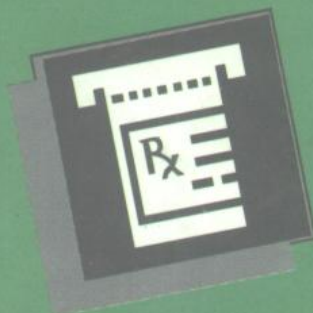




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〔美〕 Mark R. Dambro 著
王瑛 主译

美国医学专家 临床会诊



GRIFFITH'S 5 MINUTE CLINICAL CONSULT

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美国医学专家 临床会诊

Griffith's 5 Minute
Clinical Consult

[美] Mark R. Dambro 编著
王璞 主译

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This is a translation of GRIFFITH'S 5 MINUTE CLINICAL CONSULT.

本书中所给出的各种药物的适应证、副作用和剂量安排,虽经专家审定正确无误,但今后仍会有所变更,因此读者在使用时应以各药厂提供的使用说明为准。

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《美国医学专家临床会诊》是根据美国 Williams & Wilkins Inc. 出版的《Griffith's 5 Minute Clinical Consult》一书全文翻译出版的。这是一部手册式的临床医学工具书。全书囊括了人类的 999 种疾病,详细(或简明)地介绍了每种疾病的病理、体征、病因、诊断、治疗、用药、预防、并发症及相关的资料。本书所含内容集中了美国医药学界 300 多位临床医学专家的多年研究成果及临床经验,可操作性强,充分反映了现代医学的最先进诊疗手段和最高的学术水平。就本书收入病种之多,诊疗手段之规模化与先进性而言,本书是对世界医学医药界在 20 世纪所取得成果的简要总结。因此,在即将跨入 21 世纪之际将本书奉献给中国医学界,必将对我国的医学进步起到积极的作用。

人类医学的进步,不仅表现在诊断与治疗的方法与器械设备的不断完善,以及新医疗设备和新药的不断涌现上,而且还表现在医学理论模式的不断更新上。在医学理论模式上,过去人们遵循的是生物学模式,后来更新为生物-心理模式,目前普遍遵循的是生物-心理-社会医学模式,而在 20 世纪末,一些著名的医学专家又提出了一种新的医学理论模式,即生物-心理-社会-生态环境整体医学模式,也即所谓的整体医学或综合医学。本书在论述疾病的诊疗方面,不仅考虑了生物性因素和心理、社会因素(如人格、生活方式、家庭影响、社会角色与环境关系等),还在生态(即生存环境)方面强调要唤醒病人自身的生存意义和责任感。既强调医护人员的作用,又重视激发病病人的人格,重视建立良好的医患关系,着眼于帮助病人建立健康向上的生活方式。本书除了应用药物、手术等常规医疗手段外,还提到了锻炼、保健、饮食、理疗、按摩、推拿、针刺等传统康复方案。由此可见,本书不仅在具体的诊疗手段上是先进的,而且在医学理论模式上也是先进的。

本书是由我国 60 多位医学教授、主任医师、副主任医师及若干名外语工作者共同协作翻译的。由于本书涉及面甚广,学术性很强,文字又极为简要,加上译者在学术和外语水平上难免有欠功力之处,再加上时间紧迫,虽经多方查阅资料并认真校改,仍会有不妥之处,敬请同仁赐教指正。

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1999-12-20

《美国医学专家临床会诊》
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《美国医学专家临床会诊》是根据 Williams & Wilkins Inc. 出版的《Griffith's 5 Minute Clinical Consult》(第 6 版)翻译的。这是一部现代医学综合诊断和治疗的速查手册。其特点是:

• 涉及范围广:本书论述了 999 种病症,对其中的 585 种进行了详细会诊,其余的 414 种做了简明会诊。

• 经验丰富的庞大作者队伍:本书由 330 多位经验丰富的临床医师、医学教授撰稿,集各自的专长,广泛吸纳现代医学的最新成果,使本书代表了美国当今的医疗水平。

• 由各医学学科的权威专家组成的顾问委员会:本书的顾问委员会由美国当代的 38 位各学科专家组成,涵盖了美国著名的医科大学和医院的权威人士。顾问委员会本着准确、先进、完美、安全的宗旨,分别对本书的内容进行了全面的审阅。

• 版式新颖:本书对详细会诊的 585 种病症,采用了一种框架型版式,每一种占 2 个页面,分 6 大部分、36 个信息块加以介绍。6 大部分和 36 个信息块如下所列:

					
基础	诊断	治疗	用药	随访	其他
<ul style="list-style-type: none">• 描述• 遗传性• 发病率(美国)• 高发年龄• 症状与体征• 病因• 危险因素	<ul style="list-style-type: none">• 鉴别诊断• 实验室检查• 病理学表现• 特殊检查• 影像学检查• 诊断措施	<ul style="list-style-type: none">• 综合治疗• 外科治疗• 活动• 饮食• 宣教	<ul style="list-style-type: none">• 药物选择• 禁忌证• 注意事项• 药物交叉反应• 替代药物	<ul style="list-style-type: none">• 病人监测• 预防• 并发症• 预后	<ul style="list-style-type: none">• 相关疾患• 年龄相关因素• 妊娠期• 同病异名• ICD-9-CM• 另见• 其他提示• 缩写• 参考文献



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