

●全国高等医药院校药学类实验双语教材
●教育部普通高等教育“十五”国家级规划教材

生理学 实验与指导

EXPERIMENT AND GUIDE
FOR PHYSIOLOGY

主编 丁启龙 李运曼



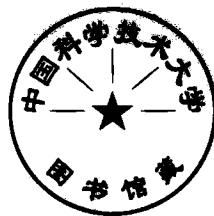
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生理学实验与指导

EXPERIMENT AND GUIDE FOR PHYSIOLOGY

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内 容 提 要

本书包括43个实验，重点突出生理学实验中的基本操作、基本技能和基本理论。所列实验除少数可供选择的以外，在大多数院校生理实验室都有条件做到。本书还介绍了常用的实验动物、动物活体解剖技术以及生理实验的常用仪器设备，以供不同专业的教学需要。本书可作为高等医药院校、药学类专业生理实验课教材，也可供有关教师实验教学时参考。

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编 写 说 明

为适应我国高等医药教育的改革和发展、满足市场竞争和医药管理体制对药学教育的要求，全国高等医药院校药学类教材编委会组织编写了“全国高等医药院校药学类教材”。

本系列教材是在充分向各医药院校调研、总结归纳当前药学教育迫切需要补充一些教学内容的基础上提出编写宗旨的。本系列教材的编写宗旨是：药学特色鲜明、具有前瞻性、能体现现代医药科技水平的高质量的药学教材。也希望通过教材的编写帮助各院校培养和推出一批优秀的中青年业务骨干，促进药学院校之间的校际间的业务交流。

参加本系列教材的编写单位有：中国药科大学、沈阳药科大学、北京大学药学院、广东药学院、华西医科大学药学院、山西医科大学、同济医科大学药学院、复旦大学药学院、西安交通大学药学院、山东大学药学院等数十所药学院校。

教材的编写尚存在一些不足，请各院校师生提出指正。

全国高等医药院校药学类
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2001.9.3

序

实验教学是高等药学院校最基本的教学形式之一，对培养学生科学的思维与方法、创新意识与能力，全面推进素质教育有着重要的作用。飞速发展的科学技术，已成为主导社会进步的重要因素。高等药学院校必须不断更新教学内容，以学科发展的前沿知识充实实验课程内容。

近年来，中国药科大学坚持以研究促教改，通过承担教育部“世行贷款——21世纪初高等教育教学改革项目”及立项校内教改课题等多种方式，调动了广大教师投身教学改革的积极性，将转变教师的教育思想观念与教学内容、教学方法的改革紧密结合起来，取得了实效。此次推出的国家“十五”规划教材——药学专业双语实验教学系列，是广大教师长期钻研实验课程教学体系，改革教学内容，实现教育创新的重要成果。他们站在21世纪教育、科技和社会发展趋势的高度，对药学专业实验课程的教学内容进行了“精选”、“整合”和“创新”，强调对学生的动手能力、创新思维、科学素养等综合素质的全面培养。这套教材具有以下的特点：

1. 教材将各学科的实验内容进行了广泛的“精选”，既体现了高等药学教育“面向世界、面向未来、面向现代化”，也考虑到我国药学教育的现状与实际；既体现了各门实验课程自身的独立性、系统性和科学性，又充分考虑到各门实验课程之间的联系与衔接，有助于学生在教学大纲规定的实验教学学时内掌握基本操作技术，提高动手能力，养成严谨、求实、创新的科学态度。

2. 教材中新增的综合性、设计性实验有利于学生全面了解和综合掌握本门实验课程的教学内容。这一举措既满足了学生个性发展的需要，更注重培养学生分析问题、解决问题的能力和创新意识。

3. 教材中适当安排一些反映药学学科发展前沿的实验，有利于学生在掌握实验基本技术的同时，对药学学科的新进展、新技术有所了解，激发他们学习药学知识与相关学科的兴趣。

4. 教材以实践教学为突破口，采用双语体系编写，为实验课程改革构建数字化、信息化和外语教学的平台，有利于提高学生的科技英语水平。通过我校多年的药学系列实验课程双语教学实践，证明学生完全能够接受此套教材的教学。

国家十五规划教材——药学专业双语实验教学系列教材的陆续出版，必

将对推动我国高等药学教育的健康发展，产生积极而深远的影响。由于采用双语体系编写药学教学实验丛书尚属首次，缺乏经验，在内容选择及编写方法上的不妥之处，在所难免。欢迎从事药学教育的同行们批评赐教。

吴晓明

(中国药科大学校长、博士、教授、博士生导师)

2003年1月于南京

Preface

Experimental teaching is one of the most fundamental teaching means in pharmaceutical colleges, playing an important role in training scientific thoughts and methods, creative consciousness and ability of the students as well as in promoting quality – oriented education in all – round way. Fast – advancing science and technology has come to be an important factor in dominating social progress. Teaching materials must be updated continually in pharmaceutical colleges, especially enriching the materials of experimental courses with the most advanced knowledge in the subject.

In recent years, China Pharmaceutical University have been stressing the promotion of teaching reform on the basis of research, succeeding in stimulating teachers' enthusiasm for teaching reform by various means such as undertaking the project of teaching reform in higher education at the beginning of 21st century sponsored financially by World Bank and entrusted by the Ministry of Education as well as approving and ratifying internal programs on teaching reform. Meanwhile, it yields fruits to integrate the transforming of teachers' educational ideology into the reform of teaching materials and methods. This series of textbook of national "Tenth – five" planning – bilingual pharmaceutical experimental teaching series, is an important achievement made through studying ueaching system of experimental courses for long, reforming teaching materials and carrying out educational innovation of all the teachers concerned.

Meeting the new demands for education, science and technology and social growth, they select, integrate and innovate the teaching materials of pharmaceutical experimental courses, stressing the overall cultivation of comprehensive qualities, including experimental ability, creative thought and scientific attainments. This set of textbook possesses the following features:

1. These textbooks make an extensive "selection" of the experimental materials of each subject, reflecting the goal of facing the world, facing the future and facing the modernization in higher pharmaceutical education, and taking into account the status quota and reality of our pharmaceutical education; meanwhile embodying the individuality, systematicness and scientificalness of each experimental courses, which helps the students to grasp basic techniques of operation within the class hours of experimental teaching prescribed by teaching syllabus and to improve their experimental ability and finally to cultivate a scientific approach of precision, practicality and creation.

2. The comprehensive designing experiments newly supplemented in the textbooks help the students to learn totally and grasp comprehensively the teaching materials of the experimental courses, which not only meets the students' needs for individual development but also trains their ability to analyze and solve problems and cultivates their creative consciousness.

3. Some experiments representing the latest development in pharmacy are properly included in the textbooks, which helps the students to learn about new advance and technology in pharmacy and to further arouse their interests in studying pharmacy and relevant subjects while grasping some basic techniques of experiment.

4. The textbooks take experimental teaching as starting point and are compiled in a system of bilingualism and aim to set up a platform of digitalization, information and foreign language teaching for the purpose of reforming experimental courses, which serves to enhance the students' level of technological English. It has been proved that the students have no difficulty being adapted to the teaching of this set of textbook through many years of bilingual teaching practice carried out in a series of pharmaceutical experimental courses of our university.

The successive publishing of the series of textbooks used for bilingual pharmaceutical experimental teaching – the national “Tenth—five” planning textbooks, will surely produce good and far – reaching influence in promoting the sound development of higher pharmaceutical education of our country. Since it is the first time that we have compiled this series of textbook of pharmaceutical teaching experiment in a bilingual system, we lack experience and thus some defects in choice of materials and way of compilation are inevitable. Experts engaged in pharmaceutical education are welcome to give any criticisms and advice.

Wu Xiaoming

Ph. D, prof., and supervisor of doctoral candidates
President of China Pharmaceutical University
Nanjing
Jan, 2003

前　　言

根据教育部“药学类专业课程基本要求”的精神，结合我校多年教学实践，并参考国内外有关资料，我们编写了这本《生理学实验与指导》教材。

本书包括 43 个实验，重点突出生理学实验中的基本操作、基本技能和基本理论。所列实验除少数可供选择的以外，在大多数院校生理实验室都有条件做到。本书还介绍了常用的实验动物、动物活体解剖技术以及生理实验的常用仪器设备，以供不同专业的教学需要。

与前版相比，本书增加了相应的英文译文。由于感觉器官系统的实验在药学专业类院校较少开展，故本版不再编入。生理现象或反应的记录以 D95 微机化生理药理实验教学系统为主，辅以二道生理记录仪，淘汰记纹鼓。

本书可作为高等医药院校、药学类专业生理实验课教材，也可供有关教师实验教学时参考。

参加本书编写的人员为中国药科大学生理教研室的丁启龙、王秋娟、李运曼、吴玉林、郭青龙、傅纪华、颜天华、刘冰冰等老师。

由于编者水平有限，错误和不妥之处一定难免，欢迎兄弟院校师生和读者指正，以便再版时改进。

编　　者

PREFACE

According to the spirit of Ministry of Education “Basic requirement of medicine special course”, combining our teaching practice, and referring to domestic and international relevant information, we have compiled the teaching material, “physiology experiment and guide” .

This book, included 45 experiments, gives prominence to the basic theory , the basic operating and the basic ability. These experiments can be accomplished in the most physiological laboratories, besides a few for option. This book has still introduced general experiment animal and animal vivisection technology as well as instrument and equipment used in physiological experiment frequently, to offer the teaching needs of different speciality.

Compared with former edition, this book has increased corresponding English text. Because experiments in sense organ system have not been done frequently in pharmic college, so they have not been put in this edition again. The record of physiological phenomenon or reaction has been done with D95 – computer teaching system of physiological and pharmacological experiment dominating, supplemented with 2 – channel physiological recorder and eliminated the recording drum.

This book can be chosen as physiological experiment teaching material by pharmic and medical specialty or college, and also as reference for relevant teachers.

Compilers attending this book are teachers in Department of Physiology in China Pharmaceutical University. Their names are Qilong Ding, Qiujuan Wang, Yunman Li, Yulin Wu, Qinglong Guo, Jihua Fu, Tianhua Yan, Bingbing Liu, etc

Since our level is limited, wrong and improper place is surely hard to avoid. We welcome teachers and students in brother colleges and reader to make a comment, to improve it in next edition.

目 录

CATALOGUE

第一章 总论	(1)
General Introduction	(18)
第一节 生理学实验课的目的、要求和规则	(1)
Section I Purposes, Demands and Rules of Physiological Experiment Courses	(18)
一、生理学实验课的目的和要求.....	(1)
Purposes and demands	(18)
(一) 实验前的准备工作.....	(1)
I . Preparations	(18)
(二) 实验时的注意事项.....	(1)
II . Precautions	(18)
(三) 实验后的整理.....	(1)
III . Arrangement	(18)
二、实验结果的处理.....	(1)
Results process	(19)
三、实验报告.....	(2)
Requests on writing report	(19)
(一) 写作要求.....	(2)
(二) 实验报告的一般格式.....	(2)
四、实验室规则	(3)
Laboratory rules	(20)
第二节 活体解剖技术	(3)
Section II Biopsy	(21)
一、手术器械及用途.....	(3)
Commonly used surgical instruments and their uses	(22)
(一) 手术刀.....	(3)
I . Operating scalpel	(22)
(二) 手术剪.....	(4)
II . Surgical scissors	(22)
(三) 血管钳.....	(4)
III . Hemostatic forceps	(22)
(四) 持针钳.....	(4)

IV . Needle holder	(23)
(五) 手术镊.....	(4)
V . Surgical forceps	(23)
(六) 骨钳.....	(4)
VI . Bone forceps	(24)
(七) 颅骨钻.....	(4)
VII . Cranial drill	(24)
(八) 毁髓针.....	(4)
VIII . Needles used to destroy frog's spinal cord	(24)
(九) 玻璃解剖针.....	(4)
IX . Glass dissecting needle	(24)
(十) 缝针.....	(4)
X . Surgical needle	(24)
(十一) 动脉夹.....	(5)
XI . Artery clamp	(25)
二、活体解剖技术.....	(5)
Biopsy technology	(25)
(一) 动物选择.....	(5)
I . Animal choice	(25)
(二) 动物的麻醉	(5)
II . Animal anesthesia	(25)
(三) 急性动物实验的基本操作技术.....	(7)
III . Basic manipulative technique of acute animal experiment	(30)
(四) 采血技术	(9)
IV . Blood collection technology	(33)
(五) 动物的处死方法.....	(10)
V . Methods of putting to death	(35)
第三节 生理学常用仪器.....	(10)
Section III The common apparatus in physiological experiments	(35)
一、刺激系统.....	(10)
1.Stimulating System	(36)
(一) 电子刺激器.....	(10)
A. Electronic Stimulator	(36)
(二) 刺激电极.....	(11)
B. Stimulating electrode	(37)
二、探测系统.....	(11)
2.Probe System	(38)
(一) 玻璃微电极.....	(11)
A. The tiny glass electrode	(38)

(二) 换能器	(11)
B. Transducer	(38)
三、信号调节系统	(12)
3. The Regulating Signal System	(39)
四、记录与信息处理系统	(13)
4. The Recording and Monitoring System	(41)
(一) 示波器	(13)
A. Oscillograph	(41)
(二) 二道生理记录仪	(15)
B. Two Channels Physiological Recorder	(44)
(三) D95 生理药理实验教学系统	(16)
C. D95 – computer teaching system of physiological and pharmacological experiment	(46)
第二章 神经与肌肉	(49)
Nerve and muscle	(53)
实验一 组织兴奋性的观察	(49)
1 Observation on the tissue excitation	(53)
实验二 神经干动作电位观察	(58)
2 Observation on the action potential of nerve trunk	(61)
实验三 神经冲动传导速度的测定	(65)
3 Measurement of conduction velocity of nerve impulse	(67)
实验四 蟾蜍坐骨神经不应期的测定	(70)
4 Measurement of refractory period on toad sciatic nerve	(72)
实验五 脊髓反射	(75)
5 Spinal reflex	(77)
实验六 血脑屏障	(80)
6 Blood-brain barrier	(82)
实验七 脑内乙酰胆碱的定性测定	(84)
7 Qualitative determination of Ach in brain	(86)
实验八 刺激兔大脑皮层引起的躯体运动	(90)
8 Somatic movements elicited by stimulation of rabbit cerebral cortex	(92)
实验九 脑电的观察 (示教)	(95)
9 Observation on electroencephalogram (demonstration)	(98)
实验十 去大脑僵直	(103)
10 Decerebrating rigidity	(105)
实验十一 豚鼠大脑皮层诱发电位	(108)
11 Evoked potentials of cerebral cortex	(111)
实验十二 小白鼠小脑损伤引起的共济失调	(115)
12 Ataxia induced by cerebellar injury in mouse	(117)

第三章 血液	(119)
Blood	(122)
实验十三 红细胞与白细胞计数	(119)
13 Counting of Erythrocytes and Leucocytes	(122)
实验十四 血液涂片和染色	(128)
14 Blood Smearing and Staining	(131)
实验十五 血红蛋白含量的测定	(134)
15 Assay of the Hemoglobin Content	(136)
实验十六 红细胞渗透脆性	(139)
16 Osmotic Fragility of Erythrocytes	(141)
实验十七 血液凝固	(144)
17 Blood Coagulation	(147)
实验十八 血型鉴定	(150)
18 Identification of Blood Group	(152)
第四章 循环系统	(154)
Circulation	(156)
实验十九 蟾蜍心起搏点分析	(154)
19 Analysis of Heart Pacemaker in Toad	(156)
实验二十 蟾蜍心室期前收缩和代偿间歇	(159)
20 Premature Contraction and Compensatory Pause of Toad Ventricle	(161)
实验二十一 蟾蜍心脏的神经支配	(164)
21 The Innervation of Toad Heart	(166)
实验二十二 心电与收缩活动的时相关系	(169)
22 The relationship compare with myocardial contraction in time	(171)
实验二十三 化学物质对蟾蜍离体心脏活动的影响	(174)
23 Effects of chemical substances on the activity of the isolated toad heart	(177)
实验二十四 豚鼠心室肌细胞动作电位测定	(181)
24 Action potential of Ventricular cell in Guinea pig	(185)
实验二十五 人体心电图描记	(191)
25 Electrocardiogram in man	(194)
实验二十六 几种动物心电图描记	(199)
26 Electrocardiogram in some animals	(202)
实验二十七 家兔动脉血压的神经体液调节	(207)
27 The neurohumoral regulation of the artery blood pressure in anesthetics rabbit	(210)
实验二十八 人体动脉血压测定及其影响因素	(214)
28 Measurement and influence factors of the blood pressure	

in human	(217)
实验二十九 希氏束电图	(222)
29 His bundle electrogram	(225)
实验三十 家兔在体心脏单相动作电位的测定	(231)
30 Determination of monophasic action potential in rabbit heart in vivo	(234)
实验三十一 蛙肠系膜微循环的观察	(240)
31 Observation of the mesenteric microcirculation in toad	(242)
实验三十二 兔减压神经放电	(245)
32 Discharge of Depressor Nerve in Rabbit	(247)
第五章 呼吸系统	(250)
Respiratory system	(253)
实验三十三 家兔呼吸运动的调节	(250)
33 Regulation of respiratory movement in rabbit	(253)
实验三十四 膈神经放电	(258)
34 Discharge of phrenic nerve	(260)
实验三十五 膈肌放电	(263)
35 Discharge of midriff muscle	(265)
实验三十六 胸内负压和气胸的观察	(268)
36 Observation of intrathoracic negative pressure	(270)
第六章 消化系统	(273)
Digestive system	(275)
实验三十七 离体肠肌运动	(273)
37 Movement of intestine muscle in vitro	(275)
实验三十八 免胆汁分泌的调节	(279)
38 Regulation of Bile Secretion in Rabbits	(281)
第七章 泌尿系统	(285)
Urinary System	(289)
实验三十九 尿生成的影响因素	(285)
39 Factors influencing urine formation	(289)
实验四十 家兔膀胱的神经调节	(294)
40 The nervous regulation of bladder in rabbit	(296)
第八章 内分泌与生殖	(299)
Endocrine and reproductive system	(301)
实验四十一 胰岛素的生理作用	(299)
41 Physiological effect of insulin	(301)
实验四十二 小鼠雄性腺切除对附性器官的影响	(303)
42 Effects of Removal of Testes on Accessory Genital Organs in Mice	(304)

第九章 实验设计	(306)
Experiment Design	(308)
实验四十三 实验设计	(306)
43 Experiment Design	(308)
附录一 常用生理溶液的配制	(311)
1 Frequently used solution dispensation	(312)
附录二 常用实验动物的一些生理常数	(313)
2 Some physio-constants of frequently used animals	(313)
附录三 常用血液抗凝剂	(314)
3 Frequently used anticoagulant	(314)
附录四 几种易变质药物溶液的配制与保存	(315)
4 Dispensation and conservation of some kinds of drug solution apt to deteriorate	(316)
附录五 常用计量单位	(316)
5 Frequently used metric units	(317)