

大学英语四级 核心词汇

CET-4

刘伯茹 主编

快速突破



南京大学出版社

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编写说明

《大学英语四级核心词汇快速突破》是基于历年大学英语四级真题语料库和现行大学英语教材语料库编写而成。精选四级考试中 583 个高频核心词汇作为主词条(词形变化不单列词条),通过丰富、典型、鲜活的英汉双语例句,突显单词的使用语境、词性、搭配、一词多义、词形变化以及近义、反义等词汇关系,编织出了严密的单词语义网络。关键词前后重现、环环相扣,重要搭配以下划线形式标出,满足了词汇习得中“频率”和“凸显性”的要求,帮助学生更多、更快、更有效地掌握四级词汇及其重要考点。

本词汇手册的参照语料包括:英国国家语料库(BNC)、美国当代英语语料库(COCA)、爱词霸在线字典、词酷、句库、有道双语字典等。所举例句全部经过精心筛选和提炼,针对词汇学习中的重点和难点、四级考试中的要点和热点进行编写,帮助学生达到“学得快、记得牢、用得活”的词汇学习目的。

本词汇手册由具有多年教学经验和大学英语四级辅导经验的浙江农林大学暨阳学院公共外语教研室的骨干教师编写。主要编写人员如下(按姓氏笔画排序):卜云辉、龙滨、刘伯茹、张国强、李红莉、李进喜、沈丽霞、金兰芬、胡金花、董峰、缪肖强等。由于经验有限,难免有不当之处,敬请广大读者批评指正。

编者语

2015 年 3 月 23 日

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1. **absolute** ['æbsəlu:t] *a.* 绝对的, 无条件的, 完全的

There is no absolute standard for beauty.

美是没有绝对的标准。

He is a man of absolute honesty.

他是个绝对诚实的人。

Independent thinking is an absolute necessity.

独立思考是绝对必要的。

Development is the absolute principle.
发展才是硬道理。

Motion is absolute, while stillness is relative.

运动是绝对的, 而静止是相对的。

Certainly. You're absolutely right about that.

当然, 关于那件事你是绝对正确的。

★ **absoluteness** ['æbsəlu:tɪnɪs] *n.* 绝对性

There is, in short, no absoluteness in anything.

总之, 任何事物都没有绝对性。

2. **abundant** [ə'bʌndənt] *a.* 丰富的, 充裕的, 大量的, 富饶的, 富裕的 (近义词: plentiful)

China is abundant in natural resources.

中国自然资源丰富。

The country has abundant supplies of oil and gas.

这个国家有丰富的石油和天然气。

Rainfall is abundant in the region.

该地区降雨丰沛。

We have abundant proof of his innocence.

我们有充足的证据可以证明他的清白。

★ **abundance** [ə'bʌndəns] *n.* 充足, 大量, 丰富, 富饶

At the party there is food and drink in abundance.

宴会中有丰富的食物和饮料。

There was an abundance of wheat last year.

去年小麦丰收。

The abundance of money ruins youth.

(谚语) 钱多毁灭年轻人。

3. **abuse** [ə'bjʊs] *vt.* 滥用, 妄用, 误用;

虐待, 酷待, 伤害 *n.* 滥用, 妄用, 误用 (对麻醉毒品、兴奋剂或刺激物等的) 非法服用, 过度服用; 虐待

to abuse a privilege 滥用特权

to abuse one's authority (one's power)

滥用权力

Reports of child abuse aroused public indignation.

有关虐待儿童的报导激起了公众的义愤。

The government is taking a tough line on drug abuse.

政府对滥用毒品采取强硬方针。

Low adolescent self-esteem causes the abuse of alcohol or other drugs.

青少年自暴自弃会造成酒精和毒品的滥用。

Self-abuse tendency is a psychological problem.

有自虐倾向是心理问题。

The government is tackling issues such as sexual abuse, domestic violence, youth suicide and so on.

政府正在应对诸如性虐待、家庭暴力、青年自杀等问题。

4. **academic** [ækə'demɪk] *a.* 学术的, 高等院校的, 研究院的

a new academic year 新学年
 an academic problem 学术问题
 academic research 学术研究
 top academic journals 顶级学术期刊
 academic degree 学位
 academic achievement 学业成绩
 academic credits 学分

★ **academy** [ə'kædəmi] *n.* (高等) 专科院校, 学会
 Royal Academy of Music 皇家音乐学院

5. **accelerate** [ək'seləreit] *vt.* 加速, 促进
 (近义词: speed up)

to accelerate one's steps 加快步伐
 Our present task is to accelerate economic growth.

加速经济发展是我们当前的任务。

We must seize all opportunities to accelerate development.

必须抓住一切机遇加快发展。

We should accelerate the reform and opening-up.

我们要加快改革开放。

My heartbeat will accelerate when I see the person I like.

见到心上人的时候, 我的心跳就会加快。

★ **acceleration** [ək'selə'reiʃn] *n.* 加速, 促进, 加速度

He has also called for an acceleration of political reforms.

他同时呼吁加快政治改革。

6. **accommodate** [ə'kɒmədeɪt] *v.* 容纳; 使适应, 供应; 调解

There is usually room to accommodate up to 80 visitors.

那里通常可以容纳 80 位来客。

You should soon accommodate yourself to the new circumstance.

你应尽快适应新环境。

She tried to accommodate her way of life to his.

她试图使自己的生活方式与他的生活方式相适应。

to accommodate differences 调和分歧
 to accommodate the dispute between the friends 在朋友之间消弭纷争

Some animal and plant species cannot accommodate to the rapidly changing conditions.

某些种类的动植物不能适应迅速变化的环境。

★ **accommodation** [ə,kɒmə'deɪʃn] *n.* 住处; 适应; 便利; 和解

Can you provide free accommodation for these people?

你能为这些人提供免费住宿吗?

The village is very friendly and hospitable and they offer free accommodation to tourists.

这里的村民很友好、好客, 他们为游客提供免费住宿。

Our top priority is to resolve the refugee accommodation and food supply problems.

当务之急是解决难民的吃住问题。

7. **accomplish** [ə'kʌmplɪʃ] *vt.* 完成; 达到; 实行

to accomplish one's mission 完成使命
 to accomplish the task 完成任务

I will accomplish my purpose (my objective) at any cost.

我无论如何都要达到目的。

If you don't work hard, you will accomplish nothing.

如果你不努力工作,你会一事无成。

Does it help to accomplish your long-term goals?

对达到长远目标有益吗?

From ancient times up to now, all the accomplished people treat their lives very seriously.

自古以来一切有成就的人,都很认真地对待自己的生命。

★ **accomplishment** [ə'kʌmplɪmənt] *n.* 成就;完成;技能;履行

What is your most significant accomplishment?

你最重要的成就是什么?

This is truly an extraordinary and historic accomplishment.

这真是一项非凡的成就。

A sense of accomplishment often accompanies hard work.

成就感常常是伴着辛苦得来的。

8. **acid** ['æsɪd] *n.* 酸,酸性物质 *a.* 酸的,酸性的;尖酸的

Everyone doesn't like to hear the acid remarks.

没有人喜欢听那尖酸刻薄的话。

Vinegar has an acid taste.

醋有酸味。

Acid rain reduces agricultural yields.
酸雨使农业产量减少。

9. **acknowledge** [ək'nɒlɪdʒ] *vt.* 承认,公认;告知收到;表示感谢,答谢;对……打招呼,理会,搭理

He is unwilling to acknowledge defeat.
他不愿认输。

She is acknowledged as the best tennis player in the world.

她被公认为是世界最佳网球选手。

We hope you can acknowledge your mistake in public.

我们希望你当众认错。

I acknowledge receipt of your letter of May 1.

你5月1日来信收悉。

We will acknowledge your payment by email.

我们收到付款后,会以电子邮件形式通知你们。

Stella did not even acknowledge me when I waved a greeting.

我向斯特拉挥手致意,可她连招呼也不打一个。

Always thank and acknowledge others for their help.

永远要感谢并承认他人对你的帮助。

★ **acknowledgement** [ək'nɒlɪdʒmənt] *n.* 承认,确认,感谢

The flowers were a small acknowledgement of your kindness.

这些花聊表谢意,感谢你的好心帮助。

10. **acquire** [ə'kwɪə(r)] *vt.* 获得;学到(知识等)(尤指靠自己的努力或行动或经过一个过程),习得

We must try hard to acquire as much knowledge as we can.

我们一定努力获得尽可能多的知识。

We should try to acquire good habits.

我们应该努力养成好习惯。

He made an effort to acquire the skill.

他努力去获得这项技能。

acquire wealth 获取财富

acquire information 获取信息
acquire bad habit 养成不良习惯

- ★ **acquisition** [ˌækwiˈziʃn] *n.* 获得, 所获之物

second language acquisition 第二语言习得

11. **adapt** [əˈdæpt] *v.* 使……适应(新的或变化了的情况)(adapt to sth., adapt oneself to sth.)

(近义词: adjust); 改编, 改写(from)

He adapted himself to the change quickly.

他很快适应了变化。

Can you adapt yourself to the new job?

你能适应新的工作吗?

You must adapt to the norms of the society you live in.

在社会中生活就要遵循社会行为准则。

Many city vehicles have been adapted for use as school buses.

许多城市车辆已改为校车。

The film is adapted from a novel.

这部电影由一部小说改编而成。

The film was adapted from Geling's original work.

这部电影是根据格林的原著改编的。

- ★ **adaption** [əˈdæpʃn] (adaptation) *n.* 适应; 由原著改编而成的作品

12. **addict** [ˈædɪkt] *n.* 有瘾的人, 入迷的人; (吸毒) 成瘾者 *vt.* 使沉溺, 使上瘾; 使自己沾染(某些恶习)

a chess/TV/football addict 棋迷/电视迷/足球迷

He's only 24 years old and a drug ad-

dict.

他只有 24 岁, 却是个瘾君子。

She is addicted to music.

她酷爱音乐。

He became addicted to drugs.

他已吸毒成瘾。

The young generation should addict themselves to science.

年轻一代应该酷爱科学。

- ★ **addiction** [əˈdɪkʃn] *n.* 入迷; 嗜好; 上瘾; 吸毒成瘾; 癖好

We must concentrate our energies on treating addiction first.

我们必须首先集中精力治疗毒瘾。

He needed money to feed his addiction to gambling.

他需要钱来满足他的赌瘾。

13. **adequate** [ˈædɪkwət] *a.* 足够的, 充分的, 能满足需要(量)的; 适当的(近义词: enough)

I have no adequate preparation.

我没有充分的准备。

Some people living in extremely poor area can't get adequate food supply.

有些生活在极度贫穷地区的人们得不到足够的食物。

His knowledge is adequate to do this job well.

他的知识足可胜任这项工作。

- ★ **adequacy** [ˈædɪkwəsi] *n.* 足够, 适当, 充足

We should ensure the suitability, adequacy and effectiveness of the quality management system.

我们要确保质量管理体系的适宜性、充分性和有效性。

- 14. adhere** [əd'hɪə(r)] *v.* 黏附,附着,胶着(to);遵守,坚持,固执,墨守(to);依附,追随,支持,拥护,忠于(思想、领导人等)(to)

The mud adhered to her shoes.

泥黏附在她的鞋上。

Glue and paste are used to make one surface adhere to another surface.

胶水和糨糊可用来把两个面粘在一起。

We adhered to our original plan of swimming in spite of the bad weather.

尽管天气恶劣,我们仍然坚持按预定计划游泳。

We will not be respected if we do not adhere to our principles. (近义词: stick to)

我们如果不坚持我们的原则,就不会得到尊重。

They failed to adhere to our original agreement.

他们未能遵守我们原定的协议。

- ★ **adherence** [əd'hɪərəns] *n.* 坚持,固守;黏附

The teacher demanded adherence to the rules.

教师要求遵守规章制度。

- 15. adjust** [ə'dʒʌst] *v.* 调整,调节,校准;使适应(adjust to = adapt to)

This kind of desk can be adjusted to the height you need.

这种书桌的高低可以按照你的需要调节。

He adjusted himself very quickly to the heat of the country.

他很快适应了这个国家炎热的天气。

She must learn to adjust herself to

English life.

她必须学会适应英国的生活。

He found it difficult to adjust to his mother-in-law.

他对他的岳母很难适应。

You'd better adjust your emotions.

你应该好好调适一下自己的心情。

to adjust the focus 对焦距

The reception is very poor. Let me adjust the antenna.

接收效果太差了,让我来调一下天线。

- ★ **adjustment** [ə'dʒʌstmənt] *n.* 调整,调节

I've made a few minor adjustments to the seating plan.

我对座次表作了小小的调整。

The company made an adjustment in my salary.

公司对我的薪金作了调整。

- 16. adopt** [ə'dɒpt] *vt.* 采用,采纳,采取(某种态度、习惯做法等),接受(意见,观点等);领养,收养(孩子)

The committee ultimately adopted his suggestions.

委员会最终采纳了他的建议。

He refused to adopt the plan on the grounds of its high cost.

他拒绝采纳这个计划,原因是成本太高。

Circumstances force us to adopt this policy.

形势迫使我们采取这项政策。

They adopt a strong attitude towards this matter.

他们对这件事态度强硬。

As they had no children of their own, they adopted an orphan.