

主 编

杨 梅

江文清

课文结构图解

新编大学英语

课文导读

难句难点精讲

内容提要范例

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New College English

中国科学技术大学出版社

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(以姓氏笔画为序)

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内 容 简 介

本书是与《新编大学英语》教材配套、由 10 多位高校英语老师结合数年的一线教学经验编写而成的学习指导用书。内容包括课文结构分析、课文简述、难句分析、参考译文及练习答案 4 个部分。这 4 个部分围绕“主题教学”这一宗旨,相互补充,对所要掌握的技能给予整体式讲解和引导,改变孤立地讲解单词的做法,以各单元的篇章结构分析和内容提炼为重点,将词汇学习、句法分析融会到课文分析和难句讲解中,使学生在篇章、句法的学习中综合掌握语言技能,体现了整体教学的思想。使学生对文章的理解更透彻,更有助于语言运用能力的提高。

本书编写体例新颖,重点突出,可作为学习《新编大学英语》第 4 册的学习辅导书,为各大专院校学生首选学习参考用书,也适合有志提高英语水平的各类读者自学使用。

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前 言

《新编大学英语》第1册至第4册的编写宗旨是以“学生为中心的整体教学模式”和“发展学生语言综合技能”，针对这一特点，结合实际教学需要，我们组织部分高校教学一线的英语老师编写了“《新编大学英语》课文导读”同步辅导书，也分为4册。与同类学习辅导书相比，本套书有以下特点：

1. 以“语篇教学”思想为主导。许多学生在英语学习过程中反映，虽然他们能够背完一本字典收录的所有词条，但在阅读文章和词语运用时仍感到困难重重。这实际上正反映了“见木不见林”，将语言的整体技能分解得支离破碎的英语学习方法的弊端。本套书的编写目的即是要克服这一弊端。为凸现以“学生为中心的整体教学模式”和“发展学生语言综合技能”的特点和优势，本套书改变了孤立地讲解单词的做法，以各单元的篇章结构分析和内容提炼为重点，将词汇学习、句法分析融会到课文分析和难句讲解中，使学生在篇章、句法的学习中综合掌握语言技能，体现了整体教学的思想。

2. 为方便广大学生课外自学，本书对课后阅读的文章予以详解。由于《新编大学英语》内容多，信息量大，课后阅读的文章量大，学生自学课后阅读有相当的难度，现有的部分辅导书对课后的阅读文章多是不做讲解或是讲解甚少。本套书解决了这一问题，对课后阅读文章的结构、内容、语言点等做尽可能详尽的分析，以满足学生的需要，真正发挥课后辅导的作用。

3. 编写体例新颖，重点突出。对每篇文章分4个部分予以详解：

A. 课文结构分析 以表格框架的形式图解每一篇文章的整体结构，给出文章的要点及各论证论据（supporting idea），使学生对该文章的结构、甚至写作提纲一目了然，帮助学生从整体上掌握课文结构，提高语篇理解力，进一步理解课文内容。

B. 课文简述 将课文内容浓缩到200~300字，使学生对所学课文内容有整体掌握，深化理解，并学习课文提要的写法，加强总结、复述能力的训练。

C. 难句分析 根据教学中学生的反映，选取重点、难点或文中的关键词句给以详细讲解，所举例句均以双语注释。把对词的解析置于对句子的分析中，这样就避免了学习孤立的单词的做法。在文章中多处出现的同一用法，都将选出来集中在一起进行比较，加深学习印象。

D. 参考译文及练习答案 翻译技能是英语学习的一项重要技能，也是许多考试中的重要考点。通过原文和译文的对比，学生不仅更加熟悉原文，还可以加强翻译练习，有助于翻译水平的提高。

各单元的课内阅读部分的练习都提供了答案，供学生参考。由于课外阅读的练习部分教材上已附有答案，在此就不再重复列出。

以上4个部分围绕“主题教学”这一宗旨，相互补充，使学生对文章的理解更透彻，对所掌握的技能有一个整体的提高，更有助于语言运用能力的提高。

本套书的编写者们目前正在使用这套教材进行教学，本套书就是根据他们在近 4 年的教学实践中的较为成熟的经验体会，经总结、概括编写而成。书中选编的难点大多是根据学生在学习过程中的反馈归纳出来的，有很强的针对性。因此，可作为各大专院校正在学习使用《新编大学英语》的所有学生的良师益友和自我提高的辅助教材，相信广大英语学习者都会从这套书中有所收益。

本书第 1 册由江文清、杨梅编写，第 2 册由张宇祥、王继玲、王吉良、武晓山、胡昌宇编写，第 3 册由梁琼、曹玉兰、宋庆文编写，第 4 册由杨梅、侯菊梅、李光华编写，最后由美国语言博士 Doctor Leo Lindsay 和程先富教授审定，在此一并感谢。

由于编者的教学研究水平和实践能力的限制，书中难免有疏漏不当之处，恳请读者批评指正，不吝赐教。

编 者

2003 年 8 月 16 日

目 次

前 言	(I)
Unit 1 Happiness	(1)
In-Class Reading Finding Happiness	(1)
A. Structure of the Text→课文结构分析	(1)
B. Abstract of the Text→课文简述	(1)
C. Difficult Sentences and Language Points→难句分析	(2)
D. Keys to the Exercises→练习答案	(4)
After-Class Reading	
Passage I You Can't Buy Happiness	(6)
A. Structure of the Text→课文结构分析	(6)
B. Abstract of the Text→课文简述	(6)
C. Difficult Sentences and Language Points→难句分析	(6)
D. The Text in Chinese→参考译文	(8)
Passage II A Simple Truth about Happiness	(9)
A. Structure of the Text→课文结构分析	(9)
B. Abstract of the Text→课文简述	(9)
C. Difficult Sentences and Language Points→难句分析	(10)
D. The Text in Chinese→参考译文	(12)
Passage III Optimism	(14)
A. Structure of the Text→课文结构分析	(14)
B. Abstract of the Text→课文简述	(14)
C. Difficult Sentences and Language Points→难句分析	(14)
D. The Text in Chinese→参考译文	(16)
Unit 2 Human Behavior	(18)
In-Class Reading What, Me? Showing Off?	(18)
A. Structure of the Text→课文结构分析	(18)
B. Abstract of the Text→课文简述	(18)
C. Difficult Sentences and Language Points→难句分析	(18)
D. Keys to the Exercises→练习答案	(21)
After-Class Reading	
Passage I When to Keep Your Mouth Shut	(23)
A. Structure of the Text→课文结构分析	(23)
B. Abstract of the Text→课文简述	(23)
C. Difficult Sentences and Language Points→难句分析	(23)

D. The Text in Chinese→参考译文	(26)
Passage II Overcoming Procrastination: A Practical Approach	(28)
A. Structure of the Text→课文结构分析	(28)
B. Abstract of the Text→课文简述	(28)
C. Difficult Sentences and Language Points→难句分析	(28)
D. The Text in Chinese→参考译文	(32)
Passage III How We Can Change Our Wasteful Habits	(34)
A. Structure of the Text→课文结构分析	(34)
B. Abstract of the Text→课文简述	(34)
C. Difficult Sentences and Language Points→难句分析	(34)
D. The Text in Chinese→参考译文	(37)
Unit 3 Attitudes Toward Work	(39)
In-Class Reading	
Making Work Meaningful: Secrets of The Future-Focused Corporation	(39)
A. Structure of the Text→课文结构分析	(39)
B. Abstract of the Text→课文简述	(39)
C. Difficult Sentences and Language Points→难句分析	(39)
D. Keys to the Exercises→练习答案	(42)
After-Class Reading	
Passage I Work Lovers or Work Addicts?	(43)
A. Structure of the Text→课文结构分析	(43)
B. Abstract of the Text→课文简述	(44)
C. Difficult Sentences and Language Points→难句分析	(44)
D. The Text in Chinese→参考译文	(46)
Passage II Company Man	(47)
A. Structure of the Text→课文结构分析	(47)
B. Abstract of the Text→课文简述	(47)
C. Difficult Sentences and Language Points→难句分析	(47)
D. The Text in Chinese→参考译文	(49)
Passage III A Day in the Life of "Salaryman"	(50)
A. Structure of the Text→课文结构分析	(50)
B. Abstract of the Text→课文简述	(50)
C. Difficult Sentences and Language Points→难句分析	(51)
D. The Text in Chinese→参考译文	(53)
Unit 4 Honesty	(56)
In-Class Reading Cheating: Alive and Flourishing	
A. Structure of the Text→课文结构分析	(56)
B. Abstract of the Text→课文简述	(56)
C. Difficult Sentences and Language Points→难句分析	(57)

D. Keys to the Exercises→练习答案	(59)
After-Class Reading	
Passage I How Honest Are We?	(62)
A. Structure of the Text→课文结构分析	(62)
B. Abstract of the Text→课文简述	(62)
C. Difficult Sentences and Language Points→难句分析	(63)
D. The Text in Chinese→参考译文	(65)
Passage II The Truth about Lying	(67)
A. Structure of the Text→课文结构分析	(67)
B. Abstract of the Text→课文简述	(67)
C. Difficult Sentences and Language Points→难句分析	(67)
D. The Text in Chinese→参考译文	(70)
Passage III Is Business Bluffing Ethical?	(72)
A. Structure of the Text→课文结构分析	(72)
B. Abstract of the Text→课文简述	(72)
C. Difficult Sentences and Language Points→难句分析	(72)
D. The Text in Chinese→参考译文	(75)
Unit 5 Appearance	(77)
In-Class Reading Physical Attractiveness	(77)
A. Structure of the Text→课文结构分析	(77)
B. Abstract of the Text→课文简述	(77)
C. Difficult Sentences and Language Points→难句分析	(77)
D. Keys to the Exercises→练习答案	(82)
After-Class Reading	
Passage I Dress for Success	(84)
A. Structure of the Text→课文结构分析	(84)
B. Abstract of the Text→课文简述	(84)
C. Difficult Sentences and Language Points→难句分析	(84)
D. The Text in Chinese→参考译文	(87)
Passage II Neat People versus Sloppy People	(89)
A. Structure of the Text→课文结构分析	(89)
B. Abstract of the Text→课文简述	(89)
C. Difficult Sentences and Language Points→难句分析	(89)
D. The Text in Chinese→参考译文	(91)
Passage III Turning Boys into Girls	(93)
A. Structure of the Text→课文结构分析	(93)
B. Abstract of the Text→课文简述	(93)
C. Difficult Sentences and Language Points→难句分析	(94)
D. The Text in Chinese→参考译文	(97)

Unit 6 Advertising Campaigns	(99)
In-Class Reading Advertising Claims	(99)
A. Structure of the Text→课文结构分析	(99)
B. Abstract of the Text→课文简述	(99)
C. Difficult Sentences and Language Points→难句分析	(99)
D. Keys to the Exercises→练习答案	(104)
After-Class Reading	
Passage I Insights into Advertising	(105)
A. Structure of the Text→课文结构分析	(105)
B. Abstract of the Text→课文简述	(105)
C. Difficult Sentences and Language Points→难句分析	(106)
D. The Text in Chinese→参考译文	(108)
Passage II Developing an Advertising Campaign	(110)
A. Structure of the Text→课文结构分析	(110)
B. Abstract of the Text→课文简述	(110)
C. Difficult Sentences and Language Points→难句分析	(110)
D. The Text in Chinese→参考译文	(112)
Passage III Advertisement Appreciation	(114)
A. Structure of the Text→课文结构分析	(114)
B. Difficult Sentences and Language Points→难句分析	(114)
C. The Text in Chinese→参考译文	(115)
Unit 7 Today's Youth	(118)
In-Class Reading Profiles of Today's Youth: They Couldn't Care Less	(118)
A. Structure of the Text→课文结构分析	(118)
B. Abstract of the Text→课文简述	(118)
C. Difficult Sentences and Language Points→难句分析	(118)
D. Keys to the Exercises→练习答案	(121)
After-Class Reading	
Passage I Me, Stuart, Mum and Dad	(122)
A. Structure of the Text→课文结构分析	(122)
B. Abstract of the Text→课文简述	(122)
C. Difficult Sentences and Language Points→难句分析	(123)
D. The Text in Chinese→参考译文	(125)
Passage II College Pressure	(126)
A. Structure of the Text→课文结构分析	(126)
B. Abstract of the Text→课文简述	(126)
C. Difficult Sentences and Language Points→难句分析	(127)
D. The Text in Chinese→参考译文	(128)
Passage III Postgraduate Paralysis	(130)

A. Structure of the Text→课文结构分析	(130)
B. Abstract of the Text→课文简述	(131)
C. Difficult Sentences and Language Points→难句分析	(131)
D. The Text in Chinese→参考译文	(133)
Unit 8 The Media	(136)
In-Class Reading It's Radio!	(136)
A. Structure of the Text→课文结构分析	(136)
B. Abstract of the Text→课文简述	(136)
C. Difficult Sentences and Language Points→难句分析	(136)
D. Keys to the Exercises→练习答案	(138)
After-Class Reading	
Passage I What Makes TV Most Entertaining?	(140)
A. Structure of the Text→课文结构分析	(140)
B. Abstract of the Text→课文简述	(140)
C. Difficult Sentences and Language Points→难句分析	(141)
D. The Text in Chinese→参考译文	(142)
Passage II Sounding the Waters	(144)
A. Structure of the Text→课文结构分析	(144)
B. Abstract of the Text→课文简述	(144)
C. Difficult Sentences and Language Points→难句分析	(145)
D. The Text in Chinese→参考译文	(148)
Passage III The Power of the Press	(149)
A. Structure of the Text→课文结构分析	(149)
B. Abstract of the Text→课文简述	(150)
C. Difficult Sentences and Language Points→难句分析	(150)
D. The Text in Chinese→参考译文	(152)
Unit 9 Computer Technology	(154)
In-Class Reading Hackers, Crackers and Trackers	(154)
A. Structure of the Text→课文结构分析	(154)
B. Abstract of the Text→课文简述	(154)
C. Difficult Sentences and Language Points→难句分析	(154)
D. Keys to the Exercises→练习答案	(156)
After-Class Reading	
Passage I Microchips	(157)
A. Structure of the Text→课文结构分析	(157)
B. Abstract of the Text→课文简述	(158)
C. Difficult Sentences and Language Points→难句分析	(158)
D. The Text in Chinese→参考译文	(159)
Passage II Workplace of the 90s: High-Tech Sweatshop?	(161)

A. Structure of the Text→课文结构分析	(161)
B. Abstract of the Text→课文简述	(161)
C. Difficult Sentences and Language Points→难句分析	(161)
D. The Text in Chinese→参考译文	(163)
Passage III Lost in the E-mail	(165)
A. Structure of the Text→课文结构分析	(165)
B. Abstract of the Text→课文简述	(165)
C. Difficult Sentences and Language Points→难句分析	(165)
D. The Text in Chinese→参考译文	(168)
Unit 10 Medical Ethics	(170)
In-Class Reading A License to Kill	(170)
A. Structure of the Text→课文结构分析	(170)
B. Abstract of the Text→课文简述	(170)
C. Difficult Sentences and Language Points→难句分析	(170)
D. Keys to the Exercises→练习答案	(172)
After-Class Reading	
Passage I Required Course: Beside Manner 101	(174)
A. Structure of the Text→课文结构分析	(174)
B. Abstract of the Text→课文简述	(175)
C. Difficult Sentences and Language Points→难句分析	(175)
D. The Text in Chinese→参考译文	(177)
Passage II Human Cloning, Don't Just Say No!	(179)
A. Structure of the Text→课文结构分析	(179)
B. Abstract of the Text→课文简述	(179)
C. Difficult Sentences and Language Points→难句分析	(179)
D. The Text in Chinese→参考译文	(181)
Passage III How the Gene Test Can Affect Your Insurance	(183)
A. Structure of the Text→课文结构分析	(183)
B. Abstract of the Text→课文简述	(183)
C. Difficult Sentences and Language Points→难句分析	(183)
D. The Text in Chinese→参考译文	(185)
Unit 11 Criminal Punishment and Crime Prevention	(188)
In-Class Reading Death and Justice	(188)
A. Structure of the Text→课文结构分析	(188)
B. Abstract of the Text→课文简述	(188)
C. Difficult Sentences and Language Points→难句分析	(188)
D. Keys to the Exercises→练习答案	(190)
After-Class Reading	
Passage I The Death Penalty	(191)

A. Structure of the Text→课文结构分析	(191)
B. Abstract of the Text→课文简述	(191)
C. Difficult Sentences and Language Points→难句分析	(192)
D. The Text in Chinese→参考译文	(193)
Passage II The Criminals Go Unpunished	(195)
A. Structure of the Text→课文结构分析	(195)
B. Abstract of the Text→课文简述	(195)
C. Difficult Sentences and Language Points→难句分析	(196)
D. The Text in Chinese→参考译文	(197)
Passage III Crime Prevention	(199)
A. Structure of the Text→课文结构分析	(199)
B. Abstract of the Text→课文简述	(199)
C. Difficult Sentences and Language Points→难句分析	(199)
D. The Text in Chinese→参考译文	(201)
Unit 12 Ambition	(204)
In-Class Reading Ambition	(204)
A. Structure of the Text→课文结构分析	(204)
B. Abstract of the Text→课文简述	(204)
C. Difficult Sentences and Language Points→难句分析	(204)
D. Keys to the Exercises 练习答案	(206)
After-Class Reading	
Passage I Hacker or Mike?	(209)
A. Structure of the Text→课文结构分析	(209)
B. Abstract of the Text→课文简述	(209)
C. Difficult Sentences and Language Points→难句分析	(209)
D. The Text in Chinese→参考译文	(211)
Passage II Romantic Ambition	(212)
A. Structure of the Text→课文结构分析	(212)
B. Abstract of the Text→课文简述	(213)
C. Difficult Sentences and Language Points→难句分析	(213)
D. The Text in Chinese→参考译文	(214)
Passage III The Virtues of Ambition	(216)
A. Structure of the Text→课文结构分析	(216)
B. Abstract of the Text→课文简述	(216)
C. Difficult Sentences and Language Points→难句分析	(216)
D. The Text in Chinese→参考译文	(218)

Unit 1 Happiness

In-Class Reading Finding Happiness

A. Structure of the Text→课文结构分析

Part I	What engenders a sense of happiness? (Para.1)
Part II	Speculations about happiness are age-old and now we must study happiness scientifically. (Para.2)
Part III	Social scientists have exploded some myths about who's happy and who's not by identifying predictors of happiness. (Para.3~6) 1) Interviews with people of all ages reveal that no time of life is notably happier or unhappier. 2) Like age, gender gives no clue to subjective well-being. 3) Steady improvements in the economy are not accompanied by a steady increase in people's assessment of their own happiness.
Part IV	Four traits are typical of happy people. (Para.7~12)
Part V	Close relationships also mark happy lives. (Para.13~15) 1) People report happier feelings when with others. 2) Committed relationship is among life's greatest satisfactions. 3) The happiness between the married and never-married is similar for women and men.
Part VI	What traits a person has and whether the person enjoys a supportive network of close relationships seem to tell us if he is happy. (Para.16)

B. Abstract of the Text→课文简述

For human beings, speculations about happiness are age-old. However, through modern scientific study, we have found some of our beliefs are just illusions. Actually, people's age, sex and incomes have little with their happiness. Studies show that four traits are typical of happy people though we are yet not certain about the causal arrows between the traits and happiness. These four traits are: liking oneself; feeling personal control; being optimistic and extroverted. Besides, our happiness seems changeable only within limits imposed by our genetic makeup. Moreover, close relationships mark happy lives. Generally speaking, people report happier feelings when with others and a supportive, intimate, committed martial relationship is among life's greatest satisfaction.

C. Difficult Sentences and Language Points→难句分析

1. Although the scientific pursuit of happiness has recently mushroomed, speculations about happiness are age-old.

尽管对于快乐的科学探索是最近才迅速发展起来的，对它的思索却是自古有之。

mushroom 蘑菇，像蘑菇一样迅速生长，发展

此处名词活用为动词，生动形象。类似的用法如：

He was snowed (层层覆盖) under by work..

The corridor was flooded (像洪水一样淹没) with boys and girls.

The child wolfed (狼吞虎咽) down his supper.

He wormed (像虫子一样钻进) into our confidence.

Misfortune dogged (尾随) him at every turn.

age-old 古老的

an age-old custom 古老的习俗

2. In short, we must study happiness scientifically.

简而言之，我们必须科学地研究快乐。

in short 总之，简单地说

In short, I don't agree with you on this point. →简而言之，我并不同意你的观点。

含 short 的词组还有：

for short 简称

The National Broadcasting Company is called NBC for short. →国家广播公司简称为 NBC。

3. Like age, gender gives no clue to subjective well-being.

和年龄一样，性别也不能说明一个人是否感到幸福。

原句可分析为：Like age, sex differences can't tell whether a person feels happy or not.

give clue to 提供线索，帮助找到

Recent findings gave clue to the trace of the criminal.

→最近的发现为找到罪犯的踪迹提供了线索。

4. The conclusion is grounded in scores of studies around the world.

这一结论是从世界范围内的几十个调查研究中得出的。

be grounded in/on 以……为基础，以……为依据，在……方面基础好

Their fears were grounded on superstition. →他们的恐惧是出于迷信。

All applicants must be well grounded in mathematics.

→申请者必须具有良好的数学基础。

含 ground 的词组还有：

on the ground of/ on grounds of 以……为依据

He was excused on the ground of illness. →他以生病为由。

scores of / a score of 很多 (修饰可数名词)

I'd escaped death a score of times by a hair's breath. → 许多次, 我死里逃生。

Scores of people attended the performance. → 许多人参加了演出。

比较:

dozens of 许多, 几十 (个)

numbers of 许多 (修饰可数名词)

amounts of 许多 (修饰不可数名词)

We still have dozens of eggs in the icebox. → 冰箱里还有许多鸡蛋。

in scores 大量地

People came in scores. → 来的人很多。

4. Fourth, happy people tend to be extroverted.

第四, 快乐的人一般都是外向的。

extrovert/extrovert 外向的人

类似构词还有:

extract 拔出

extraordinary 非凡的, 额外的

introvert 内向的人

类似构词还有 introspection 内省。

5. Yet happiness seems changeable only within limits imposed by our genetic makeup.

但是快乐似乎只能在我们性格所允许的范围内变动。

原句可分析为:

Yet happiness seems to change only within the range determined by our born characters.

这里 imposed 所引导的定语修饰 limits. Genetic makeup 即 born character (禀性)。

makeup 性格 (通常用单数) (也可用 make-up)

The make-up of his character can't be changed at his age.

→ 他的性格这个年龄没有办法改变。

6. Depending on our outlooks and recent experiences, our happiness fluctuates around our happiness set point, which disposes some people to be ever cheerful and others gloomy.

我们的快乐程度受到人生观和目前经历的影响, 但它总是在每个人天生的快乐度范围内变动, 这个天生的快乐度使一些人常常快乐, 而另一些人却抑郁沮丧。

该句中 which 所引导的非限定性定语从句修饰先行词 happiness set point.

happiness set point 意为“预定的快乐点”, 可看做专有名词, 译做“快乐度”。

7. A supportive, intimate, committed relationship is among life's greatest satisfactions.

相互支持、亲密忠诚的婚姻是人生中最美满的事。

committed 投入的, 忠诚的

commit 干 (错事, 坏事)

To Christianities, committing suicide is a crime. →对基督教徒来说, 自杀是一种罪。

commit ... to ... 投入; 交付 (后接名词或动名词)

Allen commits himself to finding the truth of it. →爱伦决心要自己查明真相。

The old man committed his will to the care of the lawyer. →那位老人将遗嘱托付给律师。

D. Keys to the Exercises→练习答案

Reading Comprehension

1.

1) Introduction (*Para.1*):

A question is raised: What engenders a sense of well-being/happiness?

2) Different speculations about the source of happiness in history (*Para.2*):

A. Ancient philosophers believed that happiness accompanied a life of intelligent reflection.

B. Competing ideas about the source of happiness in later centuries:

a. Happiness comes from living a virtuous life versus indulging pleasures.

b. Happiness comes from knowing the truth versus preserving illusions.

c. Happiness comes from restraint versus getting rid of rage and misery.

3) Some myths about happiness that have been exploded by social scientists (*Para.3~6*):

A. Question: Does happiness favor people of a particular age?

Answer: No. Knowing someone's age gives no clue to the person's lasting sense of well-being.

B. Question: Does happiness have a favorite sex?

Answer: No. Like age, gender gives no clue to subjective well-being.

C. Question: Are steady improvements in the economy accompanied by increasing happiness?

Answer: Not necessarily. Steady improvements in the economy are not accompanied by a steady increase in people's assessments of their own happiness.

4) The four traits of happy people and trait happiness correlation (*Para.7~12*):

A. The four traits that are typical of happy people (*Para.7~10*):

a. Happy people like themselves.

b. Happy people typically feel personal control.

c. Happy people are usually optimistic.

d. Happy people tend to be extroverted.

B. Trait-happiness correlation (*Para.11~12*):

a. With each of the trait-happiness correlations, the causal arrows are uncertain.

b. Happiness seems changeable only within limits imposed by our genetic makeup.

5) The relationships of happy people (Para. 13~15):

Close relationships mark happy lives.

Evidence:

A. Those who can name several intimate friends are healthier and happier.

B. A supportive, intimate, committed marital relationship is among life's greatest satisfactions. During the 1970s and 1980s, more married adults said they were "very happy" than did those who never married.

6) Conclusion (Para. 16):

Better clues about happiness come from knowing what traits a person has and whether the person enjoys a supportive network of close relationship.

2. (略)

3.

1) C 2) B 3) A 4) C 5) A

4. (略)

Vocabulary

1.

extroverted—outgoing

rage—fury

competing—conflicting

mythical—fictitious

gloom—depression

preserve—maintain

prejudiced—biased

Alternative—option

changeable—variable

reveal—show

reflection—thought

explode—disprove

2.

1) intimate

2) pursuit

3) undertake

4) deprived

5) restraint

6) capacity

7) optimistic

8) preserving

9) illusion

10) grounded

11) indulge

12) exceeded

3.

1) outgrew

2) outstanding

3) outset

4) outlook

5) outgoing

6) output

7) outcome

8) outspoken

9) outweigh

10) outbreak

11) outlet

12) outnumber

4.

power—empower

body—embody

able—enable

title—entitle

rich—enrich

force—enforce

courage—encourage

large—enlarge

1) embodies

2) enable

3) encourage

4) entitled

5) empowered

6) enlarging

7) enforce

8) enriched