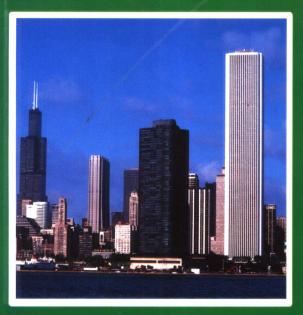
具美语演讲

One Breath
English Speeches





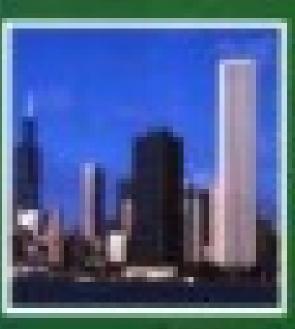
- 1. You Can Speak Better than Americans
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一英语演讲

One Breath

English Speeches





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具英语演讲

One Breath English Speeches



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经过努力而练出来的语言最美

凡高(Vincent van Gogh)在一百多年前,创造了以鲜明的色彩画出的油画。在他眼里,他的画是全世界最好的,虽然只卖了一幅,他在死前五年当中,疯狂地画了八百多幅。他当时可能是被气坏了,这么好的东西,怎么全世界都不懂,他在冲动之下,割下耳朵;在愤怒之下,自杀了。他只活了三十七岁,但是现在他的画,都价值连城。像那幅"向日葵",卖到一亿美金以上,这个人真是倒霉极了! 你看,太好的东西,往往一时不被人所接受。

编者现在有和凡高同样的感觉,全世界的人学英语的方法都错了!我们过去浪费那么多时间,读那么多英语,尤其是那些传统教科书害死人,把一篇文章分析来、分析去,很多人为了学英语,疯狂研究语法,结果用语法所造出的句子,却不是美国人平常所说的。难道说英语的时候,头脑里面要先想语法吗?要先在脑中造句吗?过去有谁因此学好英语呢?全世界这么多人,浪费这么多年时间学英语,真是太可惜了!

传统的课本是以阅读为主,学起来太痛苦,"一口气 英语演讲"是以"说"为主,学了马上可以运用,可以用英 语发表演讲,可以用英语说得头头是道,会说英语,像是 一件美丽的衣服,穿在身上,高人一等。 英语的范围很大,今天学一点、明天学一点,模模糊糊,和外国人在一起学英语,东学一句、西学一句,不知道学的对不对,也不知道自己说的对不对。我们都是传统英语教育制度的受害者,过去我们学的教科书、阅读的课本,都忘了,因为我们学得模糊、不具体,又不能马上应用。

- "一口气英语演讲"是一种全新的学习方法,读者只要一篇一篇地背下去,每一篇演讲稿,正常速度三分钟,如果能背到一分钟之内,就终生不会忘记了。惟有不忘记,才能积累,如果能够连续讲十五分钟,你的英语就有基础,如果能连续讲三十分钟,你就是说英语高手了。
- "一口气英语演讲"取材自美国日常会话,具有知识性、教育性、趣味性和实用性,和美国人浅谈,用"一口气英语";和美国人深谈,用"一口气英语演讲"。这套书适合各种程度,从高中到大学,到研究所,学讲话,哪有分什么程度!

这套书也适合做教材,让同学们一篇一篇地背下去,目标很明确,同学们会很有成就感,学的东西清清楚楚,背一篇就是一篇,背得愈多愈好;说起英语来有信心,经过努力而练出来的语言最美。演讲是说话的最高境界,学好演讲是一项挑战,有了这种方法和教材,老师和同学在课堂上上课,将是件快乐的事情,每次上课像是一场演讲比赛,会演讲,当然会写文章,其他阅读和听,自然就会了。

CONTENTS

- 1. You Can Speak Better than Americans 你可以说得比美国人还好
- 2. How to Sell Yourself 如何自我推销
- 3. How to Find a Good Job 如何找到好工作
- 4. How to Enjoy Your Job 如何乐在工作
- 5. Learn How to Say No 学习如何说不
- 6. How to Lose Weight 如何减肥
- 7. How to Be Popular 如何才能受人欢迎
- 8. How to Make Someone Fall in Love with You 如何让别人爱上你
- 9. How to Get Along with the Elderly 如何和长辈相处
- 10. The Importance of White Lies 善意谎言的重要性

1. You Can Speak Better than Americans

Ladies and gentlemen.

I challenge everyone here.

I dare everyone here to be great English speakers.

Just learn One Breath English.

Just memorize each line.

Just master this super method.

You'll improve right away.

You'll get fluent fast.

Believe it or not, you'll speak even better

than Americans.

challenge ['t[ælindʒ] breath [breθ] line [lain] super ['su:pə(r)] improve [im'pru:v] fluent ['flu:ənt] believe it or not

dare [dea(r)]memorize ['meməraiz] master ['ma:stə] method ['meθəd] right away fast [fa:st]

With this material, you'll feel self-assured. You'll sound intelligent. You'll sound knowledgeable.

You'll never hesitate again. You'll always speak right up. You'll always have good things to say.

You'll never be tongue-tied. You'll be articulate. You'll be a well-spoken person.

material [mə'tiəriəl] self-assured ['selfə']uəd] intelligent [in'telidgent] knowledgeable ['nolidʒəbl] hesitate ['heziteit] speak up tongue-tied ['tʌŋˌtaid] articulate [aː'tikjuleit] well-spoken ['wel'spaukan]

right [rait]

There is a big difference between written English and spoken English.

Spoken English is often casual and carefree. It can't be used in proper writing.

If you spoke written English, it would sound awkward.

If you wrote down spoken English, it would look strange.

For this reason, most Americans can't write well.

They are afraid to make grammatical mistakes. Only a well-educated few can write articles without error.

Even then, what they write is often dry due to grammar limitations.

```
spoken ['spaukan]
written ['ritn]
casual [ kæʒjuəl ]
                                carefree [ 'keəfri: ]
proper ['prope]
                                awkward ['b:kwəd]
grammatical [grəˈmætikəl]
well-educated ['welledzukeitid]
                                error ['era]
article ['a:tikl]
                                due to
dry [drai]
grammar [ 'græmə ]
                                limitation [ ,limi'tei[n]
```

Therefore, the books we learn from are not always the way Americans talk.

They are sort of like written English.

They lack life, feeling, and emotion.

One Breath English is extracted from everyday
American speech.
It's extremely practical.
What you say, you can also write.

It's excellent spoken English.

It's perfect written English.

Either way, it's precise and correct.

not always
lack [læk]
emotion [i'məuʃn]
speech [spi:tʃ]
practical ['præktikəl]
precise [pri'sais]

feeling ['fi:lin] extract [iks'trækt] extremely [iks'tri:mli] either way

此为试读, 需要完整PDF请访问: www.ertongbook.com

We're not just learning English. We're learning to speak perfect English. We're also learning to become skillful speakers.

We'll speak in a natural manner. We'll speak with style and grace. We'll sound friendly and polite.

Our words will be colorful and interesting. We'll be respected and admired. We'll make people feel comfortable around us.

perfect ['pə:fikt] natural ['næt[ərəl] style [stail] friendly ['frendli] respect [ri'spekt]

skillful ['skilfl] manner ['mænə] grace [greis] colorful [kʌləfl]

In conclusion, I'll say it once again. You can speak better than Americans. You'll feel in command of your English.

Once you start, you can't stop! Once you get it, it's yours for good. If you don't give it a try, you'll hate yourself forever.

Just work hard and it will happen. Go to it. guarantee you success.

in conclusion be in command of get [get] for good Go to it.

command [kəˈmaːnd] [studen give it a try slambe | salados guarantee [gæren'ti:] | beisen



Ladies and gentlemen. I challenge everyone here. I dare everyone here to be great English speakers.

Just learn One Breath English. Just memorize each line. Just master this super method.

You'll improve right away. You'll get fluent fast.

Believe it or not, you'll speak even better than Americans.

各位先生,各位女士。 我呼吁在场的每一位。 我呼吁在场的每一位,都要 成为很会说英语的人。

只要学"一口气英语"。 只要背下每一句话。 只要学好这个招棒的方法。

你会马上讲步。 你很快就能说一口流利的英 语。 信不信由你,你甚至可以说 得比美国人还好。

challenge ['t[ælindʒ] v. 要求;呼吁 dare [deə(r)] v. 敢;向……挑战;激(将) breath [breθ] n. 气息 memorize ['meməraiz] v. 记忆;背诵 line [lain] n. (文章的)行 master ['ma:stə] v. 精通;学好 super ['su:pə(r)] adj. 极好的 method ['meθəd] n. 方法 improve [im'pru:v] v. 进步 right away 马上 fluent [ˈfluːənt] adj. 流利的 fast [fa:st] adv. 很快 believe it or not 信不信由你

With this material, you'll feel self-assured.

You'll sound intelligent.
You'll sound knowledgeable.

You'll never hesitate again.

You'll always speak right up.

You'll always have good things
to say.

You'll never be tongue-tied.

You'll be articulate.

You'll be a well-spoken person.

拥有这些资料,你会觉得很 有自信。

你听起来会很有智慧。 你听起来会很有知识。

你将不再犹豫。 你总是会立刻说出来。 你总是会有好的话可说。

你的舌头将不再打结。 你将很会说话。 你将成为说话得体的人。

material [mə'tiəriəl] n. 材料;资料 self-assured ['selfə'ʃuəd] adj. 有自信的 intelligent [in'telidʒənt] adj. 聪明的;有智能的 knowledgeable ['nɔlidʒəbl] adj. 有知识的 hesitate ['heziteit] v. 犹豫 speak up 立刻说出来;大声说出来;大胆说出来 right [rait] adv. 马上;立刻 tongue-tied ['tʌŋˌtaid] adj. 讲不出话的;舌头打结的 articulate [ɑː'tikjuleit] adj. 善于表达的;会说话的 well-spoken ['wel'spəukən] adj. 谈吐高雅的;说话得体的

There is a big difference between written English and spoken English.

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They are afraid to make grammatical mistakes.

Only a well-educated few can write articles without error. Even then, what they write is often dry due to grammar limitations

书面英语和口头英语有很大 的差别。

口头英语常是随随便便的。

如果你说的是书面英语,那 听起来会很生硬。

那看起来会很奇怪。

基于这个原因,大多数的美 国人都写不好。

他们害怕会犯语法上的错 误。

只有少数受过良好教育的人, 才能写出正确无误的文章。 即使如此,他们所写的文章, 还是常因受限于语法的束 缚,而枯燥乏味。

written ['ritn] adj. 用于书写的 spoken ['spəukən] adj. 口头的 casual [ˈkæʒiuəl] adi. 随便的 carefree [ˈkeəfriː] adi. 随便的 proper ['propə] adj. 正式的 awkward ['o:kwəd] adj. 生硬的 grammatical [grəˈmætikəl] adj. 文法上的 well-educated ['welledzu'keitid] adj. 受过良好教育的 article ['a:tikl] n. 文章 error ['erə] n. 错误 dry [drai] adj. 枯燥乏味的 due to 由于 grammar ['græmə] n. 语法 limitation [ˌlimi'teiʃn] n. 限制

Therefore, the books we learn from are not always the way

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它们缺乏生命,没有感情。

"一口气英语"是从美国人的日常用语中选录出来的。

它非常实用。 你所说的话,都可以写下 来。

它是超棒的口头英语。 它是完美的书面英语。 不管是说或写,它都是完完 全全正确的。

not always 不一定 sort of 有点 lack [læk] v. 缺乏 feeling ['fi:lin] n. 感情 emotion [i'məuʃn] n. 感情 extract [iks'trækt] v. 选录 speech [spi:tʃ] n. 言语;说的话 extremely [iks'tri:mli] adv. 极端地;非常 practical ['præktikəl] adj. 实用的 either way (两者之中)任一方都 precise [pri'sais] adj. 精确的