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CET-4/6 Phrases and Expressions

新题型

新东方考试研究中心 / 编著

# 四六级 常考核心词组

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# 四六级 常考核心词组

1500

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# 前言

## Preface

大学英语四、六级考试要求考生的词汇量在6 300左右,但实际上即便考生熟记了这些词汇,在做听力、阅读题时也可能有听清了、看懂了词汇却出现理解误差的情况。这是因为不同的词汇组合在一起会衍生出多种语义,而多数情况下词组的意思不能简单地通过词汇本身的语义来猜测所致。认知心理学认为人的短时记忆是有限的,但如果将记忆内容进行组块,大脑的记忆广度就可扩大,所以词组的学习和记忆也是对词汇记忆的一种巩固。为此,编者精研历年四级和六级真题,并综合《大学英语课程教学要求》中对词组的考查要求,总结归纳了近1 500个常考核心词组,希望能对考生通过四、六级考试起到一定的帮助。本书有以下特点:

### ● 科学分类,全面实用

本书将收录的1 500个词组按照其构成科学分类成动词词组、介词词组和其他词组三部分。动词词组部分收录了常用、常见动词的多种表达及用法;介词词组部分收录了由常见介词构成的、在句子充当状语、表语、定语等成分的常用词组;其他词组部分主要收录了一些固定搭配词组。同时,为避免考生复习压力大,编者又将每部分细分成若干单元,考生可根据单元进行规划复习,以便更合理地使用本书。

### ● 真题再现,经典地道

本书对词组的不同释义逐一给出了例句,收录例句约2 500条。这些例句来自历年四、六级真题或者《经济学人》(*The Economist*)、《纽约时报》(*The New York Times*)、《新闻周刊》(*Newsweek*)

等国外主流报刊，即我们常说的题源出处。所有真题例句、题源例句难度适宜，力求考生在学习、记忆这些词组的同时，熟悉真题，了解词组在真题中的考查状况。

### ● 听力自测，一箭双雕

本书除收录的1 500个词组外，还配有10套测试题，供考生用来自测该阶段词组的学习、记忆情况。特别是测试采用了听写的形式，与2013年8月四、六级考试改革后听力测试中的“复合式听写”题型的变动相吻合，考生可利用这10套测试题进行相关练习。10套测试题的听力录音可在新东方图书网免费下载或者通过扫描书内的二维码在线收听。

本书虽为四、六级英语考试通用的词组书，但因收录词组都是最常用、最核心的，所以不会出现太简单偏重四级，抑或太难偏重六级的情况，请参加四、六级英语考试的考生放心使用。

真心祝福所有考生都能够取得满意的成绩，顺利通过四、六级英语考试。另外，也恳请广大考生对本书提出宝贵的意见和建议，以便我们不断进步。

新东方考试研究中心

优选题源例句，  
力求和真题难  
度匹配，让考生  
备考更从容。

收录四、六级真  
题例句，让考生  
体验真题难度，  
做到心中有数。

收录大量简单  
例句，让考生在  
语境中记忆词  
组，事半功倍。  
同时，这些简单  
例句也是四、六  
级考试听力或  
写作中常见、常  
用的语句，考生  
应熟记。

## Unit 1

## abandon oneself to

释义 沉溺于；放纵（感情）

- Don't **abandon yourself to** this kind of pleasure. 别沉溺于这种享乐中。

## abide by

释义 遵守，恪守，恪守

- *The Economist* always **abides by** founder James Wilson's thought: "any issue raised in the article and propositions must stand the test of facts." 《经济学人》始终恪守创始人詹姆斯·威尔逊的办刊思想："在文章中提出的任何争论和主张都必须经得起事实的考验。"

## account for

释义 对...做出解释

- Many physicists say the next Einstein hasn't been born yet, or is a baby now. That's because the quest for a unified theory that would **account for** all the forces of nature has pushed current mathematics to its limits. 很多物理学家都认为下一个爱因斯坦还没出生，或者还是个孩子。这是因为寻找一个能解释自然界所有力量的统一理论的要求已经使当前的数学走到了极限。（阅读/CET6，2010.12）

释义 数量、比例上占

- McDonald's started selling better coffee as a challenge to Starbucks. Its "McCafe" line now **accounts for** an estimated 6% of sales in America. 麦当劳开始出售品质更高的咖啡给星巴克带来了挑战。其"McCafe"连锁店销量预计占全美咖啡总销量的6%。（阅读/CET4，2015.6）

## accuse sb. of sth.

释义 控告，指责

- According to American law, if someone is **accused of** a crime, he is considered innocent until the court proves the person is guilty. 依据美国法律，如果一个人被控有罪，那么直到法庭证实其有罪之前他都是清白的。（听力/CET4，2014.6）

## act on

释义 根据...行事

- We are free to **act on** our opinions only so long as, in doing so, we do not harm others. 只要我们的所作所为不伤害别人，我们就可以自由地按照自己的想法行事。

## 阶段测试 4



扫描二维码即可直接收听阶段测试内容。

## Dictation

**Directions:** In this part, you'll hear 10 sentences. All the sentences will be read only once. Listen to the recording carefully and then fill in the missing phrase.

1. If there is friction between them, each should \_\_\_\_\_ the other.
2. Sometimes when kids play, they \_\_\_\_\_ they are grown-ups.
3. We reached Mark on the phone this week, and he \_\_\_\_\_ his desire to keep well off the radar.
4. Before, I've let you off with simply a warning, but this time I \_\_\_\_\_.
5. Rooney and Tobin were clearly disappointed with performances which did not \_\_\_\_\_ to their displays in the heats.
6. Most bosses who are hesitant to expand their telecommuting policies are afraid of giving employees too much room to \_\_\_\_\_.
7. The resulting cash flow shortage and contracting global economic situation really \_\_\_\_\_ on them.
8. He can \_\_\_\_\_ a colorful tale about almost any company whose name is etched in metal in his collection.
9. She told German media the poem would have been difficult to \_\_\_\_\_ Frederick's image as a great military commander.
10. Of course, when it comes time to spend all the money you are making, you will have to \_\_\_\_\_ inflation.

阶段测试采用听写的形式,可供测试阶段学习效果。另外,本测试符合2013年8月四、六级改革后听力测试Section C部分的考查形式,因而也可用于听力备考。

## Keys

1. make allowances for    2. make believe    3. made no bones about  
4. mean business    5. measure up    6. mess up    7. put the screws down  
8. rattle off    9. reconcile with    10. reckon with

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# Part 1

动词词组



# Unit 1

## abandon oneself to

释义 沉溺于，放纵（感情）

例 Don't **abandon yourself to** this kind of pleasure. 别沉溺于这种享乐中。

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释义 2（数量、比例上）占

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## act out

释 义 把…表演出来；把…付诸行动

例 She has them **act out** what they are to do at home. 她让他们把在家里做的事表演出来。(听力/CET4, 2009.12)

## act up

释义① 调皮，捣乱

例 Her five-year-old daughter likes to **act up** before scores of visitors. 她那五岁的小女儿喜欢在很多客人面前调皮捣蛋。

释义② 运作不正常，出毛病

例 The iPad has started **acting up** again. iPad又开始出毛病了。

## add in

释 义 添加；把…包括在内

例 By the time we **added in** the cost of the drinks the bill was over \$ 100. 我们再加上酒水的开销，账单就超过了100美元。

## add on

释 义 附加，增加（…的量或费用）

例 Labor costs could **add on** a further 25%. 算上劳务费用，可能还要增加25%。

## add up

释义① 累积

例 The numbers associated with identity theft are beginning to **add up** fast these days. 近来与身份信息被盗有关的（案件）数量开始快速增加。（阅读/CET4, 2007.6）

释义② 合乎情理

例 His words doesn't **add up** at all. 他说的话一点都不合乎情理。

## add up to

释义① 总计达

例 The cost for your lunch **adds up to** exactly 100 yuan. 您的午餐费总共是100元整。

释义② 结果是；表示

例 She reckons that this backlash could **add up to** a new climate-change strategy. 她认为，这种激烈的抵制可能会引出一个新的应对气候变化的策略。

## allow for

释 义 考虑到，顾及

例 The agency's budget simply did not **allow for** such a massive price increase. 该机构的预算根本没有考虑到如此大规模的涨价。

## allow of

释 义 容许, 使有可能

例 The internal affairs of any state, whether it's big or small, do not **allow of** external interference. 国家不论大小, 其内政都不容许外国干涉。

近 义 admit of

## amount to

释义1 相当于

例 You can pay for it by cash or credit card, it **amounts to** the same thing. 您可以现金或者刷卡支付, 都一样。

释义2 总计为

例 It's said her annual salary **amounts to** about \$ 2,000,000. 据说她的年薪大约是200万美元。

## answer for

释义1 对...负责

例 I will be personally responsible for naming it and will **answer for** it. 我将亲自负责给它命名并对它负责。

释义2 担保(某人的品质)

例 I can **answer for** his honesty. 我可以担保他为人诚实可信。

释义3 代表...的意见

例 I cannot **answer for** anybody else but myself. 我不能代表除了我自己以外的任何人的意见。

## apply for

释 义 申请

例 Private posting allows job seekers to quickly and easily **apply for** jobs that appear on CareerBuilder.com without retyping their information. 私人发帖允许求职者在无需重新输入个人信息的情况下快速、便捷地申请出现在CareerBuilder网站的工作。(阅读/CET4, 2007.6)

## associate... with

释义1 联系; 联想

例 "They don't like to **associate** technology **with** food," said Nicholas Genovese, a visiting scholar in cancer cell biology. 癌细胞生物学领域的访问学者尼古拉斯·热那亚说: "他们不喜欢把技术和食物联系在一起。"(听力/CET6, 2012.6)

释义2 交往; (尤指)混在一起

例 His parents don't like him **associating with** you. 他的父母不希望他和你混在一起。

## avail oneself of

释 义 利用

例 He **availed himself of** this privilege. 他利用了这项特权。

## back away

释义① 放弃，退出

例 Even so, the AFP seems in no hurry to **back away** from the fight. 即使如此，法新社也似乎不急于退出战斗。

释义② 躲避，躲开

例 She was found by him before she could **back away**. 她来不及躲开就被他发现了。

## back down

释 义 放弃；认输

例 Facing economic, health and international challenges, again and again, the president refused to **back down**. 面临一次又一次的经济、健康和国际方面的挑战，那位总统都拒绝认输。

## back off

释 义 (为避免问题或冲突而)后退，避让，退缩

例 Was all this huffing and puffing intended to get me to **back off** the story? 这样发脾气的目的是想让我从这件事中退缩吗?

## back out

释 义 退出

例 "The deal doesn't allow the buyers to **back out** based on general market conditions," innkeepers said. 小酒店老板们说：“该交易不允许买家根据总体市场情况而退出。”

## back up

释义① 支持，援助

例 Don't be afraid. I'll **back you up**. 别害怕，我会支持你的。

释义② (资料)备份

例 If you **back up** a computer file, you make a copy of it which you can use if the original file is damaged or lost. 对一个电脑文件进行备份就是制作一个副本，以便原文件损坏或丢失时可用。

释义③ 倒退

例 He had to **back his car up** because the mountain path was too narrow. 由于山路太窄，他不得不把车子倒了回来。

## bank on

释 义 指望；依靠

例 You cannot always **bank on** your parents to help you out of trouble. 你不能总是指望你的父母来帮你摆脱困境。

## barge in

释义① 闯入

例 Two men had allegedly tried to **barge in** Ms Mirza's home before the engagement demanding that she marry them. 据称, 在她订婚前, 已有两名男子试图闯入米尔扎女士的家, 并要求她嫁给他们。

释义② 插嘴, 打岔

例 Sorry to **barge in** your talk, but something urgent needs you both to deal with. 抱歉打扰你们的谈话, 但是现在有点急事需要你们俩去处理。

## be about to

释 义 即将做, 正要

例 However, since pollution became a concern in the 1950s, experts have predicted—wrongly—that the car boom **was about to** end. 然而, 在20世纪50年代, 由于污染成为关注的焦点, 专家们错误地预测汽车热潮即将结束。

## be addicted to

释 义 上瘾, 沉迷于

例 Internet rescue camps in South Korea and China try to save kids who **are addicted to** the screen. 在韩国和中国, 互联网救援营试图拯救沉迷于网络的孩子。

## be aware of

释 义 知道; 意识到

例 Families must **be made aware of** field trips and give permission for their children to participate. 外出活动必须让家人知晓, 并且他们要同意自己的孩子参加。(阅读/CET6, 2015.6)

## be bound up in

释 义 忙于, 热衷于

例 My boss **is too bound up in** his work to have much time for his family. 我的老板太热衷于工作, 以至没多少时间陪家人。

## be bound up with

释 义 和...密切相关

例 He has become used to the idea that how he will be judged as prime minister **is bound up with** what happens in Iraq. 他已经习惯了这个想法, 那就是他作为总理将被如何评价势必与伊拉克事务密切相关。

## be composed of

释 义 组成

例 These organs would **be entirely composed of** human cells, grown by introducing them into animal hosts, and allowing them to develop into

an organ in place of the animal's own. 这些器官将完全由人类细胞组成, 这些细胞被植入宿主动物体内进行培育, 并逐渐成长为可代替动物本身的器官。(阅读/CET6, 2008.6)

## be fed up with

释义 对…感到厌烦

例 She is fed up with the issue of gender discrimination. 她对性别歧视问题感到厌倦。(阅读/CET4, 2007.6)

## be friends with

释义 对…友好; 与…交友

例 Parents should understand that it is not their job to be friends with their children but be parents. 家长们应该明白他们的职责不是与孩子们交朋友, 而是做父母。

近义 make friends with

## be in debt

释义 负债

例 He is heavily in debt at the moment, but hopes to be out of debt when he gets paid. 他现在负债累累, 但希望拿到工资后就能把债务还清。

近义 get into debt

## be in for

释义 肯定要经历(或遭受)

例 Many record shops and travel agents could be in for a tougher time. 很多唱片店和旅行社可能会经历一段艰难岁月。

## be mad about

释义 迷恋, 对…狂热

例 The main thing you need to do is to stay focused on trying to do a good job, and try to understand that sometimes people are going to be mad about things. 你要做的事情主要就是集中精力尽量把工作做好, 而且也要理解有时候人们会为一些事情而失去理智。

## be made up of

释义 由…组成, 由…构成

例 The members of this agency are generally made up of well-intentioned and dedicated men and women. 这个组织的成员通常由充满善意和献身精神的男女组成。

## be named after

释义 以…的名字命名

例 After the funerals, local officials inform the bereaved families that some roads, schools and hospitals will be named after their loved ones. 葬礼



结束后，当地官员通知遇难者家属说，一些道路、学校和医院将以他们所爱的人的名字命名。

## be to blame

释义① 对…负责

例 The two men have different ideas on who might **be to blame** for the violence. 这两名男子对谁该对此次暴力事件负责持不同意见。

释义② 应受责备的

例 Consumers of sweet foods **are not really to blame** because they cannot tell what food is sugary. 真正应该受到责备的不应该是吃甜食的人，因为他们无法分辨出什么食物是含糖的。（阅读/CET4，2014.12）

## be/get used to doing sth.

释义 习惯于做某事

例 And many middle-class parents have **gotten used to managing** their children's time and shuttling them to various enriching activities, so the idea of letting them out on their own can seem like a risk. 很多中产阶级的父母已经习惯了管理他们孩子的时间，接送他们参加丰富多彩的活动，所以让孩子独自出去的想法似乎是冒险的。（阅读/CET6，2009.6）

提示 be used to doing sth. 强调习惯的状态，而 get used to doing sth. 强调习惯的过程及动作。

## be/stand in awe of

释义 对…望而生畏，对…感到害怕

例 Political opponents were said to **be more in awe of** her political instincts than those of her husband, who pursued careers in economics, education and journalism, developing a passion for statistics. 据说，比起她丈夫，政治对手更敬畏她的政治才能，这些才能表现在她对经济、教育和新闻职业生涯的追求及对统计学的热情。

## bear down on

释义① 冲向；渐渐逼近

例 Extreme heat is forecast to **bear down on** the eastern United States by the end of this week. 预计在本周末极端高温将逼近美国东部。

释义② 施压；压住

例 However, the more likely result is that he will **bear down harder on** himself and not give anyone a sniff of a chance next time. 然而，更可能的结果是他将给自己施加更大的压力，下次不给任何人一丝机会。

## bear on/upon

释义① 对…施加压力

例 The way you vote, the way you live, the way you protest, the pressure you **bear on** your government, has an impact beyond your imagination.