

义务教育课程标准英语辅导用书

# 新目标 英语口语

八年级 上册

主编 孙庆柱



机械工业出版社  
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配磁带

# 新目标英语口语

八年级 上册

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本书是为《新目标英语》(Go for it)同步配套使用的最新教学用书,它依据教育部《英语课程标准》的要求,紧密结合初中学生英语学习的目标,加大英语学习中口语训练的力度,体现了国家英语课程改革的理念和世界英语教育的发展趋势。

本书内容编排生动活泼,便于模仿记忆,目的在于激发学生的学习兴趣,扩展他们的思维,提高他们的英语口语对话能力。

本书采用互动式教学,并配有磁带,可供教师用于课堂练习和测试,也可供学生课后学习使用。

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# Unit 1

## Oral Practice

### Dialogue 1

#### Roleplay 1

Reporter: Hello, Bill! How often do you watch TV?

Bill: \_\_\_\_\_

Reporter: Uh-huh. And how often do you read?

Bill: \_\_\_\_\_

Reporter: How often do you go to the movies?

Bill: \_\_\_\_\_

Reporter: How often do you exercise?

Bill: \_\_\_\_\_

Reporter: How often do you shop?

Bill: \_\_\_\_\_

#### Roleplay 2

Reporter: Hello, Bill! How often do you watch TV?

Bill: Hmmm... about twice a week, I guess.

Reporter: \_\_\_\_\_?

Bill: Oh, I read every day at school.

Reporter: \_\_\_\_\_?

Bill: Uhh... Let me see... maybe once a month.

Reporter: \_\_\_\_\_?

Bill: Oh, I exercise about three times a month.

Reporter: \_\_\_\_\_?

Bill: Shop? I shop about... about twice a month.

## Dialogue 2

### Roleplay 1

Pat: Thank you for coming in for the interview.

Judy: \_\_\_\_\_

Pat: OK, then, so, um, how often do you exercise?

Judy: \_\_\_\_\_

Pat: Uh-huh. How often do you eat vegetables and fruit?

Judy: \_\_\_\_\_

Pat: All right. So how many hours do you sleep every night?

Judy: \_\_\_\_\_

Pat: How often do you drink milk?

Judy: \_\_\_\_\_

Pat: What about junk food? How often do you eat it?

Judy: \_\_\_\_\_

Pat: Well, thank you very much.

Judy: \_\_\_\_\_

### Roleplay 2

Pat: Thank you for coming in for the interview.

Judy: That's OK.

Pat: \_\_\_\_\_?

Judy: Every day.

Pat: \_\_\_\_\_?

Judy: I eat vegetables and fruit every day.

Pat: \_\_\_\_\_?

Judy: Nine. I need lots of sleep.

Pat: \_\_\_\_\_?

Judy: Never. I can't stand milk. It's awful.

Pat: \_\_\_\_\_?

Judy: I love junk food. I eat it three or four times a week.

Pat: \_\_\_\_\_

Judy: You're welcome.

## Read Aloud

### Dialogue 1

Jack: What do you often do on weekends?

Li Lei: I usually watch TV.

Jack: How often do you watch TV?

Li Lei: I watch TV on Saturday night and Sunday afternoon.

Jack: What's your favorite program?

Li Lei: My favorite program is Animal World.

Jack: Yes, it's a very interesting program. Which animal do you like best?

Li Lei: I like pandas best.

Jack: Why do you like pandas?

Li Lei: Because they're very lovely as well as friendly.

Jack: Do you know where pandas come from?

Li Lei: Yes, they're from China.

Jack: Oh, how often do you watch this program?

Li Lei: Once a week.

### Passage 1

*Yesterday, Mr Wang made a survey about what his students do at school. Here is the results of his survey.*

Most students exercise four or five times a week, some students do sports once or twice a week, but several students never exercise in a week.

As for homework, most students do homework every day. Some students do homework three or four times a week. No students do homework once or twice a week.

The results for "Watching TV" are interesting. No students watch TV once or twice a week, some students watch TV three or four times a week, but most students watch TV every day.

### Passage 2

Hello! Boys and girls! My name is Victor. I'm fourteen years old. I'm from the United States. Look! I'm very strong. I'm pretty healthy. Because every day in the

morning I exercise in the park near my house. And at school I often play sports with my classmates after school. My eating habits are pretty good. I try to eat lots of vegetables and fruit, for example: tomatoes, potatoes, carrots, apples, bananas, and so on, because they are good for my health. I usually eat them ten or eleven times a week. Drinking milk is also very important, so I drink it every day. Of course, I love junk food, but I don't always eat it, because too much junk food is bad for my body, so I eat it once or twice a week.

Early bed, early morning can make me fit. So I go to bed early in the evening and get up early in the morning. And I sleep about nine hours every night. So you see, I look after my health. And it makes a big difference to my grades. Good food and exercise help me to study more and better. What about you, my friends? Can you tell me something about you?

### 素材链接

#### 1. How often do you exercise? 你多久运动一次?

I often exercise three times a week. 我经常一个星期运动三次。

how often 用来询问频率, 其答句经常使用 once, twice, three times, hardly ever, never 等词来回答。如:

How often does she go to movies? 她多久去看一次电影?

She often goes to movies once a week. 她经常一个星期去看一次电影。

#### 2. What's your favorite program? 你最喜欢的电视节目是什么?

#### 3. What do you usually do on weekends? 你通常周末做什么?

I usually study at home. 我通常在家学习。

#### 4. She says milk is good for my health. 她说牛奶对我的身体健康有好处。

#### 5. Is Bill healthy? 比尔身体健康吗?

#### 6. I look after my health. 我照顾好我的身体

此句中的 look after 还可用 take care of 来替换。



7. My health makes a big difference to my grades.

身体健康给我的学习成绩带来很大变化。

8. Good food and exercise help me to study more and better.

好的膳食和运动有助于我学得更多、更好。

## Unit 2

### Oral Practice

#### Dialogue 1

##### *Roleplay 1*

Nick: What's the matter?

Jill: \_\_\_\_\_.

Nick: When did it start?

Jill: \_\_\_\_\_.

Nick: Oh, that's too bad. You should see a dentist.

Jill: \_\_\_\_\_.

Nick: I hope you feel better soon.

##### *Roleplay 2*

Nick: What's the matter?

Jill: I'm not feeling well. I have a toothache.

Nick: \_\_\_\_\_?

Jill: About three days ago.

Nick: \_\_\_\_\_.

Jill: Yes, I think so.

Nick: \_\_\_\_\_.

#### Dialogue 2

##### *Roleplay 1*

Doctor: What's the matter?

Jim: \_\_\_\_\_.

Doctor: How are you feeling now?

Jim: \_\_\_\_\_.

Doctor: Let me take your temperature. It's a cold. Nothing serious.

Jim: \_\_\_\_\_.

Doctor: Did you eat anything for breakfast?

Jim: \_\_\_\_\_.

Doctor: Well, take this medicine three times a day. Have a good rest and drink more water.

Jim: \_\_\_\_\_.

### **Roleplay 2**

Doctor: What's the matter?

Jim: This morning I had a pain in my head.

Doctor: \_\_\_\_\_?

Jim: I'm feeling even worse.

Doctor: \_\_\_\_\_.

Jim: Really? But I don't feel any better now.

Doctor: \_\_\_\_\_?

Jim: No, I don't feel like eating anything.

Doctor: \_\_\_\_\_.

Jim: OK, thank you.

### **Dialogue 3**

#### **Roleplay 1**

Doctor: Hi, little boy! What's wrong with you?

Carol: \_\_\_\_\_.

Doctor: OK, don't worry! Let me have a look. Open your mouth and say "Ah...".

Carol: \_\_\_\_\_.

Doctor: Hm..., nothing serious!

Carol: \_\_\_\_\_.

Doctor: Yes, Nothing serious! I'll give you some medicine. Remember, take this medicine three times a day, two pills a time.

Carol: \_\_\_\_\_?

Doctor: Oh, yes, I'm afraid you can't go to school. You'd better stay at home for two days, have a good rest and have more vegetables and fruit.

Carol: \_\_\_\_\_.

Doctor: Don't worry! You can be well very soon!

Carol: \_\_\_\_\_

Doctor: You're welcome!

### **Roleplay 2**

Doctor: Hi, little boy! What's wrong with you?

Carol: Hello, doctor, I'm afraid I catch a cold.

Doctor: \_\_\_\_\_

Carol: Ah....

Doctor: \_\_\_\_\_!

Carol: Really? But I don't want to eat and move. And I just want to sleep.

Doctor: \_\_\_\_\_

Carol: OK, I'll remember. Anything else?

Doctor: \_\_\_\_\_

Carol: Oh, I'm sorry. But I want to be with my classmates.

Doctor: \_\_\_\_\_!

Carol: Thank you! Doctor!

Doctor: \_\_\_\_\_!

### **Read Aloud**

#### **Dialogue**

Henry: Doctor, I'm not feeling well. I often feel tired. Yesterday I cleaned my room.  
I had to rest every five minutes.

Doctor: There's nothing much wrong with you, but I'm afraid you have a problem:  
you're eating too much!

Henry: I don't understand. What do you mean?

Doctor: I mean you eat too much rich food and you don't take enough exercise.

Henry: Oh, dear! You mean I'm too fat. What can I do?

Doctor: It's very easy! If you want to become thin, you have to eat less food—and  
you have to take more exercise.

Henry: What should I eat?

Doctor: Well, every day you can have more vegetables and fruit. If you do that,

you can be thin.

Henry: No problem. Do I have to take them before or after meals?

Doctor: Before? After? No! You don't understand! Not before or after meals——  
instead of them!

## Passage 1

*Nancy and Lingling are on a student exchange program. Here is an e-mail that Nancy sends to Lingling, read it aloud.*

Dear Lingling,

How is everything there? Thank you for your last e-mail.

Well, I hope you are having a good time at school in London. I like your school in Shanghai, but I'm not feeling well at the moment. I'm tired and I have a lot of headaches. And I'm stressed out because my Mandarin isn't improving. I study late every night, sometimes till 1 a.m., but my speaking doesn't improve. I really need some conversation practice! What can I do? In class, I can't catch up with my Chinese teacher, after class, I can't talk with my classmates, because I can't understand them. Can you help me? Oh, dear! I think I'm getting a cold. It's a little cold here in Shanghai. But my homestay family is really nice. They are very friendly. They love me, and I love them, too. Oh, it's time to go to bed. I'll tell more to you next time.

Please send your e-mail to me soon!

Yours,  
Nancy

## Passage 2

*Lingling reads Nancy's e-mail, and she gives her some advice and tells Nancy something about herself.*

Dear Nancy,

I'm sorry to hear that you're not feeling well now in Shanghai. I think you should wear more clothes, and take care of yourself. You know the weather in Shanghai is different from that in London. In China, students have lots of homework to do every day, so you feel tired. But don't worry, I believe you can do better later. As for your Mandarin, in fact, Chinese is the most difficult language in the world. You can practise it with your homestay family. And you can also ask your teachers and classmates for help. Don't be

shy! I think they are pleased to help you. You are a clever girl! Believe yourself. Nothing is difficult if you try your best.

I hope you can get a great progress. Maybe you can talk with me in Chinese easily when I come back to Shanghai in summer holidays.

Yours,  
Lingling

## 素材链接

1. What's the matter? 怎么啦?

What's the matter with you? 你怎么啦?

What's wrong with Judy? Judy 怎么啦?

What happened to him? 他怎么啦?

2. I have a cold/stomachache/headache/sore throat/toothache/soar back...

我得了感冒/胃痛/头痛/嗓子痛/牙痛/背痛……

3. Maybe you should see a doctor. 或许你应该去看一看医生。

4. I'm not feeling well. 我感觉不舒服。

5. When did it start? 什么时候开始的?

6. I hope you feel better soon. 我希望你很快就会感觉好多了。

7. Traditional Chinese doctors believe we need a balance of cooling Yin and hot Yang to be healthy.

传统中医认为我们需要在体内达到阴阳平衡才能身体健康。

8. It's important to eat a balanced diet. 膳食营养均衡是很重要的。

9. I study late every night, sometimes till 2 a.m., but my speaking doesn't improve.

我每晚学习到很晚,有时到凌晨两点,但是我的口语没有长进。

10. I really need some conversational practice. 我真的需要一些会话练习。

## Unit 3

### Oral Practice

#### Dialogue 1

##### *Roleplay 1*

Robert: Hi, Anna, where are you going for your next vacation?

Anna: \_\_\_\_\_.

Robert: Oh, what's the weather like there?

Anna: \_\_\_\_\_.

Robert: Really? What are you doing there?

Anna: \_\_\_\_\_.

Robert: Anything else?

Anna: \_\_\_\_\_.

Robert: And how long are you staying there?

Anna: \_\_\_\_\_.

Robert: Well, that sounds terrific. Wish you have a good time there.

Anna: \_\_\_\_\_!

##### *Roleplay 2*

Robert: Hi, Anna, where are you going for your next vacation?

Anna: Well, I'm going to Hawaii.

Robert: \_\_\_\_\_?

Anna: It's beautiful. And it's always sunny and warm.

Robert: \_\_\_\_\_?

Anna: I'm going to the beach, maybe swim in the sea.

Robert: \_\_\_\_\_?

Anna: Oh, yes, going sightseeing, playing volleyball.

Robert: \_\_\_\_\_?

Anna: Only for two weeks.

Robert: \_\_\_\_\_.

Anna: Thank you!

## Dialogue 2

### Roleplay 1

Dave: What are you doing for vacation?

Tony: \_\_\_\_\_.

Dave: That sounds interesting! What are you doing?

Tony: \_\_\_\_\_?

Dave: I'm visiting Huangshan Mountain.

Tony: \_\_\_\_\_?

Dave: Just for five days.

Tony: \_\_\_\_\_!

Dave: The same to you!

### Roleplay 2

Dave: What are you doing for vacation?

Tony: I'm going to Beijing for a week.

Dave: \_\_\_\_\_?

Tony: I'm visiting *many famous places* there. How about you, Dave?

Dave: \_\_\_\_\_.

Tony: Oh yeah! How long are you staying there?

Dave: \_\_\_\_\_.

Tony: Well, have a good time!

Dave: \_\_\_\_\_!

## Dialogue 3

### Roleplay 1

Dave: Did you have a good time during your vacation?

Mike: \_\_\_\_\_!

Dave: How long did you stay there?

Mike: \_\_\_\_\_.

Dave: How was the weather there?



Mike: \_\_\_\_\_.

Dave: Really? What did you visit there?

Mike: \_\_\_\_\_.

Dave: Oh! They are very famous places. Did you have some delicious food there?

Mike: \_\_\_\_\_.

Dave: Ha...! I can smell those delicious food now. Did you take photos there?

Mike: \_\_\_\_\_.

Dave: Can you give some photos to me? I'll show them to my parents.

Mike: \_\_\_\_\_.

Dave: I hope so!

## Roleplay 2

Dave: Did you have a good time during your vacation?

Mike: Of course! It's terrific!

Dave: \_\_\_\_\_?

Mike: I stayed there for ten days.

Dave: \_\_\_\_\_?

Mike: It's wonderful, and it's always sunny and cool.

Dave: \_\_\_\_\_?

Mike: I visited Tian'anmen Square, the Summer Palace, the Great Wall, the Forbidden City and many other beautiful places.

Dave: \_\_\_\_\_?

Mike: Yes, I had much delicious food, for example: jiaozi, Beijing Duck, and so on.

Dave: \_\_\_\_\_?

Mike: Yes, I did.

Dave: \_\_\_\_\_.

Mike: OK! Maybe you can spend your vacation in Beijing, too.

Dave: \_\_\_\_\_!

## Read Aloud

### Dialogue 1

Emma: The Summer holidays will begin next month. What are you going to do?