

# 服装专业英语

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中国高等职业院校服装专业实用教程

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# 编者的话

进入21世纪后,我国被世界公认为纺织服装生产大国,作为世界成衣产业最大的加工基地,中国的服装从业人员数量大、层次多、范围广。但长期以来,我国的服装制造业始终身处生产加工型的低端地位,服装设计、服装加工与服装营销的人才比例一度处于失衡状态,所以形成了中国现在独有的服装业态:即生产规模和产值世界第一,利润和知识含量极低。要真正成为一个服装强国,就必须及时培养一大批有中国特色、能适应成衣设计、加工、营销这条产业链的综合应用型人才。培养人才的文化责任,使上海人民美术出版社把话题转变为课题。

上海人民美术出版社近年来大力发展艺术设计类图书的策划与出版,成功地与国内外艺术设计专家、学者合作,在业界取得了一定的好评。在各专业出版社和大学出版社积极推出服装设计系列教材时,我社立足服装专业高等职业教育这一基础性课题,在国家大力培养高级职业人才的号召下,组织了一批长期从事高校专业教育、有着丰富办学经验与教育研究成果的教授、专家编撰本套教材。

主编张福良教授与本书作者均长期活跃在服装设计高职教育第一线,他们将自己长期的教学经验与企业实战经验融于本书,使本书具备体例新、操作性强、注重实践等特点,真正做到了与中国高等职业院校服装专业教学接轨,与中国服装业综合性应用人才的培养接轨,从而使学生在完成学业后,能大大缩短熟悉与适应工作岗位的时间,更快、更强地融入中国成衣业的大市场。

我们希望本书能用专家级阵营、有效实用的内容与普及性价格为中国 广大高等服装职业教育服务。本书还存在着某些不足之处,也请广大老师 与学者在使用中提出宝贵的建议,以便我们在今后的编辑工作中改进。

专到

上海人民美术出版社社长 2008年1月

# 前言

随着我国服装行业国际业务合作和交流日益频繁,要求从业人员必须掌握一定的专业英语知识,在培养服装专业人才的教学领域,专业英语课程已被许多学校作为必设的主干课程之一。而随着对外贸易的发展变化,专业英语教材的内容更新也势在必行,本书就是基于这样的出发点,力求将行业最新的知识和操作方式呈现给师生。

本书的内容包括服装的设计、生产、销售、表演以及流行趋势预测等基本的知识内容。在选材以及篇章设置上,配合常规的课时安排,一共设置了24篇主文,方便教师课堂授课。同时,为了拓展相关的知识点,每篇主文之后又设置了相应数量的泛读文章,可以为师生提供一些必要的专业常识、新兴资讯以及常用专业用语。使学生既能掌握基本的服装英语,又能对服装业的概况有基本的认识。另外,本书还设置了图文相配的附录,全面介绍了服装的常见款式以及领型、袖型,服装裁剪所涉及的部位名称和缩略词等英语表达方式。

本书的两位作者多年来一直进行高校服装专业英语的教学工作,专门为高职院校师生编写了本教材,注重实践性和职业适应性的需求。本书同时也可供服装行业从业人员参考学习以及其他形式的服装专业培训用作教材。

本书排名不分先后,第一章、第三章为辛芳芳编写;第二章、第四章为文英编写。

辛芳芳 文英 2009年1月

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# Chapter 1

# **Brief Introduction of Clothes**

第一章服装发展简史

# **Unit 1 The Reasons for Clothes**

# 第1课 服饰的起源

People wear clothes for many different reasons. Some of these reasons are physical. You wear clothes for comfort and protection. Others are for psychological and social reasons. Clothes give you self—confidence and express your personality. Clothes also help you identify with other people.

All people have basic human needs. Meeting these needs provides satisfaction and enjoyment in life. Clothing helps to meet some of these needs. Knowing something about the role of clothing helps you to understand yourself and others better. Clothing is a complex but fascinating part of everyone's life.

#### 

In our world, we humans need to protect ourselves from our environment. We do not have a natural protective covering like most animals. The feathers and fur of animals protect them and keep them comfortable. Our skin is uncovered and exposed. We can be easily affected by the elements—rain, snow, wind, cold, and heat, we can be harmed or injured on the job or while participating in sports. In some cases, we need to protect others with our clothing.

#### Climate and weather

All over the world, people have traditionally used clothing for comfort and protection in this way. People who live in severely cold climates, such as the Eskimos(1-1), keep warm by wearing pants and parkas with fur linings. The fur traps the warm air from their bodies and creates a life–saving insulating layer of warmth.

Desert nomads keep the harmful hot sun from dehydrating their bodies by covering up with long flowing robes and headdresses ( 1-2 ) . Their clothing actually keeps them cooler than they would be without it.

#### Safety

Clothing also serves to protect your skin from harm or injury. Some sports and occupations require protective clothing for safety reasons. Football players wear helmets and protective padding to help prevent injuring during rough play (1-3). Soccer and hockey players wear shin guards to protect their legs from hard hits by the ball or puck. Amateur boxers wear protective headgear to reduce the blow from punches.

All of these protective aids were developed so that people could enjoy a sport and reduce the risk of injury.

#### Sanitation

Special clothing and accessories are often worn for sanitation reasons. People who work in factories that produce food and medical products wear sanitary clothing, face masks, and hair coverings. This precaution prevents contamination of the products by germs.

In operating rooms, doctors and nurses wear special disposable sanitary uniforms, gloves, and face masks (1-4). Fast–food workers wear hats or hair nets to prevent their hair from falling into your food. These are examples of how other people protect you by



1-1 The Eskimos



1-2 The desert nomad



1-3 A football player



1-4 The doctors and nursers

wearing special clothing. Can you think of any other examples?

#### Modesty

Modesty refers to what people feel is the proper way for clothing to cover the body. Different groups of people may have different standards of modesty. People follow these standards in order to fit and be accepted by the group. Usually you can recognize what is considered modest or immodest because most people in the group dress in the acceptable manner.

Sometimes standards of modesty are only minor variations of dress. For example, buttoning a shirt up to the neck would be more acceptable in some groups than leaving two or more buttons open.

## INDENTIFICATION .....

Clothing can also identify people as members of a group. Certain types of clothing, colors, and accessories have become representative of certain groups, activities, and occupations. Also, by simply dressing alike, people can show that they belong to the same group.

#### Uniforms

A uniform is one of the easiest ways to identify group members. Uniforms can provide instant recognition or create a special image for the group.

Members of the police force, fire department, and military wear uniforms so that they can be recognized quickly and easily for public safety Athletic teams wear different colors to identify their team and to tell them apart from their opponents. Different sports have different styles of uniforms. For example, rugby player wear traditional striped shirts and shorts. Baseball, football, wrestling, and soccer players all have different styles of uniforms.

#### Insignias

Insignias are badges or emblems that show membership in a group. Patches or emblems can be worn on jackets or blazer pockets. Ties with special colors or designs may be worn by club members. A school letter with a sports pin can be worn on a jacket or sweater to indicate participation in athletics. Even special scarves or hats can identify people as members of a group.

### STATUS

Status symbols are clothes or other items that offer a sense of status for the ordinary person. Usually these items are more expensive or the latest in design. For some people, status symbols can be fur coats, expensive Jewellery, or designer clothes. For others, a certain model car or type of equipment is a status symbol.

Designer clothing offers a sense of status for may people. Wearing an original garment made by a famous designer shows that the wearer can afford expensive clothes.

## 

People decorate themselves to enhance their appearance (1-5). They wear clothes, jewellery, and cosmetics in hopes of improving their looks and attracting favorable attention. Adornment, or decoration, also helps people to express their uniqueness and creativity.

Clothing and accessories can be used to improve appearance in different ways.



1-5 People decorate themselves with clothes and jewellery

You can select the styles, colors, and fabrics that will best complement your own characteristics.

# **Words & Phrases**

psychological adj. 心理学(上)的 fascinate v. 迷住, 使神魂颠倒; 吸 引: 使感兴趣 participate v. 参与,参加 traditionally adj. 传统上, 传说上 Eskimo n. 爱斯基摩人 parka n. 风雪衣,派克大衣;亚洲北部 与阿拉斯加所用的毛皮制上装 lining n. (衣服等的)衬里,衬料 insulating layer 绝缘层 nomad n. 游牧部落的人 dehydrate v. 脱水 robe n. 长袍, 罩衣, 礼服, 制服 headdress n. 头巾;头饰 helmet n. 头盔, 钢盔 padding n. 填充, 填塞, 装填; 填料, 芯,衬垫 headgear n. 帽, 盔, 头饰 punch v. 打洞;刺; 戳 accessory n. 附件, 配件 mask n. 面具, 面罩, 伪装; 掩饰 covering n. 头饰 precaution n. 预防, 警惕, 小心 contamination n. 污染; 污物 disposable adj. 一次性的; 用后即可 丢弃的; 可任意使用的 glove n. 手套 identification n. 谨慎; 谦虚; (尤指

stripe adj. 带条纹的 wedding gown 婚纱 veil n. 面纱;遮盖物;遮布 mortarboard hat 学士帽; 方帽子 tassel n. 缨, 绶, 流苏 insignia n. 勋章, 徽章 badge n. 徽章, 证章 emblem n. 象征, 徽章, 符号 patch n. 补丁,补片;金属补片 jacket n. 短上衣,夹克衫,外套 tie n. 带子, 绳; 领带, 鞋带, 领结 sweater n. 羊毛衫; 厚运动衣; 针织 上衣;运动衫 athletic n. 体育; 田径运动 scarf n. 领带, (长) 桌巾, 丝巾 jewellery n. 珠宝, 珠宝饰物 cosmetic n. 脂粉 adornment n. 装饰,装饰品 decoration n. 装饰,装饰品 uniqueness n. 唯一性; 独特性 creativity n. 创造力, 创造 appearance n. 外貌, 外观 style n. 风格, 时尚, 风度, 类型, 式 样,模样; 品格 fabric n. 织品, 织物, 布, 结构, 建 筑物, 构造 complement n. 补足物;补充量;定额 装备

characteristic n. 特征; 特性

# **Exercises**

### I. Answer the following questions.

妇女的)端庄; 节制; 中肯; 朴实

uniform n. 制服;军服

的

representative adj. 典型的,有代表性

1. How does the clothing help people to meet their basic human needs?

- 2. Which kinds of clothing do doctors and nurses wear when they are working in the operating rooms?
  - 3. Do different groups have the same standards of modesty, why?
  - 4. How do the uniforms provide the special image for a group?
  - 5. How people decorate themselves to enhance their appearance?

## II. Fill in the blanks according to the text.

1.	People wear clothes for many different reasons, such as,
2.	Clothing can also identify people as members of a group through,
	·
3.	Members of the police force, fire department, and military wear uniforms so that
they can	be recognized,for
4.	Desert nomads keep the harmful hot sun from dehydrating their bodies by
	and
5.	Desert nomads keep the harmful hot sun from dehydrating their bodies by

# III. Please use "T" or "F" to indicate weather the following statements are TRUE or FALSE:

- 1. People wear clothes for physical reasons. ( )
- 2. People have traditionally used clothing only for climates and weather reasons. ( )
- 3. Some sports and occupations require protective clothing for safety and modesty. ( )
- 4. People who work in factories that produce food and medical products wear sanitary clothing, face masks, and hair coverings for sanitation reasons. ( )

# IV. Fill in the following table by giving the corresponding translation.

English	Chinese
desert nomad	
uniform	
adornment	
insignia	
jewellery	
headdress	
appearance	

## V. Translate following sentences into Chinese.

- 1. Football players wear helmets and protective padding to help prevent injuring during rough play.
- 2. Usually you can recognize what is considered modest or immodest because most people in the group dress in the acceptable manner.
- 3. Many people wear special styles and colors of clothing for special occasions in their lives.
  - 4. Status symbols are clothes or other items that offer a sense of status for the

ordinary person.

5. People decorate themselves to enhance their appearance. They wear clothes, jewellery, and cosmetics in hopes of improving their looks and attracting favorable attention.

#### **Extensive Reading**

# The First Clothes

# 最初的服饰

Thousands of years ago, people learned to make clothing from the natural resources around them. In many climates, clothing was essential for protection from the cold weather or the blazing sun. Animal skins and hair, plants, grasses, and tree bark were some of the materials used for clothing.

## LEARNING TO SEW LEATHER .....

Early cave drawings show animal skins being used as body coverings by people in Northern Europe. Untreated animal skins are very stiff and uncomfortable to wear, so primitive people discovered different ways to make the skins soft.

Some people beat the skins with stones, while other people chewed the skins to make them soft. Others beat the skins, then wet them, and rubbed them with oil. Much later, skins were tanned, or treated with tannic acid which is a substance that comes from a tree. With this method the skins stayed soft for a long time.

To hold the skins together, holes were punched in the leather. Then sinews, or string-like tendons from animals, were laced through the holes. With this crude form of sewing, several skins of small animals could be stitched together to form a garment.

#### LEARNING TO MAKE FABRIC .....

People in warmer climates, such as Africa and the South Pacific, needed protection from sun and rain (1-6). They learned to make garments from the trees and plants around them. Some used for mats and baskets rather than for clothing. Parts of plants, such as the bark of the trees, had to be soaked and treated until soft enough to be used as cloth.

People in colder climates began to cut up the animal skins for a better fit. As they did this, they found that the wet, matted clumps of animal hair formed a crude version of felt.

# **Words & Phrases**



1-6 Clothing made from trees and plants.

untreated adj. 未处理的; 未加工的 stiff adj. 坚硬的, 挺的, 不易弯曲的 primitive adj. 原始的, 远古的, 古老 的; 初期的, 最早的 beat v. 打; 敲; 连打; 连击 chew v. 咀嚼, 嚼碎 rub v. 擦,搓,摩擦

tan n. 硝(皮), 鞣(革)

tannic acid 【化】丹宁酸,鞣酸
leather n. 皮革,皮革制品
sinew n. 肌肉,精力,体力,原动力
string n. 线,细绳,一串,一行
crude n. 原(生)材料,天然物质;原油
sew v. 缝制,缝纫,缝合
stitch v. n. 缝,缝合;一针,针脚,

# Unit 2 Clothing, Society and Culture 第2课 着装、社会、文化

The style of clothing that people wear – the fabrics, the designs, and the colors – can tell you many things about the way that people think and live. Clothing is a clue to a person's occupation, lifestyle, wealth, customs, status, values, and beliefs.

## DEVELOPING SOCIETIES .....

The clothes that people wear in any society tell us something about the times in which they live. In a developing society, clothes tend to be strictly functional and very simple. The daily tasks of providing food, shelter, and clothing does not leave much time to decorate and embellish clothes for everyday wear.

As society becomes more developed, a greater variety of styles and fabrics are available. The way that clothes look can become even more important than the protection that they provide. In some societies, clothing is considered a form of art.

Initially, the type of clothes that a society wears is determined by the climate and the natural materials that are available. The pre-historic peoples who lived in northern Europe, where the climate was dry and cold and the warm weather lasted only two or three months a year, developed a style of clothing made mostly from animal skins (2-1), the ancient Egyptians lived in a much warmer climate where plants, such as the flax plant, grew abundantly along the Nile River. Flax was woven into linen and styled into simple garments suitable to the hot climate of Egypt (2-2).

Clothing ideas are frequently shared among cultures. As early societies came in contact with one another, they began to exchange ideas and information that influenced their clothing. Sailors and merchants who established trade with other countries brought back fabrics, yarns, and trimmings. Soldiers who went away to war abroad saw how others lived and dressed. Missionaries who went to other lands taught the native people about the European styles of clothing.



2-1 This hominid wrapped animal skins around his haunch



2-2 Ancient Egyptians wore a kind of garment made from flax

#### CLOTHES IN DIFFERENT CULTURES

Every culture throughout history has had something special and unique about its clothing. The ancient Greeks were gracefully draped garments that reflected the same qualities of beauty, harmony, and simplicity that were valued in art and architecture. French fashion in the 18th century, with its richly embellished fabrics, yards of ribbons and laces, and elaborate wigs, reflected the complicated manners and life at the court of Versailles.

In the early American colonies, many goods, such as clothing and furniture, were not easily available. If the colonists needed new clothes, they had to spin and weave their own fabrics, as well as sew the garments themselves. As a result, their clothes were plain and practical.

Many cultures developed a unique style of dress or national costume. Most of these items of clothing had very practical beginnings.

Ancient Celts in the highlands of Scotland began to weave clan blankets with special plaid patterns to identify each clan. In the 16th century, they started wrapping these clan blankets around the body to form a short, belted—on, all—purpose garment called a kilt(2–3).



2-3 The traditional Scotland Kilt

The extra fabric was pulled up over the shoulder from the back and pinned in place.

In Middle Eastern countries, where the desert is very hot during the day and very cold at night, the turban became a common item of clothing. It absorbed sweat during the day and insulated the head at night.

In some parts of the world, such as China, Africa, and India, people still were distinctive native costumes as part of their everyday dress. The African tribal robe, Chinese coat, and Indian sari have changed little over the centuries.

In other parts of the world, native costumes are usually worn only for festive occasions, such as holidays, parades, weddings, and dances.

# Tips Traditions

Every society develops its own set of rules for clothes that are appropriate for certain occasions. In Western cultures, the bride traditionally wears white(2-4). In China, she wears red (2-5).

In Western society, men are expected to wear a tuxedo for formal occasions. In the Philippines, men wear a long-sleeved, off-white, embroidered shirt, called a barong tagalog, for formal events.

Although we may think of sportswear as casual clothing, sometimes it is very traditional. For example, white is the traditional color for tennis outfits. While other colors may be worn, most players in major tennis tournaments wear white.



2-4 The Western white wedding dress



2-5 The Chinese red wedding dress

# **Words & Phrases**

embellish n. 装饰; 用饰品装饰服装flax n. 亚麻; 麻布; 麻线; 亚麻黄linen n. 亚麻布, 亚麻纱线, 亚麻纺品, 仿亚麻制品; 亚麻色 yarn n. 纱, 纱线 trimming n. 修剪; 镶嵌线; 装饰线 gracefully adv. 优美地 harmony n. 调和, 和谐 simplicity n. 简洁 ribbon n. 带, 丝带, 缎带, 饰带

lace n. 网眼织物, 蕾丝; 网眼花边, 鞋带; 系带; 滚带; 饰带wig n. 假发, 假发套spin n. 手工饰线针绣plain adj. 平的, 平纹的, 平针的, 素色的; 平纹布, 素色布plaid n. 方格布, 方格呢; 格子花纹; (苏格兰)方格呢披衣belted adj. 束腰带的kilt n. 苏格兰褶裥短裙; 苏格兰褶裥短裙式的童装