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巧用听写 练听力

宋德伟工作室 编著

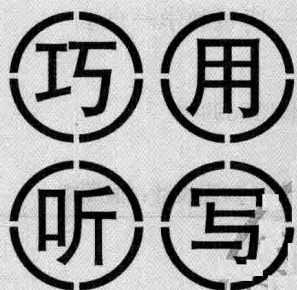
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听力练习

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内容提要

听写优秀的学生,几乎都是优等生。学英语首先要从听、说开始;练听力最好的方法就是听写。本书采用循序渐进的方法,先从单词和句子听写开始,慢慢过渡到短文,最后到达新闻听写。本书所选的听写内容都是日常生活中常见的素材,有助于读者在练听力的同时提高口语水平。本书所需听写内容请登录 www.wsbookshow.com 或 www.no-teacher.com 自助下载。

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1 分钟英语

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不管你是初中、高中还是大学毕业，都不是真正的问题！

只要你有心，什么年纪、什么阶段都可以开始学习英语！

只要你愿意，什么时间、什么地点都可以开始练习英语！

打开这套书，每天：看一点，听一点，读一点，写一点，

少食多餐，日积月累，你将轻松跨越任何英语学习障碍！

巧用零散时间，学习事半功倍

一般来讲，不管你是在上学，还是在上班，学会利用每日零散时间对学习英语是非常重要的。大部分人或许没有意识到这些琐碎的时间还能做些事，只觉得还没准备做事时间就过去了，尝试一下把这些零散时间充分利用起来，就从前一天背诵过的句子或单词开始练习，日复一日，坚持下去。时间久了，一定会有意想不到的效果。

宋德伟老师曾经做过调研：一周集中学习 2 个小时不如分散到一天学习一刻钟，充分发挥英语学习积极性，这样英语学习效果才会更好。平时零散着听，零散着说，甚至是零散着写，隔几天做个阶段性总结，接触多了，时间长了，也就自然会了。

学英语要善于利用零碎时间，利用每天我们很多浪费的“五分钟”或五个“一分钟”来攻克英语：等公共汽车时，等着上菜时，起床后、睡觉前等等，日常生活中，会有很多个这样的零散时间，等着我们去有效利用。



万水汇“一分钟英语”系列丛书，就是秉承着“巧用零散时间，快乐学习英语”的理念，为广大英语爱好者提供了一套完整的英语学习方案。

每天学习一刻钟，轻松提升英语力！

学英语是生活进行式，并非心血来潮的举动！

每天学一点，你将取得惊人的学习效果——

- ◆ 熟练掌握 48 个国际音标的发音技巧，发音标准，语调流畅
- ◆ 熟练掌握 78 条英语自然拼读的黄金法则，见词能读，听音会写
- ◆ 熟练运用 2200 个最高频的基础词汇，认知词汇达到 7000 以上
- ◆ 熟练掌握常用的口语句型 100 个，能够举一反三，融会贯通
- ◆ 在日常生活、出国、旅游和社交中，能够流畅地与老外交流
- ◆ 基本听懂 VOA、BBC、CNN 等英语新闻类节目
- ◆ 不看字幕，基本能看懂各类美剧及英文电影
- ◆ 较为流畅地阅读 China Daily 等英文报刊及中短篇小说
- ◆ 语法功底扎实，能轻松写出 300 词以上的文章或各类应用文
- ◆ 具备一定的口译和笔译基础，能胜任中级水平的翻译工作

本书由宋德伟工作室编著，参与资料整理和录音剪辑的有韩笑、胡秀梅、鲍倩、陈海庆、陈丽辉、郭梅、韩秀丽、李慧祯、王娣、王海涛、王悦、徐静、姚微微、殷晓芳、张艳敏、张治中和张静等。扫描二维码，关注微信订阅号：每天学点英文。每天第一时间，免费获取更多学习资源。



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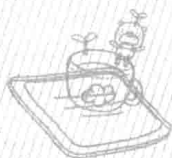


基础篇

基础听写特训 200 篇



① 句子听写



句子听写

1

容易产生障碍的词 • 先睹为快

orange **n.** 橙; 橙色; 橘子cross **v.t.** 渡过; 使相交often **adv.** 常常, 时常run **v.i.** 奔跑; 运转would **aux.** 将, 将要; 愿意tired **adj.** 疲倦的; 厌倦的careful **adj.** 仔细的, 小心的

get off 下来, 下(车)

arrive **v.i.** 到达; 成功; 达成; 出生fast **adv.** 迅速地party **n.** 聚会

值得朗读和背诵的 • 听力原文

1. I want to have an orange party.
2. This is Mrs Green's son.
3. My father goes to work by bus.
4. Be careful when you cross the road.
5. I get off the bus at Green Road.
6. We often arrive at school at 7: 30 a. m.
7. My mother can make nice food.
8. Can you run very fast?
9. Is your father a cook?
10. Would you like to come to my party?
11. I want to be a doctor.
12. Mum, I am very tired today.

这些不该犯的错误 • 聚焦误区



句子听写

2

容易产生障碍的词·先睹为快

cook *n.* 厨师, 厨子 *v.* 烹饪

farmer *n.* 农夫, 农民

writer *n.* 作家; 作者

doll *n.* 洋娃娃; 玩偶

brother *n.* 兄弟; 同事; 战友

milk *n.* 牛奶; 乳状物

future *n.* 未来

hard *adj.* 努力的; 硬的

toy *n.* 玩具; 小装饰品; 不值钱的东西

doctor *n.* 医生; 博士

dream *n.* 梦想, 愿望; 梦

drink *v.* 喝, 饮; 吸收; 举杯庆贺

值得朗读和背诵的·听力原文

1. I want to be a cook in the future.
2. I want to cook nice food.
3. Kitty wants to be a cook.
4. My grandfather is a farmer. He works very hard.
5. My sister is a writer.
6. There are many people in the park.
7. How much is the toy doll?
8. Is your father a doctor?
9. What does your brother want to be in the future?
10. What is your dream in future?
11. Kitty is a doctor.
12. I like to drink milk.

这些不该犯的错误·聚焦误区



句子听写

3

容易产生障碍的词·先睹为快

bicycle *n.* 自行车dinner *n.* 晚餐, 晚宴; 宴会; 正餐write *v.* 写, 书写; 写信给; 著述people *n.* 人; 人类; 民族; 公民mother *n.* 母亲; 大娘sister *n.* 姐妹; 修女; 护士leaves *n.* 树叶; 花瓣 (leaf 的复数) *v.* 离开plane *n.* 飞机; 平面ride *v.* 骑; 乘school *n.* 学校; 学院English *adj.* 英国人的; 英国的; 英文的train *n.* 火车; 行列

值得朗读和背诵的·听力原文

1. Ride a bicycle to school every day.
2. My mother leaves home at seven o'clock.
3. We go for a walk after dinner.
4. You can take a plane to Beijing.
5. Write down your name on the paper.
6. He never rides his bicycle to school.
7. There are four people in my family.
8. She goes to school on foot.
9. Does your mother like singing?
10. What time do you have an English class?
11. How does your sister go to school?
12. Why not take a train to Hangzhou?

这些不该犯的错误·聚焦误区

句子听写

4

容易产生障碍的词·先睹为快

interesting *adj.* 有趣的; 引起兴趣的sweet *adj.* 甜的; 悦耳的; 芳香的; 亲切的blue *adj.* 蓝色的; 忧郁的, 沮丧的; 下流的clock *n.* 时钟; 计时器Birthday *n.* 生日, 诞辰; 诞生的日子mother *n.* 母亲; 大娘; 女修道院院长orange *adj.* 橙色的; 橘色的parents *n.* 父母; 双亲trousers *n.* 裤子, 长裤Friday *n.* 星期五party *n.* 聚会, 派对juice *n.* (水果) 汁, 液; 果汁

值得朗读和背诵的·听力原文

1. That sounds interesting! I can't wait!
2. I can wear some orange things to the party.
3. These apples are sweet.
4. My parents leave home at eight o'clock.
5. Alice has a pair of red trousers.
6. What do you have, Tom? I have a blue coat.
7. What can you see? I can see a clock.
8. My father works from Monday to Friday.
9. Happy birthday to you.
10. Can you come to my birthday party?
11. What does your mother have?
12. Can I have some juice?

这些不该犯的错误·聚焦误区



句子听写

5

容易产生障碍的词 • 先睹为快

on foot 步行

near *adv.* 近; 接近

green *adj.* 绿色的; 青春的

road *n.* 公路, 马路; 道路

station *n.* 站; 驻地

month *n.* 月, 一个月的时间

father *n.* 父亲, 爸爸

cross the road 穿过马路

quickly *adv.* 迅速地; 很快地

get off 下去, 下(车)

minute *n.* 分, 分钟

arrive *v.* 到达; 达成

值得朗读和背诵的 • 听力原文

1. I go to school on foot in the morning.
2. My father goes to work by bus.
3. I live near my school.
4. We cross the road when the light is green.
5. Walk quickly, but don't run on the road.
6. My sister takes Bus No. 12 to school.
7. He gets off the train at Green Road Station.
8. I stay on the bus for about fifteen minutes.
9. Can your father play football?
10. How many months are there in a year?
11. We look left first, then look right and then cross the road.
12. When do you arrive at school?

这些不该犯的错误 • 聚焦误区

句子听写

6

容易产生障碍的词·先睹为快

questions **n.** 问题 (question 的复数) family **n.** 家庭; 家族cup **n.** 杯子coffee **n.** 咖啡winter **n.** 冬季dark **adj.** 黑暗的, 深色的earlier **adj.** 早的; 初期的someone **pron.** 有人, 某人money **n.** 钱; 货币; 财富feels **v.** 觉得; 体会 (feel 的第三人称单数)sad **adj.** 难过的; 悲哀的wears **v.** 穿着, 用旧, 耗损hat **n.** 帽子knock **v.** 敲; 打; 敲击chess **n.** 国际象棋, 西洋棋weekends **n.** 周末 (weekend 的复数)

值得朗读和背诵的·听力原文

1. May I ask you some questions about your family?
2. Do you want a cup of coffee?
3. In winter, it gets dark earlier.
4. It's half past nine. It's time for sleeping.
5. Someone says, "Time is money."
6. Jane is ill. Her mother feels very sad.
7. Grandma wears a red hat.
8. The wolf knocked at the door.
9. I always visit them on weekends.
10. Can you play chess very well?
11. How many times do you do eye exercises every day?
12. My little brother is sick.

这些不该犯的错误·聚焦误区

句子听写

7

容易产生障碍的词·先睹为快

sweets **n.** 糖果; 甜食 (sweet 的复数)piano **n.** 钢琴season **n.** 季节top **n.** 顶部, 顶端toothless **adj.** 无牙齿的inside **n.** 里面; 内部walking **n.** 步行; 散步Thursday **n.** 星期四monkey **n.** 猴子; 顽童cage **n.** 笼, 兽笼become **v.** 成为; 变得; 变成cherries **n.** 樱桃 (cherry 的复数)

值得朗读和背诵的·听力原文

1. Can I have some sweets?
2. Look at the man. He is walking across the road.
3. My sister can play the piano very well.
4. How many lessons do you have every day?
5. I like Thursday best.
6. Which season do you like best?
7. The monkey can climb to the top of the cage.
8. He becomes a toothless tiger.
9. What inside the box?
10. The sun goes up behind the mountain in the morning.
11. We see some cherries in Jack's basket.
12. I don't think you are right.

这些不该犯的错误·聚焦误区

句子听写

8

容易产生障碍的词·先睹为快

share **vt.** 分享, 分担; 分配bedroom **n.** 卧室early **adj.** 早期的sunshine **n.** 阳光

goes through 穿过; 通过

miss **vt.** 想念minutes **n.** 分钟 (minute 的复数)enough **adj.** 充足的lifeguard **n.** 救生员; 警卫

a pair of glasses 一副眼镜

poster **n.** 海报, 广告; 招贴

have a test 参加测验, 参加考试

值得朗读和背诵的·听力原文

1. Peter and I share one bedroom.
2. Why do you go home so early?
3. Is your new home far from school?
4. The sunshine goes through the window.
5. Because I miss you, I come back.
6. It takes me only 15 minutes to go to work by bus.
7. They can't find enough food in the north.
8. Do you want to be a lifeguard?
9. I need a pair of glasses when I go to the beach.
10. We have a break after having a test.
11. My dear, look at the poster.
12. Look left and then look right before you cross the road.

这些不该犯的错误·聚焦误区



句子听写

9

容易产生障碍的词·先睹为快

dress **vt.** 给……穿衣another **adj.** 又一, 另一

red light 红灯

often **adv.** 常常, 时常

green light 绿灯

gift **n.** 礼物; 天赋show **vt.** 显示; 说明hawker **n.** 叫卖小贩custom **n.** 习惯; 风俗thirsty **adj.** 口渴的, 口干的again **adv.** 又, 此外; 再一次slide **n.** 滑梯

值得朗读和背诵的·听力原文

1. This dress is too short. Can you show me another one?
2. There are many hawkers in the street.
3. Red light. Don't cross the road.
4. We, Chinese people, have a lot of good customs.
5. My friend and I often help each other.
6. What time do you leave home?
7. I'm thirsty. I want some water.
8. There's the green light.
9. Will you please try it again?
10. How is the weather today?
11. The doll is a gift from my mother.
12. Susan likes sitting on the slide.

这些不该犯的错误·聚焦误区

句子听写

10

容易产生障碍的词·先睹为快

blow *vi.* 风吹weather *n.* 天气afraid *adj.* 害怕的cage *n.* 笼, 兽笼

bus station 公共汽车站

peach *n.* 桃子gently *adv.* 轻轻地south *n.* 南方tiger *n.* 老虎cool *adj.* 凉爽的behind *prep.* 在……后面lemon *n.* 柠檬

值得朗读和背诵的·听力原文

1. The wind blows gently.
2. The weather is fine today.
3. Hainan is in the south of China.
4. We are going to the beach this Sunday.
5. I'm not afraid of the tiger in the cage.
6. Today is windy. It's cool.
7. The bicycle is behind the house. I can see it.
8. Mother gives me some bread for breakfast.
9. Let's meet at the bus station.
10. I don't like this lemon. It's too small.
11. Why not have a picnic together?
12. My favourite fruit is peaches.

这些不该犯的错误·聚焦误区