

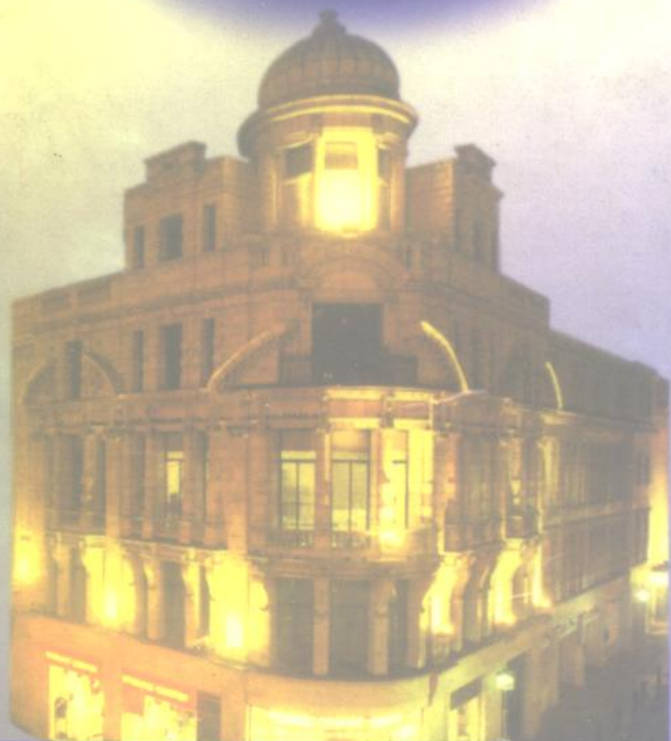
# 英语扩充词汇阶梯阅读

贺广贤 赵春霞 王朝霖 刘丹翎

—精通 **5000** 词汇

目标英语阅读阶梯系列

第一代



西安交通大学出版社

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## 内 容 提 要

本书为“目标英语阅读阶梯系列”书第五册，编写词汇量基于5 000词左右。全书共收集文章60篇，内容涉猎广泛，包括社会生活的许多方面，如女权运动、种族歧视、历史典故、思想杂谈、科学技术、政治经济等。许多篇章皆出自名家手笔。本书体裁多样，有议论文、说明文和记叙文。风格迥异，思想深邃，趣味盎然。读者不仅从中可领略到语言文字运用的奥妙独到之处，而且在思想认识深度上会有一定的升华。本书融知识性、趣味性和可读性于一体，注重学生阅读能力的培养和扩大词汇量。每篇文章后均有难句分析、难点注释和关于重点词汇、词组的练习。每5篇后编有一个总结练习，以起到复习、检查之目的。

本书既可作为中高级英语水平读者的阅读辅助教材，也可作为其它各类读者的英语课外读物。

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英语扩充词汇阶梯阅读  
——精通 5 000 词汇

贺广贤 赵春霞 王朝霖 刘丹翎

责任编辑 沈 康 陈 丽

责任校对 李庆文

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## 编者的话

词汇量是衡量英语水平的重要标志之一。在英语教学中,我们看到很多学生由于词汇量贫乏而影响了他们阅读理解和考试答题速度。为了扩充词汇,一些学生往往急于求成,孤立地背单词或盲目使用各种词汇强化练习参考书。这些方法最初可能有一定的效果,但随着词汇量的增加,多数人会感到负担过重或因枯燥乏味而难以持续下去,从而降低了学英语的兴趣。

扩大词汇量决非一朝一夕之功,切实可行的办法就是大量地阅读。通过阅读来扩充和掌握词汇,既有助于记住单词本身,又可同时熟悉词的用法和搭配。实践证明,这比孤立地背记单词要好得多。

阅读无疑是扩充词汇的重要手段,而选材是否得当则是能否吸引读者深入下去的重要因素。要兼顾材料的难易程度、词汇量的范围和文章本身的趣味性、知识性是件不易的事。这对编者的能力和水平提出了很高的要求。为了达到这一目的,本系列书的编者都是具有多年英语教学经验的骨干。通过大量地选材、比较、征求意见,基本上使本系列书在诸多方面达到统一。您只要浏览一下每本书的目录就会被文章的题目所吸引!所选文章,避免一般英语读物题材单一的倾向,代之以广博的内容,包括政治经济、社会生活、历史地理、风土人情、名人轶事,体裁多样,包括记叙

文、说明文、议论文、应用文、故事和诗歌等，内容新颖，语言规范，结构严谨，可读性强。

篇篇妙文，字字珠玑，思想深邃，哲理通达，似神笔天成。从妙趣横生的童话到力透纸背的散文，从娓娓动听的故事到慷慨激昂的演讲，你可感受到伦敦塔叙述历史的深沉、密西西比河奔腾咆哮的豪迈、古代印度的神秘、澳大利亚的奇异，你可跟上当今科技发展的步伐，能触摸到现代社会发展的脉搏。

短文中超纲词汇和难点均加注释，以便读者巩固和扩大词汇量，加深对短文的理解。每篇短文后编有形式多样的词汇练习，可以帮助读者复习和巩固所学过的重点词汇和短语。

攀登峭壁总没有沿梯而上轻松。要使阅读成为一件轻松愉快的事，除了有精彩的内容外，读者还要根据自己的程度，选定适合自己的阅读材料。为了达到这一目的，本系列书的编者们特编辑6本扩充词汇阶梯阅读材料，词汇量依次为1 000、2 000、3 000、4 000、5 000、6 000。这是一架助你摘取桂冠的“云梯”，读者通过这架“云梯”还可以积累语言经验和培养语感，以达到提高语言运用能力之目的。如果您认真地读完本系列书并掌握书中的关键词和重点词，可以说您已达到非英语专业研究生英语水平。

朋友，如果本系列书能激起你智慧的火花、情感的涟漪，这正是我们的心愿。

由于编者水平的局限，难免有疏漏和错误之处，诚请读者不吝指正。

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# 1 Advice to Youth 给青年面授机宜

马克·吐温几乎是无人不知的幽默大师。本篇寓谐于庄，读了令人忍俊不禁，但却令人感到作者在与青年谈心时，十分真诚，十分挚爱，十分关怀，使你油然而生敬意。



Being told I would be expected to talk here, I inquired <sup>打听</sup> what sort of a talk I ought to make. They said it should be something suitable to youth—something didactic, instructive, or something in the nature of good advice. Very well. I have a few things in my mind which I have often longed to say for the instruction of the young; for it is in one's tender early years that such things will best take root and be most enduring and most valuable. First, then, I will say to you, my young friends—and I say it beseechingly (恳求地) urgently—

Always obey your parents, when they are present. This is the best policy in the long run, because if you don't they will make you. Most parents think they know better than you do, and you can generally make more by humoring that superstition than you can by acting on your own better judgment. <sup>迷信</sup> <sup>1</sup>

Be respectful to your superiors, if you have any, also to strangers, and sometimes to others. If a person offends you, and you are in doubt as to whether it was intentional or not, do not resort to <sup>暴行</sup> extreme measures; simply watch your chance

and hit him with a brick. That will be sufficient. If you shall find that he had not intended any offense, come out frankly and confess yourself in the wrong when you struck him; acknowledge it like a man and say you didn't mean to. Yes, always avoid violence; in this age of charity and kindness, the time has gone by for such things. Leave dynamite to the low and unrefined.

Go to bed early, get up early—this is wise. Some authorities say get up with the sun; some others say get up with one thing, some with another. But a lark is really the best thing to get up with. It gives you a splendid reputation with everybody to know that you get up with the lark; and if you get the right kind of a lark, and work at him right, you can easily train him to get up at half past nine, every time—it is no trick at all.

Now as to the matter of lying. You want to be very careful about lying; otherwise you are nearly sure to get caught. Once caught, you can never again be, in the eyes of the good and the pure, what you were before. Many a young person has injured himself permanently through a single clumsy and illfinished lie, the result of carelessness born of incomplete training. Some authorities hold that the young ought not to lie at all. That, of course, is putting it rather stronger than necessary; still, while I cannot go quite so far as that, I do maintain, and I believe I am right, that the young ought to be temperate (节制的) in the use of this great art until practice and experience shall give them that confidence, elegance, and precision which alone can make the accomplishment graceful and profitable. Patience, diligence, painstaking attention to detail—these are the requirements; these, in time, will make the student perfect; upon these, and upon these only, may he rely as the sure foundation for future eminence. Think what tedious years of study, thought, practice, experience, went to the equipment<sup>2</sup> of that peerless old master who was able to impose upon the whole world the lofty and sounding maxim that "truth is mighty and will prevail"—the most magnificent compound fracture of fact<sup>3</sup> which any of women born has yet achieved. For the history of our race, and each individual's experience, are sown thick with evidence that a truth is not hard to kill and that a lie told well is immortal. There is in Boston a monument of the man who discovered anaesthesia; many people are aware, in these latter days, that that man didn't discover it at all, but stole the discovery from another man. Is this truth mighty, and will it prevail? Ah no, my hearers, the monument is made of hardy material, but the lie it tells will outlast it a million years. An awkward, feeble, leaky lie is a thing which you ought to make it your unceasing study to avoid; such a lie as that has no more real permanence than an average truth. Why, you might as well tell the truth at once and be done with it. A feeble, stupid, absurd lie will not live two years—except it be a slander upon somebody. It is indestructible, then, of course, but that is no merit of yours. A final

word; begin your practice of this gracious and beautiful art early—begin now. If I had begun earlier, I could have learned how.

Never handle firearms carelessly. The sorrow and suffering that have been caused through the innocent but heedless(掉以轻心的) handling of firearms by the young! Only four days ago, right in the next farmhouse to the one where I am spending the summer, a grandmother, old and gray and sweet, one of the loveliest spirits in the land, was sitting at her work, when her young grandson crept in and got down an old, battered, rusty gun which had not been touched for many years and was supposed not to be loaded, and pointed it at her, laughing and threatening to shoot. In her fright she ran screaming and pleading toward the door on the other side of the room; but as she passed him he placed the gun almost against her very breast and pulled the trigger! He had supposed it was not loaded. And he was right—it wasn't. So there wasn't any harm done. It is the only case of that kind I ever heard of. Therefore, just the same, don't you meddle with old unloaded firearms; they are the most deadly and unerring things that have ever been created by man. You don't have to take any pains at all with them; you don't have to have a rest, you don't have to have any sights on the gun, you don't have to take aim, even. No, you just pick out a relative and bang away, and you are sure to get him. A youth who can't hit a cathedral at thirty yards with a Gatling gun<sup>4</sup> in threequarters of an hour, can take up an old empty musket and bag his grandmother every time, at a hundred. Think what Waterloo<sup>5</sup> would have been if one of the armies had been boys armed with old muskets supposed not to be loaded, and the other army had been composed of their female relations. The very thought of it makes one shudder.

There are many sorts of books; but good ones are the sort for the young to read. Remember that. They are a great, an inestimable, an unspeakable means of improvement. Therefore be careful in your selection, my young friends; be very careful; confine yourselves exclusively to Robertson's Sermons, Baxter's Saint's Rest, The Innocents Abroad, and works of that kind.<sup>6</sup>

But I have said enough. I hope you will treasure up the instructions which I have given you, and make them a guide to your feet and a light to your understanding. Build your character thoughtfully and painstakingly upon these precepts(教训,格言) and by and by, when you have got it built, you will be surprised and gratified to see how nicely and sharply it resembles everybody else's.

## Notes

1. Most parents think...on your own better judgment 多数父母认为他们的知识高你一筹。对这种虚妄之说通常你以笑置之比一意孤行对你要划算得多。
2. equipment 知识才能

3. 'the most majestic compound fracture of fact 对事实冠冕堂皇的歪曲。  
compound fracture 复合性骨折
4. a Gatling gun 格林机枪(一种多管的老式机枪)
5. Waterloo 滑铁炉,是拿破伦被英德联军击败的地方。
6. Robertson's Sermons, Baxter's Saint's Rest, The Innocents Abroad 书中提到的分别是英国牧师罗伯特森(1816—1853)编撰的五卷本书,用于布道,巴克斯特的 Saint's Everlasting Rest(1650)。该书曾享誉一时, The Innocents Abroad 是马克·吐温自己的旅游短篇集。

## Exercises

1. Complete each sentence with an appropriate phrase chosen from the list given.

confine to, impose upon, resort to, take pains, in the long run

- 1) I took \_\_\_\_\_ to explain the facts clearly.
- 2) Studying may be difficult just now, but you'll benefit in the long \_\_\_\_\_.
- 3) You should never resort \_\_\_\_\_ violence.
- 4) A new tax has been \_\_\_\_\_ on cigarettes.
- 5) I wish you would \_\_\_\_\_ yourself to the matter under discussion.
- 6) Tariffs have been \_\_\_\_\_ on all foreign goods.
- 7) He is \_\_\_\_\_ to the house by illness.
- 8) Don't try to \_\_\_\_\_ your wishes on us.
- 9) He wrote a short note to her, taking extra \_\_\_\_\_ to be tactful.
- 10) \_\_\_\_\_ the long run, the best is unquestionably the cheapest.
- 11) The mother \_\_\_\_\_ to punishment to make the child obey.
- 12) They \_\_\_\_\_ heavy taxes on the labouring people.

2. Write any appropriate preposition or verb completer in the blanks in the following sentences.

- 1) You can generally make more \_\_\_\_\_ humoring that superstition than you can \_\_\_\_\_ acting \_\_\_\_\_ your own better judgment.
- 2) If you get the right kind of a lark, and work \_\_\_\_\_ him right, you can easily train him to get \_\_\_\_\_ at half past nine, every time—it is no trick \_\_\_\_\_ all.
- 3) Think what tedious years \_\_\_\_\_ study, thought, practice, experience went \_\_\_\_\_ the equipment \_\_\_\_\_ that peerless old master who was able to impose \_\_\_\_\_ the whole world the lofty and sounding maxim that "truth is mighty and will prevail".

## 2 38 Who Saw Murder

### 三十八人目睹了的一场血案

For more than half an hour 38 respectable, lawabiding citizens in Queens watched a killer stalk and stab a woman in three separate attacks in Kew Gardens.

Twice their chatter and the sudden glow of their bedroom lights interrupted him and frightened him off. Each time he returned, sought her out, and stabbed her again. Not one person telephoned the police during the assault; one witness called after the woman was dead.

That was two weeks ago today.

Still shocked is Assistant Chief Inspector<sup>1</sup> Frederick M. Lussen, in charge of the borough's detectives and a veteran of 25 years of homicide investigations. He can give a matter-of-fact recitation on many murders. But the Kew Gardens slaying baffles him—not because it is a murder, but because the “good people” failed to call the police.

“As we have reconstructed the crime,” he said, “the assailant had three chances to kill this woman during a 35-minute period. He returned twice to complete the job. If we had been called when he first attacked, the woman might not be dead now.”

This is what the police say happened, middle-class, tree-lined Austin Street area:

Twenty-eight-year-old Catherine Genovese, who was called Kitty by almost everyone in the neighborhood, was returning home from her job as manager of a bar in Hollis. She parked her red Fiat in a lot adjacent to the Kew Gardens Long Island Rail Road Station<sup>2</sup>, facing Mowbray Place. Like many residents of the neighborhood, she had parked there day after day since her arrival from Connecticut<sup>3</sup> a year ago, although the railroad frowns on the practice.

She turned off the lights of her car, locked the door, and started to walk to 100 feet to the entrance of her apartment at 82-70 Austin Street, which is in a Tudor building, with stores in the first floor and apartments on the second.

The entrance to the apartment is in the rear of the building because the front is rented to retail stores. At night the quiet neighborhood is shrouded in the slumbering(昏睡的) darkness that marks most residential areas.

Miss Genovese noticed a man at the far end of the lot, near a seven-story apartment house at 82-40 Austin Street. She halted. Then, nervously, she headed up Austin Street toward Lefferts Boulevard, where there is a call box<sup>4</sup> to the 102nd Police Precinct in nearby Richmond Hill.

She got as far as a street light in front of a bookstore before the man grabbed her. She screamed. Lights went on in the 10-story apartment house at 82-67 Austin Street, which faces the bookstore. Windows slid open and voices punctuated the early-morning stillness.

Miss Genovese screamed: "Oh, my God, he stabbed me! Please help me! Please help me!"

From one of the upper windows in the apartment house, a man called down: "Let that girl alone!"<sup>5</sup>

The assailant looked up at him, shrugged and walked down Austin Street toward a white sedan parked a short distance away. Miss Genovese struggled to her feet.

Lights went out. The killer returned to Miss Genovese, now trying to make her way around the side of the building by the parking lot to get to her apartment. The assailant stabbed her again.

"I'm dying!" she shrieked. "I'm dying!"

Windows were opened again, and lights went on in many apartments. The assailant got into his car and drove away. Miss Genovese staggered to her feet. A city bus, O-10, the Lefferts Boulevard line to Kennedy International Airport, passed. It was 3:35 A. M.

The assailant returned. By then, Miss Genovese had crawled to the back of the apartment house held out hope for safety. The killer tried the first door; she wasn't there. At the second door, 82-62 Austin Street, he saw her slumped on the floor at the foot of the stairs. He stabbed her a third time—fatally.

It was 3:50 by the time the police received their first call, from a man who was a neighbor of Miss Genovese. In two minutes they were at the scene. The neighbor, a 70-year-old woman, and another woman were the only persons on the street. Nobody else came forward.

The man explained that he had called the police after much deliberation(考虑). He had phoned a friend in Nassau County for advice and then he had crossed the roof of the building to the apartment of the elderly woman to get her to make the call.

"I didn't want to get involved," he sheepishly told the police.



Six days later, the police arrested Winston Moseley, a 29-year-old business-machine operator, and charged him with homicide. Moseley had no previous record. He is married, has two children and owns a home at 133-19 Sutter Avenue, South Ozone Park, Queens. On Wednesday, a court committed him to Kings County Hospital for psychiatric observation.

When questioned by the police, Moseley also said that he had slain Mrs. Annie May Johnson, 24, of 146-12 133rd Avenue, Jamaica, on Feb. 29 and Barbara Kralik, 15, of 174-17 140th Avenue, Springfield Gardens, last July. In the Kralik case, the police are holding Alvin L. Mitchell, who is said to have confessed that slaying.

The police stressed how simple it would have been to have gotten in touch with them. "A phone call," said one of the detectives, "would have done it." The police may be reached by dialing "O" for operator or SPring 7-3100.

Today witnesses from the neighborhood, which is made up of one-family homes in the \$ 5,000 to \$ 60,000 range with the exception of the two apartment houses near the railroad station, find it difficult to explain why they didn't call the police.

A housewife, knowingly if quite casually<sup>6</sup>, said, "We thought it was a lover's quarrel." A husband and wife both said, "Frankly, we were afraid." They seemed aware of the fact that events might have been different. A distraught(非常激动的) woman, wiping her hands in her apron, said, "I didn't want my husband to get involved."

One couple, now willing to talk about that night, said they heard the first screams. The husband looked thoughtfully at the bookstore where the killer first grabbed Miss Genovese.

"We went to the window to see what was happening," he said, "but the light from our bedroom made it difficult to see the street." The wife, still apprehensive(忧虑的) added: "I put out the light and we were able to see better."

Asked why they hadn't called the police, she shrugged and replied: "I don't know."

A man peeked out from a slight opening in the doorway to his apartment and rattled off an account of the killer's second attack. Why hadn't he called the police at the time? "I was tired," he said without emotion. "I went back to bed."

It was 4 : 25 A. M. when the ambulance arrived to take the body of Miss Genovese. It drove off. "Then," a solemn police detective said, "the people came out."

## Notes

1. Assistant Chief Inspector 副检查长(巡视长)
2. in a lot adjacent to the Kew Gardens... 与 Kew Gardens...相邻的地方