



**CEE Vocabulary: All in 200 Sentences**  
**全新修订版**

# 高考词汇 200句搞定

主编 汤 华



**语境句子 精选细编**  
**核心词汇 轻松记忆**  
**各种练习 合理到位**



著名  
上海市  
商标  
ECNUP

**华东师范大学出版社**  
全国百佳图书出版单位



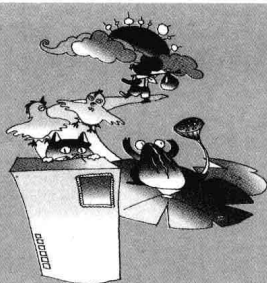
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主 编 汤 华  
编委会 韦 譔 徐晨非 杨 钦  
邓桂林 王国芳 王 喆  
汤根宝 杨树来 邓小燕  
汤金林 汤 华

细编

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## 图书在版编目(CIP)数据

高考词汇:200 句搞定/汤华主编. —上海:华东师范大学出版社,2013.1

(伸英语丛书)

ISBN 978-7-5675-0310-6

I. ①高… II. ①汤… III. ①英语—词汇—高中—升学参考资料 IV. ①G634.413

中国版本图书馆 CIP 数据核字(2013)第 025139 号

## 高考词汇:200 句搞定

主 编 汤 华  
项目编辑 郭 红  
审读编辑 王兆霞  
装帧设计 黄惠敏

出版发行 华东师范大学出版社  
社 址 上海市中山北路 3663 号 邮编 200062  
网 址 [www.ecnupress.com.cn](http://www.ecnupress.com.cn)  
电 话 021-60821666 行政传真 021-62572105  
客服电话 021-62865537 门市(邮购)电话 021-62869887  
地 址 上海市中山北路 3663 号华东师范大学校内先锋路口  
网 店 <http://hdsdcbs.tmall.com>

印 刷 者 常熟高专印刷有限公司  
开 本 890×1240 32 开  
印 张 11.75  
字 数 459 千字  
版 次 2013 年 4 月第二版  
印 次 2013 年 4 月第一次  
书 号 ISBN 978-7-5675-0310-6/G·6184  
定 价 25.00 元

出 版 人 朱杰人

(如发现本版图书有印订质量问题,请寄回本社客服中心调换或电话 021-62865537 联系)



## 前言

词汇是英语学习的基石。但传统的词汇记忆方法枯燥乏味,极易引起学生的疲劳感和厌恶感,往往背了后面忘了前面。常有学生抱怨,高考单词太难背,除了死记硬背,没有他法。但事实并非如此,死记硬背有时固然难免,但“方法”毕竟还是有的。研究表明,通过语境记忆单词往往能够事半功倍。

本书将高考词汇汇编成 200 句英语句子来帮助学生记忆单词。这种记忆单词的方法不仅简单方便,还变机械背诵为主动识记。这种以句子语境为基础的单词背诵,极大地提高了效率和准确率。在阅读一句句生动、真实的句子时,学生会发现原本枯燥的单词也可以变得生动、有趣,也会发觉:背诵单词不再是一项苦差!

本书以《中小学英语课程标准》和《高考英语词汇手册》为依据编写而成,具有以下主要特点:

### 1. 语境句子精选细编

本书精选细编的句子贴近中学生生活,让学生在具体的语境里学单词,不仅轻松还记得牢。而且句子结构多样,语言生动有趣。本书既能开阔考生的视野,带来全新的词汇记忆体验,又能够迅速提高学生词汇记忆水平。

### 2. 核心词汇轻松记忆

本书所选的单词覆盖最新版《高考英语词汇手册》要求的所有词汇,枯燥的单词融入句子中,串成流线型的记忆音符,使单词记忆过程更轻松愉快。

### 3. 布局合理练习到位

书中每句句子均配了核心词汇注释、搭配、例句和配套练习。其中注释精准到位,所选搭配均以高考要求为标准,且例句生动,具有典型性。所选配套翻译练习也是精心编制,并兼顾高考真题,以加深学生对单词和句子的理解,达到通

过句子情境记单词的最佳效果。

总之,呈现在大家面前的这 200 句英语句子,均贴近中学生生活,生动有趣,便于词汇的记忆。最后,我们衷心希望广大莘莘学子能够在宝贵的时间里、在恰当的语境下高效率地记忆高考词汇,笑傲高考!

编者

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## 第 1 句

We should always **bear in mind** that if we are **ignorant of** our health just for promotion at work, diseases will gradually **approach us with the help of** tiredness. 我们应该牢记:如果我们为了晋升而忽略了我们的健康,疾病便会借助疲劳乘虚而入。

**bear in mind that + 从句 牢记……**

变体为: **bear sth. in mind**

Bear in mind that every child needs love and attention.

记住任何孩子都需要爱和关注。

You had better bear my warning in mind. 你最好牢记我的警告。

**bear 作动词, 解释为“忍受”, bear sth. / doing sth. / to do sth. / that + 从句**

注意: stand 和 endure 解释为“忍受”时, 用法与 bear 一样。

I can't bear / stand / endure being laughed at by other students.

我无法忍受被其他学生嘲笑。

I can't bear having cats in the house. 我无法忍受家里有猫。

I can't bear the noise any longer. 我再也无法忍受这噪音了。

**bear 作动词, 解释为“承担”**

Do parents have to bear the total cost of tuition fees? 父母必须承担所有学费吗?

Developed countries bear much of the responsibility for environmental problems.

发达国家要承担环境问题的大部分责任。

**bear 作动词, 解释为“生育”时, 常用被动**

She might never be able to bear a child. 她可能永远都不能生孩子。

Steve Jobs was born in 1955. 史蒂夫·乔布斯出生于 1955 年。

### 练一练

1. 当陷入困境的时候, 你必须牢记父亲给你的忠告去面对挑战并克服困难。
2. 作为一名声名鹊起的明星, 人们无法容忍看到他哭成这个样子。

**be ignorant of / about sth. 不知道……**

**ignorant 作形容词, 解释为“无知的, 没有知识的”**

I wasn't wearing my watch, so I was ignorant of the time.

我没戴手表, 所以不知道时间。

He's ignorant about modern technology. 他对现代科技一无所知。

He is so ignorant that he can't even write English letters.

他无知到连英语字母也不会写。



### ignore 作动词, 解释为“忽视”

He ignored all the “No Smoking” signs and lit up a cigarette.

他无视所有的禁烟标志并且点燃了香烟。

#### 练一练

3. 使我惊讶的是, 由于睡得太熟我还对昨晚发生的事情一无所知。

4. 我对学生所谈的电子产品一无所知, 我发现自己落伍了。

### approach 作及物动词, 解释为“接近”

The time is fast approaching when we will have to make a decision.

我们不得不做出决定的时刻即将来临。

As I approached the house, I noticed a light on upstairs.

当我接近房子的时候, 我注意到楼上的灯亮着。

### approach 作名词, 解释为“接近”

Our approach frightened the birds. 我们的靠近吓走了小鸟。

Many animals have realized the approach of winter.

许多动物意识到了冬天的来临。

### approach 作名词, 解释为“方法”

approach to sth. ……的方法

He decided to adopt a new approach to teaching the language.

他决定采取新的方法来教授语言。

She took a wrong approach when she dealt with the problem.

她处理问题的时候, 采取了一种错误的方法。

#### 练一练

5. 从气候变化的规律来判断, 不久之后暴雨风肯定就会来临。

6. 直到经历了多次失败, Tom 才意识到这就是学习外语的最佳途径。

### with the help of 在……帮助下

He read the book with the help of the dictionary.

在词典的帮助下, 他读完了这本书。

With the help of the teachers, I catch up with my classmates.

在老师们的帮助下, 我赶上了班级同学。

### be of help = helpful

The book is not of much help to me. = The book is not very helpful to me.

这本书对我帮助不大。

### help 作动词, 解释为“帮助”

help sb. do sth. = help sb. to do sth. 帮助某人做某事

help to do sth. 帮助做……

help sb. with sth. 帮助某人做某事

help oneself 自便

### help 作动词, 解释为“抑制”

can't help sth. / doing sth. = can't help but do sth.

情不自禁地做……, 别无选择地做……

I couldn't help laughing when I was reading the joke.

我读了这个笑话后, 情不自禁地笑了。

Lee couldn't help but cancel the meeting. Lee 别无选择只能取消会议。

注意: can't help do sth. 表示无法帮忙做某事, 而 can't help doing sth. 表示情不自禁地做某事。

### 练一练

- 当时, 那位出租车司机别无选择, 只好求助于游客。
- 既然小组讨论有助于更好地理解课文, 老师们应该充分利用它的优势。
- 依我看来, 比起各种各样的讲座, 英文报纸对我学英语最有帮助。
- 当 Jane 从自行车上不幸地摔下来之时, 其他孩子情不自禁地嘲笑她显然很不礼貌。



## 第 2 句

I looked for the history textbook because I wanted to find out when America was founded, and at last I found the dusty book in a dim room. 我当时在找一本历史书, 因为我想知道美国是何时建立的, 最终我在一间昏暗的房间里找到这本布满灰尘的书。

### look for 寻找, 强调寻找的过程, 至于找到与否并不涉及

Detectives are still looking for the escaped prisoner. 侦探们仍在寻找这名逃犯。

### find out 知道; 查明, 强调查询的结果, 表示通过查找才知道的事物, 通常抽象名词作为该词组的宾语

Please find out what time they are coming. 请查一下他们什么时候会来。

When I got to the airport, I found out that the flight had been canceled.



当我到达机场的时候，我才知道这班航班已经取消了。

### 练一练

1. 能否请你去打听下一班火车何时启程，我们需要做好充分准备。
2. 这个学生正尽力在教室里寻找昨天丢失的钱包，那里面有他的身份证。

### history 历史

辨析：

historic *adj.* 有历史意义的

historic city 历史名城 historic building 历史建筑物

historical *adj.* 有关历史的(但未必有历史价值)

historical film 有关历史的电影 historical records 有关历史的记录

### in history 在历史上

He was the first person to land on the moon in history.

他是历史上第一个登陆月球的人。

### 练一练

3. 这次旅行中，我们将参观许多美国的历史名城以促进对西方文化的理解。

### found 作动词，解释为“成立”，过去时为 founded，过去分词为 founded

The People's Republic of China was founded in 1949.

中华人民共和国成立于1949年。

The rich man donated some money to found a school there.

这位富人捐赠了一些钱在那里成立了一所学校。

### 练一练

4. 据说为了满足推动各国贸易交流的需求，该组织在20世纪20年代就成立了。

### find sb. / sth. / that + 从句 找到，强调寻找的结果，即找到所需要的人或东西

I can't find the car keys. 我找不到车钥匙了。

I found that all of my classmates had gone home. 我发现我的同学都回家了。

### find sb. / sth. doing sth. 发现……正在做……

When I got home yesterday afternoon, I found him doing his homework at his desk. 我昨天下午到家的时候，发现他正在书桌上做作业。

Often he found her quietly weeping alone. 他发现她经常一个人悄悄地哭泣。

### find sb. / sth. done 发现……已(被)

When I got to the shop, I found the shop closed.