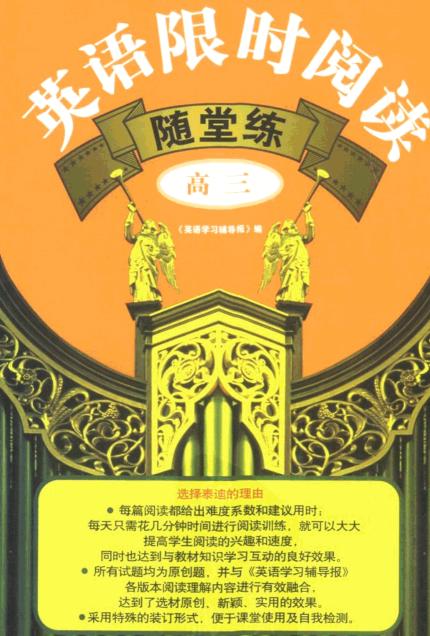


按照新一层 程 标 / L 的要求, 强调在过程中总结学习方法,充分体现了新课改精神。



南方出版社



泰迪英语系列 TIDEENGLISH

# 英语限时阅读

随堂练

高三

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## 英语限时阅读随堂练・高三年级

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难度	系数	*	*	*	*

建议用时: 7'

Music therapy is the prescribed (規定的) use of music by a qualified person to bring positive changes in the psychological, physical, cognitive, or social functioning of individuals with health or educational problems.

Most people believe that music can train a person's character, develop a person's intelligence and comfort a person's soul while a lot of them fail to be aware of its benefits to health. Nowadays, therapists say it is more factual than theoretical that music can do good to people's health as well.

In North America, music therapists are invited by doctors or nurses to bring music to hospitals. One of them is Mrs. Halde. She said that nearly every patient she meets reacts to music, and even those in coma(管迷) respond with their hearts beating to the rhythm of the music.

"Music therapy in the West dates back to the Bible times but the modern practice of music therapy probably began in the 1950s", said a spokesman for the American Music Therapy Association.

During World War II, playing music for wounded soldiers was intended to take their attention away from the pain. Doctors then found out that music did more than providing a diversion and relieving the pain.

They developed standardized procedures and guidelines for music therapy and the study of music therapy continued to develop. Now people can even obtain a PhD in music therapy.

The various music therapy techniques are all based on the theory that rhythms have practical benefits to the human body. For instance, when playing music for patients who are trying to regain their ability to walk, you can play music whose beat gradually gets faster, which probably helps patients regain their walking ability in the end.

(		o the passage, th abouty		ic therapy in the We	est has
	A. 50			D. 2,000	
(	)2. We can lea	rn from the text th	nat		
			nusic is good for thei	r health	
	B. playing r	nusic has a useful	function in treating	patients	
	C. music on	ly provides a dive	ersion for patients		
	D. the proce	edure of music the	erapy is not standard	ized yet	
(	)3. Music was p	olayed for wounde	d soldiers during Wo	orld War II to	
	A. make the	hospital interesti	ng and lively		
	B. take thei	r attention away fi	rom the pain		
	C. satisfy th	e needs of their n	elatives		

- )4. What can we learn from Paragraph 2?
  A. Music is the thing that all the people like.
  - B. Music can be beneficial to health as well.

D. help them learn the theory of music therapy

- C. Music can help people to get PhDs.
- D. Music can help people to a therapist.
- )5. What can be the best title for the passage?
  - A. Music and Life
  - B. Obtaining a PhD in Music Therapy
  - C. The Function of Music Therapy
  - D. Rhythm, the Central Theory of Music Therapy

难度系数: ★★★★

建议用时: 7'30"

Nothing can spoil a vacation quicker than losing your money or credit cards — or falling victim to a thief. A few simple steps before you head out the door can help protect your cash, cards and personal information while you're traveling.

Paul Stephens, a policy analyst, notes that people spend a lot of time planning their trips, from buying guidebooks to finding the perfect beach clothes. Then they get tired when the subject of keeping money safe comes up.

"Why not take a few minutes to do something that could potentially save your vacation?" Stephens asked. "In most cases, the precautions are so simple that they can go on your to-do list with 'buy suntan lotion(跨端油)' and everything else," he added.

The top recommendation from Stephens is to clean out your wallet.

"Remove unnecessary credit cards or any other unneeded documents", he said.

"Then make a photocopy of the cards you've decided to take along and keep it in a safe place with you (not in your wallet) or leave it with a trusted relative or friend back home", he said.

"Then you will know who to call and how to reach them if your wallet is missing," he said.

"Travelers should never leave their wallets or any identifying documents in their hotel rooms when they're not there," he added.

"Use a hotel safe, when available, "Stephens said, "or keep your wallet and documents with you at all times."

Stephens also recommends people leave their bank cards at home when they travel, either in the United States or abroad.

"If it falls into the wrong hands, they can empty your bank account in hours, "he said.

)1. How many tips does Stephens give in general on how to keep your money or cards safe?

A. 3.

- B. 4
- C. 5
- D. 6
- )2. Which is NOT a suggested way to keep a photocopy of your cards?
  - A. To keep it in a safe place with you.
  - B. To leave it with a reliable relative.
  - C. To keep it in your own wallet.
  - D. To leave it with a trusted friend.
- )3. Before giving his advice, Stephen implies that
  - A. people often spend too much time planning their trips
  - B. people hope to find the right beach before they set out
  - C. people need to do something in order to avoid sunburn
  - D. people tend to ignore the subject of keeping money safe
  - )4. The underlined phrase "falling victim to a thief" probably means
    - A. your money or cards get stolen
    - B. you get hurt and robbed
    - C. you fall down and see a thief
    - D. your money runs out
- )5. What will probably happen if bad people get your bank card?
  - A. They can ask for a large sum of money in exchange for the card.
  - B. Your bank account can soon be emptied without you knowing it.
  - C. They can do bad things under your name before they are caught.
  - D. The bank will inform you of the wrong use of your card.

\ \ \ \ 难度系数: ★ ★ ★

建议用时: 7'30"

NEW YORK — The misconception that "light" cigarettes are safer than regular brands may be preventing some smokers from quitting altogether, a new study suggests.

Researchers found that among more than 12, 000 current and former smokers, more than a third said they'd switched to light cigarettes for "health" reasons. And these smokers were only half as likely to kick the habit as those who stuck with regular cigarettes.

The findings, published online by the American Journal of Public Health, help validate(证实) the concern that many smokers may see light cigarettes as an alternative to quitting, said lead study author Dr. Hilary A. Tindle of the University of Pittsburgh School of Medicine.

Critics have long charged that cigarettes branded as "light", "ultralight" and "low-tar(熱油)" fool the public into thinking they carry fewer health risks, even though studies have shown light cigarettes to be as deadly as regulars.

Light cigarettes are designated as such because they deliver less nicotine and lower levels of toxic chemicals when the smoke is measured by a machine. In real life, however, smokers inhale comparable amounts of nicotine and tobacco chemicals regardless of the brand.

While it's clear that light cigarettes are not a healthier way to smoke, what's been unclear is whether they may actually hinder some people from quitting, Tindle told Reuters Health. The current findings, she said, suggest that is the case — and also highlight the "still widespread misconception" that light cigarettes are less of a health threat,

"Something needs to be done to correct people's misconceptions, "Tindle added.

"Public service campaigns could help drive the message home, "she said, "and doctors could stress the point that light cigarettes are no alternative to quitting when they advise patients who smoke."

- )1. What does the passage mainly tell us?
  - A. "Light" cigarettes are really safer than regular brands.
  - B. "Light" cigarettes are more dangerous than regular brands.
  - C. Misconceptions and truths about "light" cigarettes.
  - D. Misconception about "light" cigarettes stops people quitting.
- ) 2. People usually think that light cigarettes \_\_\_\_\_.
  - A. are safe to people's health
  - B are less of a health threat
  - C. make it easier to quit smoking
  - D. contain as much nicotine as regular brands
- The findings show that
  - A. light cigarettes actually hinder some people from quitting
  - B. light cigarettes deliver less nicotine and lower levels of toxic chemicals
  - C. light cigarettes are not a healthier way to smoke
  - D. more and more people have realized the danger of light cigarettes
- )4. The underlined word "inhale" in the passage probably means "\_\_\_\_\_"

  A. breathe out B. breathe in C. measure D. contain
- )5. We can learn from the last paragraph that
  - A. public service campaigns could help those who want to quit smoking drive home
  - B. doctors should take the responsibility to persuade people to give up smoking
  - C. public service campaigns should help make the findings clear to people
  - D. doctors could advise patients to smoke light cigarettes

央借帐时阅读随至练

难度系数: ★ ★ ★

建议用时: 7'30"

Now, a new study of sleep in sparrows suggests that the link between sleep and the ability to learn may be more complicated than people realized. During the migration season, these sparrows do well in learning tests even when they ve had very little sleep. White-crowned sparrows migrate enormous distances. In spring, they fly 4, 300 kilometers from Southern California to warmer Alaska. In autumn, they make the trip back. The sparrows fly at night and spend their days looking for food. This means that during migration, they get about one-third as much sleep as they do at other time of the year.

Professor Niels C. Rattenborg wanted to find out how the sparrows were able to deal with getting so little sleep. To solve the riddle, Rattenborg and his colleagues brought eight wild birds into a lab and monitored them for one year. They invented a game to check how well the birds could learn. In the game, the sparrows had to peck (%) three buttons in a certain order to get food. The scientists discovered that the birds' ability to learn the right button sequence depended on two things; the time of year and how much sleep the birds had had. During the migration season, the sparrows were restless at night and got much less sleep than usual. Even so, they were able to figure out how to get the food quickly as if they'd had a regular night of sleep.

Outside the migration season, the scientists found that the sparrows with less sleep had much more difficulties learning how to get the food than birds that had a regular night's sleep.

The results suggest that the sparrows can get by with much less sleep during the migration season. If scientists can find out the reason, they may be able to find ways to help people deal with lack of sleep.

(	) 1. The scientists did the experiment
	A. in Southern California during the migration season
	B. to find out what influences sparrows' learning ability
	C. to explore when sparrows sleep least
	D. to help people who can't get enough sleep
(	)2. Through Rattenborg's experiment, we can learn that sparrows are much clev
	erer when
	A, they are restless at night in winter
	B. they get extra sleep at night
	C, they get much less sleep than usual
	D. they are migrating in spring or autumn
(	) 3. White-crowned sparrows
	A, are much busier during the migration season than the rest of the year
	B. can't do well in learning tests when they have little sleep
	C. do poorly in learning tests when it is not the migration season
	D. can learn things well if they aren't disturbed by others
(	)4. It can be learned from the passage that
	A, some birds migrate to find warmer places
	B. California is not far away from Alaska
	C. scientists have found good ways to deal with sleeplessness
	D. sparrows will get even less sleep in the future
(	)5. This passage can be found in thesection of a newspaper.
	A. entertainment B. science C. education D. sports

难度系数: ★ ★ ★

建议用时: 7'

A high school football player, diagnosed with rabies(狂犬病) only eight days earlier, died at Texas Children's Hospital in Houston last Friday. Zachary Jones, 16, of Humble, Texas, was reportedly infected with the disease by a bat which flew into his room through an open window. Zach awoke from a nap and found the bat in his room, unaware that it had bitten him.

The bite which caused the fatal illness occurred several weeks ago. Zach's parents found the bat and released it outside, not knowing their son had been bitten. They did not seek medical attention until Zach became ill. Experts say that bats have very small, sharp teeth. People could be bitten by them without knowing anything.

Cases of rabies in humans are extremely rare in the United States, with only about three reported each year, 55,000 occur annually worldwide. There is only one survivor of the fatal disease. Jeanna Giese, of Wisconsin, was 15 in the fall of 2004 when she was bitten by a bat. She responded well to an experimental treatment in which she was put into a coma (管迷) and given anti-viral drugs. The same treatment was attempted with Zach, but his disease had progressed too rapidly for the drugs to help him.

Public health experts say that there are no documented cases of human-to-human transmission of rabies. However, they think that it is possible, in theory, to transmit the disease through saliva("養液). For that reason, several of Zach's friends and team members have sought medical attention; some are receiving a series of vaccines.

Officials with the Center for Disease Control advise that anyone who comes in physical contact with a bat should seek immediate medical attention. The best prevention is to avoid any contact with bats or other wild animals, and to make sure your household pets receive vaccinations (疫苗) in time.

- ) 1. Which of the following is TRUE about Zachary Jones?
  - A. He liked sleeping with the window open.
  - P. He survived for 8 days after he was bitten.
  - C. He often played with pets in his room.
  - D. He received timely medical attention.
- ) 2. It can be inferred from this passage that . .
  - A, he had never been vaccinated in his life
  - B. he had infected some other people
  - C. he might have had certain physical contact with others
  - D. he could have been cured with immediate treatment
  - ) 3. Which of the following is NOT true according to the passage?
    - A. Zachary Jones ignored the possibility of his being bitten.
    - B. People hardly feel pain from bats' biting.
    - C. Jeanna Giese's survival was a wonder.
    - D. Any animal can infect people with rabies.
  - In the case of Zachary Jones, rabies can be best described as

D. horrible

- A. rare B. deadly C. infectious

  ) 5. What can be the best title for the passage?
  - A. A Texas Teenager Dies of Rabies
  - B. When Sleeping, Close the Window
  - C. Animals Are the Carriers of Rabies
  - D. Vaccinations Keep One Away from Rabies

## 英语限时阅读随堂练(6)

难度系数: ★ ★ ★

建议用时: 7'

To most parents, babies are a terrific mystery—no one knows what lurks(潜藏) in their tiny heads. However, a new study now says that in the eyes of a young infant, parents are also mysterious and confusing.

During the research, the subjects were asked to watch a video of a hand placing toys into a bucket. The 1-year-old babies and adults quickly learned to turn their gazes to the bucket when the hand picked up a toy, indicating they knew what the hand was about to do. But the 6-month-old babies did not shift their gaze. Researchers speculate that the brain uses specific neural wiring to make predictions about how people might act. At 6 months old, babies' brains don't have that wiring yet. In some previous studies, the research of the brain development of 2-year-old babies was once carried out.

The findings won't help parents calm crying babies any quicker, but they remind us that babies younger than 6 months have a hard time figuring out what we intend to do, "so it is important not to misinterpret their behavior as manipulative or demanding of attention, "said researchers. By the time infants are one year old, they can more easily understand how the people around them might behave. At 12 months, the infant's brain has developed enough to understand that if he'd picked up the ball, he would put it in the bucket himself.

Researchers say that the true wiring of the infants' brain is still unknown. What parents have to remember is that; Young babies don't know everything. As infants grow and develop, their brains become better able to understand the world around them and themselves. This knowledge may not solve all of new parents' questions, but it may help them understand a little better why children do what they do.

(	)1. Which group was NOT included in the research?
	A. 6-month-old babies.
	B. 1-year-old babies.
	C. 2-year-old babies.
	D. adults.
(	)2. The underlined word "shift" (in Paragraph 2) means
	A. exchange B. concentrate
	C. change D. understand
(	)3. According to the study, babies younger than six months old can
	A. predict what another person is trying to do
	B. learn many things, including difficult ones
	C. help parents do housework
	D. have their attention fixed on an object
(	)4. The meaning of the research is that it
	A. helps parents calm crying babies quicker and more easily
	B. gets rid of the puzzles of a young parent
	C. helps parents interpret babies' behavior correctly
	D. shows the importance of the development of one's brain
(	)5. What would be the best title for the passage?
	A. The World Looks Mysterious in the Eyes of a Baby
	B. Babies Learn to Predict Behavior at About One Year Old
	C. Don't Expect Too Much of Your Babies

D. New Changes in the Development of Infants' Brain

## 英语限时阅读随堂练(7)

难度系数: ★ ★ ★ ★

建议用时: 7/30"

Following these tips will guarantee you a happy, healthy relationship with any kind of pet. Your pet needs to go to the vet's(普医诊所). Start saving now.

Every pet needs to be examined by a veterinarian occasionally. Illnesses that are discovered early are often treatable, and regular vet examinations are your best weapon. Even the healthiest pet may have an accident, calling for immediate emergency care. Be prepared to pay for it!

You're the human, and you set the rules.

Don't let your pet boss you around. Decide on the rules, and make sure your pet follows them. Don't let your pet win if it goes against the rules — he'll just try much harder next time. Animals may not seem to have long memories, but they can surely remember how they got their own way last time!

Animals love a boring life.

Pets want to know what to expect—it makes them feel safe. He will be happiest if he is fed at the same time every day, sleeps in the same spot at night, and can count on you to come home always at a certain time. He'll get by if the routine occasionally changes, but keeping his day predictable keeps him happy.

Good food and lots of exercise equal a long life.

)1. The best way to keep your pet healthy is

We all know we should eat healthy food and get plenty of exercise. The same goes for our pets. Healthy living prevents illness, and you won't have to see the vet as often! If a small pet is kept in a cage, give it lots of space and things to climb on or explore to encourage exercise.

Everything ends up in their mouths.

Keep in mind that yo	our pet w	ill chew	on anything,	and keep	dangerous items	out
of reach! Encourage him	to play v	with new	toys when he	is tired of	the old ones.	

	A. to set the rules for your pet
	B. to make him feel free
	C. to let him chew on anything he likes
	D. to let him have healthy food and do plerty of exercise
(	) 2. We may infer from the passage that
	A, pets needn't take much exercise every day
	B. pets are fond of changing their sleep time and place
	C. every pet needs to be looked over by a vet regularly
	D, the toys pets play with must be safe and interesting
(	3. The underlined word "it" in the passage refers to "".
	A. a pet owner B. a little vet C. a small pet D. a cage
(	)4. The author suggests that pet owners should
	A. not bring sick pets for vet examinations
	B. not pay much attention to healthy pets
	C. make their pets follow the rules they set
	D. have their pets eat healthy food without any exercise
(	)5. What is the best title for the passage?
	A. Be Prepared to Pay for It!
	B. Things All Pet Owners Should Know
	C. Don't Let Your Pet Boss You Around
	D. Remember That Pets Will Chew on Anything

难度系数: ★ ★ ★ ★

建议用时: 7'

March 23, 2006 — Rescue workers found a family in their RV(野营车) on Tuesday after 17 snowed-in days in the mountains near the Oregon coast.

Peter Stivers, Marlo Hill-Stivers, their two children (Sabastyan aged 9, and Gabrayell aged 8) and Hill-Stivers's mother and stepfather (Elbert and Becky Higginbotham), were in the vehicle. On their way home from a trip to the coast, the family got lost in the mountains at an elevation(高地) of about 3, 800 feet. What's worse, they were trapped in four feet of snow.

"We had fuel and food, but we were running short, "said Elbert Higginbotham. When the family was reported missing, rescue teams from Oregon and California searched likely routes to the coast. But with no idea where the family was heading, those conducting the unsuccessful search eventually called it off.

In the evenings, Sabastyan and Gabrayell entertained the adults by reading jokes from Reader's Digest aloud. The family members survived mostly on dehydrated( 既水)

On Monday, Hill-Stivers and her husband decided to go for help. They packed a tent, wool blankets, tuna fish(全枪鱼), honey, and hand-warmers to take into the wilderness with them. The children stayed safe in the RV with their grandparents.

The couple were found the following day by a US Bureau of Land Management worker. A rescue team in a helicopter located the rest of the family. The family was driven out of the area with special snow machines. Parents and children were happily reunited.

"They enjoyed it, "Peter Stivers said when he talked about his childen's experience. "They didn't know we were in trouble. "For the adults, it was quite difficult. We had to worry about survival and rescue, and about keeping everyone calm. "I'm so proud of my family, "said Elbert Higginbotham. "We stuck together and finally survived. "

- )1. What was the main cause of the family's bad situation?
  - A. They were short of fuel.
  - B. It rained heavily.
  - C. They found a wrong way.
  - D. Their RV couldn't move in the heavy snow.
- ) 2. According to the passage, the number of the troubled family members was

A. 5. B. 6. C.7. D. 8.

- )3. Which of the following can NOT be learned from the passage?
  - A. At first, rescue teams failed because they didn't have enough clues.
  - B. The children felt no fear when the family were trapped.
  - C. On Tuesday, the family were found by a rescue worker.
  - D. The adults did well in face of trouble.
- )4. If there is a good lesson from the story, it can be "
  - A, traveling in the mountains should be avoided
  - B. when traveling, people should keep in touch with rescue teams
  - C. children can cause a lot of trouble while traveling
  - D. people should know how to save themselves when in trouble
- )5. This passage is probably chosen from a newspaper column for
  - A. education situation B. news report

    - C. health research D. economy report

## 英语限时阅读随堂练(9)

难度系数: ★ ★ ★

建议用时: 6'30"

It's difficult to get the young to listen to anything you say these days. They have shut themselves off from the world with earplugs attached to their personal stereos such as MP3 players. And with more than three million iPods and MP3 players sold in Britain every year, it's not just the young who have been in the personal stereo habit. But how does it harm our hearing?

When MP3 players and iPods are turned to full volume, the sound can reach 104 dB(分页), the maximum allowed by EU safety standards.

The advice from scientists is to turn down the volume and limit the use of such machines to an hour a day. The producers also recommend taking regular breaks to give the ears a rest. Yet research by the Royal National Institute for the Deaf (RNID) showed that 39 percent of the young don't practice safe listening. The worry is that they could be creating problems later in life.

People with good hearing have tiny hair cells in the inner ear which transmit signals to the brain, and they are interpreted as sound. When repeatedly exposed to uncomfortably loud noises (loud is defined as above 80 dB), including music through headphones and at concerts, those hair cells require a rush of blood and oxygen, otherwise "they effectively die". Temporary hearing loss or tinnitus (ringing in the ears) is a sign that hair cells are trying to recover, but over time recovery becomes impossible.

At UK cinemas, sound levels of 110 dB have been recorded. Music played in nightclubs ic so loud as to be comparable, in some cases, with your standing two feet away from an aeroplane as it takes off (110 dB). The level at which pain starts to happen for sound is 140 dB.

\1	When	27011	1100	911	MP3	nlaver	VOII	should	do 1	he	following	EX	CEPT	

- A. seting up a personal stereo
- B. taking regular breaks
- C. using it less than an hour a day
- D. turning down the volume
- )2. Which of the following is TRUE according to the passage?
  - A. MP3 and iPods players are always harmful to hearing.
  - B. Three million young people use MP3 players in Europe.
  - C. Most young British people are suffering hearing loss.
  - D. Over half of the British young people practice safe listening.
  - ) 3. The loudest safe sound shouldn't be louder than \_\_\_\_\_\_.
    - A. 80 dB

B. 140 dB

C. 104 dB

D. 110 dB

- )4. What does the passage mainly tell us?
  - A. A warning that falls on deaf ears.
  - B. MP3 players are hearing killers.
  - C. The causes of hearing loss.
  - D. Hair cells are suffering from loud noises.

#### 英语限时阅读随堂练(10)

难度系数: ★ ★ ★

建议用时: 6'30"

Today, nearly a third of the world's wildlife is in danger of extinction, and a major cause, second only to habitat loss, is illegal trade. For collectors, the more endangered a species is, the more valuable it is on the black market.

Live animals and illegal wildlife products are smuggled in a number of ways. Many items are transported through shipments. Some live animals are also smuggled(走私) through the mail in containers marked "Fragile Glass". A man caught by a Miami wildlife inspector with a live South American woolly monkey (street value, \$10,000) in his inner coat pocket, denied the smuggling charge and said it must have "jumped" into his coat.

Attracted by high profits, large numbers of drug dealers are getting involved in the illegal wildlife trade. McKissick, a customs officer, said some even combine the two trades by sewing their drugs into the stomachs of live animals.

"These people are nuts. They'll try anything, "McKissick says when she takes illegal goods. She sends them to a 23, 000 square-foot, \$ 3.5 million lab in Ashland, which is known as the "Scotland Yard" of wildlife crime. When the work is done, the workers tag the products and send them to the National Eagle and Wildlife Property Repository in Colorado-a real "shop of horrors" with a vast collection. There, elephant tusks lie in piles on shelves. Further into the warehouse are boxed fans, combs and clocks made from endangered sea turtles.

The officers send many of the warehoused items out to schools and zoos in an effort to educate the public. "If people didn't buy the stuff, they wouldn't poach(偷猜)it," said Ron Lamb, a museum's director. "We simply can't continue to use products made from endangered animals, or we will be as guilty as the poachers themselves. "

- )1. The illegal smuggling of live animals and wildlife products A. is the most important reason for the extinction of wildlife
  - B. brings high profits to the inspectors and collectors
  - C. can rarely be found at any customs
  - D. poses a great threat to endangered animals
  - )2. How many smuggling methods are mentioned in the passage? A. Two.

B. Three.

C. Four.

- )3. What does the underlined sentence in the fourth paragraph probably mean?
  - A. These people are stupid.
  - B. These people are fortunate.
  - C. These people are crazy.
  - D. These people are smart.
- )4. We can infer from the passage that "Scotland Yard" refers to
  - A. a yard in Scotland
  - B. a scientific research lab
  - C. a huge place for storing valuable things
  - D. police headquarters

#### 英语限时阅读随堂练(11)

难度系数: ★ ★ ★

建议用时: 7'30"

All the wisdom of the ages, and all the stories that have delighted mankind for centuries, are easily and cheaply available to all of us within the covers of books. The most unfortunate people in the world are those who have never discovered how satisfying it is to read a good book.

Reading is the pleasure of the mind, which means that it is a little like a sport: Your eagerness, knowledge and quickness make you a good reader. Reading is fun, not because the writer is telling you something, but because it makes your mind work. Your own imagination works along with the author's or even goes beyond his. Your experience, compared with his, brings you to the same or different conclusions, and your ideas develop as you understand his.

Every book stands by itself, like a one-family house, but books in a library are like houses in a city. Although they are seemingly separate, they are connected with each other and with other cities. Books influence each other; they link the past, the present and the future and they have their own generations like families. Wherever you start reading, you connect yourself with one of the ideas of the families, and in the long run, you find out not only about the world and the people in it, but also yourself.

Reading can only be fun if you expect it to be. If you concentrate on books somebody tells you "you ought to" read, you probably won't have fun. But if you put down a book you don't like and try another till you find one that means something to you, and then relax with it, you will almost certainly have a good time.

)1. The author thinks the most unfortunate people are those

A. who don't have any books
B. who don't enjoy reading books
C. who can't learn from books
D. who read too many books
)2. In the author's opinion, reading is a process of
A. listening to the author
B. accepting the author's ideas
C. your mind working with the author's
D. judging the author's work
)3. The third paragraph mainly tells us .
A, books offer us a connected world of ideas
B. books are the most valuable things in the world
C. books help us have a better view of the world
D. books in a library are similar to the houses in a city
)4. To find pleasure in reading, you should read books
A. from which you can learn a lot
B. that are in a humorous style
C. that appeal to you
D. that are recommended by others
)5. The author's purpose is to
A. show the importance of reading to the society
B. show the pleasure of reading
C. tell us how to read a good book
D. tell us how to make reading more effective

#### 英语限时阅读随堂练(12)

难度系数: ★ ★ ★

建议用时: 6'30"

Children who are not taught to write properly at primary level will struggle at secondary school and university and are also likely to find their poor handwriting a handicap in the job market, according to a report.

The study and survey from the Institute of Education found that few primary schools have consistent policies and practice to make certain that children learn to write clearly, fluently and quickly. Even in this age of computer technology, handwriting remains an essential skill for everyone, the report says.

Researchers surveyed 39 large and small urban and rural primary schools in southeast England where pupils come from a wide range of socioeconomic and ethnic backgrounds.

While most of the schools had a designated person responsible for handwriting and a written policy, a quarter of the schools had one without the other. Over half of the teachers surveyed felt they had not received sufficient training, while only one-third had been shown how to teach handwriting in their teacher training course.

Most schools taught handwriting as an optional subject, but less than half set aside time, the survey found. Only a fifth of schools with handwriting policies taught children ways of increasing their speed, which could affect their performance in exams. Only 45% communicated with parents about their methods of teaching handwriting or particular children's progress.

A researcher, Rhona Stainthorp, said, "For many years, the ability to handwrite clearly is not a freely-chosen subject; it is essential for everyone, even in this age of computer technology."

) 1. W	hat w	ould I	he th	e hest	title	for	the :	passage?

- A. Primary Schools Need to Improve Pupils' Handwriting
- B. Poor Handwriting Will be a Handicap in the Job Market
- C. Poor Handwriting Teaching in England
- D. New Handwriting Teaching Policies in England
- Handwriting is believed to be a freely-chosen subject by many teachers mainly because
  - because \_\_\_\_.
  - A. it is not required in exams
  - B. they haven't got sufficient training
  - C. they believe computer technology makes it unessential
  - D. pupils are just requires to write quickly in exams
  - According to the survey, a quarter of the schools in England
    - A. have a person responsible for both handwriting and a written policy
    - B. have either a person responsible for handwriting or a written policy
    - C. have just a person responsible for handwriting but without a written policy
    - D. have just a written policy but there is not a person responsible for handwriting
- of the schools taught children the ways of handwriting to increase their writing speed.
  - A. 20%

B. 25%

C. 45%

D. 50%

## 英语限时阅读随堂练(13)

难度系数: ★ ★ ★ ★

建议用时: 6'

China finished building an enormous dam across the Yangtze River on Saturday, an important milestone for the world's largest hydro-electric (水力发电的) project.

The sound of simple firecrackers marked the completion of the 607-foot-high, 1.4-mile-long Three Gorges Dam.

Difficult tasks exist before the hugely controversial project is completed, including the construction of power-generating facilities and a ship lift, said Pu Haqing, deputy director of the State Council Three Gorges Project Construction Committee.

The final 12 of the dam's 26 generators are to be installed over the next two years, finishing the project in 2008, a year ahead of schedule.

Begun in 1993, the project has steamed ahead with the backing of the Communist leadership, despite the objections to its \$22 billion cost and environmental and social impact.

More than 1.3 million people have been relocated to make way for the dam and its reservoir.

Environmentalists and engineers have warned that the reservoir risks becoming polluted with waste from cities and towns upriver, many of which lack proper waste water treatment plants.

The China Yangtze River Three Gorges Project Development Corp has spent \$2.5 million on a boat to collect as much as 7 million cubic feet of garbage that gathers at the dam each year.

The government claims that when it is fully operational, the dam will reduce flooding on the Yangtze River and produce electricity for the economy whose rapid growth has caused energy shortages in recent years. Saturday's simple celebration was not attended by senior Chinese leaders.

- ) 1. What can we know about the completion of the Three Gorges Project?
  - A. Many high officials attended its celebration.
  - B. China held a magnificent celebration for it.
  - C. A simple celebration was held for it.
  - D. Various celebrations were held throughout China.
- )2. According to Pu Haqing's words, we may infer that \_\_\_\_\_.
  - A. every part of the project was completed before the celebration
  - B. there was an argument on whether this project should be carried out
  - C. all the power-generating facilities have been installed now
  - D. the project has been carried out smoothly
  - )3. Which of the following is TRUE according to the text?
    - A. The Three Gorges Dam was completed on time.
    - B. All the dam's functions may come into use in two years.
    - C. The construction had no effect on people's lives.
    - D. The project used much less money than planned.
  - )4. What's the problem that the Three Gorges Project may face?
    - A. Water pollution.
- B. Flooding.
- C. Shortage of money.
- D. Energy problems.

#### 英语限时阅读随堂练(14)

难度系数:	* * *	建议用时: _6'
Is there a	nything the latest cellphone can't	do? It can record movies, surf the Net,
and download	the newest MP3 songs, but don't	let those fancy features fool you.
After all,	chances are that phones have a	Global Positioning System (GPS) chip.
GPS lets phon	e companies determine the locatio	on of your phone at all times. If you are
hurt and call	11. rescuers can find you by usi	ng your phone's GPS.

But emergency officials aren't the only people interested in knowing where you are. Several new companies are using cell phones equipped with GPS to monitor teen drivers for inquisitive parents.

The programs vary, but most of them allow parents to use the Internet to monitor their kids' locations, driving habits and speed. Some programs even let parents set speed and location limits so that they are alerted if their kids drive too fast or go beyond a predetermined boundary.

Supporters of monitoring say that the programs also help if a teen is kidnapped or lost. Andrea Gutierrez uses a driving program to help her daughter get home. "I give her directions by looking at an online map, which shows me where she is. "

Jeana Nichols, 17, says that parents are forgetting one very important thing; trust. "I don't like the idea of someone using a device that keeps tabs on me. "

Others say the information could be misused. "If everyone can find out exactly where your 17-year-old girl is at all times, it will present a potentially dangerous problem, "Hohn Lawford told the Ottawa Citizen.

Alana Watenpuhl, 19, says that teens can easily outsmart the programs. "Teens can always leave their cell phones somewhere and then go out with friends. It's not likely that the chips are attached to their bodies, "she told reporters. "But who knows?" she added. "That might be what's coming next."

- ) 1. What is the text mainly about?
  - A. The recent development in the Global Positioning System.
  - B. The latest kind of cellphone equipped with GFS.
  - C. How to use GPS in the cellphone to follow kids.
  - D. The danger of GPS in the cellphone to kids.
- )2. From the text, we can infer that
  - A. parents must have a cellphone equipped with GPS to find their kids
  - B. parents can't find their kids without the Internet
  - C. children will be safe thanks to GPS
  - D. children can easily fool their parents even with GPS
- )3. The underlined word "inquisitive" in the third paragraph has a similar meaning to "

A. disabled

C. interested

)4. What Alana Watenpuhl says suggests that

A. no matter how powerful a new technology is, it can never outsmart humans

B. GPS will be replaced by more advanced technology in the future

C. chips have been attached to people's bodies to make GPS work even better

D. some new technology is likely to be brought into use in the future

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