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Family Development Report

中国家庭发展 报告 2014

国家卫生和计划生育委员会 编



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前言

2014年是“国际家庭年”20周年。20年来,世界各国的家庭正经历历史无前例的变化和发展,家庭发展和家庭政策日渐成为国际社会普遍关心的议题。越来越多的国家认识到家庭在推进社会发展中的重要作用,纷纷完善家庭发展政策,提高家庭福利水平,增强家庭发展能力。

随着经济发展和社会转型,中国家庭正经历着深刻的变化,同时也面临着前所未有的挑战。中国家庭发展具有鲜明的特点:一是家庭数量居世界之首,共有家庭户4.3亿户左右,占世界家庭户总数的1/5左右。二是家庭规模日益小型化,平均家庭户规模为3.02人。三是家庭类型更加多样化,核心家庭比重持续下降,独居老人比例有所升高,单亲家庭、丁克家庭、隔代家庭等快速增长。流动人口举家迁移的趋势日益明显,流动家庭和留守家庭大量出现。四是计划生育家庭成为主体。据测算,目前中国计划生育家庭为3亿户左右,占全国家庭户总数的70%左右。五是民主、平等的新型家庭关系在越来越多的家庭中确立。六是家庭功能重心转向情感、消费、照料、安全和娱乐等,经济功能收缩。快速的人口老龄化给家庭养老带来日益严峻的挑战,家庭对

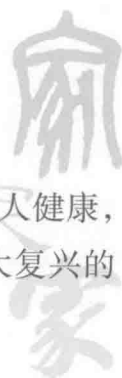
外部支持的依赖程度越来越高。

党中央、国务院高度重视家庭发展工作，在改善民生、促进家庭发展方面，进行了一系列富有成效的探索和实践。一是将提高家庭发展能力、促进家庭和谐幸福列入国家发展战略，提出在优生优育、青少年成长、家庭保健和养老保障等方面，加快建立中国特色的家庭政策体系。二是党的十八届三中全会作出调整完善生育政策、启动实施单独两孩政策的决策部署，有利于促进人口长期均衡发展，促进家庭幸福与社会和谐。三是计划生育家庭利益导向政策体系不断完善，各地以“关爱女孩行动”、“创建幸福家庭活动”、“新家庭计划——家庭发展能力建设”项目等为载体，针对计划生育女孩家庭、计划生育特殊困难家庭及婴幼儿、青少年、老年人等重点人群，广泛开展关怀服务活动。

2013年，新组建的国家卫生和计划生育委员会设立了计划生育家庭发展司，组织专家学者开展家庭发展问题研究，在广泛征求各方意见的基础上，形成了这部《中国家庭发展报告2014》，是首部由中国政府部门发布的、全面展现中国家庭发展状况的研究报告。

报告共分十章，分别阐述了中国家庭变迁的特点和趋势、家庭户的数量与规模、家庭的类型与结构、家庭关系、家庭功能等内容，总结了在人口政策、城镇化和老龄化背景下中国家庭的发展与变化特征，分析了影响家庭发展的各种因素，提出了未来中国家庭发展的政策思路 and 方向。

家庭发展工作离不开各级政府、相关部门、科研机构、新闻媒体、社会各界的共同关注和支持。我们坚信，只要



13 亿人民携手同心，汇聚力量，就一定能托起“人人健康，家家幸福”的“家庭梦”，一定能实现中华民族伟大复兴的“中国梦”！



PREFACE

The year 2014 marks the 20th anniversary of the International Year of Families (IYF). Over the past 20 years, families from all around the world have undergone unprecedented changes and development. And issues concerning family development and family policies have extensively been on the international agenda. An increasing number of countries have realized the importance of family in promoting social development, and therefore have been improving family policies so as to enhance family welfare and to boost family development capability.

As the country undergoes economic growth and social transformation, Chinese families are experiencing profound changes and are also faced with unprecedented challenges. Family development in China shows distinct characteristics. First, China has the largest number of families in the world. There are around 430 million households in China, accounting for more than 20% of the world's total. Second, Chinese family size becomes increasingly smaller. There are 3.02 people in a Chinese household on average. Third, family

types are diversified, marked by a dropping proportion of nuclear families and a rising proportion of one – elderly households. Meanwhile, there have been a rapidly increasing number of single – parent families, DINK (Dual income, No kids) families and grandparent families. The migrant population is more likely to take their whole families with them when they move around. And the migrant families and left – behind families are booming to a large scale. Fourth, families abiding by the family planning policy account for the largest share of all Chinese families. It is estimated that there are currently 300 million households that have complied with the family planning policy, taking up around 70% of the country's total. Fifth, an increasing number of families have witnessed the establishment of a new family relationship of democracy and equality. Sixth, family functions have also gone through transformation that emotions, consumption, mutual – care, security and entertainment are more highlighted while economic function has been shrinking. Rapid ageing has brought serious challenges to home care for the elderly and families have become more dependent on outside world.

The CPC Central Committee and the State Council have been committed to family development and have taken various effective exploration and practices to improve people's lives and to promote family development. First, The 12th Five – Year Plan for National Population Development has identified improving family development capability and promoting family harmony and happiness as



important tasks, and announced to establish a family policy framework with Chinese characteristics to enhance family functions in quality childbirth, youth growth, family health and elderly security. Second, the 3rd Plenary Session of the 18th CPC Central Committee has adjusted and improved birth policies and launched the policy allowing a couple to have two children if one of the parents is an only child, so as to promote the long-term balanced development of population as well as family happiness and social harmony. Third, the incentive mechanism for families abiding by the family planning policy is improving continuously. Based on the existing local campaigns such as “Caring for Girls”, “Building Happy Family” and “New Family Initiative—Enhancing Family Development Capability”, China can roll out more capacity-building and service campaigns targeting at families whose only children are girls, at families having difficulties complying with the birth policy, and also at infants, teenagers and the elderly.

In 2013, the newly established National Health and Family Planning Commission (NHFPC) set up the Department of Family Development and organized experts and scholars to conduct research on family development, listened to opinions from all walks of life and finally formulated the China Family Development Report 2014 (hereafter “the Report”).

The Report is the first document released by the Chinese government to present an overall picture of family development in

the country. Composed of ten chapters, the Report discusses the features and trend of family changes, the number and size of households, family types and structures, family relationships and family functions. It also summarizes the development and changes of Chinese families against the backdrop of the population policies, the urbanization and the ageing society, and it further analyses the factors influencing family development and tries to point out future policy orientations in China.

The success of family development will not be possible without the synergy of governments at all levels, agencies, research institutions and the media. We firmly believe that with 1.3 billion people hand in hand and all the wisdom and strength gathered, the Family Dream of “Healthy People, Happy Families” and the Chinese Dream of National Rejuvenation will be realized by all means.

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