

第5版

牙周病与口腔种植 临床诊治要点

Hall's Critical Decisions in Periodontology & Dental Implantology



主编 Lisa A. Harpenau
Richard T. Kao
William P. Lundergan
Mariano Sanz

主译 麻健丰 郑宝玉

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有幸为《牙周病与口腔种植临床诊治要点》(中译版)这本新书写序,非常高兴。

中国是牙周病患者的大国,但却是牙周病防治的弱国。民众对牙周健康重要性认识的缺乏、口腔医务工作者对牙周病防治知识的不足、牙周病防治专业人员的严重短缺,使得牙周病正成为不仅危害口腔健康,而且危害全身健康的重要公共卫生问题。我国口腔医学教学体系中,牙周病学所处的地位与其重要性是不相称的,造成的后果是口腔临床修复、正畸、种植等各科医生对应应在牙周健康条件下进行口腔修复、正畸和种植的意识缺乏,对如何获得牙周健康、如何维护牙周健康的知识不足,已成为严重制约口腔临床医疗水平提升的重要因素。及时改变这种状态应是当务之急。

本书原著 *Hall's Critical Decisions in Periodontology and Dental Implantology* (5th edition) 由众多知名专家撰写,翻开作者名录,我很高兴地看到里面有我的老师 Gary C. Armitage 教授、有二十多年前

在加州大学旧金山分校牙学院与我共用办公室的 Richard T. Kao 教授、有国内牙周病学界同行熟悉的 Maurizio Tonetti 教授及 Hom-Lay Wang 教授等。该书集众多大家渊博的牙周病学理论造诣及丰富的牙周病临床经验,能指导你在牙周病临床遇到各类问题时如何分析问题、如何抉择、如何制定治疗计划。感谢麻健丰和闫福华两位教授带领他们的团队将原著译成中译版——《牙周病与口腔种植临床诊治要点》,本书的出版对我国牙周病学临床水平的提升所起的积极作用,是对麻健丰、闫福华两位教授及他们的团队所付出辛勤劳动的最好回报。



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原 著 序

本书适用于口腔全科医师、牙周专科医师、住院医师，以及研究生的阅读参考。本书从临床实践出发，以决策图表的形式较为全面地论述了牙周常见疾病的临床检查、诊断以及治疗方案设计等内容。书中的决策图表有助于医生在治疗前就对可能存在的风险、治疗结果、治疗所需要的器械及用品，其他治疗方案以及可能的预后等方面作出逻辑性评估。该书最早版本为 Dr. Walter B. Hall 教授于 1988 年使用的教科书 *Decision Making in Periodontology*。此后，Dr. Walter B. Hall 意识到对复杂临床问题做出决策处理需要考虑其他相关的因素，故而决定使用决策图的形式展示治疗方案，从而就诊断过程、可能的疗程以及治疗效果进行详细探讨。读者可从这些决策图中学习决策制定的逻辑以及选择某一策略

的原因，从而提出最合理的诊断、实现最好的治疗效果。

从第 1 版至今，牙周医学知识不断更新和发展，在牙周再生、美学、口腔种植学等领域扩充了许多内容。因而，我们组织了 100 多名专家学者共同讨论不同临床情况的诊疗思维。本书为第 5 版，在之前版本的基础上更进一步，增加了许多现代和美学的理念。鉴于 Dr. Walter B. Hall 教授做出的巨大贡献，本书命名为 *Hall's Critical Decisions in Periodontology and Dental Implantology*。

本书划分为 12 个章节，并用颜色标注，以便读者参考。每个部分阐述了决策制定过程，涉及临床检查、全面的牙周及种植治疗方案等内容。

中文版前言

牙周疾病是口腔最常见的疾病。目前我国 80%~90% 成人患有不同程度的牙周疾病,其中牙周炎是人类最常见的感染性疾病之一,不仅会导致牙齿丧失,危害牙周和口腔健康,还与心脑血管疾病、糖尿病等危害人体健康的全身疾病有着密切关系。然而,牙周疾病可以预防和治疗,但目前我国民众普遍对牙周病缺乏认识,对维护牙周健康、预防牙周病的意识不足;另外,从事牙周专业的医务人员也十分匮乏,不足以为广大公众提供相关科普宣教、卫生指导和专业诊治。因此,加强对所有口腔医学从业人员,以及口腔医学学生的牙周病学专业知识教育十分必要,使其能够正确指导患者的口腔卫生维护和牙周疾病防治,能准确诊断牙周疾病,给予恰当的治疗或转诊给牙周专科医生。

本书原著 *Critical Decisions in Periodontology and Dental Implantology* (5th edition) 是由美国太平洋大学杜高尼牙学院和相关院校的牙周专家根据 Walter B. Hall 先生的临床观点编著而成。本版较之前一版(2002 年 8 月)时隔 11 年,有较多更新和增补,采用了大量彩色照片,易读性和可读性更强。内容上,本书围绕牙周疾病诊治面临的问题,综合全面地提出解决思路和方案,以“怎样做”为写作基

点,系统地介绍了牙周及种植临床诊治的流程以及与交叉学科的关系和配合。其写作风格清晰、简洁明了、易读易懂;其形式设计别具一格,每章均配以标准的流程图示,给读者以清晰流畅的思路;其编排层次分明,对 144 个相关章节进行了逻辑分类(分为 12 篇)。

本书符合目前口腔医学界关于加大牙周病学理论和实践教育力度的号召;适合口腔医学专业人员的临床需要,帮助他们诊断并且恰当有效地治疗牙周病,灵活调整各种治疗方案及评价其优缺点。通过阅读本书,读者可以从中吸取理论知识和临床诊疗技能;另外,书中还推荐了很多可能对临床医生有用的扩展阅读以供参考。

感谢闫福华教授率领的南京大学附属口腔医院和福建医科大学附属口腔医院牙周科两支团队的积极参与,对本书译稿进行了高质量的审校!

感谢温州医科大学附属口腔医院叶智力、周巧珍、余溢和胡方旋 4 位研究生的出色协助!

感谢本书翻译团队所有成员的辛勤劳动和努力!

由于编译时间有限,译本中难免存在许多不足之处,诚挚地希望广大读者指正,并提出批评和建议。

原著前言

本书每一章都附上分析过程或决策树，以及注解、图表和照片。决策树是每章的核心内容，是学习的重点，应首先细致地了解。决策树中的文字有助于读者了解做出该决策的依据，其中的虚线框表示应做出决策，实线框表示应采取措施，如手术治疗。划线与虚线标注部分用于说明文章内容。每个章节后面还附上拓展阅读书籍以供读者参考。

全文章节依据常规牙周疾病治疗流程进行排序。本书最后的索引部分有助于读者搜寻特定信息。

书中涉及的临床病例均较典型。读者在临床上碰到的其他特殊病例应考虑其他因素。同时，读者在临床上应全面考虑患者个体的具体情况。本书中提及的决策制定并非固定不变，而应依据患者具体情况进行调整。

致 谢

在这里,我要感谢 Walter B. Hall 接受邀请作为本书的名誉主编。没有他的辛勤工作就没有这本书。

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Lisa A. Harpenau

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