

根据初中英语“新课标”语言技能目标听力要求编写

人教版英语（新目标）教材配套听力训练

新英语听力 同步训练

NEW

八年级（上）

曾经 编

ENGLISH

LISTENING

随书配磁带2盒



New

中国书籍出版社

新英语听力同步训练

八年级（上）

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前 言

听是理解、吸收口头信息的交际能力，是说、读、写的基础。听力理解训练是对听力习惯、词汇量、理解能力及熟练程度等综合技能的训练。听能训练有助于学生口语、书面语的共同进步，培养良好的学习习惯，提高学生的注意力和瞬间记忆能力，使学生从“学会”发展到“会学”，从而形成一定的综合语言运用能力。

本套丛书的编写严格遵循国家《英语课程标准》的精神，配合人民教育出版社《新目标英语》的推广使用，依据《英语课程标准》的分级目标，按学期编写。内容具有针对性，紧扣教材，贴近学生生活实际，话题覆盖面广，难易适度，符合学生心理特点和认知规律，由浅入深，循序渐进；题型新颖、活泼、多样，充分体现全国各地中考需要，选材具有科学性、趣味性及新颖性，有利于启迪学生思维，拓宽学生视野，培养学生的能力。本套丛书供《新目标英语》的读者使用，由全国知名的英语教研专家主持编写，由亲自参加课改实验的一线优秀教师参与，由发音标准、纯正的外籍专家录音，对广大初中生提高听力水平无疑会起到积极的促进作用。

编 者

二〇〇四年秋

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Unit 1 How often do you exercise?

同步听力 1

一、听句子 1 遍，选择你所听到的单词或短语。

- () 1. A. sometimes B. some time C. sometime
- () 2. A. hardly ever B. never C. for ever
- () 3. A. watch TV B. go to the movies
C. skateboarding
- () 4. A. once a week B. twice a week
C. three times a week
- () 5. A. all B. most C. some

二、听句子 1 遍，选择恰当的答语。

- () 6. A. It's Animal World.
B. I watch TV every day.
C. Twice a month.
- () 7. A. I am an English teacher.
B. Three times a month.
C. Play soccer.
- () 8. A. He reads English books once a week.
B. I like to sing an English song.
C. Three days.

- () 9. A. Most students.
B. Forty.
C. Some of them.
- () 10. A. The best English books.
B. Sandy's parents.
C. The tall girl.

三、听句子 1 遍，选择与其意义最接近的选项。

- () 11. A. She often moves.
B. She often sees a film.
C. She often watches TV.
- () 12. A. Tom always watches TV.
B. Tom seldom watches TV.
C. Sometimes Tom watches TV.
- () 13. A. They surf twice a week.
B. They surf the Internet twice a day.
C. They surf the Internet twice a week.
- () 14. A. All students exercise every day.
B. Some students exercise every day.
C. Most students exercise every day.
- () 15. A. I like animals.
B. I like animals best.
C. My favourite program is Animal World.

四、看图画，听录音两遍，从你听到的 A、B、C、D、E

五句对话中选出与所给图画意思相同的选项。



() 16



() 17



() 18



() 19



() 20

五、对话理解

这一大题共有 2 个对话和 5 小题，每个对话念 2 遍，听完该对话 2 遍后，你将听到几个有关该对话的问题，这些问题只念 1 遍，听完每个问题后，你将看到 4 个供你选择的回答。请在每小题 A、B、C、D 4 个回答中选出 1 个正确的答案。

- () 21. A. In a shop. B. In a street.
 C. In a library. D. In the classroom.
- () 22. A. Two days. B. Two weeks.
 C. Two months. D. Two years.
- () 23. A. He fell off his bike.
 B. He fell off a tree.
 C. He fell into a river.
 D. He fell off a horse.
- () 24. A. He is going home.
 B. He is going to work.
 C. He is going to a hospital.
 D. He is going to school.
- () 25. A. To help the man. B. To find a hospital.

C. To see a doctor. D. To meet him.

六、短文理解

这一大题共有 1 小段短文和 5 小题，你可以一边听一边将要点记录下来，听完该段落 2 遍后，你将听到几个有关该段落的问题，这些问题只念 1 遍，听完每个问题后，你将看到 4 个供你选择的回答。请在每小题 A、B、C、D 4 个回答中选出 1 个正确的答案。

- () 26. A. Mike. B. Jack.
 C. Martin. D. John.
- () 27. A. Tokyo. B. New York.
 C. London. D. Paris.
- () 28. A. She has lots of friends.
 B. She has some friends.
 C. She has few friends.
 D. She doesn't like friends.
- () 29. A. It's interesting with much money.
 B. It's not interesting with much money.
 C. It's interesting with little money.
 D. It's not interesting with little money.
- () 30. A. To write soon.
 B. To spend Christmas holidays with her.
 C. To ask Mike to come to New York.
 D. All the above.

同步听力 2

一、听句子 1 遍，选择你所听到的单词或短语。

- () 1. A. junk food B. fruit C. sleep
() 2. A. milk B. vegetables C. exercise
() 3. A. how often B. how long C. how old
() 4. A. health B. healthy C. unhealthy
() 5. A. look after B. makes a big difference to
C. my eating habits

二、听句子 1 遍，选择恰当的答语。

- () 6. A. Yes, I do. B. Every day. C. Liu Ming.
() 7. A. I am happy. B. I love junk food, too.
C. Why or why not?
() 8. A. Maybe you're not very healthy.
B. Good food.
C. I don't think so.

- () 9. A. At eight. B. Simon.
C. You should drink more milk.

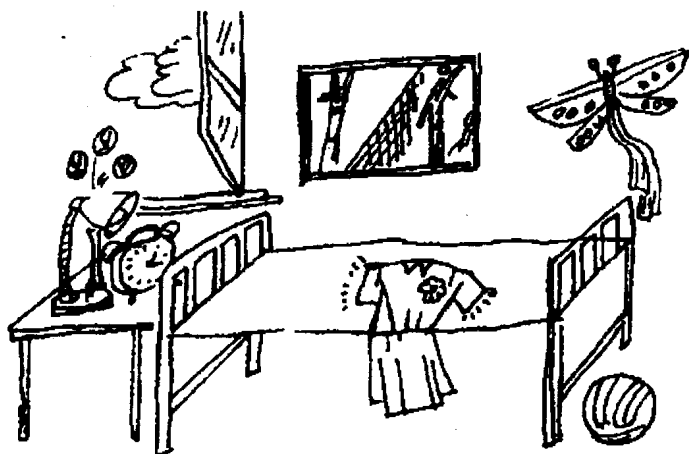
- () 10. A. Yes. B. No. C. Different.

三、听句子 1 遍，选择与其意义最接近的选项。

- () 11. A. It's good for my health.
B. It's bad for my health.
C. It's right for you.

- () 12. A. Her lifestyle is different from his.
B. Her life style is the same as his.
C. His lifestyle is better than hers.
- () 13. A. I'm very well.
B. I'm quite happy.
C. I'm pretty helpful.
- () 14. A. He eats vegetables almost every day.
B. He eats much vegetables at a time.
C. He eats a few vegetables.
- () 15. A. I look at myself.
B. I look after my own things.
C. I take care of my own health.

四、看图画，听录音两遍，根据其内容，回答你所听到的问题。



16. _____ 17. _____
18. _____ 19. _____
20. _____

五、对话理解

这一大题共有 2 个对话和 5 小题，该对话念 2 遍，听完该对话 2 遍后，你将听到几个有关该对话的问题，这些问题只念 1 遍，听完每个问题后，你将看到 4 个供你选择的回答。请在每小题 A、B、C、D 4 个回答中选出 1 个正确的答案。

- () 21. A. They are fixing a radio.
B. They are talking on the phone.
C. They are fixing the telephone.
D. They are watching TV.
- () 22. A. Linda. B. Linda's brother.
C. Emily. D. Emily's classmate.
- () 23. A. Emily's. B. Linda's.
C. Emily and Linda's.
D. Emily and Linda's classmates'.
- () 24. A. By bus. B. By bike.
C. On foot. D. By car.
- () 25. A. 2:00 B. 3:00 C. 4:00 D. 5:00

六、短文理解

这一大题共有 1 小段短文和 5 小题，你可以一边听一边将要点记录下来，听完该段落 2 遍后，你将听到几