

Sports Pedagogy

# 竞技教育学

宋继新 著



Sports Pedagogy

# 竞技教育学

宋继新 著



人民体育出版社



1997年，吉林体院、吉林省第一体工队及吉林省外经贸公司联合组建了“竞、教、企”三结合的“吉林东北虎男子篮球队”。该队1997年挺进甲B，1998年闯入甲A。吉林体院运动系学生孙军（后排右三）荣获'98至'99全国男篮甲A联赛最有价值球员的称号。



1998年，作者撰写的《创建竞技教育学理论新体系》的论文，在泰国曼谷第13届亚洲体育科学大会上发表

## 作 者 简 介

宋继新，1957年生，原籍山东省海阳县。现任吉林体育学院院长、教授，中国体育科学学会运动训练专业委员会委员，中国高等教育学会体育研究会理事，国家教育部高校体育指导委员会委员。1994年被国务院授予“国家有突出贡献专家”的荣誉称号，1996年又被国家教委评为“全国优秀青年体育教师”。现完成课题一项（获国家级奖），承担省级课题3项，著书5部，撰写论文60余篇。





作者向费孝通教授请教有关竞技教育的社会学问题



1997年，国家体育总局伍绍祖局长（右二）到吉林体育学院视察竞技与教育相结合的情况



1999年,国家体育总局袁伟民副局长(右二)、马庆勇司长和阎世铎司长到吉林体育学院听取有关竞教结合的汇报



作者向国家体育总局张发强副局长(右二)汇报吉林体育学院竞教结合的理论与实践研究的情况





作者向吉林省副省长全哲洙同志（右一）介绍吉林体育学院竞技与教育结合的初步成果



1997年，国家体育总局科教司史康成司长（右一）到吉林体育学院考察竞教结合的实际教学情况



◀ 作者向国家教育部体育卫生艺术司杨贵仁司长(左二)和季克异处长(左三)介绍吉林体育学院竞教结合的情况

▶ 华南师范大学体育学系林笑峰教授十分支持作者研究《竞技教育学》



◀ 1999年,北京体育大学校长金季春教授,在吉林体育学院与作者共同研讨把体育院校办成教育、科研和训练三结合的新型基地等有关问题

▶ 1998年,北京体育大学副校长田麦久教授与作者参加第十三届亚洲体育科学大会,共同研讨有关竞技理论等问题







◀ 北京体育师范学院院长孙明治教授(右二)和李颖川副院长(右一)到吉林体育学院了解竞技与教育相结合的情况

▶ 武汉体育学院院长叶国雄教授到吉林体育学院与作者共同研讨教育、科研和训练三结合, 培养优秀运动员的问题



◀1998年, 作者在德国埃森大学与德国学者共同研讨有关高等体育专业教育改革及其为竞技服务的问题

▶ 作者应邀到日本筑波大学体育科学系讲学





◀国家田径队总教练  
阚福林同志和副总教练余  
维立同志，在吉林体育学  
院与作者共同研究竞教结  
合，培养高水平运动员的  
问题

▶ 作者在法国深入考  
察现代奥林匹克运动复兴等  
有关问题



▶作者被辽宁师范大学聘  
为研究生指导教师(图为辽宁师  
范大学体育学院院长何敏学教  
授向作者颁发聘书)

▶作者在宣读《中国竞技面向  
21世纪起锚——论竞教新结合》的论  
文





◀ 作者在第四届和第五届全国大学生运动会科学大会上，宣读体育教学改革和有关优秀运动员素质教育研究课题的论文



▶ 作者与我国著名学校体育专家孙长林教授(右二)和著名体育史学家周西宽教授(右三)多次被国家体育总局聘为评委并参与有关体育科研成果评奖活动



◀ 1999年，吉林体育学院运动系学生孙军(右一)荣获'98至99全国甲A男子篮球联赛，最有价值球员的称号。作者向孙军面授竞技教育有关“育人夺标”等理论知识

▶ 1995年3月，作者立项研究的《竞技教育学》的科研课题，在吉林体育学院通过立项答辩后，又被吉林省教委立为“九五”重点科研课题





## PREFACE

### The New Cross—century Contribution

Sports pedagogy is initial in China. Lengthwise inspecting the history of the development of the Olympic sports, looking around the fact that the sports is facing alienation, the author explored boldly, braved to blaze new trails, and then finished the great works with abundant contents and distinctive ideas which are instructive to the practice. Although he holds the post of the president of JiLin Institute of Physical Education, he still spends his spare time in studying intensively and keeps on writing. How commendable it is!

There are three characteristics of sports pedagogy

1) It reveals the essential property of sports, that is, "Training the High — qualified and Synthetical Prize Winner. It also revolutionizes the ideas of "Mere Sports Championship" and "Gold—medalism".

2) It forms "vertical idealogical frame", based on biology, psychology and sociology; it finds "horizontal theoretical system", based on training the High — qualified and Synthetical Prize Winner, which consists of competition, selecting, teaching, training, recovering and evaluating. In that way, it not only changes

the tendency of overstressing on training in domestic sports theory but also bridges the gap of national research on combination of sports and education.

3) It develops a comprehensive newly—emerging subject. It mainly consists of sports, containing pedagogy, biology, psychology and sociology. It is most valuable for changing the situation of lacking comprehensive subject and making up disadvantage of Prize Winner, and extending the scope of knowledge of specialized education of sports training.

Sports pedagogy pays its emphasis on “Winning the Championship and Fostering High — qualified Sports Personnel”. It strengthens the combination of sports and education, which is in conformity with the spirits of International Olympic sports that sports should bring its origin back to education and culture. The foundation of sports pedagogy conforms to the tendency of physical education development . It is not easy to establish a new subject. There will be a lot of difficulties in its developing . As long as it is in accordance with the developing rule of sports, we deeply believe that it will last for ever!

Xiong Douyin

January 16th, 1999

## Foreword

In pace with the coming of Intellectual Economy, the thoughts and actions of people are changing and the way of sports education, of course, has changed. In the past, we just depend on the style that we attach too much importance to the health of athletes, and it can't fit in with the needs of the future intellectual economy. Today, the world sports are facing the challenge of the athletic alienation which is mainly caused by doping abuse, commercializing and professionalizing excessively, so we found a new subject which embodies the combination of sports and education——《Sports Pedagogy》. It has been a very important question for us to foster intelligent and healthy sports talents, 《Sports Pedagogy》 provides the theroetical basis for resisting the sports alienation and the needs of the future intellectual Economy.

As a result of textual research, the emergence and the developments of the Ancient and Modern Olympic Games are connected with the direct educational fostering measure which the people at that time thought Sports was. But in the latter part of the Ancient Olympics, the Olympics came to a premature end because of the commercializing and professionalizing excessively in sports, and the Roman Emperor was a-



gainst Paganism that also affected the Olympics. However, Modern Olympics also has to face with the challenge of the athletic alienation which is mainly caused by doping abuse, commercializing and professionalizing excessively in sports. All the history and reality tell us : If sports is combined with education, the Olympics will rise. If sports is separated from education, The Olympics will decline. This is the historical law which is not according to people's subjective will.

About 《Sports Pedagogy》, the aim is to foster the high-qualified and synthetical sportsmen and reform the alienation in sports. Let sports return to education with new form and step forward the new century healthfully and continuously. The premise is based on reviewing history, deriving lessons, renewing ideas and setting up the new theoretical system which refers to "sports is combined with education".

When people think that the world economic increasing of the 20th century has passed such a way "the black industrial road of polluting first, bringing under control second," at the same time, we have realized that the Sports developments in China have also passed a way like "foster sports stars first, administer when there are something wrong with them" we call it a "grey road". From the drug addict, Maradona, to

Tason's prime, and a set of problems in China , We can see not only in China , but also in other countries, quite a number of sports colony and individual have the problems that they are lower in synthetical level of competence, and not clear of the nature of sports.

Under such situation, sportmen who should be the main body of sports become the accessory of money and material products. Their education, human spirits, the value of life are all neglected, even deprived, thus they become "sports animals". Many people have the prejudice that the nature of sports is developing sports technical level and sports achievement is somewhat a sports "phenomenon". If it is an athletic phenomenon, it has mobility, mutability, transiency. "Fostering the high — qualified and synthetical prize winner" is the athletic nature, and human being's all — round development is the thing which is behind the techology and the gold medal, and which is the most enssential, stable and decisive thing. As a result, Sports must return to Education. That not only accords with the demands the international society gives prominence to the main body position of people, but also goes with the stream that the Olympic development in the 21st century.

Sports education is the science that foster excellent all — roand sports gifts who have international

field of vision, sports ability. 《Sports Pedagogy》 strengthens “fostering the high — qualified and synthetical prize winner”. It is a new idea of fostering excellent sportmen and conducive to preventing or confining alienation which is caused by sports only for winning the first prize, so we consider “fostering the high — qualified and synthetical prize winner” as the nature of sports. It can resist the “alienation”, it can promote the harmonious development of sports, people and society. Because “Winning the first prize” reflects the specific property of sports, and “fostering the high — qualified person” reflects the attribute of education. If combined the both, that’s the nature property of sports. The purpose of 《Sports Pedagogy》 which promote sports link education is just “fostering the high — qualified synthetical prize winner”. It is also the “lifeline” of the continuous developments of sports. In fact, the centre of sports has changed from “thing” to “man”. We can call it a reform developing revolution that sports face the 21st century. Meanwhile, it has laid an important foundation of founding 《Sports Pedagogy》.

At present, the sports theoretical course books and monographs internal or external mainly research the process of Sports training, that’s copsided. What is the whole process of sports. It includes contest, se-