

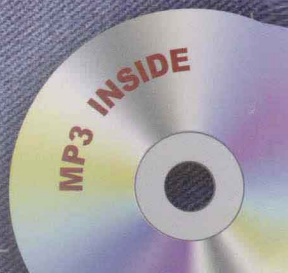
# 英语专业四级 听力特训

金利 编著

- ✓ 分析真题，破解答题密码
- ✓ 抽丝剥茧，把握题型规律
- 全真模拟，定位考点信息
- ✓ 步步为营，练就满分听力



西安交通大学出版社  
XI'AN JIAOTONG UNIVERSITY PRESS



新东方  
XDF.CN

# 英语专业四级 听力特训

金利 编著



西安交通大学出版社  
XI'AN JIAOTONG UNIVERSITY PRESS

## 图书在版编目(CIP)数据

英语专业四级听力特训 / 金利编著. —西安: 西安交通大学出版社, 2013. 7  
ISBN 978-7-5605-5231-6

I. ①英… II. ①金… III. ①大学英语水平考试—听说教学—自学参考资料 IV. ①H319.9

中国版本图书馆 CIP 数据核字 (2013) 第 092580 号

书 名 英语专业四级听力特训

编 著 金 利

责任编辑 黄科丰

封面设计 贾臻臻

出版发行 西安交通大学出版社

地 址 西安市兴庆南路 10 号(邮编: 710049)

电 话 (010)62605588 62605019(发行部)

(029)82668315(总编室)

读者信箱 bj62605588@163.com

印 刷 北京鑫海达印刷有限公司

字 数 281 千

开 本 880mm×1230mm 1/32

印 张 10

版 次 2013 年 7 月第 1 版 2013 年 7 月第 1 次印刷

书 号 ISBN 978-7-5605-5231-6/H · 1486

定 价 24.80 元



版权所有 侵权必究

如有缺页、倒页、脱页等印装质量问题, 请拨打服务热线: 010-62605166。

# 新东方图书策划委员会

主任 俞敏洪

委员 (按姓氏笔画为序)

王 强 包凡一

仲晓红 沙云龙

陈向东 张洪伟

邱政政 汪海涛

周成刚 徐小平

谢 琴 窦中川

# 前言

如何抓住听写文章的大意？如何做好听写笔记？

如何做好听前预测？放录音时应该如何来听？

如何抓住对话、短文的主旨大意？如何处理众多的细节信息？

如何提高新闻听力水平？遇到生词、长句该如何应对？

.....

这一个个疑问都是编者在进行专四英语教学及研究过程中最常听到的问题，很多专四考生常常在备考时倍感挫折，甚至有放弃听力拿高分的念头。然而，听力部分在专四考试中一直处于非常重要的地位，即使改革后各部分试题在比例上有所调整，听力仍然是决定分数高低的关键所在，所以不可轻言放弃。而且改革后的听力无论是在听力材料上还是在试题上难度都有所增加，因此如何在新趋势下有效地提高听力能力是很多考生关注的问题。

本书是编者根据多年来对英语专业四级考试的研究精心策划和编写而成的，全书紧扣最新专四考试大纲，深入剖析专四听力考试的特点、难点，以全新的视角、全新的理念带你进入全新的专四备考模式：

## 真题实时跟进，大纲全面解读

真题自测+点评，掌握最新考试动态，知晓个人薄弱环节

本书在第一章安排了一套专四听力真题，供考生进行自我测试，考生可以在了解真题的基础上，知晓自己的水平，以便更好、更有针对性地使用本书。在点评部分，编者就听力各题型的特点分别进行了全面、细致的解析，其中对听写材料的题材、体裁、结构、意群、难词、长句进行了剖析；在对话、短文和新闻部分，编者分别从听前预测、摘要、考点和解析四个方面进行了全面分析，使考生对真题有更深刻的了解。

测试要求、测试形式、选材原则大公开，知己知彼百战百胜

本书从大纲着眼，为考生解读专四听力的要求与选材原则，使考生清楚了解大纲要求，及早从容准备，以强大的实力赢得听力大战！

## 题型特征详细揭秘，答题技巧贴心点拨

采用大量表格、数据、真题实例，透析听力各题型的题材和设题特点

本书分别对听写、对话、短文和新闻四种题型从题材和设题两个方面进行了深入剖析。在题材方面，书中大多采用表格的形式展现听力材料的主题、体裁、结构、用词、

用句等突出特点；用大量数据说明主题、体裁等的分布比例，列举大量真题实例加深考生对各题型题材特点的理解。在设题方面，书中以真题实例为依据，全面揭秘出题点，使考生在听录音时不再盲目，而是学会抓住重点去听。编者通过精心的编排，使得原本枯燥的理论不再乏味，力求做到语言清晰、简洁，分析精准、透彻，不浪费考生宝贵的复习时间，帮助考生在很短的时间内全面掌握听力各题型的选材、设题特点。

结合临场实际，点拨听前预测和听音技巧

书中根据每个题型的不同特点，为考生准备了实用的临场答题技巧。听写部分以临场的放音顺序，介绍了每遍放音的应对技巧，而对话、短文和新闻部分为考生讲解了如何做好听前预测，以及听音时如何带着问题去听的实用技巧。语言简洁、易懂，技巧简单、实用，相信一定能为考生带来事半功倍的学习效果。

## 专项真题即讲即练，全真模拟实战演练

书中在对每个题型进行理论讲解后都为考生准备了历年真题专项训练，使考生在掌握了一个题型的题材特征、设题特点以及答题技巧之后，能够马上通过练习真题体会前面学到的题材特征和设题特点，应用刚刚学到的答题技巧，加深对该题型的了解。另外，本书最后还为考生精心编写了8套全真模拟试题，其听力材料的题材和试题的设置完全按照大纲要求编写，难易度适中，且高度仿真。所有真题和模拟试题都配有点评和解析，帮助考生解决复习中遇到的具体难点和困惑。

不可否认，英文实力是提升考场竞争力的关键因素，而听力实力则是提升专四考试分数的重要环节。提高专四听力的成绩，可以让你轻松跨越专四考试的门槛，在考场上脱颖而出。我们精心打造这本书的目的，就在于让所有考生都能在最短的时间里迅速掌握听力技巧，并结合充分练习提升应试实力。

本书得以顺利完成，要特别感谢汇智博纳工作室的金利、蒋志华老师以及何静、张继龙、李岩岩、白敏、梅晓艳、杨金宝、李素素等老师。正是他们对英语教学和研究的热爱和投入才使得本书能在第一时间与考生见面。

最后预祝即将参加专四考试的各位考生马到成功！

编者



# 目 录

第一章 真题自测与大纲解读 .....	1
第一节 真题自测 .....	1
第二节 真题点评 .....	6
第三节 听力大纲解读 .....	22
第二章 听写 .....	24
第一节 题材特征分析 .....	24
第二节 4大常见错误解读 .....	30
第三节 答题技巧点拨 .....	34
第四节 真题测评 .....	36
第三章 对话 .....	41
第一节 题材特征分析 .....	41
第二节 6大设题点揭秘 .....	43
第三节 4类常考题型精解 .....	48
第四节 答题技巧点拨 .....	53
第五节 真题测评 .....	55
第四章 短文 .....	85
第一节 题材特征分析 .....	85
第二节 8大设题点揭秘 .....	87
第三节 3类常考题型精解 .....	92
第四节 答题技巧点拨 .....	97
第五节 真题测评 .....	99
第五章 新闻 .....	125
第一节 题材特征分析 .....	125
第二节 5大设题点揭秘 .....	129
第三节 3类常考题型精解 .....	131
第四节 答题技巧点拨 .....	135
第五节 真题测评 .....	136

第六章 全真模拟集训 .....	170
第一节 全真模拟题 .....	170
Model Test 1 .....	170
Model Test 2 .....	175
Model Test 3 .....	180
Model Test 4 .....	185
Model Test 5 .....	190
Model Test 6 .....	195
Model Test 7 .....	200
Model Test 8 .....	206
第二节 答案精解 .....	212
Model Test 1 .....	212
Model Test 2 .....	224
Model Test 3 .....	236
Model Test 4 .....	248
Model Test 5 .....	261
Model Test 6 .....	273
Model Test 7 .....	285
Model Test 8 .....	297



# 第一章

## 真题自测与大纲解读

### 第一节 真题自测

#### PART I

#### DICTATION

[15 MIN]

*Listen to the following passage. Altogether the passage will be read to you four times. During the first reading, which will be done at normal speed, listen and try to understand the meaning. For the second and third readings, the passage will be read sentence by sentence, or phrase by phrase, with intervals of 15 seconds. The last reading will be done at normal speed again and during this time you should check your work. You will then be given 2 minutes to check through your work once more.*

*Please write the whole passage on ANSWER SHEET ONE.*

#### PART II

#### LISTENING COMPREHENSION

[20 MIN]

*In Sections A, B and C you will hear everything ONCE ONLY. Listen carefully and then answer the questions that follow. Mark the best answer to each question on Answer Sheet Two.*

#### SECTION A CONVERSATIONS

*In this section you will hear several conversations. Listen to the conversations carefully and then answer the questions that follow.*

*Questions 1 to 3 are based on the following conversation. At the end of the conversation, you will be given 15 seconds to answer the questions.*

*Now, listen to the conversation.*

1. According to the conversation, an example of "Christmas trimmings" could be \_\_\_\_\_.  
A. presents.                      B. fruits.                      C. sauce.                      D. meat.
2. A Christmas lunch would include all the following EXCEPT \_\_\_\_\_.  
A. roast turkey.                      B. sweet potatoes.                      C. meat.                      D. carrots.
3. Why did Helen come to Rob's house?  
A. She wanted to talk to Rob.                      B. She had come to help Rob.  
C. She had been invited to lunch.                      D. She was interested in cooking.

*Questions 4 to 7 are based on the following conversation. At the end of the conversation, you will be given 20 seconds to answer the questions.*

*Now, listen to the conversation.*

4. Why did the woman phone the club?
  - A. She wanted to know more about it.
  - B. She was a new comer and felt lonely.
  - C. She wanted to learn a new language.
  - D. She was interested in social activities.
5. We learn from the conversation that the club \_\_\_\_\_.
  - A. mainly organizes language activities.
  - B. accepts members from local students.
  - C. has been set up for a long time.
  - D. is increasing its membership.
6. According to the conversation, the woman might come to practice German on \_\_\_\_\_.
  - A. Wednesday.
  - B. Tuesday.
  - C. Monday.
  - D. Friday.
7. What is the man going to do after the conversation?
  - A. Call up the woman for her address.
  - B. Wait for the woman to call him again.
  - C. Mail the woman some information.
  - D. Wait for the woman to pick up a form.

*Questions 8 to 10 are based on the following conversation. At the end of the conversation, you will be given 15 seconds to answer the questions.*

*Now, listen to the conversation.*

8. According to the woman, what actually makes her job difficult?
  - A. Difficult questions from interviewees.
  - B. Embarrassing requests from interviewees.
  - C. Lack of professional background.
  - D. Lack of interviewing skills.
9. The woman uses all the following adjectives when talking about attending job fairs EXCEPT \_\_\_\_\_.
  - A. prospective.
  - B. useful.
  - C. important.
  - D. tiring.
10. We learn from the conversation that the woman \_\_\_\_\_.
  - A. works better at job fairs.
  - B. prefers honest people.
  - C. often works on her own.
  - D. is experienced in her work.

## SECTION B PASSAGES

*In this section, you will hear several passages. Listen to the passages carefully and then answer the questions that follow.*

*Questions 11 to 13 are based on the following passage. At the end of the passage, you will be given 15 seconds to answer the questions.*

*Now, listen to the passage.*

11. According to today's weather forecast, which part of Europe has dry weather?  
A. Scandinavian mountains. B. Northwestern Europe.  
C. Northern Europe. D. Southern Europe.
12. In which part of Europe does the weather stay both fine and cool?  
A. Southern Europe. B. Northern Europe.  
C. Eastern Europe. D. Northwestern Europe.
13. In which region will the weather change tomorrow?  
A. Northern parts of the Mediterranean.  
B. Eastern parts of the Mediterranean.  
C. Central parts of the Mediterranean.  
D. Southern parts of the Mediterranean.

*Questions 14 to 17 are based on the following passage. At the end of the passage, you will be given 20 seconds to answer the questions.*

*Now, listen to the passage.*

14. According to the passage, what benefit can technology bring to people?  
A. Closer contact with modern devices.  
B. Greater changes in social organization.  
C. Better understanding of mass media.  
D. More useful information to better their life.
15. The speaker questions about everybody's access to technological advances. The main reason is \_\_\_\_\_.  
A. illiteracy. B. poverty. C. food shortage. D. ignorance.
16. According to the UN plan, all the following will be achieved within ten years EXCEPT \_\_\_\_\_.  
A. giving everyone a radio or TV.  
B. starting to carry out the scheme in ten years.  
C. offering internet service to more people.  
D. providing more job opportunities.
17. What could be the topic of the passage?  
A. Growth in telecommunications.  
B. Technology and the developing world.  
C. Education and medical care.  
D. Building an information society.

*Questions 18 to 20 are based on the following passage. At the end of the passage, you will be given 15 seconds to answer the questions.*

*Now, listen to the passage.*

18. People in Latin America wear something \_\_\_\_\_ to express their hopes for wealth in the New Year.  
A. new                                      B. red                                      C. white                                      D. yellow
19. Which of the following New Year's traditions signals friendship?  
A. Throwing old dishes.                                      B. Wearing something red.  
C. Wearing something white.                                      D. Eating round fruits.
20. Which of the following is NOT mentioned as one's own New Year's tradition?  
A. Watching TV at home.                                      B. Going to bed early.  
C. Visiting friends.                                      D. Running and shouting outside.

## SECTION C NEWS BROADCAST

*In this section, you will hear several news items. Listen to them carefully and then answer the questions that follow.*

*Questions 21 and 22 are based on the following news. At the end of the news item, you will be given 10 seconds to answer the questions.*

*Now, listen to the news.*

21. What is happening to the schools in Fairfax County this school year?  
A. 15 schools have started social studies.  
B. 15 schools have used digital textbooks.  
C. Students are ready to use electronic resources.  
D. Digital textbooks are used for social studies.
22. With digital textbooks, schools have saved about \_\_\_\_\_ million dollars.  
A. 1                                      B. 2                                      C. 3                                      D. 4

*Questions 23 and 24 are based on the following news. At the end of the news item, you will be given 10 seconds to answer the questions.*

*Now, listen to the news.*

23. Who found the suspicious item at the airport?  
A. TSA agents.                      B. FBI agents.                      C. The police.                      D. Passengers.
24. Which of the following statements is INCORRECT?  
A. The terminal was closed temporarily afterwards.  
B. There was a thorough search inside the airport.  
C. Passengers at the airport were safe and sound.  
D. The security authorities identified the explosives.

*Questions 25 and 26 are based on the following news. At the end of the news item, you will be given 10 seconds to answer the questions.*

*Now, listen to the news.*

25. According to the news item, doctors use art therapy to treat the following problems EXCEPT \_\_\_\_\_
- A. alcohol abuse.      B. smoking.      C. depression.      D. schizophrenia.
26. Why did doctors introduce art therapy in the first place?
- A. To prevent patients from smoking.      B. To better understand patients.
- C. To get patients occupied.      D. To teach patients some skills.

*Questions 27 and 28 are based on the following news. At the end of the news item, you will be given 10 seconds to answer the questions.*

*Now, listen to the news.*

27. What is the main purpose of the new rules?
- A. To reduce the number of pilots on duty.
- B. To prevent pilots from working overtime.
- C. To ensure an adequate amount of sleep.
- D. To fix the amount of work for each pilot.
28. The Independent Pilots Association was unhappy about the new rules because they \_\_\_\_\_
- A. had only covered cargo plane pilots.
- B. had failed to cover all the pilots.
- C. would be put into effect in two years.
- D. would be too costly if implemented.

*Questions 29 and 30 are based on the following news. At the end of the news item, you will be given 10 seconds to answer the questions.*

*Now, listen to the news.*

29. Why is increase in livestock production necessary?
- A. Because livestock production is highly efficient.
- B. Because more people will become wealthier.
- C. Because it may help double food production.
- D. Because it has fewer ecological risks.
30. What does the word "challenge" mean in the news item?
- A. Balance between human survival and ecology.
- B. Conflict between less land and more production.
- C. Difference between present and future needs.
- D. Calls by environmental critics to consume less meat.

**答案速查**

1~5	ABCAD	6~10	ACAAD	11~15	DCADB	16~20	BDDAC
21~25	DBADB	26~30	CCBCA				

## 第二节 真题点评

### PART I

### DICTIONARY

#### 听力原文

#### What are dreams for?

One theory is that we dream to release the deep, secret desires. / We do not express these desires in real life because of the rules of polite society. / Another theory is that dreams allow us to solve problems / that we can't solve in real life. / We go to sleep with a problem and wake up with a solution. / This may be a way to use our dreams rather than a purpose of dreaming. / If you believe that your dreams are important, / then analyzing them may help you to focus on the problem / and help you to find the solution.

The modern image is that dreams are the brain's way / of cleaning up the computer's hard disk. / Dreams organize the events of the day into folders / and delete what is not needed. / But we all know that very little of what we dream / is concerned with what happened to us that day.

#### 听写点评

- 这是一篇说明文，围绕梦的作用展开介绍，在题材上并不难理解。
- 文章首先介绍了关于梦的作用的两种理论，接着又介绍了梦的现代形象以及人们对它的理解。
- 短文共分15个意群，文章论述时主要使用的是一般现在时。
- 文章中的One、Another等词能帮助考生梳理文章条理，加强对文章的理解。
- 文中较难拼写的词有：release（释放），analyzing（分析），hard disk（硬盘），folders（文件夹），delete（删除）。

## PART II LISTENING COMPREHENSION

### SECTION A CONVERSATIONS

#### Conversation 1

##### 听力原文

M: Hello Helen. Merry Christmas!

W: Merry Christmas, Rob! You always get so excited on Christmas day.

M: Come in. Come in.

W: Thank you. Wow!

M: So, what do you think?

W: That's amazing. So many decorations, and what a beautiful Christmas tree! You must have spent ages doing this! It's beautiful!

M: I like to do Christmas with all the trimmings.

W: All the trimmings? I don't understand.

M: All the trimmings—it means all the extra things that traditionally *come with* something to make it more special.

W: I see. Like all these decorations.

M: Yes. [1] In my family, we have always had Christmas with all the *trimmings*, so we have a Christmas tree, *decorations*, gifts, Christmas songs, *silly* Christmas games and, most importantly, Christmas lunch. Come this way.

W: A turkey for lunch!

M: Now that is a roast turkey with all the trimmings. [2] Not only is it a turkey, but we're eating it with all the things you traditionally eat with Christmas roast turkey: cranberry sauce, *roast* potatoes, *gravy*, *stuffing*, carrots...

W: I think I understand what "all the trimmings" means now.

M: It's an expression usually used with food, especially at Christmas and for the big roast dinners that we like to eat. I adore Sunday lunch with all the trimmings: roast meat, along with lots of vegetables and sauces and other traditional accompaniments.

W: Em...

M: *Anyway, enough talk. Let's eat!*

W: [3] Delicious. Thank you for inviting me.

M: Well, cheers to that and Merry Christmas—with all the trimmings!

W: Merry Christmas!

##### 听前预测

根据第1题和第2题的题目和选项可以推断,对话的内容可能与圣诞节有关,并且可能涉及圣诞节午餐的相关内容。



### 对话摘要

对话是圣诞节期间海伦受邀到罗布家用餐的场景。海伦一进屋,发现罗布把一切都准备好了:屋内摆好了圣诞节装饰品,美味的圣诞节午餐也准备好了,就等着海伦来了。

### 试题详解

1. [答案] A [考点] 本题出题点在对话中的列举处。

[精析] 本题问哪一项可能是Christmas trimmings的一个例子。对话中男士列举了自己家中过圣诞时的Christmas trimmings,有“圣诞树、装饰、礼物、圣诞歌曲、圣诞游戏和圣诞午餐”,故选A。该选项presents同义转述了对话中的gifts。其他三项都与食品有关,虽然男士提到了Christmas lunch,但并未提到这些具体的食物,故排除。

2. [答案] B [考点] 本题出题点在对话的列举处。

[精析] 本题问圣诞节午餐中不包括选项中的哪一项。对话中男士带女士到餐桌前介绍圣诞午餐时说:“这是烤火鸡和所有的配菜,不但有火鸡,还有其他按惯例与圣诞节烤火鸡一起吃的所有东西:蔓越莓酱、烤马铃薯、肉汁、填料、胡萝卜……”B项的sweet potato(红薯)并不是原文中的roast potato(烤马铃薯),故选B。

3. [答案] C [考点] 本题出题点在表达感谢处。

[精析] 本题问海伦到罗布家的原因,文章的结尾处海伦说:“真好吃,谢谢你的邀请。”由此可知海伦是受罗布的邀请到他家的,故选C。

## Conversation 2

### 听力原文

M: Hello, International Students' Club. Can I help you?

W: Oh, hello. [4] I saw your advertisement in the students' union today and I thought I'd phone to find out a bit more.

M: Yes, certainly. [5] Well, we're a sort of social and cultural activity club for people from different countries. It's quite a new club. We have about 80 members at the moment, but we're growing all the time.

W: Right. That sounds interesting. I'm Australian actually, and I came here about a month ago. So I'm looking for ways to meet some new people. Em, what kind of activities do you organize?

M: Well, we have a range—cultural, sports, social and language activities.

W: Could you tell me something about the language activities?

M: Yes. Every day except Thursday we have a language evening where people can come and practice their languages, you know, over a drink or a bite to eat. [6] We have different languages on different evenings: Monday Spanish, Tuesday Italian, Wednesday German, and Friday French. On Thursday we usually arrange a meal in a restaurant for anyone who wants to come.

W: Well, that sounds great. I really need to practice my French and German.

M: OK. Well, if you can just give me your name and address, [7] I'll send you the form and some more details.

W: Thank you. That's great. My name is...

### 听前预测

根据第4、5题和第7题题干和选项可知,本对话是两个人就有关俱乐部的事情进行的电话交谈,而且是女士在向男士询问俱乐部的信息。根据第6题可推测俱乐部可能和语言学习相关。

### 对话摘要

女士在电话中向男士询问国际学生俱乐部的一些具体信息,男士重点向女士解释了关于语言活动的一些信息。

### 试题详解

4. [答案] A [考点] 本题出题点在对话开头处。

[精析] 女士打电话的第一句就提到:“我今天在学生会看到了你们的广告,我想我应该打电话多了解一下你们的信息。”所以女士打电话是想更多地了解这个俱乐部的信息,故选A。

5. [答案] D [考点] 本题出题点在well后,考查对具体细节的把握。

[精析] 对话中女士提出想了解俱乐部更多的信息后,男士回答说:“该俱乐部是为来自不同国家的人们提供社会和文化活动的俱乐部。它是一个新的俱乐部,现在有80名成员,但是俱乐部规模一直在扩大。”由此可知只有选项D正确。

6. [答案] A [考点] 本题出题点在排比列举处。

[精析] 本题问女士可以在哪一天练习德语,由对话原文We have different languages on different evenings: Monday Spanish, Tuesday Italian, Wednesday German, and Friday French.可知A项正确。

7. [答案] C [考点] 本题出题点在对话结尾处。

[精析] 男士在对话的结尾处对女士说:“如果你能告诉我你的姓名和地址的话,我会寄给你相关的表格和更多具体的信息。”由此可知通话结束后男士可能会给女士邮寄一些信息,故选C。选项C同义转述了原文send you the form and some more details。

## Conversation 3

### 听力原文

M: So, [10] you've been in graduate recruitment for five years.

W: Yes.