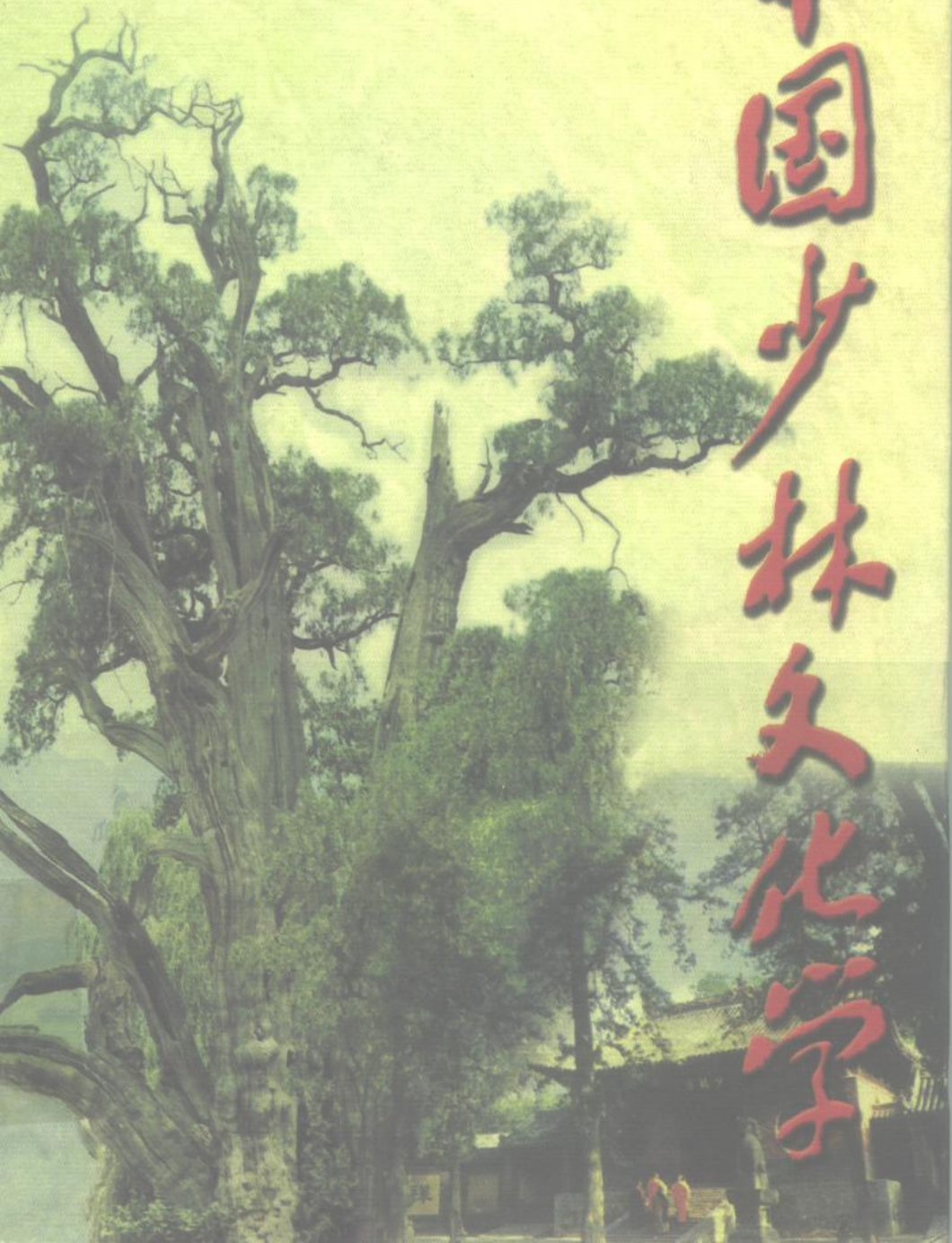


张国臣 著

河南人民出版社

中国少林文化学



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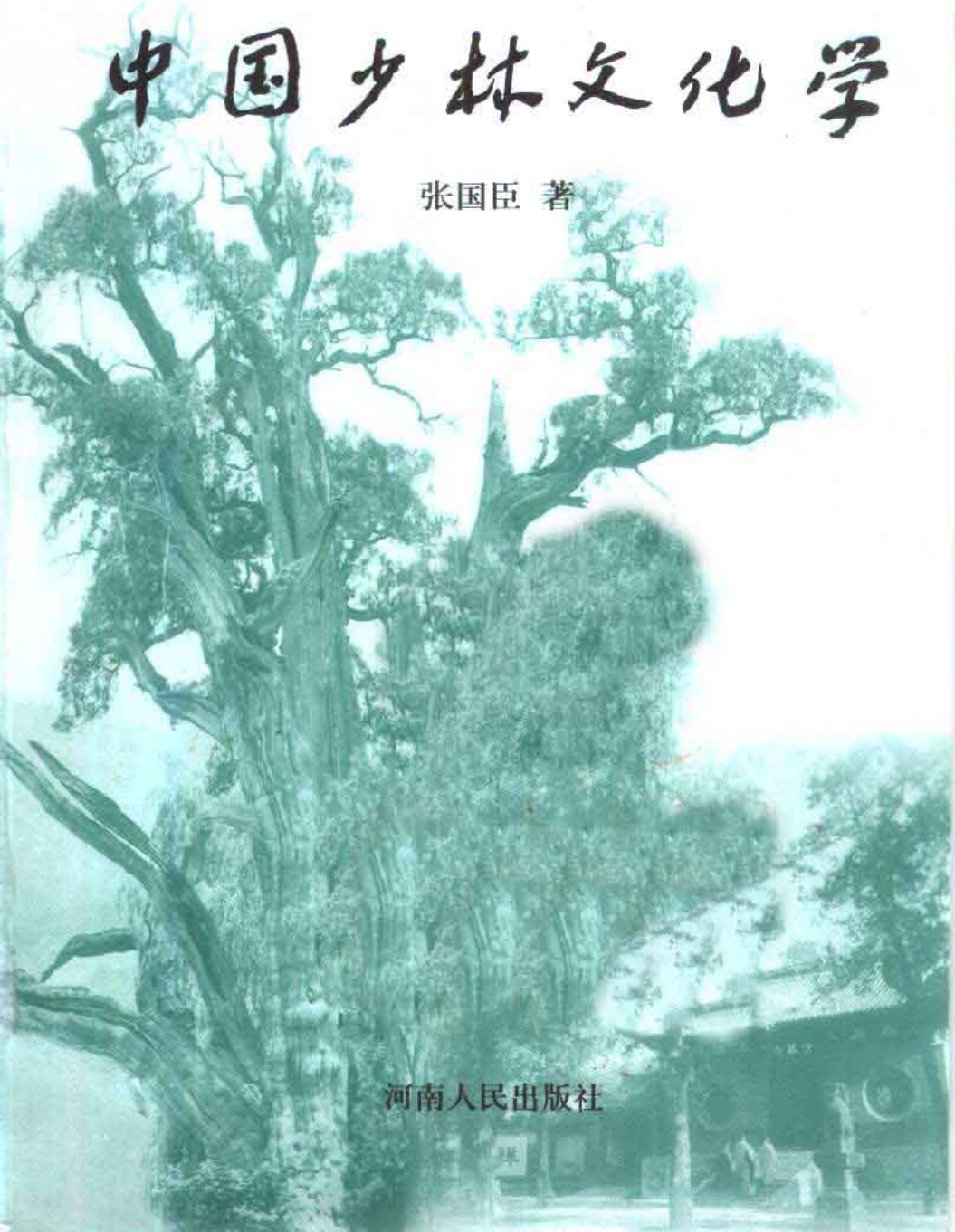
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作者在嵩山少林

鸟贵有翼，人贵有志。

霜压雪欺见精神。大自然给予人们困难时，也给人们增添一份智力。

不敢同冠军较量，就永远争不到冠军。

没有百折不挠的性格，没有坚忍不拔的精神，是难以成功的。这种性格精神，非“苦”不能磨炼，非“苦”不能铸造。

一个人前进的轨迹是波浪形的，常遇到三种境地：一是“逆境”，此时不能自暴自弃，应愈挫愈奋，坚信“冬天到了，春天还会远吗”；二是“平境”，此时不能颓废消沉，应刻苦学习，加强修养，坚信“是金子总会发光”；三是“顺境”，此时不能忘乎所以，应戒骄戒躁，多为人民办好事，干实事，要“夹着尾巴做人”。

学科学搞尖端，毅力和阻力成反比。毅力越强，阻力就越小。只有逆流而上，才能找到水的源头。瀑布不因山的陷坑而停止歌唱……

张国臣创作手迹

創衛生城市
建旅游名城

錢其琛

一九九六年
十月三十日
朱登封

国务院副总理钱其琛考察少林文化并题词



不以峻極遊

月以小己下

滕文生



中央政策研究室主任滕文生为本书题词

高 高 惟 岳
峻 極 於 天

題贈

中國少林文化學

戊寅李準



中国作家协会副主席李準为本书题词



心寄少林

題中國少林文化學

余秋雨



著名学者余秋雨教授为本书题词

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国家新闻出版署署长 尹弘

《中国少林文化学》比较全面、系统地考察研究了中岳嵩山少林寺一带古往今来的文化现象,建立起自己的体系,构成了一门学问。这是中国文化研究中一个可喜可贺的新成果!

中华文化是博大精深的文化,也是特殊而具体的文化,具有明显的地域特点和民族特色。对于中华文化的方方面面进行历史的具体的考察研究,从地域文化的特殊性里找出中华文化的统一性,不仅可以更全面地了解、丰富、充实中华文化的内容,而且会对创造有中国特色的社会主义新文化产生积极的推动作用。放在“中华文化”这台天平上衡量,我认为本书起码有三点应当充分肯定。

一、对少林文化学的独到发现。黄河流域是中华民族的主要发祥地之一,植根于这片沃土的文化,历史悠久、内容丰富。位于黄河南岸的嵩山少林文化以其丰富的内涵呈现出独特的风韵,成为中国文化的重要组成部分。在这个以嵩山少林为表征的特定区域内,不仅自然地理环境特殊,而且拥有中华优秀传统文化的主要特征。在这里可以看到独特优越的人文环境和历史脚步留下的深深足迹:冰川的移动,朝代的变更;思想的争战,文化的交融。这里不仅有中国佛教禅宗祖庭少林寺,而且有中国道教文化的主要圣地之一中岳庙,更有中国宋代儒学的中心活动场所嵩阳书院;这里不仅有建筑、绘画、雕刻、地质等直观资料,而且有讲究风骨、崇尚

自然、修身治学、爱国自尊等文化传递,更有闻名中外的少林武功文明奇观。本书作者张国臣同志从 21 个方面论述归纳之为“中国少林文化学”——这不仅具有独到的学术敏感,而且在区域文化研究史上是一个重大突破。

二、把文化与经济社会发展的关系作为研究的重点。一定的文化是一定社会的政治和经济在意识形态上的反映,又反转过来对一定的政治和经济起着巨大的推动作用。关于文化促进经济社会快速发展的问題,少林地区有着特别深切的感受:1979 年,一部《少林寺》电影揭开了嵩山少林文化旅游的序幕。旅游业的发展,打破了封闭落后的思维方式,增强了对外开放意识与开拓创新意识;改变了许多不良风气和习俗,促进了精神文明建设。以文化为动力,迅速振兴起来的旅游产业,使以登封市为代表的少林文化区域的城市品位不断提高,综合实力不断增强,开创了经济社会全面进步的新局面。此书勾画出的登封市二十年来快速发展的轨迹,是文化与经济相互推进的有力佐证。

三、用多种写作手法撰写理论文章的成功实例。本书作者运用了多种写作手法服务于全书主题。记叙中突出真实,议论中突出论点,抒情中突出理念,归纳中突出特色;把历史的追溯、空间的定位和现实的评估有机结合,既有纵的论证,又有横的对比,使得本是坚硬的理论文章变得轻松而耐嚼,且以深邃的哲理让人回味,可读性强。从中可见作者丰厚的文化积淀和坚实的文字功底,可见其付出的艰苦劳动和刻苦学习、勤奋工作、勇于创造、自觉奉献、负重奋进的精神和勇气!

少林文化学的创立与研究是一项拓荒性工作。由于各种原因,本书有的章节显得丰厚,有的章节则显得单薄。但瑕不掩瑜,从总体上看,仍不失为一部富有创新精神的文化研究力作,对于提高民族素质大有益处。我愿意把她推荐给读者朋友们。

Preface

Yu Youxian

Head of the National News and Press Department

Examining thoroughly and systematically the cultural phenomena in the region around Shaolin Temple and Mount Song, *A Study of Chinese Shaolin Culture* constructs its own system and forms a new branch of learning, presents itself as a new achievement in the Chinese cultural study and is worth praising and congratulating upon.

Chinese culture is a particular and concrete one, containing extensive knowledge and profound scholarship and characterized by distinct regionality and nationality. Historical and concrete investigation on various aspects of Chinese culture and discovery of the unity in Chinese culture from particularity of regional culture will not only make Chinese culture well understood, enriched, and substantiated, but also promote the progress of creating a new culture with Chinese socialist characteristics. Evaluating this book on the balance of Chinese culture, I find that three major achievements should be affirmed.

First, the original discovery of Shaolin culture study. The Yellow River basin was one of the birthplaces of the Chinese nation and of Chinese culture that has a long history and substantial content. The Mount Song and Shaolin culture, originating from the southern side of the Yellow River, is an important component of Chinese culture for its rich content and unique charm. This specific region has its distinctive geographical conditions and the most distinguished features of the Chinese culture. Here we can find the unique and superior human environment and the footmarks left by natural historical events, such as movements of glacier, change of dynasty, confrontation of ideas and convergence of culture. Not only is there the Shaolin Temple which is the birthplace of the Chan sect of Buddhism; but there is the Central Mountain Temple which is one of the major shrines of Chinese Taoism. And there is also the Songyang Academy where Neoconfucianism of the Song Dynasty(960 – 1279) generated and developed. There are not only object materials of architecture, drawing, carving and geology, but also cultural heritage such as cultivation of character, upholding of nature, pursuits of scholarship and possession of patriotism, and civilizational wonder of the Shaolin Marshal Arts, which is renowned both at home and abroad. The author, Zhang Guochen, presents and generalizes twenty one aspects in his *A Study of Chinese Shaolin Culture*, which both shows his academic perspicaciousness and exists as a significant breakthrough in the study in the regional cultures.

Second, the author's emphasis on the relation between culture on the one hand and social and economic development on the other. A culture is a reflection on ideology of politics and economics of a cer-

tain society and in turn promotes greatly the growth of politics and economics. In this aspect, the region of Shaolin has had its profound experience. In 1979, a movie entitled *Shaolin Temple* raised the curtain on Mount Song and Shaolin Cultural Tourism, which brought about changes to the closed and backward mode of thinking, reinforced open and creative awareness, altered the unhealthy mood and customs, and promoted local spiritual civilization. Motivated by the cultural charm, the flourishing tourist industry has brought continuous elevation to the urban standards in this region delegated by Dengfeng City and ushered in a new era of comprehensive progress in every aspect of the society. As presented in this book, Dengfeng's rapid development in the recent two decades well demonstrates the mutual promotion between culture and economics.

Finally, the successful employment of various writing techniques in theoretical work. Governed by the central theme, the author stresses reality in narrative, thesis in argumentation, rationalism in lyrics and features in induction. He perfectly combines the reviewing of history, the setting of space and the evaluation of reality. He argues and comments, compares and contrasts, making theoretical work, which could have become involved and abstruse, easily - understood and thought - provoking. This manifests the author's art of writing, his hard labour, his creativeness and dedication, and his exceptional ability to push ahead with important tasks.

The author is a pioneer in his construction and investigation of the study of Shaolin culture. Though some chapters in

this book may seem a little simple and others lengthy, one flaw cannot mar the jade . This original work is conducive to improving the national quality. So, I would like to recommend it to all the readers.

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