

自学英语丛书

白学美语

应天 主编

Teach
Yourself

American English
Through Listening

Book 2
Listen & Learn

外语教学与研究出版社

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*Teach Yourself American English
Through Listening*

自学美语

Book One	Listen & Practice
Book Two	Listen & Learn
Book Three	Listen & Enjoy

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第二册

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Teach Yourself American English Through Listening

Book Two

LISTEN & LEARN

编者的说明

《自学美语》(Teach Yourself American English Through Listening)是专为爱好美国英语的读者选编的。

近几年在我国的英语自学者中,特别是在青年英语爱好者中,不时地掀起一股小小的“美语热”。其中的一个重要原因就是美国英语听起来“潇洒大方,亲切自然”,受到众多英语爱好者的青睐。为了使自学美语的读者能有机会听到地道的美语,从而能通过听学模仿,掌握美语的基本语音语调,编者收集了大量的美语录音磁带,从中精选出近 200 篇短文和对话,40 篇短篇小说,配以相应的练习,编辑成书,献给爱好美语的自学读者。

《自学美语》可用作自学美语的听力课本,也可用作各类英语短训班的听力训练课本或大专一、二年级课外听力教材。

本书的主要内容

《自学美语》全书分三册,每册 20 课,共 60 课。第一册每课含五篇短文,第二册每课含四篇短文或对话,第三册每课含两篇小说。每篇课文都配有详尽的词汇表和测试练习。所有课文录音都是纯正的美语,便于自学者听学模仿。各课课文的录音文字及练习答案排印在当课的练习之后,学习者可随时查对,十分方便。

第一册(Listen & Practice)为初级水平。课文以工作、职业、交际、朋友、聚会、娱乐、爱好等日常生活题材为主要内容。文字简短易懂,又联系生活实际,不仅好学,而且便于实际运用。每篇短文配有一篇口语或听力练习题。第五篇短文是听写练习。为了帮助初学者克服词汇困难,每篇练习之前都附有生词表,便利学习者在听录音之前先熟悉生词,减少听力障碍。

第二册(Listen & Learn)为中级水平。课文内容主要是美国城市介绍、旅游对话、幽默故事、科技报告等。课文的长度和难度较第一册略有增加。第二册中的生词表没有列在练习之前,而是列在课文的录音文字之前。也就是说自学者在做听力练习之前,见不到生词表。这样做,便于自学者检验自己的词汇量。有困难的读者可在做练习之前或做完练习之后查阅。

第三册(Listen & Enjoy)为初、中级水平。每课包含两个短篇故事。这些故事全部选自美国之音特别英语节目。故事文字简明易懂,情节生动感人。录音清晰,音质优美,并配有音响效果。这是一本具有永久保存和欣赏价值的精彩的有声读物。本书练习着重在对故事主要情节的掌握与理解。编者对故事中出现的难词难句都做了注释,以减少读者在理解上的困难。

怎样使用本书及录音?

所有听力练习必须坚持用耳朵解决问题。不要先行阅读录音文字。做练习时,一遍不能解决问题,可反复多听几遍。不要一遇到困难就翻阅录音课文。听是增长耳朵的“识别”能力和提高听力理解的唯一手段。切不要企图用眼睛来提高耳

朵的能力。

笔头练习只能起到检查听和听力理解水平的作用。若要提高说美语的水平,则需要反复地听,多次地模仿练习。语音语调的改进与提高主要靠模仿。在做完听力练习之后,应对照录音课文反复跟读模仿,直至可以正确地朗读背诵。本书所选的近 200 篇短文中,你若能模仿课文录音的语音语调背诵五六十篇,甚至上百篇,那么你的美语听起来就能以假乱真了。

第三册的短篇小说,每篇录音长度约 15 分钟。练习有一定的难度。听时必须精力高度集中。最好每次只听一篇。听完第一遍后做笔头或口头练习,也使精神稍稍放松一下,然后再集中精力听第二遍,着重听出第一遍听时遗漏的部分。听第三遍时不妨对照课文,边听边看。连续听两三遍效果必定不好。

《自学美语》全套录音磁带 19 盒(Book One 4 盒;Book Two 5 盒;Book Three 10 盒),由北京外国语大学北京外语音像出版社出版发行。

* * * * *

参加本书的选编、习题设计、计算机录入、录音编排和校对工作的还有刁清君、晓冬、卿华、宋玉萍等同志。在此对他们表示诚挚的感谢。

应 天

1996 年春于北外

目 录

Lesson 1

EXERCISES	1
TAPESCRIPTS AND ANSWERS	4
1 Meeting a Friend	2 At the Information Booth
3 Wired Hockey Players	4 Sandblasting Without Sand

Lesson 2

EXERCISES	13
TAPESCRIPTS AND ANSWERS	17
1 Plan for the Evening	2 At the Information Desk
3 Composite Materials	4 Bee Baggies

Lesson 3

EXERCISES	27
TAPESCRIPTS AND ANSWERS	31
1 Starting on a Tour	2 Ordering Dishes
3 Computers for Counseling	4 A Fire Fighters School

Lesson 4

EXERCISES	40
TAPESCRIPTS AND ANSWERS	43
1 Meeting New Friends	2 Sightseeing
3 Moving Continents	4 Ducks via Satellite

Lesson 5

EXERCISES	52
TAPESCRIPTS AND ANSWERS	55
1 Having Lunch	2 Washington D. C. (1)
3 Hot Vents	4 A Mechanical Oyster Harvester
SOMETHING EXTRA	
A Song: I'm Losing Your Love	65

Lesson 6

EXERCISES	68
TAPESCRIPTS AND ANSWERS	71
1 Boston Massacre	2 Washington D. C. (2)
3 Computer Cell Growth	4 The Hydrogen Sponge

Lesson 7

EXERCISES	82
TAPESCRIPTS AND ANSWERS	85
1 Plans for Tomorrow	2 The Capitol
3 Mural of Time	4 The Peregrine Faloon

Lesson 8

EXERCISES	95
TAPESCRIPTS AND ANSWERS	98
1 Oakland Cemetery Park	2 The White House (1)
3 River Modeling	4 Computer Reads X-rays

Lesson 9

EXERCISES	109
TAPESCRIPTS AND ANSWERS	113
1 In a Restaurant	2 The White House (2)
3 Zooplankton	4 A Truss Frame House

Lesson 10

EXERCISES	124
TAPESCRIPTS AND ANSWERS	127
1 Dining Out	2 Lincoln Memorial
3 Chinchillas and Hearing Loss	4 Turkey Dinners
SOMETHING EXTRA	
A Song: Suddenly	137

Lesson 11

EXERCISES	140
TAPESCRIPTS AND ANSWERS	143
1 Alexandra	2 The Intelligent Dog
3 Fire Protection from Space	4 Tracking the Gray Whales

Lesson 12

EXERCISES	154
TAPESCRIPTS AND ANSWERS	158
1 Washington Monument	2 The Most Amazing Act in the World
3 Communication with a Parrot	4 Coaching by Computer

Lesson 13

EXERCISES	169
TAPESCRIPTS AND ANSWERS	172
1 Jefferson Memorial	2 The Unknown Girl
3 Seeing Close-up	4 Little Salt Spring Lake

Lesson 14

EXERCISES	184
TAPESCRIPTS AND ANSWERS	188
1 Smithsonian Institution	2 The Hunter and the Lion
3 Records in Mud	4 The March of the Spiny Lobsters

Lesson 15

EXERCISES	200
TAPESCRIPTS AND ANSWERS	204
1 Mount Vernon	2 The Practical Boy
3 Permanent Teeth Implants	4 Natural Meteorite Collector
SOMETHING EXTRA	
A Song: All at Once	215

Lesson 16

EXERCISES	219
TAPESCRIPTS AND ANSWERS	222
1 Museums in Washington	2 The Excessive Bill
3 Animals Called Sponges	4 The Nose of the Garfish

Lesson 17

EXERCISES	233
TAPESCRIPTS AND ANSWERS	237
1 To the World of Coca-Cola	2 Hayseed and Taxi Driver
3 Cockroach on a Treadmill	4 Frazil Ice

Lesson 18

EXERCISES	247
TAPESCRIPTS AND ANSWERS	251
1 Shopping in Atlanta	2 The Secret of a Long Life
3 The Chicken's Day	4 The Rarest Mammal

Lesson 19

EXERCISES	261
TAPESCRIPTS AND ANSWERS	265
1 Visiting the Olympic Experience	2 The Doctor and Painter
3 Diagnosis via Crying	4 The Blue Duiker

Lesson 20

EXERCISES	276
TAPESCRIPTS AND ANSWERS	280
1 In the Souvenir Shop	2 The Patient and the Doctor
3 Wind Power	4 Tornadoes
SOMETHING EXTRA	
A Song: Now You tell me	290

Lesson 1

EXERCISES

PASSAGE 1

Fill in with the words or phrases you hear.

Wendy: Laura! Oh, _____!

Laura: Oh, Wendy, how good to see you. _____?

Wendy: Oh, it _____ two hours because of a _____. I
thought we'd never _____ the ground. I need
_____ and _____!

Laura: Well, you'll get sunshine here, but not warmth. Ac-
cording to the _____, this is the coldest _____
has been.

Wendy: And I thought I was coming to the _____.

PASSAGE 2

Choose the right answer for each sentence.

1. The visitors are now _____

Listen & Learn

- a. registering at their hotel.
 - b. walking around Boston Common.
 - c. asking for advice at a Tourist Information booth.
2. What is the weather like in Boston now?
- a. Very nice.
 - b. A bit cold.
 - c. Pretty hot.
3. Richard and his friends would _____
- a. start a walking tour tomorrow.
 - b. take a bus ride immediately.
 - c. buy some comfortable shoes.

PASSAGE 3

Are the following statements TRUE or FALSE, according to the information you hear?

- ___ 1. This passage is about a young man going into space.
- ___ 2. The young man has been wired up so that he can be monitored during a hockey game.
- ___ 3. It is a test to find out how an athlete's body reacts under the stress of competition.
- ___ 4. No 27 is not monitored today.

PASSAGE 4

Complete the sentences, using the information you hear.

1. Sandblasting is to use high-pressured _____ to remove dirt or old paint from different _____.
2. One big problem with sandblasting is that _____ the sand is a hard job.
3. Another problem with sandblasting is that the _____ of sand can get into workers' _____, causing health problems.
4. A new way to sandblast is to use _____ in stead of sand.

TAPESCRIPTS AND ANSWERS

PASSAGE 1

A. New words and expressions

flight	航班
delay	延误
snowstorm	暴风雪
Atlanta	亚特兰大市

B. Tapescript

Meeting a Friend

Wendy: Laura! Oh, *I'm glad to see you!*

Laura: Oh, Wendy, how good to see you. *What happened to your flight?*

Wendy: Oh, it *was delayed* two hours because of a *snowstorm*. I thought we'd never *get off* the ground. I need *warmth* and *sunshine!*

Laura: Well, you'll get sunshine here, but not warmth. According to the *paper*, this is the coldest *Atlanta* has been.

Wendy: And I thought I was coming to the *South*.

PASSAGE 2

A. New words and expressions

register	登记
Boston	波士顿市
common	公共草场
information booth	问讯处
walking tour	步行游览
hold	(天气) 持续
Reeboks	旅游鞋的商标名称

B. Tapescript

At the Information Booth

It's late afternoon. Richard and Louise and Tom and Cathy have registered at their hotel and have walked to Boston Common. They have stopped at the Tourist Information booth there and have asked for advice.

Tourist Guide: Yes, they gave you some good information at your hotel. But it might be better to start the walking tour tomorrow morning.

Louise: That's a good idea, and with the weather so mild ... Will it be this nice tomorrow?

Tourist Guide: It's supposed to hold through the weekend. Of