



普通高等教育“十一五”国家级规划教材

●总主编 邹为诚

○ 应用型英语专业系列教材

Upstream

Viewing, Listening and Speaking

搏流英语

视听说教程 教师参考书 **5&6**

□主 编 刘兰萍
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励哲蔚（第六册）



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(第六册)

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前言

《搏流英语视听说教程》是《搏流英语》系列教材中的一种,可以与《搏流英语综合教程》配合使用,也可以单独使用。《搏流英语视听说教程》(第五、六册)分主题按单元编排,其选材符合《高等学校英语专业英语教学大纲》的要求,可以满足中高级英语学习者提高视听理解能力和口语表达能力的需求。

《搏流英语视听说教程》(第五、六册)延续了《搏流英语》系列教材寓教于乐的编写理念,让学习者在真实、愉快而有意义的环境中进行视听说训练,使学习更加有效。两册教程具有以下特点:

1. 选材内容丰富,编排方式独特

《搏流英语视听说教程》(第五、六册)根据《搏流英语综合教程》(第五、六册)的主题来编排。第五册主题包括英雄崇拜、生态环境、当今科技、职场人生、健康生活、终身学习、时尚风云、购物一族等热门话题,第六册以人际交流、教育万象、传媒产业、环游世界、未解之谜、表演艺术、体育世界、文化万花筒、网络世界、低碳生活等为主要话题,各单元围绕主题展开。每册配有约四个小时的视频材料,所配视频材料贴近现实生活,为学习者提供身临其境地体验英语国家社会和文化的机会。

2. 练习形式多样,培养多种技能

《搏流英语视听说教程》(第五、六册)包含图文匹配、信息排序、是非判断、视听填空、视听笔记、回答问题、复述故事、伙伴交流、小组讨论、班级辩论、校园访谈、团队专题研究等多种形式的练习。在每个单元中,编者结合课堂教学和课外学习的实际来组合各种形式的练习,使学习者在完成练习的过程中提高视听说多种技能。

3. 主题多维呈现,提高思维能力

《搏流英语视听说教程》(第五、六册)每一个单元的20多个练习围绕相同的主题展开,同时各个练习各有侧重,互为补充,这样的编排方式既可以集中训练学习者对某个主题的熟悉程度,使训练更加系统化,又可以帮助学习者开展多维度的思考,发展思维能力。

《搏流英语视听说教程 教师参考书》旨在为教授《搏流英语视听说教程》的教师提供有效而实用的帮助和指导,使他们能够充分理解教程编写的理念和原则。本参考书提供了多方位有效的背景文化知识、重点词汇讲解和拓展、教学步骤建议和分解、练习参考答案等诸多方面的教学资源,可以帮助广大教师减轻搜寻信息、设计课堂活动等方面的备课负担,成为他们教学活动的有益指南。

《搏流英语视听说教程 教师参考书5 & 6》对应《搏流英语视听说教程》(第五、六册)编写而成。每单元包括四个部分:Introduction, Unit Overview, Teaching Notes和Video Script(各单元的Video Script集中放在每册书的最后,Video Script为视频人物口头语言转录,难免有不符合语言规范之处,特此说明)。Introduction部分简要介绍本单元视频所涉及的主要内容,便于教师结合教学实际进行选择;Unit Overview部分概括本单元视听说教学目标;Teaching Notes部分涉及本单元各个练习版块,除提供教材和视频中的基本词汇释义外,还补充相关主题的拓展词汇,旨在帮助学生掌握并扩大词汇量。同时,Teaching Notes对每个单元的视前练习(Before You Watch)、边看边做(While You Watch)、视后练习(After You Watch)、镜头回放(Watch Again)以及拓展性活动(Extended Activities)提供了比较详尽的授课步骤,并且增加了补充性练习,教师可以根据实际教学情况适时调整。该部分还提供相关视频背景知识、练习参考答案等方面的信息,供教师在备课和授课时参考使用。

本参考书由宁波大学外语学院教师负责编写,刘兰萍担任主编,林渭芳和励哲蔚担任副主编,参加第五册参考书编写的有林渭芳(第一、二、六、十单元)、励哲蔚(第三单元)、曹红霞(第四、五单元)、张琦(第七单元)、盛盈(第八单元)和廖菁菁(第九单元);参加第六册参考书编写的有励哲蔚(第一、二、十单元)、刘兰萍(第三、四单元)、李奕(第五、六、七单元)和陈佳岚(第八、九单元)。本参考书的编写得到了浙江省高校人文社科重点研究基地(外国语言文化)的支持,编者在此表示感谢。由于编者水平有限,本参考书中难免存在遗漏谬误之处,恳请专家学者和广大师生批评指正。

编者

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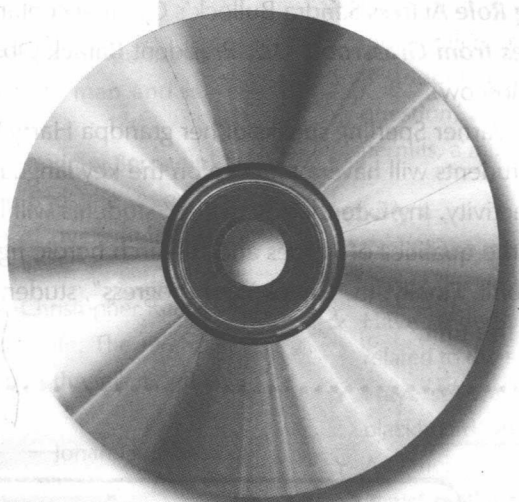
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第5册



Unit 1 Heroes in My Heart

Introduction

In this unit, students will have access to language about hero and heroism. In "Before You Watch", they will familiarize themselves with the meaning of hero and heroism through interpreting the quotations and talking about their own experiences. In "While You Watch" and "Watch Again", they will watch eight video clips on the following topics:

- **How to Change the World** Your small yet powerful actions can change the world.
- **My Heroes** Writer and broadcaster Stephen Fry talks about his heroes.
- **Meeting Einstein** Astronomy legend Sir Patrick Moore talks about his meeting with Einstein.
- **CNN Heroes for 2010** CNN anchor Anderson Cooper announces the top ten CNN Heroes for 2010.
- **A Story of Heroism in the Cockpit** What happened when a Delta flight was forced to take an emergency landing?
- **Actress in a Leading Role** Actress Sandra Bullock's Oscar acceptance speech.
- **Real Progress Comes from Grassroots** U.S. President Barack Obama's remarks at the Parallel Civil Society Summit in Moscow.
- **Harry Warner** Cass Warner Sperling speaks of her grandpa Harry Warner.

In "After You Watch", students will have a practice on the key language items in the videos and have a theme-related reading activity. In "Extended Activities" students will be given opportunities to conduct a campus interview on the qualities of heroes and research heroic figures based on the ideas that they have developed in this unit. Finally, in "Check Your Progress", students will make an evaluation of how well they have learnt in this unit.

Unit Overview

In this unit, students will be able to

- Talk about the meaning of hero and heroism
- Build up their vocabulary related to hero and heroism
- Talk about the qualities of heroes
- Recognize specific details in a video clip
- Learn about heroic deeds of people around the world
- Tell a story of one of their heroes
- Research a heroic figure and make a short presentation



Teaching Notes

Before You Watch

● Vocabulary

1 Items in the book

heroic—having, displaying, or characteristic of the qualities appropriate to a hero 英雄的, 英勇的, 崇高的

heroism—heroic conduct or behaviour, heroic characteristics or qualities 英雄行为, 英雄品质

endurance—the ability to continue doing something difficult or painful over a long period of time 忍耐, 耐力, 持久力

sacrifice—to forfeit (one thing) for another thing considered to be of greater value 牺牲

2 Supplementary items

○ More quotations on hero and heroism

A hero has faced it all: he need not be undefeated, but he must be undaunted.

—Andrew Bernstein

A hero holds purposes appropriate to man and is, therefore, a thinker.

—Andrew Bernstein

A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles.

—Christopher Reeve

It is impossible to strive for the heroic life. The title of hero is bestowed by the survivors upon the fallen, who themselves know nothing of heroism.

—Johan Huizinga

○ Types of heroes

celebrity heroes; epic heroes; false heroes; fictional heroes; the final girl; folk heroes; Ivan the Fool; legendary heroes; mythological kings; political heroes; reluctant heroes; Romantic heroes; science heroes; spiritual heroes; sports heroes; Superheroes; tragic heroes

○ What heroes do

for greater good of humanity; in the face of adversity; heroic deeds; magical intervention; mysterious death; noble actions; noble goals; supernatural power; redemption; manage fear; recognize the risk; rise to heroism; the will for self-sacrifice

○ Why we need heroes

a good example to follow; apotheosis; benefactors of humankind; horizons of possibility; moral excellence; moral examples; sense of justice; the limits of our aspirations; the need for hero worship; emulate

● Teaching Procedures

Activity 1

- ☆ Explain the new words in the quotations if there is any.
- ☆ Explain the meaning of some of the quotations if students find them difficult.
- ☆ Have students discuss about the quotations in pairs.
- ☆ Have several students report their discussion to the class.

Activity 2

- ☆ Make a brief analysis of the questions.
- ☆ Have students ask and answer the questions in pairs.
- ☆ Tell them to take brief notes of their partner's answers.

Activity 3

- ☆ Have students work in groups and report what their partner has said about each question.
- ☆ Remind students to use the sentence starters.
- ☆ Have students volunteer their answers to some of the questions in Activity 2.
- ☆ If students have different opinions on the same question, ask them to justify themselves. (If time permits, a mini-debate can be held.)

Activity 4

- ☆ Explain the meaning of each subtopic.
- ☆ Divide the class into small groups.
- ☆ Have students brainstorm words and expressions related to the subtopics.
- ☆ Have several groups present their work on the blackboard/whiteboard.
- ☆ Add more words and expressions from "Supplementary items" on this page.

While You Watch

● Teaching Procedures

- ☆ Make a brief introduction to the video students are about to watch.
 - Check students' knowledge of the background information that is key to the understanding of the video.
 - Invite some students to share their knowledge. If no one knows, the teacher supplies the information.
- ☆ Play the video for the first time and ask students to focus on the main ideas only.
- ☆ Call on several students to tell what they have seen in the video.
 - Give opportunities to both stronger and weaker students.

- Give clues when necessary.
- ☆ Play the video for a second time and ask students to finish the activity.
 - Pause where necessary for students to finish the activity.
- ☆ Check the answers.
 - Have students check the answers with a partner or in groups.
 - Invite several students to give answers.
 - For difficult items, the teacher may explain in detail how the answers are derived.

Activity 5

Vocabulary

1 Items in the video

asset—a useful or valuable quality, skill or person 有价值的特性、技能或人 e.g. *Knowledge of languages is a real asset in this sort of work.*

inspiration—a good idea about what you should do, write, say etc., especially one which you get suddenly 灵感, 启示, 妙计

articulate—to express your ideas or feelings in words 清楚地明白地表达

momentum—the force that makes a moving object keep moving 动力, 冲力, 势头

entrepreneur—someone who starts a new business or arranges business deals in order to make money, often in a way that involves financial risks 企业家

sustainable—able to continue for a long time 可持续的

Answer Key (Student's Book, page 6)

Suggested answers:

Step 1 Pass the book.

Details of Step 1 written word, power; the ultimate source of knowledge and inspiration; read a great book, leave it in a public space, continue to pass along the power

Step 2 Speak your mind.

Details of Step 2 articulate your thoughts and ideas; inspire the masses, create momentum, bring about change; e-mail your local governments; call your politicians; speak up

Step 3 Feed a nation.

Details of Step 3 ancient Chinese proverb, teach a man to fish; become a micro financier to a low-income entrepreneur, developing country; for the first time, invest \$25 in a farm or business

Step 4 Preserve your culture.

Details of Step 4 culture, living thing; future generations, study your culture; well-being, strength of your community; rebuild neighborhoods and nations, strong foundation; a sustainable culture; look back, find out what you did

Activity 6

Background Information

1 Stephen Fry

Stephen John Fry (1957–) is an English actor, screenwriter, author, journalist, and comedian. He has co-written and co-starred with Hugh Laurie in *A Bit of Fry & Laurie*. He has contributed columns and articles for newspapers and magazines, and has written four novels and two volumes of autobiography, *Moab Is My Washpot* and *The Fry Chronicles*. He appears frequently on BBC Radio 4, starring in the comedy series *Absolute Power* and being a frequent guest on panel games such as *Just a Minute*. He is also known to British audiences as the reader of all seven Harry Potter novels in their audiobook versions.

2 Sir Patrick Moore

Sir Patrick Alfred Caldwell-Moore (1923–) is a British amateur astronomer who has attained prominent status in astronomy as a writer, researcher, radio commentator and television presenter of the subject, and who is credited as having done more than any other to raise the profile of astronomy among the British general public. His titles include Commander of the Order of the British Empire, Honorary Fellow of the Royal Society, and Fellow of the Royal Astronomical Society. He is a former president of the British Astronomical Association, a co-founder and former president of the Society for Popular Astronomy. He is also a self-taught musician and accomplished composer. His favourite genres are 19th century Viennese waltzes and marches.

Vocabulary

1 Items in the video

avid—marked by keen interest and enthusiasm 以强烈的兴趣和热情为特征的, 殷切的

unworldly—not interested in money or possessions, unusual and having qualities that do not seem to belong to this world 对钱财不感兴趣的, 非尘世的

courteous—polite and showing respect for other people 有礼貌的

Answer Key (Student's Book, page 6)

Suggested answers:

Stephen	CHARACTER TRAITS	Sir Patrick Moore
Fry		
✓	Being Oneself	□
□	Charm	✓
□	Commitment	□
✓	Competitiveness	□
□	Courteousness	✓
□	Generosity	□
□	Gentleness	□
□	Unworldliness	✓

Activity 7 and Activity 8

Background Information

1 CNN heroes

CNN has created an annual television special to honor individuals who are ordinary people but make extraordinary contributions and sacrifice to help others. They are called CNN Heroes. The television special started in 2007 and continues now, with the awards show aired at the end of the year. Over the course of the year, viewers worldwide can nominate the heroes they know and vote for the CNN Hero of the Year.

Vocabulary

1 Items in the video

nomination—the act of officially suggesting someone or something for a position, duty, or prize, or the fact of being suggested for it 提名, 任命

ex-convict—someone who was proved to be guilty of a crime and sent to prison 曾被判刑的人

obesity—the condition of being obese; increased body weight caused by excessive accumulation of fat 过度肥胖

rehabilitate—to help someone to live a healthy, useful, or active life again after they have been seriously ill or in prison 使恢复正常生活 e.g. *The program is intended to rehabilitate criminals.*

traffic—to buy and sell illegal goods (尤指非法物品的) 交易, 买卖

destitute—having no money, no food, no home etc. 贫困的, 赤贫的 e.g. *be destitute and homeless*

treacherous—ground, roads, weather conditions etc. that are treacherous are particularly dangerous because you cannot see the dangers very easily 危险的 e.g. *treacherous weather*

defuse—to remove the fuse from a bomb in order to prevent it from exploding 拆除 (炸弹等的) 雷管

custom home—a one-of-a-kind home that is designed for a specific client and for a particular location 定制住宅

mortgage—a legal arrangement by which you borrow money from a bank or similar organization in order to buy a house, and pay back the money over a period of years 抵押贷款, 按揭

Answer Key (Student's Book, page 7)

- A 1) nearly 40 years 2) quality health care 3) Mexico
 B 1) Los Angeles, CA 2) a re-entry program 3) 400 female ex-convicts
 C 1) overweighed people 2) fight obesity 3) 15,000 pounds
 D 1) Kathmandu, Nepal 2) 12,000 3) the sex-trafficking trade

- E 1) an international career 2) 1.2 million meals 3) homeless and destitute
 F 1) Scotland 2) daily sustenance 3) 400,000 kids
 G 1) Lexington, KY 2) treacherous waters 3) life-changing resources
 H 1) a child soldier 2) land mines 3) defuses
 I 1) Nairobi, Kenya 2) solar-powered lanterns 3) live safely
 J 1) Houston, TX 2) custom homes 3) wounded veterans

Activity 8

Answer Key (Student's Book, page 8)

- (1) T (2) T
 (3) F The top ten CNN Heroes for 2010 have been selected by the blue ribbon panel.
 (4) F Each of the top ten CNN heroes for 2010 is going to receive \$25,000 and the CNN Hero of Year will earn an additional \$100,000.
 (5) T (6) T (7) T (8) T

Activity 9

Background Information

1 Delta Air Lines, Inc.

Delta Air Lines, Inc. is a major airline headquartered in Atlanta, the U.S. It operates an extensive domestic and international network, spanning North America, South America, Europe, Asia, Africa, the Middle East, the Caribbean and Australia. Delta and the Delta Connection carriers fly to 348 destinations in 64 countries across six continents. Delta operates one of the world's largest and busiest hubs at Hartsfield-Jackson Atlanta International Airport.

2 U.S. Airways' miracle on the Hudson

U.S. Airways Flight 1549 was U.S. Airways' scheduled domestic commercial passenger flight from LaGuardia Airport in New York City to Charlotte-Douglas International Airport, in Charlotte, North Carolina. On January 15, 2009, the aircraft flying this route, an Airbus A320-214, was disabled by striking a flock of Canada Geese during its initial climb out. It was successfully ditched in the Hudson River adjacent to midtown Manhattan six minutes after takeoff from LaGuardia Airport. All 155 passengers and crew safely evacuated the airliner and were quickly rescued by nearby watercraft. The entire crew of Flight 1549 was later awarded the Master's Medal of the Guild of Air Pilots and Air Navigators. The award citation read, "This emergency ditching and evacuation, with the loss of no lives, is a heroic and unique aviation achievement."

Vocabulary

1 Items in the video

- cockpit**—the area in a plane where the pilot sits 飞行员座舱
- ominous**—making you feel that something bad is going to happen 预兆的，不祥的 e.g. *an ominous threat of war*
- deploy**—to put into use or action 展开 e.g. *Wait several seconds before deploying the parachute.*
- aviation**—the science or practice of flying in aircraft 航空学，航空
- by the book**—exactly according to rules or instructions 严格按照规定
- catastrophic**—of, relating to, resembling, or resulting in catastrophe 大灾难的，灾难性的 e.g. *The failure of the talks could have catastrophic consequences.*
- fray**—to alarm, frighten 使惊恐，使害怕
- anonymity**—the quality or state of being unknown or unacknowledged 匿名

Answer Key (Student’s Book, page 8)
(1) b (2) a (3) c (4) a (5) b (6) b

Extra Activity

- ☆ Have students answer the following questions:
- How would you have reacted if you were the pilot?
 - How would you have reacted if you were the flight attendants?
 - How would you have reacted if you were the passengers?

Activity 10

Background Information

1 Sandra Bullock

Sandra Annette Bullock (1964–) is an American actress and producer who rose to fame in the 1990s, after roles in successful films such as *Speed* and *While You Were Sleeping*. In 2009, Bullock starred in the most financially successful films of her career, *The Proposal* and *The Blind Side*. And for her role as Leigh Anne Tuohy in *The Blind Side*, Bullock was awarded a Golden Globe Award for Best Actress, a Screen Actors Guild Award for Outstanding Performance by a Female Actor in a Leading Role, and the Academy Award for Best Actress.

Vocabulary

1 Items in the book

- endearing**—inspiring affection or warm sympathy 惹人喜爱的，令人怜爱的
- inevitable**—that cannot be avoided or evaded; certain to happen 不可避免的；无法避免的；必然（发生）的

2 Items in the video

- ride**—a free journey in which a person experiences what he/she wanted to 搭乘
- exquisite**—extremely beautiful and very delicately made 精美的，精致的，精湛的
- grudge**—a feeling of dislike for someone because you cannot forget that they harmed you in the past 妒忌，怨恨，恶意 e.g. *Mr Gillis was not normally a man to bear grudges.*
- sexual orientation**—the fact that someone is heterosexual or homosexual 性取向
- trailblazer**—one that blazes a trail; an innovative leader in a field; a pioneer 开路的人；先驱者；开拓者

Answer Key (Student’s Book, page 9)
2-7-6-4-8-3-1-5

Activity 11

Background Information

1 President Barack Obama

Barack Hussein Obama II (1961–) is the 44th President of the United States, who took office in 2009. He is the first African American to hold the office. A native of Honolulu, Hawaii, Obama is a graduate of Columbia University and Harvard Law School, where he was the president of the Harvard Law Review. He was a community organizer in Chicago before earning his law degree. He worked as a civil rights attorney in Chicago and taught constitutional law at the University of Chicago Law School from 1992 to 2004. He served as a United States Senator from Illinois from January 2005 until he resigned after his election to the presidency in November 2008.

Vocabulary

1 Items in the video

- underscore**—to emphasize the fact that something is important or true 强调 e.g. *The President’s visit underscores the administration’s commitment to free trade.*
- vibrant**—full of activity or energy in a way that is exciting and attractive 充满生气的
- the grassroots**—the ordinary people in an organization, rather than the leaders 平民百姓
- mobilize**—to encourage people to support something in an active way 动员，调动

Answer Key (Student’s Book, page 9)
1) underscore 2) a fundamental truth
3) civil societies 4) a key message
5) common challenges 6) real progress
7) the top-down 8) the bottom-up

- 9) become involved 10) the political landscape
11) get the credit for 12) created the environment

Activity 12

Background Information

1 Warner Bros. Entertainment, Inc.

Warner Bros. Entertainment, Inc., also known as Warner Bros. Pictures or simply Warner Bros. is an American producer of film and television entertainment. It is a subsidiary of Time Warner, with its headquarters in Burbank, California and New York City. It has several subsidiary companies, including Warner Bros. Studios, Warner Bros. Pictures, Warner Bros. Interactive Entertainment, Warner Bros. Television, Warner Bros. Animation, Warner Home Video, New Line Cinema, TheWB.com, and DC Comics.

Vocabulary

1 Items in the video

chutzpah—a lot of confidence and courage to do something, especially something that might involve being impolite to someone in authority 勇气, 胆量

antiseptic—helping to prevent infection 杀菌的, 消过毒的

entrust—to make someone responsible for doing something important, or for taking care of someone 委托, 交托

magnitude—the great importance of something 重要性, 重大 e.g. *The magnitude of the issue can scarcely be overstated.*

Answer Key (Student's Book, page 10)

Suggested answers:

- (1) The challenge of ideals and ideas.
- (2) Harry Warner and three of his brothers.
- (3) They were not well-educated but they are courageous.
- (4) He enjoyed riding his granddaughter around on the tractor at his ranch.
- (5) A long struggle within the family business.
- (6) In an antiseptic-smelling room.
- (7) They communicated by means of eye and hand movements.

After You Watch

● Vocabulary

1 Items in the book

dyspnea—difficult or labored respiration 呼吸困难

setback—a problem that delays or prevents progress, or

makes things worse than they were 挫折, 挫败

humility—the quality of not being too proud about yourself 谦虚的态度, 谦逊

fair dinkum—*Australian English* real or true 公平的, 光明正大的

revere—to respect and admire someone or something very much 深为尊敬或(尤指宗教上)崇敬某人(某事物)

● Teaching Procedures

Activity 13

- ☆ Have students read the words and their definitions in the box.
- ☆ Have students fill in the blanks and then discuss their answers in pairs.
- ☆ Go through the sentences with the class and ask students to volunteer their answers.
- ☆ If time permits, ask students to make sentences with these words.

Activity 14

- ☆ Have students work in pairs and guess the meaning of the underlined words and expressions from the context.
- ☆ Go through the sentences with the class and ask students to volunteer their answers.
- ☆ If time permits, ask students to make sentences with these words and expressions.

Activity 15

- ☆ Have students read the sentences and the interview carefully.
- ☆ Have students complete the interview by filling in the missing questions.
- ☆ Check the answers with the class.
- ☆ Have students work in pairs to role-play the interview.

Answer Key

Activity 13 (Student's Book, page 10)

- | | |
|-----------------|----------------|
| (1) anonymity | (2) articulate |
| (3) destitute | (4) entrust |
| (5) magnitude | (6) obesity |
| (7) mobilize | (8) nomination |
| (9) treacherous | (10) ominous |

Activity 14 (Student's Book, page 11)

Suggested answers:

- (1) to arrive at the truth; to convey the truth
- (2) to actively involve herself in an activity
- (3) exactly according to rules or instructions
- (4) with only a feeling of nervousness
- (5) a free journey in which she experienced what she wanted to
- (6) to develop or do something new and important, or

to do something important that no one has done before

(7) to think or do in a way that is likely to lead to a correct result

Activity 15 (Student's Book, page 12)

1) D 2) E 3) F 4) A 5) C 6) B 7) G

Watch Again

Teaching Procedures

Activity 16

- ☆ Have students read the directions.
- ☆ Play the video for students to refresh their memory of the four steps to take to change the world.
- ☆ Introduce Language Function: Listing.
- ☆ Have students work in groups to list more actions to take to change the world.
- ☆ Have students share their list of actions with other groups.

Activity 17

- ☆ Play the video and call students' attention to Stephen Fry's attitude towards hero and heroism.
- ☆ Have students read the statements and put a tick in the blank if they agree and put a cross if they don't.
- ☆ Have students compare their answers in pairs and state their reasons.

Activity 18

- ☆ Have students read the directions.
- ☆ Play the video.
- ☆ Have students vote for the CNN Hero of the Year in groups and give their reasons for choosing that person.
- ☆ Have several groups report to the class.

Activity 19

- ☆ Have students read the directions.
- ☆ Play the video and then have students retell the story about Harry Warner in pairs.
- ☆ Introduce Speaking Strategy: Telling a story.
- ☆ Have students answer the questions and prepare a story about someone who has influenced them.
- ☆ Have students tell the story in groups.

Extended Activities

Vocabulary

1 Item in the book

abyss—a very dangerous or frightening situation 深渊

Teaching Procedures

Activity 20

- ☆ Have students form small groups and brainstorm the ways to celebrate modern day heroes.
- ☆ Have some groups present the results of their brainstorming to the class.
- ☆ Have students vote for the ten best ways.

Activity 21

- ☆ Have students form small groups and discuss the questions one by one.
- ☆ Have students volunteer their answers to the questions.
- ☆ If students have different opinions on the same question, ask them to justify themselves. (If time permits, a mini-debate can be held.)

Activity 22

- ☆ Have students form groups and interview ten other students on campus.
- ☆ Have the groups report in the next class the results of their interview, i.e., how the interviewees ranked the qualities of heroes.

Activity 23

- ☆ Divide the class into small groups and ask each group to research one of the following people: Marie Curie, Zhou Enlai, Mother Teresa, Mahatma Gandhi, Albert Einstein, or a person of their own choice.
- ☆ Tell each group to focus their research on the following aspects: nationality, lifetime, special qualities, heroic actions and quotations.
- ☆ Have each group make a short presentation with every member doing part of it in the next class.

Check Your Progress

Teaching Procedures

- ☆ Ask students to re-examine the goals stated at the beginning of the unit.
- ☆ Have students decide how successful they have been in meeting these goals.
- ☆ Have students rate their performance.

Unit 2 Pastimes and Hobbies

Introduction

In this unit, students will have access to language about pastimes and hobbies. In “Before You Watch”, they will familiarize themselves with some contemporary pastimes and hobbies and basic vocabulary for this unit. In “While You Watch” and “Watch Again”, they will watch nine video clips on the following topics:

- **How to Pack the Picnic** How can we pack the picnic so that everything is fresh-tasting and safe to eat?
- **Reasons to Scrapbook** Why has scrapbooking as a hobby grown by leaps and bounds in the last 10 years?
- **Benefits of Fishing** What are the benefits of fishing?
- **Why Baseball Is Popular** Baseball is a game of mass appealing for a few noticeable reasons.
- **Healthy Hobbies: Skills for Life** Students with disabilities tell stories about their healthy hobbies.
- **Birding** Bird-watching in a backyard and out on a trail.
- **Top Water Activities in Florida** What are some of Florida’s most popular water activities?
- **Outdoor Activities in Canada** What do Canada’s diverse landscapes offer lovers of outdoor activities?
- **The Value of Play** Why do both children and adults need to spend more time outdoors?

In “After You Watch”, students will have a practice on the key language items in the videos and have a theme-related reading activity. In “Extended Activities” students will be given opportunities to share their ideas about hobbies and pastimes, brainstorm the ways to cultivate a lifetime reading habit, and research the topic “celebrities and their hobbies”. Finally, in “Check Your Progress”, students will make an evaluation of how well they have learnt in this unit.

Unit Overview

In this unit, students will be able to

- Talk about various pastimes and hobbies
- Build up their vocabulary related to pastimes and hobbies
- Talk about benefits of some specific pastimes and hobbies
- Learn about some popular outdoor activities in North America
- Give a mini-talk about a popular pastime or hobby
- Talk about the relationship between one’s hobbies and career
- Express causes and effects



Teaching Notes

Before You Watch

Vocabulary

1 Items in the book

birding—the observation and study of birds with the naked eye, through a visual enhancement device like binoculars and telescopes, or by listening for bird calls
观察野鸟 Also called bird-watching

scrapbook—a book with empty pages where you can stick pictures, newspaper articles, or other things you want to keep 剪贴簿; 有空白页的书簿, 用于粘贴和保存图片、剪报或其他纪念物

rafting—a challenging recreational outdoor activity using an inflatable raft to navigate a river or other bodies of water 漂流, 激流漂流

BMX—bicycle racing that resembles motocross with dirt tracks and jumps and the use of special heavy-duty bicycles 自行车越野赛

trekking—walking a long way, especially in the mountains, as an adventure 步行, 尤指越过山区的长途步行

geocaching—a treasure hunting game where you use a GPS to hide and seek containers with other participants in the activity 一种户外活动, 玩家使用全球定位系统接收器在世界上的任何地方来藏匿藏宝盒或者找寻其他玩家匿藏的藏宝盒

passion—a strong liking or desire for or devotion to some activity, object, or concept 酷爱 e.g. *Music has always been his passion.*

identifiable—able to be recognized 可以确认的 e.g. *The police were identifiable by their uniform.*

2 Supplementary items

☆ Types of hobbies

beading; ballet dancing; camping; collecting antiques; floral arrangement; horse riding; Judo; playing online games; parachuting; rock climbing; scale modelling; sketching; scuba diving; Sudoku; watercolour painting; wood carving

☆ Types of hobbyists

amateur judo player; bibliophile; birder; camper; canoeist; collector; fish keeper; florist; horse rider; parachutist; philatelist; rock climber; scuba diver; wood carver

☆ Words used to describe hobbies

absurd; artistic; creative; curious; educational; enjoyable; expensive; fascinating; fulfilling; healthy; indoor; interesting; insipid; reasonable; relaxing; rewarding; trivial

Teaching Procedures

Activity 1

- ☆ Have students work individually to identify the pastimes and hobbies shown in the pictures.
- ☆ Have several students report their answers to the class.
- ☆ If students find some of the pastimes and hobbies in the pictures new to them, ask them to guess what they are, and then elaborate.

Activity 2

- ☆ Make a brief analysis of the questions.
- ☆ Have students ask and answer the questions in pairs.
- ☆ Tell them to take brief notes of their partner's answers.

Activity 3

- ☆ Have students work in groups and report what their partner has said about the questions in Activity 2.
- ☆ Remind students to use the sentence starters.
- ☆ Have students volunteer their answers to some of the questions.
- ☆ If students have different opinions on the same question, ask them to justify themselves. (If time permits, a mini-debate can be held.)

Activity 4

- ☆ Explain the meaning of each subtopic.
- ☆ Divide the class into small groups.
- ☆ Have students brainstorm words and expressions related to the subtopics.
- ☆ Have several groups present their work on the blackboard/whiteboard.
- ☆ Add more words and expressions from "Supplementary items" on this page.

Answer Key (Student's Book, page 18)

Activity 1

- | | | |
|-----------------|------------------|------------------|
| 1 rafting | 2 bungee jumping | 3 sand sculpting |
| 4 photographing | 5 BMX biking | 6 scrapbooking |
| 7 trekking | 8 blogging | 9 birding |
| 10 geocaching | | |

While You Watch

Teaching Procedures

- ☆ Make a brief introduction to the video students are about to watch.
 - Check students' knowledge of the background information that is key to the understanding of the video.
 - Invite some students to share their knowledge. If no one knows, the teacher supplies the information.
- ☆ Play the video for the first time and ask students to

focus on the main ideas only.

- ☆ Call on several students to tell what they have seen in the video.
 - Give opportunities to both stronger and weaker students.
 - Give clues when necessary.
- ☆ Play the video for a second time and ask students to finish the activity.
 - Pause where necessary for students to finish the activity.
- ☆ Check the answers.
 - Have students check the answers with a partner or in groups.
 - Invite several students to give answers.
 - For difficult items, the teacher may explain in detail how the answers are derived.

Activity 5

Vocabulary

1 Item in the video

pouch—a sealed plastic or foil container used in packaging frozen or dehydrated food 一种密封的塑料或箔制容器用来装冰冻或蒸干食物

Answer Key (Student's Book, page 20)

Suggested answers:

Step 1 On the bottom, put all the heavy stuff, including your bottles of water, your soda, 100% juice for the kids.

Step 3 Salads and pudding go in next.

Step 5 Put the sandwiches.

Activity 6

Background Information

1 The Department of Fish and Wildlife

The Department of Fish and Wildlife is an agency of the government of some U.S. states for programs protecting fish and wildlife resources and their habitats in the state. The agency operates hatcheries, issues hunting and angling licenses, advises on habitat protection, funds research for habitat for fish and wildlife in general, and sponsors public education programs.

Vocabulary

1 Items in the video

by leaps and bounds—very quickly 飞跃地

document—to write about something, film it, or take photographs of it, in order to record information about it 为…提供证明, 提供文件 e.g. *His research documents how the crisis occurred.*

the sky is the limit—there is almost no limit to how far

you can go in what you are doing 像天空一样无极限
release—freedom to show or express your feelings 释放 e.g. *Playing an instrument can be a form of emotional release.*

hoard—to gather or accumulate a hoard 储藏

fulfilling—making you feel happy and satisfied because you are doing interesting, useful, or important things 能实现个人抱负的, 令人高兴的, 令人满意的 e.g. *the most fulfilling careers*

habitat—the area or type of environment in which an organism or ecological community normally lives or occurs (动植物的) 产地, 栖息地

camaraderie—goodwill and light-hearted rapport between or among friends 两个或多个朋友之间的良好和平淡的关系

offshoot—something that branches out or derives its existence or origin from a particular source 衍生物

Answer Key (Student's Book, page 21)

Suggested answers:

Scrapbooking	ADVANTAGES	Fishing
<input type="checkbox"/>	Benefiting the environment	✓
✓	Doing it while watching TV	<input type="checkbox"/>
<input type="checkbox"/>	Relaxing yourself	✓
✓	Getting together with friends	✓
✓	Having an artistic release	<input type="checkbox"/>
✓	Having fun	<input type="checkbox"/>
<input type="checkbox"/>	Relieving stress	✓
<input type="checkbox"/>	Spending time with your family	✓

Activity 7

Background Information

1 Major League Baseball

Major League Baseball (MLB) is the highest level of professional baseball in the United States and Canada, consisting of teams that play in the National League and the American League. The current MLB regular season typically begins on the first Sunday in April and ends on the first Sunday in October. And the games are broadcasted on television.

Vocabulary

1 Item in the book

rounders—a game of English origin that is played with a bat and ball and that somewhat resembles baseball 圆场球 (一种类似棒球的英国球戏)

2 Items in the video

appeal—to attract or interest somebody 有吸引力, 引起兴趣

gender—sexual identity, especially in relation to society or culture 性, 性别

gentlemanly—characteristic of or having the character