

普通高等学校规划教材

大学英语 自主听力

College English
Autonomous Listening
Coursebook

教程

陈 婕 李 勇 主编

- 30篇英美趣味故事
- 四级听力分项训练
- 四级听力综合演练



人民交通出版社股份有限公司
China Communications Press Co., Ltd.

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内 容 提 要

本书是根据教育部高等教育司颁布的《大学英语课程教学要求》和全国大学英语四、六级考试委员会公布的最新 CET-4 听力理解要求及样题而编写的,目的是帮助学生巩固大学英语课堂上“听力”技能训练成果和顺利通过大学英语四级考试。

本书不但可以作为大专院校学生、各类 CET-4 考生的学习和复习资料,而且可以作为大学英语教师的教学参考资料。

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责任编辑:刘永芬

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《大学英语自主听力教程》编委会

主 编 陈 婕 李 勇

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前言

《大学英语自主听力教程》是根据教育部高等教育司颁布的《大学英语课程教学要求》和全国大学英语四、六级考试委员会 2013 年 8 月在其官方网站 (www. cet. edu. cn) 上公布的最新 CET-4 听力理解要求及样题而编写的。本书紧扣大学英语教学实际以及大学英语四级考试听力理解部分的实际, 而且取材新颖, 并采用了精讲多练的有效方式。本书编写的目的是帮助学生巩固大学英语课堂上“听力”技能训练成果和顺利通过大学英语四级考试。

本书的适用对象是中国高等院校非英语专业学生, 也可供其他立志于自主提高大学英语“听力”技能特别是自主准备最新 CET-4 的英语学习者使用。

本书的内容编排顺序与最新大学英语四级考试听力理解部分相关项目的编排顺序完全一致。全书共分为 3 章, 第 1 章编有 30 篇关于美英人士文化生活的趣味小故事, 每篇小故事后都编有多项选择题、是非判断题和听写填空题。第 2 章对大学英语四级考试听力理解部分进行分项技巧培训, 包括短对话、长对话、短文理解和短文听写 4 个题型, 每个题型都包括题型概览、应试技巧和模拟训练, 并附有模拟训练的参考答案与听力原文。第 3 章对大学英语四级考试听力理解进行综合模拟训练, 配有综合套题、参考答案、听力原文和精要解析。

由于编者的水平和时间有限, 书中缺点和错误在所难免, 敬请广大读者批评指正。

编 者
2014 年 4 月

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第 1 章 大学英语自主精听 30 篇

1.1 大学英语自主精听 1 ~ 15 篇

1.1.1 Unit 1 Will Linda Say Yes?

Part I

Directions: *In this part, you will hear a passage. After the passage, you will be asked some questions. You will hear the passage and the questions about it just one time. Listen carefully and choose the best answer from the four choices marked A), B), C) and D)*

1. A) A waiter. B) A bus driver.
C) A ticket collector in a cinema. D) A lawyer.
2. A) Because traffic is heavy in Chicago.
B) Because there is snow, wind and wild drivers.
C) Both A) and B).
D) Because he is inexperienced.
3. A) To a nice restaurant. B) To a bank.
C) To a cinema. D) To a cafeteria.
4. A) Because he is handsome.
B) Because he has much money in the bank.
C) Because he understands her and she understands him.
D) Because both he and she live in Chicago.

Part II

Directions: *Learn the following words. Then listen to the passage for the second time and write "T" (true=A) or "F" (False=B) for each statement you hear.*

Chicago n. 芝加哥(美国城市名)

appetite n. 食欲, 胃口

1. _____ A) true B) false
2. _____ A) true B) false
3. _____ A) true B) false
4. _____ A) true B) false

Part III

Directions: *Listen to the passage for the third time and write down the missing words according to what you have just heard.*

1. Ray tries to _____ all the passengers.
2. They talk about their lives and hope _____ the future.

3. This Sunday Ray is taking Linda to _____ restaurant.

1.1.2 Unit 2 I Saw the Thief Again!

Part I

Directions: In this part, you will hear a passage. After the passage, you will be asked some questions. You will hear the passage and the questions about it just one time. Listen carefully and choose the best answer from the four choices marked A), B), C) and D).

1. A) At 11 o'clock on Wednesday morning. C) On Wednesday afternoon.
B) At 10 o'clock on Wednesday morning. D) On Wednesday evening.
2. A) Big and tall. B) Small and thin.
C) Short and fat. D) Tall and thin.
3. A) He went shopping. C) He went to the bank.
B) He went to the movies. D) He went to the Police Station.
4. A) They called back.
B) They were too busy to come.
C) They arrived in 20 minutes.
D) They arrived in less than 5 minutes and arrested the thief.
5. A) The thief hated chocolate.
B) The speaker was the thief's neighbor.
C) The speaker was praised by the mayor.
D) The speaker got a \$ 100 reward from the bank.

Part II

Directions: Learn the following words. Then listen to the passage for the second time and write "T" (true=A) or "F" (False=B) for each statement you hear.

shot n. 射击声 candy machine 自动出售糖果的机器 reward n. 赏金

1. _____ A) true B) false
2. _____ A) true B) false
3. _____ A) true B) false

Part III

Directions: Listen to the passage for the third time and write down the missing words according to what you have just heard.

I telephoned the police _____ a telephone next to the rest rooms. The police arrived in _____ than five minutes. They arrested the thief _____ as he was buying a chocolate bar from the candy machine! What an exciting day! And best of all, the _____ gave me a \$ 100 reward!

1.1.3 Unit 3 Photographer (I)

Part I

Directions: In this part, you will hear a passage. After the passage, you will be asked some

questions. You will hear the passage and the questions about it just one time. Listen carefully and choose the best answer from the four choices marked A), B), C) and D).

1. A) A photographer. B) An actress. C) A director. D) A driver
2. A) An actor. B) A bodyguard. C) An actress. D) A football star.
3. A) Some of her fans. B) Her mother and her guard.
C) The hotel manager and her driver. D) A companion and a guard.
4. A) Because he was in love with her.
B) Because he thought she was beautiful.
C) Because he thought she was talented.
D) Because he wanted to have it in his new book of photographs.
5. A) She always tried to avoid her fans. B) She didn't like photographers.
C) She was tall. D) She had a beautiful car.

Part II

Directions: Learn the following words. Then listen to the passage for the second time and write "T" (true=A) or "F" (False=B) for each statement you hear.

sooner or later 迟早 camera n. 照相机 companion n. 同伴
guard n. 保镖 talent n. 才能

1. _____ A) true B) false
2. _____ A) true B) false
3. _____ A) true B) false
4. _____ A) true B) false

Part III

Directions: Listen to the passage for the third time and write down the missing words according to what you have just heard.

All at once the actress and the others _____ a car and drove away. The photographer _____ them in his car. "Just one prize picture," he said. "That's all I really want." He knew this book of photographs would _____.

1.1.4 Unit 4 Photographer (II)

Part I

Directions: In this part, you will hear a passage. After the passage, you will be asked some questions. You will hear the passage and the questions about it just one time. Listen carefully and choose the best answer from the four choices marked A), B), C) and D).

1. A) A jewelry store. B) The director's car.
C) A fashionable clothing store. D) An expensive restaurant.
2. A) A jewelry store and a restaurant. B) An art store and a clothing store.
C) A church and a restaurant. D) A clothing store and a restaurant.
3. A) Her best friend. B) Her guard.
C) A famous director. D) Her manager.

4. A) Because she didn't like the wine.
- B) Because she was angry with the director.
- C) Because she had to stand and eat.
- D) Because she couldn't stand Frank following her all the way and taking pictures.

Part II

Directions: Learn the following words. Then listen to the passage for the second time and write "T" (true=A) or "F" (False=B) for each statement you hear.

jewelry n. 珠宝 close-up shot 特写镜头 shot n. 拍摄, 镜头
leave alone v. 别惹 director n. 导演 terrific a. 非常好的
hold on to 抓紧

1. _____ A) true B) false
2. _____ A) true B) false
3. _____ A) true B) false
4. _____ A) true B) false

Part III

Directions: Listen to the passage for the third time and write down the missing words according to what you have just heard.

1. The surprised actress _____ and smiled. "I hope you're happy _____ your pictures," she said. "Now please _____ me _____." Frank thanked her and left.
2. "She really didn't seem to _____." He decided to continue _____ the actress. He wanted to _____ he got a good shot.
3. Frank _____ tightly _____ his camera. His face felt _____ and his hair was wet with wine, but that didn't _____. These pictures were _____ it.

1.1.5 Unit 5 Whose Bones?

Part I

Directions: In this part, you will hear a passage. After the passage, you will be asked some questions. You will hear the passage and the questions about it just one time. Listen carefully and choose the best answer from the four choices marked A), B), C) and D).

1. A) Unusual bones. B) Common bones.
- C) Animal bones. D) All kinds of bones.
2. A) Because he was busy.
- B) Because he was going to work there.
- C) Because he disliked the present university.
- D) Because he wanted to find more bones there.
3. A) Mr. Grey himself. B) Mrs. Grey.
- C) Three workmen. D) The president of the new university.
4. A) Mr. Grey's bones. B) Mrs. Grey's bones.
- C) Mr. Grey's collection of bones. D) Mr. Grey's papers.

Part II

Directions: Learn the following words. Then listen to the passage for the second time and write “T” (true=A) or “F” (False=B) for each statement you hear.

biology n. 生物学 van n. 搬运车

1. _____ A) true B) false

2. _____ A) true B) false

Part III

Directions: Listen to the passage for the third time and write down the missing words according to what you have just heard.

1. Mr. Grey was very busy, his wife _____ all their possessions to be taken in a moving van to their new home while he was away _____.

2. The following week three men started _____ the things _____ Mrs. Grey's house and _____, when one of them brought out a large wooden box.

1.1.6 Unit 6 John Became a Carpenter!

Part I

Directions: In this part, you will hear a passage. After the passage, you will be asked some questions. You will hear the passage and the questions about it just one time. Listen carefully and choose the best answer from the four choices marked A), B), C) and D).

- | | |
|-------------------------------------|---------------------------------|
| 1. A) A family of engineers. | B) A family of doctors. |
| C) A family of carpenters. | D) A family of gardeners. |
| 2. A) His father. | B) His grandfather. |
| C) His grandmother. | D) John himself. |
| 3. A) Early in life. | B) Since he was 21. |
| C) Since he grew up. | D) Since he got married. |
| 4. A) Play with his father's tools. | B) Watch his father work. |
| C) Sit in the house. | D) Learn from other carpenters. |

Part II

Directions: Learn the following words. Then listen to the passage for the second time and write “T” (true=A) or “F” (False=B) for each statement you hear.

carpenter n. 木匠 characteristics n. 特点 New Hampshire 新罕布什尔(美国州名)
pressure vt. 迫使 take up 开始(从事于) expose vt. 使接触

1. _____ A) true B) false

2. _____ A) true B) false

3. _____ A) true B) false

Part III

Directions: Listen to the passage for the third time and write down the missing words according to what you have just heard.

From the time he was eight he followed his father around, _____ as that skilled carpenter did his work. John remembers _____ watching his father and a group of workers _____ from the ground up.

1.1.7 Unit 7 Deepest Sympathy

Part I

Directions: In this part, you will hear a passage. After the passage, you will be asked some questions. You will hear the passage and the questions about it just one time. Listen carefully and choose the best answer from the four choices marked A), B), C) and D).

1. A) Getting a permanent job in a certain big modern hospital.
B) Moving into a big house.
C) Getting a particular permanent job in a small hospital.
D) Getting a particular temporary job in a certain big modern factory.
2. A) Because they came with a note saying "Getting better".
B) Because they came with a note saying "Deepest sympathy".
C) Because they were cheap flowers.
D) None of the above.
3. A) A hospital. B) Dr. Jackson's old house.
C) A funeral. D) None of the above.
4. A) Dr. Jackson's. B) Jackson's wife's.
C) The hospital president's. D) The flower shop owner's.

Part II

Directions: Learn the following words. Then listen to the passage for the second time and write “T” (true=A) or “F” (False=B) for each statement you hear.

permanent *a.* 永久的 appoint *vt.* 委派 extraordinary *a.* 特别的
apologize *vi.* 道歉 funeral *n.* 葬礼

1. _____ A) true B) false
2. _____ A) true B) false

Part III

Directions: Listen to the passage for the third time and write down the missing words according to what you have just heard.

For a long time Dr. Jackson had wanted to get a _____ job in a certain big modern hospital, and at last he was successful. He _____ the particular position which he wanted, and he and his wife moved to the house which they were now to live in.

1.1.8 Unit 8 I Am Not In!

Part I

Directions: *In this part, you will hear a passage. After the passage, you will be asked some questions. You will hear the passage and the questions about it just one time. Listen carefully and choose the best answer from the four choices marked A), B), C) and D).*

1. A) \$ 20. B) \$ 2. C) \$ 12. D) \$ 22.
2. A) Because they were friends.
 B) Because Len left to work in another town.
 C) Because Jin left to work in another town.
 D) Because Jin was penniless.
3. A) From a TV show. B) From a friend
 C) From a hotel clerk. D) From a post.
4. A) To tell the people he was in the room.
 B) To tell the people he was not in the room.
 C) To be cleaned.
 D) To be thrown away.

Part II

Directions: *Learn the following words. Then listen to the passage for the second time and write "T" (true=A) or "F" (False=B) for each statement you hear.*

Central Hotel 中央宾馆 slipper n. 拖鞋

1. _____ A) true B) false
2. _____ A) true B) false
3. _____ A) true B) false

Part III

Directions: *Listen to the passage for the third time and write down the missing words according to what you have just heard.*

1. He found out the number of Jim's room from the clerk at the desk downstairs and _____ find him.
2. "Well, he must be in," he thought, and _____ the door.

1.1.9 Unit 9 Careless Carlos

Part I

Directions: *In this part, you will hear a passage. After the passage, you will be asked some questions. You will hear the passage and the questions about it just one time. Listen carefully and choose the best answer from the four choices marked A), B), C) and D).*

1. A) To make rice cakes. C) To go to bed early.
 B) To do just what his parents told him. D) To go to school on time.
2. A) He failed to think for himself before acting.
 B) He failed to listen to his parents.
 C) He failed to listen to his classmates.
 D) He failed to study hard at school.
3. A) Books. B) Glasses. C) Rice cakes. D) Water.
4. A) In a bowl. B) In his pocket. C) In a glass. D) In a paper bag.

Part II

Directions: Learn the following words. Then listen to the passage for the second time and write “T” (true=A) or “F” (False=B) for each statement you hear.

rice n. 米 crush vt. 压碎 ask for 要求得到 spill vt. 使溢出

1. _____ A) true B) false

2. _____ A) true B) false

3. _____ A) true B) false

Part III

Directions: Listen to the passage for the third time and write down the missing words according to what you have just heard.

That evening some people from the village _____ Carlos's home. One of the men _____ from eating too many rice cakes, so he _____ some water. Carlos left the room to get it but he _____ for a very long time.

1.1.10 Unit 10 She Wants to Be Herself!

Part I

Directions: In this part, you will hear a passage. After the passage, you will be asked some questions. You will hear the passage and the questions about it just one time. Listen carefully and choose the best answer from the four choices marked A), B), C) and D).

1. A) People misunderstand her.
B) People like her.
C) People dislike her.
D) People often compare her to her sister.
2. A) Her parents buy some for her.
B) She buys some.
C) Her friends who know about her hobby give some to her.
D) Both B) and C).
3. A) An English teacher. B) A bicycle rider.
C) A Spanish teacher. D) A fashion model.
4. A) Because she wants to help young people learn.
B) Because she wants to make money.
C) Because she wants to learn.
D) Because she wants to have more leisure time.

Part II

Directions: Learn the following words. Then listen to the passage for the second time and write “T” (true=A) or “F” (False=B) for each statement you hear.

collect stamps 集邮 club n. 俱乐部 hobby n. 嗜好
collection n. 收集物, 收藏品 Mexico City 墨西哥城(墨西哥首都)

1. _____ A) true B) false

2. _____ A) true B) false

3. _____ A) true B) false

Part III

Directions: Listen to the passage for the third time and write down the missing words according to what you have just heard.

1. She loves to swim, dance, and ride her bike. She _____ a bicycle club, and on Saturdays the members go for long rides.

2. She has _____ stamps from Mexico.

3. Nothing is _____ than that.

1.1.11 Unit 11 Enjoy Your Vegetables!

Part I

Directions: In this part, you will hear a passage. After the passage, you will be asked some questions. You will hear the passage and the questions about it just one time. Listen carefully and choose the best answer from the four choices marked A), B), C) and D).

1. A) Behind her house.

B) In front of her house.

C) Near her house.

D) Far from the house.

2. A) Some flowers.

B) Some vegetables.

C) Some trees.

D) Some grapes.

3. A) She picked some vegetables.

B) Her son picked some vegetables.

C) Her neighbor stole the vegetables.

D) Her neighbor's ducks ate the vegetables.

4. A) A few days before Christmas.

B) A few days after Christmas.

C) On Christmas Eve.

D) On Thanks-giving day.

Part II

Directions: Learn the following words. Then listen to the passage for the second time and write "T" (true=A) or "F" (False=B) for each statement you hear.

Christmas n. 圣诞节 parcel n. 包裹

1. _____ A) true B) false

2. _____ A) true B) false

Part III

Directions: Listen to the passage for the third time and write down the missing words according to what you have just heard.

Mrs. Brown ran out, but it was too late! All the vegetables _____! Mrs. Brown cried, and her neighbor was _____, but that was _____ the vegetables.

1.1.12 Unit 12 Divers

Part I

Directions: In this part, you will hear a passage. After the passage, you will be asked some