

美丽英文袖珍馆 I  
POCKET BOOK



学习英文，从选择自己喜欢的美丽英文开始

## 英文随身读

我们选择快乐，选择健康，选择安全，选择富裕，  
生活中所有的事实都在告诉我们，  
成功是一种选择，不是仅仅靠机会或巧合就能获得的结果。



冯铃之 编译

*Beautiful English*

*Success Is a Choice*

# 美丽英文

## 成功是一种选择

哈尔滨出版社  
HARBIN PUBLISHING HOUSE

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美丽英文袖珍馆·第1辑  
成功是一种选择  
*Success Is a Choice*

If you have a great goal in mind, don't give up on it, no matter how apathetic, exhausted, or frustrated you might feel. If everything I've said up until this point fails, do this: hold on to your dream—even if it doesn't feel like much of a dream at the moment. Hold on to it anyway. That way, when the storm clears, your dream will still be intact, ready for another try.

如果你心里有一个大大的目标，不要放弃，不管你感到别人多么冷淡、你自己多么疲惫或灰心。即使我在这里所谈论的每一点都错了，你也要这么做：守住你的梦想——即便它此时此刻并没有那么美妙。不管怎样，都要抓住它。这样，当风暴转晴，你的梦想仍然完美无缺，准备再次上路吧！

## PREFACE



## SUCCESS

## 成功

By Ralph Waldo Emerson

What is success?

To laugh often and love much,

To win the respect of intelligent persons and the  
affection of children;

To earn the approbation of honest citizens and  
endure the betrayal of false friends,

To appreciate beauty;

To find the best in others,

To give oneself;

To leave the world a little better,

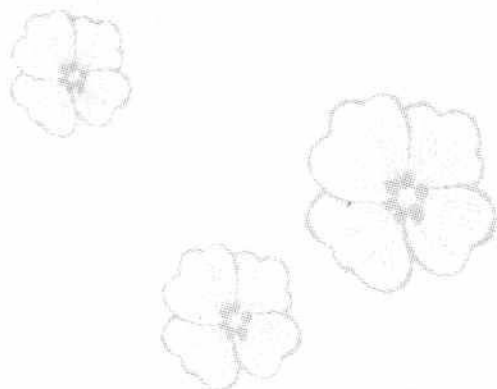
Whether by a healthy child, a garden patch, or a  
redeemed social condition;

To have played and laughed with enthusiasm  
and sung with exultation,

To know even one life has breathed easier;

Because you have lived—

This is to have succeeded.

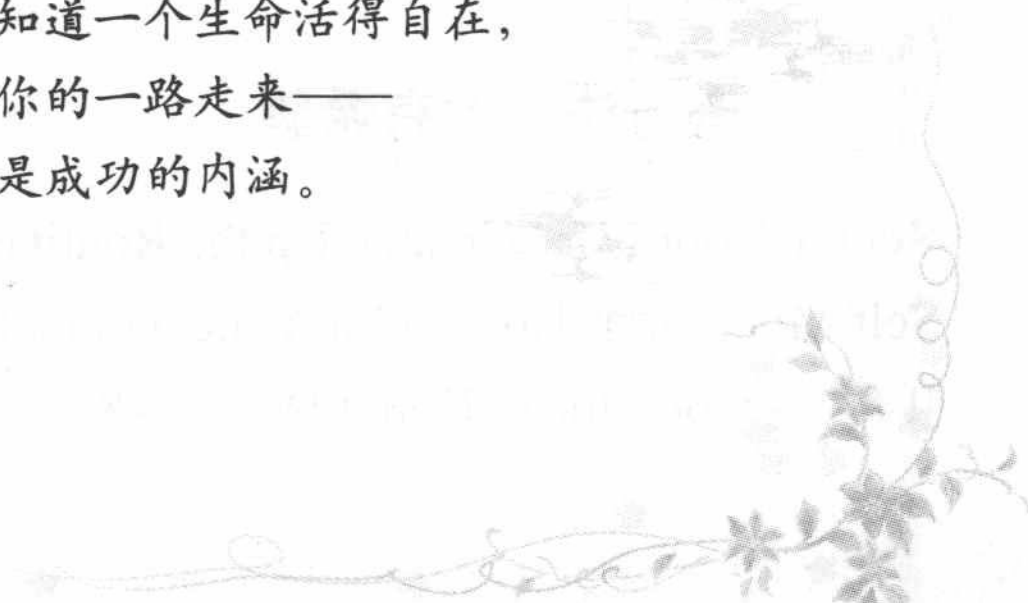


什么是成功？

笑口常开，爱心长存，  
赢得智者的尊重和孩子们的爱戴；  
赢得真诚的认可，容忍损友的背叛；  
欣赏一切美好，  
发现别人的可爱，  
无私地奉献；  
给世界增添光彩。

要么培育出健康的孩子，要么留下花园一块，或  
是改善社会条件；

尽情娱乐、笑得畅快，把欢乐的歌唱起来；  
甚至知道一个生命活得自在，  
因为你的一路走来——  
这就是成功的内涵。





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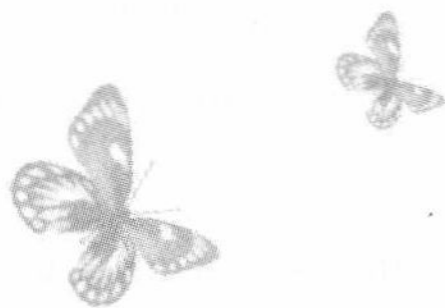
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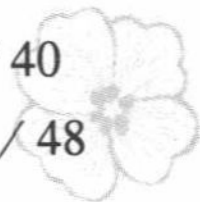
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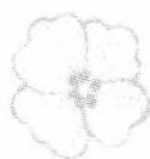
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## Chapter 1

# 有梦想，才有力量

Goals determine what you are going to be.

—— Julius Erving

A dreamer is one who can only find his way by moonlight, and his punishment is that he sees the dawn before the rest of the world.

——Oscar Wilde

目标决定你将成为什么样的人。

——尤里乌斯·欧文

梦想家能发现用月光铺就的道路，惩罚是他比所有人提前看到曙光。

——奥斯卡·王尔德

## Success in Life

### 成 功

Success means different things for different people. Some may equate it with fame, some with wealth and still some with accomplishments. For me, it means fulfilling one's dreams. Whatever your dreams are, you have a goal there and then focus all your attention on it. Dreams bring you hope and happiness. In the process of struggling for it, you cry, sweat, complain or even curse, but the joy of harvesting makes you forget all the pains and troubles you have gone through. So an old proverb says that the sweetest fruit is one that has undergone the bitterest ordeal.

There are several keys to success. First, your goal must be practical and practicable. If you set your goal too high, chances are that you will never attain it. Next, you have to make a plan of doing it. You can take some steps to realize it. Since the process is quite tough, you need to be diligent, patient and persevering. Even if you meet with some difficulties or frustrations, just take them in your stride. You can always tell yourself that there is nothing insurmountable. With this will and determination, success is sure to wait for you at the end of the tunnel!



成功对于不同的人来说意义不同。有些人将它等同于名誉，有些人将它等同于财富，另一些人将它等同于成就。对我来说，成功意味着实现你的梦想。不管你的梦想是什么，你有一个目标并且为之倾注心力。梦想为你带来希望和幸福。在为之奋斗的过程中，你流泪，流汗，抱怨甚至诅咒，但是收获的快乐会令你忘却所有你所经历的痛苦与艰辛。所以有一句老话说，最甜蜜的果实一定经历了最苦涩的考验。

这里有一些成功的秘诀。首先，你的目标必须现实可行。如果你制订的目标太高，你也许永远都无法达到。再者，又必须为之制订计划。你可以分步骤地实现它。因为过程将是艰苦的，你必须勤奋、耐心、坚持不懈。即使你遇到了困难与挫折，也要将之克服。你要不断地告诉自己，没有什么是无法逾越的。带着这样的意愿和决心，成功必然会在道路的尽头等着你！

## Opportunity

## 善待机会

The air we breathe is so freely available that we take it for granted. Yet without it we could not survive more than a few minutes. For the most part, the same air is available to everyone, and everyone needs it. Some people use the air to sustain them while they sit around and feel sorry for themselves. Others breathe in the air and use the energy it provides to make a magnificent life for them.

Opportunity is the same way. It is everywhere. Opportunity is so freely available that we take it for granted. Yet opportunity alone is not enough to create success. Opportunity must be seized and acted upon in order to have value. So many people are so anxious to “get in” on a “ground floor opportunity”, as if the opportunity will do all the work. That’s impossible.

Just as you need air to breathe, you need opportunity to succeed. It takes more than just breathing in the fresh air of opportunity, however. You must make use of that opportunity. That’s not up to the opportunity. That’s up to you. It doesn’t matter what “floor” the opportunity is on. What matters is what you do with it.





空气到处都有，我们是如此容易得到它，以至于我们常将此视为理所当然。然而，一旦失去它，我们就只能活上几分钟。基本上，谁都能呼吸到空气，谁也都需要空气。有的人呼吸空气只为了碌碌无为地活着，或是在懊悔中度过余生。有的人呼吸空气并利用它提供的能量，让自己的生活丰富多彩。

机会也是如此。机会无处不在。机会如此易得，以至于我们对此视为理所应当。然而机会本身并不能创造成功。必须抓住机会，见机行事，创造价值。许多人都渴望能夺得先机，似乎只要夺得先机就能万事大吉。这是不可能的。

正如你需要呼吸空气一样，你需要机会才能成功。然而成功靠的并不仅仅是唾手可得的机。你必须利用机会。成功并不取决于机会，而是取决于你自己。重要的并不是你在哪一个阶段遇到机会，而是面对机会时你做了什么。