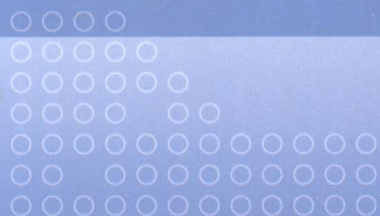




词汇与语法

• 活页卷 •

周周练



丛书主编 / 蔡章兵

分册主编 / 高呈宝 孙洪霞

Senior High
School English

高一年级上



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(高一年级上)

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编 者 的 话

在目前的中、高考英语考试中，学生在单项填空、完形填空、书面表达等题型上失分率很高，反映了不少学生的词汇和语法知识不够扎实，词汇和语法的熟练运用能力不强。而在使用新课标教材的过程中，大多数教师和学生也普遍感觉词汇学习的负担很重，语法学习不够系统。究其原因，一方面是新课标教材的词汇量显著增加，且对于词汇学习采用了主题化和语境化的设计思路，虽然这种设计有利于课堂教学，使学生学习词汇不再觉得枯燥，但使得教材中单词的复现率较以前的教材有所下降；另一方面是新课标教材采用了发现式语法教学，与以前的教材相比，语法讲解更简单，练习答案更直接，但所设计的练习在层次、灵活性、难度方面，与中、高考试题还有一定的距离，学生难以通过这些文章和练习得到有效的应试训练，因此教师普遍感到心中没有把握。

在新课改的要求下，现在的英语考试已经由知识立意转向能力立意，但是语言知识在试卷中的地位、在语言学习中的作用仍然非常重要、不可替代，教师在教学中不应有丝毫的忽视。所以，针对广大教师和学生在使用新课标教材过程中遇到的上述问题，我们组织了一批具有丰富教学经验的一线名师编写了这套图书。书中的练习结合语境和语言运用，主要与读、写两种语言运用活动相联系，对词汇和语法的考查不再停留于单纯的记忆层次，而是体现在有具体语言环境的句子或短文中，并按照基础测试、能力检测和能力提高的顺序编写，其中能力提高练习部分紧密地结合当前的中、高考题型。本书旨在通过形式多样的练习来增加词汇的复现率，以帮助学生从多个角度接触和运用词汇，从而做到活学活用。同时，也力求通过对语法的精讲巧练，帮助学生系统地梳理和掌握中学阶段所需的语法知识，弥补新教材中语法知识点分散、练习量欠缺的不足。

全书按周次编排，每周的周一、周三为词汇练习，周二和周四为语法练习，周五为综合练习。周末的“本周说‘词’”和“本周说‘法’”两个部分结合中、高考常考考点，对该周练习的重点词汇和语法进行梳理及讲解。本书采用活页装订，便于教师安排课堂检测或课后学生自测。

作为目前市场中第一套针对英语新课标教材作补充而编写的词汇和语法练习，书中难免存在不足和缺憾，恳请广大教师和学生批评指正。您可以将您的宝贵意见发送电子邮件至 wang_huijuan@cepp.com.cn，意见一经采纳，您将免费获得价值 198 元的快捷英语系列图书。

编 者

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Week One

Friendship

Vocabulary

Monday

一、单项填空

1. The man put down the phone with a long face, obviously _____ about the news he heard.
A. having known B. amazed C. to be happy D. upset
2. Do remember: we should keep _____ when facing danger.
A. quiet B. calm C. still D. silent
3. I think you _____ to be here an hour before the match starts in order to get a good seat for you have no ticket.
A. had better B. expected C. supposed D. have got
4. My father _____ high blood pressure.
A. suffers from B. suffers C. concerns D. upsets
5. His child's future was his greatest _____.
A. anxiety B. concern C. care D. worry
6. Just as the saying goes: knowledge is _____.
A. force B. strength C. power D. ability
7. Seeing the TV series *Drawing Sword*, his _____ went to those war years.
A. feelings B. thoughts C. ideas D. opinions
8. — Jack, it seems that you seldom talk with your deskmate.
— Yeah, honestly speaking, I find he is hard _____.
A. deal with B. to deal with C. do with D. to do with
9. It was already past midnight and only three men _____ in the tea house.
A. left B. delayed C. remained D. deserted
10. At that time the people in the remote (遥远的) village had to walk many kilometers _____ water.
A. so that get B. in order that fetch C. as to get D. in order to fetch

二、根据英文解释填写单词或短语

1. _____ worried, anxious, feeling unhappy about sth.; cause to worry, trouble
2. _____ to refuse to pay attention to
3. _____ to become or make someone less angry, excited
4. _____ to have to do with or relate to; to be of interest or importance to
5. _____ a number of objects or events arranged or coming one after another
6. _____ in or into the open; outside
7. _____ tending to darkness; dusky
8. _____ wholly; completely
9. _____ one that is united or associated with another or others in an activity
10. _____ covered or filled with dust

三、词语辨析

1. 用 *quiet, calm* 或 *silent* 填空

- 1) The doctor did what he could to make the patient _____.
- 2) They moved to the countryside and lived a _____ life.
- 3) I prefer _____ reading to reading aloud.

2. 用 *suffer* 或 *suffer from* 填空

- 1) I cannot _____ such rudeness (粗鲁).
- 2) My father _____ a terrible cough.
- 3) He _____ poverty all his life.
- 4) He _____ many humiliations (屈辱) before he became a football star.

3. 用 *concern* 或 *worry* 填空

- 1) Our safety has become our parents' greatest _____.
- 2) Too much _____ had made him look like an old man.

4. 用 *force, strength* 或 *power* 填空

- 1) The police had to use _____ when they took him to the police station.
- 2) Knowledge is _____.
- 3) He lost some of the _____ in his muscles when he stopped exercising.

5. 用 *in order to* 或 *so as to* 填空

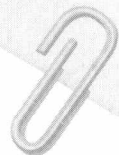
- 1) _____ catch the train, he hurried through his work.
- 2) He hurried through his work _____ catch the train.

四、用适当的介词或副词填空

1. All these figures (数字) add _____ 5 050.
2. The nurse calmed _____ the little boy by giving him some candy.
3. The police doubt how many persons are concerned _____ the accident.
4. I've looked _____ all my papers but I still can't find the one I need.
5. — Did he break it by accident?
— No, _____ purpose.

五、根据汉语提示完成句子

1. I still _____ (发现很难) to make good friends with them.
2. The new law _____ (未通过).
3. Your friend come to school, _____ (心情很不好).
4. Mr. Jones lives _____ (单独一人生活, 常常感到孤独).
5. She _____ (沉迷于) painting these days. She stays in her studio all day long.
6. What do you think a good friend _____ (应该是什么样的呢)?
7. We tried to _____ (让他平静下来) but he kept shouting excitedly.
8. It's getting dark. I _____ (不得不) go.
9. He is such an easy-going person that he _____ (相处得好) his classmates.
10. Every evening people would see the old lady _____ (遛狗) alone for about an hour, and then she disappeared into the darkness.





Grammar

一、单项填空

1. In which play is _____ your brother appears?
A. that where B. this when C. it that D. it where
2. It was not until she had arrived home _____ her appointment with the doctor.
A. did she remember B. that she remembered
C. when she remembered D. had she remembered
3. Mr. White _____ at 8:30 for the meeting, but he didn't come.
A. should have arrived B. should arrive
C. should have had arrived D. should be arriving
4. Oh, I'm not feeling well in the stomach. I _____ so much fried chicken just now.
A. shouldn't eat B. must have eaten C. shouldn't have eaten D. mustn't eat
5. As children we shouldn't have our parents _____.
A. worried B. to worry C. worrying D. worry
6. — Where is my dictionary? I remember I put it here yesterday.
— You _____ it in the wrong place.
A. must put B. should have put C. might put D. must have put
7. The TV set he _____ works well now.
A. has repairing B. having repaired C. has been repaired D. has had repaired
8. It was _____ he did _____ frightened me.
A. what; that B. that; that C. what; what D. that; what
9. It was not _____ she took off her dark glasses _____ I realized she was a famous film star.
A. when; that B. until; that C. until; when D. when; then
10. — Hurry up, Michael! It's ten to three.
— Goodness me! The class _____. I'll be late again.
A. must begin B. should have begun C. may begin D. must have begun

二、用括号内所给词或短语的适当形式填空

1. Principal Li came into the classroom in a hurry, _____ (follow) closely by her students.
2. You're _____ (crazy) to go out in this stormy weather.
3. I _____ (not tell) you the truth last night, for you were so sad at that moment.
4. While _____ (live) in America, he picked up some English.
5. He wrote the _____ (entirely) play in only two weeks.
6. The teacher said to us that Taiwan _____ (be) part of China.
7. Please remember _____ (turn) off the light before you go to bed.
8. Listen! Someone _____ (knock) at the door.
9. Hurry up, or you _____ (miss) the train.
10. I will tell you as soon as he _____ (come back).

三、选择方框中的单词或短语, 用其适当形式完成短文, 每项限用一次

smart	sorrow	in order to	honest	care about
be fond of	drop a line	handsome	share	feel

Everyone needs friends and everyone ____ 1 ____ staying with friends. There is an old saying, "Friends are God's way of taking care of us." But how do you find real friendship and keep it?

The American writer Sally Seamans tells young students some ____ 2 ____ ways to find friends. Sally says finding friendship is just planting a tree. You plant the seed and take care of it to make it grow.

First, you should choose a friend. What makes a good friend? It is not because a person is rich or ____ 3 _____. A good friend should be kind and patient. For example, if you have a bad day, a good friend should listen to you and do her or his best to help you. ____ 4 ____ make a friend, you cannot be too shy. You should make each other happy, ____ 5 ____ each other and ____ 6 ____ your joys and ____ 7 _____.

But things cannot always be happy. Even the best friends have fights. What should you do when you have a fight with your friend? You have to talk to him or her. When there is no one else around, have an ____ 8 ____ talk. If he or she doesn't want to talk, you could ____ 9 _____.

There are three steps to be friends again:

Tell him or her your true ____ 10 ____; say, what your friend has done wrong, and explain why you did this or that. Remember that friendship is the most important thing in your life.

四、单句改错

1. She should have taken away my dictionary, for I wanted to use it. _____

2. It is ten years that Miss Green returned to Canada. _____

3. "You clean the classroom after class today, Tom," said the monitor. _____

The monitor said that Tom cleaned the classroom after class that day. _____

4. It must be he that has stolen Mr. Smith's purse, mustn't it? _____

5. Having suffered from the heavy pollution already, it may be too late to clean up the river. _____

五、根据汉语提示完成句子

1. 他最近经历了一段困难时期, 不过也学到了许多东西。

He has _____ a hard time recently but he has learned a lot.

2. 看了好几遍这些枯燥的电影, 一点乐趣也没有。

_____ seeing these boring movies several times.

3. 这是我一年半以来第一次目睹夜晚。

_____ I'd seen the night _____.

4. 我们本应该找人把桌布洗一下。

We _____.

5. 是我们试图使他平静下来, 但他仍不停地叫着。

It was _____ down, but he still shouted.



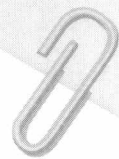
Vocabulary

一、单项填空

- We were _____ giving up _____ the police came to give us a hand.
A. at the point of; while B. on the point of; when
C. on the point of; while D. about to; when
- While _____ along the street, I met an old friend of mine.
A. I walking B. was walking C. I am walking D. walking
- Children should learn to _____, but they are too selfish (自私) and don't want to play their own toys with others.
A. support B. care C. spare D. share
- Miss Smith is a friend of _____.
A. Mary's mother's B. Mary's mother C. Mary mother's D. mother's of Mary
- The boy living next door to me is fond _____. He sings all the time.
A. at singing B. of singing C. to sing D. to be singing
- It was basketball that Yao Ming has been _____ over since an early age that won him a great fame all over the world.
A. eager B. crazy C. curious D. interested
- She used to sit _____ herself and read novels.
A. by B. to C. for D. at
- The woman in the office _____ the fact.
A. dare not to say B. didn't dare saying C. dare not saying D. did not dare to say
- Hello, May I speak to Mr. Turner?
— Sorry, he _____ works here.
A. no longer B. no more C. doesn't any more D. doesn't any longer
- I am sure he will _____ down in his new school.
A. come B. break C. get D. settle

二、根据句意和首字母补全单词

- The question will also c_____ the person, letting him or her know that help is on the way.
- The snow is very l_____ and there is a lot of air in it.
- We're going to work like c_____ to get this finished on time.
- They come from Germany. They are G_____.
- I said hello to her, but she i_____ me completely.
- A new s_____ of leaders for students of English has been published.
- We were lost in the forest, and the snowstorm a_____ to our difficulties.
- It's so bright that we can't see the screen clearly, please draw the c_____.



9. After the lightning came the t_____.

10. It took us an e_____ week to finish painting the home.

三、选择方框中的单词，用其适当形式完成短文，每项限用一次

through

outdoors

upset

ignore

settle

Last week Kate's family moved to a new city. The new changes ____1____ her mother because there are so many new difficulties she had to go ____2____. She feels that it was hard for them to ____3____ in the new place. She wants to walk their pet ____4____, but she was afraid that their new neighbors ____5____ them. How she wishes she could tell them her feelings face to face.

四、句型转换

1. He died during the Second World War.

_____ during the Second World War _____ he died?

2. Nowadays many students are enjoying MP4. (同义句改写)

Nowadays many students _____ MP4.

3. Tom doesn't enjoy computer games, and doesn't like sports game, either.

Tom doesn't enjoy computer games, _____ sports games.

4. This morning he got up very early in order that he could catch the early bus.

This morning he got up very early _____ catch the early bus.

5. It was not difficult for the police to find out the thief.

The police had no _____ the thief.

五、根据所给提示翻译下列句子

1. 应该教会小孩和别人分享玩具。(share... with...)

2. 在找到工作前他经历了许多困难。(go through)

3. 根据那个警察所说的话，他很快就找到了去商店的路。(according to...)

4. 三个星期之后他才听到这个消息。(It was... that...)

5. 为了不被敌人认出，他故意弄脏脸。(... on purpose, recognize)



Grammar

一、单项填空

1. I wonder _____ you were doing last night.
A. it was what that B. what was it that C. that what it was D. what it was that
2. With his work completed, the businessman stepped back to his seat, feeling pleased _____ he was a man of action.
A. which B. that C. what D. whether
3. — Guess what! I have got A for my term paper.
— Great! You _____ read widely and put a lot of work into it.
A. must B. should C. must have D. should have
4. — Would you mind helping me look for the missing bicycle?
— _____.
A. It doesn't matter B. Not at all C. Yes, with pleasure D. No, no way
5. Mr. Black said, "I have walked a long way this week."
→ Mr. Black said that _____ a long way _____.
A. I had walked; last week B. he had walked; that week
C. I walked; last week D. he has walked; this week
6. They said to us, "Are you afraid to leave this house?"
→ They asked us _____ afraid to leave _____ house.
A. that were we; this B. that we were; that
C. if were we; this D. if we were; that
7. The teacher asked her, "Does the sun rise in the east?"
The teacher asked her _____ the sun _____ in the east.
A. if; rise B. if; rises C. whether; rose D. whether did; rise
8. — Turner said he _____ to see us _____.
— Then we'd better not go out today.
A. will come; that day B. would go; today
C. would come; today D. will go; that day
9. My mother asked me what I _____ after graduation.
A. will do B. did C. would do D. am doing
10. The teacher asked us whether we _____ the experiment.
A. finished B. have finished C. had finished D. were finished

二、用括号内所给词或短语的适当形式填空

1. She dare _____ (not go) home now.
2. A new series of new stamps about mice _____ (print) already.
3. It was the third time that I _____ (see) to the super star.
4. She has asked to _____ (leave alone).
5. Any student caught _____ (cheat) will have to leave the classroom.

三、用括号内的词和“have/get/find+宾语+补语”完成句子

1. We had the machine _____ (mend) just now.
2. The boss often has them _____ (work) for 14 hours a day.
3. Oh dear! You'd better have your car _____ (run) slowly.
4. — Excuse me sir, where is Room 301?
— Just a minute. I'll have Bob _____ (show) you to your room.
5. He went home as usual, only to find his TV set _____ (steal).

四、用括号内所给词的适当形式完成短文

Ed Viesturs' last hike 1 (be) up Mount Annapurna, in Asia's snowcapped Himalayas. It is the mountain that inspired (鼓舞) him to start climbing. Viesturs said that there 2 (be) no easy way to start climbing it and there 3 (be) dangerous avalanches (雪崩).

Viesturs talks about mountains as if they were living creatures that should 4 (treat) with respect. Viesturs said that he 5 (have) all of his senses, all of his abilities to see if the mountain 6 (will let) him climb it. He stopped for a while, then he 7 (add) that he 8 (can) go up and come down under the right conditions.

What's next for a man who can't stop climbing? Viesturs said that he 9 (be) going to hug his life and kids and enjoy the summer. But for a man who 10 (climb) the world's 14 tallest mountains, he will probably soon set off on another adventure.

五、英汉互译

1. I can't ignore his rudeness any longer.

2. The city suffered serious damage from the earthquake.

3. 这是他第一次来到中国。

4. 你必须设法冷静下来。

5. 我去拜访他时，他碰巧在看电视。

六、情景交际

从方框内所给的句子中选择适当的句子完成对话
(选项中有两项为多余选项)

A: Can I help you?

B: 1

A: Let me see. One lady's skirt and one man's overcoat.

B: 2

A: Is next Thursday soon enough?

B: 3

A: Until 6:30 pm, sir.

B: 4

A: Twenty dollars. Here's your receipt (收据), sir.

B: 5

A. Fine. That leaves me plenty of time to pick them up after work.

B. I want to have these clothes cleaned and pressed.

C. Good. Thank you.

D. How much is it?

E. A piece of cake?

F. When will they be ready?

G. Well. Yes. When does the shop close?



Vocabulary and Grammar

一、单项填空

- William Beebe, one of the first men _____ the depth of the sea in a bathysphere, got interested in oceanography because of one book.
A. exploring B. having exploring C. to be exploring D. to explore
- They were only _____ in protecting the powerful families.
A. related B. cared C. concerned D. adapted
- Tell your brother to come _____, because it's going to rain in a minute or two.
A. indoors B. outdoors C. outward D. inwards
- She devoted herself _____ to her research and it earned her a good reputation in her field.
A. strongly B. extremely C. entirely D. freely
- In my opinion, your work does not _____ what I expected of you.
A. catch up with B. add up to C. come up to D. go in for
- Are you ready to leave?
— Almost. I'm coming as soon as I _____ ironing the clothes.
A. give up B. get through C. go through D. set down
- He has left his book here on _____, so that you can read it.
A. purpose B. accident C. aim D. meaning
- As is known, the Great Wall is very wide. In most places it is wide enough for five horses or ten men to walk _____ along the top.
A. hand in hand B. side by side C. face to face D. one by one
- _____ happened to be no one in the building when the fire broke out.
A. It B. There C. This D. That
- It is the first time that you have come to Lin Chuan, _____?
A. haven't you B. isn't it C. hasn't it D. aren't you

二、根据句意和首字母补全单词

- He is an e_____ of China Daily, so he often received a lot of letters every day.
- He didn't pass the exam, so he looked very u_____.
- We could hear the t_____ of distant (远处的) guns.
- She never tells lies. So I know she is worth my t_____.
- The doctor advised the patient to get rid of (摆脱) his bad h_____ of smoking.
- Nowadays we c_____ with each other by sending e-mails.
- I spoke to him at school, but he i_____ me.
- Can you think of a s_____ where you can use this word?
- On hearing the fire, all of us were deeply c_____ about the safety of the people.
- J.K. Rowling, the British author of the record-selling *Harry Potter* s_____, said she had finished writing the final book about the boy wizard.

三 选择方框中的单词或短语，用其适当形式完成短文，每项限用一次

share	series of	go through	upset	power
set down	win	suffer	concern about	calm down

Tuesday Aug. 24th

Rainy

Another gold medal! I can hardly _____ 1 _____ when I _____ 2 _____ this diary. Up to now,

China has 3 23 gold medals. These days, we Chinese 4 the 28th Olympic Games. We 5 the happiness of 6 success, but feel 7 when we 8 lose. Anyway, all the players 9 great difficulty. Maybe this is the 10 of sports!

四、阅读理解

A

Our neighbor's son was getting married at an out-of-town church, and my husband and I were invited. We immediately rushed out to a store, and I bought a nice pink dress with a jacket. The dress was a little tight, but I had a month to go before the June 30 wedding and that would be all right for me.

June 29 came and, of course, I hadn't lost a single pound; in fact I had gained two. But I thought a nice new girdle would cure everything. So on our way out of the city we stopped once again at the store. I ran in and told the clerk I needed a size large party girdle. The clerk found the box with the describe girdle marked "LG", and asked if I would like to try it on. "Oh, no, a large will fit just right. I needn't try it on."

The next morning was rather hot, one of those thirty-four-degree days, I suppose, so I waited to get dressed until about 45 minutes before time to go. I popped open the box only to find a new girdle in a small size. Since it was too late to find another one and the dress wouldn't fit right without a girdle, a fight broke out in the hotel room between me and the girdle. Have you ever tried to shake 20 pounds of potato into a five-pound bag? That's it. Finally my husband, laughing like crazy, got hold of each side and shook me down into it. At once I put on the pink dress, which didn't go very well with my red face, and was ready to go.

Finally we got to the church. I heard one of the people say that they were having a High Mass. I turned to my husband and asked, "What is a High Mass?" he shrugged his shoulders.

Unfortunately, I learned that this particular mass would last one hour, twenty-two minutes and eight and one half seconds — the priest (神甫) was going to bless everything except my girdle.

1. Why didn't the writer buy a loose dress?
 - A. She was too thin.
 - B. It was too hot then.
 - C. She thought she could become a little thin within a month.
 - D. A tight one was a little cheaper.
2. What does the writer want to express by saying "Have you ever tried to shake 20 pounds of potato into a five-pound bag"?
 - A. How difficult it was to shake 20 pounds of potato into a five-pound bag.
 - B. The difficulty she had in putting on the tight dress.
 - C. How foolish she was to put on such tight dress.
 - D. How foolish she was to put so many potatoes in such a bag.
3. What does the underlined word "girdle" in Paragraph 2 mean?
 - A. A belt or sash worn around the waist.
 - B. A elasticized (有弹性的) undergarment (内衣).
 - C. A small dress.
 - D. Something that encircles like a belt.