配合普通高中课程标准实验教科书



丛书主编 凯歌





ndisering mening mening meneral menera Sekarang meneral mener

高中必修 1

英语



and the second second

每分别事务的孩子 一招 形

and the commence of the commen

edinantes e mentratantinas mengananantem kenalah pertambah menalah engan penganan menganan penganan penganan menganan penganan menelah penganan penganan penganan penganan pengan

and a significant of the state of

(如言印刷接行质量问题增与专用了铜统)

星球地图出版社

丛书主编 统 毅

图书在版编目(CIP)数据

导学与评价:北师大版. 高中英语.1:必修/凯歌主编-北京:星球地图出版社,2008.8

ISBN 978 - 7 - 80212 - 673 - 2

I.导… Ⅱ. 凯… Ⅲ. 英语课一高中一教学参考资料 IV. G634

中国版本图书馆 CIP 数据核字(2008)第 104099 号

高中必修

健康 北界大概

湖外

丛书名 导学与评价(北师大版.英语.必修1)

丛书策划 金九州文化

丛书主编 凯 歌

责任编辑 张萌

出版发行 星球地图出版社

标准书号 ISBN 978-7-80212-673-2

10.7E 13 9 10.DIT 010 1 00.012 010 2

社 址 北京市北三环中路 69 号 邮政编码 100088

联系电话 010-62052349

网 址 www. starmap. com. cn

印刷厂 郑州文华印务有限公司

开本尺寸 880×1230 1/16

版 次 2008年7月第1版

印 次 2008年7月第1次印刷

印 张 7.5

字 数 317,000

定 价 12.80元 (书+检测题卷)

(如有印刷装订质量问题请与承印厂调换)

联系电话: 010-62052349

回除高差,对近三年高考真题详尽解读,把捏考查重点。明确能力发展方向;科学准确的策略整合,提升学生

6.充分考虑课堂数学的实 : 重素质培养、思维训练和

學人、背景搜索、激发学生兴趣、启迪学习动力。拓展文化观别、敦情是人、蕃梦待发。

2人而培养学生动手动脑的



国家基础教育课程改革已经全面启动,它给学科教材带来了实质性变革。自主、合作、探究、创新等新理念得到积极提倡和实行,教育、教学、考试也发生了重大变化,这引起全社会、特别是教师和学生的广泛关注。为了帮助广大师生适应全新的课改理念,提高教育教学质量,我们由专家引领、一线教师执笔,特编写这套集新理念和新课标为一体、熔科学性与实用性为一炉的教辅丛书《导学与评价》。该丛书有以下特点:

- 1. 最新的课改理念。丛书充分融入课改新理念和新课标要求,广泛汲取教育专家对课改的思想认识;着眼三维目标,注重人文、情感态度与价值观的渗透和融合;体现知识、能力、素质合一,方法、实践、创新一体。
 - 2. 全新的作者队伍。我们精心组织的所有作者全都来自新课标教材实验区,均为各地学科带头人,多为一线特高级教师;他们既有对新课标理念深刻的认识又有丰富的实际教育教学经验,他们用自己选择教辅、评判教辅的标准严格要求自己的写作。
- 3. 科学的编排体例。丛书在体例设计时,充分遵循课改理念和吸收专家的教育智慧,充分考虑课堂教学的实际需要,注重学生自主学习和教师精要导学相结合,注重知识构建与能力提升相结合,注重素质培养、思维训练和考试能力相结合,从而达到科学性和实用性的完美统一。

【构筑知识桥梁】

设置启智名言、话题导入、背景搜索,激发学生兴趣,启迪学习动力,拓展文化视野,激情导入,蓄势待发。

自主学习重点单词、短语、句型,思考课文重点语法现象,自觉了解单元学习目标,从而培养学生动手动脑的良好习惯;精要导学,名师解读,语法聚焦,突出重点,精析教材重难点,突破疑难易错点,引领成功之路;互动练习,课后强化,精编习题,循序渐进,夯实基础,彰显学生主体性,以达到知识和能力的自然转化、过程和方法的有机统一、思维和素质的综合提升。

【无限提升,冲刺终点】

回眸高考,对近三年高考真题详尽解读,把握考查重点,明确能力发展方向;科学准确的策略整合,提升学生技能技巧;精选最新高考题或各地模拟题,沙场实兵训练,使能力达到有效提升,为冲刺终点积蓄无限力量。

4. 新颖的成书模式。我们充分遵循一线广大师生的需求,丛书各学科的"学生用书"将单元测试卷、综合测试 《卷独立成册,夹放在学科教辅书中,并提供"教师用书",补充丰富的教学参考资料,方便老师们在教学过程中灵活 使用。

编写一套师生满意的教辅资料是我们最大的心愿,为实现这个心愿,我们一直孜孜以求,精益求精。"精诚所至,金石为开",我们这套教辅丛书,希望得到您的关注和厚爱!

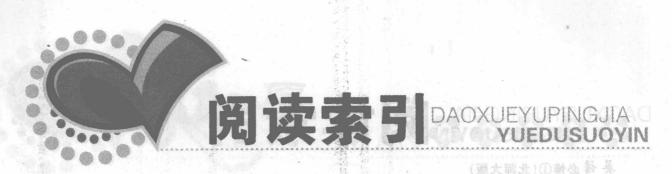
《导学与评价》丛书编委会 星球地图出版社 二〇〇八年七月

DAOXUEYUPINGJIA 阅读索引

英 谚 必修①(北师大版)

Unit 1 Lifestyles	(1)
Warming-up & Lesson 1 A Perfect Day?	I nossal & qu-mnimaW (2)
Lesson 2 Relaxing	Triby Andrews (7)
Lesson 3 A Volunteer Teacher	2gaibboW8(10)3
Lesson 4 City and Country & Communication Workshop	
Unit 2 Heroes Person wealth is health.	(23)
Warming-up & Lesson 1 Modern Heroes	(24) (24) (24)
Lesson 2 History Makers	
Lesson 3 Sports Stars	(32)
Lesson 4 Superhero & Communication Workshop	
t perç 8 e-pion al lleman illestaton. Sonon aron a such abstractivo, in their w	ratik, which seems was some asper which to t

Life in the cities is very different from tile in the vill gas and on the trains, People in large vities are much prove careful to respect to the reciving all larges times the velling scenarion of an interest but their accordance of gity life to limit one's curvature of the personal affairs in strangers. Villagen and farmers are likely to show a great deal of interest in all their neighbors, ances for bright groung people are greater in the cities and then, has been a steady stream of hopeful jobs chert from the villages and



Unit 3	Celebration	
Warmin	ng-up & Lesson 1 Festivals	(47)
Lesson	2 Parties	(51)
Lesson	3 Weddings	(55)
Lesson	4 Christmas & Communication Workshop	(58)
第一单		
第二单		(75)
第三单		(83)
综合检	Sports Stars U.L.t.によいいは およった にいい これによった これには これにない ・ Superhero & Communication Workshop	(91)
参考答	· · · · · · · · · · · · · · · · · · ·	(99)

...



Unit 1 Lifestyles





●启智名言 ●●●●

OIZHIMINGYAN

- 1. Early to bed and early to rise, makes a man healthy, wealthy and wise. 早睡早起会使人健康、富有和聪明。
- 2. The first wealth is health. 健康是人生第一财富。
- 3. Life is great if you don't weaken. a shi you and mumily 有坚强的意志,才有伟大的生活。由阿蒙克拉特显示。
- 4. Life is made up of little things. 生活是由繁琐的事情组成的。

Benjamin Franklin, American president

一美国总统 富兰克林. B. Ralph Waldo Emerson, American thinker

一美国思想家 爱默生. R. W.



Different people enjoy different lifestyles. Some people bury themselves in their work, which seems to mean everything to them. They have fun keeping themselves busy. We call them workaholics. Some people spend their time enjoying their hobbies. Some have a hard time making enough money to support their families. Others are plunged into charity work, devoting themselves to struggling for better living conditions for other people. You may choose any lifestyle, but you can't choose one that is only for the good of yourself.



● 背景搜索 ●●●●

BEIJINGSOUSUO

City and Country Life

Life in the cities is very different from life in the villages and on the farms. People in large cities are much more careful to respect the privacy of the individual. Sometimes this feeling seems to be one of indifference, but it is a convention of city life to limit one's curiosity about the personal affairs of strangers. Villagers and farmers are likely to show a great deal of interest in all their neighbors. Chances for bright young people are greater in the cities and there has been a steady stream of hopeful jobseekers from the villages and farms to the large cities.



突破难点

自主学习

I.单词(Words)	
1.	n. 生活方式
2.	adj. 和平的,平静的
3	adj. 轻松的,放松的
4.	adj. 充满压力的,紧张的
5	vt. 认为,猜想
6.	vi. 抱怨,投诉
	vt. 转换,转变
9.	adj. 轻便的,手提(式)的 adj. 急迫的,紧急的
	adj. 私人的,个人的
	vi.感到疼痛,遭受(痛苦)
	v.减少,降低
14.	vt. 更喜欢, 宁愿
15.	n. 挑战
	vt. & n. 支持,支撑
	vt. & vt. 设计
	n. 广告
19.	adv. 否则,另外
20.	n. 预测;预报
■.短语(Phrases	and wise. Benjamin Franklin-Au
81. 黄羊富 1	把开关打开,接通
	A droarem'd oble W 占据工
.W3.9 P.44.8	充满着
4.	忍受,遭受
	此刻,目前
6.	锻炼身体
7.	
	轮流地
	盼望;期待
10.	减轻体重
■. 句式(Sentence	
	me less than fifteen minutes to wash, get
	ave breakfast, leave home and get on bus.
	eavisement guitovin front of the class, beganing a
	er, I feel vino si tada eno escont t'as something
	s in poor areas

- Ⅳ. 语法(Grammar)
 - 1. 一般现在时和现在进行时
 - 2. 一般将来时 will, be going to 及一般现在时表将来

Warming-up & Lesson 1 A Perfect Day?



1. I think a shepherd's life is peaceful and relaxing—but maybe it's boring sometimes.

我认为牧羊人的生活是平静而轻松的,但是或许有时会令人 厌烦。

名师解读

relaxing adj. 轻松的,放松的

He is always busy; what a relaxing day he is starving for! 他总是很忙;他多么渴望有轻松的一天啊!

I had a relaxing drink when I got home from work.

下班回家后我喝了一杯令人放松的饮料。

联想: relax v. (使)放松, (使)轻松

relaxed adj. 放松的,镇定的

relaxation n. 消遣,娱乐,放松

辨析: relaxing 与 relaxed

- (1) relaxing 有"令人放松的"之意,多用来说明物;
- (2) relaxed 有"放松的,镇定的"之意,多用来说明人。

Yesterday I saw a relaxing movie with my friend.

昨天我和我的朋友看了一部令人放松的电影。

He appeared relaxed and confident before the match. 比赛前,他显得轻松自信。

互动练习

选词填空	(relaxing, rel	axed, relaxation
------	----------------	------------------

- to take a shower after hours of hard work.
- (2) Bill came back from his holiday looking
- (3) First prize is three days of spa(温泉).

I. Early to hed and early to rise, makes a man he 空東東单江

)(4)A holiday will help you after your exams. A. relaxed B. relaxing water and off S

C. relax

D. relaxation

2. Mmmm and my life is very stressful, I suppose.

呣,而且我认为我的生活充满了压力。

suppose

(1)vt. 认为,猜想

She had supposed him to be very rich.

她原认为他很有钱。

I don't suppose that he'll agree.

They have fun keeping themselves busy. W. 意意可含不是

You are not supposed to smoke in this building.

你不可以在这幢楼里吸烟。on rento tol ancinibnos galvil retted

(2) suppose 可以引导条件状语从句,相当于 if 的作用 Suppose he is out of work, what will his children do?

假如他失业了,他的孩子们怎么办? 拓展: suppose sb. /sth. to be. 认为某人/某物是 ······

suppose+that 从句 认为…… be supposed to do sth. 应该做某事

互动练习

(1)你最晚在周五付清这笔帐。

You pay the bill by Friday.

(2)他们猜想他是死了。

They him dead.

(3)假如她不来,我们还是要去。 she doesn't come, we will still go.	名师解读
3. What do you do at weekends?	in the evenings 在晚上(用复数,常隐含"大部分晚上"的含
周末你做什么? 医神关节阿太斯氏示法—阿瑟氏前阿洛	In the evenings, I watch sports programs more often than
名师解读	shows.
	(大多数)晚上,我更多的是看体育节目而不是访谈节目。
weekend n. 周末 空東東草	联想:in the evening 在晚上 空東方流進載的 sabrara 图
weekend包括 Saturday 和 Sunday, "在周末", 常用介词 at: at	In the evening, I seldom go out to drink.
the weekend; at weekends	晚上我很少外出喝酒。nadw libras atom ed bluoda no Y(S)
The library is closed at weekends.	拓展:at night 在晚上
图书馆周末不开放。 Marka in works in (2)(Of course, I couldn't live this lifestyle without appears.
拓展: weekday(s)工作目 rq and rol show of yqqad	可以用的一种以上不以为一种的。则是
on weekdays 在工作日间 O sdr. 8 s .A	介词填空
You can do some reading in the reading room on weekdays.	(1) Bats come out night.
你可以在工作日去阅览室看书。	(2) The meeting will be held Wednesday evening.
我一般在傾勢晦萬5分钟隸疆了。 医教徒区	6 if there is a good play on BBC2, I switch over and watch
Sept Injury (A) (A) the september (A)	Then at night, I watch more films and I usually switch off the
半坝県立	at about two o'clock. 天本语名古述一举书里村间共简单儿
()(1)We'll go to have a barbecue this weekend.	假如英国广播公司二频道中有好的电视剧,我就转台过去看
A. on B. at C. / D. in	到了晚上,我看更多的电影节目,通常看到凌晨2点才关电
(An)(2) They will have finished the work mished next weekend.	名师解读 has taken 图主语 告录替式 sid brad a svil
A. on B. at C. / D. by (4.5)	switch over(to) 把频道调到······
4. I often watch another old film—they are showing some	Please switch over to CCTV-5. aca fladgood avil a at aidT
good ones at the moment.	请把频道调到中央五套。
我常看另一部老影片——眼下电视里正播放非常好看的老	switch off 关掉(电视,收音机) barw adt at selggs adT
电影。A. pay	Please switch off your walkman when you are at work.
名师解读	上班时请关掉随身听。
17. Machines and phono calle take use a lurar med of the day	拓展:switch on(=turn on)打开(电视,收音机)
一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一	turn off(=switch off)关掉(电视,收音机)
John arrived at the railway station at noon, but I was too busy	turn up 开大音量,调亮灯光;露面,出现 网络高级
to pick him up at the moment, and langua ad T	turn down 关小音量,调暗灯光 一番拉 sid as bask 飘落
约翰正午时分到达火车站,但是那时我太忙不能去接他。	turn in 上交
拓展: for the moment 暂时,目前	turn out 结果(是),证明(是)
for a moment 一会儿	turnover 把·····弄翻,翻过来
in a moment 立刻,马上,天夏拉路南回去去泉庞天璇(8)	(* **) (1) My English teacher always gives us **********************************
They are living in a one-room house for the moment.	interesting lessons.
他们暂时住在只有一个房间的房子里。 дашина элг	单项填空 Sylls,A
The operation is running. Please wait for a moment.	()(1) down the radio; the baby's asleep in
正在进行操作,请稍候。a no leg bna smod evast, last day d	the bas water food that the moon trans was the the
Hurry up! The bus will leave in a moment.	A. Turning of by B. Turn bloods sw
快点,公共汽车马上要开啦。	C. Turned avid 8 D. To turn 11 A
互动练习 classificates were macuality in middle trade a she	()(2)What he said has true.
	B. turned out sold at A. B. turned over
It takes sb. some time to do sth. 某人使某事准 空製硬单 国际 医原体	C. turned in D. been turned out
(Comp)(1)—Are you free this morning?	7. I also do some exercise every day. 日本東京 中央教育 生 86
— Yes, but I'm having a talk with Mother	我也每天进行体育锻炼。
A. the moment B. at the moment A. C. in a moment	名师解读
C. in a moment D. for a moment	at one's desk=at desk 在办公,在伏案工作,然而现在
(1) (2) Please keep quiet. The meeting will begin	exercise 监狱干泉泊(型)aldata ta 系数
A for the moment of the B. at the moment	(1)n. [U]锻炼,运动
5. In the evenings, Loften watch TV series or sports and the range	do(some)exercise=take(some)exercise 进行锻炼
5. In the evenings, I often watch TV series or sports and the news again.	但如果表示一系列的操练或各种各样的锻炼时,可用复数 式 m.do eve everging 性間保健場
EGIII. UUTAMA PASERT HERITAAT ARGUSISI III	THE CO AND ANAPOLOGIC ADMINISTRATION

晚上,我经常看电视连续剧或体育节目,接着再看新闻。

在晚上(用复数,常隐含"大部分晚上"的含义) s, I watch sports programs more often than talk

î	词	填	容。	
		-	-	

- night.
- g will be held Wednesday evening.
- good play on BBC2, I switch over and watch it. watch more films and I usually switch off the TV 几年前我们村里任着一位古怪的老头。

公司二频道中有好的电视剧,我就转台过去看。 更多的电影节目,通常看到凌晨2点才关电视。

()(1)d	own the radio; the baby's asleep	in	the
	next room.	(2) We are Wild That 共香基金		
	A. Turning	or braB. Turn bloods aw		
	C. Turned	D. To turn		
()(2) What he said	l has true.		
	A. turned out	B. turned over		

列的操练或各种各样的锻炼时,可用复数形 xercises 做眼保健操

He is so fat that everyone advises him to take more exercise.

他太胖了,所以大家都劝他多锻炼身体。 (2)n.[C]练习,作业 We have a lot of exercises to do every day. and and and 我们每天做很多练习题。 Arrock doing Lagningva and n 互动练习 用 exercise 的适当形式填空 (1) Doing morning is good for your health. (2) You should be more careful when you are doing your 8. Of course, I couldn't live this lifestyle without a good wife, 当然,没有一个好妻子我过不上这种生活。 名师解读 live wabseahaW (1) vi. 生活,过活 ---- T CART No wile Many and many in ... There lived a strange old man in our village years ago. 几年前我们村里住着一位古怪的老头。如此一个四个 (2)vt. 过着·····的生活(后面常有固定宾语 life/lifestyle) live a happy life 过着幸福的生活 自由本面的 是一个 live a dog's life 过着牛马不如的生活 live a hard life 过着艰苦的生活 (3)adj. 现场直播的,真实的一层隔点骤然(o1)zavo dotiva This is a live football match. The revo delive eaself 这是一场现场直播的足球赛。 The apples in the window are not live ones but plastic ones. 橱窗中的苹果不是真的,是塑料做的。 by lie doliwa sassiq 联想:life n. 生活,生命 lively adj. 活泼的,生动的 (F(no min =)no notiwe: 黑融 living adj. 活着的,在世的 由) 星头(no dotiwa =) llo must alive adj. 活着的,在世的(作表语或后置定语) 开 qu mul 拓展:lead a... life 过着……的生活。 查音小类 awoh awa 互动练习 单项填空 turm..over 把……森藏。翻过来)(1) My English teacher always gives us interesting lessons. B. live A. alive di ai gas C. living ada other ada D. lively)(2) We are told that life is not easy and that happy life. we should work hard to A./; live a banuT.O C. the, lead D. the, lead a W(S) 9. Thirty-six-year-old Bob Black is sitting at his desk and working his way through his paperwork. 36 岁的鲍勃·布莱克正在写字台前忙他的案头工作。 A Perfect pa機構有效行法天命也要 at one's desk=at desk在办公,在伏案工作 拓展:at a table(坐)在桌子旁边 at table 在就餐,吃饭 in prison 在坐字 在 sercise = take(some) exercise 在 字 字 amos)ob

go to school 去上学 去要基本的类。来不触成员(8) go to the school 到学校去。 a nasob sda 注意:在上述表达中,名词前有冠词一般表示"处所"含义, 名词前无冠词一般表示与该名词有关的活动。 互动练习 winds when have home and make the 单项填空 ()(1) John couldn't hear me because he was in B. the Brand C. his bead D. /visidil ad I)(2) His father works in prison. He is very happy to work for the prison, I (a) the same and a B. the C. his D. 不填 10. I normally wake up about five minutes before my alarm clock 我一般在闹钟响前5分钟就醒了。 名师解读 go off (1)(爆竹、铃等)响 The alarm went off when the thief broke into the bank. 小偷闯入银行时警报器响了。 (2)离开;消失 She went off to get a drink, will be redione dataw nelle I . 她拿饮料去了。 good ones at the moment. The pain went off. 型數與不剩一一共業生騎一民聲當集 疼痛消失了。 互动练习 完成句子 and the moment 发现刻,派达到 memory at the (1)信号枪呼的一声响了。 sta yawliar ada ta bayirra adal The signal gun ,tnemoment, bang, or (2)他一点钟去食堂吃的饭。] 南军人志愿公博平面领险 to have lunch in the canteen at one o'clock. (3)戴夫动身去法国南部过夏天。 [4] 除立 marrom s ni Dave's om and tol seven moor to the south of France for 他们暂时住在只有一个房间的房子里。 the 11. It takes me less than fifteen minutes to wash, get changed, have breakfast, leave home and get on a bus. 从洗漱,穿衣服,吃早餐,出门到上公共车,我只花不到15分 钟的时间。 名师解读 It takes sb. some time to do sth. 某人做某事花了多长时间 It took us Chinese people 8 years to defeat(打败)Japanese invaders(侵略者) in the Second World War. 第二次世界大战中,我们中国人花了8年时间打败了日本侵 略者。 moment of d

拓展: sth. takes sth. 某事很花(时间/钱/精力/耐心) 此时宾语 sth. 通常是单独的 money/time/patience/energy 这 些词,表示事物的属性,可译为"……很花钱/很花时间/很需

Playing football takes energy.

踢足球很耗体力。目前有效海岸对型馬克蒂等效策。土無

in the prison 在监狱里(工作)加州州内区系一示房果成员

in bed 在睡觉

也可用于某事花费多少时间,不用形式主语 it。 The home improvements have taken what little there is of my spare time. 1940 VIAVA Land Land Student Shanga shi , 3(装修房子花费了我仅有的一点空闲时间。 单项填空 ()(1)Being a babysitter patience(耐心). A. costs Animod as B. takes was oned ad T 386 with the C. spends to more D. pays hoved and daily eliget changed 换衣服 woods erso vino armsbare emo? The small room is for buyers to get changed. 这个小房间是供买衣服的顾客换衣服用的。一种一个 拓展:get+done 结构: @ Common & common showing all get hurt 受伤sid side soal avaids need to the total get injured 受伤 get educated 受教育 INTA lural activities o belin A get lost 迷路 All belli . Cl Don't leave when it's dark—you could easily get lost. 天黑时别出门——很容易迷路。全体更贵的高全事发中整立从)(2) Cleaning women in big cities usually get as the M. I want to go to have a picuic. Would rule to go there A. pay B. paying What loodpaybool tadW C. paid 12. Meetings and phone calls take up a large part of the day. W 开会和接电话占了我一天的大部分时间。 take up (1)占(时间/空间) Checking her students' homework takes up all her spare time, 批改学生的作业占了她所有的空余时间。 ge xlaids I self A This large table takes up too much space, ivad voins I saud .8 这张大桌子占了太多地方。 of first bas seldstagev release I. At college, Father took up engineering. 父亲上大学时学工程学。salit from I tude based anitas salit I is (3)加入……一道做 Almost all her classmates were discussing the problem, so she took up the discussion. Section double are nom delivered 她的同学差不多都在讨论那个问题,所以她也加入到讨论 more TV whan women and do less housework and less co中文re but spend more time shopping, the study suggests, l \$\$(4)ers Brothers, take up your guns and fight against the enemies! 兄弟们,拿起你们的枪去与敌人战斗!so Ol mi re-mew bas men · X 拓展:(1) take down 记下,取下,拆除 nam arenw maxing Take down the old picture and put up the new one. gran men watched the least TV。 VT tasel and bedataw men raise Take down some notes while you are listening to the teacher. The researchers took the average 记。garava and aloot grachers and T

Many old houses have been taken down and a lot of new buildings have been built in our hometown in the last 5 years. 最近5年来,我的家乡拆除了许多旧房子建了许多新房子。 (2) take in 吸收,消化,理解,欺骗 She was taken in when she bought a so-called gold watch from a stranger. 当她从那个陌生人手中买下那块所谓的金表时,她上当受 第一个人表现的数 海 的 show store at the a should be sh This test is to see how much you have taken in after you attended Mr. Li's lecture. The sale of beginning todos and T 这次测验要看看你们对李老师的课理解了多少。 (3)take off(飞机)起飞,脱掉(衣服) 前肢 静凍風雨雨景 This flight(航班) takes off at a quarter to eight in the morning. D. 是 我们超到他感谢,从 医他在坚 此次航班早上7点45分起飞。 Take off your wet clothes or you'll get a cold. 脱掉湿衣服否则你会着凉的。 (4) take on 雇佣,呈现出(面目/面貌),承担 We'd like to take on 20 workers more to finish the work on 为了准时完成工作,我们想再招聘20个人。 The Great Wall has taken on a new look since liberation. 解放以来,长城呈现出了新的面貌。 Who will take on such a task? 谁会承担这样一项任务?m assurand to 互动练习 单项填空 Team New)(1) Mr. Smith, can you have a word with me? I won't take o voctoo much of your time, 1940 lls norblido .) olgoA. offellib s of noitse B. away C. down 6. He left in a hurry becaugu . I had an 完成句子 (2)谁能帮我把窗帘取下来? Who could help me to (類网的). Let's go to the cinema !sanist (3)她眼里流露出受委屈的神情。 Her eyes 1 (14 15 16) _____ a hurt expression. 9H 01 13. Every minute of the day is filled with urgent matters. 几乎每一分钟都充斥着急待处理的事情。

名师解读

be filled with 充满着

The glass is filled with water.

My eyes are filled with tears.

我的眼里充满了泪水。

注意: be filled with = be full of the start o

完成句子	peech made me	

(1)空气中弥漫着玫瑰花香。

The air and santod of the ke be to the scent of roses.

19(2)她给碗里倒满温水 (\$P\$ hands by brades a blo ad Park (\$P\$ bar)

She the bowl and warm water.

14. I seldom have time for fun and other activities with my family.	A. living; live	B. alive; lively
My family complains about it, on find med eved symblished	C. lively; living	D. living; lively a smoot of T
我很少与家人一起玩或进行其他的活动。家人抱怨这种	()6. He spends hours	TV every night, mit orange
情况。 解源、解释、外级 mi sket(2)	A. to watch	
She was taken in when she bought a so-called rold water from	C. watches	D. watching
名师解读	()7. She to me	about his rudeness.
complain vi. 抱怨,投诉 贵洲不妥由军人主国个派从州世	A. complained	B. told 空觀頁集
常用于 complain to sb. about sth. 结构,意为"向某人抱怨某		D. laughed gmod(1)(
This test is to see how much you have taken in after sollat-		et was born in a willage
The teacher complained to his parents about Armstrong's		imagination. sbrage 3
careless mistakes in his exam.	A. rich	B. remote
老师向阿姆斯特朗的父母报怨他在考试中因粗心而出错。	C, old	D. American
联想:complaint n. 抱怨	Anathra to work for	care about business while
		ers. arovud tol at moon Hama ad T
互动练习	A. their	B. commercial The AT
完成句子	21 minute shift.	D. person and the second
(1)她总是向父母抱怨学校的饭食。	[1] * 327 *** [10] 262 228 329 [22] [22] 267 5.	always see the blank space of his
She always her parents		get injured 受伤 sato
the school meals.		B. fill with & based as a second
*(2)对他们的服务我们有些怨言。	C. fill of	D (111 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
We have a number of about their service.		Don't leave when it's dark—you
为1。唯即元成工作。农业设计划,12年20年20年20年20年20年20年20年20年20年20年20年20年20	The Matter West Endels wise	全对话,其中有两项多余。
The Great Wall has taken on a new look		上为 后,共下有 两次 多示。
THE REPORT OF THE PROPERTY OF	K=Kate M=Mary	
Who will take on such a task?	K: Tomorrow is fine.	The second second second
1. The l of business managers are busy and excit-	M:1	122 JUL 1944 AND 1944
ing.	K: What are you going to do?	
2. He is living a p life in the countryside.		picnic. Would you like to go there
3. Yesterday, we had a r walk near the river after		A. pay B.,
()(1)Mr. Smith, can you have a word with me .raqqua t	K:2 What food will v	
4. Children all over the world like Walt Disney c		2. Meetings and phone calls take up
5. She s the conversation to a different topic.		开会和接电话占了我一天的大部
6. He left in a hurry because he had an(紧急的)	M: Then what about bread an	d fish?
meeting to attend.	K:4	
7. She is always(抱怨) that she has too much	M: What's your opinion?	
work to do or smalled bluos odW	K:5	
8. I'm(烦闷的). Let's go to the cinema. Agriculture of the cinema.	M:OK. It depends on you.	Checking her students' homework
9. I have a(手提的) computer. (事業與關係)	A. Yes. I think so.	批政学生的作业占了她所有创意
10. He lives in a house(遥远的) from any town or	B. Sure. I enjoy having a picni	This large table takes up too m.o.
13. Every minute of the day is filled with urgent matters .spalliv	C. I prefer vegetables and frui	it to meat and fish.
Ⅱ.单项填空 。 計享的每分表表表表表表	D. I'm sorry, I hate eating me	at.
()1. The spare bed too much room and should be	E. What about eight o'clock in	At college Father springer
removed.	F. I like eating bread, but I do	on't like eating fish.
A. takes off B. takes up drive bollil ad	G. It's great.	
C. takes in D. takes out like a game and T	Ⅳ.阅读理解	Almost all her classmates were d
()2. He on the TV and began to watch it.		otatoes. They spend nearly half o
A. switched B. switches	LL till step 40. Admin minusin	EU study has shown. They watch
C. was switching D. has switched	Libole to Consens Navid	less housework and less childcare
()3. Do you think villagers' life is and ?	Vactorial (12 Mg all 1 and though	ng, the study suggests. Researchers
A. peaceful; relaxed B. peacefully; relaxing		tistical office, interviewed working
- x 1 1 1 1 1 1 1 1 1		
- (現)	to the called largery with the	es. A E A A A A A A A A A A A A A A A A A
2 (at table 7: 1) (b. 7: 7)		49% of their free time on the box.
A. bored; boring B. boring; bored D. boring boring		ns with 51%. German and Norwe
C. bored; bored D. boring; boring	TTO 10 TE 100 COME 15 形成的 如 15 和	V—just over one third of their spare
()5. The old teacher gave us and inter-	3.3 Marking tootball balies en	Take down some notes while you
esting history lessons.	The researchers took the a	everage(平均数) of the figures for the



whole year including holidays and weekends. They broke down the "average day" into seven parts—free time, sleep, meals, personal care, travel, domestic chores(家务事) and work or study.

The study shows that British men have four hours and 41 minutes free time each day-20 minutes more than women, but women spend nearly double the amount of time on domestic chores than men. Almost three and a half hours of a woman's day is taken up with domestic work compared to less than two hours for men. Food preparation makes up the most part of the chores, with cleaning and shopping the next. They further broke down the free time and showed that men spend 137 minutes each day in front of TV, compared to women's 114 minutes.

Women spend slightly more time socializing, resting and reading than men, but slightly less time on hobbies, sport and exercise. Universally unpopular with both sexes is culture—making up just 2% of both men and women's leisure(休闲) time.

)1.	What	both	men	and	women	don't	like	in	their	spare	time
	is						內		農療		
	A tak	ing r	art i	n cu	ltural ac	tiviti	es II			ns:題	

- · T'B. shopping Ata (gaugh) ho hat his friends 5d
- C. enjoying their hobbies
 - D. doing domestic chores
-)2. According to the passage, couch potatoes refer to
 - A. a kind of potatoes produced in Britain
- B. people spending much time sitting and watching television
- C. a kind of food offered by the English people
- D. people who like doing housework instead of watching TV
-)3. Which of the following statements is NOT true according to the passage? 1 which of these people can be about.
- A. British men do more shopping than women.
- B. German and Hungarian men watch TV the least,
- C. British women have 4 hours and 21 minutes free time every day.
- D. Most British women's housework is food prepara-My tion.
- ()4. The best title for this passage would be
 - A. British Men and Women
 - B. Domestic Chores—Only Women's Right
 - C. British Men—Couch Potatoes
 - D. Lazy British Men

Lesson 2 Relaxing



*** 精妻导学

1. I find painting or drawing very relaxing.

我觉得绘画很轻松。 has its Yahib redosed based no OC



S(主语)+ V(谓语动词)(find / feel /call/think…)+ O(宾 语)+ Oc(宾语补足语) and in the minimal function in the Last

这是一个很重要的句式,宾补是用来补充说明宾语的性质、状 态或动作的一种句子成分。

本句主语是 I,谓语是 find,宾语是 painting or drawing,宾补是 分词形式的形容词 relaxing.

Nobody thinks it important.

没有人认为那件事很重要。 Illows good and w gu basis

上述句式中都是形容词作宾补。

We all call him Mr. Smith, here a of sould alout well soul and the 我们都叫他史密斯先生。

(2)现在分词:

When I passed the window, I saw Mary dancing with a boy. 当我经过窗边的时候,我看到玛丽在和一个男孩跳舞。 。

Great changes have taken place in our homeon; 时分去过(8)

Last week, I had one teeth pulled out.

上周,我让医生拔了一颗牙。大回了主发之案间贯,来平十退

When we came to his house, luckily, we found him in. 幸运的是,我们赶到他家时,发现他在家。na-id a saw and T

I'd like to ask you to give me a hand, sabi yas avad nov of

我想要你帮个忙。 注意:take place, happen, break out 均不用于新語配向介(6)

Please keep your bag outside the shop.

请把袋子放在店外面。

注意:有时由于宾语过长,为了平衡句子,避免头重脚轻,往往 借助形式宾语it。如:如:如: asgasdy issard(

We think it important to learn English well.

我们认为学好英语是重要的。 对 如 知知 mond over the man

句中it 是形式宾语,不定式短语 to learn English well 是真正 4. Breathing exercises can help reduce stross.

呼吸练习可以帮助便解压办kot ad on

互动练习

单项填空 me sity work as high p

()(1) Nobody thinks disgraceful to be a cleaner. A. this or 82 mort algiew . B. that it or beginning add D. all of them)(2) All of us found Jack was a solution of beganne and A. is friendly B. was kindly C. friendly D. kindly D. kindly

2. Stress can cause headaches and other illness,

压力会引起头痛和其他的疾病。



(1)n. 压力,强调

He is under great stress because of his new job. 1018

新工作使他感受到沉重的压力。图图中贵州交易贵尽要(3)

Continued stress causes illness.

持续的压力会引起疾病。Dansoveldasamagno tama suesmo2?

The government lays stress on welfare work. 政府着重于福利事业。

(2)vt. 着重于,强调

He stressed that this would be a temporary appointment. 他强调说这将是个临时的任命。a smooton sligost books and

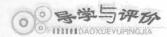


互动练习。企业以前,特地的创金下来来的人情想的

完成句子 are nurs to idula a dink squory south bestrayed ald

(1)你得原谅他,他最近压力很大。——不是是一个人

You'll have to excuse him; he's been ____ a lot of lately.



organization n. 组织,机构

(2)首相已反复强调了控制通货膨胀的重要性。 The Prime Minister has repeatedly the importance of controlling inflation.	well domestic direct (水分) the sund weekends. The Debug 区 改 Debug I De
3. The interview took place in a studio, Mand AM and Head Head W.	(1)玛丽在讲话之前组织了一下思路。Wawoda yhun ari
面试在工作室中进行。	Mary William her thoughts before speaking.
国风在工作里中近11。	(2)非法软件交易组织得非常严密。 (2)非法软件交易组织得非常严密。
A师解读 Man I passed the Window A saw Marvella Man	The illegal software trade highly and assistant
take place 发生(可用于按计划发生的事情)	6. Dr. Smith is an expert on losing weight.
Great changes have taken place in our hometown in the last 10	e史密斯博士在减肥方面是一个专家。 comassagery boof and as
years, teacher complained balling distribute that I distribute the	th cleaning and shoppingurhamextrollineyday and strained to the committee of the committee
近十年来,我们家乡发生了巨大变化。	名师解读 and showed rhad men spend 137 mme and showed and a
拓展:happen 发生(常用于偶然发生的事情)	expert C old TV. compared section is 114 minutes. Lio 3 trages
break out 发生(常用于激烈事件或大的自然灾害的发生)	bn(1)n. 专家 niplaispe edis cesodi wishgila bnequesumaWeb
There was a hit-and-run after the accident happened.	His wife is an expert in/on/at psychology.
事故发生后,发生了一起肇事逃逸事件。	an他的妻子是心理学专家。od ninwigningengan villagravini deep
Do you have any idea when the Second World War broke out?	I'm an expert on repairing computers, gase drod to MS rauge
你知道二战什么时候爆发的吗?	和我是修理电脑的专家。photography natural polyhed W. Line
注意:take place, happen, break out 均不用于被动语态。	(2)adj. 熟练的,内行的
Phase keen your bag out the applicable of	拓展:an expert at/in/on (doing) sth (方面的)专家
互动练习 多现的有些数据。 。而水混至效于效比指	be expert at/in/on(doing) sth. 在(方面)熟练,内行
注意 等有所世界实验过长。近了生物等中感免疫。 空真页单 色	A C. cajoying their hobbies
()Great changes in the city, and a lot of facto-	国際 / 互动练习
ries have been set up. mass or marroom in slinds aW	完成句子。According to the passage, couch potatoes retar to 方面 动
A. have been taken place B. have taken place	(1)对如何在拥挤的酒吧里及时受到招待,他是行家。
C. were taken place D. took place	He is an expert served in a crowd ba
4. Breathing exercises can help reduce stress.	(2)这几年来我们在这些问题的处理上变得得心应手。
呼吸练习可以帮助缓解压力。	Over the years we've quite
名师解读	dealing with these sorts of problems.
· · · · · · · · · · · · · · · · · · ·	7. Which of these people can suffer from a lot of stress?
reduce vt. & vi. 减少,降低	这些人中哪些人会觉得有压力? an ob nom daund A
She managed to reduce her weight from 58 to 50 kilos.	A师解读 Water them Barran and Hungarian men water and Ample
她设法把体重从 58 公斤减到 50 公斤。	C. British women have 4 hours and 21 minutes from suffer
She managed to reduce her weight by 8 kilos. MA(\$)	(1)vt. "忍受,遭受",直接接宾语,常指遭受痛苦、不幸、失败
她设法把体重减少了8公斤。	Napoleon suffered a deadly defeat(失败)in Waterloo.
拓展: reduce to减少(降低,缩小)到······	拿破仑在滑铁占漕受了 <u></u> 致命的打丰
reduceby减少(降低,缩小)了······ and was a new zerole s	(2)vi. "忍受,遭受",常与介词 from 连用,常指患某种疾病。
是	Jack suffers from a stomachache.
10章 此句子 (continue)	杰克患了胃病。 was a state of house Down Maring (2)
完成句子 (1)现在所有童鞋降价为每双 10 美元。	Mary suffers from loss of memory because of the
(1) 现在所有重鞋降价为每双 10 美元。 All children's shoes	terrible traffic accident.
\$ 10 a pair.	由于那场可怕的交通事故,玛丽患上了遗忘症。
(2)要尽量减少饮食中的脂肪。 网络鱼面属鱼鱼鱼 美科工器	联想:suffering(s)n. 苦难
Try to the amount of fat in your diet.	互动练习
5. Someone must organise this year's Christmas party.	
一定有人来组织今年的圣诞聚会。	单项填空 anen are erinen persones view an sein nein nein nein nein nein nein nei
A. switched B. swiff維備主導發的與	Our head teacher didn't attend the school opening cere
名师解读 whiching D. hav mile Sin 在 w(S)	mony(仪式) because he a bad cold.
organise vt. 组织 Handward and hindwards and hearth and hindwards and hin	A. had B. suffered
Jane asked people to come and bought the food and drinks. So	C. suffered from D. both A and C 8. I can't stand talking in front of the class.
the party was organised by Jane. Dependently released	我受不了在班上同学面前讲话。
简邀请人们并买了食物和饮料。所以这个聚会是由简组织的。	从之门,正处工门于四 则 对 归 。
He organised three groups into a club.	名师解读
他把三个团体组成了一个俱乐部。	stand
联想:organised adj. 有组织的 Market Adj.	(1)对 站立,岭立,纸立

Please stand up when you're called.

点到名时,请站起来。 There stands a big tree in front of my house. 我家房子前有一棵大树。 (2) vt. 忍受,常用于疑问句、否定句中,常与 can, could 连用,不 用于进行时态。为如何是 There is so much noise in the workshop that I can't stand it any longer. 车间嗓音太大,我实在受不了。 注意:如接动词,常用动名词形式 can't stand doing sth. 意为"无法忍受做某事" I can't stand your being a thief. 我不能忍受你做小偷。 拓展: bear vt. 忍受 put up with 忍受 互动练习 自约的 最加速房屋的人。 - IIa.A.8(完成句子 (1)那些不能忍受冬冷夏热的动物不能生存下来。 the heat in summer Animals that and the cold in winter are unable to survive(生存). (2)那个女生忍受不了同桌的嘲笑转到另一个班去了。 The girl student moved to another class, for she by her desk-tud A SI(mate. 9. I prefer meeting people in small groups. 我喜欢会见小群的人。 名师解读 prefer(preferred, preferred) vt. 喜欢,偏爱 (1) prefer A to B 喜欢 A 而不喜欢 B I prefer tea to coffee. 我喜欢喝茶而不喜欢喝咖啡。 (2) prefer doing A to doing B 喜欢做 A 不喜欢做 B My younger sister prefers watching football matches to playing football. (3) prefer to do A(rather) than do B 喜欢做 A 不喜欢做 B Liu Hulan preferred to die than give in. 刘胡兰宁死不屈。 no sth.) abselent the Allert Alle 联想: preference n. 偏爱,喜爱,宁愿 have a preference for sth. 喜爱…… 拓展: would rather do sth. than do sth. 宁愿做 …… 而不 Lesson 3 A Volunteer Teacher.... 曲 互动练习 单句改错 a should think carefully below yo Old people prefer to go out for a walk to stay at home watching in Inner Mongolisting C TV for a long time. 10. Take turns to talk about activities you like and don't like.

bala A. I () I she The workers in the zoo took turns to look after the sick panda, 动物园的工作人员轮流照看那只生病的熊猫。 拓展: take turns at doing sth 轮流做某事 do sth. in turn 依次做某事 do sth. by turns 轮流做某事 It's one's turn to do sth. 轮到某人做某事 辨析:in turn 与 by turns mod is vare: gnigmen oy . a (1)in turn 依次做某事,往往做一次 (2) by turns 轮流做某事,有反复做某事的意味。 We got on the bus in turn. We say stood doubted A NO 我们依次上车(一次性动作)。 We clean the classroom by turns. 我们轮流打扫教室(反复性动作)。 boom bed mi O 互动练习 单项填空)It's polite to buy tickets ___ B. organisine ro B. by turns A. in turn C. out of turn D. by turn · 课后强化。 18 I.单词拼写图:图:图:图:图: 经产港区的 装饰的新图度是要的 1. Yuan Longping, an agricultural e way works on the land to do his research. 2. Do you s sook and from a fever? 3. He couldn't s to be told what to do. 4. I prefer a busy s life to a quiet country life. 5. People in the city work at high p expert, social, reduce, stand, prefer, suffer, organise, diet 1. She is an in teaching small children. into a union. 2. The workers were 3. I'd like to attend a gathering. 4. Which do you _____, bananas or apples? M anoled anol 5. I must your pocket money. 6. Every person needs a of healthy foods. 7. I won't your talking to me like that. 8. In the south of China, a lot of people are gan to 6 her I parked then joined right an Unit shool and In . 单项填空 my lips. No one could tell I'd never done to 空東 单项单、III (m)1. He's an begon making machines. Diswor beyon B. expert C. student as aningual saw D. engineer hours and of rad ()2. —I didn't see Peter yesterday, What's wrong with him? Mary Louise 11 she always theart trouble. 11 she word A. is suffering blood lam B. is suffering from blod and C. suffers D. suffers from and mod mod ()3. Don't him, for he won't work well under . A. pressing; press bevote B. press; press d lo (1967) C. pressure; press D. press; pressure ()4. We are sure to have a lot of activities as we live in society. The second is the second se

> A. social; the B. society; a C. social;a D. social;不填 anosmos mud

轮流谈谈你们喜欢和不喜欢的活动。 ALLES TOS - DES PROW



take turns to do sth. 轮流做某事 T ---- to allow: 题型

拓展:work for 为……工作 東州新芽 die ob ot emm wast

()5. How can you her bad temper? Which of the	()1. A. glad	B. worried and the half
following can NOT be filled in the blank?	C. excited work ym lo	from D. eagerd a shape enedT
A. have B. bears surus alas M. H.	()2. A. crowded	B. looked
C. stand D. tolerate must sit discob	ATRIA C. turned PARTED	D. left [] (\$\) (\$\)
()6. Rather than, I prefer, wd .dz ob	()3. A. disliked	B. found
A. going camping; stay at home ob or must a sno a il	yns ii barC, liked I iant qonsdro	There is so much rated T
B. go camping; stay at home must yd 是 must ni: 淋梨	()4. A. play	B. teach
C. go camping; to stay at home	C. catch	了了D. join 是·大太音樂園華
D. to go camping; stay at home	()5. A. way	B. story
()7. Although there are so many delicious cakes here, I can't	C. lesson	D. mistake ob basis 1 aso
eat. Because I am to look thinner.	()6. A. smile at	B. look at
A. on a diet B. on sickness	C. knock at	D. laugh at
C. in bad mood	()7. A. later pert in/on/at	B. ago B. ago
()8. Such a great party was by him. That is, he	C. before	D. after M. diw qu tuq
Do you was the the Second Wester Was as absence ?	()8. A. all on repending con	B. another
A. organised; organisation	C, the other	D. each
B. organising; organiser	()9. A. So	B. But
C. organiser; organising	C. Even though	D. As though
D. organised; organiser	()10. A. her	B. us and the cold in winter are u
()9. They could't stand like that.	C. me	D. them
A. to treated B. to treat	()11. A. looked up	B. got up
C. treating D. being treated Thomas 1	C. set up	D. brought up
(1 1) 10.—The cars give off a great deal of waste gas in the	()12. A. but	B. yet
C w streets. n place D. unbatepison sid ob ot brisi	(2) E. C. and	D. or or meeting people of small
-Yes, but I am sure something will be done to	()13. A. arms	B. head
3. He couldn't s to be told wh noitulloq ris	dealin C. face	D. eyes
4. I prefer a busy s _ soom .8 life to a quiet co araw .A.	(Whic)14. A. ran	B. walked
C. collect q daid D. reduce the other in the state of the	A A C. jumped The A	prefer (preferred bearing) referred
Ⅳ. 完形填空	()15. A. angry	A m B. sad [B of A releng(I)
It was my first day as a newcomer to Hargrove's School.	C. blind	D. stilliles et ast relerq I
Past "newcomer" experience had been difficult, so I was very	()16, A. confidence	B. happiness
1 to fit in. State of the girls 2 around my table. It wasn't	C. pleasure	(2) prefer doing shirt (2)
long before Mary Louise was pointed out to me, who was 3	(mysl) 17. A. As a lladroot and	B. As soon as amov VM
	C. Since	D. If
After school, the girls invited me to 4 and them in front of	()18. A. surprise	B. trouble
the school, I didn't know why, but I had a 5 to learn,	C. silence	nadi (D. peace ob ot releng(8)
When Mary Louise came down the school steps, the girls be-	(Mary) 19. A. shy	
gan to 6 her. I paused, then joined right in. Unkind words fell	C. embarrassed	D. anxious
from my lips. No one could tell I'd never done this 7 . As I	()20. A. unkind	B. friendly
moved towards her, 8 girls stepped back and became my	C. nice	D. ordinary
cheerleaders(喝彩者). 9 I was bold(大胆的) enough to push		olunteer Teacher
her to the ground. Everyone was laughing and praising 10 . I		
fit in. However, I was not proud. Something inside me hurt.		以 医动笔习
Mary Louise 11 ; she went off without a tear 12 a word.	** 有条子学	
She held her 13 high as a small trickle(一小滴) of blood 14	1. I'm going to work as a volunte	eer teacher in a small country town
down from her injured knee.	in Inner Mongolia.	TV for a long-time-field C
Just then I noticed her father standing beside his car. Respectful	我打算去内蒙古小镇做一名	
(尊重的) of her proud spirit, he stayed15 Only his eyes—shining		
with both grief(忧伤) and <u>16</u> —followed her, <u>17</u> I passed, he	名 如解读	10, Take turns to talk about activit
looked at me in 18 with burning tears, which made me feel 19	work as(=act as)干······	职业富不成双着自动参奏新华
and guilty(自知有错的). He didn't speak a word.	Working as a writer is my dr	eam.
From then on I never joined the 20 girls again, I never	当作家是我的梦想。	新菜和西瓜

hurt someone again.