

外教社·麦克米伦
中学英语词汇进阶

MOVING *UP*
Vocabulary

Philip Leetch

改编 邵严毅

2

学生用书



上海外语教育出版社

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出版前言

《外教社—麦克米伦中学英语词汇进阶》由我社从香港麦克米伦出版社引进并改编出版，供内地中学生使用。

本套书共3册，每册15个主题。全套书共45个主题，涉及社会生活的方方面面，为中学生开拓视野、增长知识提供了丰富的教学资源。每个主题下设若干个部分，通过丰富多彩的生活场景，形式多样的任务型活动以及充分利用互联网资源的现代理念，让学生在运用中学习、掌握词汇，提高英语水平。本套书经过改编，适当淡化了香港地方色彩，进一步拓展学生的国际化视野，同时加强他们对中华文化的深入了解。对一些与香港地区社会、文化密不可分的内容，我们予以保留，这样也有利于中学生增强对我国这一“东方之珠”的了解。

学完本套书，学生可熟练掌握2 500个新单词与短语，同时培养行之有效的词汇学习策略。

上海外语教育出版社

2005年1月

Preface

If young people are going to develop an adequate knowledge of English, they need not only a solid grammatical foundation, but also an extensive vocabulary. This new series of books aims to give junior secondary students just this.

The world is changing so fast these days that vocabulary courses need regular updating to keep in touch with the times. Thus, this series builds on the traditional ways of adding new words and presenting vocabulary, but it also suggests new ways, such as using the Internet to further help with study. By combining the best of the old and the new, Moving Up Vocabulary offers a wide range of stimulating activities and many opportunities and exercises for students to practice their writing. It is the ideal supplement to any course book.

This book is designed to be used by students working on their own, or it can be used to complement or create new and interesting lessons. Students who work through these theme books will develop a wide-range knowledge of practical vocabulary. Having been exposed to the variety of text-types and writing styles in these books, students will have a substantial advantage in preparing themselves for further studies.

Contents

1	Sports and Sports Day	2
2	Going to the Doctor	16
3	Entertainment	30
4	Writing Letters	44
5	Jobs	56
6	Cooking	70
7	Eating	84
8	Using the Telephone	98
9	Pets	112
10	Animals and Insects	126
11	Special Occasions	140
12	Festivals	154
13	A Trip Overseas	168
14	Hong Kong	182
15	Personal Care	196
	Word List	210

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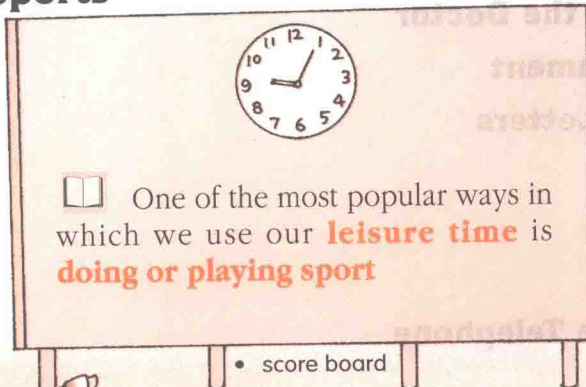


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1 Sports and Sports Day

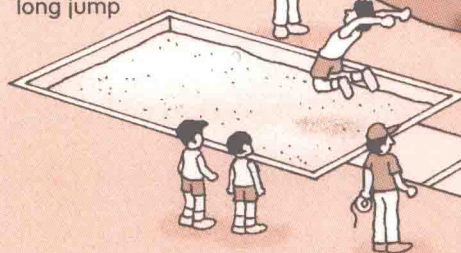
- Sports
- A Sports Alphabet
- Sports Commentary
- Sports Day
- Prizes

A Sports

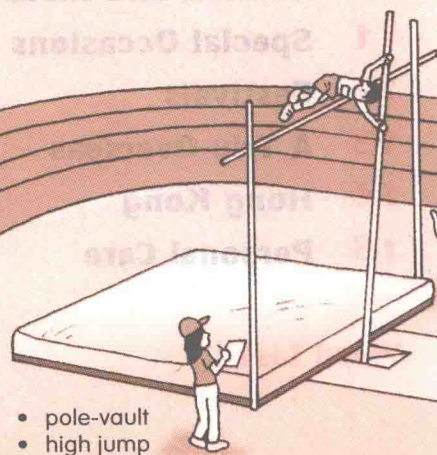


- prize giving ceremony

- long jump

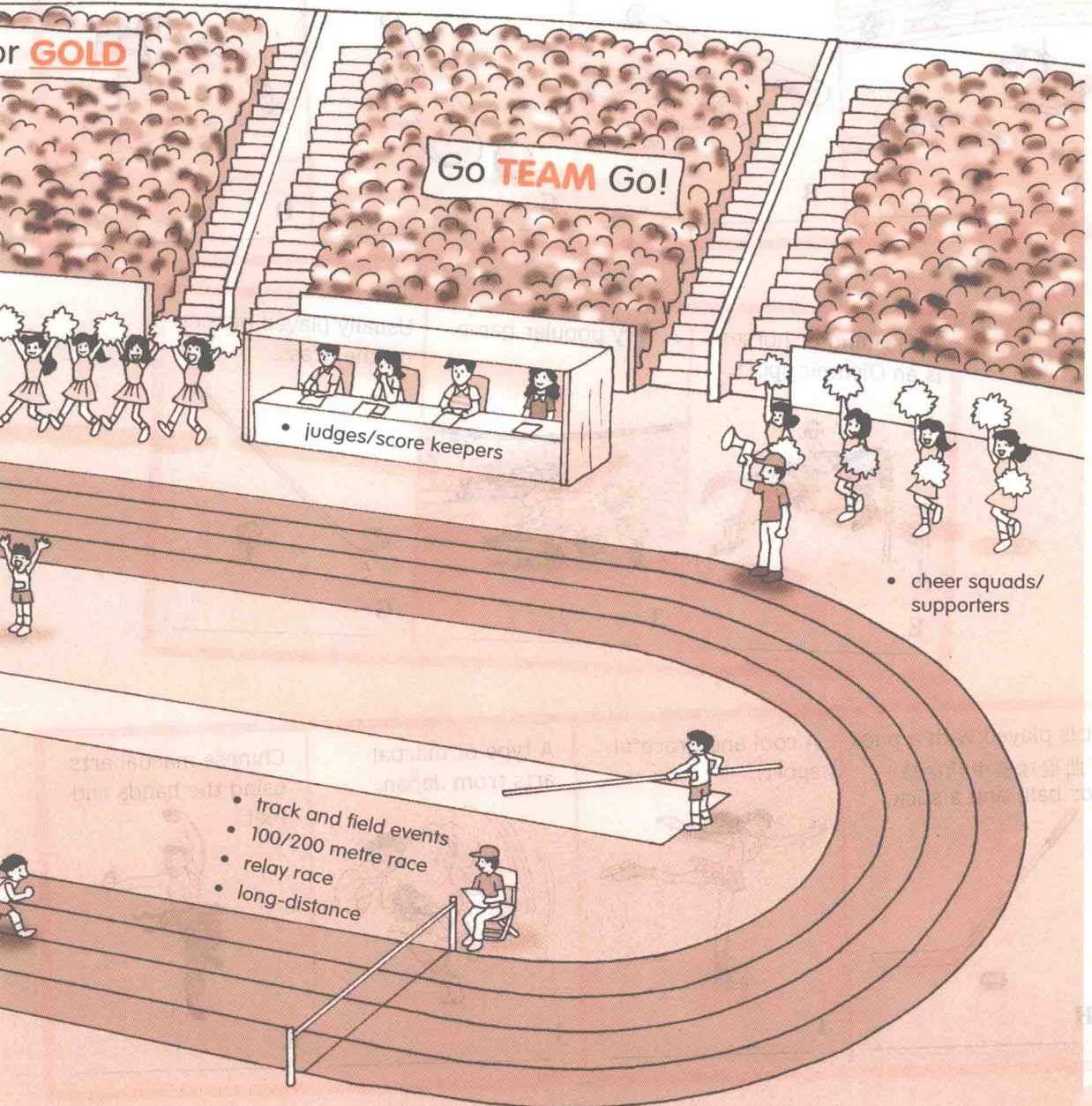


- pole-vault
- high jump



Playing sport not only helps **keep us fit**, it also helps in the development of our **physical strength** and **skills**.

Watching sport can be very exciting too. Through our **observations** as **sports spectators**, not only can we **learn** the special skills we need to become good **sports players**, but we can **support** and **cheer** our favourite **team** as well.

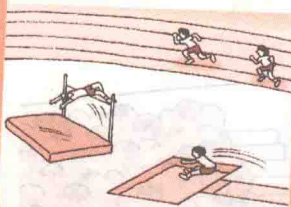


B A Sports Alphabet



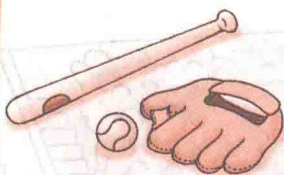
How well do you know your sports? Complete the following sports alphabet.

Track and field sports.



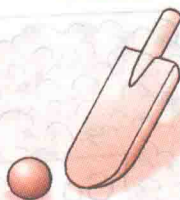
A

A popular game in the US, played with a bat and ball.



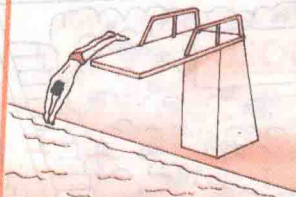
B

A British game, played with a hard ball and a bat.



C

Jumping head first into the water.



D

This riding of horses is an Olympic sport.



E

A very popular game.



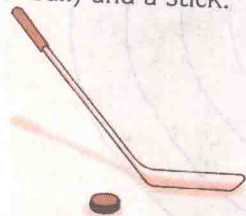
F

Usually played outside on the grass.



G

It is played with a puck (曲棍球赛中用的球) (or ball) and a stick.



H

A cool and graceful sport.



I

A type of martial arts from Japan.



J

Chinese martial arts using the hands and feet.



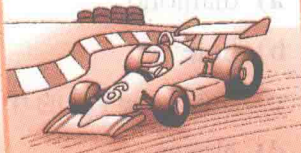
K

A sport where you must jump as far as possible.



L _____

A sport using cars.



M _____

This game is similar to basketball, usually played by girls.



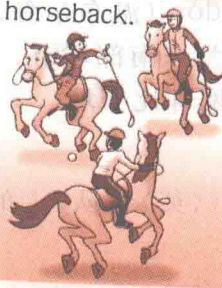
N _____

You need a map, a compass and a good sense of direction.



O _____

A team sport played on horseback.



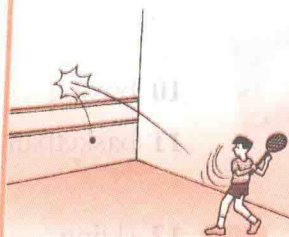
P _____

You use special shoes with wheels.



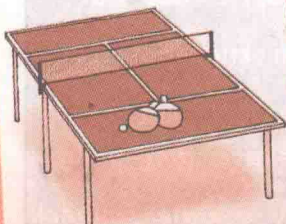
R _____

Similar to tennis, but played against a wall.



S _____

Another word for ping-pong.



T _____

Fast-moving game where players must hit the ball over the net.



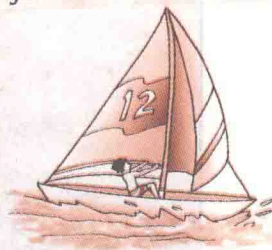
V _____

A sport where you lift special weights.



W _____

Sailing or racing in a yacht.



Y _____

 **Word Match**

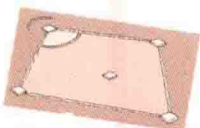
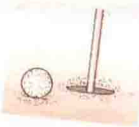
Match the sports in column A with the words best related to them in column B. Follow the example.

Column A

Column B

- 1 archery []
- 2 badminton []
- 3 golf []
- 4 gymnastics []
- 5 soccer []
- 6 rugby []
- 7 tennis []
- 8 shooting []
- 9 baseball []
- 10 boxing []
- 11 basketball []
- 12 skiing []

- a) diamond
- b) hole
- c) bull's eye (靶的中心)
- d) gloves
- e) snow
- f) arrow
- g) goalkeeper
- h) shuttlecock (羽毛球)
- i) Wimbledon (温布尔登, 英国英格兰东南部城市, 著名的国际网球比赛地)
- j) rings
- k) sevens (<英>每队7人的橄榄球赛)
- l) dunk (扣篮)



 **Odd-One-Out**

Circle the odd-one-out in each list.

- 1 football forward basket penalty
- 2 tee hole golf boat
- 3 Grandprix flag mat driver
- 4 sail race block lap
- 5 black belt serve throw judo



- 6 dunk dribble kick Jordan
- 7 yellow card serve net set
- 8 horse punch knockout heavyweight
- 9 bat table skate ping-pong
- 10 horse jockey saddle fullback

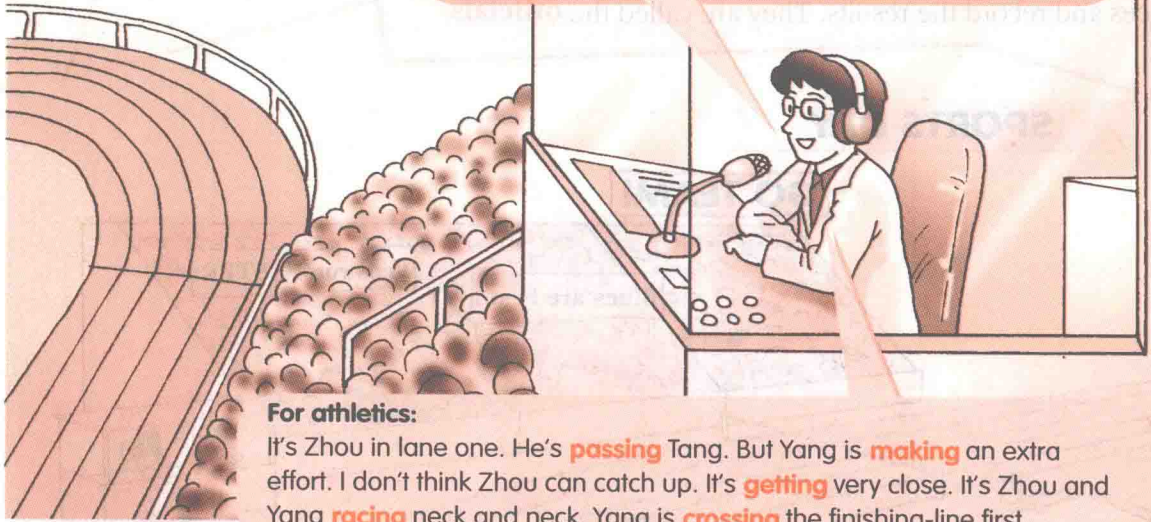
C Sports Commentary

Usually for **sporting events** shown on television, a **commentator** will describe what is happening on screen for us. They will use the **-ing** form a lot.

Let's look at the examples:

For Football:

And Chen is **running** up the left-wing. He passes the ball to Wang. Wang is **running** past Lai, and he's **going** to score. Yes, it's a goal. That's 2-nil...



For athletics:

It's Zhou in lane one. He's **passing** Tang. But Yang is **making** an extra effort. I don't think Zhou can catch up. It's **getting** very close. It's Zhou and Yang **racing** neck and neck. Yang is **crossing** the finishing-line first...

Writing

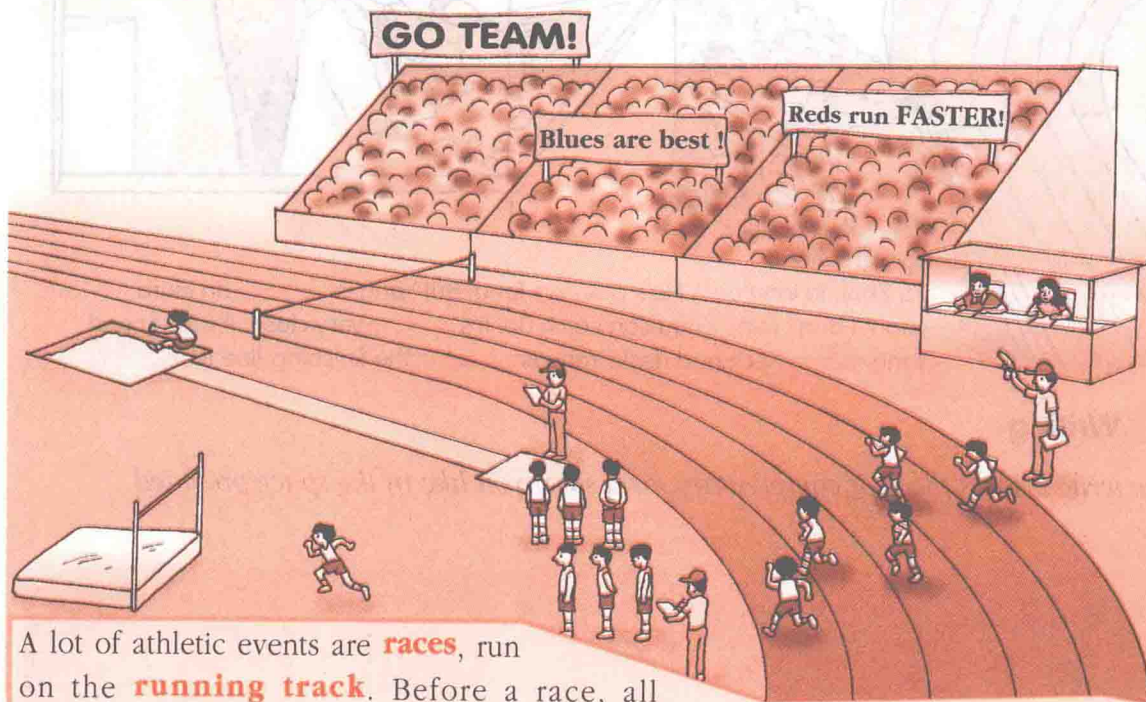
Now write a short piece of commentary for a sport you like in the space provided.

Handwriting practice area with multiple lines of dotted lines for writing.

D Sports Day

Most schools have an **annual** (once a year) **athletics meet** or **sports day**. Everyone in the school goes to a sports **stadium**. Some students will stay in the **stands** and watch the events. They are called **spectators**. Other students will take part in the sporting events. They are the **competitors**. A few people are also needed to help start the races and record the results. They are called the **officials**.

SPORTS DAY



A lot of athletic events are **races**, run on the **running track**. Before a race, all competitors are asked to go to their **mark** at the **starting lane**, and wait for the **starting gun**. Serious **athletes** start from starting **blocks** and wear **spiked shoes** to help them run faster.

The official at the starting line will say: "**On your marks. Get set. Go**". He then fires the gun or blows a **hooter** to signal to everyone to start running. The race may be short, either **100** or **200 metres**, or it may be a **long-distance** race with many **laps** to do.

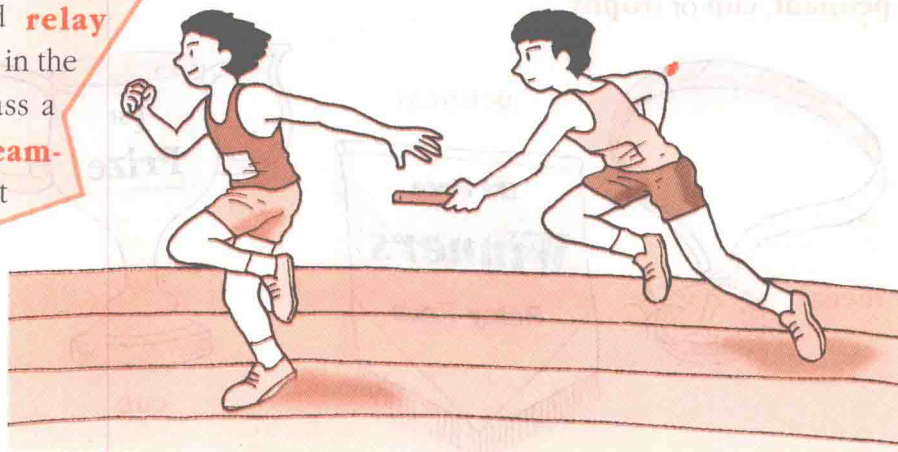
The **winner** is the person who crosses the **finishing line** or **breaks the tape** first. The **timekeepers** stand by with their **stopwatches**. The winner's name and race time will then go up on the **scoreboard**.

Some races are run in **teams**.

These are called **relay**

races. Each runner in the relay race must pass a

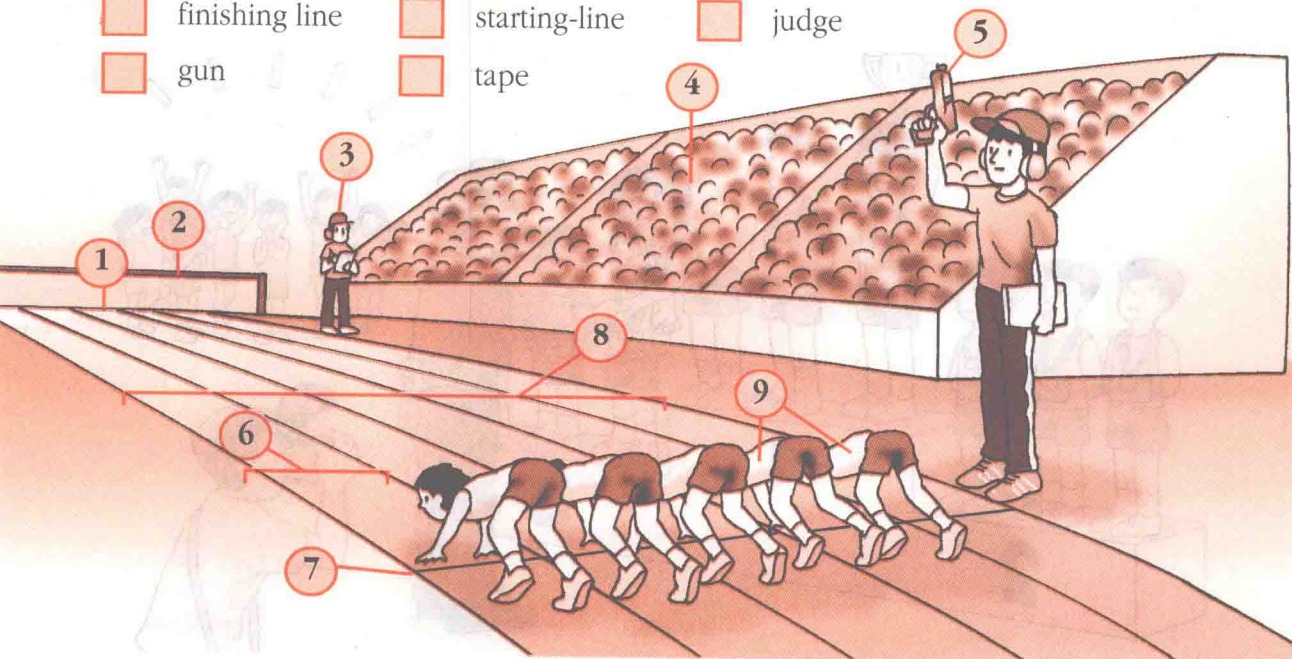
baton onto his **team-mates** without dropping it.



Label the Picture

Look at the picture and write the correct number for each word in the box.

- | | | | |
|---|--|--------------------------------|---------------------------------------|
| <input type="checkbox"/> competitors | <input type="checkbox"/> spectators | <input type="checkbox"/> track | <input type="checkbox"/> running lane |
| <input type="checkbox"/> finishing line | <input type="checkbox"/> starting-line | <input type="checkbox"/> judge | |
| <input type="checkbox"/> gun | <input type="checkbox"/> tape | | |



E Prizes

The winners of a race may receive a **medal**. **Gold** for first place, **silver** for second place, or **bronze** for third place. There are other prizes as well. You may receive a **medal**, **pennant**, **cup** or **trophy**.



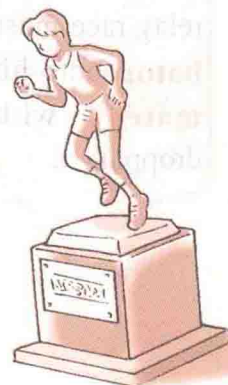
medal



pennant



cup



trophy

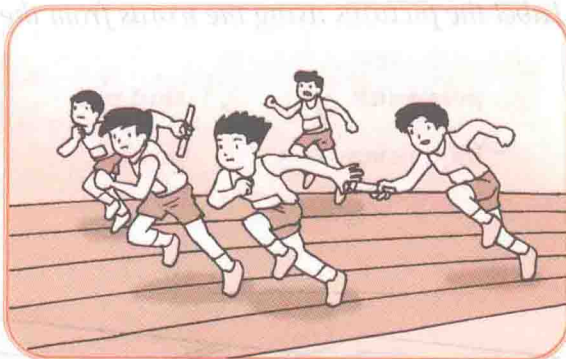
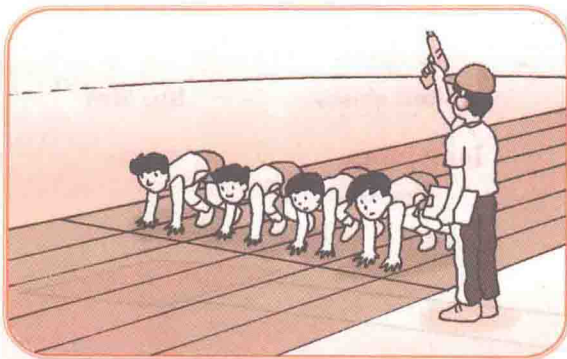
A **guest-of-honour** or the **school principal** will **present** the prizes to the winners at the **prizegiving ceremony** at the end of the day. The **cheer squads** will clap, sing and cheer when they see their house members receiving their prizes.





A Relay Race

Complete this account of a relay race by filling in the blanks with the correct words.



The last e _____ of the day was the school inter-class r _____ r _____. All the c _____ lined up at the s _____ l _____. The official at the starting line said, "O _____ y _____ m _____. Get set. Go!" and then f _____ his gun. Everyone ran as fast as they could to try to be the f _____ to pass the b _____ on to his team-mate. One t _____, however, was very fast and was soon in the lead. Their team captain, Jack Liu, was the first to cross the f _____ l _____ and break the t _____. The crowd all clapped and c _____ loudly when Jack's team received the champion's c _____ and four shiny g _____ m _____ at the prizegiving ceremony. Well done team!