

IN THE SPOTLIGHT

传奇聚焦

第8辑

Henry Billings Melissa Billings

李力 苏宁宁 / 编译

追星学英语
做最好的自己

Inside:

- **Hillary Swank**

Portraying a
legendary boxer

- **Antonio Banderas**

From Spain to
Hollywood

- **Tyra Banks**

Creating her
own image of
beauty

- **And more!**

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Graw Education

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Ichiro Suzuki
Japan's baseball hero
shines in the U.S.

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前言

《In the Spotlight 传奇聚焦》是由青岛出版社和麦格劳-希尔教育（亚洲）出版公司共同合作奉献给广大英语学习爱好者的精品读物。本套丛书共有八辑，每辑精选了九位当今明星级成功人士的传奇故事。他们当中有影视明星，有运动健将，也有作家或者音乐家。他们有的在成长过程中生活窘迫，但是通过不懈的努力，最终获得了成功；有的专注于实现自己的梦想，不理睬别人的诋毁和嘲笑；有的在功成名就之后依然会经受种种挑战。这些名人的成功历程将带给你超越语言学习的更多人生感悟和启示。

本套丛书将美国的阅读学习方法原汁原味地呈献给中国的英语学习爱好者。不要担心你看不懂文中的一些生词或句子，多读几遍，只要你按照书中的阅读技巧提示和训练坚持不懈地逐本书读下去，你一定会看到惊喜的变化！英语阅读水平的提高并不是本套丛书带领你学习的惟一目标，启迪思考、活跃思维、激发讨论才能让你真正会学习，并一生受益无穷！

第1辑重点介绍以下三种阅读技能：

Problem and Solution

问题与解决方案

Making Inferences

进行推断

Summarizing

总结概述

书中还附有其他阅读技巧和词汇提示，能帮助你理解和思考所读到的内容。每篇文章后面附有精心设计的练习题，通过各部分的测评分值可以让你更有针对性地提高阅读能力。

无论你追星与否，书中一定有几颗星星曾经照亮过你追梦的旅途。透过文章中朴实的文字了解这些名人成名前的真实经历，撩开辉煌的面纱看清颗颗巨星原本平凡如你我，从他们的励志故事中汲取营养，将漫天闪烁的星辉化作自己追梦旅途中的明灯吧，努力去做最好的自己！

如何使用本书

关于本书

本书共包含三个单元，每个单元有三课，每课中有一篇关于某位名人的文章，之后是相关练习题。

认真完成每一课

Photo 照片 每一课开始时，请先看照片。读一读题目和副标题，了解该篇文章主要谈论的内容。

Think About What You Know 思维链接、Word Power 单词加油站、Reading Skill 阅读技巧点拨 这几部分将帮助你做好阅读准备。

Article 文章 现在就开始阅读名人故事吧！祝你阅读愉快！

Activities 练习 完成所有的练习，然后进行检查。根据书后的参考答案，记录下你在每部分练习中答对的题目数量。在课文结尾处，把A、B和C三个练习部分的总分相加，然后在表格中查出相对应的百分比分数。在第84页的理解力和评判性思维进度图表（Comprehension and Critical Thinking Progress Graph）中记下你的百分比分数。

Compare and Contrast Chart 比较和对照表 在每个单元最后，你要填写一个比较和对照表。这个表会让你清楚地了解该单元中出现的一些名人具有的共同特质。

Notes 注释 在本书末尾选取了每一课中出现的一些难点词汇、短语或句子作了附注，有助于你加深理解文章内容，学习更多的语言表达。

My Personal Dictionary 我的词典 你可以把想要进一步了解的单词记录在本书的末尾，向老师或同学请教这些单词的意思，然后给这些单词加上自己的定义注释。

In the Spotlight Vol.2 Levels H-J

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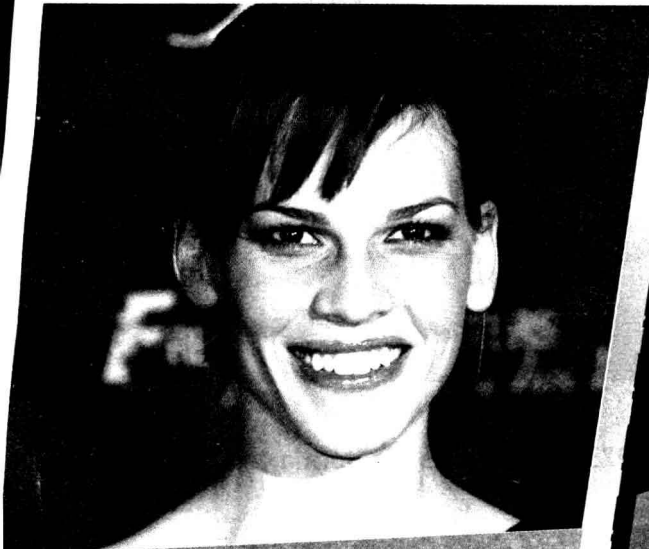
Unit 1



Tyra Banks



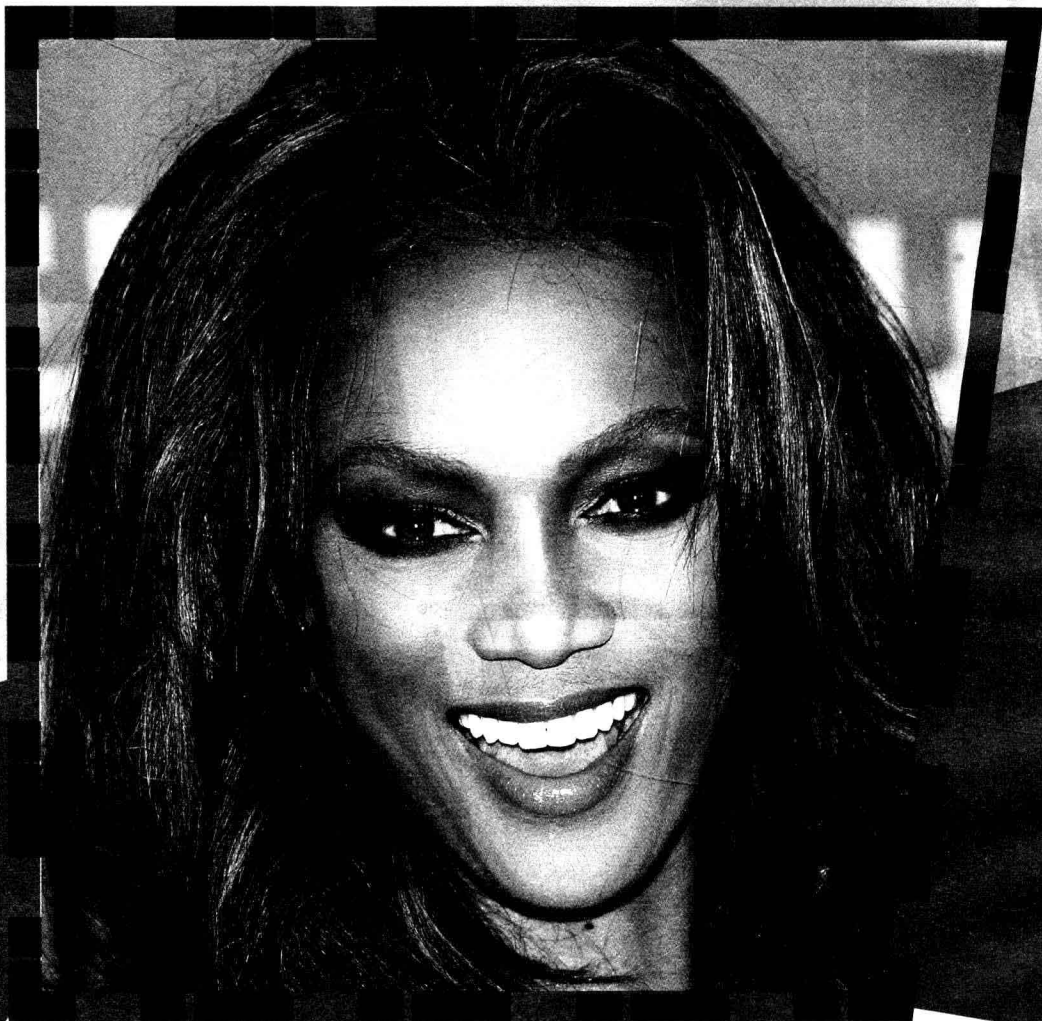
Ichiro Suzuki



Hilary Swank

Tyra Banks

From "String Bean" to Supermodel



Birth Name Tyra Lynne Banks

Birth Date and Place December 4, 1973; Los Angeles, California

Home Los Angeles, California

Think About What You Know

Has anyone ever made fun of you because of how you look? How did that feel? Read the article to find out how Tyra Banks learned to ignore teasing and name-calling and gained self-esteem.

Word Power

What do the words below tell you about the article?

ridicule *vt.* 嘲笑, 讥讽

compensate *vt.* 补偿, 弥补, 抵消

allude *vt.* 暗示, 影射

rivalry *n.* 竞争对手

exotic *adj.* 具有异国情调的

underestimate *vt.* 低估, 小看

Reading Skill

Problem and solution (问题与解决方案)

文章中常常会描写问题及其解决方案。所谓问题就是难过的关卡, 需要一个帮助过关的解决方案。在阅读过程中请留心这两点, 会有助于你对全文的理解把握。

Example

I love to read. I read books whenever I can. My mother used to worry, saying that I was spending too much time alone. She thought I needed to make more friends. So I joined a book club. I met people who like to read as much as I do. I made a lot of friends through the book club. My mother doesn't worry anymore.

The paragraph shows an example of a problem and a solution. The problem was that *the mother was worried about her daughter spending too much time alone*. What was the solution? How does this solution solve the problem?

Tyra Banks

From “String Bean” to Supermodel

Today Tyra Banks is often called one of the most beautiful women in the world, but as a child the other kids called her less flattering things, such as “Olive Oyl” (the name of the tall, thin girl in the *Popeye* cartoon) and “String Bean.” Banks recalls being “super skinny,” and it didn’t help matters any when she hit a tremendous growth spurt at age 11, losing nearly 30 pounds and gaining four inches in the space of just three months. Even her mother became concerned, taking Banks to doctors to confirm there was nothing medically wrong with her.

2 Banks was so much taller and thinner than her peers that she felt terribly awkward around them. She took refuge in books, spending hours in bookstores near her Los Angeles home and becoming, by her own definition, a “bookworm.” This didn’t alter her height, but it did help her cope with her unhappiness, transporting her to worlds beyond her immediate surroundings. In high school, she also started working out to build up muscles and add power to her tall frame.

3 As Banks matured, her looks changed. Although she grew to be exceptionally tall—published reports put her anywhere from 5 feet 9 inches to 5 feet 11 inches—she also developed a great complexion and a strikingly attractive face. Still, Banks had learned the hard way that beauty is in the eye of the beholder.

4 It wasn’t just her height that caused peers to ridicule her. When she was young she was often teased about her high forehead, with people telling her it was so big it could be a “five-head.” She says, “In the Black community, a big forehead is a negative thing. You hear that your whole life, but when you go into modeling, it’s a positive thing.” In fact, Banks says, “When I was a model, it was the one thing that made me more exotic-looking, more interesting. I’ve always been told by the fashion industry that if my forehead was an inch smaller, I would have been a little too plain-looking, too pretty-girl-next-door-looking for them. The high forehead set me apart.”

5 Before she became a model, Banks often felt humiliated by the teasing she endured, and as a young teenager she desperately wished she could change her physical features to fit society’s definition of beauty. In time, though,

she realized that the most important thing was not how she appeared to others, but how she felt about herself. She learned to take pride in who she was, not how she looked. As she says, “Self-love has very little to do with how you feel about your outer self. It’s about accepting all of yourself.”

6 By the time Banks was 17, she was confident enough to imagine herself as a model. She approached several agencies but was turned down by all of them, some saying they didn’t need any more African American models and some informing her that she looked “too ethnic.” Finally an agency called Elite Model Management Corporation agreed to represent her. Banks wasn’t convinced that she would get assignments from them, though, so after high school she made plans to attend college. In August of 1991, just before college started, she was approached by a French modeling agent who happened to be in Los Angeles scouting for new talent. The agent asked Banks to come to Paris and model at an upcoming fashion show.

7 Banks was thrilled by the opportunity but worried that she wasn’t adequately prepared. To compensate for her inexperience, she borrowed videotapes from the Fashion Design Institute library and watched fashion and style programs on cable television. Banks then turned her family’s living room into a makeshift runway and practiced walking back and forth in her mother’s highest heels and longest billowy nightgowns. At first, she says, “my ankles would shake,” but with practice she developed a style of movement that was both appealing and distinctive.

8 These self-designed training sessions apparently worked, for when Banks arrived in Paris she became an immediate sensation. At her first modeling show, just two weeks into her Paris stay, Banks sauntered down the runway with such grace that designers scurried to sign her for additional appearances. By the end of the show, she had been offered work in a total of 25 upcoming shows and was being suggested as a cover girl for various European magazines.

Skill Break

Problem and Solution

Look at paragraph 5. This paragraph describes a problem and a solution. The problem was that Banks often felt humiliated when people teased her. What was the **solution**?

How did this **solve the problem**?

Tyra Banks gets ready for the camera.



- 9 Entering the world of modeling wasn't completely stress-free for Banks, however. Rumor spread that Naomi Campbell, the other Black supermodel represented by Elite Model, resented Banks and was using her influence in the industry to keep Banks out of certain shows.
- 10 Banks said little about the conflict at the time, although she later alluded to some difficulty by saying, "No model should have to endure what I went through at 17." In any case, Banks remained outwardly calm and dignified and resolved the issue with Campbell by switching to a different modeling agency. A few years later, Banks reflected on the competition among Black models, pointing out that such rivalries can be especially fierce because "the fashion business and press can't accept that there can be more than one reigning Black supermodel at a time."
- 11 Banks spent years working for the biggest names in the fashion industry, but she had other ambitions as well. She pursued acting opportunities, created her own music video, launched her own reality television show, and began hosting her own television talk show. Many people scoffed at these endeavors, underestimating her abilities and assuming she was just a "pretty face" without talent. Banks did not allow the criticism to stop her. She had learned to believe in herself, and by working hard she was able to succeed at almost everything she tried. When one of her endeavors failed—such as her attempt to establish herself as a singer—she simply laughed it off and moved on.
- 12 One of her biggest commitments is to a unique summer camp Banks runs in the mountains outside Los Angeles. Called *Tzone*, it is designed to build self-esteem in teenage girls, encouraging them to explore issues of body image, peer pressure, and self-worth. Banks knows from experience how hard it is for teenage girls to achieve and maintain a positive self-image, and she is determined to help. She wants every young girl to feel beautiful, both inside and out.



- ▶ Banks does not smoke or drink alcohol.
- ▶ She is a big fan of the Los Angeles Lakers basketball team.
- ▶ Her personal wealth is estimated at over \$8 million.
- ▶ She was the first Black model to appear on the covers of the *Sports Illustrated* swimsuit edition and *GQ*.

Activities

A Understanding What You Read

◆ Fill in the circle next to the correct answer.

1. Which of the following statements is an opinion rather than a fact?
 - ☐ A. Banks hit a growth spurt at age 11 and lost 30 pounds.
 - ☐ B. Banks was taller and thinner than most of her peers.
 - ☐ C. Banks is one of the most beautiful women in the world.
2. Banks believes that her high forehead
 - ☐ A. has helped her modeling career.
 - ☐ B. is much too big for her face.
 - ☐ C. makes her look too ethnic.
3. What was the effect of Banks appearing in her first modeling show in Paris?
 - ☐ A. Banks was given her own television talk show.
 - ☐ B. Banks was sent to a different modeling agency.
 - ☐ C. Banks was offered work in 25 other shows.
4. From what you read in the article, which of these is probably true?
 - ☐ A. Supermodels get paid very little for their work.
 - ☐ B. The modeling industry can be very competitive.
 - ☐ C. Most supermodels come from Paris, France.
5. *Tzone* is a summer camp where girls
 - ☐ A. learn how to become fashion models.
 - ☐ B. try out for a role on a reality show.
 - ☐ C. work on developing a positive self-image.

_____ Number of Correct Answers: Part A

B Understanding Problem and Solution

◆ Read the paragraph below. This paragraph describes a problem and a solution. Fill in the circle next to the sentence that **best** describes the **problem**.

1. Banks was thrilled by the opportunity but worried that she wasn't adequately prepared. To compensate for her inexperience, she borrowed videotapes from the Fashion

Design Institute library and watched fashion and style programs on cable television. Banks then turned her family's living room into a makeshift runway and practiced walking back and forth in her mother's highest heels and longest billowy nightgowns. At first, she says, "my ankles would shake," but with practice she developed a style of movement that was both appealing and distinctive.

- ☐ A. Banks was worried that she wasn't adequately prepared.
- ☐ B. Banks watched fashion and style programs on television.
- ☐ C. Banks turned her living room into a makeshift runway.

◆ Reread the paragraph above. What is the **solution** to the problem? How did this solve the problem? Write the solution and how it solved the problem on the lines.

2. Solution: _____

How It Solved the Problem: _____

_____ Number of Correct Answers: Part B

C Using Words

◆ The words and phrases in the list below relate to the words in the box. Some words or phrases in the list have a meaning that is the same as or similar to a word in the box. Some have the opposite meaning. Write the related word from the box on each line. Use each word from the box twice.

ridicule compensate alluded rivalries underestimating

Same or similar meaning

- | | |
|-----------------------|--------------------|
| 1. competitions _____ | 4. criticize _____ |
| 2. making less _____ | 5. balance _____ |
| 3. make up for _____ | 6. hinted _____ |

Opposite meaning

- | | |
|-----------------------|-------------------------|
| 7. praise _____ | 9. stated clearly _____ |
| 8. exaggerating _____ | 10. partnerships _____ |

_____ Number of Correct Answers: Part C



Writing About It

Write a Journal Entry

- ◆ Suppose you had attended the 1991 Paris fashion show where Banks made her debut. Write a journal entry about what you saw that day. Be sure to describe the way Banks looked and her modeling style. Write **at least four** sentences. Use the checklist on page 82 to check your work.

Lesson 1 Add your correct answers from parts A, B, and C to get your total score. Then find the percentage for your total score on the chart below. Record your percentage on the graph on page 84.

_____ Total Score for Parts A, B, and C

_____ Percentage

Total Score	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
Percentage	6	12	18	24	29	35	41	47	53	59	65	71	76	82	88	94	100