



张思中外语教学法丛书

初级英语 能力强化 训练

张思中主编

适当集中
反复循环
阅读原著
因材施教

上海交通大学出版社

张思中外语教学法丛书

初级英语能力强化训练

主编：张思中

编写：陈瑞君 蔡宝珠
顾解民 赵增荣
杨 还 沈雅丽
徐元龙

上海交通大学出版社

沪新登字 205 号

内 容 提 要

本书以 80 则趣味性、知识性短篇故事为主体,编排成 20 组快速阅读、理解能力训练的练习。通过这些练习,使具备初级英语水平的读者对要求的词汇和语法知识有较好的掌握。

另外,本书还根据初级英语的语法要求,结合各种试题类型,编排了大量习题,有针对性地提高学生的解题能力,并帮助学生总结出一套科学而又直观的解题方法。

本书可供初中水平的学生或自学者以及相应水准的教师选用作教材或参考读物。

初级英语能力强化训练

出 版:上海交通大学出版社

(淮海中路 1984 弄 19 号)

印 刷:上海交通大学印刷厂

开 本:787×1092(毫米)1/16

印 张:5

字 数:117000

版 次:1992 年 6 月第 1 版

印 次:1992 年 7 月第 1 次

印 数:1—28000

ISBN7-313-01080-X/H·31

定价:2.35 元

目 录

I. 快速阅读理解 80 题	(1)
II. 如何做选择题	(42)
一、排除错误的选项	(42)
二、寻找固定搭配和固定词组	(42)
III. 句型的归类与转换	(52)
一、一句多讲	(52)
二、复合句转换为简单句	(54)
三、并列句转换为复合句	(55)
四、状语从句间的转换(意义相同)	(55)
五、双宾语之间的转换	(55)
六、近义词或词组之间的转换	(56)
七、动词与名词之间的转换	(56)
IV. 如何正确使用时态	(60)
一、八种时态的分类	(60)
二、找信号词辨时态	(60)
三、找连接词辨时态	(62)
四、找背景看上下文辨时态	(62)
V. 补全对话	(65)
VI. 练习答案	(71)

I. 快速阅读理解80题

本部分共分20个单元,每左、右各一页为一单元。在左页上有四个小故事(每篇70-80个词),在右页相应四个选择问题,通过快速阅读,要求从中寻找出一个主题。每题约2.5分钟可以完成。因此,每一单元总共需10分钟。

阅读能力的培养应细水长流。上课前可以花1至10分钟作练习(少则2题,多则4题),估计20至40次即能完成全部阅读练习。这种化整为零的学习既不构成负担,又能有助于提高阅读的兴趣与能力。

Unit 1

1. A week ago, just before the winter holidays began there were the final examinations. When Frank was working on the maths papers, he came across a difficult problem. He thought hard, but he couldn't work it out. So he turned to look at Tom's paper. Tom was good at maths. Tom used to let him know the answer. This time Tom covered the answer with his hand and told him not to do that.

2. Once an ant fell into a river, she tried her best to reach the bank, but she failed. Just then a bird saw it. The bird threw a leaf to her at once. The ant had the leaf and got to the bank at last. Then she heard a man was walking along with a gun in his hand. As soon as he saw the bird, he wanted to shoot it. The ant at once bit him in the foot. The man didn't shoot the bird and the bird flew away.

3. Friendship is like a flower. We should take good care of it. Friends must help and learn from each other. When they make some progress, you should congratulate and encourage them. When your friends make some mistake, you must tell them and help them to correct it. A friend in need is a friend indeed.

4. Some people live in the forest in Sudan. Nobody of them is taller than 1.20 metres, even if he is a grown-up. These people are black but they are shorter than other people in Africa. They are good hunters. They don't live together with other people. Most of them wear no clothes all the year round. They always look very serious and are seldom seen to have a smile.

Unit 1

- ___ 1. The story mainly tells: **B**
- A. what ~~we~~ should do when we have an exam
 - B. what happened during the exam
 - C. how hard the students studied
 - D. how to do the paper
-
- ___ 2. The story mainly tells: **B**
- A. the ant is clever
 - B. the bird is kind
 - C. why the man couldn't kill the bird
 - D. people must help each other when they are in trouble
-
- ___ 3. The story mainly tells: **D**
- A. what is your friend
 - B. what we should do when we meet our friends
 - C. what the real friendship is
 - D. how people help their friends when they are in trouble
-
- ___ 4. The story mainly tells: **A**
- A. how the shortest people live in the forest in Sudan
 - B. what the shortest people in the world look like
 - C. where the shortest people live
 - D. how tall the shortest people are

Unit 2

1. Chang Ning Children's Palace has an English corner. Every Sunday morning, hundreds of pupils from only three years old to ten come to the corner. They practise English with each other and with the high school students acting their teachers. Also they have some interesting contests (竞赛) such as Five-minute Dialogue, English Songs contests and words games. They all have a good time there.

2. The British and the Americans speak same language, but they are different in some ways.

The British think the Americans are strange. They make a lot of noise and laugh too loudly. They are rich and they only think about money. But they say that Americans are kind, friendly people. The Americans think the British are cold and reserved(含蓄的). They are not interested in success or in making lots of money. But they say that the British are quite hard workers.

3. My cat Tina was my best friend. I found her in our garden one evening in July. She was dirty and hungry. I gave her some milk and food. Then I put her in a basket in my room. Every morning before I went to school I took her out into the garden. One day when I came home from school. Tina was not there. I haven't seen her since then.

4. People often say, "Without stepping out of my house I can know what's happening in the world." Why? Because we have newspapers. Newspapers not only carry news, but also give us useful guidance in every aspect(方面), such as first-aid, cooking, playing chess, taking photographs, and so on.

Reading newspaper can widen our scope(视野) of knowledge. It helps us improve our writing. We can also learn many new words from the newspaper.

Unit 2

- ___ 1. The story mainly tells: A
- A. Chang Ning District has an English corner for children
 - B. the students go to the English corner every Sunday morning
 - C. English corner for children help the students a lot
 - D. there are many contests in the English corner
-
- ___ 2. The story mainly tells: D
- A. the British and the Americans speak the same language
 - B. the Americans are strange
 - C. the British are cold and reserved
 - D. the British and the Americans have different characters
-
- ___ 3. The story mainly tells: D
- A. Tina was very dirty when the writer first met her
 - B. when Tina was taken into the garden
 - C. when Tina was in a basket in his room
 - D. cat Tina was the writer's best friend, but she left him one day
-
- ___ 4. The story mainly tells: D
- A. why people like to read newspapers
 - B. if you have newspapers, you won't go out of your house
 - C. newspapers help us with our writing
 - D. newspapers can help us in every aspect

Unit 3

1. During the holidays I was in Yugoslavia(南斯拉夫) with my parents. We went there by car. Our campsite(营地) was near the sea. The weather was very hot. We stayed there for two weeks and swam every day. There were children from Austria, Germany and France. We played a lot of games, and I was sad when we left.

2. Last summer I was in Yugoslavia with my parents. We were on a nice campsite near the sea. One night I went swimming with two friends. We stayed in the water for a long time and I got very cold. Next day I caught a bad cold and coughed all the time, so my father went to the doctor's with me. He gave me some medicine and after three days I was well again.

3. This year we have only got four English lessons a week: on Monday, Tuesday, Wednesday and Saturday. I hope we will work in groups and play games more often. I like games and group work last year, too. My favorite (最喜欢) day last year was Saturday because we only had three lessons. This year I like Friday best. We have got two lessons of P.E.

4. I have got a lot of small things. They are all in a box under my bed. My favorite things are a feather (羽毛) and some coins, I found the feather under a tree in our garden. My father gave me the coins. They are very old and look interesting. I like the feather and coins, but I do not think they can help me when I have a problem.

Unit 3

___ 1. The story mainly tells: D

- A. how the writer went to Yugoslavia
 - B. how long the writer stayed there
 - C. how hot it was during his holidays in Yugoslavia
 - D. how the writer spent holidays in Yugoslavia
-

___ 2. The story mainly tells: C

- A. who spent holidays in Yugoslavia
 - B. where they spent holidays last summer
 - C. when the writer caught a bad cold
 - D. why they spent holidays in Yugoslavia
-

___ 3. The story mainly tells: C

- A. when the writer has only four English lessons a week
 - B. who likes working in groups and playing games more often
 - C. why the writer likes Friday best this year
 - D. what day was his favourite day last year
-

___ 4. The story mainly tells: B

- A. what are all in a box under his bed
- B. what the writer likes best
- C. how interesting the coins are
- D. who gave him his favourite things

Unit 4

1. Our city library is very old. There are many books in it. They are about many different things. There are books about history, law(法律), science and mathematics. There are many long tables at the library. There are many seats on both sides of the tables. Students and teachers are at some of the tables. Their books and papers are on the tables and their pens and pencils are on the tables and in their hands.

2. Two men were travelling in a very wild and lonely part of America. One day they met an old Indian. One of them asked him if he could tell them what the weather would be like within the next few days. "Rain is coming, and wind. Then there will be snow for two days, but after that there will be bright sunshine,"

"Isn't that wonderful? " said one man to his friend. "These old Indians know more of the secrets of Nature than we do with all our science." Then he turned to the old Indian, "how do you know all that? " "I heard it on the radio."

3. There's a big old tree near my house. A black bird lives in the tree. Every day I take some food to the tree. The bird sees me and comes down. The food is in my hand. The bird comes to my hand and eats the food. It eats from my hand. After that it goes back into the tree.

I give some food to this bird every day. And so the bird knows me. We are very good friends.

4. That night John again sees the same things in his sleep. He sees the four bags of money again. they are still under the tree in his field. In the morning, John says to his wife, "I saw the bags of money in my sleep again last night. They were in the same place in my field"

"It's not true," the woman said. "There's no money under the tree in your field."

Unit 4

- 1. The story mainly tells: B
- A. there are many books in our city library
 - B. what you can see in the city library
 - C. students and teachers are at some of the tables
 - D. the writer likes the city library
-
- 2. The story mainly tells: B
- A. the Indian can foretell the weather
 - B. the Indian knew the weather from the radio
 - C. the two men wanted to meet the Indian
 - D. the Indian was their old friend
-
- 3. The story mainly tells: B
- A. a bird ate the food the author gave it every day
 - B. the author fed a bird and they became good friends
 - C. the author found a bird near his house
 - D. the bird knew the author because it got food from him every day
-
- 4. The story mainly tells: A C
- A. John saw the same things in his sleep
 - B. John's money was under the tree in his field
 - C. John again dreamed of four bags of money in his field
 - D. John told his wife the same dream

Unit 5

1. The Dead Sea is not a sea. It is a big lake in the Jordan River Valley (约旦河谷). The Jordan River comes from north and runs into the Dead Sea. The lake is 400 metres below sea level(海拔). The water is salty(咸) but there is any living things in it. People can not swim well in the Dead Sea, but they can float. A man can reading a book while he is lying on the sea.

2. Dogs have been called our best friends, but they are also good helpers. Some dogs are hunting dogs; while others guard animals and property(财产). Sometimes dogs can be trained to lead blind people. Doctors test some medicines on dogs. A dog named Laika was the first animal in space.

3. Computers have changed a lot over the years. An early machine added together eighteen million numbers an hour. One person would have needed many years to do the same job. A modern computer recently added 1.5 million million numbers. It took only three hours!

4. Alfred Nobel invented dynamite(火药) to help builders. But it was used for war, and he hated that. He was a rich man, and he set up a fund(基金) with nine million dollars. The fund is used today to reward(奖励) people who have improved human life. The Nobel Prizes (诺贝尔奖金) are now given in six fields, including(包括) peace, medicine, and chemistry.

Unit 5

- 1. the story mainly tells: A
- A. the Dead Sea is different from any other sea in the world
 - B. where the Dead Sea is
 - C. how deep the Dead Sea is
 - D. how people read a book on the Dead Sea
-
- 2. The story mainly tells: D
- A. how many types of dogs there are
 - B. what the name of the space dog was
 - C. what kind of dogs can lead blind people
 - D. how dogs are useful
-
- 3. The story mainly tells: D
- A. who uses computers
 - B. how long one person takes to do a job
 - C. how computers have gotten faster over time
 - D. how fast modern computers can add
-
- 4. The story mainly tells: A
- A. what the Nobel Prizes are given for
 - B. why Nobel founded the Nobel Prize fund
 - C. how much money was set aside for rewards
 - D. what invention Alfred Nobel created

Unit 6

1. It is very hot in the summer here and in the evenings nobody likes to stay at home. People walk in the streets or sit in the open. We have an open-air summer cinema and my friends and I often go there. There are tall trees all round and it is very cool. Sometimes the film is not very good, but we don't mind. The stars shine in the clear sky and there is often a bright full moon. We can forget the film and enjoy a pleasant evening.

2. I like buying clothes. Mum goes shopping with me but she usually buys what I don't want. Last summer when we were on holiday in Italy, I was allowed to buy a T-shirt(T恤衫) alone. Dad gave me the money. At first it was difficult because the woman in the shop didn't speak English. But in the end I got what I wanted: a beautiful pink T-shirt with a guitar(吉他) on it.

3. Next Saturday my friend Susan is going to have a fancy(化装) dress party. I would like to be a queen with a red dress and golden earrings(耳环). I have got an old red dress but no earring. Perhaps I can borrow some from my grandmother. She has got earrings with blue stone. I hope we will play a lot of good games. I would also like to listen to some new records. Susan has got a lot.

4. When I got home from school last Tuesday, I could not find my key. I looked in my school bag, but it was not there. I had no idea where it was. My parents were not at home, so I could not get into the room. I waited for half an hour. Then Mum came from work. When I went into my room, I found the key—it was under my desk.

Unit 6

- 1. The story mainly tells: C
- A. who often go to the open summer cinema
 - B. they don't mind whether the film is good or not
 - C. why people like to stay in the open in the summer evening
 - D. where they often see a film in the summer evening
-

- 2. The story mainly tells: A
- A. the writer likes buying clothes alone
 - B. his mother likes buying clothes alone
 - C. it was difficult for him to buy clothes in Italy
 - D. his father gave him the money to buy clothes
-

- 3. The story mainly tells: A
- A. what the writer is going to do next Saturday
 - B. who likes to be a queen at the party
 - C. with whom the writer hope to play a lot of good games
 - D. what the writer enjoys listening to
-

- 4. The story mainly tells: B
- A. when the writer could not find his key
 - B. where the writer could not find his key
 - C. where the writer left his key last Tuesday
 - D. the writer couldn't go into his house until his mother came