

最新版

国家新标准

英语

# 限时阅读

● 经——考试性 可反复查阅    ● 纬——实用性 可系统学习

TIME LIMITED READING PRACTICE  
FOR SENIOR STUDENTS OF ENGLISH

主编：高云智

北京教育出版社

国家新

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主 编:高云智

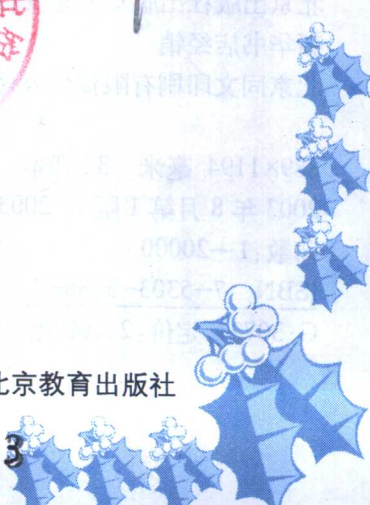
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## 前言

随着高考英语阅读试题内容和形式的急剧变化和发展, 阅读技能成为学生掌握英语的重要手段, 英语阅读的地位凸显。

阅读是一种接受性(receptive)技能, 是中学生学习外语获取语言知识的重要手段之一。英语教育专家认为: 对没有机会在国外学习英语的学习者来说, 阅读是学外语的主要途径。阅读使学生体会到主动性和探究性学习成功的兴奋和喜悦, 有利于激发学生学习潜能。

阅读是一个以辨认词汇和句子为基础, 继而理解它们所传递的信息的特殊心理过程。理解是指通过阅读, 能够正确把握其中的词、句、段落和篇章的内容及含义。我们所说的阅读能力是人们通过阅读接受知识和信息的能力。它包括阅读速度和接受知识、接受信息的准确度, 也可理解为是单位时间内接受知识和信息的量。一般来说, 阅读理解包括下列内容:

1. 能识别阅读材料中的词汇和短语。
2. 能找出语篇中的主要和次要信息, 判断整体和部分的关系, 如时间关系、地点关系、并列关系和从属关系等。
3. 根据上下文推测不熟悉的词汇的意义和用法。
4. 理解句子结构的功能意义, 如原因、结果、目的、时间等。
5. 识别语段中语言信号词的关系, 如 however(转折), therefore(结论)等。
6. 能在没有语言信号词的情况下辨认段落功能, 如时间、空间、人物、事件等。
7. 判断句子里的语义关系、句子间的逻辑关系、段内和篇章内的语义关系。

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## 前言

8. 通过速读,理解文章主旨并看出其组织关系。

9. 理解信息内涵和作者的风格、目的、态度、口气等。

10. 判断印刷信息,如标题、目录、斜体、脚注等的作用。

阅读速度是衡量语言能力和阅读能力的重要标志。一般来说,阅读速度是用一分钟阅读的词数来衡量的。

《英语课程标准》要求中学英语八年级应累积 36 万词的课外阅读量,中学英语教学大纲二级目标要求学生每分钟 70—80 个词的阅读速度,读懂生词率不超过 3% 的不同题材的材料,而且除教材内容外,课外阅读量应达到 20 万字左右。

《英语限时阅读》是适应高考英语改革的最新要求,根据《英语课程标准》的指导思想进行构思和写作的。是一本有关英语阅读学习的训练参考书。本书精选近 200 篇阅读理解文章,46 个单元,每个单元 4 篇,依据难易程度分为 A 级(2 篇)、B 级(1 篇)、C 级(1 篇),每篇均给出词汇量,并根据高考要求的阅读速度,给出参考阅读时间,文章内容新颖,题型精巧,题材多样,难度适中,生词量较大,让学生建立一种迎考迎战的心理准备。

本书由李卓诗、孙红雨、张国际先生编写。

由于时间仓促,缺点和错误在所难免,敬请专家和广大读者批评指正。

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# Unit 1

## 1

A 级

给定词量: 247 个

限定时间: 5 分钟

E-mail can be a powerful new tool in improving **communication** (交流) between patients and physicians, according to one expert.

Using the Internet, doctors "can answer more questions from more patients in a shorter time", written by Dr. Badal Pal, a famous doctor in Manchester, UK.

According to Pal, nearly 40% of American patients say they have used e-mail to communicate with a doctor in the past.

He notices, however, that although patients have such interest, only up to 20% of doctors in the United States offer e-mail service.

Using e-mail, doctors can make sure of their advice... and point patient to patient information materials and other resources on the Internet. It's said that more than 10,000 health oriented websites(站点) already exist now.

However, some people worry that widespread use of medical e-mail might set up two kinds of care—one for the Internet "haves" and another for the "haven't's."

But Pal points out that "by the year 2000 nearly every library will offer (Internet and e-mail) services in the United States." Which allow even low-income patients to use such means. Pal also talks about other possible barriers to the acceptance of medical e-mail.

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"Doctors may be unwilling to offer e-mail services for fear of increasing workload and uncertainty about payment for the time they spent," he explained, and patients may worry that their medical information might be read by others. "But these problems can all be solved," he adds.

"E-mail may well help us a lot in health care." Pal concludes, "Patients want to know more than they can get in normal clinics," he points out, "and they might find communication on the information superhighway less fearful than face-to-face dialogue with their doctors."

选择最佳答案:

( ) 1. The article introduces a new way of patient doctor communication\_\_\_\_\_.

- A. by e-mail
- B. by visiting websites
- C. by searching the Internet
- D. by using the computer

( ) 2. According to the text, some people worry that \_\_\_\_\_.

- A. it might have to serve both those who have access (渠道) to the Internet and those who don't do so as the workload is too heavy.
- B. it might meet double doubts from those who have access to the Internet and those who don't
- C. it might make trouble between those who can use the Internet and those who cannot
- D. it might make trouble between those who have Internet experiences and those who haven't

( ) 3. All the following points are advantages of using medical e-mail EXCEPT\_\_\_\_\_.

- A. it is more reliable
- B. it is less frightening
- C. it enables patients and doctors to understand each other better

D.it provides patients more choices of treatment

- ( ) 4. What does the underlined word "barrier" mean?  
A.可能 B.危险 C.阻碍 D.秘密
- ( ) 5. Which of the following is true about e-mail in USA?  
A. Every patient cannot use it.  
B. Only doctors can use it.  
C. Patients needn't pay for their treatment by using e-mail.  
D. No others can read the information sent by e-mail.

### 【阅读精析】

本文讲的是通过互联网,用发 e-mail 的形式加强医生和病人沟通的利弊。由于所讲内容对学生来说是陌生的,文章本身比较难。但是学生一旦读懂了该文,阅读检测题的答案都能从文中直接找出。这是常见的检测科技文的形式。

**阅读难点:** 文中所述及的是人们不熟悉的内容。

难度值☆题 1 答案 A。见第一小节。

难度值☆☆题 2 答案 B。见第六小节。

难度值☆☆题 3 答案 D。见第七小节。

难度值☆☆☆题 4 答案 C。见第七小节。学生要根据全文的意思,想一想,通过推理,才能判断出正确答案。

难度值☆☆题 5 答案 A。见第三小节。

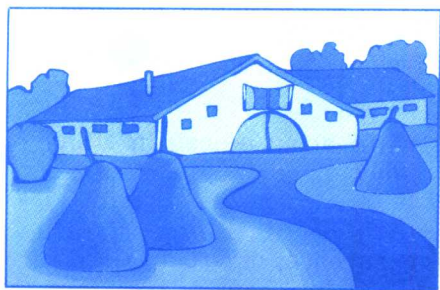
## 2

### A 级

给定词量: 312 个

限定时间: 6 分钟

A white-haired old gentleman steps out of his car, bag in hand and coat over his arm. He has called from his office to say that he is on the way. His wife is preparing supper. He can see the light shining inside his own front door. He looks forward to a fire and hot milk. It is a cold night. A few sec-



onds later he is lying on the icy ground in a pool of his own blood.

It doesn't happen very often, but it does happen in the capital city of the United States. It is more likely to happen in the near-deserted city center at

night. What happened to him could happen to any of us.

**Senator** Stennis, who is 71, got out of his white **Buick** at 7:40 p.m. outside his home at 3609 Cumberland Street. Two youths said, "Get out! Money, please." He followed the order. He handed over his wallet containing several cards, a gold watch and the only money he had in his pockets—twenty seven cents. The youths also said, "Now we're going to shoot you anyway." Anyway they did one bullet (子弹) hit him in the leg and struck the bone. The other entered his chest just below the upper pocket of his suit. It narrowly missed his heart.

Strangely he made it across a ten-meter distance, up eight steps and along twenty more feet of stone path. His wife met him at the door, and saw two men running. The senator told her to call the police and the doctor.

The senator is a powerful political figure, but it is unlikely that the two young men knew who he was. More likely the reason for the killing was that he had only no more than a quarter of dollar—not enough for two cups of coffee.

选择最佳答案:

( ) 1. According to the passage \_\_\_\_.

- A. such a mugging(抢劫) might have happened to anyone  
B. the mugging happened on a cold evening in a senator's home  
C. the senator was killed because he was an important politician  
D. the mugging might not have happened if the senator was young and strong

( ) 2. Having robbed the senator, the two young men \_\_\_\_.

- A. pulled him into a pool    B. shot two bullets into his body  
C. hit him hard                D. carried him away

( ) 3. The two young men were angry by the fact that \_\_\_\_.

- A. the senator tried to cheat them  
B. they failed to get the senator's expensive car  
C. the senator didn't die in their hands  
D. they didn't get what they had expected

( ) 4. Which of the following statements is not true?

- A. A near-deserted city center at night is a dangerous place.  
B. People should always carry some money with them.  
C. Though seriously wounded, the senator managed to get home on his own.  
D. The senator's wife met the two men and recognized them immediately.

### 【阅读精析】

本文讲的是一位老人路遇劫匪，两位劫匪不知老人是参议员，抢了他的钱并打伤了他的故事。从文章表面看，No.2 比 No.1 要易读一点，但问题回答要难一点。Senator(参议员)虽然对学生来说是生词，但从文中可以看出它是政客的一种头衔。Buick 是一种车。

**阅读难点：**学生对生词的猜测。

**难度值☆题 1** 答案 A。见第二自然段。

**难度值☆☆题 2** 答案 B 在第三自然段中。文中没有指明是两颗子弹，但根据 One bullet hit in the leg and struck the bone. The other entered his chest just below the upper pocket of his suit. 英语语法中，两者中“另一个”用 the other。

**难度值☆☆题 3** 答案 D 仍然在第三自然段。老人把钱包、金表和

信用卡都给了劫匪,劫匪又不知道老人的身份,当然应考虑是劫匪未得到他要的东西。

难度值☆☆☆题 答案 D 应在通读全文的基础上,逐一排除,只有 D 项在文中没出现。

### 3

#### B 级

给定词量:231个

限定时间:4分钟

Dear Abby,

This is my first letter to you,although I have been reading your column for many years.I need an outside opinion.

I am a grandmother in my 70s and have just returned from visiting my daughter,her husband and their three dearly loved children—all under the age of 5 — and I'm upset with some of their parenting ways.

For example:

They lock the doors to their children's bedrooms at night because “the children might get out of their beds and wander around the house,and we may not hear them” .

If one child should get punishment,all three are punished,and if one child says a “naughty” word,all three are given hot sauce(辣酱汁)in the mouth.

I know these parents love their children very much,but are these ways of disciplining them wise? Please understand,it is not my aim to interfere(干涉).

Gram

Dear Gram,

Children's bedroom doors should not be locked.Should a flash fire break out,it would be a nightmare(可怕的事物)。

Punishing all the children when only one has earned the

punishment is a good way to make them grow up to hate each other.

Children who use "naughty" words should not be punished with hot sauce in the mouth, they should be taught the proper and acceptable words to use instead of the "naughty" words.

Abby

选择最佳答案:

( ) 1. From the passage we can see that Abby is probably \_\_\_\_\_.

- A. a famous writer    B. a columnist (专栏作家)  
C. a friend of hers    D. a government official

( ) 2. Gram's daughter \_\_\_\_\_.

- A. is very strict with her children  
B. does not love her three children  
C. always punishes her children at night  
D. often gives her children hot sauce

( ) 3. The passage doesn't say so, but from the lines you'll find that \_\_\_\_\_.

- A. Gram likes writing letters  
B. Gram likes watching children  
C. Gram likes reading newspapers  
D. Gram likes visiting her daughter

( ) 4. Gram writes the letter in order to \_\_\_\_\_.

- A. disclose her daughter's ways as a mother  
B. criticize her daughter's ways as a mother  
C. express her anger about her daughter's ways as a mom  
D. get others' opinion about her daughter's ways as a mom

( ) 5. Which of the following is not true according to the passage?

- A. Gram seems to care for her grandchildren very much.