

一片让心灵休憩的宁静天空，一段有英文相伴的美丽时光



晨读夜诵

英语小故事大道理大全集

Moment with English · Stories of Wisdom

冯庆华 总主编 史慧 编著

附赠
沪江学习卡
English-Chinese
Reading

英汉对照 双语阅读

一朵花里看世界/一粒沙里看天堂

To see a world in a grain of sand / and a heaven in a wild flower

在阅读中

我们感受独特的风情

体验语言的魅力，感悟生命的成长

英文经典，披沙沥金，闪耀着人类的智慧之光

玲珑小故事，深意大智慧

精选242篇简短易读的英语小故事

配以难词注解、背景知识和道理点睛

收获成长经验、启迪人生智慧的双语好读本

经典阅读 · 心灵盛宴



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EAST CHINA UNIVERSITY OF SCIENCE AND TECHNOLOGY PRESS



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序言 Preface

用英语“悦读”世界

培根曾说“读书足以怡情，足以博彩，足以长才。”这位英国的大思想家将“怡情”放在第一位，不能不说是有深意的。若是抹去了读书的愉悦，“博彩”和“长才”也就仿佛失去了厚实的根基，徒留浮华的表面。读英语也是如此，若是抛弃了阅读的趣味，各类考试、考级也最终会成为空中楼阁，经不起现实生活的考验。

其实英语阅读带给我们的又岂止是知识或才能？它展现给我们的是一个更为广阔的世界。

在阅读中，我们感受独特的风情。这里有 *Robinson Crusoe* (《鲁滨逊漂流记》) 中坚定无畏的冒险与开拓，有 *Pilgrim's Progress* (《天路历程》) 中闪耀着宗教神圣之光的虔诚与信念，有 *A Midsummer Night's Dream* (《仲夏夜之梦》) 般喧闹的幻想与狂欢，也有 *Sherlock Holmes* (《福尔摩斯探案集》) 中熠熠生辉的科学与理性。

在阅读中，我们体验语言的魅力。当我们读到《老人与海》那句“A man can be destroyed but not defeated.(一个人可以被毁灭，但不能被打败。)”时，我们忍不住惊讶，震撼的思想竟可以用如此简单的文字凝结。当我们读到《西风颂》中的“If winter comes, can spring be far behind? (如果冬天来了，春天还会远吗?)”时，我们又忍不住赞叹，悠远的哲思竟可以与抑扬的韵律如此巧妙地融合。然而，也许我们自己都不会意识到，在阅读过程中，这些英语文字已然悄无声息地潜入我们的内心，缓缓沉淀，直至融入我们自己的语言。



在阅读中,我们感悟生命的成长。英文经典,披沙沥金,闪耀着人类共同的智慧之光。无论是狄更斯的 *Great Expectation*(《远大前程》),还是海伦·凯勒的 *Three Days to See* (《假如给我三天光明》),这些曾经激扬着西方一代人的篇章,同样会激励着这个时代的我们。将自身成长中的迷茫与痛苦、激情与喜悦,置于人类更广阔的精神世界,我们便会发现,我们的心灵得到抚慰,视野得以拓展,生命获得意义……

最后用林语堂先生的一句话作结:“没有阅读习惯的人,往往被禁锢于眼前的世界……但当他拿起一本书时,他会立刻进入一个不同的世界。”这也正是我们编写本系列丛书的目的所在,希望这套“英语阅读”丛书带你“悦读”这个别样的世界。

上海外国语大学教授 冯庆华



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一句话胜似千言万语

THIS IS THE LIGHTHOUSE**我可是灯塔**

It was a dark stormy night. The officer on the **bridge** came to the captain and said, “Captain, there is a light in our sea lane and they are not willing to move.”

“What do you mean they are not willing to move? Tell them to move. Tell them to **starboard** right now.”

The signal was sent out: “Starboard, starboard.” The signal came back: “Starboard yourself.”

“I can’t believe this. What’s going on here? Let them know who I am.” The signal was sent out, “This is the mighty Missouri, starboard.” The signal came back: “This is the lighthouse.”

一个漆黑的夜晚，风雨交加。驾驶室的长官跑来向船长汇报：“船长，我们的航道前方发现灯光，他们拒绝移开。”

“什么叫他们拒绝移开？让他们让开。让他们现在就向右转舵。”

我方信号发出：“右转舵，右转舵。”对方信号传回：“你们才应该右转舵。”

“难以置信。这是怎么搞的？向他们亮明身份。”我方信号传出：“我是巨轮密苏里号，请你右转舵！”对方信号传回：“我可是灯塔。”

生词勤提点

bridge [brɪdʒ] *n.* (船舶)驾驶室

starboard [ˈsta:bɔ:d] *v.* 向右转舵

小故事大道理

自大缘于缺乏自知。

IT IS AS YOU WILL

这个你说了算

There was once a wise old woman who lived back in the hills. All the children used to come back and ask her questions. She always gave the right answers.

There was a naughty little boy among the children. One day he caught a tiny bird and held it in his **cuffed** hands. Then he gathered his friends around. He said, “Let’s trick the old woman. I’ll ask her what I’m holding in my hands. Of course, she’ll answer that I have a bird. Then I’ll ask her if the bird is living or dead. If she says the bird is dead, I’ll open my hands and let the bird fly away. If she says the bird is alive, I’ll quickly crush it and show her the dead bird. Either way, she’ll be wrong.”

The children agreed that this was a clever plan. Up the hill they went to the old woman’s hut.

“Granny, we have a question for you,” they all shouted.

“What’s in my hands?” asked the little boy.

“Why, it must be a bird,” replied the old woman.

“But is it living or dead?” demanded the excited boy.

The old woman thought for a moment and then replied, “It is as you will, my child.”

从前，山里隐居着一位聪明的老妇人。孩子们都来问她问题，她总能给出正确答案。

来的孩子里有一个淘气的小男孩。一天，他捉住了一只小鸟，双手合拢扣在手里。然后，他叫来朋友们说：“咱们捉弄一下老太太吧。我要问她我手里握着什么东西。她肯定会说是一只鸟。然后，我来问她鸟是死是活。如果她说鸟是死的，我就张开双手，让鸟飞走。她要是说鸟是活的，我就快速捏死它，让她看到的是死鸟。反正她说哪个都会是错的。”

孩子们一致认为这计划很聪明。他们便上山来到老妇人的小屋。

“奶奶，我们问您一个问题。”他们齐声喊。

“你猜我手里有什么？”小男孩问。

“啊，一定是只小鸟。”老妇人回答。



“那它是活的还是死的？”小男孩激动地发问。

老妇人想了一会儿，然后回答：“孩子，是死是活你说了算呀。”

生词勤提点

cup [kʌp] v. 使(手)窝成杯状

小故事大道理

“Either way, she'll be wrong.”男孩成竹在胸。“It is as you will, my child.”老妪未见示弱。当聪明的提问遇上了更加万无一失的回答，足见“姜还是老的辣”。

FISHERMAN AND BUSINESSMAN 当打鱼的遇上生意人

One day a fisherman was lying on a beautiful beach, with his fishing pole propped up in the sand and his solitary line cast out into the sparkling blue surf. He was enjoying the warmth of the afternoon sun and the prospect of catching a fish.

About that time, a businessman came walking down the beach, trying to relieve some of the stress of his workday. He noticed the fisherman sitting on the beach and decided to find out why this fisherman was fishing instead of working harder to make a living for himself and his family. “You aren't going to catch many fish that way,” said the businessman to the fisherman. “You should be working rather than lying on the beach!”

The fisherman looked up at the businessman, smiled and replied, “And what will my reward be?” “Well, you can get bigger nets and catch more fish!” was the businessman's answer. “And then what will my reward be?” asked the fisherman, still smiling. The businessman replied, “You will make money and you'll be able to buy a boat, which will then result in larger catches of fish!” “And then what will my reward be?” asked the fisherman again. The businessman was beginning to get a little irritated with the fisherman's questions. “You can buy a bigger boat, and hire some people to