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创伤骨科学

成人卷

(上卷)

第 4 版

〔徳〕克里斯汀・科尔特克

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《创伤骨科学·成人卷》(第4版) 是目前世界创伤骨科医学领域最具影响力的经典著作,由创伤骨科界权威布朗诺等117位北美和欧洲的世界顶级创伤骨科专家撰稿,多位国内骨科权威参与翻译。

本书主要传授创伤骨科临床实践经验,涵盖了与时代同步的几乎所有肌肉骨骼创伤的治疗方法和具体技术细节,具有很强的指导性和实用价值。全书共分4篇,65章,内容涉及脊柱、骨盆、上肢损伤和下肢损伤四个部分。此次修订在原有版本的基础上增加了一些重要内容,如介绍锁定钢板的使用,损伤控制骨科学概念,重大事故处理预案等。特别值得一提的是,本书收录了目前认可度较高的创伤治疗方法评估结果的相关重要材料。

本书的出版将是创伤骨科领域的又一经典力作。无论对于仍在学习的医学生还是已经工作的临床医生,本书都将成为指导他们治疗骨骼肌肉损伤的实用参考。



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创伤骨科学

Skeletal Trauma

Basic Science, Management, and Reconstruction

成人卷

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Injuries to the Shoulder Girdle

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Associate Professor of Emergency Medicine, University of Connecticut School of Medicine, Farmington, Connecticut; Medical Director, Program Director, LIFE STAR Helicopter Program; Chief, Prehospital Services, Department of Emergency Medical Services/Trauma, Hartford Hospital, Hartford, Connecticut Evaluation and Treatment of the Multiple-Trauma Patient

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Assistant Professor, University of Connecticut Department of Orthopaedics, Farmington, Connecticut Chronic Osteomyelitis

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Department of Orthopaedic Surgery, Kaiser Permanente Medical Center, San Diego, California Gunshot Wounds of the Spine

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Professor, Orthopaedics and Sports Medicine, University of Washington; Professor, Orthopaedics and Sports Medicine, Harborview Medical Center, Seattle, Washington

Surgical Treatment of Acetabular Fractures

Leonard K. Ruby, M.D.

Professor of Orthopaedic Surgery, Tufts University School of Medicine; Senior Staff, Hand Surgery, Department of Orthopaedic Surgery, New England Medical Center, Boston, Massachusetts Fractures and Dislocations of the Carpus

Roy W. Sanders, M.D.

Clinical Professor of Orthopaedics, University of South Florida College of Medicine, Tampa, Florida Patella Fractures and Extensor Mechanism Injuries Richard A. Saunders, M.D.

Orthopedic Surgeon, The Glens Falls Hospital, Glens Falls, New York

Physical Impairment Ratings for Fractures

Joseph Schatzker, M.D.

Professor, University of Toronto Faculty of Medicine; Orthopaedic Surgeon, Sunnybrook Health Science Center, Toronto, Ontario, Canada Tibial Plateau Fractures

Emil H. Schemitsch, M.D., F.R.C.S.C.

Professor and Head, Division of Orthopaedic Surgery, St. Michael's Hospital, Toronto, Ontario, Canada Fractures of the Humeral Shaft

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Soft Tissue Coverage

Michael S. Sirkin, M.D.

Associate Professor, University of Medicine and Dentistry of New Jersey Medical School; Chief, Orthopaedic Trauma Service, University Hospital, Newark, New Jersey Fractures with Soft Tissue Injuries

Raymond Malcolm Smith, M.D., F.R.C.S.

Chief, Orthopaedic Trauma Service, Massachusetts General Hospital; Associate Professor in Orthopaedics, Harvard Medical School, Boston, Massachusetts Femoral Shaft Fractures

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Director, Division of Orthopaedic Surgery, Loyola University Medical Center, Maywood, Illinois Pelvic Ring Disruption Marc F. Swiontkowski, M.D.

Professor and Chair, University of Minnesota, Department of Orthopaedic Surgery, Minneapolis, Minnesota Outcomes Research in Orthopaedics; Intracapsular Hip

Outcomes Research in Orthopaedics; Intracapsular Hip Fractures

Max Talbot, M.D., F.R.C.S.

1 Canadian Field Hospital, Canadian Forces Fractures of the Humeral Shaft

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Application

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Instructor, Orthopaedic Surgery, University of Pennsylvania, Philadelphia, Pennsylvania Physical Impairment Ratings for Fractures

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Professor and Chair, Department of Orthopaedics, Georgetown University Medical Center, Washington, D.C. Physical Impairment Ratings for Fractures

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Orthopaedic and Spine Surgery, Roseburg, Oregon Spinal Orthoses

Luther H. Wolff, III, M.D.

Mayo Clinic, Rochester, Minnesota Periprosthetic Fractures of the Lower Extremity

Michael J. Yaszemski, M.D., Ph.D.

Professor, Departments of Orthopedic Surgery and Biomedical Engineering, Mayo Clinic College of Medicine; Consultant, Orthopedic Spine Surgery, Department of Orthopaedic Surgery, Mayo Clinic, Rochester, Minnesota Complications in the Treatment of Spinal Trauma

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Gunshot Wounds to the Musculoskeletal System

中文版序——原作者致辞

自《创伤骨科学》第 1 版于 1992 年面市以来,本书诸位编委、作者和出版者一直致力于为罹患骨折、脱位和其他肌肉骨骼系统损伤的患者提供诊断、决策、治疗和康复的实用指南。每出版一次新版本都会增加一些新素材和新作者,以便体现骨科领域的新进展并回应读者反馈的信息。为了紧跟互联网和电子出版物的发展,我们正通过电子媒体稳步地扩展着获取本书的渠道。悉闻本书已然成为全球认可的标准参考书并指导了众多伤者的康复治疗,我们深感欣慰。

中国人口众多,中国骨科医师面临着治疗骨科创伤的各种挑战,因此,Elsevier 同意出版本书第 4 版的中文版,我倍感欣喜和荣幸。我相信,中文版本会使中国正接受培训和临床一线的骨科医师获取相关重要信息更加便捷,并有助于他们为日益增多的骨创伤患者提供专业化治疗。除了道路交通事故损伤以外,人口老龄化和骨质疏松性脆性骨折病例数的扩大,目前已成为中国医疗的重大负担。本版还包括有困扰中国骨科医生的股骨近端和其他部位骨折的相关内容。

在中国,工业化和城市化使道路上的机动车数量激增,随之而来的是道路交通事故死伤人员数量的剧增。在2009年,全国发生交通事故238351起,造成65758人死亡,275125人受伤,直接经济损失高达9.1亿元。人均交通事故死亡率高于其他发达国家。现已发现有多种因素造成了这一日益严重的问题。行人和骑自行车的人横穿马路,越出非机动车道;而司机通常又不停车避让,往往就会撞上他们。在上下班高峰期行车情况会变得更糟。由于安全带使用率低,司机受伤会更严重,此外在车满为患的道路上摩托车、轻型摩托车和电动车的数量也在与日俱增,也会使没有安全保护的人员受到伤害。

缺乏统一且广泛适用的院前护理以及训练有素的急症和创伤救护人员的不足,也会增加交通事故中受伤者的死亡和残疾风险。2003年,中国政府把道路交通事故认定为危害公众健康的主要问题,建立了道路安全部长协调系统,并制定了一系列新的道路安全法律法规。在过去的5年中,姜保国教授一直代表政府在北京从事标准化院前创伤救护的开发工作,是这一工程的重要创始人。《创伤骨科学》(第4版)中文版付梓在即,我诚邀他为之作序,他欣然应允,并详细介绍了这项工作。我希望《创伤骨科学》能同他一道帮助中国内外科医生为道路交通事故受害者提供最好的救护。

我相信在我们国家骨科手术医师有很多机会通过学习并与其他医生合作提高处理肌肉骨骼系统疾病的水平,为广大民众解除痛苦。最好能与各家救护中心面对面的互动和互访,但是由于时间和资金有限,难以满足患者和家庭成员对护理的不同需求,因而促使我们更多地利用互联网来进行讨论。好在现代技术能让我们高清晰度地进行多地互动。

中美两国作为主要的经济实体和尖端的医疗团体,完全应该携起手来共同协助发展中国家的同事应对预防和救护道路交通事故、战争和自然灾害造成的骨骼创伤所面临的巨大挑战。

能够与姜教授携手共建我们两个专业团体深化合作的桥梁,我感到万分荣幸。最后,我对所有参与本书翻译的业界同仁表示衷心的感谢。

Bruce D. Browner, MD, MHCM, FACS

中文版序——原作者致辞

Since publication of the first edition in 1992, the editors, authors and publisher of Skeletal Trauma have strived to make the text a practical resource to guide diagnosis, decision-making, treatment and rehabilitation of patients with fractures, dislocations and other injuries to the musculoskeletal system. New material and new authors have been added as each new edition was published to incorporate advances in the field and respond to input from readers. In keeping with the evolution of the Internet and electronic publishing, we have steadily expanded the access to the content via electronic media. We have been gratified by the worldwide adoption of the text as a standard reference and the knowledge that it has guided the care of so many injured people.

Given the immense population of China and the many challenges facing its orthopaedic surgeons who treat skeletal injuries, I am pleased and honored that Elsevier China has agreed to create a Chinese translation of the fourth Edition. The translation will make vital information more accessible to the orthopaedic surgeons in training and practice and aid their efforts to provide expert care for a growing number of skeletal injuries. In addition to road traffic injuries, the aging of the population and expanding number of osteoporotic fragility fractures are now a major portion of the country's medical burden. The text also covers fractures of the proximal femur and other parts of the skeleton that challenge Chinese surgeons.

Growing industrialization and urbanization has led to a burgeoning number of vehicles on the roads in China that has been associated with a tremendous increase in road traffic deaths and disabling injuries. In 2009, there were 238,351 traffic crashes leading to 65,758 deaths and 275,125 injuries with a direct economic cost of 0.91 billion Chinese Yuan. The rate of traffic related fatality per population is higher than in other highly developed countries.

A number of factors have been noted to explain the growing problem. Pedestrians and cyclists cross roads and don't remain in designated lanes. Drivers hit them frequently, because they often will not stop for them. The situation is even worse during rush hour when driving is more aggressive. Drivers are sustaining more injuries, because seat belt use is low. In addition growing number of motorcycles, scooters, and e-bikes are on the roads with heavier vehicles, leading to injuries of less protected riders.

The lack of uniform widely available prehospital care and trained emergency and trauma providers contributed to the deaths and disabilities of those injured in crashes. In 2003 the Chinese Government recognized road traffic injuries as a major public health

problem, established The Ministerial Coordination System on Road Safety and implemented a number of new road safety laws. For the past five years, Professor Baoguo Jiang has lead an important initiative on behalf of the government to develop standardized prehospital and trauma care in Beijing. I am honored that he has agreed to write the forward for the Chinese translation of the Fourth Edition and has described his wonderful program in some detail. I hope that Skeletal Trauma can be an adjunct to his efforts that will assist the Chinese physicians and surgeons in delivering optimal care for their citizens who are injured in road traffic crashes.

I believe there are many opportunities for orthopaedic surgeons in our countries to learn from and work with each other to improve the care of injuries and other musculoskeletal problems that face our populations. Although there is no substitute for face-to-face interaction and reciprocal visits to centers of practice, the respective demands of patient care and families resulting in limited time and funds for travel should move us to greater use of Internet based conferencing. Technology is now available to enable live interactive multisite programs with high definition quality.

As leading economic powers and sophisticated medical communities we should work together to assist our colleagues in the developing world to meet their enormous challenges for prevention and care of skeletal injuries from road traffic crashes, war and natural disasters.

It would be a privilege and honor to work with Professor Jiang to build bridges between our professional communities to foster collaboration. Finally, I would like to acknowledge the colleagues who translated this book into Chinese.

Bruce D. Browner, MD, MHCM, FACS