

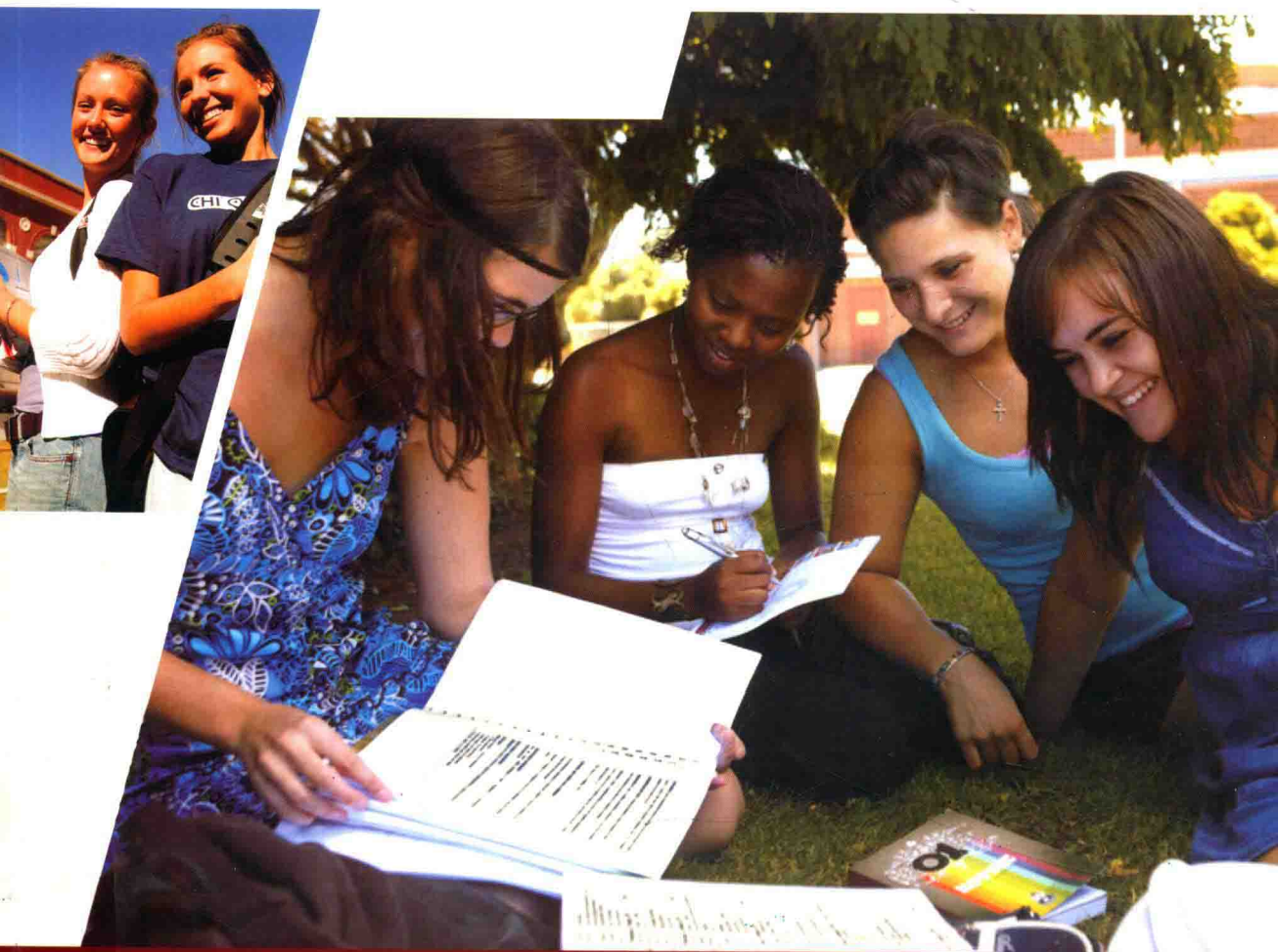
◎ 普通高等学校“十二五”规划教材

大学英语

综合教程

College English Course

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大学英语综合教程

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内 容 提 要

本教材编写的基本指导原则是“实用为主，够用为度，以应用为目的”。教材紧扣高职高专学生的学习、生活、就业，练习的编排也符合普通艺术院校学生的英语基础，能充分调动学生自主学习的积极性和培养学生自主学习的能力。

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前言

《大学英语综合教程》是根据教育部颁布的《高职高专教育英语课程教学基本要求》，结合艺术院校学生的英语实际情况编写的一套供高职高专学生使用的大学英语教材。通过本教材的系统学习，学生在英语语言知识、应用技能、学习策略和跨文化交际等方面能够达到《基本要求》中规定的目标。

一、编写原则

1. 以《基本要求》为依据，重点培养学生英语综合应用能力。
2. 以人为本，因人制宜，始终考虑适用对象的实际英语水平和实际需求。
3. 以“实用”为主、“应用”为目的的教学目标。强调其选材的思想性、语言的实用性和内容的趣味性，注重对创新精神和实践能力的培养。

二、教材特色

《大学英语综合教程》，主要体现了“新颖”、“内容丰富”、“实用”的新理念：

1. 新颖

文章所涉及的都是学生感兴趣的、与学生学习、生活息息相关的话题，以此来吸引学生的注意力，调动他们的积极性。

2. 内容丰富

本教材既有严肃的话题，也包括一些轻松的生活话题，内容丰富，集时代性、知识性、趣味性和语言规范性于一体。

3. 实用

本教材编写的基本指导原则是“实用为主，够用为度，以应用为目的”。教材紧扣高职高专学生的学习、生活、就业，练习的编排也符合普通艺术院校学生的英语基础，能充分调动学生自主学习的积极性和培养学生自主学习的能力。

限于编者的水平和经验，加之时间仓促，本套教材难免有疏漏和不足之处。恳请使用本套教材的读者批评指正，以便今后修改，日臻完善。

编者

2012年4月

使用说明

全书共 14 个单元，供两学期使用。

每一单元包括两篇文章及课后练习。

课文选材力求多样，内容丰富有趣，并且有一定的启发性和教育性。讲解课文时应从全篇内容着眼，并对一些常用词、词组的用法进行分析，既要防止只讲语言点而忽略通篇内容，也要避免只注重文章内容而不重视语言基础训练。每单元两篇文章都围绕一个共同话题。所选文章，谈大学生生活，教会学生如何适应大学生生活，重新找到自己的人生定位；谈人间真情，教会学生懂得孝敬父母；谈合作，教会学生团结协作，争做成功的大学生；谈节日，将文化内容与语言材料相融合，介绍西方文化背景。文章内容都很贴近学生的实际生活。文章难易适中，便于学生学习。

课后练习分为两部分：第一部分词汇练习，注重扩大学生词汇量，使学生在练习中巩固所学的单词及短语；第二部分为翻译句子，英译汉或汉译英。学生通过反复练习，将课文中的短语及表达方式准确地应用到句子中去。

总之，练习是按照教学大纲和本册教程的要求编写的，教师可根据学生的具体情况有选择地加以使用。

编 者

2012 年 4 月

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Unit 1

College Life

Section A

Tips for College Freshmen



1 Being a college freshman can be quite difficult. As a college freshman, you'll have to deal with meeting new people and keeping up with your studies. Some people find it hard to deal with the culture shock and the many adjustments that college entails, while others love the changes. If you are having difficulty adjusting to the college life as a freshman, then continue reading. This article will provide five great tips for making a smooth adjustment to college life.

Take responsibility for your newly-found freedom

2 One of the greatest things about college is that you will probably have more freedom. No longer do you have to wake up and be in school by 7:30 in the morning, but you can take afternoon classes, night classes, long breaks, and you'll probably also have the freedom to cut your classes without much consequence. It's important to realize, though, that these freedoms come at the cost of responsibility. Be responsible about the decisions you make so that you can balance your academic, social, financial, and career life.

Take it upon yourself to be self-sufficient

3 If you go to a college far from home, chances are that you will be away from your parents and your other relatives. This is your chance to show that you can be self-sufficient, that you don't need to depend so much on others, and that you can handle your own in "the real world". You may have to pay bills, do groceries, cook, clean, and run errands all on your own, so be prepared to be self-sufficient.

Take your studies seriously

4 Now that you are in college, everything is likely to be more challenging. Longer essays and papers, harder exams, and tougher teachers are just part of the academic hurdles that you will have to overcome. Make sure to take your studies seriously by making study schedules, managing your time effectively, taking good notes, and completing all of your assignments. Remember, now more than ever, your grades are going to have an impact on your future.

Take control of your finances

5 Part of being responsible and self-sufficient is to take control of your finances. It's important to realize, though, that many college students amass large debts from credit card bills, financial aid loans, and mismanagement of their funds. Take control of your finances and manage them carefully to ensure that you will be able to pay off all of your debts and build a positive credit report.

Take a rest

6 Amongst all of the hard work and difficulties that students face in college, some people tend to forget to rest. Rest is extremely important if you want to be successful in college and in anything that you do. It is rest that will give you the energy to take on the challenges of everyday life. When things seem to be piling up and you're getting overwhelmed, try to take a break and have some rest time for yourself.

Vocabulary

New Words

adjustment /ə'dʒʌstmənt/ *n.*

调整, 调节

responsibility /rɪˌspɒnsə'bɪləti/ *n.*

责任, 职责, 责任心

consequence /'kɒnsɪkwəns/ *n.*

结果, 后果, 重要性, 影响

financial /faɪ'nænʃl/ *a.*

金融的, 财政的

self-sufficient /'selfsə'fɪʃnt/ *a.*

自给自足的, 过于自信的

errand /'erənd/ *n.*

差使, 差事, 跑腿

amass /ə'mæs/ *v.*

积聚, 收集

Phrases and Expressions

deal with

讨论, 处理, 涉及, 对付, 与……做生意

provide for

供给, 为……作准备

I. Fill in the blanks with the words or expressions given below. Change the forms where necessary.

responsibility consequence deal with energy challenge

1. It's my _____ to lock the doors.
2. He studied hard, and in _____ he passed the exam.
3. The meeting will _____ these problems.
4. This career offers a _____.
5. Young people usually have more _____ than the old.

II. Translate the following sentences into Chinese.

1. As a college freshman, you'll have to deal with meeting new people and keeping up with your studies.
2. One of the greatest things about college is that you will probably have more freedom.
3. If you are having difficulty adjusting to the college life as a freshman, then continue reading.
4. It's important to realize, though, that these freedoms come at the cost of responsibility.
5. Be responsible about the decisions you make so that you can balance your academic, social, financial, and career life.

Section B

How Can We Deal with Peer Pressure?



1 As you grow older, you'll have to make some challenging decisions. Some don't have a clear right or wrong answer—like should you play soccer or basketball? Other decisions involve serious moral questions, like whether to cut class, try cigarettes, or lie to your parents.

2 Making decisions on your own is hard enough, but when other people get involved and try to pressure you one way or another, it can be even harder. People who are of your age, like your classmates, are called peers; when they try to influence you how to act, to get you to do something, it's called peer pressure. It's something every one has to deal with, even adults. Let's talk about how to handle it.

3 Peers influence your life, even if you don't realize it. You learn from them, and they learn from you. It's only human nature to listen to and learn from other people in your age group.

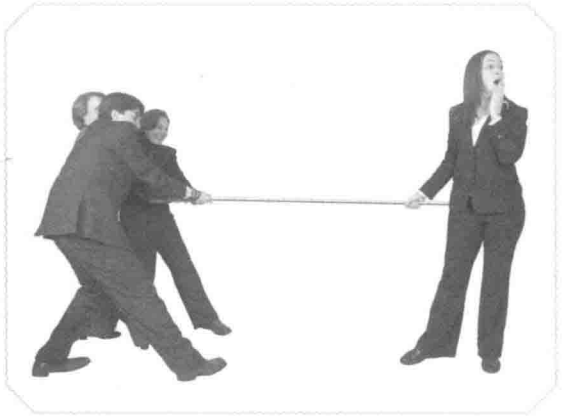
4 Sometimes peers influence each other in negative ways. For example, a few kids in school might try to get you to cut class with them, or a kid in the neighborhood might want you to shoplift with him.

5 It's difficult to say "no" to peer pressure, but you can do it. Paying attention to your own feelings and beliefs about what is right and wrong can help you know the right thing to do.

Inner strength and self-confidence can help you stand firm and walk away.

6 You've probably had a parent or teacher who advises you to "choose friends wisely". Peer Pressure is a big reason why they say this. If you choose friends who don't use drugs, cut class or lie to their parents, then you probably won't do these things either, even if other kids do. Try to help a friend who's having trouble resisting peer pressure. It can be powerful for one kid to join another by simple saying, "I am with you—let's go!" If you continue to face peer pressure and you're finding it difficult to handle, talk to someone you trust. It can help you feel much better and prepare you for the next time you face peer pressure.

7 Peer pressure is not always a bad thing. If enough kids get together, peers can pressure each other into doing what's right!



Vocabulary

New Words

peer /piə(r)/ <i>n.</i>	同辈, 同等的人, 贵族
pressure /'preʃə/ <i>n. & v.</i>	压强, 压力, 压迫, 施压
moral /'mɒrəl/ <i>a.</i>	道德的, 精神上的
shoplift /'ʃɒplɪft/ <i>v.</i>	从商店中偷商品
resist /rɪ'zɪst/ <i>v.</i>	抵制, 抵抗, 反抗, 忍住

I. Fill in the blanks with the words or expressions given below. Change the forms where necessary.

negative involve handle pressure resist

1. The water _____ may need adjusting.
2. The reporter is curious to know whether the official is _____ in the case.
3. I have a _____ opinion on the value of this idea.
4. I can never _____ an ice cream.
5. Pick up the typewriter case by the _____.

II. Translate the following sentences into Chinese.

1. Making decisions on your own is hard enough, but when other people get involved and try to pressure you one way or another, it can be even harder.
2. Peers influence your life, even if you don't realize it.
3. Paying attention to your own feelings and beliefs about what is right and wrong can help you know the right thing to do.
4. Sometimes peers influence each other in negative ways.
5. It's only human nature to listen to and learn from other people in your age group.

Unit 2

Human Touch

Section A

A Boy and His Apple Tree



1 Long long ago, there was a huge apple tree. A little boy loved to come and played around it everyday. He climbed to the tree top, ate the apples, took a nap under the shadow... He loved the tree and the tree loved to play with him.

2 Time went by... The little boy had grown up and he no longer played around the tree everyday.

3 One day, the boy came back to the tree and he looked. "Come and play with me," the tree asked the boy. "I am no longer a kid; I don't play around trees anymore." The boy replied, "I want toys. I need money to buy them."

4 "Sorry, I don't have money... but you can pick all my apples and sell them. So, you will have money." The boy was so excited. He grabbed all the apples on the tree and left happily. The boy never came back after he picked the apples. The tree was sad.

5 One day, the boy returned and the tree was so excited. "Come and play with me," the tree said.

6 "I don't have time to play. I have to work for my family. We need a house for shelter. Can you help me?" "Sorry, I don't have a house, but you can chop off my branches to build your house." So the boy cut all the branches of the tree and left happily.

7 The tree was glad to see him happy but the boy never came back since then. The tree was again lonely and sad.

8 One hot summer day, the boy returned and the tree was delighted. "Come and play with me," the tree said.

9 "I am sad and getting old. I want to go sailing to relax myself. Can you give me a boat?" "Use my trunk to build your boat. You can sail faraway and be happy." So the boy cut the tree trunk to make a boat.

10 He went sailing and never showed up for a long time.

11 Finally, the boy returned after he had left for so many years. "Sorry, my boy. But I don't have anything for you anymore. No more apples for you..." the tree said.

12 "I don't have teeth to bite," the boy replied.

13 "No more trunk for you to climb on." "I am too old for that now." the boy said.

14 "I really want to give you something... The only thing left is my dying roots," the tree said with tears. "I don't need much now, just a place to rest. I am tired after all these years," the boy replied.

15 "Good! Old tree root is the best place to lean on and rest. Come, come, sit down with me and rest," the boy sat down and the tree was glad and smiled with tears...

Vocabulary

New Words

huge /hju:dʒ/ <i>a.</i>	巨大的; 庞大的; 极大的
shadow /'ʃædəʊ/ <i>n.</i>	阴影; 影子
grab /græb/ <i>vt. & vi.</i>	抓住; 抓取
shelter /'feltə(r)/ <i>n.</i>	居所; 避难所
bite /baɪt/ <i>vt. & vi.</i>	咬; 叮
delight /dɪ'laɪt/ <i>n. & vt.</i>	快乐, 高兴; 使高兴
trunk /trʌŋk/ <i>n.</i>	树干; (一般设在汽车后部的) 行李箱

Phrases and Expressions

take a nap	小睡一下, 睡午觉
chop off	砍掉

I. Fill in the blanks with the words or expressions given below. Change the forms where necessary.

chop off huge delight take a nap grab

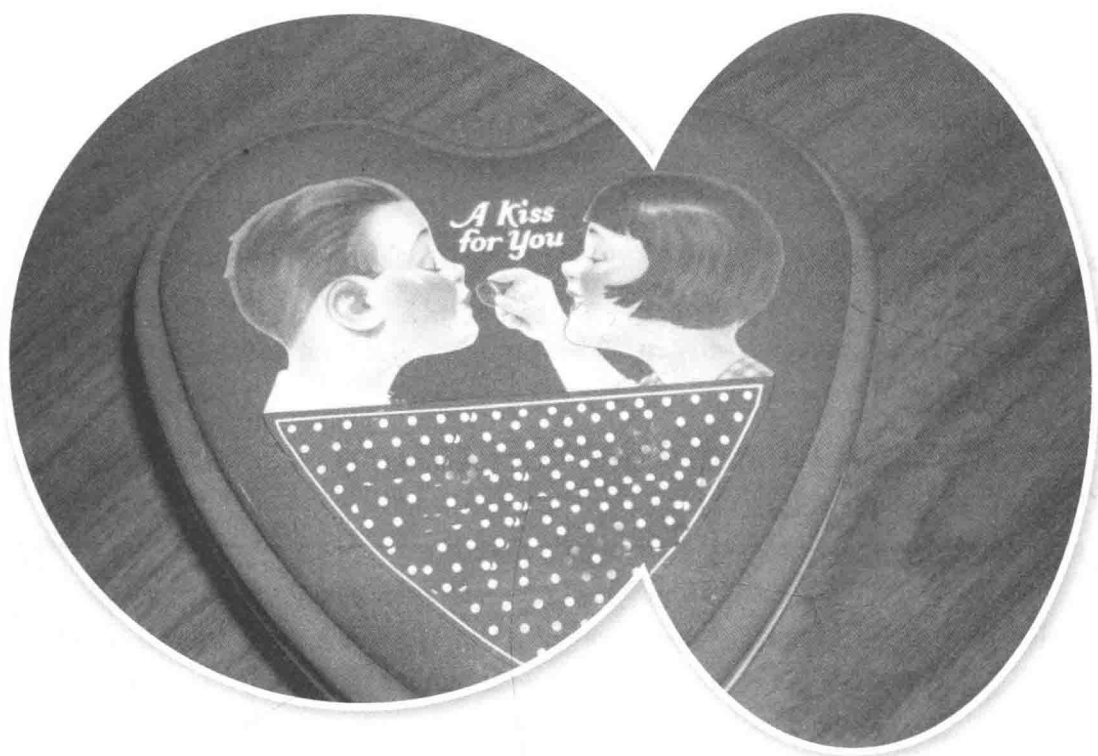
1. You can _____ my branches to build your house.
2. The road was blocked by a _____ rock.
3. When I gave him the chance, he _____ it at once.
4. It's my habit to _____ at noon.
5. He _____ the audience with his performance.

II. Translate the following sentences into Chinese.

1. He climbed to the tree top, ate the apples, and took a nap under the shadow.
2. The little boy had grown up and he no longer played around the tree everyday.
3. You can chop off my branches to build your house.
4. He went sailing and never showed up for a long time.
5. Use my trunk to build your boat, you can sail faraway and be happy.

Section B

Kisses in an Empty Box



1 We often learn the most from our children. Some time ago, a friend of mine punished his 3-year-old daughter for wasting a roll of gold wrapping paper. Money was tight, and he became infuriated when the child tried to decorate a box to put under the tree. Nevertheless, the little girl brought a gift to her father the next morning and said, “This is for you, Daddy.” He was embarrassed by his earlier overreaction, but his anger burst again when he found that the box was empty. He yelled at her, “Don’t you know that when you give someone a present, there’s supposed to be something inside of it?”

2 The little girl looked up at him with tears in her eyes and said, “Oh, Daddy, it’s not empty. I blew kisses into the box. All for you, Daddy.” The father was speechless. He put his arms around his little girl, and begged her forgiveness. My friend told me that he kept that gold box by his bed