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目前,我国许多地区的英语教育已经向下延伸至小学阶段。但是,虽然我们投入了相当多的人力和物力,效果却并不理想。根据相关调查显示,虽然我国中小学生的英语听力水平较过去有所提高,但读写能力却在下滑,甚至有每况愈下的趋势。有识之士疾呼,拯救孩子们的英语能力,一定要从大量有计划的阅读入手,因为一个人的英语能力是"读"出来的!

提高阅读理解能力的确是英语学习的关键,也一直是各类考试的重点。"阅读理解"的题量和分值在中、高考试卷中所占的比重最大,所以对中学生来说,阅读能力对考试成绩和升学有着举足轻重的影响!

遗憾的是,虽然现在市面上为中学生编的英语阅读书籍很多,但真正管用的却很少。因为这类书必须同时满足下面几个条件,缺一不可。

一是语言要地道,因为"蹩脚英语"对学生的负面影响是难以估量的;二是难度要适当,太难或太容易都达不到提高的目的;三是选材要与学生的学习、生活密切相关,这样他们才会感兴趣;四是内容要与教材"若即若离",游离太远解决不了升学的实际问题,联系紧密又无法与课堂教学形成互补,甚至引起读者的反感。

我们的《优<sup>+</sup>英语阅读》就是具备上述所有条件的中小学优秀英语读物!它以分级阅读的形式,在中学阶段一共分为 6 册,分别适合初一到高三年级的学生使用。

该书语言地道、题材广泛、内容符合中学生的兴趣特点,而且难能可贵的是,这套书与各年级教材所涉及的语法重点、词汇及话题基本一致,所以既是生动有趣的课外泛读材料,又可作为巩固课堂所学的单元同步教辅。

中学生阅读理解能力的培养固然离不开阅读理解训练,但扩大词汇量、有效克服阅读过程中的词汇障碍也非常重要。因此,我们在每篇阅读训练后面都精心编写了一个"词汇拓展"单元,以帮助读者横向扩大词汇量和纵向深入理解词汇的用法。

我们真心希望这套书能伴随大家度过难忘的中学时代,在"悦"读中提高自己的阅读理解水平,进而提升英语的整体实力!

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## 能力训练





Hello, boys and girls! My name is Mary Green. Mary is my first name. Green is my last name. I'm a girl from America. Look at this picture of me. I wear a red dress and I have yellow hair. My telephone number is 89529051. I have a good friend. Her name is Lucy.

? )1. What's the gilr's first name?

A. Green.

B. Mary.

C. Amy.

)2. What's the girl's family name?

A. Mary. B. Smith.

Tradmin and C. Green.

)3. What's the girl's telephone number?

A. 88529951.

B. 89529051.

C. 87852951

)4 What color is the girl's dress?

A. Blue.

C. Red.

)5. What is the color of her hair?

A. Yellow.

B. Orange.

### 词汇缩展

1. name

1)用作名词,意为"名字"。 My name is Jim. 我名叫 Jim。

2)用作动词,意为"取名"。

I name my dog "Huan Huan". 我给我的狗取名为"欢欢"

2. look 意为"看",其后不能直接加名词,要先接 ad。 Please look at the picture. 请看这幅画。 look for 寻找 look after 照顾

3. wear 用作动词, 意为"穿, 戴"。 I wear a new dress. 我穿着一条新裙子。 They wear hats. 他们戴着帽子。

4. 与本单元相关的词: first name/given name 名 last name/family name/surname 姓 middle name 中间的名字 fullname 全名 nickname 绰号







| First name: Nick            | Class: Class One            |
|-----------------------------|-----------------------------|
| Family name: Hand           | Grade: Grade Seven          |
| Age: 12                     | Tel: 8234-5678              |
| Nationality: American       | Favorite color: blue        |
| School: Sunny Junior School | Hobby: playing baseball(棒球) |

| The state of the s |  |
|--|--|
| ame?   | min snodgelete M. nin sole   |
| B. Hand Nick.  | C. Nick America.   |
|  | Cretti.  |
| B. English   | C. American  |
| umber?   | A. Muy   |
| B. 8243-5678   | ¢\ 8234-5687   |
| H. 18952905T   | 1.5067288 V  |
| B. Playing baseball.   | C. Sunny Junior School.  |
| and 3  | / See Blue   |
| B. blue  | C. green   |
| - Contract   | 0/2007   |
| 为"国籍"。——   | The Marie  |
| ? 你的国籍是什么?   | Non My   |
| 1. h. 1/   | a la sa de la lacor  |
| 天,民族";national 是形容词,意  | 为"国家的,民族的"。  |
| 为"最喜欢的"。   |  |
| 我最喜欢的颜色是红色。  |  |
| 业余爱好"。   | F S 日 スト Joel .E   |
| tetball. 我的业余爱好是打篮球  | CHIEF THE LETTER PARTY AND ADDRESS OF THE PART |
|  | B. Hand Nick.  B. English  Imber?  B. 8243-5678  B. Playing baseball.  B. blue  b"国籍"。  c? 你的国籍是什么?  d人。  c. 民族"; national 是形容词,意思表现的颜色是红色。  d. 爱好"。   |

Hi! I'm Jim Green. I'm English. This is my mother. Her first name is Sue. This is my father. His first name is Dave. My telephone number is 7977-8548. I have a friend. His name is Li Lei. His English name is Tony. He is Chinese. His telephone number is 7677-8322. Here's a photo. Who's that in the photo? It's my Chinese teacher. His name is Yu Jun. He is

a good teacher.

( ) 11 What's my first name?

A. Jim.

B. Green.

C. Jim Green.

)12. My father's last name is \_\_\_\_\_

|   | A. Jim                                     | B. Dave                    | C. Green   |
|---|--|----------------------------|--|
| $(\bigwedge)13.$                        | My telephone number is _                   | 上述。 [ 大 ]                  |  |
| 12                                      | A. 7977-8548                               | B. 7677-8322               | C. 7677-8584   |
| ( ) )14.                                | What's Li Lei's English n                  | ame?                       |  |
|   | A. Sue.                                    | B. Tony.                   | C. Dave  |
| ( ( )15.                                | is in the photo.                           |                            |  |
|   | A. Li Lei                                  | B. Jim Green               | C. Yu Jun  |
| 词汇                                      | <b>范展</b>                                  | 27 3                       |  |
| H Tollin                                | have 用作动词, 意为"有", 当                        | 主语是第三人称单数时变为               | has  |
| - шава Гит                              | I have a good friend. 我有一                  | 个好朋友。                      | THE STATE OF THE S |
|   | She has a good friend, too. \$\foxint{t}\$ | 也也有一个好朋友。                  | 0  |
| 2.                                      | photo 用作名词,意为"照片"                          | ,其复数为 photos。              |  |
|   | radio, piano, video 的复数也                   | 都是加-s,变为 radios, pianos    | s, videos,   |
|   | tomato, potato, hero 的复数加                  | 加-es,变为 tomatoes, potatoes | and heroes.  |
|   | This is a photo of me. 这是我                 | <b>戈的一张照片。</b>             |  |
|   | I have two photos. 我有两张                    | 照片。                        |  |
| *************************************** |  |                            |  |

District Test secretary

3

# 能力训练





Jim: Hello! My name's Jim. We are in the same class. May I know your name?

Rose: My name is Rose. Nice to meet you, Jim.

Jim: Nice to meet you, too. What's your last name, Rose?

Rose: My family name's Bush.

Jim: How do you spell it? And Anthon of the weight of the profession of the

Rose: B-U-S-H, Bush. My name is Rose Bush.

Jim: That's an interesting name. May I have your telephone number?

Rose: Yes. It's 5575-9032.

Jim: Thank you. It's nice talking to you, Rose.

Rose: Nice talking to you, too.

)1. What's the girl's family name?

A. Bush.

B. Jim.

C. Rose.

)2. How do you spell Rose?

A. R-S-O-E.

B. R-S-E-O.

C. R-O-S/E.

. Rose's phone number is

A. 5755-9032

B. 5575-9302

C. 5575-9932

)4. Jim and Rose are

A. good friends

B. classmates

5. They are having a nice

A. game

B. talk

C. brothers

#### 词汇貊展

interesting 是形容词, 意为"有趣的"。
 The story is interesting. 这个故事有趣。

2. 1) talk to sb. 对某人说话

- 2) talk with sb. 和某人谈话
  - 3) talk about sth. 谈论某事

C. class



Hello! I'm Jack, Jack Smith. I'm 12. I have a sister. Her name is Mary Smith. She's 10.

My first name is Bill, and my last name is Green. You can call me Bill or Bill Green, but you can't call me Green Bill.

Hi! I'm Zhang Mingming. Mingming is my given name, and Zhang is my family name. I'm a Chinese boy, so(所以) my name is different from the name of an English boy.

Hello! My name is Grace Brown. I'm 13. I have a sister. Her name is Helen. She's 13, too. We are twins.

| )6. Mary    | Smith | is |  |
|-------------|-------|----|--|
| Ju. Ivial y | Simui | 13 |  |

A. the name of a boy

B. the name of a girl

C. Bill's sister

)7. The name "\_\_\_\_\_" is different from the other(其他的) names.

A. Grace Brown

B. Zhang Mingming

C. Jack Smith

is Helen's last name.

A. Brown

B. Smith

C. Green

)9. The name "\_\_\_\_\_" is a wrong(错误的) one.

A. Bill Green

B. Mary Smith

C. Smith Jack

)10 The word "twins" means(意思是) \_\_\_\_\_

A. 同班同学

B. 知心朋友

C. 双胞胎

#### 词汇拓展

13

1. call

- 1)用作动词,意为"叫",与动词 name 可换用。 I call the dog Dou Dou. 我叫这只狗"嘟嘟"。
- 2)用作动词,意为"打电话"。 Please call me. 请给我打电话。
- 3)用作名词,意为"电话"。
  Please give me a call. 请打电话给我。
  morning call 叫早,定时叫醒
- 2. but 是转折连词,意为"但是"。 The apple is small, but it's sweet. 苹果虽小,但是甜。
- 3. different 是形容词,意为"不同的",常用于词组 be different from,意为"与……不同"。 My name is different from his name. 我的名字与他的名字不同。





My name is Li Lei. I'm eleven. I'm from China. My mum and dad work in a big factory (工厂). They go to work every day and rest two days in a week. I have a sister. We look like each other very much and we like to help each other. She is a middle school student. She comes home in the afternoon. Everyone in my family likes to look after me.

My sister and I are in the same school. I'm a good student in my class. There are fortytwo students in our class, twenty boys and twenty-two girls. We have our lessons from eight o'clock in the morning to four o'clock in the afternoon. My English teacher, Miss Green, is from England. She is a good teacher. We have five English classes a week. Now we can say

| 1200           | A. three                   | B. four                | C. six                |
|----------------|----------------------------|------------------------|-----------------------|
| () (A) 1:      | 2. Li Lei's father and mo  | ther work a we         | ek.                   |
|                | A. seven days              |                        | C. six days           |
| (()1:          | 3. Li Lei's English teache | r is                   | 7 panna is            |
|                | A. an American             | B. a Japanese          | C. an English woman   |
| $(\wedge)^{1}$ | Li Lei's English teache    | er is                  | A Relati              |
| 1              | A. a good teacher          | B. a nice girl         | C. a bad student      |
| (4)1           | 5. Li Lei has a            | day.                   | -/-                   |
|                | A. one English class       | B. six English classes | S C. no English class |

- 1. rest
  - 1)用作名词,意为"休息"。
  - I have a rest after class. 下课之后我休息 2)用作动词,意为"休息"。
    - I rest two days every week. 每周我休息两天。
- 2. look like 意为"看起来像"。 I look like my father. 我长得像我爸爸。
- 3. look after 意为"照顾"。 I look after my pet cat every day. 我每天照顾我的宠物猫。





Hello! I'm Jack, Jack Smith. I'm 12. I have a sister. Her name is Mary Smith. She's 10.

My first name is Bill, and my last name is Green. You can call me Bill or Bill Green, but you can't call me Green Bill.

Hi! I'm Zhang Mingming. Mingming is my given name, and Zhang is my family name. I'm a Chinese boy, so(所以) my name is different from the name of an English boy.

Hello! My name is Grace Brown. I'm 13. I have a sister. Her name is Helen. She's 13, too. We are twins.

| ( } )6. Mary Smith is                                       |    |
|---|----|
|   |    |
| A. the name of a boy B. the name of a girl C. Bill's sis    | er |
| ( ) )7. The name "" is different from the other(其他的) names. |    |
| A. Grace Brown B. Zhang Mingming C. Jack Smi                | h  |
| is Helen's last name.                                       |    |
| A. Brown B. Smith C. Green                                  |    |
| ( ) 9. The name "" is a wrong(错误的) one.                     |    |
| A. Bill Green B. Mary Smith C. Smith Ja                     | k  |
| ( )10 The word "twins" means(意思是)                           |    |

## 词汇拓展

- 1. call
  - 1)用作动词,意为"叫",与动词 name 可换用。 I call the dog Dou Dou. 我叫这只狗"嘟嘟"。

A. 同班同学 B. 知心朋友

- 2)用作动词,意为"打电话"。 Please call me. 请给我打电话。
- 3)用作名词,意为"电话"。
  Please give me a call. 请打电话给我。
  morning call 叫早,定时叫醒
- but 是转折连词,意为"但是"。
   The apple is small, but it's sweet.
   苹果虽小,但是甜。
- 3. different 是形容词,意为"不同的",常用于词组 be different from,意为"与……不同"。 My name is different from his name. 我的名字与他的名字不同。



C. 双胞胎





Sandy: What's this? It's a pencil. But it isn't my pencil. Hi, Bill. Is this your pencil?

Bill: No, it isn't.

Sandy: Hi, Alice, is this your pencil?

Alice: No, it isn't. I think it's Linda's. Hi, Linda, here is your pencil.

Linda: Oh, thank you.

Sandy: You're welcome.

Bill: Look! What are those?

Linda: Are they oranges?

Alice: No, they aren't. They are apples. Are they your apples, Sandy?

Sandy: Yes, they are my apples.

| 1. | Whose | pencil | is | this? |
|----|-------|--------|----|-------|
| /  |       | 1      |    |       |

A. Sandy's.

B. Linda's. C. Bill's.

A. Linda; Bill

B. Bill; Linda

is a boy and is a girl.

C. Sandy; Bill

( ( )3. Which sentence is right?

A. The pencil is Bill's

B. Bill knows(知道) whose pencil it is.

C. The apples are Sandy's.

(1)4. Who finds the pencil first?

A. Bill.

B. Alice.

C. Sandy.

(A)5. Who finds the apples first?

A. Bill.

B. Alice.

C. Sandy.

#### 词汇缩展

- \* orange
  - 1)用作可数名词,意为"橙,柑橘"。 I like oranges. 我喜欢橙子。
  - 2)用作不可数名词,意为"橙汁"。
  - 3)用作形容词,意为"橙色"。

Oranges are orange. 橙子是橙色的。







Lost: My pencil sharpener.
It is blue.
My name is Sally.
Please call 8527-6032.

Lost: My English book.

My name is Sam.

Please call 8741-0980.

Found: Is this your watch?

Please call Jim.

Phone number is 8674-2559.

Found: Is this your backpack?

Please call Mary.

Phone number is 6535-0921.

| ( / )6.        | Who(谁) lost a pencil sharp            | pener?       |              |
|----------------|---------------------------------------|--------------|--------------|
|                | A. Jim.                               |              | C. Sally.    |
| $(\Delta)^7$ . | Who found a backpack?                 |              |              |
| M              | Who found a backpack?  A. Mary.       | B. Sam.      | C. Jim.      |
| (12)8.         | Sally's pencil sharpener is _A. green |              |              |
| 9              | A. green                              | B. blue      | C. white     |
| (/)9.          | Who can you call for the w            | vatch?       |              |
|                | A. Sally.                             | B. Mary.     | C. Jim.      |
| ( A)10         | . Sam's telephone number is           | S            |              |
| 11             | A. 8741-0980                          | B. 6535-0921 | C. 8527-6032 |
|                |                                       |              |              |

#### 铜矿纸画

- \* phone = telephone
  - 1)用作名词,意为"电话,电话机"。 The phone rings. 电话响了。
  - 2)用作动词,意为"打电话"。 Please phone me at eight. 请 8 点钟给我打电话。



Tom: Excuse me, Sophia. Is this your jacket?

Sophia: No, my jacket is red. It's in my backpack. But where is my backpack?

Lily: Sophia, Is this your blue backpack?

Sophia: Yes, thank you.

Tom: Lily, is this your white and black jacket?

Lily: Yes, thank you, Tom. Is this your dictionary?

Tom: No, it isn't. Maybe it's Dave's. Oh, my green pencil is lost.

Lily: Tom, your green pencil is here. Here you are.

Tom: Thank you.



Lily: Dave, is this your red dictionary?

Dave: Yes, it is. Thank you. Is this your yellow ruler?

Lily: No, it's Jack's.

Dave: Jack, is this your ruler?

Jack: Yes, it is. Thanks.

)11. What color is Sophia's jacket?

A. Blue.

B. Red.

1)12. Where is Sophia's jacket?

A. In her backpack.

B. On her desk.

C. In his backpack.

13. Is this dictionary Tom's?

A. Yes, it is.

B. No, it isn't.

C. No, it is.

4. Is the yellow ruler Dave's or Jack's?

A. It's Dave's.

B. It's Jack's.

C. We don't know.

2)15. What's the Chinese for "maybe"?

A. 可以

B. 也许

#### 词汇缩展

1. excuse

1)用作动词,意为"原谅,宽恕"。 Please excuse my father! He is in a bad mood.

请原谅我父亲! 他心情不好。

2)用作名词,意为"理由,借口"。

What's your excuse for being late? 你迟到的理由是什么?

3) excuse me 意为"劳驾"。

Excuse me, is this your bike? 劳驾,这是你的自行车吗?

2. maybe

用作副词,意为"或许,也许,可能"。

Maybe he has a brother. 也许他有个兄弟。









Jim Green has a big family. His grandfather and grandmother are in England. His parents are in China. His father is Jeff Green, and his mother is Helen Green. They have two children. Jim is their son, and Kate is their daughter. Jim is twelve, and Kate is eight. Jim and I are good friends, and we go to the same school in Beijing.

- ( )1. Does Jim Green have a small family?
  - A. Yes, he does.
  - B. No, he doesn't.
  - C. Yes, he is.
- ( / )2. Where are Jim Green's parents?
  - A. In England.
- B. In America.
- C. In China.

- 3. How old is Jim?
  - A. Twelve.
- B. Ten.

C. Seven.

- )4. Where are Jim's grandparents?
  - A. In China.
- B. In England.
- C. In America.

- (A)5. What is the Chinese for "same"?
  - A. 相同的

B. 不同的

### 词汇缩展

- 1. family
  - 1)用作名词,意为"家,家庭",包括父母、子女等。 My family is a big one. 我的家是个大家庭。
  - 2)用作名词,意为"家人",此时要看作复数。 His family are all at home now. 他的家人现在都在家。
  - 3) family 是由句子"Father and mother, I love you."的首字母构成的。
- 2. home

用作名词,意为"家,住所"。

We like our new homes. 我们喜欢我们的新家。

