

全国上百家电视台正在热播的
大型英语电视教学片

李阳疯狂英语
Li Yang Crazy English
让三亿中国人讲一口流利的英语

疯狂说英语

CRAZILY SPEAK ENGLISH

李阳 主编·主讲

天天听,天天说,
天天看,天天练,
英语原来就是这么简单!

让你说出来!

To Help You Blur It Out!

第 1 辑 (1-60集)

广东省语言音像电子出版社



疯狂说英语

CRAZILY SPEAK ENGLISH 第1辑

李阳 主编 / 主讲

Yesterday is history.

Tomorrow is a mystery.

Today is a wonderful gift.

Make the most of today!

昨天成为历史。

明天是未知。

今天是一份精彩的礼物。

用好今天!

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特别提醒：

每个单元我们都为大家配备了“美国专家特别注解”，出现最多的是“Kim's Note”。在这个部分中，美国专家为大家解释了每单元核心句子的使用方法。

这些特别注解都是纯正的现代英文，请用“三最口腔肌肉训练法”将它们脱口而出！
千万不要放过这些宝贵财富！

磁带版开场白

开场白：亲爱的朋友们，欢迎大家来到《疯狂说英语》磁带版！

《疯狂说英语》电视系列教学片在全国一百多家电视台播放，成千上万的人在家里和我一起疯狂喊英语，疯狂学英语！

在电视片上，大家可以和我尽情疯狂，学会各种发音手势，充分了解疯狂英语突破法的魅力！为了强化学习效果，我特别为大家准备了《疯狂说英语》磁带版！内容比电视片丰富了许多！

请大家和我一起进入英语的美妙声音境界。

美国播音员的故事

Even American news broadcasters practice for months to perfect their greeting sentences.

It takes an enormous amount of practice to say, "Good morning, everyone. This is Stone Phillips. Welcome to ABC news."

Don't get impatient with the following simple sentences.

Even professionals have to work on simple greetings.

Remember, perfect practice makes perfect English! 【请脱口而出！】

参考译文：

即使是美国新闻播音员也要练习很长时间来完善他们的问候语。

他们需要大量的练习才能讲出：“各位，早上好。我是斯通·菲利普斯。欢迎收看ABC新闻。”

不要因为下面的句子太简单而不耐烦。

即使是专业人员也要为简单的问候语而努力。

记住：只有完美的操练才能造就完美的英语！



目 录

第1集	How are you doing, Jane?	2
第2集	I'm really glad to see you.	11
第3集	I'm sorry I'm so late.	20
第4集	Isn't it a small world?	23
第5集	How's everything here?	27
第6集	You look so beautiful!	30
第7集	How about a cup of coffee?	35
第8集	That's a neat idea.	39
第9集	I'm afraid I must be going.	43
第10集	Don't let me down.	47
第11集	I had a really bad day.	51
第12集	May I use the phone?	56
第13集	I'm sure you'll enjoy it.	60
第14集	Are you kidding me?	64
第15集	Why don't you join us?	69
第16集	I felt the same way.	73
第17集	How can I thank all of you?	76
第18集	I'd like to meet your daughter someday.	81
第19集	Why are you back so early?	85
第20集	I'm exhausted.	89
第21集	Why didn't you tell me?	93
第22集	What do you recommend?	97
第23集	I appreciate your help.	102
第24集	Don't forget to invite Linda for dinner.	106
第25集	Maybe you should do it again.	109
第26集	Finding a good job is not easy these days.	112
第27集	I prefer hot weather to cold weather.	115
第28集	I guess it's going to rain.	118
第29集	I promise I won't do it again.	121
第30集	I'm crazy about American movies.	125



第31集 I can't afford to go out to eat every night.	128
第32集 I'm dying to go home.	131
第33集 How long have you been learning English?	134
第34集 Thank you for encouraging me.	137
第35集 Am I allowed to smoke here?	140
第36集 Let me know if you change your mind.	143
第37集 Are you sure you can make it?	147
第38集 Is it okay for me to call you tonight?	151
第39集 It was kind of strange.	154
第40集 I know you'll be able to take care of it.	157
第41集 That's impressive.	160
第42集 As a matter of fact, I don't really like American food.	163
第43集 I believe you can make it.	166
第44集 Do you know what I mean?	169
第45集 I know very little about China.	172
第46集 Don't give up!	175
第47集 Can / Could you tell me your name?	178
第48集 Do you remember me?	181
第49集 Do you enjoy your work?	184
第50集 That sounds like fun.	187
第51集 Tell me about your family.	190
第52集 Can you help me with my English?	192
第53集 In my opinion, Chinese people are very friendly.	194
第54集 What are you doing this weekend?	197
第55集 Are you satisfied with my work?	200
第56集 That's wonderful!	203
第57集 Would you like to have dinner with me?	206
第58集 Would you like some coffee?	209
第59集 That would be great.	212
第60集 I'm tired of my life.	215

第1集

How are you doing, Jane? 简，你好吗？

KIM'S NOTE:

This simple question causes a huge headache for Chinese English learners who don't study Crazy English!

It means exactly the same thing as "How are you?"

However, the addition of one little word has stunned many Chinese into stupid silence.

They just don't recognize it because it isn't in their traditional textbooks.

Yet this sentence is spoken millions of times each day all over America!

You can be different!

You can answer this question with confidence and surprise foreigners by asking it naturally, just like they do. 【请脱口而出！】

参考译文:

这一简单的问句对于没有学过疯狂英语的中国英语学习者来讲可是巨大的问题！

它的意思和“**How are you?**”是完全一样的。

不过，只加了一个小小的词，就让很多中国人陷入了愚蠢的沉默之中。

他们听不懂这句话，因为这句话在传统的课本中是没有的。

而在美国这句话每天都要讲上百万次！

你可以与众不同！

你可以自信地回答这一问句，可以自然地像外国人一样提问这句话，让外国人大吃一惊！



JENNIFER'S NOTE:

You're probably thinking to yourself, "Greetings are easy! I can skip this section." Of course, you can never go wrong with the basic, "How are you?" BUT if you want to speak like a native speaker you'd better have many more greetings ready because native speakers have a whole list of other greetings they love to use. So after practicing this section you'll be prepared when your foreign friends ask you, "What's up?" Your answer will be: "Nothing. What's up with you?" It'll just roll off your tongue! Isn't that cool?

参考译文:

你可能自己想过：“问候语很简单。我可以跳过这一集。”当然，问一句简单的“**How are you?**”，你永远都不会出错。但如果你想像个说英语本族语的人一样讲英语的话，你最好多准备一些问候的方式，因为说英语国家的人有一长串他们喜欢用的问候方式。所以，操练过这一集后，当你的外国朋友再问你：

“**What's up?**”时，你一定可以自然而然地回答：“**Nothing. What's up with you?**”你会冲口而出这些话。这不是很棒吗？

李阳老师的话：

说起来真让人感到惭愧，学了十多年的英语，“打招呼”仍然是中国人“最薄弱”的环节，但它又是对外交往中最重要的第一关，第一印象。请大家务必花上一段时间，彻底掌握下面这些最经典的打招呼用语，成为“打招呼超级专家”。

我要自豪地告诉大家，下面为大家收集的打招呼用语是目前国内英语图书中最全的！

更重要的是，这些句子绝对是地道的、现代的、纯正的！不包含一个“垃圾”句子！



李阳老师
热烈倡议：

花一个月的时间，每天半个小时，苦练“打招呼”30分钟！一定要成为潇洒的国际人士！

举一反三 (Drills)：

最“没有创造力”的两个打招呼方式是：

1. How are you?
2. How do you do?

(你好吗？)

(你好吗？)

伟大的改革：你只要按照下面的方式打招呼，别人就会刮目相看！

1. How do you do? I'm glad to meet you.
2. How do you do? Glad to meet you, too.

(你好，很高兴认识你。)

(你好，我也很高兴认识你。)

最简单的打招呼方式：

1. Hi.
2. Hello.
3. What's up?
4. A: Hey. What's up?
B: Nothing much. What's up with you?
5. A: What's going on?
B: Nothing.

(你好。)

(你好。)

(怎么样？)

(嗨，怎么样？)

(没什么。你怎么样？)

(你好吗？ / 过得怎么样？)

(没什么。)

所有和 “How's” 有关的打招呼用语:

1. A: How's work?

B: Not bad, pretty busy.

2. A: How's school?

B: Pretty good, thank you. We're working hard.

3. A: How's business?

B: Business is good /looking up.

4. A: How's your new job?

B: Pretty challenging. I like it.

5. A: How is your family?

B: They're doing pretty well.

6. A: How is everybody at your house?

B: Everybody is doing just fine.

【多么爽的打招呼用语！】

(工作怎么样?)

(还好, 挺忙的。)

(学校怎么样?)

(很好, 谢谢。我们很努力。)

(生意怎么样?)

(生意很兴旺。)

(新工作感觉如何?)

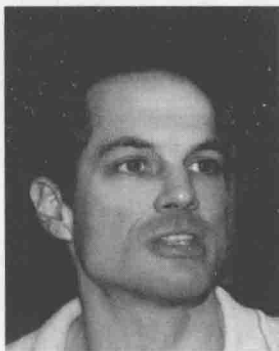
(很具有挑战性, 我挺喜欢的。)

(你家人怎么样?)

(他们非常好。)

(你的家人好吗?)

(他们都挺好的。)



李阳老师
特别提醒:
请用心欣赏并全力模仿
Jim老师的漂亮英语!

“everything” 是我在口语中最喜欢使用的单词! 下面是和 “everything” 有关的问候:

1. How's everything?

(一切都好吗?)

2. How's everything with you?

(你的一切如何?)

3. How's everything going?

(一切都好吗?)

可能的回答:

1. Everything is just great.

(一切都不错。)

【我最喜欢的回答!】

2. Things are good.

(情况不错。)

3. I'm doing great.

(非常好。)

连在一起疯狂读: A: How's everything? B: Everything is just great. I'm doing great.

下面是两个比较时髦的说法，脱口而出之后，赶紧找老外卖弄一下！

How is life treating you?

(一切都好吗？/ 生活还好吗？)

可能的回答：

1. Things are OK.
2. Things are alright.
3. Can't complain. = Everything is OK.

(情况不错。)

(情况还可以。)

(还可以。)

最麻烦的一个说法是：

A: How's the world around you? = How's everything?

(一切都好吗？)

【这句话对发音要求比较高！】

B: Everything is just fine.

(一切都不错。)

用现在完成时问候，是打招呼中比较高的境界！

1. A: How have you been?

(最近怎么样？)

B: Not too bad.

(马马虎虎。)

2. A: How have you been doing?

(最近怎么样？)

B: I've been doing fine.

(挺好的。)

3. A: I haven't seen you for a long time.

(我们很久没见了。)

B: Yeah, it's been a really long time.

(是啊，挺长一段时间没见了。)

和“doing”相关的问候：

1. A: How are you doing?

(你好吗？)

B: I'm doing fine.

(我挺好的。)

2. A: How are you doing today?

(你今天好吗？)

B: Pretty good.

(不错。)

3. A: How are you doing this morning?

(你今天早上好吗？)

【越长越卖弄！】

B: Not bad.

(不坏。)

4. A: How are you doing these days?

(最近好吗？)

B: Well, about the same.

(还是老样子。)

5. A: How is your daughter doing?

(你女儿怎么样？)

B: She is doing great.

(她很好。)

6. A: How is your mother doing?

(你妈妈还好吗？)

B: Just so-so.

(一般般。)

和“going”相关的问题：

- | | |
|---|-------------|
| 1. A: How is it going? | (近况如何?) |
| B: Not bad. | (不坏。) |
| 【最普遍的打招呼方式之一!】 | |
| 2. A: How is your business going? | (你生意进展如何?) |
| B: Business is slow. | (进展缓慢。) |
| 3. A: How is your day going? | (今天过得如何?) |
| B: So far so good. | (到目前为止还不错。) |
| 4. A: How are things going? | (事情进行得怎么样?) |
| B: Things are good. | (一切顺利。) |
| 5. A: How are things going at the office? | (办公室情况如何?) |
| B: Pretty smooth. | (相当顺利。) |
| 6. A: How are things going at school? | (学校情况如何?) |
| B: I'm a little stressed out. | (有点压力。) |

和“feel”相关的问题：

- | | |
|-------------------------------|-------------|
| A: How are you feeling today? | (你今天感觉怎么样?) |
| B1: Just so-so. | (马马虎虎。) |
| B2: Not so good. | (不怎么样。) |
| B3: I'm feeling great! | (我感觉好极了。) |

比较浪漫的打招呼：

- | | |
|--|---------------------|
| A: How's your love life? | (你的爱情生活进展如何?) |
| B1: I'm still dating Mary. | (我仍然和玛丽在一起。) |
| B2: I'm not seeing anyone right now. | (我现在没有和任何人约会。) |
| B3: I just broke up with my girlfriend. | (我刚刚和女朋友分手。) |
| B4: I have no love life. I have no time for a love life. | (我没有爱情生活。我没有时间谈爱情。) |
- 【本句未录音】

再次提醒：

请听我们的精彩录音，闭上眼睛，张开耳朵和嘴巴，让我们一起进入英语的美妙声音境界。

Please listen to our splendid tape!

李阳老师疯狂提醒 (Crazy Reminder):

太多财富了! 你感到激动吗? 但记住: 心动不如行动, 行动不如嘴动! 赶紧用疯狂英语独特的“一三五”方法一个一个地吃掉上面的句子吧!

脱口而出, 找个机会和我比赛吧!

我行 你也行!

额外财富 (Bonus):

学会了“单句”(孤独的句子)之后, 下一个任务就是要学会如何对话(也就是焕发生命力!), 也就是要知道在什么时候、什么场合下, 将这个句子自信地脱口而出!

1. A: How are you?

(你好吗?)

B: Not bad. How about yourself?

(不坏。你呢?)

A: I'm doing alright.

(我还行。)

KIM'S NOTE:

There are hundreds of ways to greet other people.

This is the most common and natural way.

This is what most Americans say without even thinking about it.

They just blurt it out. You should be able to blurt it out too.

参考译文:

有上百种问候别人的方式。

这是最常见的、也是最自然的方式。

这是大部分美国人会不假思索地说出来的话。

他们会脱口而出这样的话。你也应该能够脱口而出。

2. A: How's everything?

B: Everything is just great. Thanks.

【不管我的生活如何，我都如此回答！永远乐观！】

3. A: How's everything going?

B: The same as usual. Nothing different.

4. A: How's the world around you?

= How is everything?

B1: Everything is under control.

B2: I have everything under control.

5. A: How have you been?

B: I've been pretty busy.

【我最喜欢的回答！】

6. A: How is your family?

B: Just fine. And yours?

A: We are doing well.

7. A: How is your daughter doing?

B: She's doing pretty well. Thanks for asking.

【我非常喜欢这个回答！】

(一切好吗?)

(一切都很好。谢谢。)

(一切进展如何?)

(和往常一样。没有什么区别。)

(一切都好吗?)

(一切尽在掌控之中。)

(一切尽在掌控之中。)

(最近怎么样?)

(一直很忙。)

(你家人怎么样?)

(还行。你家人呢?)

(我们过得挺好的。)

(你女儿怎么样?)

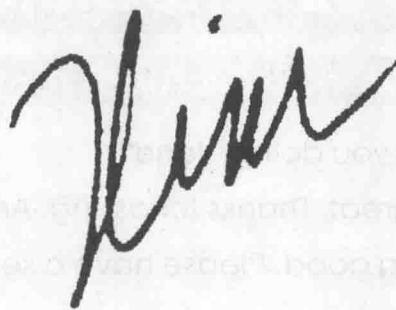
(她很好。谢谢你问起。)

KIM'S NOTE:

You can always add the sentence, "Thanks for asking." to any of the above questions. It shows that you appreciate the kindness of the person asking.

参考译文:

回答上面的任何问题时你都可以加上“Thanks for asking”。这显示出你感谢别人好意的问候。



额外成就感 Extra Achievement:

今天为大家奉献的额外成就是“treat”。它的意思很丰富，主要有：“视为；对待；论述；治疗；款待”。让我们通过漂亮实用的句子来真正掌握“treat”吧！

- | | |
|--|---------------------|
| 1. He doesn't treat his girlfriend very well. | (他对他的女朋友不太好。) |
| 2. You should treat older people with respect. | (你要尊敬比自己年长的人。) |
| 3. Don't treat me like a child! | (别把我当小孩子!) |
| 4. My company treats its employees very well. | (我们公司对员工很好。) |
| 5. I would never treat you as badly as you treat me. | (我永远都不会像你对我那样对你不好。) |
| 6. He treats his mother like a queen. | (他把他妈妈当皇后一样看待。) |
| 7. I'd like to treat you to dinner. | (我想请你吃晚饭。) |
| 8. A: This is my treat. | (这次由我请客。) |
| B: Thank you so much. | (非常感谢。) |
- 【外国人非常喜欢听你这么说！】

Jennifer's Favorite Sentences:

- | | |
|--|------------------------|
| 1. I love living in China because people are always treating me to dinner. | (我喜欢住在中国，因为人们都喜欢请我吃饭。) |
| 【外国人已经摸透了中国人的习惯！】 | |
| 2. My boss treats me very well. I enjoy working for him. | (我老板对我很好。我喜欢为他工作。) |

疯狂卖弄 (Real-life Dialogue) :

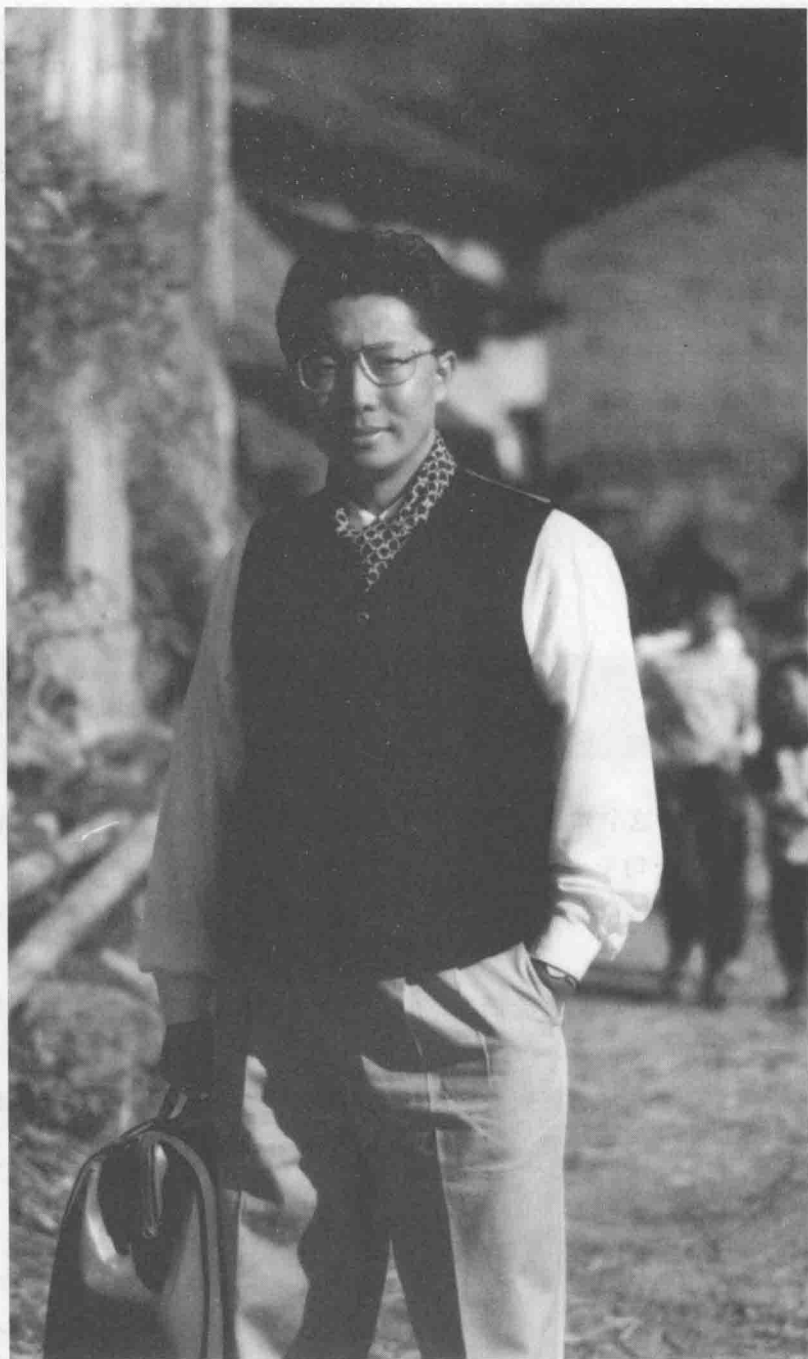
(Someone walks into an office. Jane is the secretary at the front.)

- | | |
|---|-----------------|
| A: How are you doing, Jane? | (简，你好吗？) |
| B: I'm just great. Thanks for asking. And yourself? | (我很好。谢谢你问起。你呢？) |
| A: I'm doing good. Please have a seat. | (我很好。请坐。) |
| B: Thank you. | (谢谢。) |

财富大统计 (Total Earnings) :

不算不知道，一算吓一跳！在这第一单元中，我们获得了如下财富：

共计： 154 个句子 154 笔财富



第2集

I'm really glad to see you.

见到你真的很高兴。

KIM'S NOTE:

This is another sentence that can surprise people and make them feel so good at the same time. Everyone is happy to hear these words.

For beginners this is a terrific sentence to impress people. If you can blurt out this sentence when you meet somebody, you won't sound like a beginner at all. 【请脱口而出！】

参考译文:

这又是一句可以让人惊讶、同时又能让人感觉很好的句子。人人都喜欢听这样的话。

对于初学者来说，这句话非常棒，可以给别人留下深刻印象。如果你遇到别人的时候可以脱口而出这个句子，你听起来就一点也不像是个初学者了。



李阳老师的话:

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这个句子非常简单，但绝对“威力无穷”！所有中国人都应该学会这个句子！

在社交中，一定要“主动出击”！这个句子就是主动出击的经典句！

请“无比流畅”、自信地脱口而出这个句子，它会带给你很多的自信和机会！

请大家首先要解决发音问题！要正确地说出这个单词可没有那么容易，需要十几个发音技巧。请仔细观看我们的VCD！