ house 娘家

~ ideas 原来的想法

an ~ writer 原著者, 有创见的作者

~ sin (天主教的)原罪

⑤ mechanics [mi'kæniks]

n. (用作单数)机械学、力学; (用作复数)技巧, 结构

the ~ of play-writing 戏剧写作方法

have invested their pennies, dimes<sup>⑧</sup> and dollars — often at great personal sacrifice<sup>⑨</sup> — to make educational opportunities open for you. Putting<sup>⑩</sup> it bluntly<sup>⑪</sup>, college is a place to be greedy<sup>⑫</sup> — taking all you can get and then some more.

Furthermore, when taking a course, are you going to take to learn or just to have it on your record? Many students are going to school just to get the credentials to get a job. They are cheating themselves. What they need is to get into the subjects in great depth to gain a true understanding rather than to be content to just skim over courses with “only to pass” in mind. By taking the in-depth<sup>⑬</sup> approach you will be exploring many of the disciplines<sup>⑭</sup> you will enjoy the rest of your life.

Finally, the person doing an honest piece of work, the work one can be proud of, is the truly happy person. The habit of honest work and pride in your work can be established to a great extent in college.

Thus, as you stand on the threshold<sup>⑮</sup> of your college career, commit yourself and stand by<sup>⑯</sup> that commitment. From the first day in class, discipline yourself to make learning fun, not a chore<sup>⑰</sup>, and to get the most from the educational opportunities open to you.

(The World of English, 9/98)

⑧ make the most of

vt. 尽量利用;充分利用

⑨ at hand

在手边;在附近;即将到来

The great day is ~.

⑩ dime [daim]

n. (美、加)一角银币;数目极小的钱

⑪ sacrifice ['sækrifaɪs]

n. 牺牲;祭品;供奉;v. 牺牲;献祭

⑫ put [put] v. 表达;陈述

I ~ my objections bluntly.

⑬ bluntly [blantli] ad. 坦率地

⑭ greedy ['gri:di]

a. 贪吃的;贪婪的;渴望的

⑮ in-depth ['in'depθ]

a. 详细的,深入的,彻底的

an ~ study 深入的研究

⑯ discipline ['disiplin]

n. 身心的锻炼;纪律;惩戒;学科;

vt. 训练,锻炼;惩罚,惩戒

⑰ threshold ['θreʃhəʊld]

n. 开始;开端;极限

⑱ stand by 遵守;袖手旁观;待机

⑲ chore [tʃɔ:](美)(=chare)

n. 零星的事务;令人疲劳(不愉快)的工作;(pl.)家庭杂务

QQ: 真希望我可以再上一次大学。我一定……。唉……看看你读懂了多少吧。



- What's the function of a college?
- How does a college student make good use of the opportunities?
- Can you guess the meaning of the word "credential" in the third paragraph according to the context?
- According to the author, what kind of person is the truly happy person?
- Try to put the underlined sentence into Chinese.

## Listening



QQ: 练练你的耳朵了。

**Listen to the part, and fill in the missing words you hear. The part will be read three times.**

Today's world is full of 1 knowledge, whether it is in the arts, literature, a profession, or a vocational skill. College is your chance of a lifetime 2. Each facet can be as exciting when discovered by you as it was when discovered by the original author or explorer. Let yourself explore 3. A student in auto mechanics in most schools also can take courses in history, philosophy, music, or art. There is no reason a craftsman can't also be a great thinker, or 4. For a rich full life he or she should make the most of 5.

**Listen to the following part, and tell if the statements are true or false. It will be read twice.**

6. Most people go to college for nothing but credentials.
7. People at college are very greedy.
8. Honesty and pride in one's work will make one a truly happy person.

9. College students need to gain a true understanding of their subjects.  
10. Only by making learning fun, not a chore, can one get the most from the educational opportunities.

## speaking



QQ: 我上大学时,为什么没有得到这样的指导呢?

A: 我觉得上大学真是令人激动呢!

QQ: Sure.

A: 你可以学到很多宝贵的知识呀!

QQ: What knowledge?

A: 可以学到自己专业的知识,也可以选修其他的课程。

QQ: For example...

A: 汽车专业的学生,可以选学历史、哲学或艺术。

QQ: Really?

A: 上大学可不仅仅是为了挣分数、拿文凭。

QQ: Then for what?

A: 可以丰富自己的生活,“贪婪”地获取自己可以从大学得到的所有东西。

QQ: But how?

A: 充分利用可能的机会获得最多的知识。另外……

QQ: And what?

A: 大学还可以使你成为一个真正幸福的人。

QQ: Whoa?!

A: 大学可以培养你诚实工作的习惯和对工作的自豪感。

QQ: But...

A: 一个能诚实工作和对工作有自豪感的人是真正幸福的人。

QQ: I see.

A: 所以从上课的第一天开始,你就要约束自己,使学习成为一件乐事而不

是不愉快的事。

QQ: Will I?

A: 只有在英语学习中感受乐趣,才会学得轻松而有成就。努力吧!

QQ:我很喜欢我的工作,所以我做的还可以吧!

## Writing



QQ: 无论你是在读大学还是大学毕业了,都来设计一个你想要的大学生活吧。请根据提示写一篇题为 My Ideal College Life 的文章。要求 120 字左右。

### My Ideal College Life

Part 1: The purposes of my going to university...

Part 2: A rich life at university...

Part 3: How I carry out my plan...

## Keys to the exercises

### Reading

- ✎ College is a chance of a lifetime to explore precious knowledge, whether it is in the arts, literature, a profession, or a vocational skill.
- ✎ Let yourself explore beyond your immediate career objectives and take all you can get and then some more. From the first day in class, discipline yourself to make learning fun, not a chore and to get the most from the educational opportunities open to you.
- ✎ The word "credential" means a certain proof showing a person's trustworthiness.
- ✎ The truly happy person is one doing an honest piece of work, which one can be proud of.
- ✎ 因此,在即将开始大学生活之际,要对自己许下诺言,并要信守自己的诺言。

## Listening

1. precious  
2. to explore these areas  
3. beyond your immediate career objectives  
4. an explorer in the vast areas of unlimited knowledge  
5. the opportunities at hand

6.F 7.F 8.T 9.T 10.T

## Speaking

A: Going to college! What a thrill!

QQ: Sure.

A: You may learn much precious knowledge.

QQ: What knowledge?

A: You can get some knowledge about your major and also take some optional courses.

QQ: For example...

A: A student in auto mechanics in most schools also can take courses in history, philosophy, or art.

QQ: Really?

A: You aren't going to school just to have a course on your record or to get the credentials.

QQ: Then for what?

A: College is a place to be "greedy" and to live a rich life.

QQ: But how?

A: You should make the most of the opportunities at hand to take all you can get and then some more. And...

QQ: And what?

A: College experience can make you a truly happy person.

QQ: Whoa?!

A: The habit of honest work and pride in your work can be established to a great extent in college.

QQ: But...

A: The person doing an honest piece of work, which one can be proud of, is the truly happy person.

QQ: I see.

A: So from the first day in class, discipline yourself to make learning fun, not a chore.

QQ: Will I?

A: Until we find fun in learning English, we won't become interested in it and be successful. So let's have a try.

Writing

Sample

### My Ideal College Life

When it comes to college, many people hold the idea that it's the paradise for the students. I've longed for entering college from my childhood. I'm conscious that it will not only improve myself, but also meet the need of the society.

College is just like a miniature of society. The life in it is rich and colorful. There are many kinds of activities organized by different organizations. Furthermore, opportunities of practicing will knock you from time to time. Last but not least, studying is the first duty for a student and knowledge is limitless, just like the sea.

In my case, joining in various activities will enrich my life. I will also seize every opportunity to toughen myself. Above all, knowledge is power, so I desire to arm myself with plentiful knowledge. College life will be my most beautiful experiences.

## The Second Stop

# Different Attitudes Towards Work



QQ: 大学毕业, 我们就要工作了。但每个人的目的各不相同。我们究竟应该为什么工作呢?

## Reading

### Different Attitudes Towards Work

It is physically impossible for a well-educated, intellectual<sup>①</sup>, or brave man to make money the chief object of his thoughts; as physically impossible as it is for him to make his dinner the principal<sup>②</sup> object. All healthy people like their dinner, but their dinner is not the main object of their lives. So all healthy-minded people like making money—ought to like and to enjoy the sensation<sup>③</sup> of winning it; but the main object of their lives is not money; it is something better than money.

A good soldier, for instance, mainly wishes to do his fighting well. He is glad of his pay—very properly<sup>④</sup> so, and justly<sup>⑤</sup> grumbles<sup>⑥</sup> when you keep him ten months without it; still, his main notion<sup>⑦</sup> of life is to win battles, not to be paid for winning them.

So of doctors. They like fees<sup>⑧</sup> no doubt—ought to like them; yet if they are brave and well-educated, the entire

① intellectual [ˌɪntɪˈlektʃuəl]

a. 智力的; 显示智力的

② principal [ˈprɪnsəp(ə)l, -sɪp-]

a. 主要的, 首要的;

n. 负责人; 首长; 校长; 主犯; 本金

the ~ of a college 院长

~ and interest 本利

a ~ in the first(second) degree

[法]主(从)犯

③ sensation [senˈseɪʃən]

n. 感觉; 感情; 轰动; 激动; 轰动一时的人(或事物)

a ~ of fear 恐怖感

three days' ~ 一时的轰动(名声)

④ properly [ˈprɒpəli]

ad. 正当地; 适当地; 完全; 严格地(说来)

⑤ justly [ˈdʒʌstli]

ad. 适当地; 公正地

⑥ grumble [ˈɡrʌmbəl]

vi. 抱怨, 发牢骚; 咕哝; vt. 喃喃地说出

⑦ notion [ˈneʊʃən]

n. 概念, 观念, 想法

object of their lives is not the fees. They, on the whole, desire to cure the sick, and—if they are good doctors, and the choices were fairly put to them—would rather cure their patients and lose their fee than kill him and get it. And so with all other brave and rightly trained men; their work is first, their fee second, very important always, but still second.

But in every nation, there is a vast class of people who are cowardly<sup>⑩</sup>, and more or less stupid. And for these people, just as certainly the fee is first and the work second, as for brave people the work is first and the fee second.

And this is no small distinction<sup>⑪</sup>. It is the whole distinction. It is the whole distinction in a man. You cannot serve two masters; you must serve one or the other. If your work is first for you, and your fee second, work is your master.

(*Literary Gems for Recitation, 1990*)

⑨ fee [fi:]

n. 酬金;费(会费、学费等)

a doctor's ~ for a visit 医生的出诊费

a monthly ~ 月薪

a license ~ 牌照费

a membership ~ 会费

a school (tuition) ~ 学费

acceptance ~ 录取通知费, 承兑费, 认付费

⑩ cowardly ['kauədli]

a., ad. 胆怯的(地)

⑪ distinction [distɪŋkʃən]

n. 区别, 差别; 级别; 特性

rise to ~ 出名

serve with ~ in the war 立下战功

win a ~ for... 因……而获功勋; 荣获勋章(或称号)

with ~ 以优异的成绩; 以杰出的表现

without ~ 无差别地; 一视同仁地

QQ: 有人工作得很愉快, 有人却不开心, 或许就在于工作态度吧。我们看看人们都会有哪些工作态度吧!



✎ For healthy-minded people, what is the main object of their lives?

✎ According to the author, what is the distinction between cowardly people and brave people?

- ✎ Can a good soldier be happy if you keep him ten months without pay?
- ✎ Please translate the underlined sentence in the first paragraph into Chinese.
- ✎ What are the two masters in one's work?

## Listening



QQ: 我们现在的工作就是听。不过你可要有端正的态度。我们没有 fee, 但你一定会得到回报的。相信我。开始吧。

Listen to the following part, and use your own words to write down the main points. It will be read three times.

- 1.
- 2.
- 3.
- 4.
- 5.

Listen to the following part, and fill in the missing words you hear. It will be read three times.

But in every nation, there is a 6, and 7 stupid. And for these people, just as certainly the fee is first and the work second, 8 the work is first and the fee second.

And this is no small distinction. It is the whole distinction. It is the whole distinction in a man. You cannot 9; you must serve one or the other. 10, and your fee second, work is your master.

## speaking



QQ: 我昨天跟一个朋友聊天。她似乎很苦闷, 她不喜欢她现在的工作, 可是收入很可观, 所以……