

Just believe in yourself, you can do it!



英语演讲

English Speech

# 英语演讲

## English Speech

张民和 主编

你想参加英语演讲比赛吗?  
你了解英语演讲比赛规则吗?  
你想在英语演讲台上 show 一下真我风采吗?  
认真学习完本书, 你就能做到!



附赠光盘  
(标准美式发音)



机械工业出版社  
CHINA MACHINE PRESS

Just believe in yourself, you can do it!

# 英语演讲

## English Speech

张民和 主编

你想参加英语演讲比赛吗？  
你想了解英语演讲比赛规则吗？  
你想在英语演讲台上 show 一下真我风采吗？  
认真学习完本书，你就能做到！



附赠光盘  
(标准美式发音)

机械工业出版社  
CHINA MACHINE PRESS



“英语演讲”课是作者在经过慎重而周密的考虑后,结合目前国内各大院校(包括公办院校和民办院校在内)总体的外语(主要是英语)水平和英语教学的实际情况而决定开设的一门独特且富有生趣的课程。本课程的开设旨在全方位地培养学生的听、说、读、写能力,尤其是听说能力。

本书同样适用于一切英语学习爱好者,通过认真学习本书,可以提升他们的英语演讲能力以及培养他们的逻辑思维能力。

本书另赠光盘一张。

#### 图书在版编目(CIP)数据

英语演讲 / 张民和主编. —北京: 机械工业出版社,  
2004.8

ISBN 7-111-15087-2

I. 英… II. 张… III. 英语—演讲 IV. H311.9

中国版本图书馆 CIP 数据核字 (2004) 第 082397 号

机械工业出版社(北京市百万庄大街 22 号 邮政编码 100037)

责任编辑: 余 红 封面设计: 无极书装

版式设计: 成 翔

三河市宏达印刷有限公司印刷·新华书店北京发行所发行

2004 年 8 月第 1 版·第 1 次印刷

1000mm×1400mm B5 · 6.125 印张 · 171 千字

0 001 — 6 000 册

定价: 19.80 元

凡购本书,如有缺页、倒页、脱页,由本社发行部调换

本社购书热线电话(010)68993821、88379646

封面无防伪标均为盗版

## 编者的话

“英语演讲”课是作者在经过慎重而周密的考虑后,结合目前国内各大院校(包括公办院校和民办院校在内)总体的外语(主要是英语)水平和英语教学的实际情况而决定开设的一门独特且富有生趣的课程。

本课程的开设旨在全方位地培养学生的听、说、读、写能力,尤其是听说能力。开设“英语演讲”课的核心目的在于:任课教师通过本课程对学生进行的训练,使学生的听说能力在经过有目的、专门的训练之后达到可以用英语自如地进行日常交流的水平。而经过我们计划内循序渐进的锻炼后,学生的英语水平能够日益提高,最终达到我们希望的程度——谈吐风趣,语言表达有层次、有深度,在与他人交流时思路清晰、应答时反应快、胆子大、口语错误极少甚至没有。

由于每周教师在上“英语演讲”课的时候都会配有硬性的课后英文写作练习,因此在经过大家不懈的努力后,学生的写作能力可以提高到其能够达到的最大的限度。在市场竞争形势日益严峻的今天,拥有一口流利的口语和相当出众的英文写作能力,可以使我们的学生在工作的时候如虎添翼,真正能够用自己绝对强的实力去击败任何竞争对手,拥有他们希望得到的工作机会。同时,较强的语言运用能力也能协助我们的毕业生胜任各种使用英语的单位、部门以及利用英语进行工作或交流的机构。

“英语演讲”课的基本授课方式为:课前,由任课教师给学生布置一个英语演讲课题,由学生在课后写出文章,并以最快的速度交给任课老师进行细致的批改,教师将文章批改后交还到每位学生的手中,让他们对已经修改过的正确的文字进行背诵,并在第二次上课的时候轮流上台讲演。讲演的过程中,任课老师根据其英语演讲内容提出相关问题让学生本人及其他学生回答,或是由台下的学生给演讲者提出问题。如此的做法,既巩固了英语演讲学生的记忆,提高了他们的应变能力,也同步提高了全班学生的英语鉴赏水平。

总结 2002~2003 年度,我作为“英语演讲”课教学一线教师,得出的结论是——“英语演讲”课的开设在现今高校激烈的教育与人才培养的竞争中有以下几点突出的发展优势:

(1) 上台演讲能够锻炼学生的胆量和勇气。以往,我们的学生在与



他人交流的时候,存在更多的不是语言能力,而是语言交流障碍。因为不敢开口与别人说话,很多英语水平不错的学生在口语上栽了大跟头。针对目前教学的一大难题,即在各大院校中普遍存在的“哑巴英语”,我们决定改变传统教学语言的实际运用被束缚的状态,鼓励学生勇于挑战自我,勇敢地去与人交流,大胆地说。

因为演讲时要面对的是老师和全班的同学,所以站在台上演讲的学生会非常注意自己是否在言语上产生错误或遗漏,也会更注意自己的语音、语调,甚至包括自身的形象。这样的做法,会使学生感觉到自己每次都有一个新的提高。

(2) 每次演讲时,讲台底下的所有同学都会认真地听演讲者的论述,长时间锻炼下来养成习惯,大家的听力能得到明显的提高,其他人也能在倾听中逐渐培养出发现英语演讲者细微的语言错误的能力。

(3) 学生演讲之后,老师及别的同学还要提出各种与其演讲有关的问题,演讲学生的随机反应能力及语言组织能力可以在短时间里迅速地提高。

(4) 每次“英语演讲”课都要求学生写作文,且文章的题材一直在随着学生写作水平的提高而逐步加深,因此参与这种强化练习的学生语言的书写、组织能力在两到三年内将会达到一个很高的层次。

(5) 每三次课左右,任课教师要给学生作一次英语演讲。

(6) 另外,本书还介绍了英语演讲赛及辩论赛的规则。

总之,“英语演讲”课是一门综合性很强的课程,尽管授课的难度很大,但对于学生来说,这种锻炼能使他们的英语水平全面地得到最大程度的提高。因此,我们必须把这门课程涉及面尽可能大、长期坚持地开设下去,把我们的学生都培养成为既有很强的写作能力,又可以说出一口流利英语的人才,在社会生存的较量中超越其他的竞争者。

张民和

2004年8月



# Contents

## 编者的话

Unit 1. My Impression of Our University .....	1
Unit 2. Life in a Big City.....	3
Unit 3. An Introduction to Xi' an .....	5
Unit 4. My Favorite Activities.....	7
Unit 5. My Impression of Foreign Teachers .....	9
Unit 6. Chinese Lunar New Year.....	11
Unit 7. My View on Games .....	13
Unit 8. Chinese Parents Are the Most Difficult Ones in the World ...	15
Unit 9. The Benefits of Computers in Education .....	17
Unit 10. Social Activities on Campus .....	19
Unit 11. Is Going to College the Only Option?.....	21
Unit 12. My View on Private Universities in China.....	23
Unit 13. Causes of Failure in Study.....	25
Unit 14. Scores Are not the Only Criteria for Good Students.....	27
Unit 15. Country Life and City Life.....	29
Unit 16. My View on Television Advertisements.....	31
Unit 17. Is It Necessary for People to Tell Lies Sometimes?.....	33
Unit 18. Can Success Be Measured in Terms of Money Alone?.....	35
Unit 19. Traffic Jams in Big Cities.....	37
Unit 20. The Goals in Your Life.....	39
Unit 21. My View on Opportunity.....	41
Unit 22. Good Health.....	43



<b>Unit 23.</b>	<b>Success</b>	<b>45</b>
<b>Unit 24.</b>	<b>On the Force of Habits</b>	<b>47</b>
<b>Unit 25.</b>	<b>On the Importance of Self-Confidence</b>	<b>49</b>
<b>Unit 26.</b>	<b>Honesty</b>	<b>51</b>
<b>Unit 27.</b>	<b>Rising Early</b>	<b>53</b>
<b>Unit 28.</b>	<b>On Reading Good Books</b>	<b>55</b>
<b>Unit 29.</b>	<b>The Profession I Would Like to Follow</b>	<b>57</b>
<b>Unit 30.</b>	<b>Degrees Have Become a Prerequisite for Work</b>	<b>59</b>
<b>Unit 31.</b>	<b>The Right Use of Money</b>	<b>61</b>
<b>Unit 32.</b>	<b>How to Succeed in a Job Interview</b>	<b>63</b>
<b>Unit 33.</b>	<b>Environment Changes Our Lives</b>	<b>65</b>
<b>Unit 34.</b>	<b>Smoking Is Harmful to People's Health</b>	<b>67</b>
<b>Unit 35.</b>	<b>Love on the Internet</b>	<b>69</b>
<b>Unit 36.</b>	<b>If I were a Chinese Official</b>	<b>71</b>
<b>Unit 37.</b>	<b>Corruption: a Disaster to the Whole World</b>	<b>72</b>
<b>Unit 38.</b>	<b>Keeping Pets</b>	<b>74</b>
<b>Unit 39.</b>	<b>Private Cars Should Be Limited</b>	<b>76</b>
<b>Unit 40.</b>	<b>Can Computers Take the Place of Human Brains?</b>	<b>78</b>
<b>Unit 41.</b>	<b>The Development of Tourism and Environment Protection</b>	<b>80</b>
<b>Unit 42.</b>	<b>On Love</b>	<b>82</b>
<b>Unit 43.</b>	<b>Mom, I Love You!</b>	<b>84</b>
<b>Unit 44.</b>	<b>If I Were Looked Down Upon</b>	<b>87</b>
<b>Unit 45.</b>	<b>Job Problems for College Graduates</b>	<b>89</b>
<b>Unit 46.</b>	<b>Cooperation and Competition</b>	<b>91</b>
<b>Unit 47.</b>	<b>A Smile to Life</b>	<b>93</b>



<b>Unit 48.</b>	<b>Painful Experiences Will Create a Better Life</b>	<b>95</b>
<b>Unit 49.</b>	<b>Is Failure a Bad Thing?</b>	<b>97</b>
<b>Unit 50.</b>	<b>Children and Television</b>	<b>99</b>
<b>Unit 51.</b>	<b>On Choosing a Career</b>	<b>101</b>
<b>Unit 52.</b>	<b>Calligraphy</b>	<b>103</b>
<b>Unit 53.</b>	<b>Eating and Reading</b>	<b>105</b>
<b>Unit 54.</b>	<b>Mobile Phones: a Love-Hate Relationship</b>	<b>107</b>
<b>Unit 55.</b>	<b>Friendship</b>	<b>109</b>
<b>Unit 56.</b>	<b>Are Human Qualities Inherited or Acquired after Birth?</b>	<b>111</b>
<b>Unit 57.</b>	<b>Mountain Climbing</b>	<b>113</b>
<b>Unit 58.</b>	<b>Real Love</b>	<b>115</b>
<b>Unit 59.</b>	<b>The Change of Conception of Family</b>	<b>117</b>
<b>Unit 60.</b>	<b>Part-time Job: Good or Bad for University Students</b>	<b>119</b>
<b>Unit 61.</b>	<b>Quality Education</b>	<b>121</b>
<b>Unit 62.</b>	<b>College Students Should Be Allowed to Skip Classes</b>	<b>123</b>
<b>Unit 63.</b>	<b>My View on the Reform of Higher Education in China</b>	<b>125</b>
<b>Unit 64.</b>	<b>About Faster and More Effective Reading</b>	<b>127</b>
<b>Unit 65.</b>	<b>The Advantages of Temporary Jobs for Students</b>	<b>129</b>
<b>Unit 66.</b>	<b>Studying Abroad</b>	<b>131</b>
<b>Unit 67.</b>	<b>On Examinations</b>	<b>133</b>
<b>Unit 68.</b>	<b>The Importance of Good Education</b>	<b>135</b>
<b>Unit 69.</b>	<b>The Pros and Cons of Dormitory life</b>	<b>137</b>
<b>Unit 70.</b>	<b>Surfing on Internet</b>	<b>139</b>
<b>Unit 71.</b>	<b>Window Shopping</b>	<b>141</b>
<b>Unit 72.</b>	<b>No Advertisements</b>	<b>143</b>
<b>Unit 73.</b>	<b>Water and Man</b>	<b>145</b>



<b>Unit 74.</b>	<b>Women Shouldn't Be Neglected</b> .....	147
<b>Unit 75.</b>	<b>Fake Commodities</b> .....	149
<b>Unit 76.</b>	<b>Does Money Mean Success?</b> .....	151
<b>Unit 77.</b>	<b>How to Prepare for an Interview</b> .....	153
<b>Unit 78.</b>	<b>No More Video Games</b> .....	155
<b>Unit 79.</b>	<b>Discontent Is the First Necessity of Progress</b> .....	158
<b>Unit 80.</b>	<b>The Challenges for Chinese College Students in Finding Jobs</b> .....	160
<b>Unit 81.</b>	<b>How to Get Along with Roommates on Campus</b> .....	162
<b>Unit 82.</b>	<b>Is It Easy to Learn a New Language?</b> .....	164
<b>Unit 83.</b>	<b>The Importance of Keeping Zoos</b> .....	166
<b>Unit 84.</b>	<b>The Advantages of College Students' Going into Business</b> .....	168
<b>Unit 85.</b>	<b>When Your Boss Is Brutal</b> .....	170
<b>Unit 86.</b>	<b>The Effect of Ending Job-Assignment Policy</b> .....	172
<b>Unit 87.</b>	<b>Human Nature Is Greedy</b> .....	174
<b>Unit 88.</b>	<b>Beauty Is in the Eyes of the Beholder</b> .....	176
<b>Unit 89.</b>	<b>If I Have Several Make-up Exams</b> .....	178
<b>附录</b>	<b>英文辩论赛及讲演赛安排与规则</b> .....	180





# My Impression

## Our University

My university is very big and famous. It not only has a reasonable layout but also has a beautiful landscape. When you enter the front gate and face west, there is a big fountain in a pond spraying a high water pillar. As you walk along the pond, the water spouts pit toward your face. Of course, it makes you feel very comfortable. Surrounding the pond, there are a lot of flowers in bloom such as chrysanthemums, cockscomb flowers, and Chinese roses. If you look toward the southern and northern sides, you can see two murals on the wall. As you leave the fountain, the clean and broad path leads you to the technology building.

You can climb to the top of the building and look down at the beautiful scenery. There are six white teaching buildings among many trees. You can go out of the technology building and walk down the road in the front of the library. The library is surrounded by a number of pines and cypress trees.

The western side of the library is adjacent to a long corridor, which connects technology building and the other teaching buildings. If you leave the corridor, you can see an indoor gymnasium on the eastern side and a recreation area on the western side.

My campus is very beautiful, but I feel the most beautiful thing about it is its honest and diligent spirit of the numerous golden hearts.





## Questions

- ① What's the name of my university?
- ② Do you like our university?
- ③ Why do you come to this university?
- ④ Do you find our university beautiful?
- ⑤ What kind of university do you like?
- ⑥ If you go to a new university and find that the environment is really horrible, how can you study?
- ⑦ What are your requirements from teachers?
- ⑧ At college, what kind of teachers do you like?
- ⑨ What kind of campus do you like?
- ⑩ What kinds of trees surround the library building?
- ⑪ What runs along the western side of the library?
- ⑫ What's the function of the corridor?
- ⑬ If you leave the corridor, what can you see?
- ⑭ What's the most beautiful thing about my university?
- ⑮ Can you describe your middle school or primary school briefly?





## Life in a Big city

It's nearly midnight in the big city, but the big city is not asleep. The sidewalks are crowded with people. Some are leaving a movie, a play, or a concert. Some are waiting for buses and taxis. The restaurants are filled with people. The hotels are full of tourists and businessmen who have come from all over the world.

Many people such as reporters, nurses, and firemen work at night in the big city. Bright lights are shining from the windows of the tall buildings.

The streets are noisy and crowded with traffic. Taxis are taking tired people from the airport and railroad stations to the hotels. Trucks are bringing fresh fruit and vegetables into the city.

Soon it will be morning in the big city. By eight o'clock, the streets are again filled with people. Millions of people live in the big city. And millions of people who work in the big city live in the surrounding suburbs. Now the working people who live in the suburbs, the commuters, are hurrying out of railroad stations, subways, buses, and cars. The people who live in the city are hurrying out of apartment houses. Everyone is in a hurry. The noise of traffic grows louder and louder. The streets are filled with buses and cars.

Six o'clock. Again it is evening. Most of the offices have closed. Stores and shops are locked. The commuters have gone home to their families in the suburbs. The people who live in the city have returned to their apartments.

Day and night you can find people working and playing in the city. The big city never sleeps.





## Questions

- 1 What are some people doing at midnight in the big city?
- 2 Do many people work at night in the big city?
- 3 Describe how busy the commuters are when morning comes.
- 4 When evening comes, what do people do?
- 5 Does the big city ever sleep?
- 6 Would you like living in the big city? Why?
- 7 Would you like living in the countryside? Why?
- 8 What do you usually do in the evening?
- 9 Where would you like to live?
- 10 What cities do you like?





# **An Introduction to Xi'an**

Xi'an is situated in the central part of the Central Shaanxi Plain which has long been known as the "Eight Hundred Li Grain Basin". It consists of nine districts and five outlying counties.

Xi'an is the champion among the six ancient Chinese capitals and has the longest history in China. It served intermittently as the capital of eleven dynasties for about 1,080 years, the most important of which were the Zhou, Qin, Han, Sui and Tang. It used to be called Chang'an, and was the starting point of the Silk Road, the famous trade route to the west by which merchants, missionaries and artists from central Asia, Europe and even Africa came to Xi'an.

The modern-day city of Xi'an stands on the site of the ancient city of Chang'an. Today, it is one of the biggest open-air museums in China. Strolling in Xi'an, one gets the feeling of walking through a historical museum that is centuries old, where one can see the remains of the Ban-po Village of a complete matriarchal clan commune in the Neolithic age, bathe at the Huaqing Hot Spring which was well noted as early as the Zhou Dynasty 3,000 years ago, witness the grandeur of the terra-cotta warriors and horses near the Mausoleum of Emperor Qin Shihuang, and wonder at the tombs of the Han and Tang emperors. One can view the Great Mosque in Huajue Lane which is unique in style, visit the Big and Small Wild Goose Pagodas built in the Tang Dynasty, climb the Bell Tower and the Drum Tower of the Ming Dynasty, and experience the splendor of the Stone Forests where the only complete set of Confucian Classics is well-preserved.

The ancient city of Xi'an has now become one of the most



attractive tourist cities in the world. Visitors here are not only interested in its long history, but also in its unique and brightly colored folk arts and crafts. These folk arts and crafts are both varied and imaginative. They include clay sculptures, dough models, paintings, wood block printed New Year's pictures, paper-cuts, embroideries and patchworks.

### Questions

- Do you know the history of Xi'an?
- Do you know the modern situation of Xi'an?
- Can you imagine the future of Xi'an?
- How do you feel about Xi'an?
- Do you know some places of interest in Xi'an?
- Do you know some folk arts and crafts in Xi'an?
- What are the other five ancient capitals in China?
- What do you know about the Silk Road?
- Where is your hometown? Try to say something about it.
- Can you point out some other important cities in China?





# My Favorite Activities

I like a wide variety of activities. I like active and adventurous ones like camping, sports, and parties, but also quiet ones like watching TV and reading. I love to participate in outdoor sports. For example, several friends and I once took a trip down a wild river in a rubber raft. We spent over a week navigating rapids and dangerous currents, watching out for wild animals, camping on the banks of the river at night, fixing our own meals, and having a lot of fun talking and telling jokes. I am a member of a volleyball team, and for six months of the year we practice almost every day and compete with other teams. Two years ago we were one of the best city teams in the country and played a championship game on national television.

I also like to be around my friends, and I get bored if I have to sit at home with nothing to do for more than a few hours. I usually get invited to at least one party a week. If I don't, then I arrange a party, even if it is very informal. I love to eat out, and my friends and I are experts on which restaurants serve the best food and which have the best atmosphere. I'm a good, if not excellent dancer, and whenever I have a chance, I go to a place where the lights are low and music is loud and dance with someone who can teach me a few new moves.

In contrast, there are also many quiet, private things I enjoy doing. I usually spend whole days reading a book, and I sometimes stay up late at night with a good novel. When I am tired of physical activities, I may find a good movie or a very entertaining TV program. Sometimes, I like to spend a relaxed evening talking with friends about serious matters over a glass of wine. In other words, I like doing many different kinds of



things, depending on the mood I am in and the kind of people I am around.

## Questions

- ① What are your favorite activities?
- ② Do you like talking with your friends?
- ③ Do you like dancing?
- ④ What is your favorite activity?
- ⑤ Do you like participating in sports? If so, which ones?
- ⑥ Do you often read books? If so, what kinds of books do you like reading best?
- ⑦ What do you always do during your spare time?
- ⑧ If you are home alone, how do you spend the time?
- ⑨ What activities do you like in our university?