新世纪高等院校英语专业本科生系列教材 总主编 戴炜栋

## UF 力数程 USTRENING COURSE

主编 施心远

第一册



上海外语教育出版社 外教社 SHANGHAI FOREIGN LANGUAGE EDUCATION PRESS H317-7 S486 普通高等教育"十五"国家级规划教材

> 新世纪高等院校英语专业本科生系列教材 总主编 戴炜栋

# 听分数程 LISTENING COURSE



主编 施心远 编者 黄学壬 徐文文 黄承辉 王 沁

第一册 学生用书



**《以工业学院图**布信 00724052

> 上海外语教育出版社 外教社 SHANGHAI FOREIGN LANGUAGE EDUCATION PRESS

#### 图书在版编目(CIP)数据

听力教程. 第一册: 学生用书 / 施心远主编. 一上海: 上海外语教育出版社, 2004 (新世纪高等院校英语专业本科生系列教材) ISBN 7-81095-107-6

I. 新··· II. ①施··· III. 英语一听说教学一高等学校─教材 IV. H319.9

中国版本图书馆CIP数据核字(2004)第001472号

出版发行:上海外语教育出版社

(上海外国语大学内) 邮编: 200083

电 话: 021-65425300 (总机)

电子邮箱: bookinfo@sflep.com.cn

th: http://www.sflep.com.cn http://www.sflep.com

责任编辑: 陈 菊

印 刷: 江苏省扬中市印刷有限公司

经 销:新华书店上海发行所

开 本: 787×1092 1/16 印张 10.5 字数 272 千字

版 次: 2004年7月第1版 2005年7月第2次印刷

印 数: 20 000 册

书 号: ISBN 7-81095-107-6 / G • 057

定 价: 13.50 元

本版图书如有印装质量问题, 可向本社调换

### 新世纪高等院校英语专业本科生系列教材编委会

主任: 戴炜栋

委员: (以姓氏笔划为序)

王守仁	南京大学	张维友	华中师范大学
王守元	山东大学	何兆熊	上海外国语大学
王 蔷	北京师范大学	杨信彰	厦门大学
申 丹	北京大学	宋渭澄	南京国际关系学院
石 坚	四川大学	杜瑞清	西安外国语学院
史志康	上海外国语大学	汪榕培	大连外国语学院
冯建文	兰州大学	姚乃强	解放军外国语学院
朱永生	复旦大学	胡文仲	北京外国语大学
刘世生	清华大学	顾大僖	上海师范大学
刘海平	南京大学	秦秀白	华南理工大学
庄智象	上海外国语大学	徐青根	苏州大学
李 力	西南师范大学	陶 洁	北京大学
李绍山	解放军外国语学院	黄国文	中山大学
李悦娥	山西大学	黄源深	上海外贸学院
张少雄	中南大学	蒋洪新	湖南师范大学
张伯香	武汉大学	程爱民	南京师范大学
张绍杰	东北师范大学	廖七一	四川外国语学院
张春柏	华东师范大学		

普通高等教育"十五" 固家规划教材 新世纪高等院校英语专业本科生系列教材

随着改革开放的日趋深入,社会各界对外语人才的需求持续增长,我国英语专业的招生规模逐年扩大,教学质量不断提高。英语专业本科生教育的改革、学科建设及教材的出版亦取得了巨大的成绩,先后出版了一系列在全国有影响的精品教材。21世纪的到来对英语人才的培养提出了更高的标准,同时也为学科建设和教材编写提出了新的要求。随着中国加入世界贸易组织,社会需要的不是仅仅懂英语的毕业生,而是思维科学、心理健康、知识面广博、综合能力强,并能熟练运用英语的高素质的专门人才。由于中学新的课程标准的颁布,中学生英语水平逐年提升,英语专业本科生入学时的基础和综合素质也相应提高。此外,大学英语(公外)教育的迅猛发展,学生英语能力的提高,也为英语专业学生的培养提出了严峻的挑战和更新更高的要求。这就规定了21世纪的英语教学不是单纯的英语培训,而是英语教育,是以英语为主体,全面培养高素质的复合型人才。教材的编写和出版也应顺随这种潮流。

为了迎接时代的挑战,作为我国最大的外语教材和图书出版基地之一的上海外语教育出版社 (外教社) 理应成为外语教材出版的领头羊。在充分调研的基础上,外教社及时抓住机遇,于新世纪之初约请了全国 25 所主要外语院校和教育部重点综合大学英语院系的 50 多位英语教育家,在上海召开了"全国高等院校英语专业本科生系列教材编写委员会会议"。代表们一致认同了编写面向新世纪教材的必要性、可行性和紧迫性,并对编写思想、教材构建、编写程序等提出了建议和要求。而后,外教社又多次召开全国和上海地区的专家、学者会议,撰写编写大纲、确定教材类别、选定教材项目、讨论审核样稿。经过一年多的努力,终于迎来了第一批书稿。

这套系列教材共分语言知识和语言技能、语言学与文学、语言与文化、人文科学、测试与教学法等几个板块,总数将超过150余种,可以说几乎涵盖了当前我国高校英语专业所开设的全部课程。编写内容深入浅出,反映了各个学科领域的最新研究成果;编写体例采用国家最新有关标准,力求科学、严谨,满足各门课程的具体要求;编写思想上,除了帮助学生打下扎实的语言基本功外,还着力培养学生分析问题、解决问题的能力,提高学生的人文、科学素养,培养健康向上的人生观,使学生真正成为我国21世纪所需要的外语专门人才。

本套教材编写委员会由我国英语界的知名人士组成,其中多数是在各个领域颇有建树的专家,不少是高等学校外语专业教学指导委员会的委员。教材作者均由编写委员会的专家在

仔细审阅样稿后商定,有的是从数名候选人中遴选,总体上代表了中国英语教育的发展方向和水平。

鉴于该套教材编写理念新颖、特色明显、体系宏大、作者权威,国家教育部已经将其列入了"十五"重点教材规划项目。我们相信,继"高等院校英语语言文学专业研究生系列教材"之后,外教社该套教材的编写和出版,不仅会满足21世纪英语人才的培养需要,其前瞻性、先进性和创新性也将为外语乃至其他学科教材的编写开辟一条新的思路,拓展一片新的视野。

脑海改革开放的目。美人。已是一个对外已一点的需求持续增长,我但英语专业价据

规模逐年扩天 易学片套不断提高。《星点》、科生教育的改革、学科建设龙教材的出

观模缝件扩大。表示回复个图形层。 "话一"。作主教有别《卑、学代廷教系教师 印

中海广康 经本商品级 华条黄色 "只见这么一点都有一大大,由于中华新岗侯程标准

暴烟了严峻机械放弃是严重高的更大。 站司 二世纪的英语教学不是单纯的英语培训,

而是英语教育,是以英原方主体。全位许多在生物的复合型人术。教材的编写和出版也应

概 應 达 神 谢 流。

为了迎接时代的挑战。作为我国第一的社。。对你图书出版基地之一的上海外语数前出

版社(年教社) 望屋店 与年语教材出屋里。天主。《分祖母的墨堡上。外教和《英祖》

于新世纪之初约请了元章 57月五号45年代84年八年印度京练台大学央辖机场到30岁区央管敦

| Despendent | Article | Article

编写太明、确定被付头出、连定技术四日、四十四十四十四十年多的努力、终于世来了

按查案列数 标题 你还拿施保护吧。电前,点一定与文学、语言与文化。人文科学、观试

**参学法等几个板块。尼英将超过150~平 可以工几乎涵盖?当前我国高校英语安亚所开设** 

的全部课程,编写内立头人说出。《4年》《通过的景景·岳智成果:编写体例来用国家

最新有关标准,力求付字。严谨、两广合门课。()。 序复求:编写思想生。除了帮助字坐打

下乱寒的语言基本功分。还着力是养生生分称同志。解决问题的能力、提高学生的人类、特

华素素、培养健康同主作人生观。使生。真正中主员国 21 世纪所需要的生活专目人工。

本臺製材攤写委员会由我国五语军马知名人。但成。其中多数是在各个领域颇有建树的

专家、不少是高等学校分语专业力学科》参注、企业员、教材作者均由编写委员会的专家在

### Introduction

#### ABOUT THE BOOK

This book is designed for English majors. As the name implies, this course book integrates activities for both listening and speaking skills training.

The book includes sixteen units plus one unit of tests. Each unit contains four sections: Tactics for Listening; Listening Comprehension; Oral Work; and Supplementary Exercises.

Each unit begins with Tactics for Listening, which provides with some basic listening skills training.

Listening Comprehension contains major listening exercises, including listening for gist, identifying specific information, and drawing inferences.

Oral Work is the section in which the students will have the opportunity to practice spoken English with the help of the listening material they have just heard.

Supplementary Exercises give the students a chance to challenge their listening comprehension and also a chance to express their opinions freely.

#### HOW TO USE THE BOOK

#### **Tactics for Listening**

In Book One there are two activities in this part: phonetic exercise and note-taking exercise.

In terms of phonetic exercise we mainly include certain elements that affect listening comprehension, such as weak forms of certain words, link-ups of two or three words, contractions, stress and intonation and tone of the voice. In Book One we will just deal with weak forms of certain words, link-ups of two or three words and contractions.

Weak forms are words unstressed when they are pronounced in speech. Some of the English words have two forms of pronunciation: a strong form and a weak form, for example, the strong form of the word **some**, is /s^m/ and its weak form is /s^m/. The recognition of the weak forms is essential to good listening comprehension, especially the understanding of spoken English. In spoken English most of the words read in their weak forms are articles, prepositions, pronouns and some verbs. These words, if not deliberately emphasized, are often read in their weak forms. In spoken English, vowels like /æ/, /ʌ/, /eɪ/, /e/ are often read in their weak forms as /ə/. For instance, a is read as /ə/, an as /ən/, and as /ən(d)/, but as /bət/, from as /frəm/, at as /ət/, that as /ðət/, them as /ðəm/, than as /ðən/, there as /ðə(r)/, am as /əm/, as as /əz/, are as /ə/, was as /wəz/, does as /dəz/, can as /kən/, must as /məst/. The sound /h/ in the begining of words is usually not pronounced when weak forms are necessary. For example, had is pronounced as /əd/, has as /əz/, and have as /əv/. Long vowels are often pronounced as short vowels. For example, her is pronounced as /ə/ or

/ər/, your as /jə/ or /jər/, she as /ʃɪ/, he as /ɪ/, we as /wɪ/, you as /ju/, and him as /ɪm/. So sometimes the sentence "Which did he choose" is read as /wɪtʃ dɪd ɪ'tʃuɪz/; "Leave him alone" is read as /'liɪv ɪm ə'ləun/ and "Ask her to come" is read as /'uɪsk ə tə'kʌm/. If the students are not familiar with the weak forms of these words, they may find it difficult to follow these sentences.

Link-ups and contractions are two other ways used by the native speakers to speak rapidly and fluently.

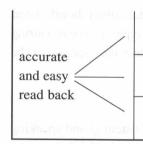
Link-up is to link two or more words together. A contraction is the shortened form of a word or words, like "who's" is the contraction of "who is."

Link-ups and contractions sometimes make it difficult to comprehend and even cause misunderstandings. When hearing the sentence "Is the boss in," some students interpret it as "Is the bossing" and when hearing another sentence "Just him and his dog," some students interpret it as "Just Tim and his dog." In the first case the student cannot distinguish a link-up and an "-ing" form. In the second case, the student is unfamiliar with the weak form of "him." As to contractions, some students hear "who's" as "whose" and "when's" as "once."

Exercise in this part is designed with the focus on these phonetic elements.

In terms of note-taking we believe this is a skill that needs systematic training to acquire. One needs certain abilities for note-taking. These abilities include: (1) to select the important points; (2) to write them succinctly and quickly; (3) to lay them out clearly. In order to take quick notes you must be able to ignore any sentences which are not essential to the understanding of the main idea. You should be able to concentrate on the important sentences which carry most information and on the important words, usually nouns, sometimes verbs or adjectives. You should write in words, short phrases, rather than in complete sentences. And you should use symbols or signs and abbreviations. Following measures are usually taken to show the connections between ideas: (1) leave a space for different ideas; (2) use numbers and letters, e.g. 1, 2, 3; (I), (ii), (iii); A, B, C; a, b, c; (3) use common symbols and signs. The following diagram is a summary of the basic skills of note-taking.

game Skill and	In terms of phensule excellished Sub-skills we elegant of the contains
words, contractions, ale forms of certain accurate	1. Identify the subject of the text, establish what it is about, and devise a title for the notes.
analysis	2. Identify the main topic of the text.
comple, the strong n of the weak forms	3. Sort out the logic of the text, and establish which example relates to which point, etc.
spoken English In	4. Re-order the points made in the text, if necessary, according to its
ilyns, pronouns and	poken bnglish mast of the word and angen we forms are artisigal preper
beir weak forms. In	5. Use abbreviations for speed.
rapid	6. Use symbols for speed and to show the logical relations within the text.
note-	7. Omit all unnecessary language for speed.
making	8. Use the space of the page to lay the notes out clearly.
inth not pronounced as /oz/, and have as	9. Use numbers and letters to identify and distinguish different points, secondary points etc., and examples etc.



- 10. The use of clear lay-out, numbers and letters assists fast and accurate interpretation of the notes.
- 11. Systematic use of abbreviations, symbols and omissions ensures rapid and accurate recall of the meaning of the notes.
- 12. Good notes represent the essential intermediate stage to good writing, effective speaking and successful problem-solving etc.

(Alex Adkins and Ian Mckean)

The purpose of note-taking is to help the listener form a general idea of the speech. In Book One we will have this note-taking-and-summarising exercise in various forms, from writing down the key words to completing the passage.

#### **Listening Comprehension**

Listening Comprehension contains different types of listening materials, conversations, passages and news. Exercises are designed for different purposes, such as listening for gist, identifying specific information, and understanding inferences.

Many students find listening comprehension one of the most difficult skills in English. They are used to playing a passive role in listening. However, listening is not merely "passive" or "receptive"; rather, it is an active process that involves a variety of listening "strategies". These strategies include:

- making predictions about what the speaker is going to say next or where the discourse is "leading to";
- matching what we hear against our background knowledge, such as our own experience, our knowledge of the world and other cultures, etc.;
- distinguishing the main point of what we hear from less important details, and "following the thread" of a conversation or a passage;
  - inferring information about the speakers and their situation that is implied in what we hear.

    (Adrian Doff and Carolyn Becket)

There are two different ways in the listening process: listening from bottom up and listening from top down. With bottom-up processing, students start with the component parts: words, grammar, and the like. They attempt to piece the meaning together, word by word with the help of their knowledge of grammar. If they come to an unknown word or an unfamiliar structure, they are stuck. Top-down processing is the opposite. Students start from their background knowledge and try to use it to understand the gist, but sometimes they miss some details. Therefore, teachers should encourage students to use both the knowledge of the language (phonetics, vocabulary, grammar, etc.) and background knowledge to elicit the correct answers.

It is advisable to encourage students to give reasons for their answers and always ask the students to tell the gist of the listening material. The gist can be in the form of a key word, a phrase, a sentence or a brief summary.

Vocabulary (words marked with \* in the tapescript in the teachers' book) and background information (words or phrases marked with \* in the tapescript in the teachers' book) are given in the

students' book. There are two types of words in the vocabulary: those affect comprehension and those do not. Teachers should help students make a clear distinction of these types of words. During the listening process, skip the ones that do not affect comprehension and guess the meaning of the other ones from the context.

#### Oral Work

There are two exercises in this section. Questions and Answers is a kind of listening and speaking exercise. The students' responses are based on a conversation they have just heard. It involves students' active participation. It also helps the students start to talk and paves the way for later longer oral presentation. In these exercises, a complete answer to the question is always encouraged.

Retelling is a way to help students produce longer oral presentations. At first the students may just recite the story. That's all right. Later students are encouraged to retell the story in their own words. We may begin retelling training from guided retelling. The guidance used for retelling can be in the form of an outline, questions or a summary framework.

#### **Supplementary Exercises**

The additional exercises in this part are optional. In this part the students will hear a news report on various topics with integrated listening skill training exercises. In oral work the students may have the opportunity to demonstrate their oral presentation ability. The questions are open-ended. There won't be a correct or wrong answer. Therefore, students are encouraged to give their opinions in a logical, reasonable and fluent way.

Shi Xinyuan General Editor

## Contents

	Unit 1
Section One Tactics for Listening	Part 1 Phonetics Part 2 Listening and Note-Taking
Section Two  Listening Comprehension	Part 1 Dialogues  Dialogue 1 Hello  Dialogue 2 Welcome to Bristol  Part 2 Passages  Passage 1 A Young Waiter  Passage 2 Greetings and Introductions  Part 3 News  News Item 1  News Item 2  News Item 3
Section Three Oral Work	Part 1 Questions and Answers
Section Four Supplementary Exercises	Part 1 Listening Comprehension
77 prost-	Unit 2
Section One Tactics for Listening	Part 1 Phonetics
Section Two Listening Comprehension	Part 1 Dialogues         10           Dialogue 1 Where Are You Living Now?         10           Dialogue 2 Have You Ever Lived Abroad?         11           Part 2 Passages         11           Passage 1 Welcome to London!         11           Passage 2 Entertainments in London         12           Part 3 News         12           News Item 1         12           News Item 2         15           News Item 3         15
Section Three Oral Work	Part 1 Questions and Answers

Section Four Supplementary Exercises	Part 1 Listening Comprehension Part 2 Oral Work	
	Unit 3	
Section One Tactics for Listening	Part 1 Phonetics Part 2 Listening  Ad Note-Taking	
Section Two Listening Comprehension	Part 1 Dialogues  Dialogue 1 What's He Like?  Dialogue 2 How Old Are You?  Part 2 Passages  Passage 1 Informational Interviewing  Passage 2 British Postmen and Milkmen  Part 3 News  News Item 1  News Item 2  News Item 3	20 21 21 22 23 23
Section Three Oral Work	Part 1 Questions and Answers	
Section (Four Supplementary Exercises	Part 1 Listening Comprehension	
	Unit 4	
Section One Tactics for Listening	Part 1 Phonetics Part 2 Listening and Note-Taking	
Section Two Listening Comprehension	Part 1 Dialogues  Dialogue 1 Phoning about the Flat  Dialogue 2 The Magnificent Town Residence  Part 2 Passages  Passage 1 Hide-and-seek  Passage 2 My Nephew  Part 3 News  News Item 1  News Item 2  News Item 3	28 29 30 31 31
Section Three Oral Work	Part 1 Questions and Answers	
Section (Four Supplementary Exercises	Part 1 Listening Comprehension	

	U	NIT 5	
Section One	Part 1	Phonetics	
Tactics for Listening	Part 2	Listening and Note-Taking	35
	Part 1	Dialogues	36
	Dialo	gue 1 Are You Ready to Order?	36
	Dialo	gue 2 Two 74s, Please	37
	Part 2	Passages	37
Section Two	Passa	ge 1 Instant Coffee	37
Listening Comprehension	Passa		
	Part 3	News	40
	News	Item 1	40
	News	Item 2	40
	News	Item 3	41
Section Three	Part 1	Questions and Answers	
Oral Work	Part 2	Retelling	42
Section Four	Part 1	Listening Comprehension	
Supplementary Exercises	Part 2	Oral Work	43
		INIT 6	
Section One	Part 1	Phonetics	
Tactics for Listening	Part 2	Listening and Note-Taking	44
	Part 1	Dialogues	45
	Dialo	gue 1 What a Super Flat	45
	Dialo	gue 2 Back from Work	46
	Part 2	Passages	46
Section Two	Passa	ge 1 The "Lost" Receipt	46
Listening Comprehension	Passa	ge 2 A Coin	48
	Part 3	News	49
	News	Item 1	49
		Item 2	
	News	Item 3	50
Section Three	Part 1	Questions and Answers	51
Oral Work	Part 2	Retelling	51
Section Four	Part 1	Listening Comprehension	51
Supplementary Exercises	Part 2	Oral Work	

Unit 7		
Section One Tactics for Listening	Part 1Phonetics53Part 2Listening and Note-Taking53	
Section Two Listening Comprehension	Part 1 Dialogues       54         Dialogue 1 In a Toy Shop       54         Dialogue 2 Customer Service       54         Part 2 Passages       55         Passage 1 An Unusual Shop       55         Passage 2 Bargains or Fixed Price Shopping?       56         Part 3 News       57         News Item 1       57         News Item 2       58         News Item 3       59	
Section Three Oral Work	Part 1 Questions and Answers	
Section Four Supplementary Exercises	Part 1 Listening Comprehension	
	Unit 8	
Section One Tactics for Listening	Part 1 Phonetics	
Section Two  Listening Comprehension	Part 1 Dialogues       63         Dialogue 1 Have You Been to the Theatre Here?       63         Dialogue 2 Asking for Directions       64         Part 2 Passages       65         Passage 1 Sleep and Language Learning       65         Passage 2 Marketplace       66         Part 3 News       67         News Item 1       67         News Item 2       68         News Item 3       68	
Section Three Oral Work	Part 1 Questions and Answers	
Section Four Supplementary Exercises	Part 1   Listening Comprehension   70     Part 2   Oral Work   70	

	Unit 9
Section One Tactics for Listening	Part 1 Phonetics
Section Two  Listening Comprehension	Part 1 Dialogues         72           Dialogue 1 How to Get to the National Theatre, Please?         .72           Dialogue 2 Are You Free for Lunch Today?         .72           Part 2 Passages         .73           Passage 1 Smoking         .73           Passage 2 Running         .74           Part 3 News         .75           News Item 1         .75           News Item 2         .75           News Item 3         .76
Section Three Oral Work	Part 1 Questions and Answers
Section (Four Supplementary Exercises	Part 1   Listening Comprehension   77     Part 2   Oral Work   78
	Unit 10
Section One Factics for Listening	Part 1 Phonetics
Section Two Listening Comprehension	Part 1 Dialogues         80           Dialogue 1 The National Telecom Showroom         80           Dialogue 2 At Heathrow Airport         80           Part 2 Passages         81           Passage 1 The Weather Forecast         81           Passage 2 Package Holidays         82           Part 3 News         83           News Item 1         83           News Item 2         84           News Item 3         84
Section Three Oral Work	Part 1 Questions and Answers
Section (Four Supplementary Exercises	Part 1 Listening Comprehension

	Unit 11
Section One Tactics for Listening	Part 1 Phonetics
	Part 1Dialogues89Dialogue 1Job89Dialogue 2Women's Work89
Section Two Listening Comprehension	Part 2 Passages       90         Passage 1 Cycling Accidents       90         Passage 2 Hidden Passengers       91         Part 3 News       92         News Item 1       92         News Item 2       92
Section Three Oral Work	News Item 3
Section Four Supplementary Exercises	Part 1 Listening Comprehension
	Unit 12
Section One Tactics for Listening	Part 1Phonetics95Part 2Listening and Note-Taking95
	Part 1Dialogues96Dialogue 1With Casual Clothes96Dialogue 2A Postman96Part 2Passages97
Section Two Listening Comprehension	Passage 1 Burglary (1)       97         Passage 2 Burglary (2)       98         Part 3 News       99
	News Item 1       99         News Item 2       99         News Item 3       100
Section Three Oral Work	Part 1 Questions and Answers
Section (Four Supplementary Exercises	Part 1   Listening Comprehension   101     Part 2   Oral Work   101

	UNIT 13
Section One Tactics for Listening	Part 1 Phonetics
	Part 1 Dialogues
Section Two Listening Comprehension	Part 2 Passages       104         Passage 1 Football Pools (1)       104         Passage 2 Football Pools (2)       105         Part 3 News       106         News Item 1       106         News Item 2       106         News Item 3       107
Section Three Oral Work	Part 1 Questions and Answers
Section Four Supplementary Exercises	Part 1 Listening Comprehension
	Unit 14
Section One Tactics for Listening	Part 1 Phonetics

UNIT 14	
Section One Factics for Listening	Part 1 Phonetics
	Part 1 Dialogues
	Dialogue 1 Magic Tricks and Illusions111
	Dialogue 2 Ancient Mysteries
	Part 2 Passages
Section Two	Passage 1 The Problems of the Third World113
Listening Comprehension	Passage 2 Dolphins
	Part 3 News
	News Item 1
	News Item 2
	News Item 3
Section Three	Part 1 Questions and Answers
Oral Work	Part 2 Retelling
Section Four	Part 1 Listening Comprehension
Supplementary Exercises	Part 2 Oral Work