

A Guidebook of College English

■ 主 编\卜玉伟 邹佳新 副主编\齐桂芹 史光孝

H31 1904



A Guidebook of College English

主 编\卜玉伟 邹佳新 副主编\齐桂芹 史光孝

1904



山东教育出版社

01305979

图书在版编目 (СІР) 数据

大学英语先导课/卜玉伟, 邹佳新主编. 一济南: 山东教育出版社, 2011

ISBN 978-7-5328-6856-8

Ⅰ. ①大…Ⅱ. ①卜…②邹…Ⅲ. ①英语-高等学校-自学参考资料Ⅳ. ①H31

中国版本图书馆CIP数据核字 (2011) 第146903号

高等院校公共英语教材 大学英语先导课

卜玉伟 邹佳新 主编

主 管: 山东出版集团

出版者: 山东教育出版社

(济南市纬一路321号 邮编: 250001)

电 话: (0531)82092663 传真: (0531)82092663

网 址: http://www.sjs.com.cn

发行者: 山东教育出版社

印 刷:山东新华印刷厂潍坊厂

版 次: 2011年8月第1版第1次印刷

规 格: 880mm×1230mm 32开本

印 张: 4.375印张

字 数: 80千字

书号: ISBN 978-7-5328-6856-8

定 价: 12.00元

(如印装质量有问题,请与印刷厂联系调换) 印厂电话: 0536—2116806

前言

大学英语先导课是哈尔滨工业大学(威海)专门为一年级新生开设的一门"导学性"课程,旨在帮助新生更好地了解大学生活及大学英语,树立正确的学习观念、明确学习目标、养成良好的学习习惯、顺利完成由中学阶段到大学阶段的过渡,是每位学生的必修内容。

《大学英语先导课》就是为了配合大学英语先导课的开设而编写的。本教材共分为四个部分。第一部分通过对校园及校园生活的介绍,通过对中学阶段与大学阶段学习和生活方面的对比使其迅速适应大学的学习环境;通过对大学英语特点、学习方法的介绍帮助学生更好更快地切入大学英语学习;通过引入 VARK 测试和学生英语能力自评帮助学生确定其自身学习类型的同时更好地了解自我。第二部分对哈工大(威海)大学英语课程体系和国内几种主要的英语不考试进行了介绍;结合教育部颁发的《大学英语课程教学要求办哈工大(威海)大学英语课程教学要求进行了概括。第三部分介绍下关英语学习策略,旨在帮助学生掌握更有效的学习方法,以便更好地完成学习任务。此外,该部分还向学生提供了大量的有用信息,增加了本教材的实用性,为本教材的一个特色;第四部分选取了国内外知名英语专家关于英语学习策略和学习方法的介绍。

在本书的准备过程中王鑫、贾宇萍、鞠囡囡、王丹、马鑫、秦艳、刘晓莉等老师做出了大量的工作,在此表示感谢。

编 者 2011年7月 主 编: 卜玉伟 邹佳新

副主编: 齐桂芹 史光孝

编 者:岳金星 丛晓芳 王 丹

张信宁 魏 静

的现在分词 在这种是一个人的,但是是一个不是是一个是是不是一个是是不是

가 이 한 것 같아. 그 보고 이 분인 전에는 한 것 한 첫 중 것으로 (1997년 것), 본 (1997년) 20 일 이 등 전 및 본 환 경기를 받는 것 같아 하는 것 같아. (1997년 1997년)

and the company of th

献教 医颗点, 生产日本信水中医学等一种的营养性, 必要、始临床主

東京學可任之。 元年, 後衛 少臣,向帝 至河 共富的 扩发 雷克, 羅動

以公共衙门以及法按的第三分科化一次公表本人, 村田公约科会员

题: 對於門不一等所來看具有於其或其不可以

经本并的准备计算工工案,其等工、可以图 上产工主要、例记、四

. .

Contents

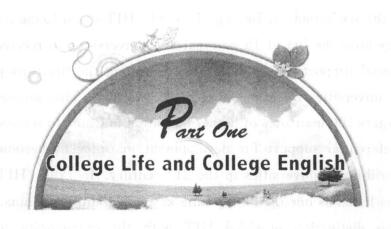
Part	One C	College Life and College English
		to Know Your University 1
	1.1.1	An Introduction to Harbin Institute of Technology
		1
	1.1.2	An Introduction to Harbin Institute of Technology
		at Weihai 5
	1.1.3	A Welcome from the President 10
	1.1.4	Disciplines in Harbin Institute of Technology at
		Weihai ······ 11
1.	2 Get	to Know Your College Life
	1.2.1	Problems You Confront When You Enter the
		College
	1.2.2	Expectations vs. Reality
	1.2.3	High School vs. College
	1.2.4	Suggestions on College Life
1.		to Know Your College English 21
		Purposes and Goals of Learning English 21
		Connections between Your Life and English 22
		Roles of Teachers and Students in College English
		Class 23
a1.	4 Get	to Know Yourself
		The VARK Categories ······ 25

大学英语先导课 A Guidebook of College English

	1.4.2	The VARK Questionnaire (Version 7.1)	27
	1.4.3	The VARK Questionnaire Scoring Chart	33
	1.4.4	Learning Strategies for Students with Different	
		Learning Styles	34
	1.4.5	学生英语能力自评表	40
Part	Two C	College English Curriculum of HIT (WH)	44
2	.1 哈工	大(威海)大学英语课程体系介绍	44
	2.1.1	课堂教学体系	44
	2.1.2	第二课堂活动体系	46
2.	2 英语	评价测试体系	51
	2.2.1	我校英语课程评价体系	51
	2.2.2	全国大学生英语水平考试	53
	2.2.3	国外相关英语考试简介	55
Part	Three	How Do You Learn English?	57
	1 Colle	How Do You Learn English? ege English Curriculum Requirements Teaching Requirements	
	1 Colle	ege English Curriculum Requirements	57
3.	1 Colle 3. 1. 1 3. 1. 2	ege English Curriculum Requirements Teaching Requirements	57 57
3.	1 Colle 3. 1. 1 3. 1. 2	ege English Curriculum Requirements Teaching Requirements 教学要求	57 57 65
3.	1 Colle 3. 1. 1 3. 1. 2 2 Succ 3. 2. 1	ege English Curriculum Requirements Teaching Requirements 教学要求 cessful English Learning	57 57 65 69
3.	1 Colle 3. 1. 1 3. 1. 2 2 Succ 3. 2. 1	ege English Curriculum Requirements Teaching Requirements 教学要求 cessful English Learning How to Be a Successful Language Learner?	57 57 65 69 69 71
3.	1 Colle 3. 1. 1 3. 1. 2 2 Succ 3. 2. 1 3. 2. 2 3. 2. 3	ege English Curriculum Requirements Teaching Requirements 教学要求 Description English Learning How to Be a Successful Language Learner? What Are Good Language Learners?	57 57 65 69 71 73
3.	1 Colle 3. 1. 1 3. 1. 2 2 Succ 3. 2. 1 3. 2. 2 3. 2. 3 4 Moti	### Requirements Teaching Requirements *** 数学要求 *** Cessful English Learning How to Be a Successful Language Learner? What Are Good Language Learners? More Tips for Learning English	57 57 65 69 71 73
3.	1 Colle 3. 1. 1 3. 1. 2 2 Succ 3. 2. 1 3. 2. 2 3. 2. 3 4 Moti	被学要求 Seessful English Learning How to Be a Successful Language Learner? What Are Good Language Learners? More Tips for Learning English vation Is Half Done!	57 57 65 69 71 73
3.	1 Colle 3. 1. 1 3. 1. 2 2 Succ 3. 2. 1 3. 2. 2 3. 2. 3 3 Moti 3. 3. 1	### Requirements Teaching Requirements *** ** ** ** ** ** ** ** **	57 57 65 69 71 73 78
3.	1 Colle 3. 1. 1 3. 1. 2 2 Succ 3. 2. 1 3. 2. 2 3. 2. 3 3 Moti 3. 3. 1	Teaching Requirements 教学要求 Sessful English Learning How to Be a Successful Language Learner? What Are Good Language Learners? More Tips for Learning English vation Is Half Done! Improving Your Motivation in Learning English	57 57 65 69 71 73 78

ont	 4 -

3.4	4.3 Input: Getting En	glish into Your	Head	 88
3.5	Learning Resources			 96
Part Fo	ur Experts' Talk on Ei	nglish Learning		 100
4.1	国内英语大师话说学英	语		 100
4.2	国外英语大师话说学英	语		 118
Appendi	ix			 129
Referen	ce			 130



Get to Know Your University Edizates and

Having passed the College Entrance Examination, you are a college student now. On your first arrival at the college, you must be curious about Harbin Institute of Technology (HIT). Have you ever imagined what HIT is like? Does it measure up to your expectations?

1.1.1 An Introduction to Harbin Institute of Technology

Harbin Institute of Technology (HIT) was founded in 1920. From its beginning, HIT has received preferential support from the central government. In 1954, the Ministry of Higher Education designated, for the first time, six national key universities. HIT was the only one

of the six outside of Beijing. In 1984, HIT again found its way onto the list of 15 national key universities to receive special support. In 1996, HIT was among the first group of universities to be included in Project 211. This project targets 100 institutes of higher education in China to receive preferential support for development in order to become world-class universities in the 21st century. In 1999, HIT was listed as one of the top nine key universities in China. This distinction provided HIT with the opportunity to develop into a highly-competitive first-rate university with the assistance of the Ministry of Education and the Heilongjiang Provincial Government.

Until now, HIT has developed into a large nationally renowned multi-disciplinary university with science, engineering and research as its core. It has established its own unique programs related to the field of astronautics that are unparalleled anywhere in China. It has broadened its established disciplinary programs by utilizing a cross-disciplinary curriculum and as such have formed a comparatively full disciplinary system that consists of key, emerging and supporting programs. HIT also added the Shenzhen Graduate School and Weihai Campus to the main campus in Harbin (including the Research Academy of Science and Technology and Research Academy of

Industrial Technology), forming a pattern of "one university, three campuses."

HIT is consistently on the forefront in making innovations in research. For years, HIT has continued to undertake large-scale and highly sophisticated national projects. HIT's ability for scientific research has always been among the strongest in all universities in China. In the comprehensive 10-year evaluation of the "863" project, HIT scientific research programs ranked second among all universities in China. HIT has been making great contributions to China's hi-tech research by creating many new inventions in scientific research fields such as China's first simulation computer, the first intelligent chess-playing computer, the first arc-welding robots, the first world advanced-level system radar, the first CMOS chip IC card with our own patent, the first giant computer-aided realtime 3-D image construction system, the first microcomputer-operated fiber twiner and the first largescale tank-head forming machine. The famous "Shenzhou Series Spaceship Project" received massive assistance from HIT in the field of large-scale land-based space simulation equipment, returning cabin deformation and orthopraxy welding technology, 3-axle simulation experimental platform and fault diagnosis. The micro-satellite "Testing

Satellite No. 1", constructed mainly by HIT, was the first fully developed and launched satellite by a Chinese university. The technical advancements on the satellite meet international aerospace standards and mark a new chapter in the history of HIT and China's history of astronautics.

HIT students study humanities and social sciences along with basic engineering and science courses for a strong comprehensive base. They go on to learn scientific research methods and laboratory skills which enhance their creativity and innovative abilities. When students graduate from HIT, they are equipped with strong theoretical knowledge and the ability for practical application.

HIT is famous for its original style of schooling: "Being strict in qualifications for graduates; making every endeavor in educating students." Its graduates have been warmly welcomed by employers throughout China; more than 200,000 graduates have stepped into society and many have moved up to high-ranking managerial positions and work as specialists in the fields of science and technology, education, and economics. A number of graduates have assumed leadership positions in the CPC and governments at different levels, or become generals of the PLA, academicians of the Chinese Academy of Sciences and the

Chinese Academy of Engineering.

HIT has remained an international university since its foundation. Courses at HIT used to be conducted exclusively in Russian and Japanese. After the reforming and opening to the outside world, HIT has gained greater weight in the world. So far, it has signed academic cooperation agreements with 126 institutions of higher education in 24 countries such as the United States, the United Kingdom, France, Germany, Japan and Russia. Cooperation and exchanges are carried out between HIT and these universities through exchanging students, faculty and research staff, holding academic conferences and cooperating in scientific research.

Today, all the faculty, students and staff of HIT, are dedicating, with full confidence, their concerted efforts to advance bravely towards the goal of building HIT into a well-known world-class university.

1.1.2 An Introduction to Harbin Institute of Technology at Weihai

Harbin Institute of Technology at Weihai is one of the three cross-provincial campuses of the national key university, Harbin Institute of Technology (HIT). Founded in 1985, HIT(WH) was formerly named as HIT

Weihai Campus. In 1996, with the approval of the former State Education Commission, the School of Automobile Engineering of HIT was removed from Harbin to Weihai and combined with the former Weihai Campus. HIT(WH) came into being in 2002. Embraced by mountains and sea, the school has a tranquil and pleasant campus environment with fully-equipped modern facilities designating an ideal marriage of an ecological concern and a pursuit of art. The garden-like campus is an ideal place to pursue education and to conduct scholarly research.

HIT(WH) has inherited the traditions and spirits of HIT. In terms of concepts of school management, discipline establishment and talents training, HIT(WH) fully reflects the characteristics of HIT's school operation. With an emphasis on interdisciplinary education, the school mainly specializes in engineering, combining with sciences, economics, management and arts. HIT(WH) has School of Naval Architecture, School of Marine Science and Technology, School of Automobile Engineering, School of Information and Electrical Engineering, School of Computer Science and Software, School of Material Science and Engineering, School of Science, School of Economics and Management, School of Languages and Literature, and Department of Civil Engineering. HIT(WH) also has

Department of Fundamental Education which supervises the freshmen, guides them to smooth transition and upgrades the comprehensive quality of students. Equipped with high-standard instruments for teaching and researches, over one hundred modern laboratories have been established at this university. There are 56 engineering technology centers, such as International Micro-electronics Research Center, Web and Information Safety Technology Research Center, Automotive Interior IMD R&D Center being set on the

basis of intellectual resources of HIT (WH). Currently, the full-time registered students amount to over 10,000. Among its over 700 staff, there are more than 500 full-time

teachers.

HIT (WH) inherits the spirit of "Being strict in qualifications for graduates; making every endeavor in educating students" from the main campus of HIT, and follows the managing idea of "Students First", exploring the "innovation education" and "self education" methods and achieving good ends in students' cultivation. The Class 0201101 of the School of Automobile Engineering and the Class 0503101 of the School of Economics and Management have been awarded the honors of "National Advanced Class". And the Class 0702101 of the School of Information and Electrical Engineering has been awarded the honors of

"National Red Flag Youth League Branch". Our students have won good places in "Challenge Cup" Chinese College Students Extracurricular Academic and Scientific Works Contest, the International Competition of the Mathematical Contest in Modeling, College Students Mechanic Design Contest, National English Debating Competition, and "CCTV Cup" English Speech Contest. The graduates are very popular among companies for their sound knowledge foundation and outstanding practicability.

HIT(WH) gives equal emphasis to civil and national defense scientific research. With the university's support and encouragement, the level of scientific research has risen, and a new generation of discipline leaders and young scholars has stood out. Breakthroughs have been accomplished in automobile technology, electronic countermeasure, integrated circuit, peer-to-peer networking, new materials and ocean engineering.

HIT (WH) is committed to be an internationalized university. Emphasizing international academic and cultural exchanges, the university has established interscholastic cooperation with universities from over 20 countries and regions, such as the USA, the UK, Germany, Canada, Japan, South Korea and Singapore. In recent years, more than 400 undergraduate students have gone to the

prestigious universities in the USA, the UK, Germany, Japan and Singapore to study for master or doctor degrees. The international cooperation and exchanges demonstrate a trend of rapid growth.

In recent years, following the principles of "strengthening university's co-building, enhancing core competence, activating resources and scientific development", the CPC committee of HIT (WH) actively adjusts the structure of disciplines, enhances the construction of its specialties, and develops the postgraduate education while improving the quality of undergraduate education for training talents with high caliber. The Ministry of Industry and Information Technology of China, Shandong Provincial Government and Weihai Municipal Government signed the agreement to cobuild the HIT (WH), which not only provides new opportunities and wider scope for the development of the university, but also clarifies the direction for the university's development and infuses fresh vigor into the university. Currently, all the HIT(WH) people are of one mind, striding toward the goal of "building the campus complying with the development of HIT" and working hard to pursue the great goal of building a comprehensive, research-based, and internationalized first-class HIT.