

Ways to Reading

阅读方法

(英汉对照)

J. 泰 勒 P. 艾 亨
J. 谢 浚 德 R. 罗 斯 纳



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J. 泰勒 P. 艾亨 著
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内 容 简 介

本书是一本具有中等英语水平的学习者使用的阅读教材,现将阅读材料译成汉语,供学习者参考。旨在帮助他们复习已经接触过的语法结构,并在短时期内提高其阅读理解能力。

Ways to Reading

James Taylor Patrick Ahern

John Shepherd Richard Rossner

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郭龙生 译

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CONTENTS

Introduction

iv

ONE

STRUCTURES: Present Simple, Frequency Adverbs, Imperative, Relatives (who, which where)

1

Reading Passage 1

Reading Passage 2

Reading Passage 3

STRATEGY: Guessing Meaning (Exemplification)

14

TWO

STRUCTURES: Past Simple, was/were

15

Reading Passage 1

Reading Passage 2

Reading Passage 3

STRATEGY: Guessing Meaning (Recognizing What Words Do)

27

THREE

STRUCTURES: Going to and Simple Future, Wh-Question Words

28

Reading Passage 1

Reading Passage 2

Reading Passage 3

STRATEGY: Guessing Meaning (Understanding Words From Context)

45

FOUR

STRUCTURES: Modal Auxiliaries (can, could, may, might), Modal Auxiliaries (must, should, ought), Modal Auxiliaries (meanings)

47

Reading Passage 1

Reading Passage 2

Reading Passage 3

STRATEGY: Cohesion (Linking Words)

61

FIVE

STRUCTURES: Reported Speech (1), Reported Speech (2), Reported Speech (3)

63

Reading Passage 1

Reading Passage 2

Reading Passage 3

STRATEGY: Cohesion (Linking Words Continued)

76

SIX

STRUCTURE: Present Perfect

78

Reading Passage 1

Reading Passage 2

Reading Passage 3

STRATEGY: Identifying Classes and Members of Classes

SEVEN	STRUCTURE: Passive Voice	95
	Reading Passage 1	
	Reading Passage 2	
	Reading Passage 3	
	STRATEGY: Prediction	113
EIGHT	STRUCTURE: Conditionals (1), Conditionals (2), Past Perfect, Conditionals (3)	116
	Reading Passage 1	
	Reading Passage 2	
	Reading Passage 3	
	STRATEGY: Identifying Reference	139
NINE	STRUCTURE: Verb + Noun Phrase + <i>to</i> -infinitive	140
	Reading Passage 1	
	Reading Passage 2	
	Reading Passage 3	
	STRATEGY: Identifying the Main Idea	155
TEN	STRUCTURE: The -ing Form, Phrasal Verbs	157
	Reading Passage 1	
	Reading Passage 2	
	STRATEGY: Inferring Ideas	168
	<i>Prefixes, Suffixes: Tables and Exercises</i>	169

UNIT ONE

STRUCTURE: Present Simple

FORM

Person	Affirmative	Negative	Interrogative
1° 2° Sing (I, you) 1° 2° 3° Plur (we, you, they)	I work _ .	They do not work _ . *	Do you work _ ?
3° Sing (he, she, it)	He works.	It does not work _ . *	Does she work _ ?

*do not = don't; does not = doesn't

EXAMPLES OF USE

I often go to the cinema.

She sometimes works 48 hours a week.

We do not go to school on Sundays.

He does not work on Saturdays.

Do they always go to church on

Sundays?

Does he usually work in the evenings?

Pygmies live in Central Africa.

Light travels at 299,792 km per second.

Penguins do not live in the Arctic.

Sound does not travel at 299,792 km per second.

Do polar bears live in the Antarctic? No.

Does sound travel at 332 m per second? Yes.

FORM EXERCISES

Complete these sentences using the verbs in brackets in the present simple.

a Affirmative

1 The President of the United states _____ in the White House. (live)

2 She always _____ by train. (travel)

3 Many people _____ to parties on December 31st. (go)

b Negative

4 I _____ in a factory. (work)

5 Pygmies _____ in large groups. (live)

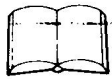
6 Robert _____ to school by bus. (go)

c Interrogative

7 _____ they _____ on Saturdays? (work)

8 _____ she _____ to Majorca every year? (go)

9 _____ Pygmies _____ in huts? (live)



READING PASSAGE 1

THE PYGMIES

Pygmies are a group of people who live in the forests of Central Africa.



1 Read these statements before you read the passage. Think about them while you read. Mark them 'T' (true) or 'F' (false).

- | | | |
|------------------------------------|---|---|
| 1 Pygmies have dark brown skin. | T | F |
| 2 Most Pygmies live in old houses. | T | F |
| 3 A lot of Pygmies live in towns. | T | F |

Pygmies Most pygmies live in the jungles of Central Africa where the temperature is usually above 27 °C. Most of the area is still
 5 'uncivilized' and many Pygmies do not know what a white man looks like.

The typical Pygmy measures between 1.32 m and 1.45 m in
 10 height and has a skin which is chocolate in colour. He has black hair and a wide nose. He is very shy and he does not like contact with strangers.

15 In general, Pygmies live in small groups and do not have permanent

houses. They build temporary huts which they make from the trees in the jungle. The jungle also provides the Pygmies with food. They
 20 collect nuts and fruits, which grow in abundance, and they also hunt animals.

The Pygmies are very superstitious. They attribute
 25 magical significance to many phenomena, but they also believe there is one supreme God who controls the lives of all men. A few of them work in towns, but most of
 30 them prefer to follow their traditional way of life in the jungle.

2 Mark these statements 'T' (true) or 'F' (false). If a statement is false, rewrite it to make it true.

- | | | |
|---|---|---|
| 1 The Pygmies are tall people. | T | F |
| 2 Most Pygmies are vegetarians. | T | F |
| 3 Most Pygmies live in large communities. | T | F |
| 4 The jungle provides Pygmies with food. | T | F |
| 5 Pygmies do not like strangers. | T | F |

3 Answer these questions. Circle 'Yes' or 'No'.

- | | | |
|---|-----|----|
| 1 Do Pygmies live in a hot climate? | YES | NO |
| 2 Does a typical Pygmy measure 1.54 m? | YES | NO |
| 3 Do Pygmies believe in magic? | YES | NO |
| 4 Do Pygmies cultivate nuts and fruits? | YES | NO |
| 5 Does a typical Pygmy live in a town? | YES | NO |

Exercise 1

Complete the following. Use a word from the box below for each sentence and adapt as necessary.

produce	work	build	drink	play
---------	------	-------	-------	------

- Saudi Arabia _____ a lot of oil.
- English people _____ a lot of tea.
- A few Pygmies _____ in towns.
- Boris Becker _____ tennis.
- Eskimos _____ igloos during winter.

attribute	wear	live	speak	believe
-----------	------	------	-------	---------

- 6 Pygmies _____ in one supreme being.
- 7 Queen Elizabeth II of England _____ in Buckingham Palace.
- 8 People in many parts of the world _____ jeans.
- 9 Most Swiss people _____ German.
- 10 A typical Pygmy _____ magical significance to natural phenomena.

Exercise 2

Complete the following (negative and interrogative). Use a word from the box below and adapt as necessary.

eat	export	live	speak	open
-----	--------	------	-------	------

- 1 A vegetarian _____ meat.
- 2 _____ you _____ Chinese? No.
- 3 _____ Saudi Arabia _____ oil? Yes.
- 4 _____ the United States President _____ in the White House? Yes.
- 5 Banks in England _____ on January 1st.
- 6 Saudi Arabia _____ water.
- 7 _____ Italians _____ a lot of spaghetti? Usually, yes.
- 8 Tigers _____ Africa.
- 9 _____ the British Museum _____ on Sundays? Yes.
- 10 I _____ Russian.

STRUCTURE: Frequency Adverbs

LOOK:

The sun **ALWAYS** rises in the east.

■■■■■■■■■■ ALWAYS

The sun **NEVER** rises in the west.

□□□□□□□□ NEVER

Complete these sentences with 'always' or 'never'.

It _____ snows in Alaska in January.

It _____ rains in England in March.

It _____ snows in Tahiti.

It _____ rains in the Sahara Desert in June.

LOOK:

It *USUALLY* snows in England in January.

■□■□■□■□■□ *USUALLY*

It *SOMETIMES* snows in England in April.

■□■□■□■□■□ *SOMETIMES*

It *RARELY* snows in England in May.

□□□□■□□□□□ *RARELY*

Complete these sentences with 'usually', 'sometimes' or 'rarely'.

It _____ rains in England! It _____ rains in Spain in May.

It _____ rains in the Kalahari Desert.

↩ *MORE FREQUENTLY*

LESS FREQUENTLY ➔

invariably always	usually generally	frequently often	sometimes	occasionally	rarely	never ever
----------------------	----------------------	---------------------	-----------	--------------	--------	---------------

Affirmative: + all frequency adverbs (except 'ever')

Interrogative: + all frequency adverbs (except 'never')

Negative: Don't use *not* with 'sometimes', 'occasionally', 'rarely', 'never'.

Exercise 3

Write about *yourself*. Complete, choosing words from the boxes above.

- I _____ dance at parties.
- I _____ buy records.
- I _____ watch TV on Sundays.
- I _____ like my English class.
- I _____ walk to school.
- I _____ go to the cinema on Fridays.
- I _____ eat a big breakfast.
- I do not _____ sing in my English class.
- I do not _____ go on holiday in June.
- I do not _____ play football.

STRUCTURE: Imperative FORM

Imperative	Prohibition
Eat slowly	Do not smoke.*

* *do not* = *don't*

EXAMPLES OF USE

Eat healthy food.

Be good.

Enjoy yourself.

Work hard.

Ring me tonight.

Take it slowly.

Don't play in the road.

Don't talk in the library.

Don't smoke in class.

Don't be ridiculous!

Don't buy that. It's too expensive.

Don't leave anything here.

FORM EXERCISES

Complete these sentences using the verbs in brackets in the imperative.

a Affirmative

1 _____ a good boy and _____ your breakfast. (to be, to eat)

2 _____ yourself, but _____ hard. (to enjoy, to work)

3 _____ over there and _____ for me. (to stop, to wait)

b Negative

4 _____ your books in the classroom. (to leave)

5 _____ football near those windows. (to play)

6 _____ that shirt. It's a horrible colour. (to buy)

7 Please _____ here. It makes me cough. (to smoke)

8 _____ to see that film. It's terrible. (to go)

9 Please _____. I can hear you. (to shout)

STRUCTURE: Relatives [who, which, where]

Look at these sentences:

Don't buy food *which* is high in calories.

Don't read magazines *which* highlight food adverts.

Have lunch with a person *who* is on a diet.

There are many people *who* are overweight.

The town *where* William Shakespeare was born was Stratford-upon-Avon.

Birmingham and Coventry are cities *where* car production is very important.



Reading Passage 2



4 Read these statements before you read the passage. Think about them while you read. Mark them 'T' (true) or 'F' (false).

- 1 People should get medical advice before starting an exercise programme.
- 2 Restaurants are good places for dieters to eat.
- 3 It is a good idea to eat quickly.

T	F
T	F
T	F

Doctors often say a healthy body is a body which is slim. However, there are many people who are overweight. If you are one of those people, here are some suggestions to help you eat less.

- 5

MORNING

Follow a regular exercise programme which your doctor has approved.
After the exercise, eat a small breakfast.
Prepare your food for the entire day and put it in one part of your fridge.
- 10

LUNCHTIME

Don't buy food which is high in calories.
Don't have your lunch in places where you are tempted to overeat, such as cafes or restaurants. Eat in the park and enjoy the fresh air, or have lunch with someone who is also on a diet.
- 15

DINNER TIME

Always take your time with your evening meal. Eat slowly and enjoy good conversation with your family or friends, especially those who eat sensibly.
Don't listen to the radio, watch television or read while you eat. These are distractions which detract from your enjoyment of the meal and lead to automatic eating:
- 20

EVENING

Don't read magazines and books which highlight recipes and food adverts.
Don't watch cooking programmes on television which will make you hungry.
When you go to bed, close your eyes and think of your next holiday.
Imagine a slim person at the beach . . . a slim person who is YOU!
- 25

5 Mark these statements 'T' (true) or 'F' (false). If a statement is false, rewrite it to make it true.

According to the passage, dieters should . . .

- 1 have a large breakfast.
- 2 associate with other dieters if possible.
- 3 eat automatically.
- 4 read magazines while they eat.
- 5 think about themselves as thin people.

T	F
T	F
T	F
T	F
T	F

Exercise 4

Complete the following. Use a word from the boxes below for each sentence and adapt as necessary.

smoke	drink	be	brush	wait
-------	-------	----	-------	------

- 1 _____ and drive. It's dangerous.
- 2 _____ a good girl and do your homework.
- 3 Please _____ in the non-smoking section.
- 4 Always _____ your teeth after every meal.
- 5 _____ here. I'll be back in two minutes.

meet	forget	have	wash	play
------	--------	------	------	------

- 6 _____ football near those windows. You'll break them.
- 7 _____ me in front of the cinema at 7.30.
- 8 Always _____ your hands before eating.
- 9 _____ to send me a postcard when you visit Paris.
- 10 Here's your change, sir. _____ a pleasant evening.

Exercise 5

Complete these sentences (about yourself) with 'who', 'which' or 'where'.

- 1 is the place _____ I was born.
- 2 is the subject _____ I like the most.
- 3 is the town _____ I live now.
- 4 The person _____ sits next to me is
- 5 The person _____ teaches me English is

Exercise 6

Match these sentence openings and endings. Write the number of the appropriate opening in the box before the letter.

- | | |
|--------------------------------------|--|
| 1 There are many people ... | <input type="checkbox"/> a which they make from the trees in the jungle. |
| 2 Have lunch with someone ... | <input type="checkbox"/> b who invented the telephone. |
| 3 Don't read magazines and books ... | <input type="checkbox"/> c who are overweight. |
| 4 Pygmies build temporary huts ... | <input type="checkbox"/> d which grows in tropical regions. |
| | <input type="checkbox"/> e where the temperature is usually about 27 °C. |

- | | | | |
|----|--|----------------------------|---|
| 5 | Most Pygmies live in the jungles of Central Africa ... | <input type="checkbox"/> f | who is also on a diet. |
| 6 | Washington, D.C., is ... | <input type="checkbox"/> g | where the President of the United States lives. |
| 7 | The coconut palm is a tree ... | <input type="checkbox"/> h | which highlight recipes and food adverts. |
| 8 | The Picts were a race of Celtic people ... | <input type="checkbox"/> i | who lived in Scotland. |
| 9 | Alexander Graham Bell was the man ... | <input type="checkbox"/> j | where Queen Elizabeth II of England lives. |
| 10 | Buckingham Palace is ... | | |

Exercise 7

Complete the following sentences with 'who', 'which' or 'where'.

- 1 The jaguar is a big cat _____ lives in Central and South America.
- 2 Number 10 Downing Street is the place _____ the Prime Minister of the United Kingdom lives.
- 3 Cider is a drink _____ is very popular in south-west England.
- 4 Little Big Horn is the name of the river _____ General Custer died.
- 5 Alfred Nobel was the man _____ invented dynamite.
- 6 The bridge _____ joins Marin County and San Francisco is the Golden Gate Bridge.
- 7 Liverpool is the city _____ Paul McCartney was born.
- 8 Madame Curie was the woman _____ discovered radium.
- 9 Foods _____ contain carbohydrates may be fattening.
- 10 The man _____ broke the world long jump record in the 1968 Olympics was Bob Beamon.

Exercise 8

Fill in the blanks using an appropriate verb from the circle.



= _____

photographs



= _____

left



= _____

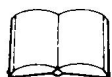
your horn



= _____ in a safe place

on the grass





Reading Passage 3



6 Read these statements before you read the passage. Think about them while you read. Mark them 'T' (true) or 'F' (false).

According to the passage ...

- | | | |
|--|---|---|
| 1 zoologists know that all animals sleep. | T | F |
| 2 some people seem to do more than dream when they are asleep. | T | F |
| 3 we know traditional dreams come from our ancestors. | T | F |