

英语阅读与训练(上)

北京师范大学

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内 容 简 介

本书包括15个单元,每个单元由课文,对话、语音、语法和泛读短文五部分组成。课文取材于美国、英国为外国学生学习英语编写的教科书,内容广泛、知识性、趣味性、可读性都很强;对话和课堂用语,易于上口,便于读者掌握日常会话;练习分为课文理解、回答问题、词汇练习和中译英四部分,主要是培养读者阅读和口头表达能力;语音则以练习形式出现,包括元音、部分辅音及字母组合的发音。语法包括较详细的讲解及例句,全书包括动词时态、语态、形容词、副词的级、代词、非谓语动词及复合句诸项。

本书可供师范院校及文、理工科院校预备级、中等技术学校、职业高中以及各类相应水平的业余英语班学生、自学英语的读者使用。

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前 言

本书是根据高等学校文理科本科用《大学英语教学大纲》对预备级的要求编写的,分精读,泛读两册。可供师范院校及文、理、工科院校预备级、中等技术学校、职业高中以及各类相应水平的业余英语班学生、自学英语者使用。

上册共十五个单元,每个单元由下列几部分组成:

一、课文:取材大多选自美国、英国为外国学生学习英语编写的教科书,语言规范,且大都是近年来常用的词汇。内容注意知识性、趣味性、理想性的结合,而且实用性强,易于上口,学以致用。课文后配有单词及注释,还编有对话及课堂用语,便于读者掌握日常会话。

本教材根据所选课文的来源,保留原来的英国及美国的不同拼法。

二、练习:分课文理解、回答问题、词汇练习与中译英四部分。课文理解要求学生在教师上新课前独立完成,以培养学生独立阅读的能力。回答问题除了对课文内容的回答题外,还有少量自由发挥题,以训练学生口头表达能力。词汇练习中配有语篇水平的填空练习,其中有些内容是课文的延续或补充,有些是介绍有关知识等。中译英主要是巩固本课所学的重点词、词组及句型。另外还编了一些归纳性、巩固性的练习,形式不一。

三、语音:以练习形式字母组合的发音,以及读音规则。

四、语法：包括较详细的讲解及例句，并配有足够的练习以巩固所学的语法规则。全册包括动词时态、语态，形容词、副词的级，代词，非谓语动词及复合句诸项。

五、泛读：共 15 个单元，每单元三篇短文。其中一篇附在精读课文后，题材与课文有关。另外三十篇另行汇集于下册。泛读课文语言略浅于精读课文，题材广泛，内容有趣，并配有单词及理解练习，使学生通过一定量的阅读增强语感，提高阅读能力。

下册后附有练习答案及课文参考译文。

本书精读部分由北京师范大学外语系副教授李宗芳、刘寿祺编写。泛读部分由副教授陈似兰、李宗芳、刘寿祺编写。全书由林永福副教授主审。初稿完成后经上海复旦大学外文系董亚芬教授及北京师范大学钱媛教授审阅和指正。并得到了王文启、王焱华同志的帮助，特此表示感谢。

本教材英文部分由曾经在北京师范大学外语系工作过的美国 Queens College, CUNY 的美籍教师 Mrs. C. Kaplan 审阅过。

由于时间仓促，编者水平与经验有限，书中不妥之处在所难免。恳切希望广大读者批评指正。

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Unit 1

First Reading

Read the following text once, at your normal speed, trying to get a good general idea of what the passage is about, and then do Exercise A.

TEXT Moving In

It is early September. Classes at the university are going to start in two days. Nobody is studying yet. Everybody is moving in.

Eric lives in a double room in a dormitory. He likes his room because it is warm and has big windows. He has a cassette recorder and a lot of cassettes. He likes loud music.

This year Eric has a new roommate. His name is Walter. Walter likes the room because it is sunny. He guesses that it will be noisy, but he isn't worried. He has brought a tape recorder and cassettes. He likes the same kind of music that Eric does.

On the floor above them two young women are moving in. They are both freshmen. Lee is a little worried, because it is the first time she has been away from her

parents. They live in California. Mary has traveled a lot, both with her parents and alone. Lee is glad that there are big windows, because she is used to a lot of sun. Mary hopes the room will stay warm in the winter.

Last year Sarah Anne lived in the dormitory. She didn't like it because it was very noisy. Also, the dormitory was expensive. She is moving out of the dormitory into an apartment, which she will share with two other women. The apartment is quiet, so they will be able to study. There is a small kitchen. They will buy food at the supermarket and cook for themselves.

Mary and Lee wanted to talk and get to know each other, but they couldn't hear one another because of the loud music coming from the floor below. When Mary went downstairs, the door was open. "Hey," she shouted, "please don't play the music so loud."

"Aw, don't tell me you're studying already," said Eric.

"No, we are trying to talk," Mary answered. "Why don't you join us?"

DIALOGUE Introduction

A: Eric, have you met Walter before?

B: I don't think so.

A: Well, let me introduce you to him. Walter, I'd like you to meet Eric.

B: How do you do, Walter?

C: How do you do?

A: Walter is a graduate student at Beijing Teachers College and Eric is a freshman at Beijing Normal University.

C: I'm glad to meet you, Eric.

B: So am I, Walter.

CLASSROOM ENGLISH

Good morning (afternoon, evening), class.

Good morning (afternoon, evening), teacher.

Open your books.

Close your books.

Turn to page 5, please.

Let's read the text (new words, dialogue).

Let's do Exercise A.

New Words and Expressions

- | | |
|------------------------------|-----------|
| 1. move in (into) [mu:v] vi. | 搬进 |
| move out of | 从...搬出 |
| 2. double ['dʌbl] a. | 供两者用的 |
| double room | 双人房间 |
| 3. dormitory ['dɔ:mitri] n. | 宿舍 |
| 4. cassette [kə'set] n. | 暗盒; 盒式录音带 |
| 5. recorder [ri'kɔ:də] n. | 录音机; 记录者 |
| cassette recorder | 盒式录音机 |

- | | |
|---|------------------------|
| 6. music ['mjuz:ɪk] n. | 音乐 |
| 7. roommate ['rum'meɪt] n. | 住在同室的人 |
| 8. guess {ges} vt. | 猜测, 推测; 认为 |
| 9. worry ['wəri] vt.
be worried (about) | 使焦虑, 使担忧
焦虑, 担心 |
| 10. tape [teɪp] n.
tape recorder | 磁带; 狭带
磁带录音机 |
| 11. freshman ['freʃmən] n. | 大学一年级学生 |
| 12. alone [ə'ləʊn] ad. | 独自; 单独地 |
| 13. stay [steɪ] vi. | 保持下去 |
| 14. expensive [ɪks'pensɪv] a. | 昂贵的 |
| 15. apartment [ə'pɑ:tmənt] n. | 一套公寓 房间 |
| 16. share (with) {ʃə} vt. | 与...合住 共同使用;
分享; 分担 |
| 17. able ['eɪbl] a.
be able to do sth. (can) | 能干的
能, 会 |
| 18. kitchen ['kɪtʃən] n. | 厨房 |
| 19. supermarket ['sju:pə,ma:kit] n. | 超级市场; 自选商场 |
| 20. cook [kuk] vi. | 烧菜, 做饭 |
| 21. get to know | 对...(逐渐)了解起来 |
| 22. downstairs ['daʊns'teəz] ad. | 往楼下; 在楼下 |
| 23. play the music | 放音乐 |
| 24. join [dʒɔɪn] vt. | 参加; 加入 |
| 25. dialogue ['daɪəlɒg] n. | 对话 |
| 26. introduction [ɪntrə'dakʃən] n. | 介绍 |
| 27. introduce [ɪntrə'dju:s] vt. | 介绍 |
| 28. (post) graduate student | 研究生 |

Proper Names

Eric [ˈerɪk]	埃里克(男子名)
Walter [ˈwɔltə]	沃尔特(姓;男子名)
Lee [li:]	李 (姓;男、女名)
California [kælɪˈfɔnjə]	加利福尼亚(美国州名)
Mary [ˈmeəri]	玛丽 (女子名)
Sarah Anne [ˈsærə æn]	沙拉安妮 (女子名)
Beijing Teachers College	北京师范学院
Beijing Normal University	北京师范大学

Notes

1. It's the *first* time she *has been* away from her parents.
在 This/That/It is the first/second/third/fourth, etc...
后面要用现在完成时。
This is the *first* time (that) I've heard her sing.
这是我第一次听她唱歌。
This is the *second* time I've been here.
这是我第二次来这里。
2. Why don't you join us?
这不是一般的问句,英语中可以用
Why don't you...? Why not (+不带 to 的动词不定式)
用来提出建议,邀请。
如: Why don't you join us in our talk?
或 Why not join us in our talk?
3. How do you do? 你好。这只是在初次认识时才用。如果是熟人,打招呼时常用

"Hi, Mary! How are you today?" 回答是 "Fine. Thank you. How are you?"

Exercise A Comprehension of the Text

Circle the letter of the choice that best completes each sentence.

1. Before classes start in early September, students
 - a. are studying.
 - b. are moving into the dormitory.
 - c. are listening to loud music.
2. Eric and Walter are roommates. Both of them have
 - a. record player and records.
 - b. loud music books.
 - c. tape recorders and cassettes.
3. Two freshmen Lee and Mary live
 - a. on the floor above Eric and Walter.
 - b. next to them.
 - c. downstairs.
4. Sarah Anne decides to move out of the dormitory into an apartment because the dormitory is
 - a. very noisy.
 - b. too expensive.
 - c. both a and b.
5. Mary and Lee wanted to get to know each other, but they couldn't hear one another because
 - a. Eric and Walter joined them in talking.
 - b. Eric and Walter played the music too loud.

- c. very loud music came from the floor above.
6. Mary and Lee wanted Eric and Walter to be quieter, but they did not want them to be angry. Therefore the women
- told the men to turn off the recorder.
 - didn't know what to do.
 - invited the men to talk with them.

Second Reading

Now read the text again. This time, try to remember the important details.

Exercise B Answer the following questions

1. Why do people like to live in rooms with big windows?
2. What kind of music do Eric and Walter both like?
3. Why is Lee worried?
4. Had Mary already spent some time away from her parents before she came to this university?
5. Is Sarah Anne a freshman?
6. Why does Sarah Anne like the apartment better? Does she live there alone?
7. What did Mary and Lee want to do after moving in?
8. What did Mary and Lee do in order to make Eric and Walter quieter?
9. Have you ever lived away from home before?
10. Do you like your room in the dormitory?

Exercise C Vocabulary

I. Fill in the blanks with the words given below

supermarket	kitchen	dormitory
apartment	room	university

1. People study biology, chemistry, physics, mathematics, psychology, education, history, and many other subjects at a university.
2. A university building with rooms where students live is a dormitory.
3. People keep food and cook in a kitchen.
4. A supermarket is a large store where you can buy all kinds of food.
5. Our apartment is very small; it has only one room.
6. A room is just one part of a house, building, or apartment.

II. Circle the letter of the choice that best completes the sentence.

1. A *freshman* is
 - a. a student who is a man.
 - b. a first-year college or university student.
 - c. a student who is a woman.
2. A *double room* is
 - a. a room with two windows, each on a different wall.
 - b. a room with two doors.
 - c. a room where two people can live.

3. *Roommates* are
- a. friends.
 - b. people who live in the same room.
 - c. people who clean a room.
4. To *move in* is to
- a. come in out of the rain.
 - b. transport your things to a new home and start to live there.
 - c. carry people's things for them.
5. Lee's parents *are worried* because
- a. something bad might happen to Lee in the future.
 - b. everything has already gone very well for Lee.
 - c. everything is all right.
6. To *cook* is to
- a. buy food for a meal.
 - b. put food on the table.
 - c. prepare food for a meal.
7. If a building has many *floors*, it is
- a. old.
 - b. long.
 - c. high.
8. When you go *downstairs*, you go
- a. from the first floor to the second floor.
 - b. from a lower floor to a higher floor.
 - c. from a higher floor to a lower floor.
9. To *join* us in our talk is to
- a. come and talk with us.
 - b. connect us together.
 - c. play us loud music.